

Sedbergh & District

LOOKAROUND

December/January 2007

Issue 240

Donation £1

A Very Merry Christmas and a Happy, Healthy and Prosperous New Year from us all.

As you can see, this colour issue is the biggest ever at 96 Pages and the cost of

producing it is three times more than normal so we respectfully request a £1 donation for this issue please.

*Dennis & Jacky,
John & Charlotte*

 **SEDBERGH & DISTRICT CHAMBER OF TRADE** 
ANNUAL
**FAMILY FESTIVE EVENING
& Christmas Lights Switch-on**

Come along and sample the hospitality of your local traders
Wednesday 13th December
Starting at 6.30 pm
"Find the Christmas Word" competition
in Main Street shops, with super prizes

FATHER CHRISTMAS
will greet children in his Grotto.
Numbered tickets will be on sale at the TIO
about a week in advance and also at the grotto on the night,
to avoid the need for children and parents
to queue outside the Grotto for long periods.
Come and join us for a Happy Festive Evening,
with seasonal music, games for children,
mulled wine, mince pies, roast chestnuts
and other Festive Fayre on Main Street




CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: lookaround@whicker73.freeserve.co.uk ~ Web Site: <http://www.whicker73.freeserve.co.uk>

CHILDREN'S BIRTHDAYS DECEMBER 2006



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-
Natasha McFadyn who is
9 years old on 26th December.

Please collect your vouchers from
the Sedbergh Office Services at 13
Kings Yard, Main Street, Sedbergh
which can be used in any shop in
Sedbergh, Garsdale & Dent.

Day	Name	Age
2	Elijah JAMES	3
5	Isabel ABBATT	6
4	Benjamin ROBINSON	4
6	Anna AINSCOUGH	1
6	Freya METCALFE	7
9	Jack ALDERSON	2
9	Aaron WOODHOUSE	11
10	Tom FEARNHEAD	5
12	Declan BRITTON	9
16	Sophie GAME	2
16	Brenda LUFFMAN	4
17	Reagan BROOKS	8
18	Matthew WOODFINE	7
18	Yasmin BALL	11
20	Emma DAWSON	9
20	William DAWSON	9
21	Charlotte CAPSTICK	7
26	Natasha McFADYN	9
29	Ashleigh HALL	8

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£1.00
Postal Overseas	=	£2.00

All enquiries to
13 Kings Yard, Sedbergh LA10 5BJ
Adverts by 15th of every month.

**No adverts
by e-mail or FAX please**

*Can all adverts please be
accompanied with the correct money
at the time of submission.*

Articles etc. by 19th of every month

CHILDREN'S BIRTHDAYS JANUARY 2007

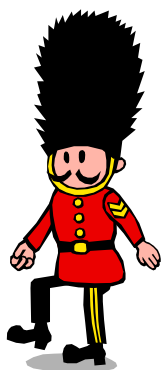


Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-
Jordan Garnett who is

8 years old on 3rd January.

Please collect your vouchers from the Sedbergh Office Services at 13 Kings Yard, Main Street, Sedbergh which can be used in any shop in
Sedbergh, Garsdale & Dent.



Day	Name	Age
3	Rebecca MASON	6
3	Jordan GARNETT	8
6	Arnold HODGSON	2
7	Nathan HANDLEY	9
11	Abraham CARNEY	6
12	Lee CAMPBELL	7
13	Grace COWPERTHWAITTE	11
17	Nicholas PIKE	7
17	Imogen HUTT	11
18	Adam ROSS	8
18	Thomas HINSON	9
19	Joshua DODD	6
19	Jazmin DODD	6
25	Zoe CRAGG	6
26	Bryony LEDDY	7
31	Liam MASON	7

BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs L Smith	Father Haw, Howgill Lane, Sedbergh (07/07) <i>1D; PB; TVL; CH; NS; NP; P; DR; VB</i> e-mail: lsfatherhaw@hotmail.com	20937
Mrs P Bainbridge	Ullathorn's Farm, Middleton, Kirkby Lonsdale (06/09) <i>1F; 1D; 2ES; CH; L; TV; NS; P; VB; PetsW; CW</i> e-mail: pauline@tossbeck.f9.co.uk	015242 76214
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (06/10) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: holmecroftbandb.co.uk	20754
Mrs C Cooper	Far End Farm, Garsdale Head, Sedbergh (06/10) <i>1F (ES); 1D (ES); 1T (ES); CH; L; TVL (Satellite) P; DR; VB; CB; CW; PetsW; NS; EM</i> e-mail: farendfarm@onetel.com	21906
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh (06/11) <i>2D; (1ES, 1 Private Bathroom) CH; L; NS; DR; VB; CB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh (06/12) <i>1D; 1T; CH; L; DW; P; DR; VB</i> e-mail:- antique.thurlby@amservice.net	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (06/02) <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mr & Mrs Wilkinson	Netherclough Holiday Cottage, Garsdale (06.09)..... <i>S/C, B&B or full S/C 1D(4 poster); 1T; 1S; PB for 4/5 people;</i> <i>Garden; P; TVL; NS; CW; S/C EM; use of Kitchen</i> Web Site: www.nethercloughcottage.garsdalesedbergh.co.uk	21397/22019
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (06/09) <i>1T; PB; TV; NS; NP; P; DR; VB</i> brantrigg@btinternet.com	21455

CAMPING, CARAVANNING & SELF-CATERING

Various Cottages sleeping 2 - 12 (06/09)	21002
e-mail: holidays@dalesdusters.co.uk	
Moss Barn Holiday Caravan, Garsdale Rd, Sedbergh LA10 5JL (06/09)	21567
<i>4-5 Berth; H+C; Shower; Sep WC; Full Kitchen; TV; Dogs Welcome (Max 2); NS</i>	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

PERSONAL & SMALL ADS £1

CAMPBELL

Raymond & Joan would like to thank family & friends for the cards, gifts & best wishes received on their **Ruby Wedding Anniversary**.

CARGILL

Thank you to all my family & friends who made my **90th Birthday** such a Special Day for all your beautiful cards, flowers & gifts and your good wishes. It was a lovely occasion. Mary.

CRAWFORD

Dad, Crandad, Old Man! Happy **65th Birthday** and enjoy your retirement. Stop being so cheeky, remember who chooses your retirement home. Kisses and much love, Mags, Gary, Ashleigh and Bump.

CRAWFORD

Thank you very much Grandad for the wonderful time we had at Blades Farm to celebrate your **65th Birthday** (November 8th) and your retirement. Lots of Hugs and Big Kisses. Jay, Bobbi-Mae and Ashleigh. XXXX

CRAWFORD

Congratulations on your **65th Birthday** now that you are a new O.A.P. Love from Grace and the Gang.

HAINES

Ethel would like to thank relatives, friends and neighbours who sent cards, gifts and good wishes on her **90th Birthday**.

HILL

June, Alison, Mel, Luke, Kim and Zoe would like to say thank you to all the people who have shown such kindness & wonderful support at this heartbreaking time at the sad loss of Jack. There does not seem enough good words to use to say how wonderful you have all been with cards & flowers. All the kind words are such comfort to us. We know that we will miss him but so will many others. His smiling face & happy 'Hello's will be a sad loss to Main Street. Jack loved Sedbergh. Thank you to all who attended Jack's funeral & gave so generously to the Air Ambulance which amounted to £855. How nice it was to hear laughter amongst the tears & how great it was listening to old story and remembering so many happy times. Thanks goes to Brain Goad for doing more than just his job. To Alan Fell for all his kindness and lovely service. There are many stories still to remember, many of his jokes still to laugh at. He will not be forgotten nor will all of you whose love and kindness are helping us though this sad time god bless & keep smiling.

MASON

Stephen & Margaret wishes to thank all our family & many friends for the lovely gifts, cards (over 100) & goodwill expressed to us on our **Golden Wedding Anniversary**. We are lucky to live in a place like Sedbergh where so many people wish you well. God Bless you all.

PERSONAL & SMALL ADS £1

McCLENNAN

We would like to thank all our customers for their support over the past nine and half years. Our thanks also to our fellow traders to whom we wish continued success. The hills and other endeavours now beckon and we have decided to enjoy our retirement to the full. We look forward to our continued friendship with both local residents and visitors alike. Whilst there are still items in the shop window, if you see a light on, please ring the bell by the shop door if you wish to make a purchase and we will be happy to help you. We also extend a very warm welcome to Keith and Ann Sandell who will be taking on the lease of the shop from February 2007 and we wish them every success in their new venture. Lyn and Syd McLennan

MIDDLETON

Happy **Ruby Wedding Anniversary** on November 19th Nana and Grandad. Sorry our best wishes from Canada are late. Lots of Love from Zoe and Glen. XX

MIDDLETON

In loving memory of our dearest Dad and Grandpa, William, who died December 6th 2000, and darling Mum and Granny, Marjorie who fell asleep January 28th 2004. Our lives have changed in many ways since we were all together, but memories of these we loved will live and last for ever. From all the family.

MIDDLETON/WOOF

Bruce, John and Sarah thank most sincerely the First Responders and all who helped and supported us when Bruce went into hospital in November. Your thoughtfulness is much appreciated.

MORPHET

Wendy would like to thank all those who sent her good wishes, cards & letters during her recent stay in Furness General Hospital in Barrow. She would like to thank Teddy for looking after the poultry and Ruth for looking after Ted with her sister Jane, Edward & Katherine for looking after the other livestock. To all the Medical Staff on Ward 2 for their care and friendship. And definitely, last but not least, many, many thanks to surgeon, Mr Camal & the Nurses on the HD Unit for not giving up on her,

SWALLOW

Happy **40th Birthday** Steve on 26th January 2007. Lots of love. Janette.

SWALLOW

Happy **40th Birthday** Daddy. With lots of love. Brodie & Ruben.

WHICKER

Jacky would like to thank all those who expressed concern over her recent black eye. The bruising was a result of a mishap at work and not as a result of 'domestic abuse', but thanks for asking!

PERSONAL & SMALL ADS £1

WILSON

Joy would like to thank Sedbergh Health Centre, especially Dr Lumb, Ambulance Crews, Wards 10, 11 & Coronary Care at WGH. Also a very big thank you to all the staff in the Cardiac Unit at the Blackpool Victoria Hospital for their care of her husband bill during his illness. To relatives who visited him in hospital & for their support to me at that time. To friends for their best wishes & offers of help. Bill is now home & doing well. I am sure he will be out & about soon. We both would like to wish you all a Happy Christmas & a Healthy New 2007.

Christmas Messages

BAINBRIDGE

Joe and Agnes would like to wish all family and friends a Very Happy Christmas and New Year.

BAINES

George & Esther would like to wish friends & neighbours in Dent ^ Sedbergh a Very Merry Christmas & a Happy New Year to you all.

BRACKEN

May would like to wish all her friends and neighbours a very Happy Christmas and all good wishes for the New Year.

BRUNSKILL

I would like to wish all my Family, Friends & Neighbours a Merry Christmas & a Happy New Year. Love from Ivy.

CAMERON

Happy Christmas and all good wishes for the New Year to family and friends.
Annie - Brant Howe.

THE CROSS KEYS

Alan & Chris Clowes and all the girls at The Cross Keys wish to take this opportunity to say Thank You and a very Merry Christmas and Peaceful New Year to our many loyal customers and friends.

CAPSTICK

Happy Christmas Greetings to all my family, friends and neighbours and may God's blessing give you joy and peace in the New Year. A special thank you for all the help, kindness and patience during the year, especially recently. All is so much appreciated. As Ever. Nora.

CONCHIE

I would like to wish all my friends a very Happy Christmas and a prosperous New Year. With Best Wishes from Ruth.

DAWSON

May we all know true peace & joy at Christmas. Jacky & Jenny

DENT CRAFTS CENTRE

An appreciative Thank You to all our customers, visitors and friends for your continued patronage which has resulted in another truly successful year. Susan, Abi, Alice and Craig share with us in wishing you all a Joyful Christmas and a Peaceful, Healthy and Prosperous 2007!
Carrol and Joe.

PERSONAL & SMALL ADS £1

HAYGARTH

Doris would like to wish family and friends a Happy Christmas and good health and prosperity for the New Year.

HAYGARTH

Gladys wishes all her Friends & Relations a Merry Christmas & a Happy New Year.

LOWIS

Isabel would like to wish her friends a Happy Christmas & a Happy New Year.

MASON

Norman would like to wish all his friends and neighbours a Merry Christmas and a Happy New Year.

GIBSON

Peace and Goodwill at Christmas to my family and many friends. Cath.

MIDDLETON

To all relations, neighbours and friends. A very Happy and Merry Christmas also a Happy and Healthy New Year. Cissie

PORTER

Dorothy & Ron would like to wish everyone in Sedbergh a Merry Christmas & a Happy New Year.

STANTON

Peggy would like to wish all her friends and relations a Merry Christmas and a Happy New Year.

SEDBERGH YFC

Sedbergh Young Farmers Club wishes all our members, their families and the community a Merry Christmas and a Happy New Year. Thank you for all your support over the last 12 months it is greatly appreciated.

TEBAY

Margaret would like to wish friends and relatives a Merry Christmas and a Happy New Year.

TOMLINSON

George and Alice wish all their friends a Happy and Peaceful Christmas and every blessing in the New Year.

WATERS

Elsie wishes all her friends and relatives a Happy Christmas and a Prosperous New Year.

GREETINGS

To Dennis and Jacky. Enjoy a Merry Christmas, in your well earned Happy Retirement. As ever. Nora.

WINN

Margery and Susan wish family and friends a Happy Christmas and a peaceful New Year.

PAUL WINN DOMESTIC APPLIANCE SERVICES

Paul would like to wish all his customers a Happy Christmas and prosperous New Year.

PERSONAL & SMALL ADS £1

FOR SALE

Tomy Thomas and Cranky Deluxe Action Set. Station, level crossings, station houses, tunnel, 9 trains with carriages, 5 road vehicles, 35 road and 56 track pieces also included. Approx. 150 pieces. £50. Tel: 015396-25004.

FOR SALE

ELC Wooden World City Road Set, comprising of road curves, straights, zebra crossing, ascending road, bridge supports, vehicles, telephone box, bus shelter, belisha beacons, signs etc. All boxed in original packaging. Car wash unboxed also. £15. Tel: 015396-25004.

FOR SALE

Leapster portable multimedia learning system. As new. Includes carrying case and 2 games. £20. Tel: 015396-25004.

FOR SALE

Nissan Micra 1.2L. MOT and taxed to 28.02.07. K Reg. Low mileage £375 ono. Hinari Lifestyle Microwave oven 750w. £25 ono. Tel: 015396-20187.

FOR SALE

3 piece bathroom mat set £6. Free standing towel rail £5. Bedroom chair with cane seat £5. Ottoman £5. Mirror 45 ins x 64 ins. £5. 4 dining chairs with padded seats £30. Cushions and v shaped pillow £2 each. Coffee Percolator £5. Stainless steel tray with teapot, hot water jug, sugar bowl and milk jug £10. Tel: Sedbergh 20319.

FOR SALE

BABY ITEMS. Britax Travel System, pushchair with all accessories £30. Moses Basket with Stand, cover and bedding £15. Front Carrier £15. Back Carrier £10. Baby Vibration bouncer chair £5. Baby door bouncer £5. Activity Centre (cost £85) £50. Changing table with bath, needs recovering £5. V Tech baby walker £10. M & S baby walker £7. Boxes of baby boy clothers 0-12 months, good condition. Many Next items, £10 each box. WANTED. Small trailer for car. Tel: 015396-20529.

FOR SALE

Fantom Electric power winch. Heavy duty - Up to 3000Kg - portable. Works off vehicle battery. Ideal for boat or trailer. Still in box. Never used. Cost £150, sell for £50. 16 plastic boxes (16ins x 13ins) no lids. Used once for house removal £7.50 the lot. Tel: 015396-21115.

FOR SALE

Acorn Stair Lift in good condition. Tel: Sedbergh 21176

FOR SALE

One High Chair £15. vgc. Tel: Sedbergh 22192 any time.

FOR SALE

New Garden Shed 7' x 5'. Tel: Sedbergh 21771.

PERSONAL & SMALL ADS £1

FOR SALE

3 Multi-Disc HiFi with surround sound £50 ono. Pine Cot Bed £50. Beech Cot Bed as new £70. Tomy Bed Rail £5. Buggy Board, fits all frames £20 ono. Car Seat Group 2+ £5 ono. Tel: Sedbergh 21423 after 3.30pm.

FOR SALE.

Resolute - Acclaim Wood Burning Stove. Excellent Condition. £400. o.n.o. Tel: 015396 21457

HOUSE CLEARANCE SALE

Imminent house move forces sale of the following items. Baby Belling electric cooker and stand £65. Hoover upright cleaner £25. DVD+R&R/W recorder as new £65. Microwave oven £23. Pair snow tyres on Nova wheels virtually unused £35. Porch awning unused £25. Lapidary diamond table saw £45 ono. Wonderfire LPG gas living flame stove £250 ono. **Leisure/Hobby Items.** Martin Sigma DM5 acoustic guitar £150. 5 string G Banjo £120. Tatra classic acoustic guitar £23. Autoharp £20. Speedfire 14" side-drum £25. Cheetah MD5 dumb midi keyboard £35. Voice synth box £40. Small sampling keyboard £22. Akai 4000D reel to reel tape recorder £55. Ferrograph model 4A reel to reel tape recorder re-valved £75. Casio pocket colour TV set £35. 5" Black & White portable TV set £23. Pye Black Box record player £60 ono. Short wave scanning radio receiver £75. Nikon FT2 35mm camera body £100. Vivitar 400mm Telephoto lens FT2 fit £40. Various

Sailing and boating. Skipper Family 14ft sailing dingy, ready to sail £320. Yamaha 2hp outboard motor £150. Trailer with launching trolley to suit above £120. Yamaha EF600 watt portable generator £175. Radio controlled model steam boat £595 ono. Radio controlled model yachts from £165. Model aeroplanes part complete £ offers. Webra speed 40 RC engine, never run £ offers. Collection of old radio's, valves TV and Radio £ offers. CRT restorer set £ offers. 16 mm cine film projector £ offers. Above items are very clean and in good working order. J. Wilkinson (015396) 21397.

FOR SALE

Clarks Women's Winter Shoes Size 5. Never worn £6. Chrome effect 3 swinging arm Towel Rail £3. Kitchen set (bread bin, tea, coffee, sugar, pasta, salt & pepper) in blue £5. 2 wooden 10 bottle wine racks £1 each. Blue patterned Carpet Rug 5' x 4' £5. Vtech Children's Turn & Learn Driver 6-36 months £5. IQ Buildres Alphabet Electronic Apple £3. Taf Toys Infant Car activity Plaything Birth & upwards £3. ELC Puzzle Trax electronic Farm £3. Baby Walker 1st steps £3. Tigger Cuddle & Snuggle Gym £5. Tomy Walkabout Baby Monitors £2. Cold water steriliser with 2 bottles £2. Tel: 015396 21214.

WANTED

Musician to teach drums and/or keyboard skills. Sedbergh area. Tel: 015396-21115.

PERSONAL & SMALL ADS £1

AVAILABLE

Anyone needing a Nanny for a Monday or Tuesday during Term Time, more flexible through School holidays. Qualifications: NNEB & NVQ Level 3 in Childcare. For more info, contact Rachel on 07870 699314.

THANK YOU

A big thank you to Sue, Maria, Peter, Ray and Glenys for always thanking me for all the help I give them all. It is nice to be able to help them. Georgina.

THANK YOU

Thank you to everyone who puts their events in the *Lookaround* diary. Without this we would not know what was going on. I support a lot of these events. Georgina.

THANK YOU

A big thank you to the staff of Bramhall's for my lovely new kitchen and bathroom. I helped my Mum Joyce Devine put everything back after all the alterations. Georgina.

WANTED

Large garage to rent or buy. Telephone: Sedbergh 20293 or 07716-223077.

A PLEA FOR HELP

We are moving from Sedbergh and would appeal to anyone who visits the Cemetery on Busk Lane to keep a check on the bird bath, to clean it and put fresh water in. The birds use it regularly in summer and winter. It doesn't take long to do and would be very much appreciated. Christine Glynn.

SCOUTS POST

Please note that there will be no Scout Postal Service in Sedbergh this year.

AXFORD

Barbara & Gordon wish to thank all friends for the many kindnesses shown during Barbara's recent injury. Also to wish all their Family & Friends a Very Merry Christmas & a Happy New Year..

Please don't forget that there will be no January issue of *Lookaround*.

FARFIELD MILL ARTS & HERITAGE CENTRE

ADMISSION VOUCHER

FREE ADMISSION

to the Mill for *Lookaround* readers throughout December.

Please produce this Voucher when you visit.

Place Cross in
this box when
Voucher has been
used

FREE ADMISSION DURING DECEMBER 2006

CHRISTMAS AT FARFIELD

Festive Musical events & Demonstrations in December

Sat 2 nd	Sedbergh Embroiderers	11.30 - 3.30
	Lacemaking Demonstration	10.30 - 3.30
	Carolyn Francis – Fiddler	12.00 - 4.00
Sun 3 rd	Sedbergh Embroiderers	11.30 - 3.30
	Pepperpot Music Makers	1.30 - 2.00
	Childrens' Workshops	2.00 - 4.00
Sat 9 th	Lacemaking Demonstration	10.30 - 3.30
	Rag Rug Demonstration	11.00 - 4.00
	Carolyn Francis – Fiddler	12.00 - 4.00
Sun 10 th	Jill Clay Silk Painting Demo	11.00 - 4.00
Fri 15 th	Candlelit Supper/Late night shopping	6.00 - 8.00
Sat 16 th	Lacemaking Demonstration	10.30 - 3.30
	Rag Rug Demonstration	11.00 - 4.00
	Clarsach Harp Group	11.30 - 4.00
	Mince Pies and Mulled Wine	2.00 - 4.00
Sun 17 th	Rag Rug Demonstration	11.00 - 4.00
	Clarsach Harp Group	11.30 - 4.00
	Mince Pies and Mulled Wine	2.00 - 4.00
Sat 23 rd	Lacemaking Demonstration	10.30 - 3.30
	Music by Pepperpot Players	2.00 - 4.00

OPEN 7 DAYS A WEEK UNTIL 8th JANUARY
10.30am – 5.00pm last admission 4.30pm
Closed Christmas Day & Boxing Day

OPEN NEW YEARS DAY 10.30-5.00

For further details contact Farfield Mill 015396 21958

www.farfieldmill.org

e-mail: themanager@farfieldmill.org

FARFIELD MILL

*Christmas at Farfield Mill - FREE
Admission in December*

As you can see we have a lot going on at Farfield Mill in the run up to Christmas with festive events, music and

GRAND CHRISTMAS DOMINO DRIVE



7.30pm

Friday 8th December
Killington Parish Hall

demonstrations organised for every weekend before Christmas, so please take the opportunity to be part of these festive activities. Come along and make your Christmas shopping an enjoyable experience in the great festive atmosphere amongst the fantastic work of our resident and non resident artists.

Please use the Free Voucher on Page 11 to visit us and let us help you have a good Christmas.

We will be open for late night shopping on the evening of Friday 15th December between 6 and 8pm and due to popular demand, the Tea Room will be holding another Candlelit supper on this evening. Please phone Neil or Andrea on 20368 to book a table.

FARFIELD MILL ARTS & HERITAGE CENTRE

ADMISSION VOUCHER

FREE ADMISSION

to the Mill for Lookaround readers throughout December.
Please produce this Voucher when you visit.

FREE ADMISSION DURING DECEMBER 2006

Please Close in
this box when
your card has been
used

FOLK CAROL FESTIVAL

Slovene & English Singers from 8th to 10th December

Friday 8th	7.30pm - Concert with the Zrece Choir & West Gallery Choir. Plus address from his Excellency, the Slovenian Ambassador, Thomas Hardy Story & Festive Fiddlers
Saturday 9th	10am to 5pm - Learn English & Slovene Carols alongside the choirs in The People's Hall. Beginners & experienced singers welcome. 6pm Carol Ceilidh with English & Slovene Folk Carols & dances to join in with & a meal at Dent Memorial Hall (Learning CD available)
Sunday 10th	10am - Folk Carols Workshop. Dent Youth Hostel 1.30pm - Singing Walk with the Singers

*To book & for more details, contact David Burbidge 015396 21166
or visit www.lakelandvoice.co.uk*

“Veselim se petja skupaj z vame” “I look forward to singing with you”



SEDBERGH PLAYGROUP

A capacity crowd attended the Christmas Shopping Evening held in the Primary School on 17th November.

There were plenty of trade stalls offering their wares with many Christmas Gift ideas for all.

There was a Guess the name of the Bear, which was won by Ann Rycroft and a grand raffle of over 40 prizes. Refreshments were provided which included cheese & wine.

The Committee would like to thank everyone who helped to make it a successful evening including all the girls (big & small) who manned the refreshments and raffle, all the Stallholders with their 15 stalls, the donators of Raffle prizes, flowers and refreshments. A big thank you to Sedbergh Primary School for allowing us to have use of the Hall & Kitchen and to Dennis Whicker, Town Crier extraordinaire for his input and everyone that supported us.

Over £400 was raised for Funds for which we are grateful.

The following Raffle Ticket numbers

were not claimed. Please call in between 0900 & 130 on Monday, Wednesday or Friday to collect your prize. Orange 86, 160, 221, 87, 21, 215 & 16 and yellow 91.
The Committee

SEDBERGH TOWN BAND

**Annual
Christmas
Concert**

Friday 8th December

People's Hall

7.30 pm



During the interval,
mulled wine and mince pies
will be served
and Father Christmas
will greet children.

Tickets £5 (Concessions £3)
From Nisa, Information Office
Green Door

CUMBRIA WILDLIFE TRUST

Exotic Offcomers or aggressive invaders?

In recent years it has become evident that native species are at risk of being displaced by new species imported from "abroad". This is not just the result of climate change allowing species to broaden their natural range, but the result of unwitting or sometimes deliberate introduction. The ubiquitous Rhododendron or Sycamore are two very familiar examples; the Rhododendron from the Himalaya by Victorian explorers and the Sycamore from Mainland Europe possibly by the Romans. This is a worldwide problem that has led to international concern.

"Target 10: Management plans in place for at least 100 major plant species that threaten plants, plant communities and associated habitats and ecosystems" (Global Strategy for Plant Conservation 2002 – World Conservation Union Convention on Plant Biodiversity)

Locally the two most obvious land plant

species are the Himalayan Balsam *Impatiens glandulifera* and the Japanese Knotweed *Fallopia japonica*. Their names are a giveaway for their origins but they are spreading and displacing natural species. The touch me not Balsam *Impatiens noli-tangere* is the only native English Balsam and largely restricted to N.Wales and Cumbria and is the main food plant for the endangered Netted Carpet Moth *Eustroma reticulatum*, which itself is restricted to small areas of Cumbria. Even this small example of the danger of its spread underlines how much damage these invaders can cause.

"Vomiting alien needs to be stopped

A bit like a Busy Lizzie on steroids, this native of the Nepalese mountains escaped from the sedate environment of the garden flowerbed."

An article by the Swindon wildlife trust assigns the above headline to Himalayan Balsam due to its very effective seed dispersal mechanism whereby a spring



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Saturday 9th December
 People's Hall
 8:00 pm
 Raffle ~ Bar
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loaded seed pod hurls up to 800 seeds out to some 8 metres with considerable force – enough to damage your eyes according to one writer.

It is a tall and robust annual producing clusters of purplish pink (or rarely white) helmet-shaped flowers. Also called Jumping Jack, Policeman's Helmet, Indian Balsam and the "bee bum plant". This last because when a bee enters the helmet shaped flower that is all one can see of the bee. It has become naturalised, especially on riverbanks and increasingly in waste places and has become a problematical weed. Himalayan balsam tolerates low light levels and, in turn, tends to shade out other vegetation, impoverishing habitats. It is sometimes seen in gardens, either uninvited or grown deliberately, but care must be taken to ensure that it does not escape into the wild.

If we can deplete the seed bank then control is possible since the seeds only remain viable for about 2 years. Early in the season, removal of the plant even at ground level should avoid any addition to the seed bank. Pulling, cutting, grazing, repeated mowing or chemicals can all be used but must be applied several times in

the season and over at least 3 years.

Japanese Knotweed, *Fallopia japonica*, is the other local threat.

However, this time it spreads not by seeds, but by fragments – vegetative propagation. A fragment of root as small as 0.8 grams can grow to form a new plant. Gardeners would love it if their best loved plants could be propagated as easily as this plant! This plant can grow as much as 2 cms per day and will grow in any type of soil, no matter how poor. Towards the end of August clusters of cream flowers develop and then produce seeds that are sterile. The plant dies back between September and November. It is commonly found today along railway lines, riverbanks, roads and footpaths, in graveyards, on derelict sites or anywhere that it has been dumped, dropped or deposited.

Japanese Knotweed forms dense clumps up to three metres in height. It has large, oval green leaves, clusters of cream flowers and a stem that is hollow and similar to bamboo. Usually in early spring (although it can be later in the year) the plant produces fleshy red tinged shoots. These can reach a height of 1.5

(Continued on page 16)

metres by May and three metres by June. Beneath any stand of Japanese Knotweed will exist an extensive underground root (rhizome) network that can extend several metres around and beneath depending on ground conditions.

Once established, Japanese Knotweed shades out native plants by producing a dense canopy of leaves early in the growing season. Although Japanese Knotweed is not toxic to humans, animals or other plants, it offers a poor habitat for native insects, birds and mammals.

Indeed the Japanese have a series of recipes for various parts of the plant!

Under the Wildlife and Countryside Act 1981 / Wildlife (Northern Ireland) Order 1985 it is an offence 'to plant or otherwise encourage' the growth of Japanese Knotweed. This could include cutting the plant or roots and disturbing surrounding soil if not correctly managed. This makes it a much more difficult problem for us to take action about. Even if we felt that we wanted to control it, our actions could well lead to its spread due to the ease of it propagating from any left over pieces. Specialist advice is recommended for its control.

And here's an idea for next year for you or your children.

FIND YOUR OWN INVADERS

What to do:

1. First, find an old, fuzzy, worn-out sock that will fit over your shoe.
2. Go for a walk in the garden, the park or the country.
3. Walk back and forth through an area where plants are growing. Don't trash the flowerbeds!
4. Take the sock off and examine the

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kinds of seeds that are stuck to the sock.

5. Now, to plant your sock. Line a shoebox with a plastic bag.

6. Fill the shoebox with potting soil.

7. Cut a slit down the side of your sock.

8. Then flatten your sock and plant it with the seeds pointing up. Cover it with a thin layer of soil and then water it.

9. In a week or so, the seeds should begin to sprout.

10. Try different environments because you get something different every time.

What's going on?

The seeds caught on the sock will germinate and grow. Some seeds attach to the sock more easily than others. These are the types of seeds that catch on the coats of animals and are then transported to other areas. Plants such as burdock have hooks to which the seed is attached. These hooks easily get caught in the fur of mammals as they pass by the plant. At some point the seed will fall, often a considerable distance from the parent. If conditions are right the seed will germinate and grow into a new plant. You can even play with different temperatures, soils, watering regimes etc to see what grows.

OCTOBER WEATHER

Rather a damp month with only 4 days when rain wasn't measured!! We finished up with 5.08 inches making the wettest month of the year so far. It was also quite a breezy month with only one day when the maximum wind speed did not reach double figures. The maximum recorded was 22.8mph but with only 9 days when the wind did not blow from the north westerly quarter. Another high was the number of days when the barometric pressure was in the 28 inches of mercury making 10 in total which could account for the breezy month. On the last day we had our first sub freezing wind chill reading at 21F. It was still quite warm for the time of year with a maximum of 66.0F and 14 other days reaching the 60+F. We did have 3 nights when the



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minimum dropped into the 30sF with a low of 36.0F. We also had 11 nights when the minimum was in the 50sF!!

I cannot remember a year with so much fruit about. From apples to haws the trees are loaded. The magpies have stripped the elderberries and the blackbirds took the damsons before they were ripe so no damsons this year. It has been the heaviest crop of hazel nuts I have ever seen. Only pears didn't seem to do much obviously they were in flower in a poor spell of weather in the spring. It is often said that a heavy crop of fruit is a sign of a hard winter. We shall have to wait and see on that one but it does show we had a good spring. I was very surprised how the crop filled out with such a dry summer. One crab apple is being propped up by the fence. The birds seem to take this very late. Perhaps it needs a frost to make it palatable. Signs of winter are with us as the fieldfares put in an appearance in mid month as did a few skeins of geese. The tits have got their new feathers for the winter and are feeding voraciously on nuts and fat. The robin is seeing off all rivals. I expect he knows which are females. The garden is looking rather tired but the grass continued to grow.



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St Mary's Church, Kirkby Lonsdale

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and a glass of wine or juice
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Making Music

PULSE COMMUNITY GYM

It's arrived! 'The Gym' was opened by Tim Farron MP on November 9.

A good crowd turned up for the occasion and cheered Tim as he cut the ribbon officially opening the gym. He then changed into his gym kit and had a go on one of the new rolling road machines. An excellent buffet was laid on by the school staff accompanied by healthy choice fruit juices.

Gary Holmes the gym's instructor was on hand to take bookings for inductions and a number of people signed up on the spot. Gary has helped immensely with getting things organised and has even designed the logo for the gym.

To become a member of the gym you must be 16 or over, this is an insurance



Tim Farron MP officially opening the Pulse Gym

requirement.

Membership costs

A full year paid in advance is £175.

Two people in the same household £275

Plus if you pay in this first week of

December you get almost thirteen months for the price of twelve.

Monthly membership

Is set at £20 per month per person and is paid by standing order.

Opening hours are from 6.30 am to 10 pm 7 days a week.

Entry to the gym will be by swipe card.

Cards will be issued to each paid up member after induction.

A note to all those marvellous supporters who have already paid their fees in advance of December 1st, naturally the thirteen month offer applies to you. Plus you can top up if another member of your household wishes to join with you.

The aim of the project was always to offer an affordable community resource open to everyone. It is early days and we need to replenish funds so that we can look at concessionary charges. All funds after necessary expenses will be used for the maintenance and upgrading of the gym facilities.

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We are also looking at ways to organise a few volunteers who would be prepared to be on site at various times to look after members needs. We still need volunteers for the management committee. Once the setting up of the gym is complete the committee will only meet on a quarterly basis. At this point however there is quite a bit of work to do as questions are coming up all the time and need to be resolved. Why not get in on the ground floor and help make our gym the best it can be.

A big note of thanks is owed to Baliol School staff and Head for all the work they have put in to make the gym a reality. So get fit for Christmas and beyond fill in your membership forms and book an induction. Forms are available from, the Post Office,

The TIC and Baliol school offices 9 am to 5 PM week days. Enquiries please call 015396 21808/20232.

There is no Calendar this year as funds to funds used to support it have been put into gym equipment. If I can find a source of funding there will be a calendar for 2008. However Sedbergh T Towels are available and also go toward supporting the gym. Buy them from the TIC, Abracadabra and also from me at Number Ten.

I would just like to add my personal thanks to everyone who has helped and supported the gym idea from the start in 2000. Thanks also to Peter Henderson who came up with the name 'Pulse', People United in Leisure in Sedbergh and its Environs.

Christmas at The Barbon Inn

Wednesday 13th December 8pm for 8-30pm

Christmas Dominos & Charity Raffle

All proceeds from the Raffle to the Charity Box to
North West Air Ambulance

Entry fee for Dominos £3 per person

Prize giving & supper inclusive



Tuesday 19th December 8pm for 8-30pm

Fun Quiz

Fancy Dress

Prize for best dressed

Prizes and supper inclusive

**Donations to our preferred Charity Box
North West Air Ambulance**



COUNCILLOR'S CORNER

Some members of my group are saying there is less to do now we are in opposition but I can't say that I have noticed myself. In fact the last month has been one of the busiest ever.

DECENT HOMES: One very wet day Craig and I were asked to look at a South Lakes Housing house which had been part of the "Decent Homes Standard". We were both shocked by what we saw. The standard of work was totally unacceptable and very far from complete. It was obvious that the house was not in a suitable state to be handed back to the tenant. We reported back to our groups as to what we had seen. I am pleased to say that while still not perfect the situation in that particular house has been

greatly improved since that visit. To be fair to the workmen involved it is obvious now that the job was far from finished when we were called over.

Fortunately while many tenants have had some serious inconvenience that particular example was exceptional. After our visit I was relieved to read the following in a report to SLDC's Cabinet "from the 14 completed forms received, tenant satisfaction levels with the finished product in Sedbergh, the most recent part of the district to be included within the programme, have risen to 86%. Satisfaction levels with respect to the level of service during the works is 93%. These results compare very favourably to DHP programmes carried out by 3 star rated ALMOs". If your house has been

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Young Kidz

A.G.M.

Thursday 21st December

Bull Hotel

8.00 pm

In order to put together a new Committee for 2007, anyone who has a little time to help with our Fundraising would be very welcome.

Anyone representing a local Children's Group who wish to raise funds through Young Kidz must register with us before the end of 2006.

*Please contact Julie on 015396 21007
or turn up on the night*

part of the programme then I hope that report accurately reflects your experience – If not please let me know.

PROPOSED CYCLEWAY: A tendentious article in the Westmorland Gazette concerning a proposed cycleway from Kirkby Lonsdale through to Lowgill following the line of the old railway has understandably caused widespread alarm in Middleton, Casterton and Barbon. The article was referring to the second draft of a report commissioned by Sedbergh Tourism Office called *Kirkby Lonsdale to Lowgill Cycle Route – Feasibility Report*. That document is a great deal more measured than the article but it is silent as to how any rights over the old line might be acquired. This has led many people to

assume that it would be driven through by compulsory means. I would be totally opposed to any such approach but have been assured by the report's author that the intention would be to proceed only by consent. This would have to mean some form of annual licence fee to those who own the route adopted.

In truth the report highlights many difficulties that any such proposal would encounter and as the cost, without compensation for landowners, would be over £3,500,000 it is unlikely to be greatly advanced in the near future. This would be a major programme of a similar scale to the Pennine Bridleway and would need to be funded by Defra

(Continued on page 22)

directly. I do have an electronic version of the report and can email it to anyone who has broadband who would like a copy – kjlanc@kjlanc.demon.co.uk. But, you will need broadband, it is 9Mb.

LOCAL GOVERNMENT

REORGANISATION: (Yet again) The government is conducting yet another consultation into re-organising Local Government. The six Cumbrian districts have all been invited to drink a glass of hemlock. The one thing we can all agree on was that the decision in 1972 to go for two tiers was a mistake. Unfortunately none of us can agree on an alternative. I do think that Sedbergh Rural District Council made the right decision back then when it joined in with Cumbria and what became South Lakeland – it was the

best that was on offer and has served us as well as any arrangement could have done.

For the future there are about seven options being talked about. Some like the return of Westmorland are unlikely to be taken seriously: others require greater consideration. A Unitary Morecambe Bay is popular with many in my group – that is the existing Barrow, South Lakeland and Lancaster. However, that breaks county boundaries and would seem to be contrary to the guidance. I don't believe it would be right for us as Sedbergh would be even more out on a limb than it has been in South Lakeland.

The controlling group on South Lakeland seem to favour a Unitary South Lakeland. That is unlikely to be

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acceptable either as it would be too small. The one thing I saw as Finance Portfolioholder was that you need a sufficient council tax base to finance all those background costs which you have to pay simply for existing. My group are unlikely to support this.

That leaves either a Unitary Cumbria or a Cumbria divided into two or else three. Three would be too small for the present guidance so in practice only two would be likely to be allowed. That leaves a two split either vertically or horizontally. At the moment a majority of my group within South Lakeland favour a South Lakeland, Eden, Carlisle Unitary and that is the choice which I would consider most likely to be best for Sedbergh.

In fact, there's a lot more to it than this and some models are intent on throwing Sedbergh back into a Pennines Unitary with some combination of Craven, Richmondshire and Hambleton – perhaps even Harrogate. It is all up for grabs and

**PLEASE NOTE
THERE WILL BE NO SCOUT
CHRISTMAS POST SERVICE
THIS YEAR**

I can't tell which way it is going to go. All I do know is that if it goes ahead you will have far fewer councillors. You might think that is a good thing but I am at a loss to know how anyone could handle the casework of six or eight existing councillors.

Roger Bingham says we have all been here before and it will all drift into the sand just like the last three or four attempts. We will see.

SEDBERGH AUCTION MART: At the time of writing this there have been no substantive developments. When I last wrote about it I forgot to mention that the existing mart is within Sedbergh Conservation Area. It follows that Conservation Area Consent will be required before any demolition can take place. As far as I know no application has been received as yet.

And finally, as a farmer I have just received a first issue of *Farming Link – Defra News for farmers and growers*. The front page is split in two. The left half is head-lined "Natural England to cut red tape": the right hand side is much more densely written and headlined "New rules to protect countryside" and deals with the Environmental Impact Assessment (Agriculture) Regulations. Presumably Defra doesn't "do" irony.

Merry Christmas and a Happy New Year !

Councillor Kevin Lancaster

**CHRISTMAS CHEER
COFFEE MORNING**
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Saturday 23rd December
10am-12 noon
There will be activities
for all ages including
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and Christmond making.
Festive Refreshments
and tea and coffee
Admission 60p

Dear Editor,

Reasonably priced accommodation is an essential of life and the provision of affordable housing needs to be secured as urgently as possible. When clerk of the parish in Dent, I instigated the search for, and worked hard to secure the Glebe Fold site for affordable housing in the village. As a parent of four young adults setting up their own households, I know how hard it is now to start on the housing ladder, with high prices, when dwellings are considered by many as investments, not as homes. How dispiriting for our young people to find the small houses, that once made their starter homes, fall to developers and then emerge recycled as 'holiday cottages'.

Against this background how was it that

after consultation and a lot of thought I concluded it was not right at this stage to see the Guldrey Lane site released for residential development? It lies in the first remarks I made to the committee, after Dorothy Blair had made her contribution on behalf of the parish council, that unfortunately, at some stage the two things one hopes to see on any planning agenda of the National Park Authority, development of reasonable cost accommodation and the advancement of employment come into conflict. The submission made by Sedbergh Parish Council was that members were against the application, conscious it is a designated industrial site and were concerned to lose an employment site. One has to consider

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what is in the best interests of Sedbergh, having regard to the directives in the local development plan.

To appreciate the background it is necessary to know what the 'system' is. The Yorkshire Dales National Park, as with all nine other parks, is considered to have landscape which has a national value. The whole area is designated as having that quality, whether it is on the top of Ingleborough or a field along Cautley Road.

Very tight boundaries are drawn round the perimeter of settlements including Sedbergh, beyond which any new building will not be allowed, except affordable housing, which can be, if it is right next to an existing settlement. The strategy should be to locate affordable housing, using this exception, not taking up the limited employment land.

Historically, within settlements some sites have an existing designation as employment land. The Guldrey Lane

sites have it. It is not a pretext but a fact. They are valuable sites for providing the second of the essentials of life for a community, work and economic activity. They are so important that the 2006 local development plan, the blueprint for guiding development which has been worked out by officials and representatives together, specifies: "Development that would lead to the loss of existing employment land will not be permitted". Employment sites are protected with good reason.

Should the Guldrey Lane site continue to have this protection? How important is employment land for Sedbergh? We talk of "sustainable communities". I understand this to mean that work should be near to where people live, so that there are not long journeys to maintain work/life balance and local work is needed to maintain a population of the 20-60 age group, which in turn, produces the next

(Continued on page 26)

generation of children. Without other work the town will be a community limited to tourism, seasonal and often poorly rewarded, second homes and retirement haven. All the eggs should not be in the tourism basket. The economy needs diversity. A significant employment source, Baliol School is unfortunately, likely to close in the foreseeable future. In recent times even the long term viability of Sedbergh School was subject to question. Look at these factors and you see how doubly valuable is a site, which already has service infrastructure laid on with a presumption in favour of its use for work activity.

A feature of the application by M.K. Conversions was whether any effort had

been made to find an employment use before turning to residential development. There did not appear to have been any.

All 15 members of the committee voted against the proposal.

The site to the north owned by Cumbria County Council is also important in this context. It is a larger site. Some will remember it as the highway depot, many will not know it exists. The site has laid waste for over 20 years. In 1996, the Council tried to get planning consent for residential development, but it failed on the basis that it is for employment use, reinforced by the planning inspector to whom the County Council appealed.

It has continued to lay moribund since then. Why? The charitable view is, that it is so far away from Carlisle it has been

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forgotten, or the lesser one, that if a plot is sat upon long enough the financial fruit of residential use will ripen and drop.

Leaving these sites fallow does not square with South Lakeland's claim, they being responsible for economic development, that there is a shortage of employment land in the district. Do they think only of Kendal when suggesting sites? Here is a public asset which has been unused for two decades? Guldrey Lane is only 5 miles from the motorway with good routes to the A65 and A66. If there is a shortage of employment land this site with its qualities must attract attention, if it is pushed. Leyburn will soon have another business park. Why not Sedbergh?

In the course of the debate a member from Richmondshire, where they seem to achieve a lot, urged that councils and councillors should move to explore the potential of these Guldrey Lane sites for employment, rather than they remain moribund. It is a suggestion I fully endorse and hope the County, the District and the Parish Council, which I have urged to do so before, will find a means to undertake a serious examination and endeavour to bring the land back into employment use. It cannot be left for another two decades.

What employment might be attracted?

There is a need for modest size premises to rent for business or office use. It could be a large unit. I can think of one business with highly skilled labour, where changes are coming. A care home qualifies as employment use. A new one has just been built with government funding at Bainbridge. Why not Sedbergh? Our elderly would not be

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dispersed round Cumbria and North Lancashire. The new development in Leyburn will be offices, light industrial workshops, storage and distribution units.

Coincidentally, on the same agenda as the Guldrey Lane application, M.K. Conversions Ltd., had a second planning application. It was for the continuing use of the site at Marthwaite as a builders depot. There has been continuing problems there, breaches of planning permissions, neighbour complaints about things not done, noise etc.,. It is a site in open countryside and some with influence in National Park affairs, consider that such developments are incompatible with National Park purposes to preserve and enhance the countryside and should not be allowed there, especially not near public footpaths. That is not a view I share, and I spoke in very strong support of its grant. The main reason for doing so was employment.

Apologies for the length of this article, but Sedbergh's needs and how to meet them are important, and require anxious thought and effort.

*G.W. Dalton, YDNP Member,
Sedbergh, Garsdale and Dent Parishes.*

SEDBERGH BOWLING CLUB

There has been much support for the Bowling Club throughout the summer and the Club wishes to thank everyone who have supported them at the Coffee Morning and with the Quiz Sheet. We have nearly made enough money to pay for our new water pipe to be laid in Queen's Gardens.

The Quiz Winners were:

- 1st (1 wrong) Mrs J Westgate
2nd (2 wrong) Mrs N Parrinden &
Mrs M Hill of Skipton

Before local Jack Hill passed away, he submitted 'alternative' answers to the Quiz. These have been reproduced (in brackets) by kind permission of his family and should put a smile on your face!

Quiz & Answers:

1. Which animals took Hannibal over the Alps. *Elephants (Field Mice)*
2. Who was the tallest of Robin Hood's men. *Little John (Jack the Bean Stalk)*
3. What type of creature is a Pacific Sea Wasp. *Jelly Fish (A Kipper)*
4. Which bell said "you owe me 5 farthings". *St. Martins (Lyodes)*
5. What meat appears in a Punch & Judy show. *Sausages (Dog Meat)*
6. Delia Street was secretary to which famous legal character. *Perry Mason (PC 49)*
7. In which town do the Flintstones live. *Bedrock (Dent)*
8. In 1930 which country did Amy Johnson fly to from England. *Australia (Iceland)*
9. In the rhyme "Who killed Cock Robin". *Sparrow (Billy the Kid)*
10. What is a Blenheim Orange. *Apple (A Wart)*
11. Who jumped off the Tallahatchee Bridge. *Billy Joe McAllister (Lord Lucan)*
12. Where would you see fog called the Tablecloth. *Table Mountain (New Zealand)*
13. What was Disney's second animated film. *Pinocchio (True Grit)*
14. What is a glow worm as it is not a worm. *Beetle (Hot)*
15. Which animal's name is Aboriginal and means "No drink". *Koala (Donkey)*
16. Who wrote the classic "The Secret Garden". *Frances Hodgson Bumett (Freda Trott)*
17. Who did Wimbledon players describe as a Jelly Fish. *Gary Linekar (Mr Blair)*
18. A beluga is a type of what. *Whale (Hair Net)*
19. Which imaginary island was created in 1516 by Sir Thomas More. *Utopia (Alberta)*
20. Who directed "Hustle and The Dirty Dozen". *Robert Aldrich (Sedbergh Town Council)*
21. What was the second Bond film. *From Russia with Love (Popeye)*
22. Who sings "As long as he needs me" in Oliver. *Nancy (George Formby)*
23. Who are the two gangs in "West Side Story". *Jets and Sharks (Havera & Guldrey)*
24. What was the first book in English to be printed in England. *Canterbury Tales (Forever Amber)*

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25. Which books do castaways receive on "Desert Island Discs". *Bible & Complete Works of Shakespeare (How to cook, Part 3)*

26. What was the name of "Poirot's last case". *Curtain (Catch me Quick)*

27. Which town is the main setting for the Cadfael novels. *Shrewsbury (Paris)*

28. How old was Will Carling when he first captained England. *22 years (83)*

29. Which 3 counties did Ian Botham play for. *Somerset, Worcestershire & Durham (Northumberland, Cumbria & Durham)*

30. Which county has won the cricket championship most times. *Yorkshire (Rutland)*

31. What do conifers have in their cones. *Seeds (Worms)*

32. Which tree produces cobs and filberts. *Hazel (Oaks)*

33. Which tree is sago obtained from. *Palm (Fur Tree)*

34. What is the Linden tree also called. *Lime (Lofty)*

35. Which wind blow from the Sahara to southern Italy. *Sirocco (North Sea Wind)*

36. What is the worlds longest mountain range. *Andes (Mole Hill Ridge)*

37. What would you do with a glockenspiel. *Play it (Kill it)*

38. Name the giant tortoise in the Never Ending Story. *Moria the Aged (Flash)*

39. Who played the male lead in Mary Poppins. *Dick van Dyke (John Prescott)*

40. Which Spanish city hosted the 1992 Olympics. *Barcelona (Gibraltar)*

41. Who designed Coventry cathedral. *Basil Spence (Wren)*

42. What number does the Roman

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43. Can water fall below freezing without turning to ice. *Yes (Of Course)*

44. What is the hottest part of a candle flame.

The Tip (The bit that burns you!)

45. What gas is commonly used in Neon signs along with Neon.

Argon (Giggle Gas)

46. In "Dads Army" who called Sergeant Wilson Uncle Arthur .

Pike (His Son's Son)

47. In which part of the body would you find the phalanges.

Toes (Lugs)

48. How is Black Rod received when he approaches the Commons.

The door is slammed in his face (Come in lovely lad)

49. What do Aborigines call the time of the creation of the world.

Dreamtime (Lights Out)

50. What nationality is tennis player

Michael Chang.

American (Zulu)

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LA VIE EN FRANCE

It seems that everybody around here is harvesting busily, our neighbour Gerrard has an enviable vegetable plot which at the moment it is heaving with water melons and pumpkins. We have been the grateful recipients of some of his surplus produce and in return I have started helping his eldest daughter with her English which has been good fun as it really stretches my French language



capabilities. We too have enjoyed a good harvest of apples, blackberries, chestnuts and walnuts but for two weeks or so around the end of September the jewel in the crown (as far as produce is concerned) is the cepe mushroom.

In fact the usually very quiet lanes are dotted with old French cars and hopeful hunters armed with walking sticks and baskets! I was lucky enough to spend a very enjoyable couple of hours with a Dutch girl and our electrician/plumber/chimney-sweep (who has over 40 years experience of identifying mushrooms) I returned home with a full basket although I think I only actually spotted one or two.....no wonder they sell for about £12 a kilo at the market ! Still, they tasted fantastic and it was great to take part in an age-old tradition.

The girls are busy making new friends and we keep hearing more and more French words from Alice. They've enjoyed seeing all the wildlife, so far deer, red squirrels, hedgehogs, lizards and an enormous number of birds and butterflies (and a few LARGE creepy-crawlies) apparently there are quite a few wild boar but we haven't seen any yet.

We've finally got around to getting

some poultry, 1 hen, 3 chicks and 2 guinea fowl and next week we're off to the agricultural college to talk about our plans for the farm.

The building work is coming on in leaps and bounds (something to do with a large number of people visiting/staying and lending a hand in exchange for a free meal, wine and bed) . Externally our holiday cottage looks nearly finished, Chris has been saving the inside work for a rainy day. Rain when it comes is usually torrential, almost monsoon like, but keeps the area lush. As part of our aim to recycle as much as possible, we are installing a large underground rainwater reservoir which we will use for watering the potager and eventually for supplying water to the toilets. Work

starts next month on the septic tanks, and, much more excitingly, the swimming pool. Lots of big machines and men looking at holes in the ground!

The weather has been glorious, we are still wearing shorts in mid October although all our neighbours shake their heads in disbelief that we do not have any heating for the winter except for the ancient wood burning cooker and 3 electric heaters. Still, we did survive one winter at Dovecote without heating, and then promptly installed it the following year! Next month we will launch our website so that you can see what it's really like, if you want to contact us we'd love to hear from you lerigal@orange.fr

Au revoir for now

Jacky, Chris, Alice and Eliza Holton



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DENT PARISH COUNCIL

At its November meeting, the Council welcomed John Ioannou as the new Parish Clerk.

Dent Car Park Residents' Permits Residents' free parking permits, which will replace the Yorkshire Dales permits from 1st January 2007, will be available from 9am to 12 noon on the following dates in the Reading Room (please use the side entrance next to John Cooke's studio):

Tuesday 5 December

Friday 8 December

Wednesday 3 January

Friday 5 January

Tuesday 9 January

Friday 12 January

If you are a permanent resident of Dent Parish you will qualify for a permit for each private vehicle, as will employees of businesses and organisations based in Dent. When you collect your permit, you will be asked for your address and the

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make and registration number of your vehicle(s). Please note that YDNPA Car Parking permits and Sedbergh Car Parking permits will not be valid in Dent after January 1st.

Annual permits for commercial vehicles for 2007 can be obtained from the Parish Clerk on payment of the £60 fee.

Grants

Each year the Council gives out money in grants to local organisations, and this year there is £3,000 in the budget for this. There have been notices in the village and elsewhere inviting applications, and we hope to allocate at least some grants at our next meeting on December 4th. If you would like to apply for a grant but have not yet done so, please contact the Parish Clerk.

In addition, Cumbria County Council has a small pot of money for projects locally and the Parish Clerk has more details of this as well.

Map of Local Businesses

We are currently designing a map for the outside of the bus shelter to show visitors to Dentdale the location of local businesses and places of interest. We have already spoken to most of the local businesses about this, but if you would like your business included and we haven't approached you please contact the Parish Clerk as soon as possible.

Dent Notice Board

Now that the window of Mill Hill school is no longer available as a notice board for Dent, we are trying to find an alternative site. This is not as easy as it might seem – most suitable sites are on private property and as well as requiring the owner's permission would also require planning permission. We would welcome any ideas or suggestions about how we can provide a central place for advertising village events.

Budget, Precept and Car Park charges

Councillors have spent some time lately

considering the Council's financial position. Excluding the car park, the cost of running the parish council this year will be about £10,400 and yet its income is only about £6,400. The shortfall is being covered by drawing on reserves, but if this were to continue the Council would be running a deficit in a few years time.

To deal with this situation, at its last meeting the Council agreed to increase the precept for 2007-08 by 5% from £5,500 to £5,775 and to raise the all-day charge for the car park at the beginning of April from £4.00 to £4.50. The Council felt it was likely that similar increases in both precept and car park charges would be needed over the next few years.

Playing Field Committee

The Playing Field Committee has been re-formed, with the express purpose of running the playing field for the benefit of the whole community. It consists of two representatives each from the Parish Council, Dent Football Club and Dentdale Cricket Club, and is chaired by Jenny Pilgrim. The Committee meets on the second Thursday of each month in the Reading Room.

Stonehouse Bridge

After everyone's efforts to persuade Cumbria Highways to act, the bridge has finally been made safe. We are still continuing to press the County Council for some permanent width restrictions on the bridge, and are also awaiting the outcome of the referral to the Local Government Ombudsman.

*Jock Cairns
Chair, Dent Parish Council*



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SETTLEBECK HIGH SCHOOL

Year 8 French Trip November

On 7th November at 5.30am a group of bleary-eyed Settlebeck students and staff set off for Le Touquet, France. 34 students spent five memorable days together, practicing their French, visiting famous places, making pancakes, writing diaries etc. etc.

Great fun was had by all!

Here is what the students thought:

The French trip was really good. When we went to Paris we went up the Eiffel Tower. That was really good because we went up some stairs and I went up to the first floor (about 400 steps). By the time we got there our time was up.

That night we tried snails. You should have seen the look on people's faces. It was so funny. Hannah Reynolds ate 25 snails. How gross. I had one.

Stuart Raw

The things that I most enjoyed about France were bowling, the food and going up the Eiffel Tower.

Bowling was good because I won (and I like winning).

The food was my favourite thing because we ate snails. I didn't like them but I had them so I could say I had eaten snails. The French bread was really nice and on Friday we made a croissant and got a free one and a pain au chocolat.

I loved going up the Eiffel Tower because it was really high and if you looked up it looked like you were wobbling.

Overall, France was a really fun thing to do. It was good to see the sights of Paris and I hope I come again.

Joe Clare

The hotel was really nice. We stayed in

Hippotel. The meals were really nice as well and I tried a lot of things that I never thought I would. I achieved a lot in France because I ate snails but not as much as Hannah who ate 25 of them.

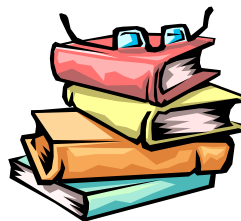
I also did French café experience where I spoke French to order a drink and I asked for the bill. My favourite part of the French trip was going to Paris because we did a lot that day including a tour of Paris. After lunch we went on a River Seine cruise and got dropped off at the Musée D'orsay and we went to look at the impressionist paintings. We also went to a war cemetery, went shopping, went bowling and tried snails, which were all really fun.

Au revoir

Lizzie Farrell

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On Tuesday, 7th November my class set off to France at 5.25am. We drove to Dover then we got on the ferry. It was ace! We got to France at 4.00pm and to the hotel at 6.30pm. I really liked the Nausicaa Aquarium in Bologne. Paris was ace! We went to the Eiffel Tower, up to the second floor. It was cool. We went to the cemetery to see if any of our family was in the First World War. We went bowling and to a disco and also to a chocolate factory and a bakery.

Tiffany Seward

France was an opportunity to try new foods, speak another language and visit a different country. I really enjoyed this trip.

Some of the best things we did were visiting Paris. Although we only spent a day there we managed to pack loads of activities into it!

Eating snails was fun. Nobody wanted to try them, but me and Ella got stuck right in! She ate 13 but I beat her because I had 25!

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Hannah Reynolds

I thoroughly enjoyed the French trip from the Port of Calais to the awe-inspiring Arc de Triomphe. Although I will probably forget most of these amazing places, there are some memories I will hold dear for the rest of my days. The most memorable of these will be going up to the second level of the Eiffel Tower (OK we took the lift!). One thing I noticed was the fact it was full of pigeons! Another event was when I made my first crepe. Let's say it didn't go according to plan. Luckily my second crepe was successful. All in all I have found the trip exciting and entertaining and I would recommend sending your child there.

Toby Atkinson

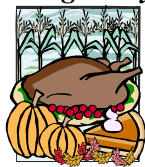
The trip to France was great. I enjoyed every bit of it. The aquarium was fabulous.

All the buildings in France were gorgeous. The rooms were really nice. The mint drink was weirdly nice. Bowling was fun. My favourite bit was the Eiffel Tower but we only went to the second floor. In the aquarium we could stroke some rays and starfish.

Hannah Turner-Lant

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DIALECT DIGEST

Some thoughts on the season of Christmas from John Hartley: 'We can hardly help hevin' a gloomy thowt or two at this part o' th' year, but Kursmiss comes to cheer us up a bit, an' he's noan ov a gooid soart 'at can't be jolly once i' th' year.

Ther's noa daat a lot on us finnd consolation aat o' th' Kursmiss jollification – it's just a bit ov a sweetener afooar all th' noats begin commin' in, an' aw dooan't mean five paand noats. It's th' coil noats, an' th' gas noats, an' tax papers.

Whenivver ther's a knock at th' dooar, yo may venture to put yor hand i' yor pocket, an' happy he must feel 'at can allus finnd as mich theer as'll do.

But it's time enuff to think abaat that sooart o' thing when it comes. We've plenty nah to think abaat plum puddin' an' rooast beef, an' aw hooap 'at ivverybody 'at reads this may hev enuff an' to spare.'

And I echo this greeting to you all from John Fairfax-Blakeborough in his *Life in a Yorkshire Village 1912*:

'Ah wish ya a merry Kessimas, an' a happy new year/A pocket full o' money, an' a cellar full o' beer/An' a gooid fat pig that'll last ya all year.' *Michael Park*

REMEMBRANCE SUNDAY

As always, the Remembrance Day service at St Andrews Church was extremely well attended. The last post was flawlessly played by Keith Wood, cornet player with the Town Band, who also played again at St Andrew's, Dent in the evening. The sermon was given by Carole Goatham the Vicar of the United Reform Church. The Rev Goatham came to this parish recently and is also a member of the town band. The roll of honour was read this year by Dennis Whicker who is due to retire shortly from the police. That's ok, as long as he is not giving up producing the *Lookaround*. The ceremony continued outside at the memorial. Wreaths were laid in honour of the fallen by representatives of the Armed Services, the Fire Service, Police and St John Ambulance. Sedbergh School CCF band completed the morning playing and marching through the town lead by Alan Lewis. It's marvellous to see both young and older members of the community paying their respects in this way. Long may it continue, lest we forget.

Sandra Gold-Wood

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HELP!

The local blind group meets once a month in Sedbergh. Most of the group arrive by taxi and get together in the People's Hall.

The cost of the taxi service and the hire of premises have until now been covered by the parent organisation 'South Lakes Society for the Blind'. Because this Society is at present having financial difficulties it is no longer possible for it to pay for these facilities.

The total cost per year is about £450, the vast majority of which is the cost of using the taxi service. We must either raise the money ourselves or find other ways of arriving at the meetings.

Our group consists mostly of elderly people who as well as having visual problems also have other disabilities such as hearing and mobility problems. It is not easy for us to raise the money ourselves

We are asking if there are any individuals or groups of people in Sedbergh who would either have good money raising ideas and the energy to organise them or provide a rota of lifts to

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the meetings.

If you or your organisation feel that you can help us please contact Jennifer Levitt. e-mail: klevitt@onetel.net. Tel: 25162

Post script:-

STONE CLOSE TEA PARTY

Due to a slight mix up the above 'HELP' notice did not appear in 'Lookaround' as intended last month but many thanks to Jane at Dent Post Office, Christine at Sedbergh Post Office, and Sedbergh newsagents Angela and Terry for distributing leaflets containing the above information and request for assistance. Some suggestions and offers of help have already been received. One event has already been arranged by Janet Browning of Stone Close Tea Shop, Dent. She is intending to have a 'Tea Party' on the afternoon of Wednesday January 10th at the Cafe. Tea and Cakes will be available at no charge but donations will be gladly received and all proceeds will go to the Sedbergh group of South Lakes Society for the Blind. The event is open to all and promises to be a lot of fun. Many thanks to Janet for her generosity.

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A SEDBERGH VIEWPOINT

Things happen quickly in Sedbergh. Within days (or less) of writing this piece something about town has changed! We are certainly an active community.

Last month I mentioned that the only place to shop on Back Lane had closed and moved to Main Street, but within days the shop which had been on the corner of New Street had moved into the vacated premises on Back Lane.

Sid MacLellan has retired and closed his outdoor shop and I believe there is the possibility of the Three Peaks shop closing too. Whilst we perhaps can not support two shops specialising in clothing for fell walkers I think one is an essential part of our town's make-up. Ah well, as I say, things about town are

always a-changing. (*Sid & Lynn's Shop should be back open in February! Ed.*)

It was good to read in last month's *Lookaround* that the Chamber of Trade has an upbeat view of the commercial viability of town whereas I'm a little sceptical that all is not as thriving as it could be. Sorry folks, but that's the way I view it.

I've forgotten now how long ago Udale's butchers shop on Main Street closed, but if you told me ten years I wouldn't be surprised. It certainly is a blot on the Main Street landscape, though I do believe it is the Yorkshire Dales planners who are largely responsible. But planners (and parish councils) do rather strange things. Last month's *Lookaround* included a bit about refusal


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of permission to build three houses at Southfield Road / Guldrey Lane on a long derelict site. New build houses (for locals) would be a sensible use of the site in my view, and I'm sure in most sensible people's minds. But the parish council and the planners want it for industry! The site is too small for such use and would be detrimental to the surrounding housing. O.K. I know it is close to Morphet's garage but that is caters mainly for passing motorists on the through road into town. The proper site for industry is on an out of town site like that on Station Road which is surely capable of expansion.

Mention of the parish council reminds me that I'm still looking for its *Lookaround* column. I thought new blood on the council this year might bring about a new image. But in reality it seems to have become even more of a secret society. Remember you are elected to work on the electorate's behalf and so you are accountable to your council tax payers. I seem to know more about what Dent PC does for its folk than what Sedbergh PC achieves. Rumours abound so let's have something from the horse's mouth.

A couple of months ago I mentioned a profusion of Rowan berries. Since then the Yew trees have had a bumper crop of berries too. Perhaps a hard winter really is imminent.

December *Lookaround* is the time I normally make my awards for the best event of the year. It has been difficult to come to a decision this year. With so many other events this past year, some of a similar nature, the Music Festival and the Book Festival for instance, I don't

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PAINTER & DECORATOR

think it fair to make any award. The Town Band serves us well throughout the year but the Steel Band from Jamaica had much public acclaim. The singers who walk the district and Zrece as well are another musical group of note. There is the Pepperpot musicians too. You see my dilemma - we have both quality and quantity here. The Bonfire Night event is always enjoyable but many remarked that the display this year was very short compared with previous years, though of course fireworks are very expensive nowadays. My favourite event is the Gala, but it didn't seem to be so entertaining this year, though the fell runners always make me feel decidedly unfit. Sadly, the Gala will never be same in future years without policeman Dennis leading the way in his smart uniform topped by his copper's helmet. Happy retirement Dennis - but do keep up the Town Crier bit.

The Editors will be telling me I've used up my allotted space for this year so I'm off now to write my letter to Father Christmas seeking lots of goodies for Sedbergh's Christmas stocking. Best wishes to you all for a Happy Christmas and New Year.

N. Hastle.

HOWGILL W. I.

We met at Firbank Church Hall on November 2nd. Mary Silva presided welcoming members. A warm welcome was given to a new member Tanya Hoare.

Our retiring Treasurer Barbara Axford was presented with a Thank You card signed by members for taking care of our finances so professionally for over 20 years.

Liz Coupe was thanked for planning the 2007 programme. It promises to be another year of interesting speakers and topics. We were reminded of forthcoming events. Our Domino Drive, the Carol Service at Firbank Church when our signing group will be performing, and our festive meal at Thorns Hall.

Following the business meeting Mary introduced Janice Longmire who runs her own hat hire business near Ulverston. In 2000 she started with sixty hats. She now stocks five hundred. Janice gave us tips and advice on how to go about achieving the perfect look for that special occasion by choosing the correct style to suit your face shape, and the right colour to match your outfit. We were invited to a 'Try On' session from a selection of hats brought along by Janice, leaving us in anticipation of an event to wear 'That Hat'. Barbara Axford expressed thanks to Janice for her expert advice.

The competition 'My Favourite Hat' was won by Sheelagh Dennis's with Mary Stainton second. Still on the theme of hats the social half hour was musical

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hats. Bridget Postlethwaite was the winner, when she was left wearing the hat. Next month we meet at Thorn's Hall for our Christmas celebrations on December 7th at 7.00 for 7.30 pm. The competition is for a homemade Santa.

A. H.

FROSTROW W. I.

The November meeting was, as usual, the Annual General Meeting. Anne Petyt, our President, welcomed a good attendance of members and also gave a special welcome to Gillian Price, our W.I. Advisor.

The Secretary's report gave a résumé of the excellent speakers we have been privileged to hear and reminded us that

members have participated in a variety of Federation events. Our Treasurer presented a healthy financial report which was adopted.

Anne expressed her gratitude to Linda, our retiring Secretary, who has worked so efficiently to enable meetings to run smoothly, also to Dorothy, our Treasurer, who has resumed duties following her illness. The rest of the Committee and other members were thanked for the essential jobs they do. Anne stressed that every member is important and thanked Jenny and Florence for their commitment over the years.

Gillian Price guided us through the next part of the meeting and we were all

(Continued on page 42)

happy when Anne agreed to be our President for another year. There are three new Committee members - Pauline Mather, Pat Ramsden and Denise Thomson - who, we are sure, will bring in new ideas.

Pat Ramsden thanked the outgoing Committee warmly for ensuring that meetings are well-organized and interesting, also for well-planned social events.

Following the business we were all ready to enjoy a Jacob's Join supper.

Our festive meal this year is on December 13th at Thorns Hall. The new W. I. Year begins in January so, if you are interested in becoming a member, do come along and join us. It has been decided to change the monthly meeting

date to the FIRST Wednesday in every month, so the January meeting is on 3.1.07 at 7.30 pm in the People's Hall Committee Room.

M. F.

DENTDALE W.I.

It was time for reflection as President, Catherine Sugden opened the November meeting and also the AGM. We listened to excellent reports from Catherine and Secretary, Gill Iannou. It reminded us just what a busy and interesting year it had been. Treasurer, Dorte-lis Powell confirmed that our finances were in a healthy state due to some hard fund raising during the year. The elections for new committee and President, kindly presided over by Mrs Sally Blackburn, were fairly straight forward. Three



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members stood down from the committee namely Gill Iaonnu, Freda Meakin and Wendy Cooke. Catherine Sugden agreed to stand again as President and Kate Cairns is joining and taking on the role of Secretary. Stella Bannister expressed thanks to the committee and to everyone who ensured the smooth running of Dentdale WI.

Nancy Murdoch gave the report on the Competitions and said that seventeen members had entered the competitions over the year and one member had entered every competition. The cup was presented to Pat Allen. Nancy then gave the report on the Memorial Hall refurbishments. Nancy was thanked by Rita Corpe.

Following on from the more formal half of the evening, we were then treated to a talk and demonstration by Pip Hall on Stone Carving. Pip had carved the stones for the Poetry Walk in Kirkby Stephen and talked through the design and procedures with us. She spoke briefly

about her commissions and then carved one of the letters on stone that she was currently working on and we all marvelled at the accurate and rhythmical way her hands tapped out the letter. During our tea break we shared pieces of a Taylor's of Harrogate fruit cake which Gill Iaonnu had won in the monthly puzzle in the Federation News letter. News was given that a few days previously the Dentdale team had gained third place in the pub quiz and just two points behind the winners. So, again we are keeping to our very high standard!

The competition during the evening was won by Jenny Pilgrim and our visitor Sally Blackburn won the raffle prize.

Our last meeting of the year will be a dinner in Stone Close with quizzes and a small present for everyone and we hope it will be a good start to the festive season.

Our proposed programme for the New Year promises some good evenings ahead in 2007!

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PEPPERPOT MUSIC MAKES

Pepperpot News, Coffee Morning, Quiz & Farfield

The Sedbergh Pepperpot Club Coffee Morning took place on Saturday October 7th at the URC Rooms and as usual it proved to be a popular event. As well as the expected rush for the cake stall at the beginning, there was a steady stream of people throughout the morning until the raffle was drawn. Lots of Pepperpot members came along to help to prepare and serve the coffee and to man the stalls. We are very grateful to all of them and also to the people who kindly put their hands in their pockets as well as bringing contributions for the stalls.

At around 10.30, by kind permission of the Elders, the Pepperpot Music Makers

set themselves up in the Church - quite a feat in itself with the variety of instruments that are included. They played a varied programme of items devised by Ann Wright and Judith Bush. This included solo pieces as well as items from the whole orchestra. Amazingly some of those involved had been playing with the group only from the beginning of the new school year. The concentration was intense, but it was clear that everyone was enjoying performing to such a large and appreciative audience.

There will be another opportunity to hear the Pepperpot Music Makers in performance, playing seasonal music on Sunday December 3 at Farfield Mill from 1.30 to 2.00 before an afternoon of workshops for children.



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All purchases of Game until 31st December will get a free entry in our draw. The winner will receive a copy of Clarissa Dixon Wright & Johnny Scott's Game Cookbook

Food Fayre
Vouchers, the
Ideal Present

The Coffee Morning made a very useful sum for the Pepperpot fund for young musicians - and so did the Musical Instruments Quiz.

The quiz was devised initially for sale on the Pepperpot stall at Sedbergh Market Fayre and it sold like hot cakes.

The deadline for solutions to be received was extended to October 31 so that it could be sold in other places such as the Coffee Morning and also to members of the Westmorland and Haffner Orchestras who have had fun puzzling over the clues. There were a few totally correct entries, so a draw was made by someone unconnected with Pepperpot and appropriately the £10 prize was won by Ann Cook who, with her



husband Martin, ran the Ocarina Workshop during Sedbergh Festival 2000 which helped to initiate the Pepperpot Music Makers. An additional consolation prize of £5 was awarded to Zoe Craven who is still at school. She named just one instrument incorrectly, but it happened to

provide the correct letter! By coincidence, Zoe was one of the very first youngsters to play with the Pepperpot Music Makers.

There are still some copies of the Musical Instruments Quiz available at 50p if you did not get one before - please telephone 21196. It might be something to amuse your family and friends over the Christmas period!

Shirley Smith



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May we take this opportunity to wish our friends and customers

A Merry Christmas and A Happy New Year

Food Fayre
Vouchers, the
Ideal Present

TIM FARRON MP

I was hoping that I would not need to mention bridges at all in my column this month but the slowness and what appears to be dishonesty of Cumbria County Council and combined with the rapidly deteriorating nature of even more bridges around Sedbergh and Dent is beginning to make the situation farcical. If you know of any other bridges that may be becoming unsafe and want the Council to start work on them before they fall down then please let me know sooner rather than later. Given the Council's speed of action on the other bridges I think that we should aim to book in any maintenance a good six months in advance. Actually you could cheer me up by sending me some photos of any bridges around Sedbergh

that are in a sound condition just to reassure me that there are some.

I am putting as much pressure on the Council as I can to bring the situation under control and ensure that people can drive across the rivers and becks of this part of the world without worrying that their car will disappear over the edge.

One thing that is cheering me up is the news around Baliol School, the situation looks to be resolving itself positively for all concerned, as I write nothing is finally confirmed but I am extremely hopeful and am doing all that I can to ensure that things do work out.

When you read this the single farm payments cheques should be hitting farmer's bank accounts. The Government has promised to that the speed of

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payment this year will be much better than it was last year. To be honest it would be hard for it to be any worse but I am not holding my breath. It would help me great deal in the monitoring of the situation and putting pressure on the Government if farmers could let me know when and if they receive their payment. If any readers are a farmer or know of farmers who do not read Lookaround (shame on them) then please could you keep me informed of your personal situation? I can use this information to put pressure on The Rural Payment Agency and Defra to sort things out.

Finally, if, like me, you have been upset by the behaviour of the local health trusts in reaching their decision over the future

of Westmorland General Hospital after what was clearly not a proper consultation with the public. Then please do write to both the trusts and the Parliamentary and Health Ombudsman in London to make a formal complaint. The key thing is that you need to complain about the process not the outcome. If you need any help you can get details of what you should do from my office.

You can reach us on this or any other issues you have by writing to Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND or by emailing me at tim@timfarron.co.uk Thanks for your support

Tim Farron MP

(This is November's Report which we were unable to include last month. Ed)

<p style="text-align: center;"><u>Starters</u></p> <p>Prawn Cocktail & Marie Rose Sauce £3.90 Garlic Mushrooms on Toast £3.40 Pate with Garnish, Toast & Butter £3.30 Soup of the Day £3.25 Egg Mayonnaise £3.40 Grapefruit Cocktail £3.40 Garlic Bread £2.50</p>		<p style="text-align: center;"><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.40 Grilled Rainbow Trout £9.40 Breaded Scampi £6.80 Breaded Haddock £6.80</p>	
<p style="text-align: center;"><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider & Apple Sauce Lamb & Apricot Casserole Chicken with Basil, Port & Dill Sauce Venison Steak with Red Wine Sauce Venison Casserole Supreme of Pheasant Chasseur Pork in Pepper Sauce Cod & Prawn Crumble</p>		<p>THE HEAD AT MIDDLETON</p> 	
<p style="text-align: center;"><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.80 Mixed Grill £12.40 Fillet Steak £12.40 Sirloin Steak approx. 8oz uncooked £10.30 Half Roast Chicken £7.90 Chicken Kiev £6.80 Lasagne £6.80 Steak & Kidney Pie £6.80 Cumberland Sausage £6.80 Gammon & Pineapple £6.80 Barnsley Lamb Chops £9.90 Marinated Lamb Steak (6oz) £9.90 Pork Chop in BBQ Sauce £7.20 Cheese & Ham Pasta £6.80 Tuna Pasta Bake £6.80</p>		<p style="text-align: center;"><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.80 Stilton & Vegetable Crumble £6.80 Vegetable Lasagne £6.80 Mushroom & Nut Fettuccini £6.80 Broccoli & Cream Cheese Bake £6.80 Vegetable & Pasta Bake £6.80 Vegetable Tikka Masala £6.80 Macaroni Cheese £6.80</p>	
		<p style="text-align: center;"><u>Rice Dishes</u></p> <p>Chilli £6.80 Chicken Tikka Masala £7.70</p>	
		<p style="text-align: center;"><u>Salads</u></p> <p>Ploughman's Lunch £5.40 Cold Meat Salad & Roll & Butter £6.40 Prawn & Rice Salad £6.80</p>	
		<p style="text-align: center;"><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.20 Ham, Beef, Cheese & Tomato; Cheese & Pickle or Salad from £2.70 Toasted Sandwiches from £2.90 Portion of Chips £1.70 Mixed Side Salad £1.70 Portion of Mushrooms £1.70 Roll & Butter £0.65</p>	
		<p>Tel: 015396 20258 www.middleton-head.co.uk enquiries@middleton-head.co.uk</p> <p>Menu</p>	

CHRISTMAS PLANTS

I have picked three plants that are likely to be part of many families' decorations this Christmas and tell a little of the many many stories that are connected to them, most of which pre-date Christianity. The common theme is one of celebrating the middle of winter, and the wild festivals that often accompanied this marking the beginning of the end of the harsh winter.

HOLLY

The pagan Druids viewed holly – with its cheerful propensity to remain green in winter – as a sacred plant, designed to keep the earth beautiful even as north winds howled and snow blanketed the landscape. They wore sprigs of holly in their hair when they went into the forest to watch their priests cut the sacred mistletoe. The Romans, meanwhile, bequeathed the creation of holly to their god Saturn and used it in great abundance during their raucous Saturnalia festival. Centuries later, in December, while other Romans continued their pagan worship, Christians celebrated the birth of Jesus. To avoid persecution, they decked their homes with Saturnalia holly. As Christian numbers increased and their customs prevailed, holly lost its pagan association

and became a symbol of Christmas.

In West England it is said sprigs of holly around a young girl's bed on Christmas Eve are suppose to keep away mischievous little goblins. In England, British farmers may put sprigs of holly on their beehives. On the first Christmas, they believed, the bees hummed in honor of the Christ Child. Another legend about this Christmas plant says that a little orphan boy was living with the shepherds when the angels came to announce the birth of the newborn king. Having no gift for the baby, the child wove a crown of holly branches for its head. But when he lay it before Christ, he became ashamed of it's poverty and began to cry.

Miraculously, Jesus touched the crown and it began to sparkle while the orphan's tears turned into beautiful scarlet berries.

There are many other stories associated with Holly and its part in the Passion of Christ ranging from its use in the crown of thorns to providing the timber for the cross but that is for another article.....

MISTLETOE

Mistletoe was considered sacred by virtue of its occurrence on oak trees (a rare occurrence in Europe), a sacred tree and a symbol of strength and immortality.

The plant was ceremoniously cut with a golden sickle by Celtic priests and caught on a white cloth so as to avoid touching the ground. This ceremony coincided with the winter solstice and thus began the winter celebration.

Mistletoe was also used to welcome the new year and to ward off evil. Mistletoe was hung over a baby's cradle to prevent theft from fairies, and it was believed that mistletoe promoted dreams that unlocked



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the secrets of immortality.

When hung in the home, mistletoe symbolized purity and strength and promoted happiness, romance and peace. In fact, custom called for enemies meeting beneath the mistletoe to throw down their weapons and embrace.

Mistletoe also was believed to possess medicinal properties. When worn, mistletoe had the extraordinary powers of warding off demons and witches while protecting the wearer from fits, fever, tremors and poison. On top of all that, it was thought to promote fertility. Because of its association with pagan ceremonies, mistletoe was banned from Christmas ceremonies by the Church.

It was not until the 17th century that people became more open about their fondness for mistletoe. Kissing under the mistletoe came about because of the belief that mistletoe's curative powers would cure a broken heart and soothe the differences between quarreling lovers.

IVY

The symbolism of the ivy rests on three facts: it clings; it thrives in the shade; and it is an evergreen. Its clinging has made the ivy a symbol of the traditional, albeit now unpopular, image of the helpless female clinging to her man for protection. It also signifies true love, faithfulness, and undying affection - both in marriage and in friendship. Christian symbolists consider the ivy's need to cling to a support emblematic of frail humanity's need for divine support.

Like other evergreens, the ivy symbolizes eternal life and resurrection. It has been associated with the Egyptian god, Osiris, and the Greco-Roman god,

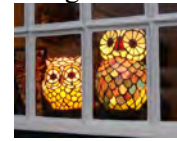
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Attis; both of whom were resurrected from the dead. Medieval Christians, noticing that ivy thrived on dead trees used it to symbolize the immortal soul which lived even though the body (represented by the dead tree) decayed.

Because it thrives in the shade, ivy represents debauchery, carousing, merrymaking, sensuality, the flourishing of hidden desires, and the enjoyment of secret or forbidden pleasures. Some even believed this plant to have demonic associations. Dionysus (a.k.a. Bacchus) the Greco-Roman god of wine, satyrs, and Sileni are often wreathed in ivy. Crowns of ivy were believed to prevent intoxication and thought to aid inspirational thinking. Therefore, the Greeks crowned their poets with wreaths of this plant.

The holly and the ivy,
When they are both full grown,
Of all trees that are in the wood,
The holly bears the crown:
O, the rising of the sun,
And the running of the deer
The playing of the merry organ,
Sweet singing in the choir.

MP Ripley

**SEDBERGH & DISTRICT
HISTORY SOCIETY**

*With only crows as passengers to
Sedbergh*

Professor Roger Fawthrop spoke on The Furness & Yorkshire Union Railway Project of 1865 to a large audience who were anticipating of another of his fascinating talks to the Society.

He began by giving some background to the politics behind railway development in the Victorian age in Britain.

There were two major periods of planning and construction.

1. 1843 – 1855 The principle trunk routes and 2nd tier routes, the core of which still exist today. E.g. the east and west coast main lines.
2. 1865 – 1880 The major cross country

routes such as the Settle – Carlisle, the branch lines and metropolitan commuter lines.

Railway mania was at its height with 268 Railway Boards in existence in York County alone in 1847. The mentality of the time seemed to be to fill in the open spaces on the map; no National Parks to contend with in those days. That only a handful came about was because of the necessity for an Act of Parliament for each project and stringent compliance with the tiniest detail. The Boards had to have the power to construct, finance and operate the line. Also agreement had to be reached to hook up with other existing lines. The vested interests of the powerful LNWR and NER made life difficult. The East & West Yorkshire Union

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and

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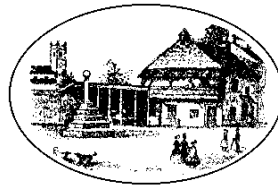
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Railway (EWYUN) had plans to run a line up Wensleydale from the NER line at Melmerby (nr Ripon) – Leyburn – Hawes – Mallerstang – Sedbergh (via Garsdale) – Barbon to link up with existing lines at Kirkby Stephen, Ingleton or Milnthorpe. This was opposed by the big two and eventually only the Leyburn – Hawes section was built by NER. The demise of EWYUN followed but ‘the baby got a new suite of clothes’ and the Furness & Yorkshire Union Railway (FYUR) came into being.

What was at stake was the transport of high quality coke from Durham to Barrow in Furness so that it could be shipped to the South Wales blast furnaces. At the time this was traveling on the South Durham and Lancashire Union Railway (SD&LUR) via Barnard Castle and Kirkby Stephen to Tebay. 68 million tons were moved during WW1.



James Ramsden at the Barrow end of FYUR had an eye on this lucrative traffic as he was a major shareholder in both companies. He was also interested in moving 200,000 tonnes of Haematite per year from Barrow to the South Staffs. Steel works.

Neither companies could avoid paying LNWR for using the Tebay to Carnforth section or indeed from Carnforth to Derby.

This is where a Furnace line link from Arnside to Barbon via Milnthorpe could have hooked up with the proposed Hawes-Sedbergh line, and the Ingleton-Leeds line, cutting

out LNWR.

Only the Milnthorpe-Arnside section was eventually completed. This enabled the gentry of Kendal to go to Grange but ‘only crows’ to Sedbergh.

The vote of thanks for a most interesting talk was given by Tony Hannam.

CARRY ON CAROLLING

I remember the carol singing in the Sportsman's Inn last year with the Slovene, Scottish and English singers making the cobwebs in the rafters shiver like ghosts.

We were all pressed in together singing these lively folk carols at the top of our voices, our harmonies ringing out over Ron's bar, when someone passed me a five pound note. "What's this for?" I asked. "Do you see Jack over there?" came the reply (and there was Jack smiling and giving a little wave.) "He wants a pint of best."

I handed the money to the singer next to me, and a while later the beer came back passed from singer to singer, along with the change.

Well, it's that time of year again, and at

the time of writing we're finishing off preparations for the arrival of 35 Slovene carol singers from our twin town in Zrece (pronounced "Zretch-eh.") They'll be giving a couple of concerts - one by seaside at high tide at Heysham which they specially requested due to their shortage of coast - and the other with our local West Gallery choir, The Gladly Solemn Sound, in Dent.

And they'll also be meeting all our singers at the Folk and west gallery carols workshops in Sedbergh - and teaching a few of their own - before making their way up to Dent for the ceilidh on Saturday night.

If you meet them you might want to give a cheery "Dober Dan" (pronounced Doh-ber dan - meaning "hello" or "good day,") or even a "Dober vecer" (doh-ber

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vetch-air - "Good evening.") As it may be pouring with rain you could be a bit more chatty and add: "Kako obrupno vreme" (kar-ko obrup-no vrem-eh - "What awful weather.") Or if we're lucky: "Kako cudovit dan" (kar-ko choo-doh-veet darn - "What a wonderful day.") But you'll certainly be wanting to say: "Bi kaj popilli?" (Bee kay pop-ee-lee - "Can I buy you a drink?")

Several singers have joined us to practice Slovene songs ready for our outings - and on Saturday night the Cautley Carollers and Howgills Harmony will lead us through the best loved of the folk carols, as well as their Slovenian repertoire for our friends from Zrece to join in with. And some of the instrumentalists from these groups are preparing to play the music for the dances which the Slovene singers will be teaching - others are getting ready to join the west gallery singers on Saturday afternoon.

It's a bit premature at the moment to

thank everyone for their help, though the next Lookaround issue in February seems such a long way off. Anyway our heartfelt thanks must go to Richard and Susa Ellis for their generous offer to house the Slovenian Ambassador; Garth Steadman, George Handley, Susan Garnet, Elizabeth Germany and Frieda Meekin for inviting some of the singers for supper before the concert; Nigel Close for kind help with arranging accommodation; Earl Parker for offering to join me in driving the choir from Stansted and back; those of you who are at this very moment poised before your phones ready to offer help - and of course all of you who will be adding your voices and presence to this glorious celebration of song and harmony.

I am sure I speak for all our singers when I wish you all a very merry Christmas and hope that January 1 is the start of the best year of your life.

*David Burbidge,,
Sedbergh 21166*

Killington W. I.

Humble pie!! Humble pie!! Large helpings for me, and lots of apologies to two of our lovely members. We did **not** celebrate Mary Bateman's 80th birthday at our last meeting, we celebrated **Mary Cargill's 90th birthday!** I can only say that I had the right Mary in my mind's eye and I certainly find 90 hard to believe. I made another mistake in my last report too but so far nobody has picked me up on this one. Tom Lehrer did not sing "*The Leaping Nuns*". Peter Cook did.

This month we held our AGM, so this will be a very long report! After approving the minutes of the last meeting which were read by our super-efficient Minutes Secretary, Valerie Cann, we moved on to business matters and news of some recent activities. Some of us had recently enjoyed the autumn quiz at The Bull and although the competition this year was too stiff for us we had lots of good laughs and a good supper. Dent WI were among the runners up. Congrats to them. Clearly they were better than us at identifying the pictures of historical figures. We did find it really difficult (NB not 'really, really difficult'), to distinguish between Henry VIII's many wives. We had thought that we would try a new venue for the quiz this year and opted go to the Cross Keys at Tebay for a change, but they were full so it was Sedbergh's Bull again. We heard reports later that the 'eats' there were not nearly as good as at our usual venue. Thus we were quite pleased at the outcome and have vowed to curb our wanderlust next year.

The next report was from our very

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reliable Treasurer, Anne Macer. Everything in her report was 'hunky-dory', though as Anne explained we had a smaller amount to carry forward to next year as we had spent a considerable sum this year on making sure that Sedbergh folk had boiling water readily available. We firmly believe that money is for spending and not for sitting in the bank. Anne has ensured that our finances have been in good order for the last ten years but with many other calls on her time has reluctantly decided to step down. Thank you Anne. for your dedication and tolerance of us lesser mortals. You certainly deserve a well-earned break and I will try not to make too much of a mess of the books from now on.

The next report was from our bell-ringing Secretary, Sue Sharrocks. Year after year Sue almost single handedly devises a wonderful programme of activities for us. She reviewed the past twelve months for us with grace and humour. She reminded us of what fun we have had (as if we could forget!) and had us looking forward to treats in store. Thank you, Sue!

It was a hard act to follow but that is what our President, Shirley Richardson had to do. How often have you heard it said "It's all down to the man (or in this case 'woman') at the top"? We are so lucky that Shirley is willing to take the helm for yet another year of fun, friendship and service (and baking

birthday cakes). We really do enjoy ourselves and are always happy to welcome new members. Indeed, three of our new members are joining the committee. Welcome to Barbara Kooper, Edith Robinson and Avril Hobson. Don't say you weren't warned! Shirley thanked everybody for their support and especially retiring committee members, Anne Macer who had looked after our finances, Majorie Bramley who had looked after our competitions and gently kept us on the strait and narrow, and Joyce Swann who had made sure that no important occasions were overlooked.

Following all this serious business we were entertained by one of our own members demonstrating the prestigious skill of arranging flowers while explaining how she had made many resolves in her life among which were, a) never to join a WI, and b) never to give a flower arranging demonstration. She shall be nameless! Persons paid money to buy raffle tickets to win these creations. The lucky winners were Joyce Swann, Pam Fenton and Brenda Nolan. We enjoyed a delicious tea provided by the committee, contemplated our forthcoming Christmas Lunch at Thorns Hall, and voted Majorie Henson winner of the competition for a pressed leaf. (I have just telephoned my informant for this information, and I asked her "What kind of a leaf was it?" To which she replied, "Oh, I don't know. It was brown, dead and pressed flat!!")

Now, we look forward to seeing lots of you at our open meeting on January 9th at 2-00pm in the People's Hall when we shall welcome Nick Henderson and his Birds of Prey. Please come.

WFU

MUNCHEON MUSIC



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Soup and a roll provided

BONFIRE NIGHT

In contrast to a few recent years, weather conditions for this year's bonfire night celebrations were perfect. Thanks to the generosity of some local traders a larger than usual bonfire blazed away; the only down side was that it threatened to burn for too long and late in the evening steps had to be taken to extinguish it to avoid any risk to the public. It was certainly appreciated by a large crowd on a cool, dry evening. Fortified by a wide range of food and drink, the crowd were also treated to a spectacular firework display with musical accompaniment.

For the children there were also the turnip lantern, pumpkin lantern and best guy competitions. The high standard of entry meant that the judges' task was difficult, but results were as follows:

Pumpkin Lantern

- 1st Thomas Hinson
- 2nd George Hinson
- 3rd Emma Hopkins

Turnip Lantern

- 1st Will Teal
- 2nd James and Alice McLoughlin
- 3rd Neil McLoughlin

Guys

- 1st Alisha Hoult, Joshua Dodd and Jazmin Dodd



**Will Teal
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- 2nd Lilly Davies
- 3rd ??

The Gala Group acknowledge, with gratitude, the contributions of all those who helped to create such an enjoyable evening. Part of the enjoyment comes from the chance it gives to meet people and as such it is one of the key events in the Sedbergh social calendar. As you may have read elsewhere, the viability of the Gala Group is under threat and more active help is needed to ensure the survival of events such as Gala and Bonfire Night.



The Best Guy winners

SEDBERGH & DISTRICT HISTORY SOCIETY

A Roman Industrial site in Botchergate, Carlisle

One of the most recent archaeological 'digs' in Carlisle has been the excavation in Botchergate by Oxford Archaeology North. Ian Miller gave us an account of their findings.

Botchergate (the old A6 leading northward into Carlisle) is almost a mile south of the site of the Roman Fort. This area had been an old burial ground (roman or local?) which in the 2nd century AD, was deliberately covered over with a very thick layer of clay to form a base (for a building?). Unfortunately some of this had been damaged by later building works and service trenches put in for later use of the site.

One special T shape area was investigated and proved to be of great interest. A series of small hearths covered the area and soil samples were taken; these showed small flakes of iron. This had clearly been an industrial site with residues of bracken and straw nearby which were probably used for firing. A metre-long trough containing some solidified metal was uncovered and was believed to be part of a high temperature furnace used to smelt lead ore; this would explain the large number of hearths. It is unique to the north-west and only two others are known to exist.

Lead was very valuable mainly because of its possible silver content. A variety of artefacts were found including a lead rod, a whorl, a lead strip and some lumps of slag containing galena. Archeo-magnetic dating showed that the last time the furnace was fired was in 133 AD – nearby coins were dated 128 AD.

However it is believed that the site was abandoned quite suddenly and left to the weeds. Twenty or thirty sherds of 3rd century pottery were found and some coins – copies of Roman coins – with a high lead content!

There are several questions to answer – 1) Where did the ore come from? 2) Why was it so far from the Fort? (fumes?) 3) Why was it abandoned so quickly? 4) What was the lead used for? there was certainly a flurry of military activity around this time together with the building of Hadrian's Wall and new roads etc. and lead would be needed for lead sockets for posts, lead sheeting and the construction of bath-houses etc. 5) Who were the metal-workers? The local craftsmen? It is certain that the market was strengthened and trade was increased by the needs of the Roman Army and this benefitted the indigenous population.

We thank Mr Miller for his very informative talk and await the written report with interest.



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A SEDBERGH VIEWPOINT

Things happen quickly in Sedbergh. Within days (or less) of writing this piece something about town has changed! We are certainly an active community.

Last month I mentioned that the only place to shop on Back Lane had closed and moved to Main Street, but within days the shop which had been on the corner of New Street had moved into the vacated premises on Back Lane.

Sid MacLellan has retired and closed his outdoor shop and I believe there is the possibility of the Three Peaks shop closing too. Whilst we perhaps can not support two shops specialising in clothing for fell walkers I think one is an essential part of our town's make-up. Ah well, as I say, things about town are

always a-changing. (*Sid & Lynn's Shop should be back open in February! Ed.*)

It was good to read in last month's *Lookaround* that the Chamber of Trade has an upbeat view of the commercial viability of town whereas I'm a little sceptical that all is not as thriving as it could be. Sorry folks, but that's the way I view it.

I've forgotten now how long ago Udale's butchers shop on Main Street closed, but if you told me ten years I wouldn't be surprised. It certainly is a blot on the Main Street landscape, though I do believe it is the Yorkshire Dales planners who are largely responsible. But planners (and parish councils) do rather strange things. Last month's *Lookaround* included a bit about refusal



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of permission to build three houses at Southfield Road / Guldrey Lane on a long derelict site. New build houses (for locals) would be a sensible use of the site in my view, and I'm sure in most sensible people's minds. But the parish council and the planners want it for industry! The site is too small for such use and would be detrimental to the surrounding housing. O.K. I know it is close to Morphet's garage but that is caters mainly for passing motorists on the through road into town. The proper site for industry is on an out of town site like that on Station Road which is surely capable of expansion.

Mention of the parish council reminds me that I'm still looking for its *Lookaround* column. I thought new blood on the council this year might bring about a new image. But in reality it seems to have become even more of a secret society. Remember you are elected to work on the electorate's behalf and so you are accountable to your council tax payers. I seem to know more about what Dent PC does for its folk than what Sedbergh PC achieves. Rumours abound so let's have something from the horse's mouth.

A couple of months ago I mentioned a profusion of Rowan berries. Since then the Yew trees have had a bumper crop of berries too. Perhaps a hard winter really is imminent.

December *Lookaround* is the time I normally make my awards for the best event of the year. It has been difficult to come to a decision this year. With so many other events this past year, some of a similar nature, the Music Festival and the Book Festival for instance, I don't



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think it fair to make any award. The Town Band serves us well throughout the year but the Steel Band from Jamaica had much public acclaim. The singers who walk the district and Zrece as well are another musical group of note. There is the Pepperpot musicians too. You see my dilemma - we have both quality and quantity here. The Bonfire Night event is always enjoyable but many remarked that the display this year was very short compared with previous years, though of course fireworks are very expensive nowadays. My favourite event is the Gala, but it didn't seem to be so entertaining this year, though the fell runners always make me feel decidedly unfit. Sadly, the Gala will never be same in future years without policeman Dennis leading the way in his smart uniform topped by his copper's helmet. Happy retirement Dennis - but do keep up the Town Crier bit.

The Editors will be telling me I've used up my allotted space for this year so I'm off now to write my letter to Father Christmas seeking lots of goodies for Sedbergh's Christmas stocking. Best wishes to you all for a Happy Christmas and New Year.
N. Hastle.

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FAMILY MUSINGS

What a life life can be, it is good that we do not know too far ahead or some of us might just give up altogether, Nov 13th last year was the day we made a quick dash to Bristol to be with B who was very ill, Nov 13th this year saw First Responders here in our home giving support until the Ambulance came to take a rather poorly B to hospital in the wee small hours. Just a few days previous he and I had been to a Winter Market with our other brother M and partner arranging to meet at a cafe near Crooklands. On their arrival M explained they did not really want coffee as they had stopped at the motorway services for some thinking my choice of cafe could be a bit crummy (no pun intended), I fixed him with what I hoped was a very steely glare and in the poshest voice I could muster told him what I thought to that suggestion! The very thought!

We were pleased to have Trick & Treaters knocking at the door and B had purchased lolly pops and chocolate frogs etc "just in case", we had some plain clothed and some "sparkly" clothed children, very nice. I am not sure how I feel about witches and goolies .. although I did see two little ghosts just down the road as I came home from work .. funny not seen them since..?

Younger daughter, who I am not allowed to say much about in this column, tells me that should I ever need "sorting out/

putting right" it will be her and daughter-in-law T who will have to do it as I do not take any notice of elder daughter (?) or son, Hu! The very idea ..., what is the world coming to? Younger daughter went out for a meal with the Oms recently, that is the Old Married's, where presumably this ridiculous idea was formed.

Visitors to the village at half term were somewhat amazed to see a metal Greenhouse being carried through the streets all intact except for its glass, but it was a good simple way to move the latest addition to our garden, we have ample space and it could even earn us some money in the future. Talking of ample space, Cleo welcomes me home by placing her paws on my ample chest, be they wet or dry, muddy or whatever to tell me how pleased she is to see me, its our special time, but is best when the paws are dry!

I had the unfortunate experience of a fall recently and somehow managed to bruise both sides of my body, as Hubby commented "You do not do anything by halves", if something is worth doing it is worth doing well and that is what I try to achieve at work amongst other things. Recently my computer at work was being replaced and my boss was very impressed to find a file I'd been working on which was dated the day before he was clearing it all, I thought it very unfortunate he had to then discover it was actually a year old, don't you? Did not do my street cred any good at all.

A friend and I went out for lunch where the meals were half-price for those over 55, naughtily we decided to try for the special offer she being over that age and me being grey haired, nothing was said

SEDBERGH & DISTRICT
HISTORY SOCIETY

Wednesday 17th January

Bank Barns, Boskins & Bee-Boles
(Lake District Old Farm Buildings)

by Andrew Lowe

This lecture looks at the range of traditional farm buildings which help to give the Lake District its distinctive landscape and historical character.

All meetings in Settlebeck High School,
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about me but she was asked for I.D. Luckily she has a good sense of humour. These radio controlled clocks are brilliant, we have one and when the clocks change it does it itself, how I wish I had had one when living on the farm and hubby milking cows and he changed the time in stages for the sake of the cows, the children remember arriving far to early to chapel or very late, depending on the time of year, and I used to ring the Speaking Clock to check the time to get them to school! The things you do for love.

A very merry Christmas and a happy new year to you all, thank you for reading this column through the year, see you in February, keep right end up!



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PEPPERPOT MUSIC MAKERS

The Pepperpot Music Makers Orchestra has now been in existence since October 2000. It currently has sixteen members, plus a few adults, and the instruments range from flutes, violins and recorders to a cello and a double bass as well as a glockenspiel and other percussion instruments.

Did you know that Sedbergh Pepperpot Club owns several orchestral instruments? These have been kindly donated by people from Sedbergh and Dent and others all over the country - from Beaconsfield to Coldstream - and even from places as far flung as Canada and Australia. Several of these instruments are currently out on loan to members of the orchestra, two others are lent to students whose homes are in Sedbergh and another two are being used by teachers who are tutoring sections of the Westmorland Youth Orchestra. Two brass instruments have now gone to the Town Band.

Soif you have an instrument lying unused at home and would like to have the chance of it being played again, please consider donating it to Sedbergh Pepperpot Club.

Before lending out an instrument, we make sure that it is in good playing order. At present, as well as those on loan already, we can offer to lend an oboe, a clarinet, a half, a three-quarter or a full size violin to anyone who would prefer to borrow rather than to hire or to buy. We charge nothing for the loan of an instrument, but simply ask for payment of the annual insurance premium.

The Pepperpot Club is also keen to encourage children to take up orchestral

instruments, especially strings which allow for the greatest opportunities throughout life for making music with other people. Please enquire about the awards that are available to subsidise music lesson fees, especially in the early stages or if progressing from shared to individual lessons.

While reading this, you may have been wondering how the funds are found to make all these things possible. The answer is that we have Pepperpot Members, Friends and Sponsors and, to keep the orchestra up and running, help from external sources, although this is increasingly difficult to find.

- Members pay £6 annually or £10 for two at the same address. In return they receive newsletters and lists of events such as concerts, plays, operas, ballets, open gardens etc in a range of places from Keswick to Manchester as well as places nearby. Transport is in the minimum of cars or sometimes a coach. Everyone who goes contributes a £1 'peppercorn' for the fund for young musicians, over and above the cost of the outing.
- Friends contribute £5 each year to support the cause
- Sponsors contribute a minimum of £20 annually
- Company Sponsors are invited to contribute even more

We are very grateful to all who already contribute. If you are in sympathy with what we are trying to do, we would welcome your support, in one or more of these ways, for a very worthy cause.

Please contact Shirley Smith, email: yantethera@aol.com Tel : 015396 21196

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New Years Eve Dinner	£16.95

SOLE, CULTURA E CUCINA

(Sunshine, culture and good food)

Of the last two we can be assured - and there is a high probability of the first - when people from the Sedbergh area make their 2007 visits to the fascinating country of ITALY. Yes, I said "visits" because this time there will be two trips - one at the end of May and a second at the end of October - because our previous trips have been so wonderful that many others want to share the experience. One of last year's participants described the visit as a "cultural and gastronomic tour".

These tours, which, though primarily for students in the Sedbergh Italian classes, are also for any who love Italy. The visit includes a programme of guided tours of famous places like Pompeii and The Colosseum, Reggia Caserta (the Italian Versailles), Montecassino and The Vatican. But it also includes visits to



places that are off the tourist track such as Fumone castle (where we enjoy a medieval banquet) and the house in beautiful countryside once occupied by English writer D. H. Lawrence on the edge of the Abruzzo National Park.

Pierluigi, who organises the tour for us at the Italian end, always ensures that we have the very best guides, and that we sample plenty of the excellent regional cooking. Each visit also includes three optional morning lessons in Italian from a native speaker. We stay in a family-run hotel where the family of four

regard us as their friends from Sedbergh and where the quality of hospitality is second to none.

We can accommodate only twenty people on each visit and are already fairly well booked, but, if you are interested, it is worth contacting me on Sedbergh 21411 or by email to gd@the-hylands.co.uk

George D. Handley

NBC~SKYNET



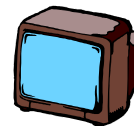
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SETTLEBECK HIGH SCHOOL

John Muir Award

The John Muir Award is now well under way with the students involved in a number of tasks in the grounds around the LRC. Josh has been a great example to the other students digging furiously to clear the weeds from the garden area outside the LRC window. In previous weeks the students discussed their plans and also started to clear and plant an area at the back of the kitchen. On the 17th May last term the students and staff visited Killington Bridge near Sedbergh

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to look at the environmental improvements there. This was with a view to making similar improvements around the LRC which will contribute towards the award. Brad said "There was lots of wildlife and the weather was good, only problem was the wheelchair lift breaking down!". Josh said "it was ok, particularly the journey back!". Alex said "it's been fantastic!", "it's a load of weeds and flowers!".

On Thursday November 2nd, our local NP Ranger, Paul came to the LRC to help with the clearing of various damaged yew trees and ash saplings.

The photo's show mad Axemen (Brad, Oliver and co) getting to work clearing the debris.

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Sedbergh & District
Spring Show

*Sedbergh's own Spring Show for the
Town and the local Community.*

After 10 very successful Shows under the auspices of Farfield Mill (Sedbergh & District Arts and Heritage Trust) the Spring Show is now **totally independent**. This means that any monies raised will initially be ploughed back to improve the show and later, if there is a surplus, it will be donated to local good causes.

First of all we would like to thank all those associated with the Mill who have put so much effort into setting up and organising the Spring Show over the years. We are happy that they now feel able to forgo the income that the show provided (about £200 last year, £400 the previous year, and so on). We thank them for their good wishes and look forward to their continuing support. Their main intention was always to provide a 'show' for the community, where the many talents of the people could be displayed. We hope to continue and build on their good work.

In order to do this we hope to enlist help



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from **lots of you**. There are so many organisations in the area where marvellous crafts are practised and we hope that you will encourage your members to participate in the show. The many schools, playgroups, youth groups will all find something to enter and if there is something you think could be added, please tell us and we'll do something about it. The more entries there are the more fun the show is. Please have a good look at the list of classes in this issue. The schedule and entry forms will be in this and the February *Lookaround*.

We would also like some of you to help on the day of the show and the previous day - not with rocket science but setting up display boards, notices, table-shifting and so on. Please contact our show Chairman, Margaret Milburn -tel. 015396-20610 to let us know that you are willing to lend a hand.

Finally, **now** is the time to get busy with your entries.

The Show in 2007 will be held on Saturday 31st March 2007. Put the date in your Diary now. *WFU. Secretary*

DECEMBER GARDENING

One of these days, when I haven't got lots of other things to do, I am going to write an important gardening book called "We Had One Of Those, But It Died". This phrase is in fairly common use in our family as we go around grand, and humble gardens, nurseries and garden centres and suddenly spot some choice plant which reminds us of the one we used to have, but which seems to have disappeared. Sometimes we can remember the cause of the plant's sudden demise (usually frost or snails) but on other occasions the plant slips away quietly as it is overtaken by the thug which we have mistakenly planted next to it. According to a quick look through an old planting notebook at least 75 different things have disappeared since the year 1993. What a shame. They were all very nice things too. With some of them - Rosemary, Scabious Delphiniums - we have repeated the "test this plant to destruction" experiment a few times before admitting failure, (the

Rosemary couldn't stand the cold, the Scabious didn't like the soil and the slugs did like the Delphiniums). Anyway it seems a pity to waste all this valuable knowledge so the book will put that right. When I have sold my first 2 million copies I shall write the sequel "I Planted One Of Those but I Rather Wish I Hadn't" and this will list all the things which are too thuggish, seed themselves everywhere, look ugly or boring or have too many sharp bits. Having spent most of a day last week digging up a large patch of *Centaurea* (Perennial Cornflower) which was purchased at a local plant stall, one of my most important rules has become "Never plant anything which arrives growing in a yoghurt pot". Second to this is "Never plant anything given to you from a friend's garden unless you have had a good look at their weeds first". With such advice as this how could anyone fail? Perhaps if I start writing now I'll be in time to top next Christmas's best seller list.

Elaine Horne

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52 Main Street, Sedbergh, LA10 5BL, Tel 015396 20304

RALEIGH INTERNATIONAL

Maybe some of you already now know that before starting university to study nursing, I am taking a GAP year. In my GAP year, I am going to Malaysia with the Youth Development Charity 'Raleigh International'. This organisation delivers projects that respond to each countries needs and priorities. While over in Malaysia, "our team" will be working with a range of project partnerships to help ensure that projects have a long term impact, are sustainable and relevant. Here are some past projects:

Raleigh has worked with WWF Malaysia, Malaysian Red Crescent Society & Sabah Parks & have:

- Worked with communities on sanitation, education and eco-tourism projects.
- Worked in protected areas including Danum Valley and Maliau Basin.
- Renewed, mapping and measuring trails and high-level walkways with the forestry department.

In order to take part in this exciting, beneficial 10 week venture I need to fundraise £2995. I have several fundraising events planned. I have also set up a public collecting tin to help raise money in Sedbergh Post Office. If you would like more information about Raleigh International or would like to make a larger contribution then please do not hesitate to contact me by telephone on (015396) 21715

All the money that I fundraise will go to Raleigh International. (I am working as a carer in a nursing home in Kendal to pay for my flight and to cover my own personal expenses.) Any Donations will

be greatly appreciated!

*Johanna Chetwood.
(Aged 18 years)*

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TIM FARRON MP

Firstly I would like to say a very big thank to everyone who has signed the petition to save Balliol School. It is looking like your support is going to pay dividends. We are having a meeting with the North Yorkshire Education Authority very soon and I am extremely optimistic that a sensible solution will be reached that will ensure the future of a very good school that not only provides a great many jobs around here but is also great resource for the community.

I was up at the school the other day to open the new Pulse Community Gym. You are so lucky to have such a great resource available on your doorstep. It all looks excellent and I can say with some authority that the treadmill is considerably better than the one I use to do my training at the House of Commons. I would encourage any of you interested in getting a bit fitter to support it, membership is really good value compared to many other such facilities that I have seen. I expect that after Christmas the place will be positively

buzzing with people trying to work off the excess of turkey and Christmas pudding!

What else?

Well the news from the Auction Mart is not yet quite as positive as for the school but I am extremely optimistic that a new site can be found and that an auction can re-open in Sedbergh, which would be brilliant news not just for farming but again for the whole town. Whilst on an agricultural theme, single farm payments cheques should be hitting farmer's bank accounts by now. The Government has promised that the speed of payment this year will be much better than it was last year. To be honest it would be hard for it to be any worse but I am not holding my breath. It would help me a great deal in the monitoring of the situation and putting pressure on the Government if farmers could let me know when and if they receive their payment. If any readers are a farmer or know of farmers who do not read

Lookaround (shame on them) then please could you keep me informed of your personal situation? I can use this information to put pressure on The Rural Payment Agency and Defra to sort things out.

Finally, I am told on some authority that work repairing Stonehouse Bridge at Cowgill is at last underway (unfortunately I have not yet seen it for myself) and so at least some of the bridges in the area are being made safe to drive over.

I hope that you all have a wonderful Christmas and a magnificent New Year. Dennis may be taking a holiday for January but I will still be working so if you need help with anything you can reach us by writing to Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND or by emailing me at tim@timfarron.co.uk

Thanks for your support
Merry Christmas

Tim Farron MP

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CORN MILLS IN DENTDALE

On 18th October, Kevin Lancaster gave a lecture to a large audience in the Memorial Hall on this subject. He took us back to the time of Piers Plowman in the 1400's to the mid 17th century, when the agricultural cultivation differed significantly from the pastoral husbandry of today.

The internet gives reasonably easy access to records relating to Crown property, especially if there has been legal proceedings in the Courts of the Exchequer where disputes relating to its rights and finances were adjudicated. The Crown rented out assets and what they were and dues payable were frequent matters of dispute.

From information gathered in this way, the locations of four water powered mills for the drying and grinding of corn existed in Dent. The earliest in date were Over Mill in Deepdale, Nether Mill near to Barth Bridge and Parkin's Mill at

Gawthrop, erected about 1520. The tenants of these mills had the monopoly of the right to grind corn into meal for which a charge in kind of the share of the production was taken, known as "multure". The monopolies were valuable, for which rents were paid to the Lords of the Manor, whose Lordship in turn was a saleable property.

A fourth mill was built about 1590 at Rash, but the ownership of the site was claimed by the Lord of the Manor of Thornton-in-Lonsdale, whose henchmen pulled down the new structure, but determination saw it re-built, but Kevin questioned how well it had done financially as a mill.

He raised the puzzling question of whether a fifth mill existed at Mill Becks? The use of the name demonstrates a probability that the location was occupied by a mill building, but apart from that proposition there is a lack of other evidence as to its existence.

Mr. and Mrs. Sibley of Mill Cottage, Gawthrop, produced a floor tile made as a box with many small holes in the top and bottom surfaces, exactly of the type fitted to drying floors of mills. The artefact had been excavated from their garden, further proof of a mill building having been there.

We were left with the impression that those who produced the corn crops, the toilers, were maybe unfairly exploited by those who did well out of financial wheeling and dealings in Lordships and multures. Plus la change

It was a most interesting lecture with a possibility there is further information as yet unearthed.



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FRIENDS of FARFIELD

Going Places

If you attended Andrea Hunter's wonderful Felt Workshop last month, travelled to the Lowry Centre in Manchester to see the Lowry Exhibition, followed by the sell-out production of Alan Bennett's play 'The History Boys', put your name down for details of regular cinema trips to the Brewery Arts Centre throughout the Winter, had lunch at The White Hart, Hawes – or walked past the desk at Farfield and they didn't charge you a penny - you're one of a band of 250 – and growing – Friends!

For only £10 a year, or £18 for two people living at the same address (we save on the postage) you too can enjoy the bargain of the century – and if you pay by Standing Order we hold these ridiculously low prices for three years. Become a Life Member for £200 and you'll never have to pay again.

What do you get? Free entry for a whole year to a vibrant, welcoming Centre with a changing exhibitions' programme, a heritage floor with working looms, a superb range of unique paintings, ceramics, jewellery, wood carvings, hand –woven textiles, furniture and much, much more, produced by our resident artists and leading craftsmen from the North of England; a programme of social events which takes you to the door of the Bowes Museum or West Yorkshire Playhouse and avoids the strain of driving to the Brewery Cinema on Winter evenings; activities which include Masterclasses in Art and Craft, invitations to Previews and a Newsletter.

Most important, we offer an opportunity

to play a part as a volunteer in the development and success of an Arts Centre with a fascinating past and an exciting future. I know, from personal experience, how rewarding it can be to be involved with an organisation, at a time of change and development. Do join us now; there's a whole range of ways to make a contribution, from gallery stewarding to gardening to becoming a member of the Friends' Committee. I promise you one thing – you'll meet, and make, many Friends!

For further information and an application form, 'phone Farfield Mill 015396 21958 or, if you're planning to visit us anyway, join on the spot – and save the admission charge, immediately.

I look forward to seeing you soon!

Anne Pierson

Friends' Membership Secretary

DENT DALE MEMORIAL HALL

Our hall has been transformed over recent weeks, now newly re- decorated with new lights sunk into the ceiling along with individual wall lights it is a much nicer atmospheric place to hold meetings and events. A recent hirer requested the black stage curtains to be hung to help create a smaller stage area for his performers. Thinking of holding an event? We have permanent hooks in the walls for the erection of Marquee linings. There is access for wheelchairs at both the front and the back, a lift between the Hall and Sedgwick/Haygarth Rooms, an Accessible WC, and kitchen facilities. Come on, give it a go. Bookings to Mrs McClurg 25446. (See advert)

S E Woof.

Councillor's Corner

One of the most rewarding aspects of my role as councillor is working directly with and behalf of local residents. This is particularly the case this past month, working with several residents living in South Lakes' properties who have endured a number of transitional difficulties during the course of their homes being refurbished. Issues about the refurbishment programme were raised by several residents, each one of which I have taken up with the relevant officials to ensure a swift and effective response. I have to say, when following these issues up, I have, on the whole, received a very positive response and more importantly, action from those I have called upon for assistance. However, I am concerned about ensuring these problems are not repeated and procedures put in place to avoid further difficulties for residents of Sedbergh and elsewhere, hence calling in the Cabinet Portfolio for Housing,

Brenda Gray, to look into rectifying these issues long term and raising the matter at full Council.

I am also aware that a number of residents in the District rely heavily on our railway network for both work and personal reasons, hence my involvement collecting signatures in Kendal against the planned changes to railway services in the North West. The planned changes involve services from Cumbria and Lancashire to the South and South West of Birmingham being cut, and a reduction in services from Windermere and Barrow to Manchester Airport. Whether viewed from an environmental perspective or regarded as a public service issue, I feel strongly that we need to make a stand against such proposals and would encourage residents to write to Tim Farron MP or sign the petitions if asked.

Talking of planned changes, you maybe aware of the Government White Paper – 'Strong and Prosperous Communities', which invites Cumbrians to consider opting for a unitary system of local government, replacing our current two tier system (District and County Council) and replacing it with one level of local government. There has been a lot of discussion in the *Westmorland Gazette* on this issue, for this clearly has implications for all District, Town and Parish Councils, and timescales for responding to the White Paper are short, the deadline being the 25th January. I'll be being briefed at a special session of full Council on this matter and have very much an open mind at this stage, for several options are under consideration, but I would encourage any resident with

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Mob: 07855 349157
e-mail: phorner@hotmail.com



specific concerns about this issue to contact me, by e-mail, or letter if it is more helpful, and I will do my best to pull all the thoughts and perspectives together and represent your views.

Christmas will soon be upon us and I wish you all a peaceful and memorable time and a very prosperous New Year!

With gratitude and best wishes,

Craig Stephenson

South Lakes Society for the Blind



From 1pm
Wednesday 10th January 2007
Stone Close Tea Room, Dent
*All Donations will go to the
Sedbergh SLSB Group*

KIRKBY LONSDALE EMBROIDERERS

Our meeting in October was a very fascinating look at the making of braids and cords by our speaker Marge Quinn, who brought a wonderful selection of her work. The talk, along with some demonstrations, was entertaining and extremely interesting. There seems to be no limitations when it comes to the making of cords. Everyone thoroughly enjoyed the afternoon.

We had a day's workshop with Christine Stanford who showed us how to make book covers. This was achieved using a background fabric which was painted and then scraps of material applied and machine embroidered. A really lovely day and at our November meeting we had a 'show and tell' with some of the

finished pieces made up into books.

Our November meeting was a most interesting look at the embroideries in Lancaster Priory. This was presented by Hugh Barton whose father designed the panels. Such wonderful work and everybody agreed that a trip to Lancaster Priory was definitely on the cards.

Our next meeting is on Thursday 14th December and starts at 1pm, at Cowan Bridge Village Hall. Visitors are very welcome. Telephone Ann Hunter on 015242 41120 for details.

Dear Editor,

Regarding your article in last issue - "The Hellions, Where are they now?" Despite being the original and longest playing bass guitarist with the Hellions, it seems that Carole hardly merited a mention, much less an invite to the reunion!

One of her great loves in life has been horses and in the 1970's she was the British Ladies Harness Racing Champion. She has lived at Tebay for the past 18 years and together with her husband runs a successful Pony Stud. Their ponies are frequently seen at prestigious events like Olympia and The Horse of the Year Show.

She is also a well respected Pony Judge and last year, together with her husband, gave a talk on British Native Ponies to a large audience in Pennsylvania, U.S.A. She has been invited to judge in the Czech Republic in 2007.

She is also an accomplished artist and at the moment is working on a book about wild Fell Ponies, titled "A Walk on the Wild Side".

Doris Haygarth.

LA VIE EN FRANCE

Autumn in the Dordogne

We've enjoyed a wonderful autumn here at Le Rigal, and have watched the leaves of the trees slowly change colour around us. We are surrounded by woodland and at this time of year the paths are strewn with prickly sweet chestnut shells and acorns. The mushroom season is nearly over and we have picked our first wild ceps, eaten them and survived!

We visited a market that was holding its annual pumpkin festival and we were amazed by the huge variety of pumpkins and gourds, every size, shape and colour you could imagine. Needless to say we were tempted to buy a few unusual varieties and have made delicious soups, making sure that we keep the seeds for our own 'potager' vegetable garden next year. Our neighbour, as promised, has kindly ploughed a rather large area of our garden that is to become our 'potager' and already we have planted onions and garlic...well we are in France! Another project that has been started is the creation of an orchard. We have a few mature apple trees already but should have, in years to come, pears, plums, nectarines, peaches, kiwi and figs. We've had to protect each one to stop the wild boar and deer from having a nibble. All this work would have been impossible without an endless stream of friends willing to get their hands well and truly dirty.

Meanwhile Alice and Eliza are getting to grips with school and nursery and are practising their French with their new friends. I have been asked to go into school the week before Christmas to share with the children what an English

EDWARD JONES

Edward Jones

Investment services and advice

David Fawcett 015396 22021

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Christmas is like and to do some simple baking with them. Rather conveniently Alice and Eliza made a Christmas cake with their cousins Emma and Rachel when we visited at half term – we will take it into school for the children to try. Christmas is celebrated differently in this part of France, much more restrained and without some of the commercialism.

Our hen has finally laid her first egg which was very exciting and the three chicks are growing into fine young ladies so we are looking forward to having omelette on the menu. The two female guinea fowl chicks we purchased at the market are now quite clearly Mr and Mrs, so next year we hope for some chicks.

The 'Gite' – holiday cottage- is on schedule and is due to be completed early next year as is the swimming pool. Chris is in his element managing the work and somehow manages to communicate very well with the local 'artisans'.

Our website is now live so if you fancy having a peek at what we are up to then go onto www.rigal-gites-dordogne.com or better still, come and visit us!

Christmas greetings to all our friends

*Chris, Jacky,
Alice and Eliza Horton*

RECYCLING NEWS

Those households using the kerbside recycling service will be receiving new calendars during November, please look out for your copy on collection day.

As well as the collection calendar and information about the kerbside recycling service there is also information about the plastic and cardboard banks that have been introduced over the last year. The calendar includes information about the collection service that will be in operation over the Christmas and New Year period.

Green waste collections will again be suspended from mid-December to Mid-January and there will be a weekly grey bin collection service; blue box collections will continue on alternate weeks.

Collections will continue on the normal days until Friday 22nd December, and will continue as follows:

Week Commencing 25th December

Monday collections will be made on Saturday 23rd December.

Tuesday to Friday collections will be made one day later than usual.

Week Commencing 1st January

Collections will be made one day later than usual.

Week Commencing 8th January

Collections will return to the normal day.

If you have any queries about the waste and recycling collections please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at recycling@southlakeland.gov.uk

Thank you for recycling.

Collection Changes in the Dent and



Sedbergh Area.

Some households in the Dent and Sedbergh area will have their waste and recycling collection days changed at the beginning of December.

The affected households will receive an information card along with the new calendar to highlight the change that is taking place. If any householder has a query about the change, or is unsure of their collection calendar, they should telephone South Lakeland District Council on 0845 050 4434.

DENTDALE METHODIST CHAPEL

We start December with the film show about life in Grisedale, "The Dale that Died", then our afternoon Carol Service followed by tea, we will be taking part in the Carol singing in the community with our Anglican friends to raise funds for The Childrens' Society and NCH, do join us!

Our joint congregation meeting in November was a happy productive meeting from which various ideas came forth for things to do together. The monthly Bible Study continues, do ring for dates if you would like to join in, we are reading and chatting about Rick Warrens book "The Purpose Driven Life".

The car-park has been resurfaced, many thanks to all who helped, and the floor-covering should be laid by now. Our schoolroom is available for hire with or without the kitchen. Pray and Share continues in the Prayer Room fortnightly inc December 7th & 21st. Prayer Requests can be left in the Prayer Room. A very Happy Christmas to you all.

ART SOCIETY

'Considering Colour Yours and Mine', was the title of the talk given by Carole Hamby to the Art Society in November. We are all conversant with the colour wheel to some extent but Carole asked us to look at it in a different way and consider working within a limited colour range. Taking opposites on the wheel she demonstrated how we can achieve a harmonious combination by mixing in varying amounts, even finding rich darks without resorting to black. We will be giving more thought to how, what and why we mix in the future.

December's meeting is on the Friday the 8th when we look forward to Martin Greenland showing by the aid of slides, how his work has developed. No doubt you saw Martins recent work in the Lakeland Artists Exhibition at Grasmere, It will be interesting to see how he arrived at such an accomplished stage to reach award winning status.

Our meeting will be held as usual in the Chaplaincy, next to the Health Centre and you are welcome to join us. R.A.G.

COMMUNITY OFFICE NEWS

Environmentally friendly products

We are now selling environmentally friendly cleaning products and recycled goods including – washing powder, washing liquid, toilet rolls/cleaners, dishwasher tablets, bin bags, food bags, kitchen rolls and more. There is also opportunity to order in bulk, consider other products and be part of a community ordering scheme. So please call in to explore and ask about this exciting new venture. The Ecover toilet

cleaner is selling particularly well as it is good for septic tanks. Other Ecover products such as multi-surface cleaner, washing up liquid and washing powder that will be flushed down the sink are also better for septic tanks. Please let us know if you would like us to order anything else for you.

Books & Jigsaws

We now have a fresh stock of second-hand books (including children's books) and lots of jigsaws so do come and have a look.

Community Cinema

We are slowly submitting grant forms and gathering funds. It has been suggested that an offshoot of the cinema would be to have a film club showing thought-provoking films, perhaps with discussion after. Please register your interest by phoning the office on 20504 – we need to show community support for the project to obtain grant funding!

Household Batteries

Please note that we only have facilities to recycle household batteries from the Community Office at present.

Pulse Project (Community Gym)

We have forms for the new community gym in the office so please call in and pick one up. The gym is now open, the equipment looks great and it's a good chance to keep fit over winter.

Natural Yoga

We will be selling this book in the Community Office after the launch at the Book Town Centre / Tourist Information on 13th December (late night opening). It features photos from around the area and local yoga practitioners so do come and have a look.



PHOTO CALL

Last month, the gremlins managed to get involved and the photo was one that had been in some years ago. This month I am submitting 2 photos which were kindly loaned me by Ann Allen. They are

both of the National School.
 Names as always to Shirley Tebay,
 Walnut Bungalow, Dent LA10 5QT. Tel:
 015396 245001 or email shirley.
 tebay@btinternet.com



SAVE SEDBERGH GALA:

we need you

Each year the Gala Group organises and runs Gala, Bonfire and a Children's Christmas party. These events are among the largest social gatherings in the town and are a big part of our local community. It is rewarding and fun to be part of the organisation.

We desperately need a new group secretary, we have called an extraordinary general meeting on January 8th and if we do not have a secretary by then the group will disband and Gala 2007 will be cancelled. The Gala Secretary does not have to take the minutes of meetings - there is a minutes secretary - the job involves organising gala activities.

We also need new members on the committee to contribute energy and new ideas.

If you and your family are enjoying this event please consider joining Sedbergh Gala group. Through the years many people of Sedbergh have, and still do, help and support us in many ways. Please, please think about 'doing your bit' or we will lose these events.

If you feel you could join us please call

Jane on Sed 20764, Helen on Sed 21105 or Richard on Sed 20234 for more details, full support will be given by the retiring secretary and all members of the committee.

Killington

Winter Domino League

After three monthly domino drives, the current leading positions in the League are:

	P	1	2	3	Total
J. Raw	3	95	94	85	274
K. Wilson	3	88	88	95	271
G. Rowlinson	3	90	89	87	266
C. Wilson	3	88	86	89	263
F. Raw	3	82	83	86	251
D. Wilson	3	85	88	80	251
C. Clarkson	2		91	90	180
A. Waller	2	92		85	177
J. Waller	2	91		81	172
J. Middleton	2	94		78	172
M. Hunter	2	93	75		168

Remember, apart from the usual prizes each month, the League Winner will be the person with the best total score from any *four* events over the winter programme (excluding the Christmas Domino Drive) - so there is plenty time to achieve a winning total for even those who have only played once so far. See the Diary for the dates of the next monthly Drives, and the advert for the Christmas Domino Drive on Friday, 8th. December.



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Dear Editor,

Once again, can I please remind people, “my neighbours”, that the Patio & my Back Yard will not be as it has been due to their pets doing their business all over my tubs, etc. I think they have already had a cocktail of sorts, hence the vomit on the path. “Please be fair folks!”

Cath Gibson

SETTLEBECK HIGH SCHOOL

Zrece fundraising at Settlebeck High School

In the middle of November on a cloudy, wet and very windy day I walked up a hill called Winder to raise money for the Zrece trip. Mr Leedham ate some watercress but survived. I nearly got blown off the top but then we had a break in the survival tent. When we got down we went to Ellie’s Cafe for tea and tiffin. Thank you to all the people who have sponsored me.

Chris Duncan (year 9)

From Tuesday, 6th to Monday 12th February 2007, Year 9 Settlebeck students are visiting Sedbergh’s twin town, Zrece, in Slovenia.

The purpose of the trip being to establish links with the local young people there and some of them will later be coming to Sedbergh.

We have been trying to raise money for this by ourselves by doing several sponsored events and food stalls. For people who have helped us raise money so far we would like to say thank you.

On this trip we will be doing many cultural activities as well as various sporting activities such as skiing, volleyball and basketball.

The cost of the trip is going to be £250 per person and we have 27 students going and 3 teachers. When we do more of our sponsored events we hope that as many people as possible will help us.

*Robin Littlewood, Charlie Cox
Adam Robinson*

SEDBERGH CDC

Local Computer Training

Sedbergh CDC will be running a European Computer Driving Licence course in the New Year.

The course is ideal for anyone who has basic computer knowledge, but would like to gain a more thorough understanding. It is also an excellent qualification to add to your CV as it is recognised by employers nationwide and in Europe.

The course runs for 27 weeks, 3 hours per week and will start in early January.

Topics covered will be:

- Basic concepts of IT
- Using a Computer & Managing Files
- Internet & Email
- Word Processing
- Spreadsheets
- Databases
- Presentations
- Theoretical Issues

You will take a test at the end of each module to check your knowledge.

Total cost for the course will be £155 including taking the tests. If you are in receipt of a means tested benefit the cost may be reduced to only £40.

Sedbergh CDC runs a range of IT courses from beginner to advanced. Further information from Sedbergh CDC, Tel: 015396 21031

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STEADMAN'S BUTCHERS

Steadman's Win Best Butcher's Shop in the North of England!

We always knew that we had a great quality butcher here in Sedbergh but knowing that 'our' butcher has been chosen from 10,000 candidates as the best butcher's shop in North of England, is something we can all be proud of.

Guild of Q Butcher Steadman's of Sedbergh were voted Best Butchers Shop in the North of England at a prestigious awards ceremony held on 7th of November at Claridge's Hotel in London, which owner Garth Steadman and his wife, Jean, attended.

Steadman's fought of strong

competition from three other butchers - two of whom were fellow Guild Butchers - who were also in line for the Regional Award.

Garth Steadman: "We are absolutely delighted at the news. To get through to the final is an achievement in itself but to win Regional Champion is just fantastic."

Ryan Moffat, manager at Steadman's adds: "Everybody has been working very hard for a long time to achieve the high standard required to become 'the best butcher's shop in the North'. We are not going to rest on our laurels, in some ways the hard work has just begun as we continue to keep the standard high and make sure we live up to the title."

In a time when the debate is much about the distance our food travels, Steadman's is widely known for their quality meats and commitment to sourcing the very best local produce.

"We source our meat only from carefully selected farms and a large amount of our beef is bred and reared at Buck Bank Farm just a mile down the road; meat doesn't come any more local than that", smiles Garth Steadman.





Sedbergh Community Development Centre Courses for the New Year!

European Computer Driving Licence - A popular course and qualification covering various aspects of using a PC. 27 weeks, Tuesday 9th Jan, 7-10pm
Know Your Computer Better - a Wednesday afternoon course for people who know the basics. 6 weeks from 10th Jan, 1:30-4pm
Using Photoshop - to manipulate and edit your digital photos. Level 2 CLAIT Plus unit. 10 weeks, Thu 18th Jan, 7-9:30pm

Also continuing next term, with places available

Creative Writing - Friday afternoons
Writing Poetry - Alternate Wednesday evenings
Yoga - Thursday mornings and Thursday evenings
Beginners Italian - Tuesday evenings
Continuing Italian - Tuesday or Thursday mornings
Intermediate Spanish - Thursday evenings
Advanced Spanish - Friday mornings
Machine Embroidery - Monday evenings
Woodwork & Joinery - Wednesday evenings
Pilates - Wednesday afternoon - limited places, please enquire

email: admin@sedberghcdc.org.uk

Tel: 015396 21031

Buck Bank is a family run beef and sheep farm, which Andrew Pratt and his wife, Dorthe, took over from his father in April 2005.

“We are striving to produce the very best beef and working with our local independent butcher is the ideal scenario for us. We work in close partnership with both Garth and Ryan to ensure that we provide cattle of just the right type and finished to perfectly suit their requirements. We are very pleased for Steadman’s that they have been given such a prestigious award and we are of course proud to be supplying the Best Butcher in the North”, says Andrew Pratt of Buck Bank Farm.

Garth Steadman concludes: “The award

certificate now has pride of place on our shop wall amongst other awards we have earned this year. It is good for moral for the staff who contributed to the success of the business’ achievement. It’s also nice for our customers to see; it reinforces why they have chosen to shop at a high quality independent butcher.”

With Border Television rushing to Steadman’s to secure an interview for the evening news, just half an hour after they got whiff of the story, and several local and national papers printing the news as well, this can only be good news for our local community. Let’s hope that it will inspire people from further a field to visit Sedbergh to the benefit of all of our local shops and businesses. *Edward Atdenhorn*

Sedbergh & District
Beekeepers' Association

The highlight of the end of the beekeeping year is always the honey show! It is the time when all the tender loving care given to the bees, the worries about the weather, and the hard work of removing the wonderful crop of delicious honey from the hives and extracting and bottling it, are all particularly worthwhile when you can display the results in friendly competition. This year has been no exception - we all enjoyed an excellent Sedbergh honey show with nearly fifty entries judged by the President of Cumbria Beekeepers' Association, Bill Mackereth, ably assisted by one of our new members, Delia Hiscock.

The official results are listed below:-

We congratulate all the winners, particularly the younger and newer

members that can, and do, beat the old-timers!

We now look forward to a quiet winter, just occasionally checking that our hives are safe and still full of food, and hoping that our spouses will put that special beekeeping book into our Christmas stockings! In the New Year, our first meeting is our 11th Annual Dinner, on Friday 23rd January at 7pm at Whoop Hall. If you would like to see how beekeepers really enjoy themselves in anticipation of a great new season, come and join us. Just give me a call by mid-January. In the meantime all S&DBKA members wish you a very happy Christmas and a safe and prosperous New Year. In 2007 just keep all those beautiful Sedbergh gardens full of the flowers from which our bees get their nectar and pollen.

Malcolm Fraser-Urquhart

Class	Entries	1 st Prize	2 nd Prize	3 rd Prize
1 Light Honey	5	Bill Smith	Alan Tett	Kevin Seward
2 Medium Honey	6	Kevin Seward	Malcolm F-U	Charles Brown
3 Heather Honey	3	Bill Smith	Vic Hopkins	Charles Brown
4 Granulated Honey	2	Richard Challenor	Malcolm F-U	
6 Honey for sale	4	Kevin Seward	Alan Tett	Malcolm F-U
7 Cut Comb	1	Alan Tett		
8 Frame of Honey	3	Bill Eglin	Kevin Seward	Kevin Seward
9 Wax Products	4	Marion Smith	Bill Eglin	Bill Eglin
10 Mead	1	Bill Smith		
11 Honey Cake	5	Richard Challenor	Marion Smith	Enid Hastings
12 Honey Biscuits	4	Anthea Rogers	Marion Smith	Enid Hastings
13 Novelty Item	2	Tiffany Seward	Marion Smith	
14 Photograph	9	Vic Hopkins	Richard Challenor	Wendy F-U

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015396 25438

SOUTH LAKES SOCIETY FOR THE BLIND SEDBERGH GROUP

Jack Dawson kindly agreed to chair the October meeting because the usual chairman Gordon Axford had unfortunately been taken ill. Jack began by remembering Gordon and other friends who were unable to attend because of illness.

The first item on the agenda was a discussion of the financial difficulties faced by the Society. A number of interesting ideas were put forward as to ways in which money could be raised for the Society as a whole and our own Sedbergh group in particular.

It was then a chance for members to relive their war years. Each member was asked to relate his or her most memorable experience of the war. This produced a fascinating collection of stories, some amusing, some frightening and some extremely sad. There were accounts of the extraordinary antics of the Home Guard, a terrifying story of battle in the air, and many memories of privations that were suffered including innovative ways that were found of surmounting them. It was a very lively discussion and brought

back the atmosphere of those terrible years.

The November meeting will be lunch at Thorn's Hall. New members are always welcome. There will be no meeting in December.

Please contact Sedbergh 21019 or Kendal 015397 42633 for information or assistance. *JGL*

SEDBERGH NEWS

I have been writing a column in the community news for the Westmorland Gazette for more than two years now. I would just like to let people know that I do submit something each week.

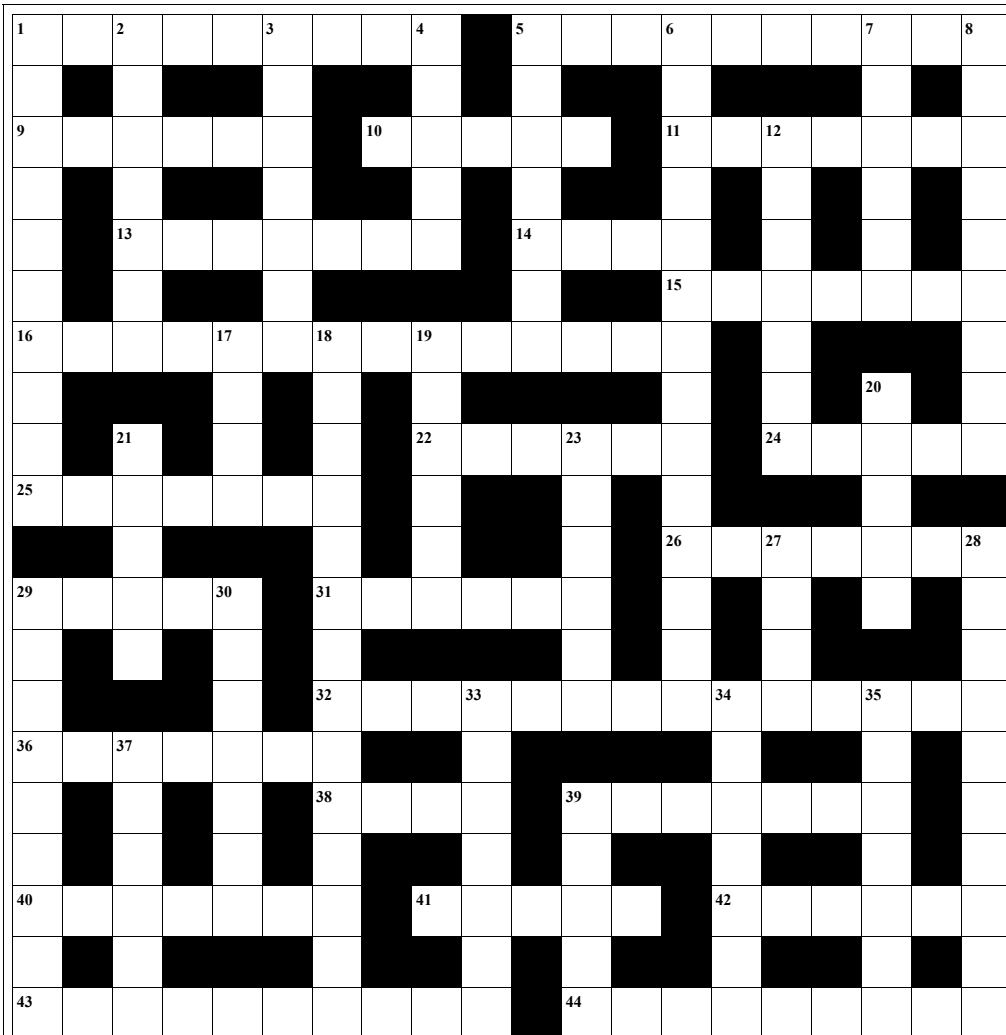
However due to circumstances beyond my control my copy does not always make it into print. I apologise to those people who have given me information hoping that it would appear in the paper. All I can say is I do my best.

I will not be able to do the column for a while between mid May and Mid July next year. If there is anyone who would like to take over for me I would be most grateful. Sandra Gold-Wood 015396 21808. *(Hope you don't mind but I won't apply. Spoke to the WG a few months ago and they had never heard of The Lookaround! Ed)*

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Across

- | | | | |
|----|----------------------------------------------------------------------|----|--------------------------------------------------|
| 1 | Reptile swallowing odd wolf's classic sign of winter? (9) | 15 | Wow! I'm next to journalists (7) |
| 5 | Was naughty to be saved with him for a change (10) | 16 | Dish from city down under has meat on top (4,10) |
| 9 | Result of European forces standing back to back near Connecticut (6) | 22 | Lack of expensive Town Hall (6) |
| 10 | Lord taking time with disciple (5) | 24 | Very French small lock of hair (5) |
| 11 | Smuggled type of trousers? (7) | 25 | Friend set up with flying aid and bird (7) |
| 13 | This gin, rum... is knowledge! (7) | 26 | Christmas characters like Solomon? (4,3) |
| 14 | Places known for being booked up at | 29 | Bring endless Eastern seawater (5) |
| | | | Christmas (4) |

- 31 Buries: rest in odd way? (6)
 32 Raining, fog... don't mix up going here and there (2-3,3,3-3)
 36 Gather cool slate after losing map (7)
 38 Vermin sent up to the sun, perhaps? (4)
 39 University rights being swallowed by aquatic mammal is strange (7)
 40 Pasta made by artist with nameless instrument (7)
 41 Set out with girl (5)
 42 Globe I smashed with force (6)
 43 Gymnastic moves seen in groups behind horses? (10)
 44 North Rail organised sporting event (9)

Down

- 1 Small Northern town has an inventor attached to horse in winter (6,4)
 2 Sporting feature held by toff's, ideally (7)
 3 Endless entrails found messed up in outhouse (7)
 4 Vote for elite to be beheaded (5)
 5 Get me in strange convention (7)
 6 Pantomime featuring sylvan nymphs? (5,2,3,4)
 7 Amount of love spread around hesitation (7)
 8 If God is upset, she's a load of

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- sharks! (9)
 12 Unfashionable place isn't a central location (7)
 17 Streambed sited in Iowa district (4)
 18 Reportedly big part of private canal? (5,9)
 19 Install in pipe (6)
 20 Mates to be put into groups (5)
 21 Country to build one's dream homes in? (5)
 23 RUSSIA
 27 Encourage when Tottenham's last man is sent off? (4)
 28 Pacific islander has modern and old English currency, no? (3,7)
 29 Two crabs I confuse with curios (4-1-4)
 30 Prohibition; hence swallowing business qualification (7)
 33 Monroe originally found by a knight and small men like William (7)
 34 Old country depicted in motif or mosaic? (7)
 35 I will twice be interrupted by Welsh leader's animosity (3,4)
 37 Tennis star takes ecstasy, being a quitter (6)
 39 Climbing mountains takes time, and creates noise (5)

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DENTDALE CRICKET CLUB

The end of season party and presentation night at the George & Dragon on 28th October was well attended.

The following prizes were presented by David Hunter (Club Captain) and John Hyde (Chairman).

Top Batting Average	Pete Moorby
Top Bowling average	Mark Dodd
Most Improved Player	Chris McClurg (Rob Mitchell came a very close second)
Most Improved Fielder	Daniel Mason
Most Sixes	Pete Moorby
Unique Performance	Mark Dodd
Spectator of the Year	Jackie Sedgwick
Clubman of the Year	Roger McClurg

Jill Puncher, Karen Maddison and Hilary Firth were each presented with a bouquet of flowers by the Club as thanks for providing the excellent teas during the season. A very fine buffet was enjoyed after the formalities. A good night was had by all.

COULD YOU DO BETTER?

In October, we spent a lovely holiday with our friends Deirdre and Oliver near Sedbergh. We were driving towards Dent one day when Oliver asked if we could think of a rhyme for Sedbergh, as he was trying to compose a limerick. My husband Dave came up with 'threadbare', then as we went along, I thought up this poetic gem (???) which I thought you might like.

There was a young hiker from Sedbergh
Whose socks were decidedly threadbare

On hearing of Dent

And its craftsmanship bent

Of the Terrible Knitters, he fled there.

Don't worry, I won't be giving up the day job just yet, but hope to be back before long in such a beautiful place.

Best wishes, Trish Whitehead

I am sure our readers could come with something too. Maybe not. The challenge is on. Ed

DENTDALE MEMORIAL HALL

Hire Charges

Hall £4 ph; Kitchen £2 ph

Sedgwick Room £2.50 ph (together £4 ph)

Haygarth Room £2.50 ph

Book with Mrs McClurg 25446

QUEEN'S GARDENS

Some people prefer to kick through the autumn leaves, or to walk upon them, others to have them all neatly cleared away. I have been striving to keep everyone happy by clearing some paths or passages through, whilst leaving those less trodden to be carpeted in the hues of autumn.

A beautiful time of year, as the leaves mulch down to insulate the ground returning to enrich the soil and feed their parent tree, I keep finding myself lost in the colours or reflecting upon the circle of life, which unfortunately usually ends with the theme from 'The Lion King', which soon gets me back to raking.

I am very please to announce that there will be a Christmas Celebration in the Garden from 4-6pm on Friday 15th December. Apparently father Christmas's sleigh is scheduled to spill presents in the gardens so he'll need some help finding them. Carols, mince pies, mulled wine, lanterns and of course leaves. Please come along.

L. Eaves

BLOOD DONOR SESSION

On Tuesday 5th December, the next donor session will be held in the Peoples Hall from 2.00 to 4.00pm & 5.30 - 7.30pm

New Donors are always welcome and Blood stocks always run low at Christmas so please give blood this festive season if you can.

*Brenda Bowles
Marketing Co-ordinator NBS*



MK CONVERSIONS

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KIRKBY LONSDALE CHORAL SOCIETY'S CHRISTMAS CONCERT

The Kirkby Lonsdale Choral Society's programmes are known to be satisfyingly well chosen and full of interest and the Concert on Sunday 10 December 7.30 pm in **St Mary's Church**, is no exception.

Included are the well-loved *Shepherds' Farewell* by Berlioz, Walton's *What Cheer?*, Herbert Howell's classic *Here is the Little Door* and a lovely *Cradle Song* by local composer Clive Walkley. Along with these are featured gems from the Oxford Carol Book: Vaughan Williams' *Withers Cradle Song* and *Snow in the Street*, *Dormi Jesu* (Rubbra,) *Down in Yon Forest*, *He smiles within his Cradle* and many more. As ever, of course, there

will be audience favourites for participation!

Guesting will be James Westall's **Sedbergh Junior School Choir** and 18 year-old flautist **Elizabeth Finch**.

Tickets at the door or from members £5 (accompanied children free) and please join us for wine (or soft drinks) and mince pies.

The Society is supported by Cumbria C C, Sedbergh Neighbourhood Forum, Making Music, The Arts Council, The Lupton Hall Trust, The Hadfield Trust, The Freida Scott Trust, Awards for All and The Art Store, Kirkby Lonsdale.

Contact: Marjorie Dybeck 01524 72812

THOUGHT FOR THE MONTH

I wish you a very Happy Christmas however and where ever you spend the Festive Season, I wish you gales of laughter and few clouds of woe, may the sun shine upon you and there be no darkness of mood or spirit.

Then as you contemplate the year which is closing may you also have the enthusiasm to look forward with anticipation to the New Year ahead. I wish you what in fact I wish for myself and my nearest and dearest! Happy Christmas. Happy New Year. *LD*

SPECIAL REQUEST

We have started to receive articles from unknown sources. Some are funny, some are serious. However, I am unable to print any of them as I do not know who the author is & unable to contact them should there be any enquiry. Please submit your details with any article. I can withhold printing details or even put in a pseudonym if requested, but I need to know the writer. *DJW*

POLICE REPORT

Well here we go, my last report on the goings on in the area with my big hat on. Although I have been on Leave since the 1st November, I have kept an eye on things going on.

The litter problem has improved but there is still room for improvement. Well done to all residents, especially those who point out to the litterers the error of their ways.

Crime. Once again, there is nothing to report this month. That does not mean you can become complacent. Please report anything you think is suspicious.

Last month, I reported on the Parcel Delivery Scam. I have had an update from Kevin Gardner as follows:

Parcel Delivery Scam

North Yorkshire Police (NYP) have advised us of a parcel delivery scam. The scam concerns a card or email indicating that a parcel delivery company has a parcel for you to collect and gives the phone number of 0906 6611911, which is a premium rate number charging £1.50 a minute. The recorded message lasts for 6 minutes, adding up to £9 in total.

The premium rate number is now defunct, but if anyone receives anything like this in the future, be aware that any number with the code 090 is a premium rate number. Some people believe that it is possible for a £15 charge to be made on connection to a premium rate line and NYP have been told by the 'Independent Committee for the Supervision of Standards of the Telephone Information Services' that this is impossible, but that calls can be charged at up to £1.50 per minute.

I hope this helps clear up any confusion.

Still the same advice so beware!

So this is my final report with the big hat on. Because I have retired, it does not mean we have no Police Officers covering the area. Somebody will always be on duty, but not necessarily in the Station. If you need an Officer, you must ring 0845 33 00 247 to request one or to report anything.

I have been very proud to have Policed the area and the word that comes to mind every day is RESPECT. Everybody here has respect for each other and property and that goes from the very young to the not so very young. Please remember RESPECT and we will have the best community in the country for many years to come. God Bless You All.

Mr D J Whicker

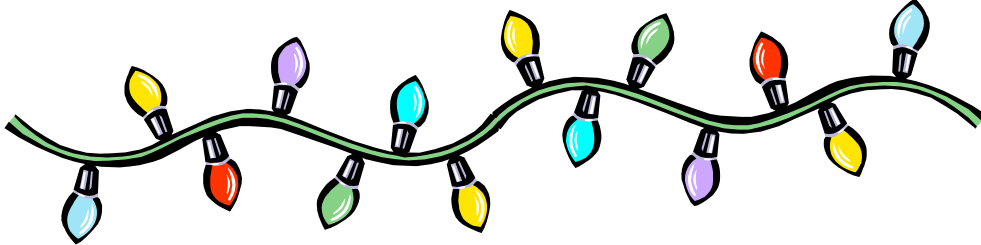
CROSS COUNTRY

Recently, Eilidh Sproul of Y7 SHS has been competing in Cross Country Races in the North of England.

At the South Lakeland School Trials on 8th November at Kirkby Lonsdale, she came 2nd.

She qualified to represent Cumbria Schools and came 6th out of 151 at Penrith. Representing Cumbria, she ran on Saturday 18th November at Lilleshall, Wrekin and came First for Cumbria and tenth overall, competing against other counties including Midlands, Cheshire, Shropshire, Warwickshire, Wrekin & Surrey.

Congratulations to Eilidh on her achievements and good luck in her forthcoming challenges. Her family and friends are all very supportive and proud of her.



A Very Merry Christmas

and

A Happy New Year

to all our readers.

Please remember that there will not be a January issue.
Please submit you articles, Personals, Valentine Messages by
19th January and adverts by 15th.



J N & E Capstick

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by the Financial Services Authority

ORGANISATION	CONTACT	Tel:	015396
After School Club	Mrs Packham	Sed:	21484
Age Concern South Lakeland PH (M & F)	Mrs Alderson	Sed:	20814
Angling Association	Mr Dandy	Sed:	
Art Society (S & D)	Miss Nelson	Sed:	20034
Badminton (Dent)	Mrs Rushton	Dent:	25306
Badminton (Sedbergh)	Mr Mason	Sed:	20565
Beekeepers Association (S & D)	Mr Fraser-Urquhart	Sed:	21902
Book Group	Mr Wheten	Sed:	21488
Bowling Club (Queen's Gardens)	Mr Killops	Sed:	20279
Bridge Club	Mr Estensen	Sed:	21060
Butterflies Tots & Carers	Mrs Gerrard	Sed:	21217
Canoe Club (S&D)	Mr Hinson	Sed:	20118
Caving Club (Kendal)	Mr Teal	Sed:	20721
Chamber of Trade	Mrs Baines	Sed:	21287
Chameleons Drama Club	Mrs Bush	Sed:	20058
Christian Aid	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	Mr Beck	Sed:	20336
Cricket Club (Dent)	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	Mrs Garnett	Sed:	21138
Dentdale Choir	Mrs Bush	Sed:	20058
Dent Memorial Hall	Mrs McClurg	Dent	25446
Dentdale Players	Mr Duxbury	Dent	25535
Dent School (Friends of)	Mrs Mason	Dent:	25461
Dog Training (Sedbergh)	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	Mr Clark	Sed:	21958
Fire Service (Tuesday Evenings)	Mr Packham	Sed:	20302
First Responders (Dent)	Mrs Brown	Dent:	25542
Football Club (Dent)	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	Mr Moffat	Sed:	21797
Gala Group	Mr Kooper	Sed:	20234
Garsdale Village Hall	Mr Adams	Sed:	21085
Guides	Rainbows		
	Brownies		
Golf Club	Mr Lord	Sed:	20993
Good Companions (Dent)	Mrs Woof	Dent:	25275
Gladstone House	Mrs Mackereth	Sed:	20346
Help Tibet Northern Branch	Mrs Howarth	Sed:	20090
History Society	Mr Cann	Sed:	20771
Howgill's Harmony	Mr Burbidge	Sed:	21166
Howgill Harriers	Latest Amendment	Mr Brassington	Sed:
Howgill Schoolroom	Mrs Stainton	Sed:	20665

Howgill Toddlers		Mrs Alderson	Sed:	22050
Kent Lune Trefoil Guild		Mrs Mitchell	Sed:	21144
Ladies National Farmers Union		Mrs Escholme	Sed:	20376
LETS around Sedbergh		Miss Wheaten	Sed:	20959
Liberal Democrats		Mrs Cleasby	Dent:	25476
Playgroup (Sedbergh)		Mrs Brewer	Sed:	21504
Over 60's (Dent)		Mrs Murdoch	Dent:	25335
Parent Support Group		Mrs Goad	Sed:	20402
Parish Council (Dent)	Latest Amendment	Dr Ioannou	Dent:	25023
Parish Council (Garsdale)		Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	Latest Amendment	Mr Chivers	Sed:	21456
People's Hall		Mrs Griffiths	Sed:	20677
Peoples Hall Day Centre (Mon & Fri)		Day Centre	Sed:	21126
Pepperpot Club (Sedbergh)		Mrs Smith	Sed	21196
Pistol and Rifle Club		Mr Middlemiss	Sed:	20662
Playing Fields (Sedbergh)		Mr Hinson	Sed:	20118
Rag Ruggers		Mrs Hennedy	Sed:	20899
Residents Association (S & D)		Mrs Capstick	Sed:	20816
Royal British Legion	Latest Amendment	Mrs Brassington	Sed:	21212
Scouts	Cubs		Sed:	
	Scouts	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.		Mrs Wood	Sed:	21385
South Lakeland Carers Association		Mrs Woof	Dent:	25212
South Lakeland Voluntary Society for the Blind		Mr Axford	Sed:	21019
Squash Club		Mrs Cooling	Sed:	20622
St Andrew's Church (Sed) Sunday School		Mrs Denton	Sed:	20521
Slimming Club		Mrs Uttley	01539	722568
Swimming Club		Ms Pakeman	Sed:	21279
Tennis Club		Mr Robinson	Sed:	21014
Town Band		Mrs Waters	Sed:	20457
White Hart Sports and Social Club		The Committee	Sed:	20773
United Reformed Church Rooms		Mrs Mason	Sed:	20048
Westmorland Gazette Correspondent		Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)		Mrs Sugden	Dent:	25303
Women's Institute (Frostrow)		Mrs Hopkins	Sed:	21455
Women's Institute (Howgill)		Mrs Hoggarth	01539	824683
Women's Institute (Killington)		Mrs Sharrocks	Sed:	20754
Young Cumbria		Mrs Hartley	01524	781177
Young Farmers Club		Miss Capstick	Sed:	21032
Young Kidz		Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group		Mrs Woof	Sed:	21644

Buses from Sedbergh

To Kendal

Via Oxenholme Rail Station

Monday – Friday

7.45am	564	Stagecoach	(*)
9.40am	564	Woofs of Sedbergh	
10.05am	564	Stagecoach	(*)
10.15am	Wed 564B	Woofs of Sedbergh	(*)
12.40pm	564	Woofs of Sedbergh	
1.00pm	564	Stagecoach	(*)
2.00pm	Tue 804	D & H Travel	(*)
2.40pm	564	Woofs of Sedbergh	(*)
3.50pm	564	Stagecoach	(*)
5.11pm	564	Woofs of Sedbergh	

Saturday Only

10.05am	564	Stagecoach	(*)
10.50am	564A	D & H Travel	(*)
1.00pm	564	Stagecoach	(*)
3.50pm	564	Stagecoach	(*)

To Kirkby Stephen

Via Cautley and Kirkby Stephen Rail Station

Monday – Saturday

9.00am	M-F 564	Stagecoach	(*)
11.20am	564	Stagecoach	(*)
2.40pm	564	Stagecoach	(*)
4.55pm	564	Stagecoach	(*)

To Kirkby Lonsdale

9.45am	Thu 567A	D & H Travel	(*)
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To Hawes

10.00am	Tue 804	D & H Travel	(*)
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To Dent & Cowgill

Wednesday only

1.30pm	564B	Woofs of Sedbergh	(*)
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Saturday only

9.40am	564A	D & H Travel	(*)
3.00pm	564A	D & H Travel	(*)

Returning to Sedbergh

From Kendal, Blackhall Road

(opposite Bus Station)

Via Oxenholme Rail Station

Monday - Friday

8.30am	564	Stagecoach	(*)
8.35am	Sch 564	Woofs of Sedbergh	
9.30am	Tue 804	D & H Travel	(*)
10.30am	564	Woofs of Sedbergh	
10.50am	564	Stagecoach	(*)
1.30pm	564	Woofs of Sedbergh	
1.00pm	Wed 564B	Woofs of Sedbergh	(*)
2.10pm	564	Stagecoach	(*)
4.25pm	564	Stagecoach	(*)
4.30pm	564	Woofs of Sedbergh	
5.45pm	564	Woofs of Sedbergh	(*)

Saturday Only

10.50am	564	Stagecoach	(*)
2.10pm	564	Stagecoach	(*)
2.25pm	564A	D & H Travel	(*)
4.25pm	564	Stagecoach	(*)

From Kirkby Stephen, Market Square

Monday – Saturday

7.10am	M-F 564	Stagecoach	(*)
9.40am	564	Stagecoach	(*)
12.25pm	564	Stagecoach	(*)
3.15pm	564	Stagecoach	(*)

From Kirkby Lonsdale, Square

12.15pm	Thu 567A	D & H Travel	(*)
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From Hawes

1.25pm	Tue 804	D & H Travel	(*)
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From Dent, School

Wednesday only

10.00am	564B	Woofs of Sedbergh	(*)
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Saturday only

10.35am	564A	D & H Travel	(*)
4.00pm	564A	D & H Travel	(*)

KEY : M-F Monday to Friday Only
Tue Tuesday Only
Wed Wednesday Only
Thu Thursday Only
Sch Schooldays Only (M-F)

* Provided with Support from Cumbria County Council

Please note whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring :-
Traveline 0870 608 2 608 (Open : 7am – 8pm Daily)

Whilst every effort has been made to ensure the information in this poster is correct, Cumbria County Council cannot be held responsible for any loss, damage, injury or inconvenience caused by errors, omissions, timetable changes or cancellations, delays or diversions of services.

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00; 10.30 & 18.30
 Wednesday 11.15
Canon A W Fell Tel: 20283

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30
Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30 & 18.30
Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30
Rev. C Gotham Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30
Mrs T Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30
Rev. G Jones Tel: 01539 - 722079

*For enquiries for the following services,
 Please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale
Canon A W Fell Tel: 20283
 Dent & Cowgill
Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostrow
Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday
Tel: 21436

*Would you like to know that someone is
 praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we pray
 every Sunday for this
 community and we
 should like to hear of
 any special needs.
 Please ring any of the
 above telephone
 numbers so that we may
 pray for you and/or
 others.*



OPTIONS for health and well-being

Sedbergh Code: 015396

Ian McPherson	T'ai Chi, Flower Essences, Homoeopathy	20648
Denise Williamson	Homoeopathy, Bowen Technique	20846
June Parker	Acupuncture	20972

Complementary therapists practising locally

DIARY OF EVENTS

Dates are held up to 28th November 2007

There are lots of events again this month but we are regularly informed of events happening in the area that do not appear in this Diary. We don't necessarily want an advert **but we do** want your Diary Date as Groups and Individuals organise things according to what other events are on. Please help us to help you.

DECEMBER

1 1030 The Goddess	FM	10 1930 KL Christmas Concert (17)	KL
1 1030 A Mid Winter Feast (54)	FM	12 WIK Christmas Lunch	TBA
1 1930 LFH Domino Drive	SHS	12 1930 LNFU	PH
2 1030 Lacemaking (12)	FM	12 1930 Domino Drive & Mince Pies	FCH
2 1100 Churches Christmas Fayre	URCR	12 1930 A Festive Celebration in Song	DCMH
2 1130 Sedbergh Embroiderers (12)	FM	13 1000 Lookaround Coffee Morning (15)	URCR
2 1200 Carolyn Francis Fiddler (12)	FM	13 WID Christmas Meal	TBA
2 1400 SHS PTFA Jumble Sale	PH	13 WIF Christmas Dinner	TBA
2 1930 The Dale That Died	DMC	13 1830 Late Night Shopping (1)	Sedbergh
2 1930 BVH Domino Drive	BVH	13 1930 CWT Pyrenean Wildlife	SHS
2 2100 Winter Disco	PH	13 1930 Domino Drive	WVH
3 1130 Sedbergh Embroiderers (12)	FM	13 2000 Christmas Dominos & Charity Raffle (19)	BI
3 1330 Peppercot Music Makers (12)	FM	13 SS Term Ends	
3 1400 Childrens' Workshop (12)	FM	14 1030 Christmas Shopping	STO
4 1630 Christmas Fair	DMH	14 1300 KL Embroiderers	CBVH
5 1400 Blood Donor Session	PH	15 1600 Carols in the Park (17)	QG
5 1400 Spinning a Yarn	DCMH	15 1800 Late Night Shopping/Supper (12)	FM
5 1730 Blood Donor Session	PH	16 1030 Lace Making (12)	FM
6 1000 Ladies NFU Coffee Morning	URCR	16 1100 Rag Rugging (12)	FM
6 1030 The Goddess ends	FM	16 1130 Clarsach Harp Group (12)	FM
6 1315 Zebra's	SMCR	16 1300 Lempen Puppets	DCMH
7 WIH Christmas Party	TBA	16 1400 Mince Pies & Mulled Wine (12)	FM
7 Body Shop Party	SJAR	17 1100 Rag Rugging (12)	FM
8 1930 Christmas Domino Drive	KVH	17 1130 Clarsach Harp Group (12)	FM
8 1930 Folk Carol Festival (13)	Dent	17 1400 Mince Pies & Mulled Wine (12)	FM
8 1930 Town Band Christmas Concert (13)	PH	19 2000 Festive Fun Quiz (19)	BI
8 1930 Grand Domino Drive (12)	KVH	20 1000 Coffee Morning	URCR
9 1000 Folk Carol Festival (13)	PH	21 2000 Young Kidz AGM (21)	Bull Hotel
9 1000 Festive Fun	DCMH	22 1930 Christmas Domino Drive	HVH
9 1030 Journey's by Textilia III Starts (54)	FM	23 1000 Christmas Cheer Coffee Morning (23)	URCR
9 1030 Lacemaking (12)	FM	23 1030 Lacemaking (12)	FM
9 1100 Rag Rugging (12)	FM	23 1400 Peppercot Music Makers (12)	FM
9 1200 Carolyn Francis Fiddler (12)	FM	24 1430 Carol Service	StMC
9 1800 Folk Carol Festival (13)	DMH	25 Christmas Day	
9 1930 BVH Domino Drive	BVH	26 Boxing Day	
9 2000 Syd Banks Band Old Tyme Dance (15)	PH	28 1400 Ice Age Film	DCMH
9 2000 Football Club Bingo (14)	WHC	29 2130 Back from beyond (29)	DMH
10 1000 Folk Carol Festival (13)	DYH		
10 1100 Jill Clay Silk Painting (12)	FM	JANUARY	
10 1330 Folk Carol Festival (13)	Dent	1 1030 A Mid Winter Feast	FM
		4 1930 Domino Drive	KVH
		7 1030 Journey's by Textilia III Ends (54)	FM
		7 SS Term Begins	
		8 1930 Gala Group EGM	PH
		9 1400 Birds of Prey (59)	PH
		10 1300 SLSB Tea Party (73)	Stone Close
		13 1930 Domino Drive	BVH
		14 1030 A Mid Winter Feast ends	FM

The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker

It is printed by Stramongate Press.

Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

16 1415 SLSB Party	PH		
16 1930 Domino Drive	FCH		
17 1930 HS Banks, Barns, Boskins & Bee-Holes	SHS		
23 1900 Beekeepers' Annual Dinner	Whoop Hall		
24 1930 CWT Morocco Wildlife & Tame	SHS		
31 1315 Muncheon Music (55)	SSQH		
31 1930 Sedbergh Parish Council	PH		
FEBRUARY			
1 1930 Domino Drive	KVH		
3 1900 Choral Society Concert (50)	Kendal		
4 1900 Choral Society Concert (50)	SS Chapel		
7 1900 Neighbourhood Forum	KL		
7 1930 HS Sedbergh School & Town Cricket	SHS		
9 SS Half Term Begins			
18 SS Half Term Ends			
20 1930 Domino Drive	FCH		
21 1930 HS Members Evening	DMH		
28 1930 CWT Flycatcher Futures	SHS		
28 1930 Sedbergh Parish Council	PH		
MARCH			
1 1930 Domino Drive	KVH		
3 1000 Methodist Sunday Club Jumble Sale	SMCR		
6 1930 FCH AGM	FCH		
7 1315 Muncheon Music (A)	SSQH		
7 1930 HS Northern Rebellions of 1536	SHS		
13 1930 Domino Drive	FCH		
21 1930 HS Victorian Photography	SHS		
23 SS Term Ends			
24 1930 HS AGM	SHS		
28 1930 CWT AGM & Work of the Trust	SHS		
28 1930 Sedbergh Parish Council	PH		
31 1200 Sedbergh Spring Show	PH		
APRIL			
25 1930 CWT Forestry & Conservation	SHS		
25 1930 Sedbergh Parish Council	PH		
MAY			
5 1000 Open Garden	GFK		
6 1000 Open Garden	GFK		
12 1930 An Evening With	DMC		
30 1930 Sedbergh Parish Council	PH		
DIARY KEY			
BF	= Brigflatts		
BI	= Barbon Inn		
BS	= Baliol School		
BVH	= Barbon Village Hall		
CBVH	= Cowan Bridge Village Hall		
CDC	= Community Development Centre		
CO	= Community Office, Main Street		
CS	= Casterton School		
CWT	= Cumbria Wildlife Trust		
DCMH	= Dales Countryside Museum, Hawes		
DCP	= Dent Car Park		
DMH	= Dent Memorial Hall		
DMC/S	= Dent Methodist Chapel/Schoolroom		
DYH	= Dent Youth Hostel		
EG	= Embroiderers' Guild		
FCH	= Firbank Church Hall		
FM	= Fairfield Mill		
GFK	= Grassrigg Farm, Killington		
GH	= Gladstone Houser		
GL	= Garsdale Ladies		
GVH	= Garsdale Village Hall		
HC	= Health Centre		
HS	= History Society		
HVH	= Howgill Village Hall		
JLCP	= Joss Lane Car Park		
KC	= Killington Church		
KL	= Kirkby Lonsdale		
KVH	= Killington Village Hall		
L	= Library		
LHCP	= Loftus Hill Car Park		
MCCCKL	= Methodist Church Centre KL		
PH	= People's Hall		
QG	= Queen's Gardens		
SBH	= Sedbergh Bright Hour		
SC	= Swimming Club		
SCC	= Sedbergh Cricket Club		
SHS	= Settlebeck High School		
SJAR	= St John Ambulance Rooms		
SLSB	= South Lakeland Society for the Blind		
SMCR/H	= Sed. Methodist Church Room		
StAS/D	= St Andrew's Church, Sedbergh/Dent		
StMC	= St Mark's Church, Cautley		
SR	= Spooner Room		
SS	= Sedbergh School		
STO	= Sedbergh Tourist Office		
URCR	= United Reformed Church Rooms		
WHC	= White Hart Club		
WID	= Women's Institute, Dentedale		
WIF	= Women's Institute, Frostrow		
WIH	= Women's Institute, Howgill		
WIK	= Women's Institute, Killington		
WVH	= Whittington Village Hall		

EXPERIENCED DRESSMAKER

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Skirts, Dresses, Suits,
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PUBLIC INFORMATION

SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218
 Repeat Prescription ☎ 015396 20239
 Out of Hours ☎ 01539 781999
 Bay Call ☎ 0845 0524 999

Dr W Lumb

Monday 0830 - 1100 * 1500 - 1800 *
 1230 - 1300 Dent

Tuesday 0830 - 1030 1500 - 1800 *

Wednesday 0830 - 1030 1430 - 1700 *

Thursday 0830 - 1100 *

Friday 0830 - 1100 * 1500 - 1800 *

Dr A Orr

Monday 0830 - 1030 1430 - 1730 *

Wednesday 0830 - 1100 * 1500 - 1800 *

Dr C Hunt

Tuesday 0830 - 1100 *

Thursday 0830 - 1030 1500 - 1800 *

Friday 0830 - 1030 1500 - 1800 *

Practice Nurses

Monday 0845 - 1300 b 1400 - 1700 b

Tuesday 0830 - 1300 a 1400 - 1730 a

Wednesday 0845 - 1300 b 1400 - 1630 b

Thursday 0830 - 1300 a 1400 - 1730 a

1300 - 1800 b

Friday 0845 - 1300 b 1400 - 1730 b

a = Adele Reynolds

b = Anne Crome

District Nurse	Health Visitor
☎ 015396 21690	☎ 015396 20979

A Collinge Optometrist

Every Friday 0900 - 1300 1400 - 1730 *

DENTAL SURGERY

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross
 & Mr B Taylor

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

* = *By Appointment Only*
 # = *Telephone Consultation*
 FP = *Family Planning*

LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 0930 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 0930 - 1230

SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

COMMUNITY OFFICE ☎ 20504

Monday to Thursday 1000 to 1600

Friday 1000 to 1600

e-mail office@sedbergh.org.uk

web page www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

e-mail via site www.cabkendal.ndo.co.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

e-mail: admin@sedberghcdc.org.uk

POLICE ☎ Kendal 0845 33 00 247

PUBLIC TOILETS

Main Street, Sedbergh & Main Street, Dent

VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 *

Mon, Wed & Fri 1900 - 1930 *

Saturday 1330 - 1400 *

Sunday *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY