

Sedbergh & District

LOOKAROUND

September 2007

Issue 248

Donation 50 pence


From this month, we have changed the reading font style from Times New Roman to Arial. Comments are invited as to what style appears to be best for you.

A continued thank you to all

contributors to yet another excellent month of news, views and reports. The Groups and Bus Timetable Pages only appear when there is sufficient room.

Dennis & Jacky Whicker

The Business Men's Fellowship
Invites you to a dinner at the
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CHILDREN'S BIRTHDAYS SEPTEMBER 2007



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-
Abbie Reynolds who is

11 years old on 14th September.

Please collect your vouchers from the Sedbergh Office Services at 13 Kings Yard, Main Street, Sedbergh which can be used in any shop in

Sedbergh & Dent.

An apology goes to Joshua Thornton for missing his Birthday entry on 25th August when he was 9 years old.

Day	Name	Age
3	Lee CLARK	11
4	Sophie WOOF	11
9	Caroline ROSENZWEIG	10
10	Joe DANDY	6
11	Stephanie GARDNER	11
11	Luke ROBINSON	10
13	Alex FEARN	10
14	Abbie REYNOLDS	11
16	Emma PACKHAM	9
19	Kim CRAGG	10
1	Charlotte GARDNER	1
21	Isaac BREWER	3
22	Saul JONES	7
23	Fraser SPROUL	4
23	Amy HUNTER	5
28	Charlotte ARMITSTEAD	11

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BED & BREAKFAST

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Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (2007/10) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs P Bainbridge	Ullathorn's Farm, Middleton, Kirkby Lonsdale (2007/09) <i>1F; 1D; 2ES; CH; L; TV; NS; P; VB; PetsW; CW</i> Web Site: www.ullathorns.co.uk	015242 76214
Mrs K Vigar	Apley House, 27 Loftus Hill, Sedbergh (2007/09) <i>1D (ES); 1D/T (PB); TV; NS; CH; VB; P; NP(*)</i> ; Di (min 4 by arrangement) e-mail: kathryn.vigar@btopenworld.com	20447
Mrs R Gardner	Oakdene Country House, Garsdale Road, Sedbergh (2008/05) <i>2D (4 Poster); 2D; 1T; 1S; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby	15 Back Lane, Sedbergh (2007/12) <i>1D; 1T; CH; L; DW; P; DR; VB</i> e-mail:- antique.thurlby@amservice.net	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2008/02) <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs L Hopkins	Brantrigg, Winfield Road, Sedbergh (2007/09) <i>1T; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455

CAMPING, CARAVANNING, SELF-CATERING & RENTAL

Sycamore Cottage, Lunds, Sedbergh (2008/09)	01969 667356
<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	
Borrett Barn Caravan, Marthwaite, Sedbergh (2007/09)	21175
<i>4 Berth; H+C; Shower; WC; TV; NS</i>	
Moss Barn Holiday Caravan, Garsdale Rd, Sedbergh LA10 5JL (2007/09)	21567
<i>4-5 Berth; H+C; Shower; Sep WC; Full Kitchen; TV; Dogs Welcome (Max 2); NS</i>	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
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Tom Wilson
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BALDERSTON

Congratulations Neville & Gwen on your **Diamond Wedding Anniversary** on September 20th 2007. Love & Best Wishes from John, Betty & Alan.

=====

GORNALL-CAPSTICK

On the 22nd of September Ian and Valerie will wed. They've been courting a few years now, long enough some have said!

The Ceremony's up Howgill then it's off to 'The Grange'. Valerie will make her move to Cowgill, where it may seem a bit strange!

They will Honeymoon in New Zealand at a later date. Back just in time for Christmas, - they'd better not be late!

This message simply comes to wish you both the very best. With health and happiness always, and of course all the rest!

=====

HAYGARTH

Doris would like to thank all her family for their loving care and attention during her recent illness. Thanks to the many kind friends and neighbours who sent cards and good wishes. Last but not lest the medical staff. Thank you all.

HICKS

Gwen and Peter wish to thank all their friends for making their **Diamond Wedding Anniversary** such a very happy time and for sending so many beautiful cards and flowers. Meadowside did wonders. Above all thank you all for your friendship over many years.

=====

HOGGARTH

To Brenda & Jim. Happy **Diamond Wedding Anniversary** on 27th September 2007. Love and Best wishes to Mum and Dad. Malcolm, Pat and Family.

=====

HOGGARTH

Congratulations Mum & Dad, Brenda & Jim Hoggarth, on your **Diamond Wedding Anniversary** on 27th September. Love & best wishes from Sandra & John

=====

HOGGARTH

Congratulations to Mum & Dad, Brenda & Jim Hoggarth on your **Diamond Wedding Anniversary** on 27th September. Love & best wishes from Joyce & Peter

=====

LEDDY

Congratulations Mum & Dad. You have finally tied the knot after 13 years. Love you loads. Love Jack & Bryony.

PERSONAL & SMALL ADS £1

LEDDY

Congratulations Tina & Mick on your Wedding on 25th August 2007. Wishing you all the happiness in the world. Love from Dad, Mum & all the family.

=====

MASON

I would like to send all my love to Stephen for all the care he has lavished on me while I have been ill. Also all the family, all my friends at Church and in Sedbergh for all the cards, flowers, gifts, phone calls, and best wishes I have received. Also the lifts Stephen was given while I was in hospital. Thanks for the prayers said for me by many, many people, they really are appreciated, and still needed as the infection in my hip does not seem to be mending.. (For the people who asked, no, I didn't discharge myself from hospital, I have more sense than that). I think I am lucky to live in Sedbergh where so many care about other people and do so much to help. Margaret.

=====

MIDDLETON

I would like to thank everybody for all my gifts and best wishes. When you look in the pram I get a little shy and I'm struggling to talk at the moment. My big sisters CJ and Sienna are great and look after me. Anyway I'd better go. Mum and Dad think I'm sleeping. By the way, the name is Jody-Ray.

BURROW

Joyce Burrow would like to thank everyone for their cards, flowers, prayers and kind wishes, baking, shopping and visits both in hospital and at home during the last three months. Special thanks to Carole and Jacky, David and Helen, Julie, Belle and Heather (alias Kim and Aggie) and also Ronnie for keeping the lawn and garden tidy, it was very much appreciated. Last but not least to Sydney and Connie for making it possible to have the operation so much sooner that I could ever have hoped for. Thank you all very much once again.

=====

WOOF

Thank-you to all my family & friends for making my **50th Birthday** celebrations so amazing! For all the lovely gifts, touching and amusing cards and to all who came to my party in the hall. Thank-you for being part of an amazing gathering of family and friends. Special thanks to Helen Wilkinson for all her hard work always with a smile (and a giggle) and Jayne Ellison, what a stupendous buffet afternoon tea. Thanks to Sue, Margaret & Dot for the scones and cakes and to everyone who helped prepare and clear the hall. I love you all. God Bless. Sarah

PERSONAL & SMALL ADS £1

POWELL

For Sale: One Boss, 60 years old on September 17th 2007, somewhat worn but still in fair working order. Must be viewed, sold as seen, to good home only, no time wasters. Happy Birthday Martin.

WHICKER

To John & Charlotte. Wishing you both the best of luck as you leave Sedbergh and start a new life in Leeds. Good luck Charlotte in your new job at Leeds University. Much love from Mum and Dad. XXX

FOR SALE

Slates and Building Stone at Dent for sale. Telephone 01524-35031.

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New Hen Cabin. Size 7ft x 5ft. Phone Sedbergh 21771.

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SEDBERGH TOWN BAND

National Children's Brass Band

Samuel and Henry Wray, members of Sedbergh Town Band, have just spent a week attending the annual course of the National Children's Brass Band of Great Britain at Bromsgrove School. Standards this year were higher than ever before and competition for places was fierce.

On arrival at Bromsgrove the boys had to audition for their seating place in the Band. Samuel was placed in the euphonium section and Henry, who had been asked to play cornet although he is normally a flugel player, managed to get a solo cornet position.

Taught by some of the best brass players in Britain, those on the course worked extremely hard all week and culminated in a breathtaking concert with a challenging and varied programme.

The concert included a world premiere of Dream Catchers, written by Paul Lovett-Cooper especially for the NCBB. The audience were spellbound by a stunning rendition of Rourke's Drift which tells the famous story of the historic battle where 150 British soldiers defended a supply station against over 4000 Zulus.

The Course Director, Dr. Nicholas Childs, proudly explained that those on the course were the best young brass players in Britain, taught by the best in their field - it was certainly a week that the boys will remember.

G. B.

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As part of the Sedbergh Festival of Books & Drama event, nationally known poet John Rice will be presenting an evening of storytelling, comedy, poetry and song.

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SEDBERGH PARISH COUNCIL

Summary of the Minutes of Sedbergh Parish Council Meeting of 25th July.

The Chairman welcomed Ms S. McCann, the new Neighbourhood Development Officer, who introduced herself and invited contact from Councillors over local issues. *Young People's Meeting Area*

Cllr. Longlands, SLDC Cllr Stephenson and Ms McCann have had a second meeting at which they analysed the completed questionnaires received from 48 young people aged 13-16. These identified the key attributes of a shelter to be protection from the weather, a waste bin, lighting and seating. Mr Des Metcalf has agreed

to design and cost a shelter free of charge. Members of the Council reiterated their firm opposition to any such shelter being located on Main Street, but welcomed the initiative and progress achieved by the working party.

Travellers camping on Cautley Road. Several members of the Council and local residents attended a County Council Neighbourhood Forum on 24 July at which this issue was discussed and serious concerns brought to the attention of the Crime Prevention Officer, Mr T. Belshaw. The Travellers have been squeezed into camping along the 'Cautley valley' as a result of policies implemented to restrict them from

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camping between Kirkby Lonsdale and Sedbergh. Those Councillors who attended reported a disappointment with Mr Belshaw's apparent greater concern for the Travellers' rights than those of local residents who had been on the receiving end of considerable antisocial behaviour, and with the County Constabulary for their reluctance to bring charge against the Travellers for a range of criminal acts. Councillors were also disappointed that no clear plan of action had arisen from The Neighbourhood Forum, but were determined to prevent similar problems re-occurring next year. District Councillors Stephenson and Lancaster, together with Cllr Blair, are to arrange further meetings with the Police and District Council.

There are various grants available to maintain, develop and enhance rural communities. It was agreed that

these should be brought to the attention of the Community Office, and that they might be relevant to the proposed Young People's shelter.

The Council was appraised of the key sections of the recent Housing Needs Survey undertaken by Cumbria Rural Housing Trust..

Planning Applications –

Internal alterations and replacement of kitchen window – 84 Main Street - *No objections.*

Demolition of porch and replacement with single story extension – 7

Thornbank - *No objections although the resulting increase in value could reduce the stock of affordable housing, and the words 'desperately needed' and 'unsightly' in the application were considered to be inaccurate.*

Erection of garage – High Roans, Guldrey Lane - *No objections,*

(Continued on page 10)

although the Council believes this property already has an incorporated garage.

Erection of conservatory – 24 Sycamore Avenue – *No objections.*

No Planning Decisions were received this month.

The Council agreed to all requests for payments to be paid except for the revised non-domestic rate for Joss Lane Car Park and Market. It was resolved to pay this by monthly instalments through Direct Debit in future. The Council resolved to adopt the draft Financial Regulations as recommended by the Audit Committee.

There will be no increase in the cost of new permits from August 2007.

Notices will be placed in shop windows. The proposed new signs will be erected a.s.a.p.

Concern was again expressed about the weekly market stall encroaching onto the coach bays. The Car Park Committee has arranged to meet with the unofficial spokesperson of the stall holders on 8 August. It was resolved that cones will be used to delineate the coach parking bays, that Rules of Use would be drawn up and given to the stall holders, and that the Chamber of Trade would be reminded to respect the coach bays on the monthly Farmers Markets.

The ticket machine on Loftus Hill Car Park can now be made operational. The Car Parks

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Committee was delegated to determine what was necessary to re-commission and maintain the public toilets. It was resolved that there would be no charge for their use, although an honesty box might be introduced.

The Council considered a briefing paper compiled by Jim Atkins of the Community Office which summarised the pros and cons of six possible sites for allotments around the town. The Council's considered view was that all of the sites, with the exception of that adjacent to Queens Gardens, were inappropriate for a range of reasons. It was agreed to ask the Community Office to investigate whether the land on the 'Queens Gardens' site could be bought and for how much, and whether there might be a cheaper alternative to a new wall around the perimeter.

Cllr Hodge showed the Council a draft layout of the new Town Twinning and Booktown signs. This was approved and it was resolved to purchase three signs to replace the existing 'Sedbergh and the Howgills' signs at a total cost of £1063.47.

A range of examples of missing and misleading road and direction signs in and around the town signs were cited. It was agreed that the signs in town should be consistent in their design and type. It was resolved that the Working Party would survey the town's signs and report its findings to the Council's September meeting.

Cllr. Gorst reported that speeding cars are creating a hazard along Loftus Hill, Busk Lane and Station

Road. There was broad agreement that Sedbergh School carried some responsibility for introducing traffic calming measures as it is their pupils who are most at risk. District Councillor Stephenson volunteered to investigate the possibility of loaning a 'speed laser' from the County Council and positioning it along Station Road on a trial basis. The Council welcomed and agreed to this proposal.

Cllr Gorst reported that she and Elspeth Griffiths would meet again in September to consider possible cleaning / repair work of the War Memorial.

Several Councillors reported pot holes in the road at the following locations :

opposite the Weathercock,
bottom end of Bainbridge Road,
Burton Hill,
opposite Ingmire Cottages,
by The Hylands, Howgill Lane.

ACUPUNCTURE



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DENT PARISH COUNCIL

When the Parish Council met at the beginning of August, the foot and mouth outbreak in Surrey was in its early stages, and so a small group of members including Geoffrey Woof and David Hartley undertook to monitor developments and advise the Parish Council if there was any action it could take which local farmers would find helpful. At the time of writing this article, it looks as if the outbreak may have been contained, so thankfully this monitoring will not be needed.

Full details of the whole meeting can be found in the minutes, which are published on the Dentdale website www.dentdale.com.

Yorkshire Dales Housing Policy

These days, local authorities are often required to consult with the public before making any changes to their policies, and YDNPA is no exception. The Parish Council took some time at its August meeting to discuss and respond to the following issues as part of the latest consultation from the National Park on possible changes to its housing policy:

Affordable housing. Surveys suggest that the National Park needs 88 new houses each year for the next five years. Of these, Dent, Sedbergh and Garsdale have been identified as needing 22 per year between them. The Parish Council felt that as Dent is

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the only service village in the Sedbergh area, this level of development was too high. Twelve new houses are likely to be built above Ghyllside, and so it is unlikely that any more would be needed in Dent for several years.

Identifying potential sites for development. The Council felt that it is sensible to identify possible new sites, but these should be in existing Dentedale hamlets, rather than in just in Dent village.

Types of housing. The Council thought that for both environmental and economic reasons, it could sometimes be acceptable to build other types of housing than the traditional stone built Dales house. Because this is a sensitive subject, though, each case should be considered on its merits in order to protect the essential character of Dentedale and other dales.

Meeting local housing needs. The Council felt that although the present local needs policy has not been in place long enough to assess its success, allowing a developer to build a mix of open market and affordable housing might produce more houses for local people. However, the Council also thought that 'local needs' should be defined to reflect the special requirements of settlements close to the National Park boundary, where there is a need to allow people to live in the Park and work outside it.

Dent Car Park

Tony Playfoot, who has administered the Car Park since the Parish Council took it over in 2005, has decided to



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give up his job from the middle of August. David Hartley, the Chair of the Car Park Committee, has taken over the role on an interim basis until new arrangements can be made.

The Parish Council would like to thank Tony for the work he has done over the last two and a half years.

Planning Application

As reported in last month's *Lookaround*, the Parish Council was opposing the application by the owner of Church Cottage in Dent to convert his workshop into living accommodation, on the grounds that the application did not meet the National Park's local needs criteria. Ann Wilson and Margaret Fothergill attended the YDNPA Planning Committee meeting on August 14th to put the Council's case, and the application was refused by 13 votes to 1, with 1 abstention.

(Continued on page 14)

Stonehouse Bridge

The saga of Stonehouse Bridge goes on, as the National Park has asked whether it should continue to press for a better quality repair to the bridge parapet. Members of the Parish Council have received a number of comments from residents about the poor quality of the work, so it was agreed to ask the National Park to carry on with its efforts to persuade Cumbria Highways to make a better job of it.

Street Parking in Dent

Many thanks to everyone in Dent village who responded to my letter about street parking. A number of people have made suggestions about how the situation might be improved,

and they will be very helpful when the Parish Council's Car Park Committee meets this month to discuss the issue and make recommendations.

Next Meeting

The September meeting will be on the first Monday of the month as usual (September 3rd), but this year the October meeting will be a week later, on the second Monday of the month, October 8th. Both meetings will be at 7.30 pm in the Sedgwick Room, and the public is welcome to attend as always and to raise matters of concern in the Public Forum item which takes place about 8pm.

Jock Cairns

Chair, Dent Parish Council

Kay Whittle

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COUNCILLOR'S CORNER

I do hope you are enjoying the last few weeks of summer and I wish only to provide a short, but important set of announcements this month....

A Reminder to all that Lincoln Inn Bridge is closed from September 3rd for approximately six weeks and whilst a pedestrian route will be maintained, an alternative vehicular route will take you along the A683 Kirby Lonsdale Road, then via the B6256, at Four Lane Ends, over Killington Bridge. Some residents have raised concerns with me about the hedgerows along the Killington Bridge Road and I have engaged in conversations with the Highways Authority about this and I have been assured that this issue is being addressed.

I have also just received notice about another imminent road closure at the Dent Head Viaduct in order to carry out necessary refurbishments. The closure is set for Monday October 1st for approximately 4 weeks. Once again a pedestrian route will be maintained, but all vehicular traffic is expected to be re-routed.

Also, you maybe aware that a number of road flags on main street have still not be fully set and the latest I have received from Highways on this, is that action has still to be taken and will be shortly, as to what that will involve, at the time of going to press, I am not fully aware, but I have asked residents be kept informed. With the full support of Sedbergh Parish Council, I have also

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called for the installation of a vehicle activated sign along Station Road... these are currently being circulated around the county for use in various spots and I have asked that we be placed on the list.

Many thanks, to those of you who attended the housing meeting in early August, hosted by the Yorkshire Dales Planning Authority. Your ideas certainly provided a lot of food for thought and some excellent debate, from use of brown field sites for housing through to development beyond current boundaries... and I am sure the planners picked up on this for consideration in the next iteration of the Yorkshire Dales Housing Development framework.

I'd best stop, for I'd promised to be brief... alas, not something that comes natural to a politician!

Sincere best wishes,

Cllr Craig Stephenson

GARAGE SALE

Sunday 16th September
 The Old Pottery
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 12 noon to 4 pm

*Loads of
bargains!*



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Contact R. M. Winn
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KART RACING IN 2006

(Part one)

This is a long awaited report for some, but for those that have not read a Karting report; this sport has been a big part of our lives, Sam started at the age of eight, his brother Tom started a year later, they are now 21 and 19 year of age, that's what I mean when I said a big part of our lives. The two lads are now racing in the same Gearbox Kart class in 2007.

Sam contested three British titles in two different Gearbox classes, the first, the 125 Super ICC class, this is the lighter weight class of 125cc and the faster of the two classes. After the first two rounds, Sam was in a comfortably lead of the championship. But a very poor and unprofessional decision made by the

Deputy Clerk of the Course ensured that Sam's chances of winning this championship was in tatters.

This turned out to be a long year of poor decisions.

The second British title was the 125 Super ICC ABKC British 'O' Plate title which Sam won. This means that Sam can run 'O' in the 125 Supers class.

The third British title was the 125 ICC UK British Championship. In the Championship, you race six rounds, then you have to drop your worst round points, in other words you count 5 out of 6.

The final of the last round of the Championship came down to a three



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way battle between Former British Champion Lee Stamp and James Mudd (Also from Sedbergh) and Sam. James had to win the final from grid 7, Lee I think, if my memory serves me right, could win the championship by winning the final but Lee had to be two places higher than Sam. But if Sam finished second behind Lee then they finished on equal points and it would come down to dropped scores. That's how it finished. Lee won, Sam followed him to the flag in second. After the dropped scores, 1 point decided the championship.

Sam won his second British title one in each Gearbox class. Sam also won

the prestigious Midland Championship in early September in 125 ICC UK.

His brother Tom didn't miss out in 2006 either, he won the Cumbria club 125cc ICC UK Gearbox championship, plus the Cumbria Club's 125cc ICC UK Gearbox 'O' Plate title. Tom won his first British 125cc ICC UK Gearbox title when he won the ABKC British 'O' Plate. This means that he can run the number '0' for a year anywhere in Great Britain. Tom also finished 8th in the British Championship. This was a year where Tom became a front runner and a driver that people took notice of.

Part Two on Page 68

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**SEDBERGH & DISTRICT
HISTORY SOCIETY**

On a lovely July evening Brigflatts Meeting House was the venue for the final summer meeting.. It was particularly appropriate to sit in a place so steeped in Quaker history to hear about the local origins of the movement. Tess Satchell welcomed us to Brigflatts and showed us some of the archives which are still held there. These included a Book of Sufferings which recorded the persecution that was experienced by early Westmorland Quakers.

The main part of the evening was devoted to what David Boulton called his 'unstructured romp' through approximately fifty years of Quaker

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I have been teaching for over twenty years and currently run several classes a week in Cumbria and Yorkshire.

I am continuing my class for beginners and improvers starting on Tuesday, 18th September from 7.30 to 9.00 pm at the URC Hall, Joss Lane, Sedbergh and thereafter every week at the same time and place. The first class will be a "taster" session and the cost will be £6. After that the charge will be £24 for four consecutive weeks payable in advance.

If you want to know more please call me on
015396 20648
otherwise just turn up on the night.

history in the Sedbergh and Dent district. He based his survey on his book, Early Friends in Dent, and it was anything but 'unstructured'! He began by making the point that movements arise out of the conditions of their time, and that in the case of Quakerism the catalysts were the Civil War and arguments about secular and religious authority. David narrated how in 1652 George Fox felt compelled to travel to Westmorland to seek out groups of 'seekers' who were rebelling against Calvinist theology, and looking for new ways of being Christian. Many had been officers in Cromwell's New Modern Army. This area, with its large

parishes and lack of strong control was ripe for the rise of a radical movement, demonstrated in 1862 by a strike in Dentdale against the payment of tithes. Therefore George Fox's opposition to the clergy and religious hierarchies provided an attractive option. Beginning at the top end of Dentdale, and initially passed on from group to group, Fox made his way around the area. Gradually he persuaded people by his arguments, and by 1864 missionaries were being sent out to take the message to other regions.

In his description of how Quakers suffered for their religious beliefs, David gave examples of their resilience in the face of prolonged

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persecution. He recounted how, refusing to attend church, to swear oaths, and to pay tithes, or 'steeple-house rates', as they called them, they repeatedly had their goods and chattels seized. Furthermore, some were in and out of gaol many times. Following the Conventicle Acts, their meetings were broken up, sometimes violently. However, there is evidence that local people began to take pity on them, to the extent of sometimes paying their fines and tithes. It wasn't until 1689 when the Toleration Acts legalised Quaker meetings and meeting houses that they were left alone to practise their religion without interference.



Thanks are due to David for a very informative and interesting talk, and to Tess for her hospitality.

SEDBERGH SCHOOL GIRLS FUND

The Committee of Management will meet shortly to consider applications for grants for educational tuition and/or educational facilities from girls resident in the parishes of Sedbergh, Garsdale & Dent. The Scheme of Management for the Girls' Fund quotes the following principles of application:

- 1) The income of the Fund shall be applied by the Committee for the benefit of beneficiaries, in one or more of the following ways:
 - a) The award of Scholarships, Bursaries or Maintenance Allowance tenable at any School, University or other place of learning approved by the Committee;
 - b) The provision of financial assistance, outfits, clothing, tools, instruments or books to enable beneficiaries on leaving school, a University or any other educational establishment, to prepare for, or to assist their entry into, a profession, trade or calling;
 - c) The award of Scholarships or Maintenance Allowances to enable beneficiaries to travel abroad to pursue their education;
 - d) The provision, or assistance towards the provision, of facilities, of any kind not normally provided by the Local Education Authority, for recreation and social and physical training, including the provision of coaching in athletics, sports and games, for beneficiaries who are receiving primary, secondary or further education;


- e) The provision of financial assistance to enable beneficiaries to study music or other arts; and
- f) In otherwise promoting the education of beneficiaries.

In this Scheme, the expression of "beneficiaries" means girls who were born, or who have for not less than three years been resident in the Parishes of Sedbergh, Garsdale and Dent, and who in the opinion of the Committee, are in need of financial assistance.

Anyone wishing to make an application for a grant from the Fund should contact the Honorary Secretary, Miss J Tomkinson, at the above address before Tuesday 18th September.

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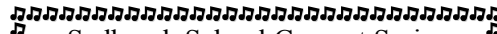
**ALL RUBBISH
REMOVED**

SEPTEMBER GARDENING

Well, we gardeners may not have enjoyed the wet summer weather too much, but there is no doubt that most of the garden plants have. I

happened to notice a few days ago that the raspberry patch at the bottom of the garden has turned into a sea of mint. There is usually a decent clump of this plant at one end of the rows of fruit canes, but it looks this year as though they are fighting a losing battle as the mint charges across the ground. Having said that, I wouldn't be without it. There is nothing quite like the smell of new potatoes cooked with a freshly picked sprig or two, and my RHS herb book tells me that it has several medicinal uses. I once came across another reason to grow mint when I was house sitting for friends who had gone away for a few months. A former owner of the house, who had retained a small field in the area appeared in the back garden and although she was obviously having a good snoop whilst the house was unoccupied she quickly came up with the excellent excuse "Just come for a sprig o mint". Seven miles seems quite a way to go to fetch a bit of leaf, but I couldn't argue with it. Since then the term has become a family saying for being nosy.

My favourite mint for cooking is spearmint (*Mentha spicata*) but we also grow Applemint (*M. suaveolens*) which has larger, hairy leaves and is said to have a superior flavour, Gingermint (*M. x gracilis* 'Variegata')



Sedbergh School Concert Series

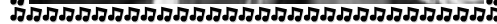
Julian Lloyd Webber

8.00 pm Friday 21st September

Powell Hall, Sedbergh School



Further information about the concert can be obtained from the School Events Manager
Tel: 015396 22283



with attractive purple flowers, decorative, variegated leaves and a spicy, fruity aroma, Eau de Cologne Mint (*M. piperata* 'Citrata') and watermint (*M. aquatica*) which has a rather sweet, sickly smell. All of these mints need fairly strict control. The only one which failed to survive more than two cold Firbank winters is Corsican mint (*M. requienii*), a tiny leaved, miniature flowered creeping plant, best grown in the cracks between paving stones where its richly scented peppermint oil fragrance is released when the leaves are crushed.

Elaine Horne

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CUMBRIA WILDLIFE TRUST

Pied Flycatchers in Sedbergh

In February 2007 the Sedbergh group of the Cumbria Wildlife Trust started a nesting box project to attract the beautiful pied flycatchers which return from migration in Africa to breed in this area. (Flycatcher Futures, February Lookaround) In the 1960s, Colin Armistead had great success putting up dozens of boxes in the area but unfortunately most of these boxes have been damaged by the weather, woodpeckers and grey squirrels so the intention was to replace some of these boxes with new ones. At a meeting later in the month, Paul Robinson and Guy Bottomley gave us an entertaining talk describing their experiences building and monitoring nest boxes and then showed us how to build our own.

The goal for the project was to make and put up 25 boxes with the hope that we could attract at least one pair of pied flycatchers to a box to raise its family. In fact there were 32 new boxes made, six old ones reused and

one natural tree hole. The results were exciting: 7 sites were used by pied flycatchers, 10 by great tits, 13 by blue tits and 9 unused. Unfortunately, 2 of the flycatcher nests were unsuccessful, one probably because of a disaster to the parents and one in an old box which had a hole large enough for a grey squirrel or other predator to get at the eggs.

On the 11th of June, Paul Robinson took the time to come back for the ringing of eighteen young pied flycatchers – what a delight!

There are many lessons to be learnt from working on this project. Some of the practical ones are: what is the best design for the boxes, where and how should they be put up, what are the breeding dates, which old boxes need repairing next year and how often do the sites need visiting? For me, though, there is a much bigger lesson – when a few interested volunteers get together they can accomplish something exceptional. Thank you to those who made the boxes, especially John Fox (I won't mention his age but let's say he has had many years of experience!) who

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had a production line going in my barn, and to those who hiked into the woods with me carrying boxes and ladders. The boys of Sedbergh School and several other people put up and monitored boxes on their own, which all helped to spread the awareness of what we can do to help local wildlife. Thank you - every bit helps!

Eleven of the successful broods were monitored over at least five visits and their results will be given to the British Trust for Ornithology (BTO) along with the numbers of the ringed birds. Maybe next year we will see some of those ringed pied flycatchers come back to breed in more new boxes which will be put up for them.

Do you know of any locations where pied flycatchers have been seen? Maybe you would enjoy making some boxes or walking in the woods to help monitor them – it's a real thrill to open up a box and see a nest full of little bird faces looking at you! Please contact me if you have any questions or would like to get involved.

Jackie Foott
015396 25453

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Dear Editor

Disgrace! I was so shocked to see that there was a new sweetshop opened up in Howgill's of Sedbergh.

As if it isn't hard enough to run a business in Sedbergh without people copying each other. Now I've got two points that really have annoyed me about this.

1) is that they are selling almost exactly the same sweets! Do they really think that there is enough revenue for two of the same shops?

2) from what I understand, the people that own Howgill's of Sedbergh, owned The Green Door about 2 years ago. So why sell the sweetshop just to re-open a new one in direct competition with the business you sold? I think that's under handed and I hope that the people of Sedbergh think the same thing! You just shouldn't do that, if they wanted a sweetshop they should have kept the one they had. I will continue supporting The Green Door.

Name & Address Supplied

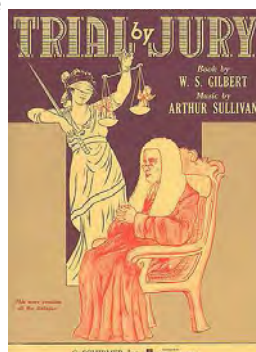
A response from 'The Howgills' appears on Page 72.

SEDBERGH DOES G & S

As part of the June 2008 Music Festival there will be two performances of "Trial by Jury" a comic opera by the 19th century partnership W S Gilbert and A S Sullivan.

Sir William Schwenck Gilbert (1836 – 1911) was an English dramatist, librettist, poet and illustrator best known for his fourteen comic operas produced in collaboration with the composer Sir Arthur Sullivan. The most famous include H.M.S. Pinafore, The Pirates of Penzance, and one of the most frequently performed works in the history of musical theatre, The Mikado. These, as well as most of their other Savoy operas, continue to be performed regularly throughout the English-speaking world and beyond by opera companies, repertory companies, schools and community theatre groups. Lines from these works have become part of the English language, such as "short, sharp shock", "What never? Well, hardly ever!", and "Let the punishment fit the crime".

Sir Arthur Seymour Sullivan (1842 – 1900) was an English composer best known for his operatic collaborations with librettist W. S. Gilbert. Sullivan's artistic output included 23 operas, 13 orchestral works, eight choral or oratorio works, two ballets, incidental music to several plays, and numerous



hymns (e.g. Onward Christian Soldiers) and other church pieces, songs, parlour ballads, part songs, carols, and piano and chamber pieces.

"Trial by Jury" is a short 45 minute piece of high drama in the courtroom. The Defendant (Edwin) appears accused by the Plaintiff (Angelina) of breach of promise of marriage. Both characters are handsome, worldly and in their prime. Other individuals are the Counsel for the Plaintiff, the Usher, the Foreman of the Jury and Associate, the First Bridesmaid and the Learned, if somewhat inebriated, Judge. The chorus consists of bridesmaids, journalists, gentlemen of the jury, barristers, attorneys and the public.

We hope to include an audience supper before the performance and a jolly good evening should be

had by all!

Now all we need is the cast. There must be some unsung (?) heroes/ heroines of the operatic stage out there. (We know where some of you are!)

We would be delighted if anyone interested in taking part in this production, individual or chorus member, could contact either Deryck Cox (20295) or Susan Garnett (21138)

And yes, there is a happy ending "and a good job too!".

KILLINGTON BBQ & DUCK RACE

After a reasonable week (at least for this Summer), the day for the annual Killington BBQ & Duck-race dawned with persistent rain and it continued thataway all day. However, the event was still held successfully *inside* the Parish Hall with the BBQ bravely cooked outside by Andrew Newbold and John Raw their customers being protected under a gazebo, kindly loaned by Killington Marquees. In previous years, we have complained about the lack of water in the Beck outside – in fact, last year we had to resort to enhancing the flow with a tanker load of water injected upstream! No such problem this year, in fact there was such a torrent that the Duck-race only lasted a few minutes and several ducks escaped the catchers at the finish! If anybody catches any plastic ducks on the way down the Lune to Lancaster, please return them to Killington!

The Duck-race was again well supported – thanks to the efforts of those selling the ducks beforehand, and on the night everybody bravely turned out to watch the excitement

SEDBERGH SCHOOL GIRLS FUND

A meeting of the Committee will take place on Wednesday 19th September at 4pm in the Bursary, Sedbergh School. Applications for Grants should be made to the Honorary Secretary/Treasurer, The Bursary, Sedbergh School LA10 5RY by Tuesday 18th September

from under umbrellas as the ducks raced past at a great rate of knots.

The winners were,

1st. Prize £50

No. 102

Dorothy Capstick

2nd. Prize £30

No. 379

Kathryn Mather

3rd. Prize £15

No. 175

Catriona Petyt

4th. Prize £5

No. 67

Hilary Hodge

Last home

No. 408

Chrissy Sheppey

The usual outdoor competitions of Quoits, Pitchpenny, Horseshoes, Golf Chipping, etc. had to be abandoned due to the inclement weather, and were replaced by indoor Bowls, Putting and Dominoes - together with a raffle, guessing the number of sweets in a jar and guessing the name of a Teddy. Incredibly, both of these latter competitions were won by the same person - Annie Waller!

The children's competitions this year were for "Vegetable animals" and A4 pictures on any subject. The standard of entries was, as usual, very high and all entrants received a bar of chocolate for their efforts. A visitor to Killington, Pam Walmsley, was persuaded to judge the competitions and the results were:

Vegetable animal

1st.

Sophie Waller

"Mr MacGregor's garden"

2nd.

Natalie Waller, "Caterpillar"

3rd.

Sam Harper, "Giraffe"

Picture:

1st.

Rosie Newbold, "Dinosaur"

2nd.

Joanne Hirst, "Blackbird"

3rd.

Isobel Newbold, "Rainy day"

YORKSHIRE DALES NATIONAL PARK

Top five place for Yorkshire Dales National Park

The Yorkshire Dales National Park is the fifth most popular National Park in the country when it comes to visitor choice, according to a new survey.

Of the 1,000 adults from across the UK who took part in the NOP poll, 49 per cent said they had visited the Yorkshire Dales (compared to 44 per cent in a similar survey in 2001).

The most visited national park was the Lake District – 70 per cent of respondents said they had visited (64 per cent in 2001).

The survey to gauge awareness of national parks was commissioned by the Yorkshire Dales National Park Authority (YDNPA) on behalf of all English and Welsh national park authorities.

Carl Lis, the YDNPA chairman, said: "This survey shows that growing numbers of people are visiting the Yorkshire Dales National Park – but then, it's not surprising really when you think what the Dales have to offer in terms of breathtaking scenery and fantastic tourist attractions.

"More and more people are starting to appreciate that the country's national parks have special and unique qualities that make them the jewels in the UK's crown.

The survey also showed that the majority of respondents see national parks as being important areas that we need to protect from development. The survey's main findings (with 2001 comparative figures shown where

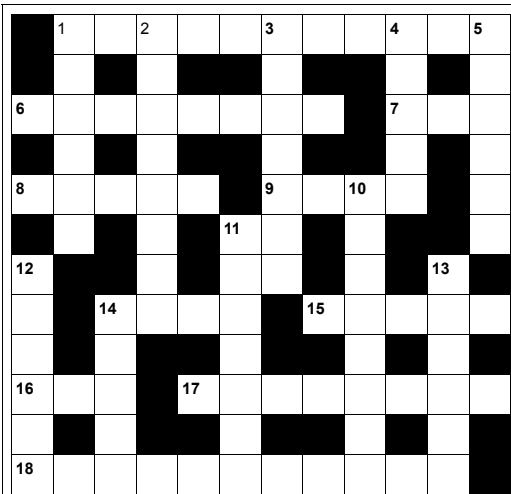
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possible) were:

- 93 per cent of respondents said national parks were very or fairly important to them.
- 98 per cent of respondents felt it was important for us, as a nation, to protect areas of the countryside from development.
- 87 per cent (nine in ten respondents) had heard of the expression 'national parks' – a slight decrease from the 2001 figure of 92 per cent.
- Opinions were split on whether enough was being done to protect the countryside in national parks - 44 per cent of respondents agreed that it was (31 per cent in 2001) whilst 40 per cent disagreed with this statement (59 per cent in 2001).
- 96 per cent of respondents felt every child should experience a national park as part of their education.

The most common reason for visiting a national park was to go walking or rambling – around 22%. Other reasons included holiday/short break with friends (18%), recreation (16%), a day out/something to do (13%), and peace and quiet (12%). The top five reasons given in 2001 were landscape (36%), recreation (29%), walking/rambling (24%), peace and quiet (22%), and family (14%).



18 On-screen couple marry on jet, with daughter, to be different (3,3,5)

Down

- 1 At war about a kind of hat? (6)
- 2 Lantern I broke inside (8)
- 3 The young protest hard over overt nationalism, initially creating a storm (7)
- 4 A pretty sort of angle (5)
- 5 Look up, with hesitation, to see zoo employee (6)
- 10 *Friends* character who's 100 and 5? (8)
- 11 Dog's den is redesigned to give what's really needed (7)

Across

- 1 Clever type uses bold privileges to stop vehicle (6,5)
- 6 Devices for catching adamant rapsallions inside (8)
- 7 Employ American and European (3)
- 8 Fruit from Northern town, say (5)
- 9 Formerly a working church (4)
- 14 Former PM abandons rock to be happy (4)
- 15 Cancel yearly publication after article is lost (15)
- 16 Something shy people wouldn't say to Mother, perhaps? (3)
- 17 Royal quality, yet grail is broken (8)

- 12 Talk a lot to animal (6)
 - 13 Oppressive attempt to go after soul with no love (6)
 - 14 Grand place in hotel for newlywed (5)
- Answers to August -*

ACROSS:

- 1 Puck; 3 Recover; 7 Listless; 8 Ark;
 - 9 Carousel; 12 Idiot; 14 Taste;
 - 15 Narrator; 17 Doh; 18 Isolated;
 - 20 Garages; 21 Tops.
- DOWN:** 1 Polecat; 2 Kit; 3 Reels;
- 4 Costlier; 5 Vocalist; 6 Rock;
 - 10 Rush Hour; 11 Unending; 13 Tirades;
 - 16 Rooms; 17 Dong ; 19 Act.

**SLAVES, SEDGWICKS, SILLS, SUTTON
& SILLY STORIES**



A Dramatised Talk with Still Images
presented by **Kim Lyon and Friends**



at Dent Memorial Hall
7:30 pm Thursday 27th September
Admission £3 at the door

CAR PARKING

Those of you who possess a Sedbergh Parish Council Car Park Permit for parking on Joss Lane, please note that it expired on 31st August and you will have to renew it at the present cost of £35 for the year (or £52 if you wish to use the Car Park as your permanent parking place). Please note that if you do not have the £52 Permit, you are only allowed to park for 24 hours before you must move on.

The cost of the Permits are very good value for money as it works out as less than 10 pence per day. A lot less than the 90 pence per hour you have to pay in the Kendal Multi-Storey Car Park. It will also entitle you to park on Loftus Hill Car Park when this becomes a 'Pay and Display' in the very near future. (It may be in use by the time *Lookaround* goes to print).



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As most of you are aware Sedbergh Parish Council has taken over the running of the Loftus Hill Car Park (as South Lakeland District Council were no longer prepared to continue running it) and we now have to meet costs i.e. rent, rates, etc., etc.. We are however endeavouring to re-open the toilet block and hope that this will happen in the very near future. If anyone wishes to sponsor the re-opening of these toilets (they at present require the electricians and plumbing to be checked, power washing and the installation of 3 hand driers) then we shall be delighted to hear from you. Perhaps in return, some form of acknowledgement/advertisement could be displayed within the building. Any queries, comments etc., regarding the above can be left for my attention at the Community Office.

D. Blair

CHARITY RUN

Coast to Coast Classic Tractor Run

Seventeen tractor enthusiasts took a leisurely drive from Coast to Coast in order to raise money for RABI and Macmillan Cancer Support from 13th to 16th June.

The classic tractor owners began their 189 mile journey at Broughton-in-Furness.

The tractors, all manufactured between 1948 and 1976 made their way via Penrith, Alston, Kielder Forest and Otterburn to Alnmouth near Morpeth, travelling at an average of 10mph.



A support vehicle followed the convoy but in the event all the tractors completed the route without any major problems, a good achievement considering the age of the tractors. A further nine local tractors joined in for the last day and the champagne reception at the

Quaker Peace & Social Witness



by Oliver Robertson

Saturday 29th September

contact 20005 for starting time

Refreshments Provided

EVERYONE WELCOME

coast.

The drivers themselves also varied in age from 18 to 74.

Unfortunately the timing of the event coincided with poor weather and the drivers had to contend with heavy rain on three of the four days as none of the tractors had cabs. They were not deterred however and all enjoyed the event which was organised by Richard Hague, the Treasurer of RABI's Cumbria Fund Raising Committee.

Hunton Steam Gathering provided sponsorship and it is hoped that most of the tractors will feature in a display at this year's event to be held on 8th and 9th September 2007 when the funds raised from the event, anticipated to be in the region of £5,200.00, will be presented to the charities. Hunton is located between Bedale and Leyburn in North Yorkshire.

St Andrew's Church, Sedbergh

GIANT

BRIC-A-BRAC

SALE

Saturday 29th September

11am to 2pm

Admission 50 pence

Cake Stall & Lunches

Old Tyme Dance

in aid of the People's Hall

SYD BANKS BAND

Saturday 29th September

People's Hall

8:00 pm

Raffle ~ Bar

Jacob's Join



BRIGHT STAR

Chauvinism, patriotism, even nationalism do not meet with universal approval, but there is such a thing as justifiable pride in oneself or one's country - indeed for pride in one's town. We can be very proud of our small town of Sedbergh.

I was born here and have known it over more than sixty years. There has been much change. Cradled as it is among the unchanging hills, this little town has moved on, entering the third millennium with much to be proud of. Only recently someone said to me, "What other town of comparable size could do so much?" - and that, by the way, was one of the reasons the BBC chose Sedbergh three years ago for its "The Town that wants to Twin" series.

Sixty years ago, we were rather cut off from the rest of the world. We had no motorway - which meant that every journey away from here was a long one. We had two schools which local children attended till they were fourteen, until Settlebeck opened in 1948. There was a railway station with an advert for Palethorpe's



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sausages and a large sign spelt "SEDBURGH" on the platform. We had a lot of shops and few cars. Though Sedbergh School employed quite a number of local people and though more there were more local pupils than nowadays, links between "town and gown" were less strong than today. Local life, to a fair extent, revolved round Church or Chapel - you were one or other.

What a place Sedbergh is now! Our colourful website www.sedbergh.org.uk now puts us on the world wide map, and this magazine, *The Lookaround*, brings news to many who have moved away. We are England's Book Town and are developing into a paradise for browsers and bookworms. There is so much going on - residents hardly need to go anywhere else! By Cumbrian standards, Sedbergh's a comparatively prosperous place, the population according to the 1881 Census being skewed towards "affluent greys". And CULTURE abounds. We have three established Festivals a year - a fortnight of Music



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in June, a weekend of Ideas in July, and two weeks of Books and Drama, happening right now. Appropriately there's a new Outdoor Festival planned for next May.

There are special festive days too: a Spring Show in the People's Hall, a summer Gala on Lupton Field, a Shire Horse Day and an early autumn Charter Fair spread throughout the town's streets. We have so many flourishing Clubs, Societies and Evening Classes, catering for different enthusiasms. The Local History Society, The Cumbria Wild Life Trust and The Pepperpot Club (for music lovers) each have well over 100 members. We also have a very competent Brass Band which attracts large audiences to its concerts. There's something for everyone.

But Sedbergh is not an inward-looking place. It thinks beyond its own bounds and recognises its wider responsibilities. Every week different organisations raise money through coffee mornings in the URC Rooms for good causes such as, for example, Cancer Research. This year

THE GREEN DOOR SWEETSHOP

As Sedbergh becomes a "Book Town", visitors will remain aware of the traditional shops and businesses closely threaded along either side of Main Street. The "old fashioned" sweet shop is neatly situated among the listed buildings notable for the 17th century architecture and the features which give much to Sedbergh's character.

The present owner is about to celebrate his second anniversary in the shop. Although an outsider and a Southerner too, Andy McLennan has lived in the town for a number of years and has established a strong rapport with Sedbergh folk. It's hardly a surprise that next year he plans to wed a local lass, Jeanette, herself a popular Sedbergh girl, a familiar face in the town.

After two years of very hard work. The Green Door has progressed to a place where locals and visitors are warmly welcomed and there is always time for a ditty or two. The wide range of sweets including those that our mothers used to buy, often draw wide-eyed smiles of delight from the

first-timers. The speciality Lakeland Ice Cream is always a must.

The Green Door now makes its own contribution to the town's economy, appeal and well-being and at this time Andy feels he must thank all his staff for their loyalty and commitment. Furthermore he has to pass on his sincere thanks to all the customers who have offered their good wishes and promised their continued support in the future.

The web site is available on www.thegreendoorsweetshop.co.uk or, better still, keep coming to see us because we are all pleased and proud to be here.

AUTUMN GARDEN CARE

- New Lawns Laid
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- Hedges Trimmed
- Shrubs, Trees & Hedges Planted
- Leaves Cleared



Mike Hinson 20118

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DENTDALE CHOIR

The new term will soon be here and rehearsals will commence on Tuesday 18th September in Dent Memorial Hall at 7.30pm.

This term, we shall be working on part of the Christmas Music from Handel's Messiah as well as Carols to sing at the Christmas Carol Services in Dent.

New singers are always welcome.

RC

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SEDBERGH BURSTING WITH IDEAS

Wet weekends obviously inspire the brain judging by the well-satisfied talkers and listeners who immersed themselves in all manner of topics over a weekend of the Book Town Festival of Ideas in July in the grounds of Sedbergh School. Michael Cuthbert had netted us a fine catch of speakers: among a host of others were Rabbi Lionel Blue, Sir John Ure, Giles Fraser, Richard Holloway, John Harris, Kate Rawls, Sir Bernard Crick – a magnificent seven in anybody's language. 'The Gallery' did the catering to everyone's satisfaction, and the final night's dinner even boasted impromptu cabaret from the Crooning Rabbi!

Well, Book Town wants to do it all over again next year – July 24-27th is currently targeted. This time we want to draw in the clearly abundant local talent of thinkers, stewards, gofers and organisers of course, but more to the point, we want YOU to tell us what kind of topics you would like to see aired. There will be suggestions books in various locations in town

including the TIC, Westwood Books and The Sleepy Elephant. Why not drop in and jot down some ideas? For example what about GREEN issues? How has the concept of a university changed – where should it go? What do we mean by 'good behaviour'? Suggestions indicated above. Tourist Information Centre on 015396-20125.

RECYCLING NEWS

The final part of the kerbside recycling jigsaw is about to be put in place and the service will be provided to all parts of South Lakeland. We started introducing the service in September 2003 and at that time only around 10% of the waste collected in the district was being recycled. You are now recycling over 40% of your waste, and that will increase over the coming months.

During an average month you are now recycling:

- 1,000,000 newspapers
- 750,000 glass bottles
- 1,250,000 cans
- 2,300,000 plastic bottles
- 40 tonnes of cardboard
- 15 tonnes of clothing
- 12,000 books

There has also been a reduction of around a third in the amount of waste sent to landfill each month since the service was introduced.

If you have any questions about recycling or waste minimisation please contact us either through the Customer Contact Centre on 0845 050 4434 or by emailing us at customer.services@southlakeland.gov.uk Thank you for recycling.

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SOCIETY OF FRIENDS

As many local folk know, nearby Fox's Pulpit is where George Fox gathered 1,000 "Westmorland Seekers" many of whom came together to found "The Religious Society of Friends" better-known-as The Quakers.

Have you ever wondered what Quakers believe and how we put our faith into action *today*?

On the afternoon of Saturday 29th September at Settlebeck High School there will be a talk by Oliver Robertson from "Quaker Peace and Social Witness". He will describe the work of the Quaker Office at United Nations in Geneva and in particular a project which arose from a concern of British Quakers about Women in Prison and their Children.

At the time of *Lookaround* going to print, the starting time had not been finalised. Please contact Tess on 20005 nearer the time.

This event is completely free and Friends from Brigflatts Meeting will provide refreshments. All are very welcome but we especially hope people from Sedbergh and the surrounding villages will take this opportunity to come and meet some local Quakers.

DENTDALE OVER 60's

Thank you to everyone who came to the Dentdale Over-60's Fund raising event on 27th July and helped to make it such an enjoyable afternoon.

Thanks for your gifts and donations, and the money you spent, and thanks to everyone who couldn't come but sent us generous donations instead.

Sedbergh People's Hall

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or call 015396 20788**

Details & availability:
www.PeoplesHall.org

WASTE WATCHERS HOLIDAY CLUB

I would like to say a very big thank you to everyone involved with the holiday club that was organised by Churches Together in Sedbergh.

The children really enjoyed every aspect of it, from the craft activities and games to the signing and drama.

A lot of hard work goes in to planning this event which is held every year and it doesn't cost us parents a penny. It is really appreciated by everyone.

So thank you and keep up the hard work. The kids are already looking forward to next year.

One Grateful Parent

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**NORTHWEST CANCER
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The Sedbergh Committee thank all who supported the recent Coffee Morning and helped to raise the wonderful total of £355.20. With NWCRF the minimum amount is spent on administration as much of this work is done by volunteers.

WEDNESDAY OCTOBER 3rd

THE PEOPLE'S HALL

7.30 pm

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SEDBERGH BADMINTON CLUB

The new season for the Club will begin soon with the registration of members. Registration and Play will take place at Sedbergh School Sports Hall starting on Monday 3rd September from 7:30 - 9:30pm and Friday 7th September from 8:30 - 9:30pm for Seniors. Junior Registration and Play will be from 7:30 - 8:30pm on Friday 7th September.

All standards of player are very welcome. For further details, please contact Richard (Grizz) on 20565.

Dear Editor,

I love Sedbergh as every one knows, but having been pushed in a wheelchair on Sedbergh pavement, you realise what mess they are.

They are not wheelchair, invalid carriages, pram or older people friendly. They are rough, uneven, and many times you feel you are going to be thrown out.

I hope my lovely Sedbergh is not judged on its awful pavements. I would loan my chair to any one who would like to have a ride and see what I mean. Sedbergh Councillors please note.

Margaret Mason

SETTLEBECK HIGH SCHOOL

Students' Work

There is a small exhibition of English work on display in the Sedbergh & District Community Office (above the TIC) from students at Settlebeck High School. A selection of poetry by Year 7 students and creative writing coursework from Year 10's can be seen in the Art Room there.

Gillian Rea,

English & Drama Teacher

YDNPA

Please note that there will be no planning surgeries on the following dates -

Wednesday 3 October 2007

Wednesday 10 October 2007

Wednesday 17 October 2007

Andrea Burden

Planning Officer YDNPA

ELECTRIC BLANKET SAFETY

Trading Standards will be testing electric blankets again this year! Testing will take place in October and blankets can be dropped at the Community Office throughout September. Any blankets that fail are replaced with a new blanket so it is worth getting your blanket checked out. Please inform any elderly neighbours and have your blankets in by 1st October. They will be ready to be picked up by the 11th October.

FAMILY HELP WANTED

Could someone help me, please? James Roberts and Alice Coates were my great x 4 grandparents and presumably were in Settlebeck in 1790 when their son John was born 13 January 1790 and became a Surgeon.

Does anyone know what they were doing there as I think that the rest of the family were from Kirklees area.

Margaret Roberts, South Africa

If anyone can assist with any information, please pass them to me and I will forward it on to Margaret.

D J W

HOWGILL TODDLERS

Howgill toddlers meets every Monday at Howgill Village Hall from 1.15pm to 3.00pm.

There are lots of toys for all ages, craft activities and refreshments.

Everyone is welcome from babies to school age children. Come and meet other parents while the children play.

We open on Monday 10th September. For further information contact Jackie Alderson on 22050.

ROAD CLOSURE

Over the years, minor damage has been caused to the bridge at Lincoln's Inn Bridge on the A684 road by passing vehicles. For a period of about six weeks, the bridge will be closed for essential and urgent repairs from Monday 3rd September.

The diversion will be via Killington Bridge and Four Lane Ends. This will cause a major problem when large lorries will try and use these narrow roads. I do recall a few years ago that an HGV fell into a field after getting too close to the side of the road. I would like to think that all HGV's will be requested not to travel on this Diversionary Route and use the A683 road from Kirkby Lonsdale.

While these diversions are on, please SLOW DOWN. It will be interesting to see how many accidents occur on this stretch during this time.

STOP PRESS: The road at Dent Head/Newby Head will be closed from 1st October for four weeks for essential repairs to Dent Head Viaduct. There will be a very long diversion via the Coal Road or Deepdale Lane.

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Dear Editor,

I'm just giving a warning to anyone with a business. I got the strangest call this morning to say "my books were ready for mailing off to me"! When I asked which books were those, I was told that last year my business had agreed to sponsor the books for the "Stay Safe Campaign" - £145 worth - and now they were being mailed to me (presumably with payment details???) The books have my business advertised on them. When I asked what to do with the books - the girl (Liverpool - Wallessy accent ?) said I then give them to the local school!

When I pressed for details and address of this Stay safe Campaign Headquarters etc she called her Line Manager and things got a bit shirty ... I know myself as well - I'm as mean as hell and when she explained I had agreed to this "transaction" over the phone, I knew it couldn't be. I NEVER take such calls - I simply say "Not Interested" and slam the phone down. When I accused her of trying a scam, the line manager put the phone

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down (number withheld). I have checked the internet and can't find anything about any "Stay Safe Campaign" where anyone sponsors books. Maybe you know more than me?

Please be warned.

Liz Hilton

SEDBERGH BRITISH SCHOOL TRUST

The Trustees will meet on Wednesday 19th September 2007 to consider Grant Applications from suitable qualified persons who have attended Primary School in Sedbergh, Garsdale or Dent, and who seek financial assistance to further their education or for vocational training..

Applications should be in writing and addressed to: The Honorary Secretary of the Trust, 6 Guldrey Fold, Sedbergh, Cumbria, LA10 5DY and should be made without delay.

SEDBERGH SWIMMING CLUB

All members and prospective members are warmly invited to the AGM at the Bull Hotel, 7.30 Tuesday 4th September to find out more about what's on offer.

Lessons working towards Rainbow Badges will commence on the following Tuesday 11th (Aquafit classes) and Thursday 13th. The usual adult swimming sessions will be on Tuesdays and Thursdays, and don't forget we're swimming the Channel as well! Enquiries on 07752 748929 or kate574@btinternet.com.

A SEDBERGH VIEWPOINT

Welcome to September. It is back to school time for many; holidays over and as for summer, we seem to have missed out on it, or have forgotten it was April and the beginning of May. Global warming seems to have been forgotten and we now have climate change! Autumn is upon us and the education year begins. Best wishes to all pupils, teachers, staff and parents as the new term begins.

Never mind the weather; Sedbergh is a great place to be at any time. Sometimes we locals don't always appreciate what we have around us; magnificent countryside and a town which has much to offer.

Some might not agree with me, but I would like to congratulate the gardeners at St Andrew's who not only keep the churchyard neat and tidy, but who this year left the area by the war memorial uncut to allow meadow flowers to flourish. Beautiful they were too. I'm led to believe that such areas not only preserve traditional species but are also a haven for threatened wildlife as a result. Well done!

Sedbergh is now England's Book Town, and proud of it. I wish the organisers of the Festival of Books and Drama (which should be in full swing when this *Lookaround* is published) well in all their efforts. I hope they are well supported. I understand that the Festival of Ideas back in July was well supported though it seems little trade spilt over into the town which was very quiet on the Sunday. Hopefully the town itself

with all its book shops and cafés will attract more people this time. From a dearth of cafés a while back we now have plenty to choose from. As well as Book Town we are Café Town too. It is good to see the old Posthorn reopened again at last – and good it looks too. I look forward to reading E. N. Joy's assessment in a future edition of *Lookaround*. Perhaps that end of Main Street should be renamed Café Row!

Perhaps too we could market Sedbergh as the Sweet Town now that there is another establishment revamped for the sweet toothed among us. Somehow though I don't think we will ever aspire to the designation of Toy Town. I think I have only ever seen the toy shop on the corner of New Street open for business on a couple of occasions since it first opened tight on Christmas last year. I have seen lots of children pressing their noses to the

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window asking their parents why they can't go in. I have this fairy tale dream of all the toys coming to life and playing with each other in the dead of night.

Did anyone else receive a copy of Cumbria Police Authority / Cumbria Constabulary "how good we are" leaflet through the post headed North Cumbria? No we haven't been transferred to North Cumbria; there was no mention of Sedbergh in it. I have, however, had sight of the similar leaflet covering South Cumbria, and guess what; - there is no mention of Sedbergh in it either! Have we returned to North Yorkshire without realising it? What a waste of public money (paid by us in Council Tax) in printing and distributing by Royal Mail, the wrong leaflet which is only good for recycling.

I know I am a critic of our local Councils but I do believe they try to do their best in difficult

circumstances. However, my understanding of local government at any level is that any action they initiate has to be authorised by law, whether it is something they have to do (a Statutory duty) or something they may do (a Discretionary duty). I was surprised therefore to read in last month's *Lookaround* that back in March our beloved Parish Council decided to remove "the sign stating free overnight parking". I have to say I didn't know that there was such a sign, but I do have a copy of the legal notice published by SLDC the same month stating that Joss Lane parking charges apply "all days from 0900 – 1800 hrs, bar Market day on Wednesday". The legal powers are stated (Road Traffic Regulations Act 1984 etc.). I guess only SLDC have the legal power to make the necessary orders and publish the necessary notices. I haven't seen any subsequent notices, so surely parking is free overnight from 6pm till 8am the next day and there is no parking allowed on Wednesdays. Sadly I notice that there actually seems to be an increase of parking on Wednesdays, particularly on Farmers' Market days, to the detriment of stall holders and customers alike. It's not nice having a car pushing past you when you are buying your cheese and tomatoes.

Well, on that happy thought I'll drive off with my cheese and tomatoes, buy a book and some sweets, pop into a café for a coffee and dream of toys playing with each other. Oh to be in Sedbergh now that autumn is here.

Best wishes,

N Hastle.

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TIM FARRON MP

Naturally it is great to have ten weeks away from the House of Commons and my weekly train journey down to London. I do try to keep myself as occupied as possible, using the time to get around the constituency as much as possible and spending a bit more time with Rosie and the children. However, you do have to ask "just how important is the House of Commons?" if the country is able to continue running reasonably well for ten weeks without it.

I have just been appointed to the Defra Select Committee, which is great as it allows puts me in a great position to monitor closely what Defra does, not simply in terms of

agricultural policy but the environment and rural affairs which, given that all of these issues are important in this part of the world, means that I can really take the issues of places like Sedbergh to the heart of Government.

I am fairly sure that one of the first issues that the Committee will be looking at will be the Foot and Mouth outbreak in Surrey. The Government does seem to have learnt a lot from the 2001 outbreak but there are still a great many questions to be asked. I am only frustrated that I will have to wait until October to ask them. We need to be able to be more reactive to the actions of the Government if we are to monitor them properly.

At the time of Dennis' copy deadline,

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my annual tour of the constituency is well underway, however it has not rolled into Sedbergh, Dent and the surrounding area. One of the key issues that has come up so far in our visits has been Post Office closures. We are taking the opportunity of the constituency tour to visit every post office we can. From what we have been told by the Post Masters we have met so far it appears that January will be decision time. That is when Royal Mail are planning to send out inspectors to formally assess all of the Post Offices that they believe to fall into the "at risk of closure" category. We are likely to have a great many that fall into this category as it appears that somewhere between two thirds and three quarters

of all the Post Offices in the country are judged to be like this at the moment. Again this is something that I would like to be able to put the Government on the spot over, were it not for the fact that Parliament is on "recess" (I bet that the period would be a lot shorter if it was called "holiday").

If you have any issues that you would like me to take up with the Government when "recess" is over or indeed to keep me occupied whilst I am on recess then please write to me Tim Farron MP, Yard 2, Stricklandgate, Kendal LA9 4ND or email me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP

<p><u>Starters</u></p> <p>Prawn Cocktail & Marie Rose Sauce £4.10 Garlic Mushrooms on Toast £3.65 Pate with Garnish, Toast & Butter £3.50 Soup of the Day £3.30 Egg Mayonnaise £3.40 Grapefruit Cocktail £3.40 Garlic Bread £2.50</p> <p><u>Extra Special Main Courses all £11.45</u></p> <p>Loin of Pork in Cider & Apple Sauce Lamb & Apricot Casserole Chicken with Basil, Port & Dill Sauce Venison Steak with Red Wine Sauce Venison Casserole Supreme of Pheasant Chasseur Pork in Pepper Sauce Cod & Prawn Crumble</p> <p><u>Main Courses</u></p> <p>Roast Dinner of the Day £6.99 Mixed Grill £12.40 Fillet Steak £12.40 Sirloin Steak approx. 8oz uncooked £10.30 Half Roast Chicken £7.99 Chicken Kiev £6.99 Lasagne £6.99 Steak & Kidney Pie £6.99 Cumberland Sausage £6.99 Gammon & Pineapple £6.99 Barnsley Lamb Chops £9.99 Marinated Lamb Steak (6oz) £9.99 Pork Chop in BBQ Sauce £7.60 Cheese & Ham Pasta £6.99 Tuna Pasta Bake £6.99</p>		<p>THE HEAD AT MIDDLETON</p> <p></p> <p>Tel: 015396 20258 www.middleton-head.co.uk enquiries@middleton-head.co.uk</p> <p>Menu</p>		<p><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.70 Grilled Rainbow Trout £9.70 Breaded Scampi £6.99 Breaded Haddock £6.99</p> <p><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £6.99 Stilton & Vegetable Crumble £6.99 Vegetable Lasagne £6.99 Mushroom & Nut Fettuccini £6.99 Broccoli & Cream Cheese Bake £6.99 Vegetable & Pasta Bake £6.99 Vegetable Tikka Masala £6.99 Macaroni Cheese £6.99</p> <p><u>Rice Dishes</u></p> <p>Chilli £6.99 Chicken Tikka Masala £7.99</p> <p><u>Salads</u></p> <p>Ploughman's Lunch £5.99 Cold Meat Salad & Roll & Butter £6.99 Prawn & Rice Salad £6.99</p> <p><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.80 Ham, Beef, Cheese & Tomato; Cheese & Pickle or Salad from £2.90 Toasted Sandwiches from £3.10 Portion of Chips £1.70 Mixed Side Salad £1.70 Portion of Mushrooms £1.70 Roll & Butter £0.65</p>	
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24 HOUR SPONSORED FAST

The aim was to:

- live for 24 hours without food, secure shelter or easy access to water in order to explore our own reaction to subsistence living and raise public awareness of how many people endure precarious lives, often in conditions that are far from the peace of the Howgills.
- raise money for Hope and Homes - a small Charity working from an old barn near Salisbury – 80% of funds raised go directly to their work with orphans in Africa and the Balkans – children who have hope not just of shelter, food and water, but of a loving family too.

Wednesday 3pm found Andrew

(taking time out from his teenage social whirl), Izaak (what is my mother dragging me into now), Adam (Izaak's friend and water carrier) and myself (Deyna), plodding slowly up Winder, unaccustomed to the burden of rucksacks. At 3.55pm we paused for a last banana before the fast began and then wended our way to the summit. The first hour passed easily in erecting a tent (grateful that we had put in our challenge notice 'secure' not no, shelter), thought flagpole and sorting ourselves.

Then, amazingly, people began to drop in – some who had come especially to visit us (thank you!), some who were walking dogs, walking themselves, fell-running,

Salvation Army Church Hall,
Kendal

Tuesdays at 18.30

The Rugby Club,
Kirkby Stephen
Wednesdays at 18.30

United Reformed Church,
Kendal

Thursdays at 09.30

Kirkby Lonsdale Institute
Thursdays at 17.30 & 19.00

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biking – Winder was almost busier than Sedbergh Main Street and we got plenty of contributions to our thought flags. It was lovely to banter, chat and do bits of yoga. Izaak punctuated all conversation with Game Boy action (until sadly his batteries gave out 20 hours into the fast) while we had some lovely discussions on nature as a church, the interconnection of psychology, philosophy & biology, God and still centres. We watched the clouds racing each other across the sky, shape shifting, altitudes creating varying speeds and breaks in the clouds allowing an array of sun shafts to perform an amazing dance of sky, vapour and light.

As dusk fell another Andrew joined the fast, his abstinence broken only by a medicinal Fisherman's Friend (for which he got endless stick!) and we were driven indoors by the start of

the rain. As night advanced we tried to sleep through wind and showers, tucked in the lee of the summit but buffeted none the less.

One brave soul ventured through the clag at 5.30am and an Andrew joined him while he drank his morning tea on the summit. The rest of us slept on until a visitor awoke us at 8.30am. Lovely as it was to see her we were disheartened when she chastised us for looking forward to an Indian takeaway to break our fast, "You can't have an Indian, it's junk food!", and she advocated a 'healthier' option (with apologies to the Taj Mahal – and we still had a takeaway!).

The mist stayed down but the rain stayed off as two of us took a morning constitutional up and round Arant Haw ridge. On our return the summit cleared to allow some hardy

(Continued on page 44)

morning visitors (coming up through hail) and people began to delight in teasing us about food.

Although most of our discussions seem to terminate in consideration of food, because my body wasn't expecting food, my mind didn't miss it. 24 hours is such a little time compared to those who have to go days and weeks with little food passing their lips.

Izaak managed 16 hours of fasting (at 12 years old, well done!) and a kind friend had left him a sandwich as we slept.

We managed a nearly midday meditation but as the afternoon began, the temperature cooled. I was accused of cheating for heating up

and drinking **hot** water and soon after the mist descended and more rain began again in earnest. The four of us (to say nothing of the dog) huddled in our tent and played cards and Doctor Who Top Trumps (Western luxuries to ease the passage!).

Andrew¹ and I slept, leaving Andrew² and Izaak cramped and disgruntled (sorry) and woke with under 2 hours left. Claustrophobia began to set in and I, for one, was beginning to feel very grumpy and in need of my own space. I can only begin to imagine how it feels to share a shanty shack between 10 and more – night after night, month after month, year after year. I was able to breathe deep, stay quiet and know it was nearly over.

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At 3pm on Thursday we packed up in the pouring rain, rolling up soggy tents and trudging our dripping beings back down the hill to arrive home in time to end the fast.

I lay in a hot bath, grateful how easy it was to return to our snug home, how fleeting our experience of lack of food and discomfort was. The images I had were of lovely companionship, laughter, teasing, the support and enthusiasm of people, of caring, sharing and a brief window of a world where obsession with food, choices and consumption is not the most important thing. All in all it was an amazing experience to take time out, to have a taste (no pun intended) of how it must be for so many of our



fellow humans and be grateful for the material bounty we enjoy in our lives and the wonderful place we live in (and the Indian takeaway was great!). A big **thank you** to my companions, to all those who came to support us, and all those who sponsored us.

Deyna Hirst

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SURGERY MATTERS

Following an intensive recruitment process we are pleased to announce that Heather Pilling will start work as a Nurse Practitioner this month. We have been able to expand capacity (3 extra surgeries/week) and Heather brings new skills to the practice to the benefit of everyone. With any new arrival there may well be reluctance for patients to book appointments, exacerbated by her role as a Nurse Practitioner being new to Health Care in Sedbergh. The way forward with this is to ask that patient's keep an open mind and judge for themselves. Nurse Practitioners have been working in General Practice for many years, with research showing that they are both competent and liked (often more so than the Doctors!). We wish Heather well in her new job and hope that her association with Sedbergh is long-term.

By now some of you will have met our new Practice Nurse, Joanne Batty. Joanne will be working part time whilst continuing to work at the School Medical Practice. This starts the slow integration process between the two surgeries that will finally be realised with merger in new premises. Again we welcome her to the practice and hope she enjoys working here. All details of the changes in appointment times/personnel can be found on the back page.

Following public comments regarding our proposed relocation, it is worth offering some clarification. The current Heath Centre is too

small, and was probably so from when first opened. There have been extensive studies over the years to prove this point and with demand expanding all the time, the situation will only get worse. It is also located in a low lying area and has poor drainage. The internal design is not fit for purpose, offering poor employment conditions and limiting clinical effectiveness. This has a direct impact on the quality of Healthcare we can offer in Sedbergh.

Legal ownership of the building is complex and management of the premises is difficult. The GP's have spent many hours over the past 3 years in meetings trying to work a solution, but with no NHS funding



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available to develop the existing facility then a new build elsewhere is the only option with the GP's borrowing the money. There is a degree of risk here as who can predict what Healthcare requirement there will be in Sedbergh in 20 years time? With all these issues to consider we then have to try and find a suitable site within the Sedbergh development zone.

All the concerns raised by the public re. access to any new premises has already been considered within our design process. The practice is committed to fulfilling our social responsibilities e.g. paying for some of the respite care cost so elderly in

Maryfell/Fell Close could go away whilst their homes were being refurbished last year. Any new premises would be provided with the same ethos of care and consideration we try and provide to all our patients. Working with the community any issues of access will be resolved. All this said it is worth remembering that the current building is no longer fit for purpose and doing nothing is not a sensible option.

Change can often be unsettling, especially when individuals change and long established working practices alter. Any discussion undertaken here regarding any proposed change always reviews the direct impact on patients and their perceptions of the service we offer. Change is generally undertaken when there are clear benefits to the healthcare of the patients in Sedbergh. If you have any comments or concerns as to anything proposed please ring and have a chat with one of the Doctor's who will be able to explain things in more detail and resolve any concerns.

In a more positive light, the recent national Access to Primary Care survey reports that we scored above 96% in all individual categories (well above Cumbria averages). This satisfaction only comes about through organisation and hard work of all the staff who work at the Health Centre. We do listen to the public and try and offer a prompt efficient and professional service to all.

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Sedbergh Visit August 8-14

It is said that two things bring people together more than anything else - a common enemy and a common purpose. Our common enemies of greed and selfishness are too universal to be specific, but our common purpose, to make music and dance together and to share our cultural heritage, made a bond between us which was more than the simple cords of friendship.

The Slovene and English folk musicians and dancers are the proud bearers of their traditions and it was a great treat for me to bring together these representatives of a living

tradition.

LANCASTER

We started in Lancaster on Wednesday evening with the group coming straight from the airport for their first performance in England in the Gregson centre - and our first experience of their energetic dances with one where they leap onto the shoulders of their fellow dancers. We met several Slovenes who live in Lancaster who came to the evening, and the visiting dancers had their first taste of English beer. I was very proud of the choir I sing with, The Gladly Solemn Sound choir, who sang for the Slovenes - but everyone was delighted when the Slovenes danced in their traditional costumes.



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There was cheering and whistling, and even today people are ringing me up to say how much they loved seeing them.

SEDBERGH AND DISTRICT SIGHTSEEING - AND SETTLE

Thursday was sightseeing and we visited Farfield Mill where they danced and sang before going on to Dent. The dancers had wanted to see the Meditation Centre but they were shooed away by the resident yoga teacher who was using it as a private studio - but they were well received when they visited the blacksmith, village shop and church before heading over to Settle via the Ribbleshead Viaduct.

Following their first taste of fish and

chips, they went to join the evening of music at the WEA Summer Music School in Giggleswick - with their musicians joining in the session with the English folk musicians. At the end of the evening they performed for over 100 appreciative folk musicians, a concert which was probably the best of the tour and very well received by everyone.


ALNWICK INTERNATIONAL FESTIVAL - WITH SEASIDE AND CITY

Friday we left early, heading north to the Alnwick international festival with them dancing in the market place along with dancers from Poland, Italy, Latvia, Lithuania, Scotland, and Slovakia - and then in the fabulous new gardens with water sculptures and a huge tree house, followed by a visit to the Duke of Northumberland's Alnwick Castle.

It was a fabulous day - and we rounded it off with a visit to the beach at Alnmouth where they paddled and collected shells and watched the waves.

We thought to end there - but no, they insisted on going on to Newcastle where where I had got them a street entertainers' licence for the evening. They met a totally different class of drunk in Newcastle - many of whom manage to wear what appear to be pelmets in place of skirts! The Slovenes danced at the Monument before walking down to the Quayside to see the Millennium and Tyne Bridges and all the lights - I think they were in awe as it is very different from Skomarje!

(Continued on page 50)




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SLOVENE DANCE WORKSHOP AND CONCERT

Then back to Sedbergh - a few hours sleep (they party very late into the night - or rather morning) and a very good workshop which they did on Slovene dance with about 20 English people joining in -before their concert in the evening. I had arranged for tea in the interval and thought they understood but apparently in Slovenia their intervals are at the end of the concert, which caused some confusion. People in Sedbergh came in their droves to see them - some of them following the dancers to the Bull Hotel for a lively night of revellry in the pub. Of course not everyone appreciates late night singing so many apologies on behalf of the group to anyone whose sleep was disturbed.

WALKING TOUR OF SEDBERGH

Not surprisingly it was hard to assemble them for the planned visit to

George Handley's house on Sunday morning where the group were entertained with an account of George's life in the house (along with tea and scones) and invited to participate in English conversation.

Emma Watton (who came to Slovenia with the Howgills Harmony singing group) and myself then led the group on a walk down past the old auction market and through Milthrop - and almost every house we pointed out to them had someone who had been to Zrece: like Jan, and Mark, and Martin Lewis, and Emma and Dave, and Garth, and Paula Ambrose - and then back via the river for lunch and Scottish Country dancing.

SCOTTISH COUNTRY DANCING - AND THE THREE MAN DANCE

There was a good turn out at the Scottish dancers with over thirty English and Slovene dancers very well led by Lesley Alban - the

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Slovenes loved learning the dancers. I had also invited my friend Alan Nowel and his wife Hazel to teach the ribald Wyresdale three man dance which involves a degree of back slapping and bottom kicking. Three Slovene men learnt it and for the rest of the tour I saw them doing parts of it. We joked that next time we come to Slovenia it will have become a traditional Slovene dance.

LAKE DISTRICT TOUR

On our final day we went into the Lakes - they danced outside the Britannia pub in Elterwater where we passed a hat around the very generous drinkers who were there. Then a picnic down Easedale and dancing on the verdant terraces outside Robert Whittington's Country House Hotel - preceded by cream tea under the chandeliers in the dining room. Urska said she felt like a princess.

Then a visit to Ambleside and on to meet the Crook Morris Dancers at the Strickland Arms in Sizergh and the Masons' Arms at Strawberry Bank - which was wonderful as it ended with the Slovene men dancing with the Morris women and vice versa which looked very colourful with all the flowery hats, and bells, and headscarfs and hankies! And such hospitality with the Morris dancers giving our Slovene friends gifts and momentos of their visit.

THANKS TO THOSE WHO HELPED

Many thanks for help with the driving to Susan Garnet and Miles Ripley from Sedbergh, Earl Parker from near Keighly and Pat Walker from Liverpool; Robert Whittington at



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Lancrigg Hotel for his hospitality and afternoon tea; Lesley Alban and the Sedbergh dance group for teaching the Scottish dances; Alan and Hazel Nowel for the Wyresdale three man dance; Martin Lewis who did a Radio Cumbria report about them and came to the dances in full Scottish outfit; Luzia Marquart for making their evening meal in Lancaster; The Gladly Solemn Sound Choir, The Alnwick International Festival, The WEA Summer Music School, Farfield Mill and The Crook Morris Dancers, for their welcome and hospitality; Baliol School for providing such excellent accommodation; Newcastle City Council for permission to dance in the city centre; Howgills Harmony treasurer Emma Watton and Eric the dog for joining us on the walk and pointing out places of interest; Everyone who bought tickets for the concerts which allowed us to provide an excellent tour for a fraction of what it was worth, the good people of Sedbergh for their tolerance with the dancers' exuberant and lively spirits late into the night - and everyone who met and exchanged kind words with them.

David Burbidge

DENTDALE WI

We were pleased to have members of other WI's take up our invitation to join us for the August Open Meeting. With a good audience and a friendly atmosphere we all sat back and enjoyed Ann Farnell's demonstration of "Pancakes Savoury and Sweet". Ann had made her basic pancakes in advance so there was no tossing! She talked us through the fillings as she cooked and mixed them keeping us amused with her light hearted comments and banter! Nancy Murdoch later auctioned the finished pancakes!

The Business meeting was kept to a minimum. Reminders about our commitment to the Gala teas on Bank

Holiday Monday were given.

Members were approached about operating a Drinks and Food station for the Three Counties Charity Cycle race on the morning of 30th September.

Connie Chambers won the competition prize for four sausage rolls, but then the quality of Connie's sausage rolls are legendary!

The Mini Market held on the 11th August went very well. The weather was kind to us and enabled us to keep to our plan and set up outside the Memorial Hall in the school car park. Delicious cakes and tray bakes soon covered the table and we sold very quickly to visitors and members alike.

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Information was given to Members about various outings on offer through the Federation, but over the last month or so, one of our Members Gill Ioannou, had arranged two outings to the House of Commons for Dentdale members. Gill's daughter Sarah, is a Clerk to the House, and is allowed to take small parties on tour. Members of Dentdale WI were more than keen to take the chance!

Leaving Dent at 7.00am for Oxenholme Station - seats reserved and newspapers purchased, we were ready to let the train take the strain for our journey into Euston Station and then on to the House! The second party had the added experience to drive through the heavy rain that fell on London during the morning of 20th July. We looked in wonder from the comfort of the taxi as water gushed down the road by Trafalgar Square and we saw Londoners wading through ankle deep water as they crossed the road!

Once at the House, and met by Sarah we walked through the majestic and historic Westminster

Hall, through corridors, past pictures of the most momentous moments in the history of our nation and busts and bronzes of our illustrious leaders. We then walked through the division Lobby and into the House of Commons - empty of course - at the time. Later we were given passes for the viewing gallery of the House of Lords (who were sitting) and we marvelled at the sumptuous golden throne used by the ruling monarch.

Sarah had also arranged a guided tour of the Clock tower and the second group climbed over 300 steps first to gaze in wonder at the inside of the four faces of the clock. Then, with amazing precision, we were up in the Belfry with just a minute or so to prepare for Big Ben to Strike the hour of three o'clock! After the descent drinks on the terrace finished a fascinating day! Thank you, Gill, for making it possible!

The next meeting in the Memorial Hall will be on September 12th when Sarah Sutton will talk about Stained Glass. Visitors always welcome.

FROSTROW W.I.

Sixteen members attended the August meeting which had us somewhat puzzled with its title 'Good Heavens, It Rhymes!'

The July walk had been cancelled due to the rainy weather, so two walks were arranged for August on the 16th and 23rd, to be led by Eileen and Ann respectively from the Loftus Hill car park at 2pm.

Some of our members will be attending the Howgill and Dent W. I. Meetings and three will represent us at the Annual Council Meeting this month.

The October meeting was discussed fully and will be open to non-members in the main hall for a slide/

talk/music presentation of 'Underwater Photography'.

Pauline Mather has all the arrangements in hand for the Frostrow W.I. Golf Competition on October 8th.

Ann Petyt and Linda Hopkins agreed to represent us at the Reading Aloud Competition in October.

After the business, Ann welcomed Glyn Matthews, and his wife and, as is her resolve this year, she introduced Glyn, who is a well-known Lakeland poet, with an apt quotation by Keats - 'If poetry comes not as naturally as leaves to a tree, it had better not come'.

We were all enthralled by Glyn's

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readings which he said were often composed when he is out walking. They were poems about his grandchildren, his interests, special holidays etc., and will give pleasure, especially to his family, for many years to come. Jean Jones thanked him for a most unusual and enjoyable evening.

Margaret Copestakes' poem about Recycling won the competition and June Mudd was the raffle winner.

On September 5th Ian McPherson will give us a talk on Homeopathy. Visitors are always welcome.

M.F.

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HOWGILL W. I.

Our summer outing was to Brantwood, the home of the famous author and poet John Ruskin.

Following a guided tour of the house, a sudden deluge called off our plans for a walk around the gardens. We therefore relaxed in the café before continuing the short trip to Coniston Village Hall where a warm welcome and afternoon tea awaited us, provided by the ladies of Coniston W. I.

The rain didn't dampen our spirits and an enjoyable day was had. Thanks to Anita Casey for organising everything.

We would like to thank everyone who supported our Coffee Morning at the URC rooms in Sedbergh, in aid of the North West Air Ambulance. It proved successful in raising over £200.

The July meeting was held at Firbank Church Hall. Our delegate Sheelagh Denniss who represented us and neighbouring W. I. 's at the Royal Albert Hall gave us an interesting and humorous report on the experience. The resolution to urge the government to stop the closure of community hospitals got massive support.

Two members and President Mary Silva will be attending the Council Meeting on September 25th at Ulverston.

Following the business meeting we gave a warm welcome to our speaker Sally Farnell, Communications officer for the Stroke Association. She explained the physical and psychological effects a stroke can have on peoples lives and highlighted the importance that, immediately you suspect someone has suffered a stroke, to call 999. This is a medical emergency and the sooner the patient receives treatment the better the chance of recovery. Barbara Axford thanked Sally for teaching us so much on this major health issue.

The competition for a favourite

(Continued on page 56)

tactile was won by Tanya Hoard with Mary Silva second. Raffle winners were Hilary Charlton and Judith Capstick. The social half hour to name the U.K. holiday destinations was won by Barbara Axford. A Jacobs Join brought the meeting to a close.

Our open meeting was held on August 2nd at Howgill Village Hall. A warm welcome was given to members and their guests also fellow members from Frostrow, Killington and Newbiggin on Lune W.I.'s.

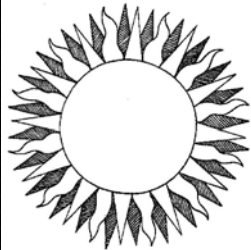
Guest speaker was flower arranging expert Joan Bentley who gave us a real treat with her decorating skills. She demonstrated in her unique professional style, displays both

traditional and continental, with tips and humorous stories, inspiring us all.

Tanya Hoare thanked Joan for a beautiful array of flowers on a beautiful evening, such an appropriate subject. The arrangements were later raffled with several lucky winner.

The monthly competition for a pressed flower was won by Tanya Hoare with Helen Beare second. The social half hour to make a short story from the names of flowers was won by Frostrow W. I. We meet again on September 6th when Pat Hayward will be giving a cookery demonstration at Firbank Church Hall at 7.30 pm. All are welcome.

A. h.



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SEDBERGH TOWN BAND

Yorkshire Post Recognition

In May 2005 we reported in the *Lookaround* that Town Band member Tony Playfoot had achieved the distinction of being one of only four people in the North of England possessing the National Association of Musical Instrument Repairers qualification. This was achieved as the result of attending an intensive course at a specialized college near Nighton in Wales.

This unusual qualification which is part of a career change of direction attracted the attention of July's Yorkshire Post Magazine who prominently featured Tony and three other inhabitants of Dentdale in an article entitled 'Dale of Hidden Treasure'. The article highlighted the admirable enterprise shown by people who had settled comparatively recently in Dentdale and followed completely different means for earning a living in an area where the traditional farming occupation is having to fight desperately to survive the multitude of antagonistic pressures it's facing.

The Yorkshire Post mentioned Tony's earlier career that spanned twenty eight years in the police force where for fifteen years he was a member of an underwater search unit.. A combination of disillusionment, being moved to Salford and being assaulted five times (twice resulting in a spell of hospitalisation) led to Tony and his wife, Margaret, buying a former Quaker Meeting House in Cowgill

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which they'd seen when walking the Dales Way in 1992. He was soon involved in extensive manual work, cutting lawns, weeding, felling trees and even grave digging. However a particularly significant moment was when he joined the recently re-formed Sedbergh Town Band.

Taking up a brass instrument made Tony recognise that instruments frequently required repairs and maintenance - 'trumpets seize up, a trombone stops sliding, a tuba gets dented or simply there's muck in brass'. When something of this nature happened he soon realised that there was no simple solution ready to hand - he also realised that here was a niche business opening and hence his acquisition of the Instrument Repairers qualification and the establishment of 'AGP Brass Instrument Repairs'.

The Town Band are delighted that Tony's initiative has been recognised by such an illustrious publication and are equally delighted to call upon his professional services as well as benefiting from his musical input on the tuba.

G. B.

KILLINGTON W I

*“ Didn’t we have a beautiful day
The day we went to Mire House?”*

If we had taken any notice of the weather forecast we probably wouldn’t have set off at all! For days before we had been assailed by dire predictions of rain, hail, gales, snow, thunder, lightening, and earthquakes! that would have deterred all but the stoutest of hearts. Nevertheless the ladies of Killington WI set forth with eager anticipation, motoring north through the Lune Gorge, surely the most beautiful stretch of motorway in Britain. We all arrived at Rheged in good time but did not manage to rendezvous with each other. I was happy to learn that I wasn’t the only one for whom it was a first visit to the attraction. After coffee we continued to Mire House on the shores of Bassenthwaite Lake where our guides to the house were waiting for us. (due to someone going the wrong side of the lake they had to wait longer than anticipated, - sorry folk!)

Now, I am not usually a ‘house’ person, rather more a ‘garden’ person, but I really enjoyed this house. It was dignified but not too grand, and had the feeling of a real family house. In fact it is still lived in by three generations of the Spedding family who own it.

A brisk walk brought us back to the road and the Sawmill Tearoom where our lunch was ready for us. A hearty bowl of soup followed by sandwiches, cakes and coffee set us up for the afternoon and a wander round the Mire House grounds. The energetic folk legged it down to the beautiful

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little church at the lakes’ edge. Others strolled round the gardens. I was particularly impressed by the Bee Garden, a south facing walled garden set out with all the plants which bees love and which provide ample nectar and pollen for their needs. A few beehives were tucked away in the corner, and engraved on a nearby wall were Virgil’s words, “*Principio sedes apibus statioque petenda*”, which was very familiar to me as it is the motto of Sedbergh Beekeepers! It translates as “*First find you bees a safe abode*”. Certainly they are very safe here surrounded by pretty and nutritious flowers. This garden is certainly well worth a visit, as is the house. Incidentally, at the end of

November there going to be a Flower Festival at Mire House when all the NAFAS flower clubs of Northwest England will be joining together to decorate the house. It will be very spectacular and definitely not to be missed. (End of commercial!)

Back again to the road but this time to collect our cars for the onward journey. The car park was particularly busy as it is the starting point for the track to the Osprey viewing site as well as for Mire House. Afternoon tea was taken at the Village Tea Rooms in Orton. It was a real effort to find room for more tea and cakes but we did our best! Moreover it provided a grand opportunity for us all to enjoy each other's company. It was a really

happy day out. Thank you Sue for organising it.

We were sorry that some of our members could not be with us and hope that those who were under the weather are by now feeling better. We send our special good wishes to Pamela Moran, at present in hospital in Lancaster. Keep them on their toes, Pam!

Our next meeting will be in the committee room of The People's Hall on Tuesday September 11th at 2pm. We will hear about Susan Winter's cycle ride across Cuba. Don't forget to bring your *postcard from abroad* for the competition and your contribution for our bring-and-buy. Newcomers (or oldcomers) are always most welcome to join us.

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FAMILY MUSINGS

Words fail me, and that happens rarely, often it is at someone's funeral that everyone gathers and people get up and make speeches about that person, their qualities, and their life story, and if you are like me you often think. Oh! I didn't know that! I haven't had to wait that long, for me it has all happened at my 50th birthday party!

150 people enjoyed a scrumptious afternoon tea provided in the main by Helen & Jayne, family and friends decorated the hall, Sedgwick and Haygarth rooms and helped put it all back to normal afterwards. I made a speech, Desmond made a very amusing one a little near the bone at times but said with good intent and then Andrew paid tribute with an amazing poem he and Tina have written, laughter and tears down through the years all brought together. Amongst the folks gathered were past and present work mates, friends from boarding school days at Windermere, clients from home care days, other people I have worked for, friends from near and far, family from brothers to brother and sister-in-laws, niece, nephew and great niece and great nephews, the oldest person present 97 the youngest 2. Wow! Martha who helped me (try) to blow out my birthday candles has the same birthday as me, she was 6 on the 6th, Patrick who is 2 came to help as well, someone thought they are my grandchildren, no, that joy is still to come, they are two special friends along with the rest of their family.

When I made my speech I was

holding the microphone in one hand and the notes in the other and was in desperate need of someone to fan my face so I cut it short, the speech not my face, and here is a bit I missed!

"I once worked for a lady with a friend called Kittens, she called me Woofie so as not to confuse me with her niece of the same name, the repair man who called one day asked the old lady what her name was and was most sorry when it was a very ordinary name! In 1970's I had this mad idea about putting something back into the community I loved so much and so put up for Parish Council, I didn't do to well but at the next election was persuaded to try

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again, however as I got even less votes that was the end of that! In 2002 it was possible to fulfill that dream when the post of Memorial Hall Secretary came vacant and I took it on. Some might say a nightmare more like but not me, I hope I listen to everyone but know my patience with moaners and complainers is wearing thin. I have inherited my mums love of life and parties but not her love of Brandy, returning one Christmas morning from drinks next door I told mum I that I was a bit tiddly, but I called her Granny and she was quite well-on-the-way to being well sozzled sat in her chair at home not able to get next door, she smiled at me, patted my

hand and in a slightly slurry voice said "Don't worry darling but we'll not tell Sarah"!!

Of course I would have loved for Mum and Dad to be here for my 50th and I am sure they're not far away, certainly here in our hearts, as are other loved ones. Getting my tattoo certainly started a fashion, the girls have them as well, Andrew managed to resist, probably Tina is quite relieved about that! People often ask me how I cope with everything, the answer lies somewhere in the faith and trust I have in Jesus who is with me every day, not just on Sunday's, and all of you and many other friends, and the wonderful family I call, and know as, my own. In His strength I step out, confident of His love to the end of this life and into eternity."

Getting ready for the party was quite a lot of exercise, getting everything put back was like an assault course, every single piece of furniture/ equipment that could move had been moved and all had to be put back .. far into the eve, but all worthwhile.

After the party came a hectic day in the garden and then holiday in the peaceful setting of Wolfampcote and some serious rest and pampering, thank you all who read this Musings month after month, I began my writing at boarding school and in the dorm at night the next installment would be read out so I had to keep up!

God Bless you all. Enjoy yourselves for what could be a late hot summer and I will be here again next month by which time I might have come down to earth! Maybe.



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CHARITY DRAW

Barclays Bank Supports Nyumbani

Over 13 million African children have already been orphaned through AIDS.

Barclays Bank has kindly offered to help raise funds for Nyumbani, Kenya's project for children born with AIDS. A picture was donated and the Bank decided that the best way to use it was to have a raffle. They have offered matching funding up to £750.

The picture is a Limited Edition Print by Sir William Russell Flint. He was one of the finest water-colourists of all time and an artist of supreme technical ability. His popularity was greater with the public than the critics but he achieved the accolade of Royal Academician, became



President of the Royal Society of Painters in Water-Colours, and was knighted. He was a Scotsman of extraordinary vigour and industry to an advanced age. He died in his ninetieth year. *Summertime Uzès* is a fine example of Sir William's landscapes and has an insurance value of £800. The picture, will be displayed at Barclays in Sedbergh from August 31st to September 30th.

Other prizes of M&S vouchers have also been donated. Tickets at £1 each will be sold at Barclays in Sedbergh, Kendal, Ambleside and Windermere. They are also available from Christine Wood 21750. All proceeds will go directly to Nyumbani.

Tickets will be on sale from September 1st, closing date Sept 30th. The draw will take place on Friday October 12th at Barclays in Sedbergh at 3pm.

Nyumbani, (Swahili for 'home') cares for HIV+ children. The orphanage cares for 100 children who are all provided with education and medical and social care. The children live in cottages with a house mother

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or uncle until they are 15 when they move to purpose built hostels and learn to cook, wash and shop for themselves, in preparation for an independent life. There is a school house for infants, a playground, a vegetable garden.

There is also an outreach programme called Lea Toto (Swahili for 'raising the child'). A further 1500 children in the slums are supported with food, medical care and counselling by a team of social workers and nurses, backed by volunteer community health workers. Uniforms and books are provided to encourage children to remain in school.

Another project opened recently is Nyumbani Village. Three hours from Nairobi, in Kitui District, it is for children and grandparents where parents have died of AIDS. It is unique in focusing on building a self-sustaining community. It will provide housing, health care and education for children living under the care of their grandparents. Later, agricultural and light industrial training and production centres will be added, to make the community self-sustaining. It is hoped this will be a model for many more such communities. For further information go to www.nyumbani.org.

Christine Wood

NEIGHBOURHOOD FORUM

Appleby Horse Fair

Terry Belshaw (Police Liaison Officer for Gypsies and Travellers) reported on this years Appleby Horse Fair and the work done in the Sedbergh and Kirkby Lonsdale area. He made it clear that his role was to look after the interests of the settled and travelling communities and that maintaining a balance was not always easy. As there are no transient or permanent traveller sites in the area (and none currently planned by SLDC) there were recurring issues with where the travelling community stay and for how long during the period around the Appleby Horse Fair.

Three years ago there were problems around Devils Bridge. The police, county, district and parish councils worked with the travelling community to reach an agreement regarding the amount of time gypsies and travellers spent in the area and where they stayed. This reduced road safety issues and incidents and has generally worked well for the last two years.

This year there were problems in the Sedbergh area, around Pinfold Bridge and on the road in Cautley. Terry said that there were plans to review this area and to work on the model used at Devils Bridge to improve the situation. He asked for residents continued support in reporting

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incidents and concerns. Terry discussed several issues and ongoing concerns expressed by members of the Forum. While he was not aware of any criminal prosecutions pending he said there may have been some traffic offences.

Alan Day acknowledged that the situation, while not perfect, was better than it had been but expressed concern about police leave being taken during this period.

Ray Lakeland was concerned that signage in lay-bys around Casterton was misleading as it had no mention of the Horse Fair or any dates. Terry undertook to review this situation. Terry said that the police operate within a complex legal and social framework and have to respond to national priorities set by central government. He admitted that this was a both a sensitive and complex issue with on-going problems but expressed his commitment to working

with all concerned to continually improve the situation and relationships between all those involved. Terry can be contacted on 01539 818878.

Community Transport

Mary Gough outlined the services provided by Community Transport South Lakeland. The Voluntary Car Scheme provides transport in volunteers own cars for passengers wanting to attend doctor, dentist, hospital and other health appointments, visit relatives, go shopping or attend meetings. It is available for anyone who has difficulty accessing public transport or doesn't have a car. A mileage charge applies and is payable to the volunteer driver in most instances.

If anyone is interested in becoming a volunteer driver in the Sedbergh and Kirkby Lonsdale area. please contact the CTSL office on 01539 735598.

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YDNPA

Clock is ticking for Dales woodland project

Time is running out for landowners to join a project aimed at increasing the amount of native woodland in the Yorkshire Dales.

The Yorkshire Dales National Park Authority has teamed up with its sister charity, the Yorkshire Dales Millennium Trust (YDMT), to run a two-year project aimed at covering 150 hectares (370 acres) with new trees.

The organisations have a pot of cash to fund tree planting – but only eight months left to spend it in.

Tree cover currently amounts to four per cent of the total area of the National Park – the lowest amount of any National Park, according to Geoff Garrett, Trees and Woodland Officer for the Yorkshire Dales National Park Authority (YDNPA).

“It is important to plant trees like ash, oak, rowan and hawthorn in the Dales to join up fragmented existing woodland that may not be in particularly good condition,” he said.

“Bigger woodlands have a better chance of survival both in terms of the trees themselves and the wildlife and other ground flora they support. At the same time, they are also more cost-effective to manage for the owners.

Half the £672,000 cost of the project, called Dales Woodland Restoration, is being met by English Nature’s Countdown 2010 Biodiversity Fund and the YDMT is working to raise the balance.

So far, landowners have put forward

nearly 70ha of land which has already been planted, but the race is now on to find the remainder of the land and to get the saplings in before the project ends next March.

“There really is some urgency now because, unless we get the trees in the ground before March, the money will be withdrawn from the project,” Geoff said.

“We need landowners with large areas of woodland – 10ha to 15ha – as well as those with smaller parcels.”

Last year the YDMT funded the assessment of the carbon potential of just under 12 hectares of woodland – and the trees were calculated to absorb 625 tonnes of carbon as they grow.

Trust Director David Sharrod said: “Woodlands are important in so many ways – as part of the Dales’ rich landscape, wildlife, history and culture – and they are even more vital as the area adapts to the increasing effects of climate change.”

For further details about the scheme or to contribute match funding please contact Geoff Garrett at YDNPA on 0870 1 666333 or Chris Lodge at YDMT on 015242 51002.

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JULIAN LLOYD WEBBER

International Musician to play at Sedbergh School.

On Friday 21 September, Sedbergh School welcomes the internationally famous cellist *Julian Lloyd Webber*, who will provide the first concert in the newly established Sedbergh School Concert Series. His programme for the evening will include works by Bridge, Elgar, Quilter and William Lloyd Webber. Tickets for the concert, which begins at 8pm in Powell Hall, can be bought from the School Box Office by ringing 015396 22228 or downloading a booking form of the web site www.sedberghschool.org and clicking on major events.

Prices are from £15 (£10 concessions) to £20 (£15).

Julian is widely regarded as one of the most creative musicians of his generation. He has collaborated with an extraordinary array of musicians from Yehudi Menuin, Lorin Maazel, Neville Mariner and George Solti to people such as Elton John and Cleo Laine. Julian's award winning version of the Elgar Concerto was voted the "finest ever" by BBC Music Magazine.

Julian Lloyd Weber plays the 'Barajansky' Stradivarius cello of c 1690.

Director of Music John Seymour said " We are very excited at the prospect of Julian playing here at Sedbergh. It will be a wonderful occasion and a concert to remember. We expect a full house and a great





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atmosphere in Powell Hall."

On the Saturday morning following the concert, Julian is running a music workshop for some of the pupils of the School and invited guests. John said "To have the opportunity to have a Masterclass from someone like Julian will be an unforgettable experience for the children. It will give the music at Sedbergh another great boost and we look forward to the other concert performances later in the year."

The concert series continues at Sedbergh School with Oboeworks on 1st February 2008, and A Recital of English Song provided by Martha Jones and Lyndon Hills on 20 June 2008.

For further information contact: Richard Witt Marketing Director on 07766 08559

KARTING IN 2007

(Part two)

Tom has entered the 125 ICC UK British Championship. When he isn't racing Tom mechanics for Frank Wrathall, Sam's old rival in Super ICC, he also mechanics frank's Ginetta Car which frank races in the Ginetta cup Championship. Sam has not entered the 125 Super ICC championship because of the poor decisions made by the officials and therefore I entered him into the 125 ICC Gearbox Masters Championship, this is 3 rounds in short circuit and 3 in long circuit, Sam has won the 2 short circuit meetings so far and has just won the first of the long circuit round. This round was also in conjunction with the MSA British Super Kart Championship.

Sam won the 2007 MSA British Super Kart Grand Prix title on his first attempt.

Sam will have to drop the next long circuit round as it clashes with the 125 ICC UK British Championship. But is looking forward to the Silverstone circuit in November.

Sam will not be defending the Midland Championship but instead will be representing England in the Inter –nations, an annual event where England, Scotland, Wales and Ireland compete against each other. This is on the first weekend in September at Warden Law near Sunderland.

Hopefully the season will continue in the same vein as it has begun as Sam has won three of the four 125 ICC UK rounds and Tom has had a

strong campaign with little luck but has managed to secure a couple of top ten finishes along with a top six in round three. However as we are only halfway through the season. We must not count our chickens before they have hatched.

This Report sent in by Sam and Tom Moore's chief chassis adviser and race strategise. And as I have maybe said before their very proud Dad.

AWARD WINNER

Sarah M has just celebrated 3 years in business and all the hard work has finally paid off.

For the first time this year, I entered "The Great Taste Awards" held by The Guild of Fine Foods and successfully been awarded a 2 star Gold Award for my Courgette Chutney.

Predominately the courgettes and onions for this chutney are grown by me here in Sedbergh. It is hard work growing so many fruits and vegetables for the preserves as well as creating celebration cakes and baking everyday cakes for various cafes and markets.

Brother Nick (Postie) Scarr encouraged me to start the business as he would grow everything for me, so I have dedicated this award to his memory. I think he would have been proud of my achievements.

I would like to thank everyone in Sedbergh and local area, who has supported and encouraged me in my business. The hard work with long hours are worth it. *Sarah M*

PHOTO CALL

This month I only had one very welcome feedback from Caroline Broster nee Metcalfe who now lives in Bolton le Sands, plus some help from my sister Janet Packham so many thanks to them.

1978 NAMES

Front Row l-r:

Carol Parkinson, Anita Begg, Marlene Cowperthwaite, Cath Haygarth, Carron Sowerby, Valerie Mitchell, Chris Gibson, Julie Brooks, xxxx, Janet Procter

Middle Row:

xxx, xxx, David Gardner, Graham Dalzell, Gary Farrow, Heather Dinsdale?, xxx, Jill Oversby, Pauline Woof, Georgina Swainbank, xxx, Alan Harper, Enid Frazer

Back Row:

? Rowlinson, xxx, David Stainton, xxx ? Postlethwaite, David Mason, Jim Cramer, ? Baines, xxx, ? Todd, Colin Armistead, Kevin Kirby, David Lord



Answers to this months to Shirley Tebay, Walnut Bungalow, Dent, LA10 5QT, tel: 0153925001 or by e-mail: shirley.tebay@btinternet.com



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A TAI CHI COMMUNITY

There is now a thriving Tai Chi and Qigong community developing in Sedbergh and the surrounding area. I continue to teach regular classes in Tai Chi, Qigong and Yiquan in Sedbergh, Garsdale, Dent, Hawes and Kirkby Stephen as well as giving tuition on a one-to-one basis by arrangement. On the 15th September I am running a one day workshop at the Wensleydale Centre, Askrigg, near Hawes called "Guarding the One - Cultivating Presence and Awareness through the practice of Yiquan". The workshop will be a general introduction to the practice and will be suitable for all ages and levels of fitness and experience.

June Parker has also recently begun to teach small classes locally. Although she began training with me only six years ago she has since studied intensively with the UK Taiji Qigong Foundation (www.uktqf.co.uk) and has become an excellent teacher in her own right. She specialises in Wild Goose Qigong and Women's Health issues. She can be contacted on Sedbergh 20972.

The Chinese Internal Martial and Healing Arts have profound health benefits as they comprise sets of exercises designed to relax and strengthen the body, reduce stress, calm the mind and increase energy (Qi) levels.

If you are considering taking up these Arts it is crucial that you find a well qualified teacher who has trained consistently for a considerable period

of time preferably under a variety of teachers from authentic lineages.

If you would like further information about any of the above please call me on Sedbergh 20648. I can also put one of my brochures in the post to you.

Finally a big thank you to all my existing students throughout the area for their continuing support.

Ian McPherson

LADIES N.F.U.

Our summer break has now come to an end and I'm still waiting for the sun to shine. Our next meeting will be held on Tuesday September 18th in the Peoples Hall Committee Rooms at 7.30 pm. This is our General Annual Meeting followed by a Jacob's Join Supper, please come along and join us to find out what goes on.

SEDBERGH TOWN BAND

Old Hutton Visit

Wednesday 19th September sees the start of the Town Band's programme of stimulating interest and participation in Brass Band music.

Starting at 7.30 pm the Band will be performing an hour's programme of music in the New Hutton Village Hall. The audience will then be invited to try out the instruments and discover the opportunities available for learning an instrument and playing in a band.

It is anticipated that this will be the first of a number of such evenings to be held in venues around the district.

G. B.

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BUSINESS MEN'S FELLOWSHIP

Wednesday 12th September sees Postman from Wigan Nick Catteral speaking at the Bull Hotel. Nick will talk of his way of life involving addiction to fruit machines, football violence and rock music which led to a family breakdown. How he joined the Army to escape - then something radically changed his life.

If you want to hear what this was, you are invited to attend the Business Men's Fellowship where you can also have a meal. Both men and women are invited and you are requested to reserve your meal at £10 by ringing Pete or Janice on 20229 by 5th September.

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YORKSHIRE DALES NATIONAL PARK

Walkers surveyed on Dales Way

Dales Volunteers from the Yorkshire Dales National Park Authority (YDNPA) helped the Dales Way Association to carry out the second part of the Association's survey on the Dales Way in August.

They talked to walkers using the popular, long-distance route, which runs between Ilkley and Bowness, to find out what they think of it.

The first phase of the survey was carried out in June in Hubberholme and the final poll was held in the Sedbergh area between 8 and 14 August.

Paul Wilkinson, the YDNPA's Area Ranger for Cumbria, said: "We're pleased to be helping the Dales Way Association with this survey.

Hopefully our volunteers heard from as many people as possible about what they liked about the route, why they used it and what, if anything, they would like to see changed.

"The information gathered will help the Dales Way Association to build a picture of its use and popularity and, from that, we can try to estimate its value to and impact on the economies of the local communities in the National Park."

Association Chairman Colin Speakman said: "The final part of the survey will give us more evidence that we can use to justify the need for more investment in this very important tourist attraction in the National Park."

ORGANISATION	CONTACT	Tel:	015396
After School Club	Mrs Packham	Sed:	21484
Age Concern South Lakeland PH (M & F)	Mrs Alderson	Sed:	20814
Angling Association	Mr Wright	Dent:	25533
Art Society (S & D)	Miss Nelson	Sed:	20034
Badminton (Dent)	Mrs Rushton	Dent:	25306
Badminton (Sedbergh)	Mr Mason	Sed:	20565
Beekeepers Association (S & D)	Mr Fraser-Urquhart	Sed:	21902
Book Group	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	Mr Killops	Sed:	20279
Bridge Club	Mr Estensen	Sed:	21060
Butterflies Tots & Carers	Mrs Gerrard	Sed:	21217
Canoe Club (S&D)	Mr Hinson	Sed:	20118
Caving Club (Kendal)	Mr Teal	Sed:	20721
Chamber of Trade	Mrs Baines	Sed:	21287
Chameleons Drama Club	Mrs Bush	Sed:	20058
Christian Aid	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	Mr Beck	Sed:	20336
Cricket Club (Dent)	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	Mrs Garnett	Sed:	21138
Dentdale Choir	Mrs Bush	Sed:	20058
Dent Memorial Hall	Mrs McClurg	Dent	25446
Dentdale Players	Mr Duxbury	Dent	25535
Dent School (Friends of)	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	Mr Clark	Sed:	21958
Fire Service (Tuesday Evenings)	Mr Packham	Sed:	20302
First Responders (Dent)	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	Mr Moffat	Sed:	21797
Gala Group	Mrs Fisher	Sed:	20764
Garsdale Village Hall	Mr Adams	Sed:	21085
Golf Club	Mr Lord	Sed:	20993
Good Companions (Dent)	Mrs Woof	Dent:	25275
Gladstone House		Sed:	
Help Tibet Northern Branch	Mrs Howarth	Sed:	20090
History Society	Mr Cann	Sed:	20771
Howgill's Harmony	Mr Burbidge	Sed:	21166
Howgill Harriers	Mr Brassington	Sed:	21212
Howgill Schoolroom	Mrs Stainton	Sed:	20665

Howgill Toddlers		Mrs Alderson	Sed:	22050
Kent Lune Trefoil Guild		Mrs Mitchell	Sed:	21144
Ladies National Farmers Union		Mrs Escholme	Sed:	20376
LETS around Sedbergh		Miss Wheaten	Sed:	20959
Liberal Democrats		Mrs Cleasby	Dent:	25476
Playgroup (Sedbergh)	<i>Latest Amendment</i>	Mrs Gunning	Sed:	20226
Over 60's (Dent)		Mrs Murdoch	Dent:	25335
Parent Support Group		Mrs Goad	Sed:	20402
Parish Council (Dent)		Dr Ioannou	Dent:	25023
Parish Council (Garsdale)		Mrs Donaldson	07967	972160
Parish Council (Sedbergh)		Mr Chivers	Sed:	21456
People's Hall		SOS	Sed:	20788
Peoples Hall Day Centre (Mon & Fri)		Day Centre	Sed:	21126
Pepperpot Club (Sedbergh)		Mrs Smith	Sed	21196
Pistol and Rifle Club		Mr Middlemiss	Sed:	20662
Playing Fields (Sedbergh)		Mr Hinson	Sed:	20118
Rag Ruggers		Mrs Hennedy	Sed:	20899
Residents Association (S & D)		Mrs Capstick	Sed:	20816
Royal British Legion		Mrs Brassington	Sed:	21212
Scouts	Cubs		Sed:	
	Scouts	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.		Mrs Wood	Sed:	21385
South Lakeland Carers Association		Mrs Woof	Dent:	25212
South Lakeland Voluntary Society for the Blind		Mr Axford	Sed:	21019
Squash Club		Mrs Cooling	Sed:	20622
St Andrew's Church (Sed) Sunday School		Mrs Denton	Sed:	20521
Slimming Club		Mrs Uttley	01539	722568
Swimming Club		Ms Pakeman	Sed:	21279
Tennis Club		Mr Robinson	Sed:	21014
Town Band		Mrs Waters	Sed:	20457
White Hart Sports and Social Club		The Committee	Sed:	20773
United Reformed Church Rooms		Mrs Mason	Sed:	20048
Westmorland Gazette Correspondent		Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)		Mrs Sugden	Dent:	25303
Women's Institute (Frostrow)		Mrs Mather	015242	76333
Women's Institute (Howgill)		Mrs Hoggarth	01539	824683
Women's Institute (Killington)		Mrs Sharrocks	Sed:	20754
Young Cumbria		Mrs Hartley	01524	781177
Young Farmers Club		Miss Capstick	Sed:	21032
Young Kidz		Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	<i>Latest Amendment</i>	Mrs Metcalfe	Sed:	20654

THE HOWGILLS

Its gratifying to see that our attempt at trying to make a living in Sedbergh is attracting so much attention - as they say 'There is no such thing as bad publicity! We'd like to try and answer your anonymous correspondents' points in the order that they are made.

Firstly, we agree, it is hard enough to run a business in Sedbergh, or anywhere else for that matter, without people copying each other. However, we have not noticed any previous letters to the Lookaround about the 4 cafes, 3 places to buy papers, 4 places to buy bread, etc etc that are available locally. What all the business's in Sedbergh are trying to do is offer a diverse range of products and services to their customers - this is called 'competition'. You state that we are selling almost exactly the same sweets and whilst we are not willing to comment on what anyone else sells, we can tell you that we have over 220 different types of weigh out sweets on offer and yes, we do think that there is room for two sweet shops in Sedbergh, otherwise we wouldn't have invested in the time, effort and money to change the focus of our business.

We will not respond to the personal comments that you have made about us, as they are our business and the Lookaround is not the proper forum to discuss them. What we would say to the people of Sedbergh is that you now have a little bit more choice than you used to have and you're all very welcome to come along and see what we have to offer and then make your

own mind up about where to shop. In addition we would like to thank all the customers who have supported our endeavours in the past and continue to support us now.

Paul & Carole Brassington

COUNCILLORS CORNER

The last couple of months have been extremely frustrating: after a very dry Spring we are now having one of the wettest Summers for many years, almost certainly the worst since 1985. It doesn't seem as bad as 1985 because nowadays we all have access to big bale silage and black wrapping. Back then that whole industry was just in the development stage and I don't think there would be many farmers who didn't make some mistakes along the way.

As well as the crop, as I write this we are still a long way from having all our sheep clipped. For July and early August when there were a few dry days we were trying to make hay and or silage. On the other days the sheep were always too wet to clip, and as of today, they still are.

But, the greatest concern in the last month was the incident of Foot and Mouth Disease in the south of England. There will have to be some serious examination as to how the virus escaped from the laboratories at Pirbright. It might just have been an unfortunate chance that it got out but again it was only by a fortunate chance that it seems to have been contained with just two farms infected. Surely we must look again at the wisdom of keeping stocks of these lethal agents.

Another concern to have emerged was the nonsense of leaving footpaths open within the restricted areas. Thankfully they had second thoughts after a few days and closed them off but that made a complete farce of their much vaunted bio-security. Of course it was right not to close the public rights of way outside the restricted areas but if the virus had escaped further it would have been essential to close the neighbouring rights of way.

If we learnt anything in 2001 it was the importance of disinfecting on major roads. I am convinced that the almost military disinfecting point on the road from Kirkby Stephen to Sedbergh was the only thing which prevented the livestock in our area being wiped out. And, if I have any grievance in my minor role in public life it is the fact that Tony Blair's government did not implement that measure when Paul Winn and I first asked for it rather than waiting for a letter from a nine year old visitor.

As to the future of local government in our area there have been two announcements since last month. One has received a lot of coverage, the other, as yet, much less. Firstly, the two Unitary Bids for Cumbria and North Yorkshire have both been rejected. Logically, this was the only possible outcome as both were posited on some extremely dubious presumptions. However, it seems to me the two rejections were based on almost equally dubious grounds. The main reason given against a Unitary Cumbria was the lack of road links from west to east

within the county. The lack of any sense of a community was given only as an afterthought.

My biggest worry now is that all the district councils sit back and get on with ordinary day to day business and conveniently forget the work which was done, albeit in self-defence, on improved methods of working. I will be pressing for an end to the duplication of effort which has been such a waste of resource in the past. That will mean the six planning departments working together in the future, likewise Environmental Health, Building Control etc etc.

The other announcement is the Boundary Committee's final recommendations for *Future Electoral Arrangements of South Lakeland in Cumbria*. In particular, they have decisively rejected the Liberal Democrat counter proposals and accepted the district council's own proposal of a single three-member ward to be named Sedbergh and Kirkby Lonsdale covering the eight parishes of Barbon, Casterton, Dent, Garsdale, Sedbergh, Middleton, Mansergh and Kirkby Lonsdale.

This is good news for the area and for South Lakeland as a whole. Electoral districts equal by population must be at the very heart of democracy. The present arrangements have never been entirely satisfactory, the Sedbergh Ward was always too small for two councillors and Kirkby Lonsdale too large for just one. Together they are an almost perfect fit. It will be the largest ward in the district but it is no larger, in fact exactly the same size

as the county division.

The consequence of this is that there will almost certainly be all-out elections for South Lakeland next May with Sedbergh and Kirkby Lonsdale elected 3 out of the 51 members. Hopefully however that will be an end to elections for the district for four years as all councillors are agreed that South Lakeland should move away from elections by thirds to all-out elections. There is quite a bit of money running on there being a general election on the same day.

Since I wrote my last article for Lookaround there has been a couple of developments concerning gypsies in our area. Firstly, thank you to everyone who went to our county councillor's Neighbourhood Forum to explain the problems which the travellers had caused in Sedbergh and Cautley. I'm sorry I couldn't make it myself, it was one of the few dry days last month and I was working with big bales that evening. However, contributions from those directly affected are always more effective than second hand views reported by others. For all that, I am concerned by some of the reports which I have heard back from the meeting citing human rights. The complaints about travellers which I have heard all relate to breaking the law. There is no human right to imprison someone in their own home by blocking their entrance way. There is no human right to steal heaps of sawn wood and burn it and there is no human right to pasture horses in other people's fields.

Since then several residents of Cautley have been concerned by caravans coming back to the old roadway below Mackereth Hill. However, when approached by SLDC officers they made it clear that they were moving on within the week. It is good that SLDC was prepared to enforce the law if this had not been the case.

Thank you to everyone who attended the two Yorkshire Dales meetings concerning housing policy. The essential questions which seemed to emerge were whether we should continue with development boundaries, whether we should designate housing land, whether houses could be bought off the open market and should there be increased penalties against second home ownership. As I said last month the options are not easy but it was clear that everyone there accepted there is a need to do something.

To contact me please ring 015396 20800 or 07980 844 695 (preferred) or email kjlanc@kjlanc.demon.co.uk or else write to me at Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS

LACK OF SPACE

Lookaround has so much information contributed every month that the "Fillers" I have received are placed into a 'To Do' Folder. These include photo's from 1957 as well as two 'Jackson Guides to Sedbergh' from the 1930's. They will appear in due course but in the meantime, thank you to those who have loaned them to me.

DJW

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00; 10.30 & 18.30
 Wednesday 11.15

Canon A W Fell Tel: 20283

Church Wardens:

John Beck 22109 & Lavinia Mahon 21740

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30 & 18.30

Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C Gotham Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Mrs T Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30

Rev. G Jones Tel: 01539 - 722079

*For enquiries for the following services,
 Please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale

Canon A W Fell Tel: 20283

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Dent & Cowgill

Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostron

Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

6.30 pm People's Hall every Sunday

Tel: 21436

*Would you like to know that someone is
 praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we pray
 every Sunday for this
 community and we
 should like to hear of
 any special needs.
 Please ring any of the
 above telephone
 numbers so that we may
 pray for you and/or
 others.*



Lookaround Advertising Rates

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Single Column x 4"	=	£15.00
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Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month (Double December)	=	£1.00
Postal Overseas (Double December)	=	£2.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month

DIARY OF EVENTS

Dates are held up to 27th June 2008

<i>"Lookaround Diary" What's missing?</i>		U R	12 1000 Farmers Market (Market)	JLCP
For all entries marked with (*), see insert in August Issue			12 1900 Business Men's Fellowship Dinner (1)	Bull
SEPTEMBER				
1	1000 Charity Coffee Morning	WFF	15 1330 Bingo	GH
1	1030 Quilt Exhibition Starts (6)	FM	15 1415 CWT The Sedgwick Trail	LHCP
1	1030 Gemma Hayward Photography Starts (6)	FM	15 1430 Beekeepers' Queening a Colony	The Stables
1	1030 A Novel Idea (*)	FM	16 1030 Gemma Hayward Photography Ends (6)	FM
1	1030 Classic Characters (*)	FM	16 1200 Garage Sale (16)	Howgill Lane
1	1330 Bingo	GH	18 1330 Bingo	GH
1	1400 Gypsy Characters (All Day) (*)	PH	18 1400 SLSB Talk	PH
1	2000 PH Dance	deferred to 29th	18 1930 LNFU AGM	PH
1	Festival of Books & Drama	Sedbergh	18 1930 Dentdale Choir Rehearsals start	DMH
2	1000 YDNP Walk	Langstone Fell	19 1000 Badminton Coffee Morning	URCR
2	1400 Dent Cricket v Sheeptown Cavaliers	Dent	19 1030 Quilt Exhibition Ends (6)	FM
2	1430 Beatrix Potter at Home (*)	PH	20 1430 Toy Library	PH
2	1930 3 Acclaimed Modern Poets (*)	URC	21 2000 Julian Lloyd Webber (21)	SSPH
3	A684 Closed at Lincoln's Inn Bridge		22 1330 Bingo	GH
3	1945 How many Light Bulbs (*)		22 1930 Harvest Supper	HJC
3	1900 Dent Parish Council	DMH	22 1930 James Bond Theme Night (1)	GVH
4	1330 Bingo	GH	28 1000 McMillan's Coffee Morning	GH
4	1900 Community Cinema Meeting	CO	26 1000 SHS PTFA Coffee Morning	URCR
4	1930 Swimming AGM	Bull Hotel	26 1930 Sedbergh Parish Council	PH
4	1945 Young & Successful (*)	PH	27 1930 A Dramatised Talk (27)	DMH
5	1000 GVH Coffee Morning	URCR	29 1100 Giant Bric-a-Brac Sale (29)	PH
5	1930 WIF Homoeopathy	PH	29 1330 Bingo	GH
5	1945 Writing - The Inside Story (*)	PH	29 TBA Quaker Peace & Social Witness (29)	SHS
6	am John Rice (*)	SPS	29 1430 Beekeepers' Preparing for Winter	Havera
6	pm John Rice (*)	SHS	29 2000 PH Dance (29)	PH
6	1430 Toy Library	PH	29 Howgill Sponsored Church Walk	HVH
6	1930 WIH Cookery Demonstration	FCH	OCTOBER	
6	1945 Night of Words (*)	FM	1 Dent Head Road Closed	
7	1930 KVH Domino Drive	KVH	1 1000 Disappearing World Starts	DCMH
7	1930 Telling it like it is (*)	SHS	2 1330 Bingo	GH
8	1000 Corsican Singing Workshop (1)	HVH	3 1000 Firbank Church Coffee Morning	URCR
8	1330 Bingo	GH	3 1930 WIF In The Red (35)	PH
8	Descant on Rawthey's Madrigal (*)	BF	3 1930 HS Life of Thomas Mawson	SHS
8	1930 Corsican Singing Concert (1)	DMH	4 1430 Toy Library	PH
8	1930 Telling it like it is (*)	SHS	4 1900 WIH AGM	HVH
8	Festival of Books & Drama Ends (*)	Sedbergh	5 1930 KVH Domino Drive	KVH
9	1000 Corsican Singing Workshop (1)	HVH	6 1330 Bingo	GH
9	Dent Methodist Harvest	DMC	6 1930 Dent Cricket Presentation Evening	G&D
10	Dent Methodist Harvest	DMC	7 1000 Disappearing World Ends	DCMH
10	1500 Reading Group	L	8 1500 Reading Group	L
11	1000 Disappearing World Starts	DCMH	8 1900 Dent Parish Council	DMH
11	1400 WIK Cycle Cuba	PH	9 1400 WIK Christmas Ideas	PH
11	1900 Beekeepers' Meeting	Old Vicarage	9 1900 Neighbourhood Forum	BVH
11	1930 FCH Domino Drive	FCH	9 1930 Beekeepers' Honey for Showing	PH
11	2030 Les Bull Jazz Night	Bull	9 1930 FCH Bingo & Potato Pie Supper	FCH
12	1000 Dent Foot Chapel Coffee Morning	URCR	10 1000 Christian Aid Coffee Morning	URCR

The S & D Lookaround is edited, published & distributed monthly by Dennis & Jacky Whicker

It is printed by Stramongate Press.

Whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for any inconvenience caused through errors or omissions.

10	1000	Farmers Market (8)	JLCP	
11	1000	Hidden Histories of the Dales Starts	DCMH	
13	1330	Bingo	GH	
16	1330	Bingo	GH	
17	1000	Killington Church Coffee Morning	URCR	
17	1930	HS Westmorland & Yorkshire	SHS	
18	1430	Toy Library	PH	
18	1915	WID It Shouldn't happen to a Nurse	DMH	
19	1930	Howgill Church Domino Drive	HVH	
20	1330	Bingo	GH	
22	1930	Beekeepers' Honey Show	PH	
22	1930	GVH Beetle Drive	GVH	
24	1000	Barnardo's Coffee Morning	URCR	
26	1930	Domino Drive	HVH	
27	1330	Bingo	GH	
28		Clocks Go Back		
30	1000	Wensleydale Camera Club Starts	DCMH	
30	1330	Bingo	GH	
31	1930	Sedbergh Parish Council	PH	
NOVEMBER				
1	1000	Hidden Histories of the Dales Starts	DCMH	
1	1000	Wensleydale Camera Club Starts	DCMH	
1	1430	Toy Library	PH	
1	1930	WIH Hand Painted China	FCH	
2	1830	FCH Bonfire & Skittles Night	FCH	
2	1930	KVH Domino Drive	KVH	
3	1000	The Poet's Map	FM	
3	1330	Bingo	GH	
7	1000	Lookaround Coffee Morning	URCR	
7	1930	WIF AGM & Jacob's Join	PH	
7	1930	GVH Domino Drive	GVH	
7	1930	HS Garsdale Mills	SHS	
9	1930	KVH Domino Drive	KVH	
10	1330	Bingo	GH	
11		Remembrance Sunday		
12	1500	Reading Group	L	
13	1330	Bingo	GH	
13	1400	WIK AGM	PH	
13	1930	FC Domino Drive	FCH	
14	1915	WID AGM + Social	DMH	
15	1000	Hidden Histories of the Dales Ends	DCMH	
15	1430	Toy Library	PH	
16	1930	WIH Domino Drive	HVH	
17	1330	Bingo	GH	
19	1930	Beekeepers' Meeting	PH	
21	1930	HS Dialect in Wuthering Heights	SHS	
24	1330	Bingo	GH	
27	1330	Bingo	GH	
28	1000	Wensleydale Camera Club Ends	DCMH	
28	1930	Sedbergh Parish Council	PH	
30	1900	HS Annual Dinner	Thorn's Hall	
30	1930	Folk Carols Concert	DMH	
DECEMBER				
1	1000	Folk Carols Festival Workshop	PH	
1	1330	Bingo	GH	
1	2000	PH Dance	PH	
2	1000	Folk Carols Festival Workshop	PH	
4	1930	Town Band Christmas Concert	PH	
				DIARY KEY
				BF = Brigflatts
				BVH = Barbon Village Hall
				CDC = Community Development Centre
				CO = Community Office, Main Street
				CWT = Cumbria Wildlife Trust
				DCMH = Dales Countryside Museum, Hawes
				DCP = Dent Car Park
				DMH = Dent Memorial Hall
				DMC/S = Dent Methodist Chapel/Schoolroom
				FCH = Firbank Church Hall
				FM = Farfield Mill
				G&D = George & Dragon, Dent
				GH = Gladstone House
				GVH = Garsdale Village Hall
				HJC = Hawes Junction Chapel, Garsdale
				HS = History Society
				HVH = Howgill Village Hall
				JLCP = Joss Lane Car Park
				KL = Kirkby Lonsdale
				KVH = Killington Village Hall
				L = Library
				LHCP = Loftus Hill Car Park
				MCCCKL = Methodist Church Centre KL
				PH = People's Hall
				SHS = Settlebeck High School
				SLSB = South Lakeland Society for the Blind
				SMCR/H = Sed. Methodist Church Room
				StAS/D = St Andrew's Church, Sedbergh/Dent
				SS = Sedbergh School
				STO = Sedbergh Tourist Office
				URCR = United Reformed Church Rooms
				WFF = Waterside Farm, Firbank
				WID = Women's Institute, Dentdale
				WIF = Women's Institute, Frostrow
				WIH = Women's Institute, Howgill
				WIK = Women's Institute, Killington
<i>From this month, we will include regular meetings. If you wish to be included, please let us have the relevant details.</i>				
Regular Meetings				
		Howgill Toddlers	1315 Every Monday	HVH
		Dent Parish	1900 1st Tuesday	DMH
		Killington WI	1400 2nd Tuesday	PH
		Ladies NFU	1930 3rd Tuesday	PH
		Coffee Morning	1000 Every Wednesday	URCR
		History Society	1930 1st & 3rd Wednesday	SHS
		Dentdale WI	1915 2nd Wednesday	DMH
		Sed. Parish Council	1930 Last Wednesday	PH
		Zebras	1315 Every Wednesday	SMCR
		Firbank WI	1930 1st Wednesday	PH
		Toy Library	1430 1st Thursday	PH
		Howgill WI	1930 1st Thursday	FCH

PUBLIC INFORMATION

SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218
 Repeat Prescription ☎ 015396 20239
 Out of Hours ☎ 01539 781999
 Bay Call ☎ 0845 0524 999

Dr W Lumb

Monday	0830 - 1100 *	1500 - 1800 *
	1230 - 1300	Dent
Tuesday	0830 - 1030	
Wednesday	0830 - 1100 *	1430 - 1700 *
Thursday	0830 - 1100 *	
Friday	0830 - 1100 *	1430 - 1730 *

Dr C Hunt

Monday	0830 - 1030	1500 - 1800 *
Tuesday	0830 - 1100 *	1500 - 1800 *
Thursday	0830 - 1030	1500 - 1800 *
Friday	0830 - 1030	1430 - 1730 *

H Pilling Nurse Practitioner

Tuesday	0830 - 1100 *	
Wednesday	0830 - 1030	1500 - 1800 *
Thursday		1500 - 1800 *
Friday	0830 - 1030	1430 - 1730 *

Practice Nurses

Monday	0845 - 1300 b	1400 - 1700 b
Tuesday	0830 - 1300 b	1400 - 1730 b
Wednesday	0845 - 1300 a	1400 - 1630 a
Thursday	0830 - 1300 a	1400 - 1730 a
Friday	0845 - 1300 b	1400 - 1730 b

a = Joanne Batty

b = Anne Crome

District Nurse

☎ 015396 21690

Health Visitor

☎ 015396 20979

A Collinge Optometrist

Every Friday 0900 - 1300 1400 - 1730 *

* = *By Appointment Only*

= *Family Planning*

DENTAL SURGERY

Finkle Street ☎ 20626

Mr I. R. Dawson, Ms G Turner, Mrs D Ross
 & Mr B Taylor

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

LIBRARY Main Street ☎ 20186

Monday		1700 - 1900
Wednesday	1000 - 1230	1400 - 1700
Friday		1400 - 1700
Saturday	1000 - 1230	

SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

0900 - 1700

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

www.cabkendal.ndo.co.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

☎ 0845 33 00 247

PUBLIC TOILETS

Main Street, Sedbergh & Main Street, Dent

VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 *

Mon, Wed & Fri 1900 - 1930 *

Saturday 1330 - 1400 *

Sunday *

* = *By Appointment Only*

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY