

Sedbergh & District  
**LOOKAROUND**

September 2009

Issue 270

Donation 70 Pence

A continued thank you to all contributors to this month's *Lookaround* including Articles, Reports, Events and Adverts. Without you, we are nothing. Keep the Cover pictures coming in too.

Thank you also for the continued comments about the 'New Look' which enhances these pages very well and helps to support our excellent community.

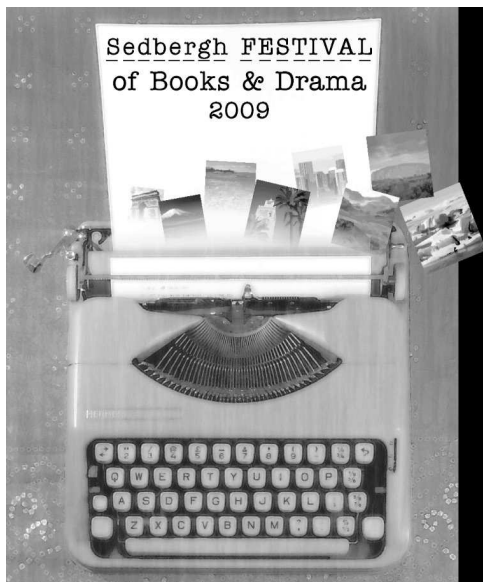
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[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

**CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th**

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

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# SEPTEMBER BIRTHDAYS



Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month is:-  
Saul Jones who is

9 years old on 22nd September

Please collect your vouchers from

*Sedbergh Office Services*

13 Kings Yard, Main Street,

Sedbergh

which can be used in any shop in

**Sedbergh & Dent.**

Day	Name	Age
10	Joe DANDY	8
16	Emma PACKHAM	11
1	Charlotte GARDNER	3
21	Isaac BREWER	5
22	Saul JONES	9
23	Fraser SPROUL	6
23	Amy HUNTER	7
<b>Nonagenarian &amp; Over</b>		
4	Patience CAPSTICK	90

A Very Happy Birthday to **Patience Capstick** who will celebrate her **90th Birthday** on 4th September 2009.



## NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number. Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher! ☺

## PERSONAL & SMALL ADS £1

### EASTHAM

A big thank-you to all our family and friends in Sedbergh and South Lakes for your good wishes, cards and gifts on the safe arrival of Thomas Andrew. Thank you all. Robert, Katherine and Thomas



### LAW

Happy **21st Birthday** Rachel on the 19th September. Love and best wishes from Grandma and Grandad Law

### LEDDY

Congratulations Jack on winning your first two Golf Competitions. Well done. We are very proud of you. Keep it up. Love Grandad and Nanna

### MILBURN

Margaret, Gary, Graham, Kevin and Families would like to thak relatives, friends and neighbours for the many cards, letters and flowers received on the sad loss of Bill. Thank you to Rev. Hopkins and Rev. Long for the lovely Service, to Brian Goad of J J Martin for his care and guidance through the funeral, for the Doctors and Nurses at Sedbergh Health Centre and to Duo for the excellent Tea. Thank you for the donations received for the British Heart Foundation totaling £629. Thank you all.

### MATTINSON

We would like to thank our friends and neighbours for all their love and support after we lost our Mum, Elsie. We were so touched by your generous donations, raising a total of £920 towards the new Sedbergh Health Centre and St Johns Hospice. Special thanks to Brian Goad, Canon Alan Fell and the girls from Duo. Jane and Jenn

### MOORE

John, Jean, Rachel, Laura and families would like to express their heartfelt thanks to family, friends and the Sedbergh community for the support and strength given, and prayers following John's accident. Special thanks to Andrew Pratt, members of Sedbergh Fire Service, Paramedics and Air Ambulance Crew who tended to John and also Preston Hospital's Critical Care Unit. John is now at home and progressing well with his recovery.

### NOLTINGK / KELLY

Chris, Myra, John and Helen would like to thank everyone who attended Vicky and Liam's wedding and for making it such an enjoyable day. In particular we would like to thank Canon A Fell, Cautley Carollers, Sedbergh School, Sharon and Danny for the evening party; the lovely flowers by Holmes of Natland and Powell's. Also Linda Hopkins for decorating the church beautifully

## PERSONAL & SMALL ADS £1

### SCARR

Many thanks to all at Farfield Mill for the lovely gifts, cards and good wishes received on my retirement from the Mill. I am touched by the generosity of you all. Also thank you for my retirement party which was enjoyed by all. Eileen

=====

### FOR SALE

Toyota Corolla (2003); 25,000 miles.  
Telephone: 015396 21106

=====

### FOR SALE

Two (2) hen cabins size 7' by 5' and 4' x 5'. Laying boxes, dropping boards etc included  
Telephone: 015396 21771

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### FOR SALE

The World of Automobiles, an illustrated encyclopaedia of the motor car, published c.1972 by Columbia House. 22 volumes in excellent condition. All offers considered.  
Telephone: 015396 20090

=====

### FOR SALE

Dog crate/cage with two doors and divider; 24" long x 18" wide and 21" high. £10. Telephone: 015396 20244

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### FOR SALE

Curved stair lift – only 12 months old  
Retractable arm and two remote switches. Cost £4,500 new. Accept £1,000 or near offer. Telephone: 015242 76223

### FOR SALE

Reebok Step; excellent condition and original step workout video.

Telephone: 015396 21509

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### FOR SALE

Old Raeburn (Royal) matt black, in daily use, good working order. £150 ono. Buyer must remove. Tel: 015396 21400.

=====

### FOR SALE

New Belling (Mains) Gas Cooker Model G756 WH (White). Purchased 9th January 2009. Un-used owing to owners relocation to non gas area! Purchase Price £365. 12 month warranty lasts until 9th January 2010. Current on-line purchase prices for this model £355 - £519. Will accept £265 o.n.o. Contact Telephone 015396 25269

=====

### FOR SALE

20 concrete flags 2' x 3'. £2.75 each.  
Tel: 015396 21772.

=====

### WANTED 5/5

Caravan in Sedbergh to rent, in quiet secluded location - not on a site, I am looking for a sole annual rental - not shared please. Please contact Jane on 0161 762 5375 or 0797 005 7743.

=====

### WANTED

Garden assistant. Hours and pay by arrangement. Please Phone 015396 20790.

# Easy Virtue

Cert. PG

Starring Jessica Biel, Colin Firth, Kristin Scott Thomas  
Ben Barnes, Kris Marshall. 96 minutes

Saturday 5th September  
People's Hall, Sedbergh

Doors open at 7pm. Film starts at 7.30pm

The twenties have roared... the thirties have yet to swing. John Whittaker (Ben Barnes), a young Englishman, falls madly in love with Larita (Jessica Biel), a sexy and glamorous American woman, and they marry impetuously. However when the couple returns to the family home, his mother Mrs. Whittaker has an instant allergic reaction to her new daughter-in-law. Larita tries her best to fit in but fails to tiptoe through the minefield laid by her mother-in-law. Larita quickly realizes Mrs. Whittaker's game and sees that she must fight back if she's not going to lose John. A battle of wits ensues and sparks soon fly.

Tickets: £5 Adults, £3 Children (under 16), £12 Family (2 adults & up to 3 children)

**Flicks in The Fells** Telephone: 015396 20504 email: flicks@sedbergh.org.uk

## SEDBERGH PARISH COUNCIL

**T**he latest council meeting was held on Thursday 30<sup>th</sup> July at the People's Hall.

The following planning issues were discussed:-

### Applications

The Paddock & Fairholme –

Permission for communal TV reception systems *No objection*

10 Loftus Manor, Sedbergh – permission for the re-instatement of part of an original window opening and installation of a roof light

*No objection*

Gate House Howgill – Listed building consent for repairs and re-slating of the roof together with the erection of a porch.

*No objection*

### Decisions

Sunnybank, Station Road, Sedbergh  
*Approved - Conditional*

2 Weavers Court, Sedbergh  
*Approved - Conditional*

2 Guldrey House, Sedbergh  
*Approved - Conditional*

8 Queens Drive, Sedbergh  
*Approved - Conditional*

Further details of planning applications can be found on the

Yorkshire Dales National Park website.

### Finance

The financial report was presented to the meeting. The Audit committee have suggested that in future car parking income is increased by adopting SLDC pricing. The Audit committee will look into this further and bring a firm proposal to the council. The meeting also discussed a response from HM Treasury regarding the treatment of VAT on Car Park income and it was decided to continue with the present policy of maintaining a reserve equal to that nominal amount of VAT that may have accrued.

### Parish Plan

The Parish Plan is now complete and a copy appeared in the August *Lookaround*. It was also agreed that copies will be made available at public places such as the library etc. A workshop is to be arranged to look at the production of action plans to go with the Parish Plan.

### Car Parks

It was agreed that the issue of Car Park Passes for the new year would



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George Baines:  
015396 21287 or 07977 514229

not be subject to the restriction of one per elector as it was felt that this would be too restrictive to residents.

The continued flooding problem at the bottom of Joss Lane Car Park was raised and it was agreed that SLDC (The landlord) are to be approached to rectify.

The continued blockages at Loftus Hill Toilets are to be investigated and a working party is to help tidy up the Car Park.

It was decided to take out an annual

maintenance contract for the ticket machines to ensure that any loss of revenue from breakdowns is kept to a minimum.

It was agreed that the proposed tree planting and installation of cycle racks at Loftus Hill Car Park would go ahead.

### *Football Field*

The problems relating to the drainage of the football field have now been investigated and it was agreed to go ahead with the installation of sand bands by Danvic Turf Care and the digging of a new linking drain in time for the new football season.

### *Highways*

Once again a large number of highway issues were raised and arrangements are in hand to notify the relevant local authorities. For remedial work to be carried out.

### *Other Business*

A vacancy as a parish representative trustee on the Sedbergh United Charities had arisen and Cllr Atkins agreed to serve.

The next meeting will be on September 24<sup>th</sup> at 7.30pm at the People's Hall committee room.

Members of the public are welcome and there is always an opportunity usually around 8.30pm for you to participate.

For any further information please contact the clerk Colin Robertshaw. (Tel 01539 730597 email colinrobertshaw@talktalk.net or at the Community Office around midday each Wednesday).

### DENT PARISH COUNCIL

In addition to the August Parish Council meeting, a public meeting was held in Dent at the end of July about the extraction of timber from the Littletown plantation. The full Council minutes are published as usual on the Dentdale website, [www.dentdale.com](http://www.dentdale.com).

#### *Littletown Plantation*

About 40 people attended a meeting on July 28th in the Memorial Hall about the felling, extraction and replanting of the trees on the Littletown plantation. The meeting was addressed by Jim O'Neill from the Forestry Commission, Phill Hibbs, the Yorkshire Dales National Park Trees and Woodlands Officer and Steve Dresser from Euroforest Ltd.

Jim O'Neill explained that parts of the plantation have already blown down, and its age means that there is now a requirement to fell it completely. This will happen over the next few months and the timber will be taken out of the Dale over Stonehouse Bridge. A six-wheeled lorry will make up to five journeys a day between the plantation and the Dent head viaduct, where the timber will be transferred to a larger vehicle and taken out via the Ingleton-Hawes road. The contractors, who had already carried out trial runs to establish the feasibility of their plans, intend to complete the extraction by May 2010 at the latest. Wherever possible, the timber movements will be timed to avoid the school bus run and any other known busy times. When the extraction is over, the lower

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part of the plantation will be replanted with mainly native broadleaf trees, while the upper part will revert to moorland.

Jenny Pilgrim will be liaising between the Parish Council and the contractors during the extraction, and if there are any problems, Steve Dresser, who will be managing the work, can be contacted directly on 07831 821397

#### *Housing Needs Survey*

Most people are aware of the need for affordable housing for local people in Dentdale, and Two Castles Housing Association is willing to build it provided that there is sufficient demand. To establish the extent of this demand, Cumbria Rural Housing Trust (CHRT), an independent charity that works to ensure homes are available and affordable for local people, is currently conducting a survey of Dentdale residents. So when you get the form, please take a few minutes to fill it in and return it. Any information you give will be kept strictly confidential by CRHT – it will not be shown to the Parish Council or anybody else.



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Chapel of Rest

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**Dent 25334**



**Flood Lane Barrier**

The barrier is now in place in Flood Lane at the site where the fatal accident occurred last November. The Parish Council is continuing to press Cumbria Highways to alter the warning signs so that they give a clearer indication of the potential danger when the road is flooded.

**Access to Council Papers**

The Parish Council's section of the Dentdale website [www.dentdale.com](http://www.dentdale.com) has recently been updated, and now includes more information about Parish Council members and how they can be contacted. It also shows who is on the various Council committees and contains full minutes of both Council and committee meetings, as well as the Council's annual report and financial statement. If you don't have access to the internet, please contact me if you would like either to inspect the Council's papers or to have copies of them.

**Hydro-electric Power in Dentdale**

Graham Dalton reported to the August meeting that the National Park has recently published a study it

had commissioned into the feasibility of generating hydro electric power in the Dales. Thirty-eight sites had been examined and the site at Rash Mill was one of 15 that were considered potentially viable. Site owners and local representatives will shortly be invited to a day-long seminar to consider the next steps.

**Vice Chair and Financial Officer**

The August meeting approved David Hartley's election as Vice Chair of the Council for a further three-month period. In addition, Graham Dalton was appointed to look after the Council's finances until a new clerk is appointed.

**Auditor's Report**

The August meeting was pleased to note that the external auditors had recently approved the 2008-09 annual statement of Council's finances. If you would like to inspect this document, please get in touch with me to make arrangements; alternatively, as mentioned above, it can now be viewed online at [www.dentdale.com](http://www.dentdale.com) – click on **Parish Council** and follow the link to **Finances**.

**Next Meeting**

The next meeting will be at 7.30pm on September 7th in the Sedgwick Room. It is open to everyone, and members of the public will be able to raise any issue that concerns them in the public forum which usually takes place about 8 o'clock.

*Jock Cairns, Chair Tel: 25655*

**e-mail:**

[dentparishcouncil@btinternet.com](mailto:dentparishcouncil@btinternet.com)

**Sedbergh  
CDC  
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Education  
Courses  
in  
Sedbergh**

**Venue Key**

BAR Barbon Village Hall  
 CDC Sedbergh CDC  
 PH Sedbergh Peoples  
 Hall  
 RAV Ravenstonedale  
 SDM Sedbergh Methodist  
 Hall  
 SHS Settlebeck High  
 School  
 SPS Sedbergh Primary  
 School

015396 21031  
 admin@sedberghc  
 dc.org.uk  
 www.sedberghcdc.  
 org.uk

**Enrolment  
 Evening**  
 Sedbergh CDC  
 Thursday 10th  
 September,  
 6pm - 8pm

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 or website for full  
 details of all  
 courses in  
 Sedbergh, Kendal  
 & Kirkby Lonsdale

Code	Subject	Tutor	Wks	Day	Start	Times	Full	60+	Ben	Venue
<b>Art &amp; Craft</b>							<b>Price Code</b>			
SED0913	Hand Craft a Leatherbound Notebook	Helen Golding	1	Sat	26.09.09	10:00-16:00	£28	£23	£7	SHS
SED9037	Felt Jewellery Workshop	Gill Ferguson	1	Sat	17.10.09	10:00-16:00	£28	£23	£7	SDM
SED9041	Nuno Felt Workshop	Gill Ferguson	1	Sat	Spring 10	10:00-16:00	£28	£23	£7	
SED9109	Beaded Jewellery Workshop	Rachel Hearne	1	Sat	07.11.09	10:00-16:00	£28	£23	£7	SDM
SED9051	Intro to Watercolour Workshop	James Devaney	1	Sat	26.09.09	10:00-16:00	£28	£23	£7	BAR
KBL9049	Watercolour & Ink	James Devaney	12	Tue	22.09.09	13:30-15:30	£68	£55	£17	BAR
SED9021	Woodwork & Joinery for All Levels	Bryan White	10	Wed	23.09.09	19:00-21:30	£70	£56	£18	SHS
SED9097	Have a Crafty Christmas	Sue Oliver	6	Wed	04.11.09	13:15-15:15	£34	£27	£9	CDC
<b>Computing &amp; Digital Photography</b>										
SED9035	Computer Basics	Chris Wood	2	Tue	15.09.09	19:00-21:30	£16	£13	£5	CDC
SED9046	Beginner's Internet & Email	Chris Wood	10	Tue	29.09.09	19:00-21:30	£70	£56	£18	CDC
SED9103	Developing Your Computer Skills	Chris Wood	10	Wed	23.09.09	13:30-16:00	£70	£56	£18	CDC
SED9093	NOCN Level 1 Award in ICT	Chris Wood	22	Wed	16.09.09	13:30-16:00	£149	£149	£45	CDC
SED9002	Digital Photography & Image Editing	David Barrett	10	Wed	30.09.09	19:00-21:00	£56	£45	£14	CDC
SED9020	Making & Editing Digital Films	Anita Crompton	2	Sat	10.10.09	10:00-16:00	£34	£27	£9	CDC
SED9064	Buying & Selling on Ebay	Chris Wood	1	Thu	01.10.09	18:30-21:30	£12	£10	£5	CDC
SED9091	Computer Safety & Security	Chris Wood	1	Thu	26.11.09	18:30-21:30	£12	£10	£5	CDC
SED9092	Downloading & Using Free Software	Chris Wood	2	Thu	12.11.09	19:00-21:30	£16	£13	£5	CDC
<b>Cookery &amp; Exercise</b>										
SED9003	Cookery for Easy Entertaining	Nela Geuer	6	Wed	16.09.09	19:00-21:00	£34	£27	£9	SHS
SED9005	Christmas Cooking with a Difference	Nela Geuer	4	Wed	25.11.09	19:00-21:00	£23	£18	£6	SHS

SED9042	Pilates	Teresa Hill	6	Mon	14.09.09	16:30-17:30	£36	£36	£36	SPS
SED9043	Pilates	Teresa Hill	6	Mon	14.09.09	17:45-18:45	£36	£36	£36	SPS
SED9030	Yoga for All	Deyna Hirst	13	Thu	17.09.09	10:00-11:30	£55	£44	£14	SDM
SED9031	Yoga for Strength & Flexibility	Deyna Hirst	13	Thu	17.09.09	19:45-21:15	£55	£44	£14	SHS
<b>Employment &amp; Family</b>										
SED9110	CIEH Level 2 Food Safety in Catering	Angie Fell	2	Thu	01.10.09	18:30-21:30	£65	£65	£65	CDC
SED9060	Thinking About Your Finances	Moira Hanning	4	Tue	22.09.09	19:30-21:30	£23	£18	£6	CDC
SED9061	Planning & Managing Your Finances	Moira Hanning	10	Tue	03.11.09	19:30-21:30	£56	£45	£14	CDC
SED9101	Understanding Children's Behaviour	David Walton	5	Tue	06.10.09	09:30-11:30	£5	£5	£5	PH
<b>Languages</b>										
SED9015	Spanish Conversation	Pilar Valera	10	Fri	25.09.09	10:00-12:00	£56	£45	£14	CDC
SED9032	German Beginners	Nela Geuer	12	Mon	21.09.09	10:30-12:00	£51	£41	£13	CDC
SED9029	German Improvers	Nela Geuer	13	Thu	17.09.09	14:00-15:30	£55	£44	£14	CDC
SED9072	Italian Beginners	George Handley	10	Wed	23.09.09	19:00-20:30	£42	£34	£11	CDC
SED9026	Italian Beginners Plus	Amanda Rose	12	Thu	17.09.09	10:15-12:15	£68	£54	£17	CDC
SED9027	Italian Continuing	George Handley	10	Tue	22.09.09	10:15-12:15	£56	£45	£14	CDC
SED9028	Italian Continuing	George Handley	10	Wed	23.09.09	10:15-12:15	£56	£45	£14	CDC
SED9025	French Beginners	Helene Shovlar	10	Mon	Jan 2010	19:30-21:00	£42	£34	£11	CDC
<b>History, Literature &amp; Psychology</b>										
SED9059	How We Behave and Change (Psych)	David Walton	10	Thu	24.09.09	19:00-21:30	£70	£56	£18	CDC
SED9011	Discover the History of Your House	Katy Iliffe	4	Mon	28.09.09	19:00-21:00	£23	£19	£6	CDC
SED9012	Family History Workshop	Katy Iliffe	1	Sat	24.10.09	10:00-16:00	£28	£23	£7	CDC
<b>Music &amp; Writing</b>										
SED9017	Play in a Ceilidh Band	Carolyn Francis	10	Mon	28.09.09	19:00-21:00	£56	£45	£14	SHS
SED9039	Music Appreciation-Theme+Variations	Elizabeth Dodd	10	Tue	22.09.09	13:30-15:30	£56	£45	£14	CDC
SED9070	Creative Writing	Janni Howker	12	Fri	18.09.09	13:30-15:30	£68	£54	£17	CDC
<b>Outdoor Skills &amp; Crafts</b>										
SED9073	Intro to Lowland Navigation	Tim Deighton	1	Sat	03.10.09	10:00-16:30	£30	£24	£8	Dent
SED9074	Feel Confident on the Fells	Tim Deighton	1	Sat	24.10.09	10:00-17:00	£35	£28	£9	Dent
SED9102	Hill Farming - 3 Farm Visits	V Lewis & R Dent	3	Sat	Tbc	11:00-14:00	£34	£34	£34	Various
SED9085	Dry Stone Walling	Tbc	2	Sat	26.09.09	09:00-16:00	£79	£79	£79	RAV
SED9086	Dry Stone Walling	Tbc	2	Sat	17.10.09	09:00-16:00	£79	£79	£79	RAV
SED9100	Coppicing for Firewood & Other Uses	Rebecca Oaks	2	Sat	31.10.09	09:30-15:30	£74	£74	£74	RAV

### COUNCILLORS CORNER

**D**IGITAL TELEVISION – I have been pleasantly surprised by how well the change over from analogue to digital TV has gone in our area. There is no doubt that the signal we are receiving at Fellgate is more than adequate and the picture is just as good as that received from satellite, certainly it is a heck of a lot better than the old signal was. Of course, whether the extra programmes are actually worth watching is a different issue.

**PLANNING ISSUES** – After losing the chairmanship of the National Park at the Annual Meeting at Yorkshire Dales I am back on the Planning

Committee. However Graham Dalton is back in the chair of the Planning Committee and I intend to stand as chairman of Access Committee. At the Planning Committee we had two very significant local applications, one for the reoccupation of West Banks in Dent and the other for the rebuilding of Low Wardses in Cautley. The first was rightly deferred because of major issues surrounding the report to members and the policy basis for decision making. I would hope these can be resolved before the matter is heard again, probably in October. Members were minded to grant the Low Wardses application contrary to officer recommendation and that will be considered again on reference



**Sedbergh Playgroup**

**TABLE TOP SALE**

Cake Stall Raffle

Tombola Refreshments

10 am to noon

**Saturday 12th September**

People's Hall

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**Saturday 12th September**

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back at the September meeting.

**GOVERNING BODIES** – As county councillor I have some discretion in some of the appointments to the governing bodies of schools within the county division, Sedbergh and Kirkby Lonsdale. If you or someone you know would be interested please don't feel embarrassed to let me know. Just bear in mind the appointment is not just an honorific one, governors are expected to work damned hard. The fact that our local schools are so good is a testament amongst other things to how hard the governing bodies do work.

**JOSS LANE AND LOFTUS HILL CAR PARKS** – Once again we are coming around to the time of year when Sedbergh local permits have to be renewed. No doubt there will be some complaints about paying £35 per year or £52 per year for over night parking but in truth it represents incredibly good value for money. Yes, the parish is more than breaking even on the car parks but again that is down to the hard work of those people most closely involved. We still have drainage issues on Joss Lane and the more observant will have noticed the red spots on some of the parking places. This is to formalise the arrangements for market days so some cars can park in the areas which are not needed for the market. One disappointment has been the ingenuity which one or two have used to get around the original common sense rules. This means that this time you will have to sign a form on receipt of your parking stickers and

the rules have regrettably had to be tightened.

**PLAY AREAS** – Both Sedbergh and Kirkby Lonsdale have benefited enormously from the public spirited nature of groups of people who have done so much to advance the cause of children's play areas. At one of the very first county council meetings councillors were told of a pot of £12,000 capital money for each division. The catch was that it had to be on one use and allocated before September. I have decided to spend my pot on the two play areas at Sedbergh and Kirkby Lonsdale. My intention is to keep the scheme simple for the first year. I know of improvements wanted at both which

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will be able to use the money in the tight timeframe. I know also that Dent would like to improve their play area and I hope to spend next year's money around the smaller parishes.

#### **NEW ROAD IN KENDAL –**

Irrevocable decisions on the future of car parking on New Road in Kendal are likely to be taken very soon. The Conservative Group and the parliamentary candidate Gareth McKeever are both very strongly opposed to the present plans by the Lib Dem group on SLDC to remove cars from the whole area. This will be extremely harmful for many residents of Sedbergh, Garsdale, Dent and Middleton who work in Kendal. The Lib Dems have got it very wrong on

this one, you can see that by the way that Tim Farron is trying to distance himself from his own councillors. Watch out for further details, if this is to be defeated we will need your support.

**OTHER MATTERS –** Sedbergh parish is now having to close the loos on Loftus Hill at night to prevent vandalism. If your kids are involved in the problems we have had then I hope you feel suitably ashamed. You are costing us all money and are ensuring that the loos are no longer open late at night.

As of last week the planning agreement called the "106 agreement" for the Spar Retail Outlet and Health Centre had not been signed so technically planning permission has not yet been secured.

Small sums of money for educational purposes are available for those brought up in Sedbergh parish from the Sedbergh School Boys' Fund and Sedbergh School Girls' Fund. The Boys' Fund tends to support local boys attending Sedbergh School, the Girls' Fund tends to support girls in further education. I can supply further details on request.

*Councillor Kevin Lancaster – 015396 20800, 07980 844 695, kjlanc@kjlanc.demon.co.uk, Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS*

*For non-urgent matters or to arrange a meeting please contact Anne Fenwick – 07951 465 073, AFenwick07@aol.com*

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## DENTDALE CRICKET CLUB

9th August v Holker

**A** very disappointing end to July and start of August as we lost 4 Home Games due to flooding on the field. We would have been able to play at least 2 of these games if the drainage could have for the surface water away. Very sad for this young developing Team.

On a sunny day, at last, we set off with a weakened Team in Heather's Bus. We batted first in a 30 Over game and got off to a reasonable start before Rob played a premeditated shot and was Bowled for 14 out of 17 scored. Pete Moorby and Kevin Puncher (15) put on a

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stand of 33. Pete continued to bat well before being compulsorily retired at 31. Luke Cragg (16 not out) and Harry Porter (8) Batted well together playing some excellent shots. Both players showed potential.

Our Innings ended at 102 for 6. The same score as England but they lost all 10 Wickets.

Our very depleted Bowling attack was led by Rob Mitchell who Bowled very well again with 2 for 22 (Maybe should have been 3 if the Keeper had caught a nick). However, the family honour was saved by Dad (Jim Burton) with a superb catch in the Gully. He had to dive forward to catch a hard hit ball inches off the ground - brilliant!!

Rob's keen Bowling was well backed up by Harry Porter with 1 for 18 and Luke Cragg with 1 for 26. But our weekend Bowling attack could not stop Holker from victory.

We enjoyed a very good BBQ at the Pavilion in Holker Hall Grounds. A good day out despite the loss. Champaign Moment - Jim's catch. Man of the Match - Rob Mitchell for excellent Bowling and his well struck 14 (3 x 4's). Sorry Pete.

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**TIM FARRON MP**  
**T**hanks to everyone who came to see us as we visited Sedbergh, Dent and Garsdale as part of our summer tour of the constituency. As I have said before, I find these visits really useful, they help me to stay in touch with what matters to people as well as giving me a chance to travel around some of the most beautiful parts of the country. I still cannot get over how lucky I am to be the person representing this area in Parliament.

With Parliament on holiday, I have been taking the chance to arrange quite a few meetings. I mentioned last month the meetings I have been having to discuss the appalling

## SEDBERGH HEALTH CENTRE

will be closed for Training Purposes on the following afternoons:-

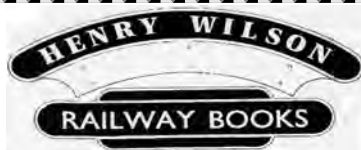
Wednesday 16th September  
 Tuesday 13th October  
 Thursday 19th November  
 No Closure in December  
 Wednesday 13th January



behaviour during the periods leading up to the Appleby Fair, these are ongoing and I am fairly sure that we will see a marked improvement in the policing efforts next year.

I have had several meetings with the Ambulance service recently. People with more minor conditions are still being taken to Lancaster Hospital when they could be so much more easily be taken to the Westmorland General Hospital. We estimate that about 50% of the ambulance trips from this area down the M6 to Lancaster are unnecessary. The problem seems to lie with some rather out of date protocols that the ambulance service works by but I am fairly sure that we can sort this out and reduce the amount of time many people from places like Sedbergh and Dent spend in an ambulance before they are treated if they are unfortunate enough to have an accident.

Finally, as you know I like to keep these columns focused upon the work we have been doing that is of immediate benefit to people who read



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**open meeting**  
 7.30pm  
 Questions about  
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 Thursday September 17

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Killington and District Sustainable Energy Trust

*Lookaround*, however, a few weeks ago we received a note commenting upon some articles in *Lookaround* that mentioned the European Union and asking what my position is on this issue. I could take more than my allotted space on this issue but I will try to be brief:

I am in favour of European Union membership, I cannot see much alternative to it in these days of increasingly international crime, the need for international trade to get this country back on its feet and concern over climate change issues. An organisation which has resulted in us having constructive negotiations countries who not long ago had nuclear weapons pointed at us cannot be all bad. However, I do believe that the EU is badly run and that the current Government does not do any of us any favours in the way it approaches negotiations over many

issues. Take the recent move to electronically tag sheep as an example, if the Government had entered into discussions over this issue at the proper time and place we would never have reached the position we are in currently where we are having to fight a rear guard battle to stop this unnecessary expense for our farmers. In addition the Government does use the EU as an excuse for many of its own failures. An example of this would be the recent battle we have been fighting to have local Mountain Rescue Teams made tax exempt like other charitable organisations. The EU was the reason the Government gave for not agreeing to this measure and as a result we have had to spend time finding out from the EU Commissioner responsible that they are not to blame before we can apply pressure to the correct organisation – the Government!

I am, however, in favour of a referendum on EU membership to clear the air, the relationship between the EU and this country has been allowed to become so poisonous that we can never hope to get into the driving seat and start to take it in the direction that would be of most benefit to us.

If you want to contact me about these or any other issues please do write to me, Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or [tim@timfarron.co.uk](mailto:tim@timfarron.co.uk).

Thanks for your support  
*Tim Farron MP*

## DENT FIRST RESPONDERS

**T**he Dent First Responder group has been operating for a few years, and the feedback we have received within the Dale has been excellent. We are called out on average once a month, and the group has an active membership of 18 responders. First Responders work with the ambulance service when there is a call-out within the dale.

A couple of queries have arisen recently so hopefully the following will clarify any misunderstandings:

- When you ring 999 for an ambulance, the Ambulance Trust will automatically contact the First

Responders, depending on the nature of the medical emergency. First Responders are not alerted to all emergencies (for example, young people under the age of 12 or road traffic accidents). You do not have to mention to the emergency services that you would like the involvement of the first responders – they are automatically notified. First responders are likely to get to the scene before the ambulance arrives because they are locally based and they remain on the scene with the patient until the ambulance arrives.

- First responders are called out only by the ambulance service – first responders are not able to be called out other than through the ambulance service.
- If the patient does not want resuscitation, then the patient must have already signed a *Do Not Resuscitate Order*, which will have to be re-signed on a regular (for example, monthly) basis by the patient and doctor; this order must be presented to the first responders as they attend.

I do hope this clears up misunderstandings that may have arisen, but if anyone still has concerns or indeed is interested in becoming a first responder themselves, please contact the group secretary (John Sugden 25303) or Chair (Jenny Pilgrim 25560).

*Jenny Pilgrim  
Chair, Dent First Responders*



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## MONKEY HOUSE YOUTH CAFE

**T**he Monkey House Youth Café has now been running for a year, held on Friday nights in term time from 7.30 pm to 10 pm, upstairs at Sedbergh Library. The 'drop' in was set up to provide a warm, safe place for young people from Year 7 to age 18 to meet instead of wandering the streets. We have a Nintendo Wii and internet access on the library computers. Currently we have Wii sports and party games but would appreciate donations of any games people no longer use. We can provide hot and cold drinks and toast, funded through the young peoples' contributions.

Before Christmas there was a lot of interest from Year 6 children to attend. Unfortunately the size of room above the library restricts numbers and it is not practical to hold an active group there. Also, the group's main



focus is a 'drop in' for young people already on the streets, not a club to bring more children into town for. As we only have a small core team of 5 volunteers, those currently involved are not able to run a club as well. We are well aware of the need for something for the younger children and have been working to find someone able to take this on. Suzy Smith is now in post as the Extended Service Advisor and will be looking at opportunities available out of school; please contact Suzy on 07887 794093 or [suzy.smith@cumbriacc.gov.uk](mailto:suzy.smith@cumbriacc.gov.uk) with your feedback on this and if you would like to be involved.

The Monkey House will restart after the summer break on Friday 18<sup>th</sup> September (the week after the Torchlight). If you feel able to support the group in any way please contact Carole Marsden on 22030 or email [carole.marsden@urc.org.uk](mailto:carole.marsden@urc.org.uk).

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## EUROPEAN DAY OF LANGUAGES

September 26th is the European Day of languages and here in Sedbergh we are celebrating it with a workshop in Sedbergh library to learn songs from 26 different countries.

These will of course include our twin town's country Slovenia (there is video containing basic travel phrases at [www.youtube.com/](http://www.youtube.com/)

Lakelandvoices ), as well as EU applicants Croatia and Georgia, larger European countries such as France, Italy and Germany, old endangered languages like Gaelic. there will also be songs from lesser known countries with songs from the Amazonian rainforests and the

Mosquito Coast, and of course from several African countries including South Africa, Nigeria, Ghana and the Congo.

There will be an international feel to the library that day with a display of their international literature (at the end of August readers also got the chance to meet Igor Cvetko, whose book about the Zrece poet Juri Vodovnik stands proudly on display) and I believe some international refreshment.

In the evening there will be a performance by local harmony singers singing songs from different countries.

The day is a the brainchild of the EU department Europe Direct which

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Weavers Café, open from 10am

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encourages and supports projects with an EU theme.

Perhaps this is an opportune moment to comment on Brian's piece in the July edition of the Lookaround where he claims there is no such thing as an EU grant because we each contribute to the massive subsidy Britain gives to the EU. The same logic could be applied to Government funding and Council funding - that since we provide the money through taxation then it is already our's. Following Brian's argument to it's logical conclusion we would no longer fund the EU or British government or local councils - and then all go to prison for tax evasion or watch the country dissolve into anarchy.

His display of statistics which aim to prove that the EU is not a good thing remind me of the important statistic that 63.5 per cent of all statistics are

made up on the spur of the moment. And the other 49.8 per cent either don't add up to 100 or are of such doubtful origin that they can't be trusted.

What he fails to mention is the enormous amount of money which come back to Britain, and the great savings we get from sharing resources with the rest of Europe. Not to mention the brave project of nations uniting together rather than fighting together - as we did for several hundred years.

I sometimes think of Europe (and perhaps our own multi-cultural nation as well) as a diamond - the more multi faceted it is the more precious it becomes. And feel sad that a basically good emotion like pride in one's own country can be hijacked by bigots and xenophobes to make nationalism become something really rather shameful. *David Burbidge*

### **Wanted for September 2009**

#### **Clerk to the School Governors Dent C. of E. Primary School**

The governors are looking for a suitable candidate to become the clerk for school governor meetings and committee meetings.

The job involves the preparation of agendas, some correspondence, collation and photocopying of documentation and the taking of minutes of the above meetings.

Meetings usually fall between 4 p.m. and 7 p.m.

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Mrs K. Cairns - Chair of Governors. Telephone:- 015396 25655.

Applications should be by letter with an attached CV  
and sent to care of Mrs P. Summers (Headteacher)  
Dent C. of E. Primary School, Laning, Dent, Sedbergh, Cumbria. LA10 5QJ .

*The closing date is Monday 14th September 2009*

### DENTDALE OVER 60'S

**T**he Dentdale Over-60's held their annual fund-raising event in the Memorial Hall on Friday 17 July 2009 - during one of the wettest of this summer's monsoons. There were Strawberry teas, a raffle, an auction, and a huge bring and buy sale. Despite the torrential rain a large number of hardy people put on their wellies and came to support us. The porch was full of umbrellas, and the hall was full of people buying, bidding, eating, chatting, catching up with friends old and new - there was so much talk and laughter that the auctioneer had difficulty in calling the room to order. Everyone seemed to

spend a very enjoyable afternoon, and as always the social side of the event seems just as important as the fund-raising.

The Over-60's Committee would like to say a very big thank-you to everyone: to those who came to support us on the day; to those who so generously donated gifts to be auctioned, to be raffled, to be sold on the stalls; to those who baked cakes, made jam and brought plants for us to sell; and to those who gave us such generous donations of money, whether or not they were able to be there in person. And a special thank you to everyone who worked their socks off in organising everything: setting-up beforehand, working



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tirelessly all afternoon, and clearing-up afterwards. It's impossible to thank everyone individually, but we really do appreciate all your efforts. The proceeds of the afternoon will go towards the Christmas Party, to which all permanent residents of Dentdale who are over 60 will be invited.

The Over-60's Summer Outing was held on 29 July 2009: 53 people travelled by coach to Oswaldtwistle Mills Shopping Village, near Accrington. We managed to choose another monsoon day, but 53 Dentdale folk have plenty to talk about when they get together, so everyone was much too busy chatting to notice the rain on the outward journey. There were plenty of bargains to be had at the Mills, and excellent home-made food in the three restaurants. In the afternoon we had an hour's scenic tour of the Ribble Valley, with an on-board coach guide who pointed out all the items of interest in buildings and landscape which we could have seen if they hadn't been obliterated by driving rain - but everyone was glad of a sit-down at that stage so it didn't matter too much. We arrived at Bashall Barn Food Visitor Centre in the Forest of Bowland just as the rain stopped, and disembarked. Some of us had a brief tour of the next-door Bashall Brewery, while others visited the ice-cream parlour and the food shops. After high tea we set off for home, spent up and tired, but everyone seemed to have had a good day - and to have caught up with all the local news!

*Jane Dunn*



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## CUMBRIA RURAL HOUSING TRUST

### *Assessment of affordable housing in Dent*

**T**here is lots of discussion in Cumbria about the lack of affordable housing, especially in rural areas with the high price of houses and the resulting effect on rural communities. South Lakeland District Council has asked Cumbria Rural Housing Trust to undertake a survey of housing needs in Dent Parish, to produce an independent snapshot of what affordable housing needs to be built in the area, giving details of what size and type of tenure, and what is needed for families, for young people & for the elderly. The survey is being carried out with the full cooperation and support of Dent Parish Council. The survey will be sent out in September.

The results of the survey can be used by the community and the Parish Council, working with the South Lakeland District Council and various other organisations & landowners, to investigate options for affordable housing in the parish. The information given in the survey responses is carefully screened by Cumbria Rural Housing Trust to ensure no details in the report can be traced back to an individual, and all information is stored according to the Data Protection Act and it is not shared with any other organizations. The results of the survey can be used by the community and the Parish Council, working with the South

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Lakeland District Council and various other organisations & landowners, to investigate options for affordable housing in the parish. The information given in the survey responses is carefully screened by Cumbria Rural Housing Trust to ensure no details in the report can be traced back to an individual, and all information is stored according to the Data Protection Act and it is not shared with any other organisations.

So when this survey questionnaire drops through your letter box, please could you complete and return it as soon as possible, to provide the information to help your community, now and in the future.



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**SEDBERGH SWIMMING CLUB**  
**S**wimming will start on Tuesday 8th and Thursday 10th September, and the first Saturday swim will be 12th. We have been able to keep all membership and lesson fees the same as last year so juniors' membership is still £8 covering from Sept 09 to July 2010, and lessons are still £18 per term (average of 9 lessons) which represents great value. Adult membership remains £15. session fees are also unchanged.

Our use of the pool is made possible by the continued willingness of the voluntary lifeguards to put themselves

through their paces in the Royal Life Saving Society's Bronze Medallion qualification yet again (which they gamely did at the end of June) and to keep on lifeguarding for us - so many thanks to Pauline and Rachel Bainbridge, Lynne and Katie May, Claire and Michael Roper, Adam Hopkins, Jacqueline Smith, Kim Ball and Nicola Winn. Also, thanks to Trish Woof who helps the Club enormously by taking responsibility for the First Aid equipment - we really do appreciate this assistance. Thanks also to Sedbergh School for allowing us to hire the pool for community use. Full information including all dates will be given to everyone who joins.

**A WORLD OF SONG**  
*Celebrating European Day of Languages*  
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**SINGALONG BAND**  
**Saturday 26th September**  
 People's Hall  
 8:00 pm  
 Raffle ~ Bar  
 Jacob's Join




### A NIGHT OF DISCOVERY

*Ancient Egypt in the People's Hall*

**B**ack in 2001, in my professional capacity as a vertical transportation (lift and escalator consultant), I received a rather odd phone call from an author, Roy Bainton, who lives in Mansfield, Nottinghamshire. He'd been approached by a couple of retired, mechanically-minded chaps, John Ellis and Jim Smith, who had spent several years working on an innovative new theory on how the ancient Egyptians built the last of the Seven Wonders of The World, the Great Pyramid at Giza. John and Jim had commissioned Roy to write a book about their hypothesis, and he

was having difficulty with the mathematics and the logistics of lifting heavy weights.

The subject of the pyramid began to intrigue me, and I met these people in Mansfield on the way back from a meeting at the Space Centre in Leicester. Before long, I'd been drawn into this arcane world of wonder, with model pyramids, questions about lifts, ropes, wheels and masonry. However, due to the difficulty in finding an archaeologist willing to support us, the work became sporadic, with long periods of inactivity, and Roy Bainton and I almost gave up several times, until a breakthrough in York in July 2008, when John and Jim successfully



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demonstrated their ideas to the University's archaeology faculty.

At long last, the highly unusual book which will reveal all, *The Spirit In The Wheel*, is being published, and as we are England's Book Town, the launch of this work will take place as a special event on Thursday September 24 at 7.30pm in The People's Hall as part of the Festival of Books and Drama.

In tandem with this factual book Roy will also be launching his new adventure novel, *Cartouche* which is loosely based on the same scenario – pyramid building.

The second half of the evening, which Roy has entitled 'Young, Blonde, Buxom and Beautiful' will be

a light-hearted look at the fraught world of a modern 'jobbing writer' – as Roy says, 'sadly, we're not all J.K. Rowling...'. So if you've ever wanted to be a writer, come along and pick up some tips. There'll be a bar, refreshments and a book stall, and you'll be the first people in the country to be able to have a signed first edition. Looks like a good night – so book early!

There'll be nothing dry, dusty or academic about this show, which will follow the books using music, audio-visual material, and the author/presenter Roy Bainton is an amusing and entertaining raconteur.

*Dr. Gina Barney*



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## SEDBERGH EMBROIDERY

**T**he second panel of the Sedbergh Embroidery has been framed and the Sedbergh Stitchers have now received permission to hang both panels in the nave of St Andrew's Church.

For the past 5 years the first panel has been displayed in the branch library in Sedbergh. This has been an ideal location and many visitors from this country and abroad have been to see it.

However, the Stitchers are concerned that many people are turned away because they come at a time when the library is closed.

We have therefore made arrangements to move the first panel from the library to St Andrew's so that both panels will have a permanent home in the church.

We started the project in 1993 when the original plan was to have three panels. Fortunately, ignorance is bliss, as we had no idea of how we were going to accomplish this task or what problems lay ahead. After many stops and starts we completed the first panel after 10 years. We said never again!

However, there were many important buildings that were not included in the first panel that merited a second panel. These include the Methodist Chapel, Brigflatts, Thorns Hall, the Cross Keys and Settle Carlisle railway.

This gave us the incentive to start the second panel and 5 years later it

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is finished. Sedbergh Stitchers have had many happy meetings to stitch, gossip and eventually produce something that we are proud to have in St Andrew's Church.

Now for something completely different. When the Stitchers start their weekly meetings again, we are involved in an international project to honour the 25,566 women who were transported from this country to Australia between 1788-1853.

We are each making a bonnet which is embroidered with the woman's name and the ship she sailed in. The brim is embroidered with hearts and flowers with the stitcher's name inside. It is hoped that all the women will be commemorated and that the bonnets will form part of a display in Canberra in 2010.

e-mail: [stitchers@live.co.uk](mailto:stitchers@live.co.uk)  
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### **SLOVENIAN STUDENT VISIT**

If you found yourself being served in the Dalesman pub and the Cross Keys temperance inn by young Slovenians then you have already met our three Slovenian students. If not, you may be interested to know that they stayed for three weeks with Dr Clare Mingins on the Cautley Road. I had bought a bicycle for one of them and Clare lent another two so the trio were fully mobile during their visit and able to see many of our local sites.

Neza and Vesna Rak had a good introduction to English working conditions at the Dalesman pub and enjoyed the Shire Horses festival. They also got the chance to take part in the Hardraw Folk Festival where they went to help out at the Green Dragon. This involved serving meals and several thousand pints of beer to the hundreds of folk musicians gathered there (one of whom Vesna

later met up with Manchester) and enjoying the folk dancing and music long into the night. Mark Thompson the landlord was particularly kind to them giving meals, accommodation, and a lift home.

Meanwhile, over at the Cross Keys, Alan and Chris Lewis had formed a special friendship with their student worker Darja Mihelj and introduced her to the subtle art of Yorkshire banter. Barbara from the Cross Keys also took Darja on a trip to see the sites of London and Stratford on Avon with a stay in her sister's house which was very much appreciated.

Although one of the girls said that she "hadn't minded visiting England but wouldn't like to live here" they did get a good introduction to local culture and hospitality, and maybe on reflection she felt kinder towards us - and the several hundred pounds that each of them took home to Slovenia must have helped a bit too. DB

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### ALZHEIMER'S SOCIETY

#### Street Collection & Coffee Morning

**W**eather wise, it may have been difficult to find a less promising day than Wednesday 28<sup>th</sup> July to hold a street collection. However the weather did nothing to dampen the generosity of the people and visitors to Sedbergh that day. Both the street collection and the coffee morning held in the Parish rooms did magnificently. A band of willing volunteers ensured the success of the coffee morning. There was home baking for sale, a bric a brac stall and a raffle with a good selection of prizes. The final breakdown was:

Street Collection	£110.76
Raffle	£54.00
Bric a brac	£24.40
Cake stall	£62.24
Entrance to coffee morning	£98.00

This gave us a grand total of £349.40.

The society would like to extend special thanks to all those who volunteered to assist us raise this money. Lets hope we can repeat the success next year. *B Tomlinson*

### FROSTROW WI

**A** short and sweet report this month! We had our usual committee meeting and then gathered in the main hall of People's Hall, kitted out in comfortable clothes and footwear. Christine Sheppey, a former dance and P.E. teacher was treating us to an evening of movement. We practised various movements with a view to putting them all together into a dance sequence. Christine was so elegant and obviously very fit. We weren't too bad until it came time to put the movements together. This was when one or two of us had "senior moments". Somehow it made it all the more enjoyable as we giggled like school girls when we got it wrong. It was a fun-filled evening and over far too quickly. Thank you very much, Christine. All we've got to do now is persuade her to teach us more often.....

Our next meeting is on 2nd September in People's Hall at 7.30 when we will be making gift boxes and tags. Visitors will be very welcome.

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## HOWGILL W.I.

**W**e met at Firbank Church Hall for the August Meeting. Mary Silva Presided giving a warm welcome to the members and four visitors.

Our thoughts are with Elsie Middleton who is in hospital in Kendal recovering from a broken leg. We would like to wish her a speedy recovery.

We would like to thank everyone who supported our Coffee Morning held in Sedbergh. We were kept busy resulting in a successful mornings takings to boost our funds. On this occasion, we opened our meeting by giving a warm welcome to our Speaker and Singer Margaret Thomas who entertained us with a variety of folk songs from around the British Isles which have been passed down from generation to generation. We were reintroduced to songs which we remembered from school days and were happy to join in with the ones we knew, like Billy Boy and Strawberry Fair. Anita Carey thanked Margaret for an inspirational evening and lifting our spirits.

Three members had an enjoyable evening of words and music by "Three of a Kind" hosted by Dentdale W.I.

Tebay W.I. Have invited us to join them at their August Meeting when the Speakers are a group of Magistrates.

Mary Silva read out a written report from Kate Cairns, our Delegate at the



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# COFFEE MORNING

**Wednesday 31st September**  
10:00 am to 12 noon  
U.R.C. Rooms  
Home Baking ~ Raffle  
All Welcome



AGM in London in June. The Resolution 'SOS Honey Bees' had a resounding majority of 99.4%.

A letter has been received from Sedbergh Book Town inviting us to take part in a play in 2011. More details to be announced over the next few months.

Helen Beare and Anita Carey will represent us "Reading aloud to an Audience" on September 30th. Audience Tickets have been applied for so that we can support them.

Mary Silva is to be our Delegate at the Council Meeting in October.

The Competition for a favourite Folk Song with a illustration was won by Helen Beare with Audrey Hoggarth second. The Raffle Prize went to Mary Silva.

The Social to reveal the sentence from individual words was won by Norma Tattersall.

The evening was brought to a close with a Jacob's Join and Get Together.

We will meet again at Howgill Village Hall on September 3rd when Sheila Capstick will be making marzipan fruits for Christmas.

AH

## VILLAGE VOICES

by *Spellbound Theatre*

**T**he disappointingly small but appreciative audience in the People's Hall on both Friday 17 and Saturday 18th July

was treated to a most enjoyable evening by the cast of Spellbound Theatre in their latest production, Village Voices. It had been written by Helen Leslie Bromley, who writes for the group regularly and who obviously has a good ear for local turns-of-phrase and idioms.

The performance consisted of a series of monologues all set around the local fete, preparations for which were taking place. Each character portrayed a type of person with whom we are familiar, a lady from WI, a

farmer's wife, the vicar, a widower, a free spirit, a 'suspicious' character, and a glamour girl.

The whole was held together by the vicar, played by Heather Pakeman, who appeared between each monologue and leant on the pulpit exhorting us all to support the fete as some of the proceeds would go towards the church roof repairs (sounds familiar?), and praying for fine weather.

Each character was well cast and the dialogue well written and accurate so it was easy to identify with the poignant as well as the more light-hearted moments. Carol Currie's portrayal of a farmer's wife was really down to earth, whilst Susa Ellis as president of the WI gave a very

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This Team Leaves It Clean

controlled performance. Graham Dalton gave a realist tone of sadness as he wrestled with the decision to dig up his dead wife's favourite rose bush, and Gillian Rea gave a gentle, as befits one who practises yoga, discourse as she realises she may have made the wrong decision to leave her former partner. The glamour girl, Helen Cresswell, in contrast, was much more upbeat as she strutted the stage and tried to attract the attention of her latest intended conquest.

Having seen Andrew Allan in his usual garb at the back of the hall during the first half of the performance, it was quite surprising to see him walk down to the stage

dressed far more formally and start to discourse in a 'polite' voice about the opportunities offered at the fete, as long as he stayed out of the way of the police.

The staging was simple in the extreme consisting, for the most part, of a small square stage, one table and one chair, and yet worked perfectly with necessary minor changes being made between dialogues by efficient stagehands.

This group of local artists deserves our full support and encouragement. It is good to be reminded of what talent we have available. Their next performance will be a Christmas pantomime in January 2010 when we look forward to a full house. AP

## YORKSHIRE DALES NATIONAL PARK

**W**aterwheels could be turning again all over the Yorkshire Dales National Park if a scheme to generate electricity is backed by landowners and residents.

Nearly 50 potential sites for small-scale hydro-electric units have been considered in a study commissioned by the Yorkshire Dales National Park Authority (YDNPA). *(There are 3 listed in our area:- Rash Mill, Sedbergh School/Millthrop Mill & Cautley Farm. Ed)*

Authority members have agreed to spend up to £3,000 to arrange seminars to promote small-scale hydro power to National Park landowners and communities groups.

Kendal-based Inter Hydro Technology (IHT) Ltd was asked to carry out a feasibility study on 49 potential sites.

It estimated each site's potential power outputs and its economic viability, and gave a preliminary assessment of any regulatory and environmental barriers to development.

More detailed work involving environmental impacts and constraints is required to make a full assessment of the sites.

The report concluded that there were many worthwhile opportunities for hydro power in the Yorkshire Dales National Park and the economic viability of some sites may be improved on by further

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investigation. For example, there are several sites that could become more viable if landowners were able to undertake some of the construction themselves.

Several landowners, developers and local communities have already shown interest in the study. To respond to this, the Authority intends to host one or two seminars about small-scale hydro power in the Dales later this year. The Authority is also looking at how it can best support the development of potential schemes.

The full report is now available on the YDNPA website [www.yorkshiredales.org.uk/index/living/planning\\_1/planning\\_applications/renewable\\_energy/hydro-](http://www.yorkshiredales.org.uk/index/living/planning_1/planning_applications/renewable_energy/hydro-power_feasibility_study_july2009.htm)

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Hard copies will also be available for inspection at our Bainbridge and Grassington offices.

## PEOPLE'S HALL

### Redevelopment Plans

**A** public meeting was held on Monday 10<sup>th</sup> August 2009 in the People's Hall when Dr Gina Barney presented the plans of the proposed redevelopment. The plans were given general approval. Thanks were expressed to our Architect, Mrs Barbara Hartley (Garsdale Design) for both for her imaginative design and her patience in handling the Committee's frequent changes of mind. There will be a second chance to see the plans at the beginning of October when they will be on view in the Community Office (after the current History Society exhibition).

On the following Friday a second meeting resulted in the setting-up of a Fundraising sub-Committee under the chairmanship of Dr Hilary Hodge. Tasks would include arranging approaches to major funding bodies such as the Lottery and co-ordinating other more *ad hoc* self-funding activities including raffles, concerts and the selling of named bricks or

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paving setts. All ideas are welcome... talk to any Committee Member or come along to the next meeting on Tuesday 6<sup>th</sup> October. There is some £1.5 million to be raised if all the new facilities are to be included !

As part of the fund-raising, Henry (Harry) Wilson undertook to form a Friends Group (or as he says "The People of the People's Hall"). For an annual subscription, Friends would receive a Newsletter, preferential bookings and discount on events, etc. Other ideas and activities will doubtless emerge as we develop. For more information or to be amongst the first Friends of the People's Hall, contact Henry Wilson on 21111 or call in the Bookshop at 61 Main Street.

*Dr Gina Barney (Secretary)  
and Harry Wilson*

## St ANDREW'S, SEDBERGH

Thanksgiving Day Wednesday 9th.  
September, 9.30 am until 4.00 p.m.

**D**ear Friends  
The Parochial Church Council of St. Andrew Sedbergh promised at the Celebration Service four years ago to bring the church nearer the community. By the end of August we will have hosted what looks like being a splendid and strongly-supported Flower Festival. The planning for next year's Music Festival is now well advanced. Very shortly the Sedbergh Stitchers will be installing their two fine tapestries in the church permanently. The Art Society has been using the building for its winter meetings.

The clock has been overhauled and the daytime hourly strike restored. The church tower is lit during the dark evenings to give the time to the town and to those passing through. We have provided litter-bins in the churchyard and invited organisations to use the churchyard railings for notices of coming events. We hope soon to have a safe area for cycles to

be left locked in the top of the churchyard, so that the many visitors who come to Sedbergh by bicycle can stop here and look around whilst knowing their machines are secure.



In the church's own life there have been many points of growth and development. We now have a young mums' discussion group regularly and a new Sunday school is being prepared. A fresh, short and simple service of Common Worship Holy Communion is at an advanced stage of drafting and should be in use by October: we intend it to be extremely user-friendly. Increasingly we have tried to answer individual needs and requests to the very best of our ability at baptisms, weddings and funeral and memorial services.

We need hardly say that the financial cost of providing for all these things and the upkeep of the building is not small. We believe that the result is worth it, but to meet that cost we need your continuing and serious help. We are anticipating a shortfall of at least £3,000 this year, and Thanksgiving Day is the one big opportunity for the town to support the Parish Church financially in its attempt to serve God and the people of Sedbergh. We will be at the lych-gate from 9.30 a.m. until 4.00 p.m. on Wednesday 9 September, ready to receive your donations.

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*Alan Fell, Vicar*

### **SEDBERGH PEPPERPOT**

#### *Another unfortunate setback*

**T**he proposed Pepperpot Saturday Morning Orchestra has unfortunately had another setback. As I write, I have just heard that our second possible conductor has also had to take on other Saturday morning commitments connected with his job. This means that we are once again

on the lookout for an appropriate enthusiastic person to run the orchestra.



The search will continue and if there is any news, it will appear in next month's edition of *Lookaround*. If you are interested in taking part, please let me have your contact details to add to the list, so that I can be in touch if there is anything to report before the end of September.

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### HEALTH UPDATE

*Flu jab season not far away!*

**F**ollowing last year's successful trial of the Saturday morning seasonal Flu clinics we propose to repeat the process. At this stage we only have scheduled deliveries for the seasonal Flu immunisations and have no information as to when the Swine Flu immunisations will be available. As a reminder seasonal flu immunisation is offered to all those over the age of 65 along with health & social care workers, patients in at risk groups and those caring for the immuno-compromised.

We will be running 3 Saturday morning clinics on the 26th September, 3rd and 24th October. We don't mind which day you turn up to but would ask that folks with surnames beginning A-G arrive between 9 and 10am, surnames H-Q between 10 and 11, with surnames R onwards between 11 and 11.30. Last admittance will be at 11.30. We will of course try a pick up any stragglers as quickly as possible within our usual working hours. The seasonal flu vaccine order has been increased a little to reflect a generally increased uptake, along with a larger fridge in the practice to store the vaccines. Last winter was pretty rough in the flu stakes so immunisation for the at risk groups is always recommended.

With regard to the Swine Flu immunisation programme you will know as much as we do at the moment. It is anticipated that the vaccine will become available in

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October/November with target groups including persons aged 6 months to 65 years in seasonal Flu at risk groups (not asthmatics), Health & Social Care workers, pregnant women, carers of the immuno-compromised and also patients over 65 in the seasonal flu at risk groups. We have trained extra personnel to administer Flu immunisations this year and feel confident in being able to provide this service to the locality.

Finally another thank-you to those patients who supported our fight for the new health centre planning application. There is lots of activity going on in the background including finalising the degree of PCT financial support, negotiating the land purchase, discussing with the banks and working out in detail the internal design and type of construction of the building. We still aim to be opening the new building by Christmas 2010.

### SEDBERGH BROWNIES

**O**n Wednesday the 8th July, the 1st Sedbergh Brownies held a Duck Race and Coffee Evening at Howgill Village Hall. We would like to thank everyone who bought ducks, baked cakes, donated raffle prizes and helped us raise an amazing £540.80!

The winners were B. Orr, J. Booth, D. Townley, M. Handley and V. Crawford. A special thanks to the winner who gave his winnings back to Brownie funds. On the night, each Brownie was awarded their craft badge which we have been recently working towards. The money raised is going towards our trip to the Cumbagig concert, which has been organised to celebrate the centenary

of guiding. Once again a big thank you for your support,  
*1st Sedbergh Brownies.*

### OPEN GARDEN

**T**he Open Garden at Whittington on August 2nd raised £2,300 towards the consortium of local groups opposing wind turbines in the Lune Valley and Kendal Low Fells. The sun was glorious and lots of people came to enjoy the garden. There was also a lot of interest in the displays regarding the attempts by developers to put numerous wind turbine sites all around our lovely area.

Thank you to anyone who came to support.

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### DENTDALE OVER 60'S

**T**he Dentdale Over-60's held their annual fund-raising event in the Memorial Hall on Friday 17 July 2009 - during one of the wettest of this summer's monsoons. There were Strawberry teas, a raffle, an auction, and a huge bring and buy sale. Despite the torrential rain a large number of hardy people put on their wellies and came to support us. The porch was full of umbrellas, and the hall was full of people buying, bidding, eating, chatting, catching up with friends old and new - there was so much talk and laughter that the auctioneer had difficulty in calling the room to order. Everyone seemed to

spend a very enjoyable afternoon, and as always the social side of the event seems just as important as the fund-raising.

The Over-60's Committee would like to say a very big thank-you to everyone: to those who came to support us on the day; to those who so generously donated gifts to be auctioned, to be raffled, to be sold on the stalls; to those who baked cakes, made jam and brought plants for us to sell; and to those who gave us such generous donations of money, whether or not they were able to be there in person. And a special thank you to everyone who worked their socks off in organising everything: setting-up beforehand, working

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tirelessly all afternoon, and clearing-up afterwards. It's impossible to thank everyone individually, but we really do appreciate all your efforts. The proceeds of the afternoon will go towards the Christmas Party, to which all permanent residents of Dentdale who are over 60 will be invited.

The Over-60's Summer Outing was held on 29 July 2009: 53 people travelled by coach to Oswaldtwistle Mills Shopping Village, near Accrington. We managed to choose another monsoon day, but 53 Dentdale folk have plenty to talk about when they get together, so everyone was much too busy chatting to notice the rain on the outward journey. There were plenty of bargains to be had at the Mills, and excellent home-made food in the three restaurants. In the afternoon we had an hour's scenic tour of the Ribble Valley, with an on-board coach guide who pointed out all the items of interest in buildings and landscape which we could have seen if they hadn't been obliterated by driving rain - but everyone was glad of a sit-down at that stage so it didn't matter too much. We arrived at Bashall Barn Food Visitor Centre in the Forest of Bowland just as the rain stopped, and disembarked. Some of us had a brief tour of the next-door Bashall Brewery, while others visited the ice-cream parlour and the food shops. After high tea we set off for home, spent up and tired, but everyone seemed to have had a good day - and to have caught up with all the local news!

*Jane Dunn*

## DENT FOLK FESTIVAL

**T**hanks to all who came, the artists who played, all the crew who worked so hard and the glorious weather that made The Dent Folk Festival 2009 truly outstanding! We're already working to make the 2010 festival even better and we will keep you informed over the coming months of festival developments.

See [www.dentfolkfestival.co.uk](http://www.dentfolkfestival.co.uk) for some great videos of this year's event.

Enjoy the rest of the summer, maybe we will see you over the hill at The Ingleton Folk Weekend in October?

*The Dent Folk Festival Team*

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### K-SET AT WORK

*(Killington and District Sustainable Energy Trust)*

**T**he Morphets, the Metcalfes and the Masons; the Wilsons, the Woofs and the Wallers, they have all left their mark on the history of this area, but it takes a walk round the gardens of Killington to be able to touch with your fingers the very spot touched by the fingers of one member of one of those families one hundred and eight years ago.

K-SET is trying to encourage people to cultivate their green fingers, so one Sunday in August, we wandered from garden to garden picking up tips. We learnt, among other things, not to use last years composted lawn mowings

for your tomatoes, if you used weed killer on the lawn - result - a disastrous crop of tomatoes.

But the most fascinating discovery of the afternoon was not discovered in a garden, nor was it connected with any of the other things K-SET was cooking up that afternoon. Apart from entering Killington for the Village SOS competition run by the Big Lottery Fund and the BBC for an enterprising village (in the hopes of a grant and the funding for a project officer for our dreams of hydro-electricity scheme), our main project in August was to have a survey done of the carbon footprint of Killington.

The results of this will be announced at an Open Meeting in September in the Village Hall. The meeting is open

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to all interested in sustainable energy. Do you want to know the cost of solar panels and if they are worth it? What about small wind turbines? What help can you get with insulating your house? We hope to have experts that evening to answer your questions. It would please us greatly if you came along and it would make our effort to put it on worth while. Perhaps we can tempt you with free refreshments made from local products. How about 2009 elderflower cordial?

To go back to our local families, to the Wallers actually, and to a Robert Waller, born in 1890. It appears that boys wanting to be hired for work would gather at a barn in Killington until called for. They whiled away the time playing pitch and toss, but

sometimes they would engage in producing graffiti. This was not with paint that could be cleaned off but with a knife, on the barn door. We know that one of those at work was an 11 year old. It says so on the door. Beautifully carved was the name ROBERT WALLER AGED 11. We know when it was done because there is a date too -1901.

Today I guess an 11 year old boy with a knife as sharp as that, would be hauled off to the police station. But there was something even more special. Robert Waller's son, now nearly 80 years old was there with us, and it was the first time he had seen it. We may forget about the failed tomatoes, but we will not forget about the graffiti.

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**O****DENTDALE WI**  
ur summer outing to the Mouseman showrooms in Kilburn meant an early start from Dent car park, however, once on board the coach, we all sat back to enjoy the gentle ride through the countryside with a short coffee stop in Leyburn.

Kilburn village, Church, pub and the Mouseman Centre, nestle neatly together under Roulston Scarr where the famous White Horse of Kilburn can be seen high above the village, cut from the turf in 1857.

The original Joiners workshop and blacksmiths forge, now immaculately restored, house the Museum where three of the rooms are furnished from

the 1930's period and much of Robert Thompson's own furniture is used in the room settings. Needless to say, there is a beautiful gift shop selling a range of smaller wooden items and lots of other tempting things besides, and through the gift shop a very welcoming café.

The Mouseman's Cottage where Robert Thompson was born in 1876, is now home to the furniture showrooms and offices. Just a step or two away, is the viewing gallery of the modern day workshop employing around 30 craftsmen, at least one of whom we hoped to catch carving a mouse, but unfortunately, we had arrived during the tea break! The mice, we were told, are carved as an

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intrinsic piece of the furniture and not made separately. Our tour guide took us through the Museum rooms, pausing for some time to explain some of the authentic tools that Robert would have used and demonstrating the Adze, a tool used to produce the characteristic rippled effect on this furniture.

On the return journey, we stopped at Thoralby where members of the WI had produced a very tasty ham salad high tea! We all agreed that it had been a good day out, finding more sunshine in the eastern part of the country too!

Just a short business meeting followed tea. We were told that the Gardeners' Question time and Mini

market had done well for funds and we thank all those who came to support us.

Five members joined Frostrow for the demonstration of Salsa dancing and enjoyed the exercise. We hope we may be able to do something like it in Dent! Casterton WI has invited us to an Open meeting in the village hall to hear Trevor Nash talk about Japanese Gardens on 2<sup>nd</sup> September at 7.30pm.

Next month on the 9<sup>th</sup> September, we are back in the Memorial Hall when Andrew Lowe will give an illustrated talk "Inside a Lakeland Farmhouse". Anyone welcome to join us.

<p style="text-align: center;"><u>Starters</u></p> <p>Prawn Cocktail &amp; Marie Rose Sauce £4.30          Garlic Mushrooms on Toast £3.90          Pate with Garnish, Toast &amp; Butter £3.80          Soup of the Day £3.50          Egg Mayonnaise £3.60          Grapefruit Cocktail £3.60          Garlic Bread £2.75</p> <p style="text-align: center;"><u>Extra Special Main Courses all £11.95</u></p> <p>Loin of Pork in Cider &amp; Apple Sauce          Lamb &amp; Apricot Casserole          Chicken with Basil, Port &amp; Dill Sauce          Venison Casserole          Supreme of Pheasant Chasseur          Pork in Pepper Sauce          Cod &amp; Prawn Crumble</p> <p style="text-align: center;"><u>Main Courses</u></p> <p>Roast Dinner of the Day £7.39          Mixed Grill £12.99          Sirloin Steak approx. 8oz uncooked £11.99          Half Roast Chicken £8.20          Chicken Kiev £7.39          Lasagne £7.39          Steak &amp; Kidney Pie £7.39          Cumberland Sausage £7.39          Gammon &amp; Pineapple £7.39          Barnsley Lamb Chops £10.99          Marinated Lamb Steak (6oz) £10.99          Pork Chop in BBQ Sauce £8.99          Cheese &amp; Ham Pasta £7.39          Tuna Pasta Bake £7.39</p>	<h1 style="margin: 0;">THE HEAD AT MIDDLETON</h1>  <p style="margin: 0;">Tel: 015396 20258  <a href="http://www.middleton-head.co.uk">www.middleton-head.co.uk</a>  <a href="mailto:enquiries@middleton-head.co.uk">enquiries@middleton-head.co.uk</a></p> <h1 style="margin: 0; font-style: italic;">Menu</h1>	<p style="text-align: center;"><u>Fish Dishes</u></p> <p>Salmon Steak with Parsley Sauce £9.99          Grilled Rainbow Trout £9.99          Breaded Scampi £7.39          Breaded Haddock £7.39</p> <p style="text-align: center;"><u>Vegetarian Dishes</u></p> <p>Tropical Vegetable Curry £7.39          Stilton &amp; Vegetable Crumble £7.39          Vegetable Lasagne £7.39          Mushroom &amp; Nut Fettuccini £7.39          Broccoli &amp; Cream Cheese Bake £7.39          Vegetable &amp; Pasta Bake £7.39          Vegetable Tikka Masala £7.39          Macaroni Cheese £7.39</p> <p style="text-align: center;"><u>Rice Dishes</u></p> <p>Chilli £7.39          Chicken Tikka Masala £7.99</p> <p style="text-align: center;"><u>Salads</u></p> <p>Ploughman's Lunch £6.20          Cold Meat Salad &amp; Roll &amp; Butter £6.99          Prawn &amp; Rice Salad £6.99</p> <p style="text-align: center;"><u>Sandwiches</u></p> <p>Prawn with Marie Rose Sauce £4.99          Ham; Beef; Cheese &amp; Tomato;          Cheese &amp; Pickle or Salad from £2.99          Toasted Sandwiches from £3.20          Portion of Chips £1.85          Portion of Onion Rings £1.85          Mixed Side Salad £1.85          Portion of Mushrooms £1.85          Roll &amp; Butter £0.65</p>
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## KIDZONE COMES TO SEDBERGH

In the middle of July, Mary Kinoti who is a Director of Mary Happy School and the Kidzone Orphanage within the school, made a surprise visit to Sedbergh. She had come to England for her eldest daughter's graduation and my son, Simon, who helps with the charity, drove her up here just for a short visit. She brought her daughter, Kendi, nine, and two year old son Jeremy who charmed everyone.

On Monday morning we were all invited to visit Settlebeck. The school has helped a lot with French resources for Mary Happy School, and Alison Brown, Head of Languages has made some links with

the French Teacher and his pupils. She would like to visit the school but that does not seem possible at present.

We met Dr Greene who was most interested to compare notes on the two schools. Alison showed us round the school with its well kept buildings, its IT, library and technical resources, so much better than the African school. But the exchange of ideas was interesting for both.

Mary Happy School has 1100 pupils aged 3 to 16 on 2 sites in a poor area of Nairobi. Mary and Richard started the school 12 years ago and soon realised the need of a home for some of the poorest children and those who lost parents. The Upper School is 4

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storeys high, Both buildings are built of concrete and breeze blocks, with a stone staircase outside the building which would never pass our Health and Safety standards! The Upper School is 4 storeys high. There is no assembly hall, gym, workshops, labs or library. They do now have a computer room as enough computers have been donated for them to teach basic skills. School Assemblies take place outdoors and have to be postponed if wet! Playtimes are staggered as there is not enough room for all in the concrete playground. Each class goes by bus once a week to a playing field for games. The Settlebeck teachers realised how privileged we are here.

It was the first time Mary had seen a secondary school in the UK. Alison

explained that, at the end of the summer term they have an Alternative Curriculum Week, where this year the children have a chance to learn Theatre Skills, First Aid and even Circus Skills. We watched the Circus Skills in the hall with interest, where children were learning to balance on a large ball and walk a tight rope! Alison pointed out that this was definitely not part of the usual curriculum! Mary had a go on the tight rope! Kendi and Jeremy tried out a tennis racquet outside where children were playing on the court. Mary marvelled at the courts and the playing field. She would like to offer her pupils an Alternative Curriculum, maybe one day she will.



Mary with Simon, Kendi and Jeremy



Helen and Christine with the blankets

In the afternoon we held an 'At Home' in Kings Court so supporters of the school and Kidzone could meet Mary. We were quite overwhelmed by the number of people who came. There weren't enough chairs for everyone! Simon helped Mary answer questions and Howgill WI presented her with enough knitted square blankets to cover all the Kidzone beds! They will really make a big difference and brighten up the children's living space. They still need sponsors for Kidzone, particularly monthly donations however small, because this enables them to budget. They also appreciate single donations and put this money into a fund for the

children's outings. These are very much needed, otherwise the children stay on the school premises the whole time and have only a small concrete yard to play in. as they live on the Lower School site. It has been quite a struggle to set up Kidzone because promised funding did not arrive. Now, at last, most of the basic costs are covered but more is needed to add to the children's quality of life.

If anyone would still like to knit blanket squares, they will be welcomed by Killington WI who are still knitting blankets for Tandi, the South African project Alan and Chris Clowes of the Cross Keys have set up in South Africa. Please contact Sue Sharrocks on 20754. C Wood

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## SEDBERGH SCOUTS

### VISIT UTOPIA

**O**n 3<sup>rd</sup> July 11 Sedbergh Scouts, three leaders and two parents set off for the long journey to "Utopia" the Norwegian National Jamboree which was being held at Andalsnes, on the west coast of Norway.

Our journey was to take two days, coach to Edinburgh, flight to Oslo, overnight at the Longship Group Scout hut in Oslo and then the following morning, the long 8 hour coach journey to Andalsnes. This however proved to be one of the high points giving us a splendid introduction to the Norwegian countryside, culminating in the

spectacular Troll Wall, just before we reached the Jamboree site.

What a spectacular setting the Jamboree site proved to be. We were surrounded by 3000 foot high mountains, which to our amazement had several patches of snow on them.

Our hosts the 1<sup>st</sup> Fsjoganer Scouts from Bergen were very welcoming and as an added bonus all spoke excellent English. Our scouts were, with a little trepidation put into their mixed Norwegian/English patrols (the best way for an international experience) and the fun began.

First on the agenda was the welcoming ceremony, attended by all 7000 participants, quite an



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experience for our scouts, some of whom had never been abroad before. This was our first taste of one of the few down sides of the Jamboree. Everything (despite there being 461 foreign scouts on camp) was in Norwegian. Our hosts did their best to explain what was going on, but soon got bored with the constant translation.

Next was the promised overnight hike. This was greeted with a great deal of nervousness by our scouts, as most had never been on one before. To add further spice to the adventure, some were obviously hiking into these high mountains (the girls were very relieved that they were on the easy low hike) and all were to sleep the Norwegian way under a tarpaulin instead of in a hike tent.

This gave the adults a welcome break and our hosts took us up to a mountain festival being held high in

the mountains above the Jamboree.

All the scouts safely returned the next day full of their experiences.

The following days were a chance to participate in the numerous events taking place, several of which followed the jamboree theme of protecting the environment.

The final day each troop had to put on an activity that the other scouts could take part in. We had already taught the Danes and Norwegians the rudiments of cricket (despite our hosts breaking the bat the first game!) and we had also decided that we would introduce the Jamboree to the delights of Yorkshire tea, Parkin and Kendal mint cake. Firstly we had to persuade the Norwegians that it wasn't very English to leave your teaspoon in your teacup! Needless to say all our new Norwegian friends were very impressed with our Yorkshire produce and we soon sold



out (only camp money though so we are still to make our fortunes)

All too soon it was time to make our farewells, after a memorable jamboree and begin the long journey back.

Well was it worth all the organizing, fund raising and grant applications? Perhaps we should let our scouts have the last say:-

"I liked the fresh Norwegian salmon, cooked on the open fire" (George)

"Going on the hike was fun" (Angela)

"I enjoyed the journey because the countryside in Norway is beautiful with snow covered mountains" (Rebecca)

"We also made some really cool key rings, which were made of plaited string" (George)

"I think using the axe and bow saw was a valuable experience" (Thomas H)

"I liked the camp fires even though

they were in Norwegian" (Thomas)

"I met lots of scouts from other countries, which I found really interesting" (Rebecca)

"We all enjoyed our hiking experience" (Thomas B and Dane)

"I liked making felt" (Angela)

"It was fun to spend time getting to know my Norwegian friends"

Were there some bad experiences? (of Course!!) "Smelly toilets"; "Getting pushed out of the tent so I got rained on"; "No showers!"

But perhaps Rebecca summed it up best: "I really enjoyed the camp and I want to go again "

Finally a big thank you to all our sponsors without whom we would never have made it: Apollo 8 Travel, for providing the coach to Edinburgh airport and back. The Big Lottery. Cumbria Community Foundation. The Craven Trust (for a grant for the training camp). Sedbergh Community Fund. SLDC



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## COUNCILLORS CORNER

**A**s I observed in my Lookaround article this time last year, matters relating to SLDC tend to go fairly quiet during August: councillors and officers are either away on holiday or staying at home and “lying low”. So I have relatively little new to report this month.

You may be interested to know that recently a draft Report was published looking into possible changes to the Sedbergh Conservation Area boundaries. Some of you will have attended consultation meetings or been on the guided walks which were organised to look at the existing boundaries on the ground. The report, albeit prepared by private consultants, was commissioned by the the YDNPA. I have asked for hard copies of the Report to be lodged at the Community Office and the Library in Sedbergh but so far I have yet to see them there. If you are having difficulty in accessing a copy please let me know and I will email it to you. The Report goes into considerable detail on the history, topography and built environment of the Town and as such makes very interesting reading. It is accompanied by a couple of maps showing the proposed boundary change recommendations in detail.

Every year the Oversight and Scrutiny Committees of SLDC (I am a member of Resources O & S) set up a number of small “Task” groups to look in depth at a number of issues that neither the full Council nor the

parent Committees have the time to do full justice to. These groups meet on a regular basis and usually after about eight to ten meetings have enough evidence on which to base a full written Report. The Task Group can call witnesses, ask to see documents and make site visits etc. This year I volunteered to be a member of the Visitor Information Task Group whose remit is to look at how South Lakeland can be made an even better place to visit and the various ways in which information about the area can be more fully and effectively communicated to our visitors. As well as traditional ways such as Tourist Information Centres we shall also be looking at the use of websites, signage, inter-active street technology (such as touch screens) and accommodation accreditation. If anyone has any ideas about this please let me know.

From a tourism point of view the

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situation in Sedbergh, Dent and Garsdale is a little more complicated in that as well as being in the South Lakeland District we are also in the Yorkshire Dales National Park and therefore within the jurisdiction of the Yorkshire Dales and Harrogate Tourism Partnership of which I am a Board member. The Partnership has recently formed a closer association with the Moors and East Coast Partnership and appointed a joint Chief Executive called Aviva Pearson. Aviva is a very forward thinking and dynamic lady with a vast experience of the tourist industry and I met with her recently together with officers from SLDC and members and officers of Eden District Council to discuss the way forward for the "Western Dales". These conversations are likely to be ongoing and I shall report further in due course. Aviva is interested in getting to know our area better and I have suggested to her that she might

also come along to some of the Book Town Literary Festival events and she has said that she would like to do so. To learn more about the Partnership please visit [www.yorkshiredalesandharrogate.com](http://www.yorkshiredalesandharrogate.com).

I spent a fascinating hour or so on the 10<sup>th</sup> August looking at the Redevelopment Plans for the Peoples Hall organised by the Peoples Hall Committee. I am extremely impressed by what they have come up with and I wish them well on the long fundraising trail ahead. I know that members of the Committee will be very grateful to receive any fundraising ideas that you might have.

There's an old saying that a week is a long time in politics (as many politicians know to their cost!). It's also necessary sometimes to plan quite a long way ahead. I have already been asked by the local Lib Dem Party if I will stand for re-election in the Local Government elections next May. I have said that I will. Two years doesn't seem long enough to do justice to the "job" and if I am successful next May I would be returned for a further four years. I have always received a great measure of support from local people and if this support continues I look forward to continuing to write these articles for some years to come!

Please feel free to contact either Peter or myself at any time:  
*Ian McPherson: Tel. 015396 20648*  
*Email: [ianmcpherson24@hotmail.com](mailto:ianmcpherson24@hotmail.com)*  
*Peter Woof: Tel. 015396 20857*  
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**ZRECE TOWN BAND VISIT REPORTED IN NOVICE**

**T**he local newspaper in Zrece, Novice, carried a large article at the beginning of August with photos and an account of the Zrece Town Band's visit to Sedbergh. As well as the details which Lookaround readers will have seen in the August edition there is a quote from Zdenko Kovacec and Avgust Skaza about their visit (which included busking in the centre of Kendal) which translates as:

"We were most pleasantly surprised to see people stop and listen to our music and even offer us money for our performance. We have never experienced anything like it. We

immediately set up a table of our own and offered people borovnicevec, wine and pastry.

"We were also introduced to the exquisite English humour and the proverbial rain which interfered with our plans only on one occasion. We were also surprised by the landscape, the relief being so similar to the Slovenian one but with a general lack of forests, and stones are such an important ingredient of the town infrastructure. And all those sheep in all those fields!" exclaimed Zdenko Kovacec and Avgust Skaza.

The author, Urska Firer, who many of you will know from visits to Zrece or from the visit of the Skomarje Dancers to Sedbergh two years ago,



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continued with an account of the band's visit to London after they left Sedbergh:

"After the drive to London, the delegation was welcomed by a Slovenian tour guide. She has spend the last 40 years in London and was kind enough to organize a tour around the metropolis. The delegation was than received by John Fahy, a Cabinet Member for Culture and Olympics, Cyril Young, a Representative Deputy Lieutenant for the London Borough of Greenwich, and John Austin, a Member of Parliament. The visitors were invited to attend the next year's Greenwich brass band festival.

"In London, the bandsmen played in the park next to Charlton House, again accompanied by the previously mentioned solo artists. It is not unusual for unexpected occurrences to take place on such trips. One of

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these was described by Slavko Kejzar: "During the preparations for the concert, one of our band members probably accidentally hit the alarm button with a suitcase. Panic arose, firemen came to evacuate the building. Somehow we managed to figure out what happened, which enabled us to all come down and continue with preparations for the show."

"The entire programme, the organization of transport and coordination was arranged by Slavko Kejzar, assisted by Ivan Hrovat, Peter Kos, who was hosting the events, and David Burbidge, who was in charge of coordination in Sedbergh. Barbara and Peter Kejzar were appointed to preparing various Slovenian dishes throughout the trip. The visitors finally ended their visit and all returned home by bus.

"Everyone was extremely happy with the past week. They made new friends, learned about new places and gave away a piece of their culture in exchange for a piece of someone else's." *David Burbidge*

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## PATAGONIACUMBRIA

Completed bus and foot tour of Cumbria for Patagonia friendship link July 2009

**S**tarting from Penrith Methodist Church on Tuesday 7 July, Martin Dodds used his pensioner bus-pass and his feet (and the occasional offered lifts) to visit 15 chapels scattered across the county whose initials spell out

**PatagoniaCumbria**, finally finishing at Arnside on 30 July. Martin lives in Sedbergh and is co-ordinator for the partnership link between the Cumbria Methodist District and the Patagonia Region of the Methodist Church of Argentina,

Martin's tour included a chapel in every Methodist circuit in Cumbria. At each place he met members of the circuit to talk about the link with Argentina, to answer questions, and to encourage people locally to keep in touch with how the link is developing. Besides talking about the Partnership



Thomas Gorst [Circuit Steward],  
Joyce Park [Chapel Steward]  
and Rev. Tim Widdess  
[Superintendent minister].



with Argentina, Martin was also encouraging donations towards the District Argentina Fund, which supports the link arrangement. A short act of worship was part of nearly every meeting, usually including a short and simple Spanish language song for everyone to join.

The route criss-crossed the county as he spelled out the names of the two areas;- Penrith, Alston, Thurstonfield, Ambleside, Garsdale, Orton, Netherton, Ireleth [*Askam and*] Aspatria; then ;-Cockermouth; Ulverston, Moresby Parks, Brampton, Renwick; *Internet*; Arnside.

In Cumbria there are no chapels or villages having Methodist chapels with the initial letter 'I', so some ingenuity was needed. For the 'I' in Patagonia the chapel at Duddon Road in Askam in Furness still includes the neighbouring village of Ireleth as part of its official name. The Methodist District also maintains a web-site on the Internet, [www.cumbriamethodists.org.uk](http://www.cumbriamethodists.org.uk) so that was visited for the letter 'I' of 'Cumbria'.

In several places local people had assembled a small exhibition about



Patagonia and about the Methodist Church in Argentina.

For stages where there was no practical bus he walked, or was offered a lift. The longest walk was a couple of hours each way from Sedbergh to Garsdale and back. For this he was joined by circuit steward Thomas Gorst and much appreciated the company. In some places he had to stop overnight because of the lack of evening buses. Accommodation was generously provided by members of the local church, including one night spent alone in an empty but most interesting manse.

'I would like to say that I was impressed by the reliability of the bus services in the county, and by the friendliness and courtesy of the drivers' says Martin. 'Some bus-routes are very clearly community services, with many of the passengers knowing each other and the driver well. Others, such as the 555 between Kendal and Keswick were full of summer visitors of all shapes, sizes and ages.

'The project was both enjoyable and rewarding. I was delighted by the warm welcome, cups of tea and food with which I was received everywhere, though being familiar with Methodist hospitality I was not really surprised! Numbers at each place varied depending on local commitments on the day and the time that I was able to go. With a small group we had the chance for more detailed conversation, with a larger group there was the opportunity to reach more people. Altogether a rewarding and useful experience.'

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## FESTIVAL OF BOOKS & DRAMA

**T**he following lists details of events during the Festival. Please see separate Advert. All enquiries to the Tourist Office.

Friday 18th September: The People's Hall, Sedbergh 7.30pm. £15. Travels with My Aunt featuring the Verona Chard Band, Dinner & Entertainment.

Saturday 19th September:

'Suspense - Does Not Conclude - ' Andi Chapple and Musicians  
URC Rooms, Joss Lane, Sedbergh  
Lunch 12 noon; performance starts 1pm FOC

Saturday 19th September:— People's Hall, Sedbergh 7.00pm £6 Child £3 (16 and under) Refreshments will be

available all evening. Out of the Comfort Zone – a series of talks and conversations with great travellers and travel writers.

Sunday 20th September: The People's Hall 2pm £4 Child £2

On Shanks's Pony – on your own two feet, the best way to travel? New guide books to the Fells and Dales.

Sunday 20th September: –

Westwood Books, Long Lane, Sedbergh

"Ann Lingard will be talking -- with readings, and 'props' of pictures and interesting, even surprising, objects -- about her latest novel, The Embalmer's Book of Recipes.

Sunday 20th September: – St

Andrews Church 7.30 £4 adults £2

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Poetry Please

Monday 21st September: Peoples Hall 2.30 £4 includes afternoon tea.

Down Under, Roundabout and Up

Monday 21st September: The People's Hall, Sedbergh 7.30 £4 Child £2 Cumbrian Lives and Times – a look at two very different books drawn from experiences of life in the county.

Tuesday 22nd September: 2.30pm URC Church and rooms £4 inc. afternoon tea. Vivien Jones presents excerpts from her new book 'Perfect 10'

Tuesday 22nd September: – URC Church 7.45pm £5 Child £3 Prof. Denis Judd introduces his acclaimed

new book The Private Diaries of Alison Uttley 1932 - 1971. Edited by Denis Judd Authorised Biographer,

Wednesday 23rd September: venue tbc 7.00pm £6.00 Child £3 Interval refreshments with Wine and nibbles included in ticket price. The Inspiration of the Far North – wonderful photography, insightful writing

Thursday 24th September: People's Hall 7.30 pm £5.00 Child £3 Ancient Egypt Comes To Sedbergh

Friday 25th September: URC Church 12.00 for light lunches. 1.00 for talk FOC. Broadcaster Nigel Jay has been a well-known face and voice in the North West since the 1970s.

Friday 25th September: 6pm to 7pm



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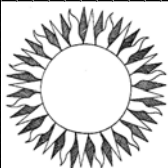
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Friday & Saturday : 10:30am to 3:30pm (ish) ~ Thursday, Friday & Saturday : 5:30pm to late  
Sunday : 11:00am to 3:30pm (ish)

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URC Church £3 The first of two events (Friday/Saturday to celebrate the 250th anniversary of the birth of Scotland's national poet. Robert Burns, Reader and Protest Writer  
Friday 24th September: John Arden Theatre, Busk Lane, Sedbergh School 7.45pm £9.50 Child £5. Bob Dylan and the Poetry of the Blues  
Saturday 26th September: Scotland's Homecoming 2009 celebrates not just the 250th anniversary of the birth of Robert Burns on 25th January 1759 but also emphasises that this self-taught genius is even more important for the modern world than he was in his own time.  
Saturday 26th September: 11.30 – 12.00 - URC Church. £5 includes

lunch. Entertaining presentation by Catherine Smith, author of 'The Stars of Robert Burns'. The Mysterious Robert Burns. Lunch – a taste of haggis but mainly local home made fare  
Saturday 26th September: 12.45pm – 2.00pm Robert Burns and the Dignity of Man  
Saturday 26th September: Methodist Church Rooms, New Street 10am Charge £1 per adult for play fund; refreshments available all day  
 Sedbergh Community Play 2011– a meeting for everyone of any age who is interested in being part of the play project, followed by The Social Actor. A Workshop with Jon Oram  
Saturday 26th September: 7.30 –



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*Health practitioners in the local area*

URC £5 Child £3. Vitali Vitaliev  
Sunday 27th September: Venue tba  
7.30 £5 Child £3 TRAVERSA – A solo  
walk across Africa.

In-school Workshops

- 1) Workshop for youngsters at  
Sedbergh Primary School with Ross  
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grizzly titles such as Germs and Dear  
Vampa about a vampire Grandpa.
- 2) Workshop at Settlebeck School  
with Gareth Thompson
- 3) Workshops for Settlebeck School  
on 'Writing and illustrating my  
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- 4) Talk at Settlebeck School by  
Catherine Smith, author of 'The Stars  
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Wednesday 28th October: The  
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Escape.

*Carole Nelson*



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## KILLINGTON W I

**W**hen I start to think about the monthly report, I often look back to see what I said last month. Now those of you who are stunningly observant will know that I didn't say anything last month, though there would have been plenty to say. Sadly, the brain cell which should have reminded me when to submit my copy, (doesn't that sound grand!), had just died. I remembered the next day when I saw Mr. Editor in the Street, but I just smiled and slunk away.

Working from back to front I shall start with our most recent event, our

wonderful bric-a-brac stall at the Sedbergh Charter Market on August 15<sup>th</sup>. When I woke up and heard the sound of pouring rain and howling wind, I thought how sad it was for all those who had worked so hard to organise the event for us all. However, not being involved, I turned over and went back to sleep! Later on when I bestirred myself and went along to Joss Lane Car Park I found nothing out of the ordinary at all, just parked cars, puddles and more rain. Certainly no market! Cancelled? But no! Merely moved to the People's Hall. What a mammoth task for all the stallholders and how lucky we are to have such an alternative venue

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available. Everything was in full swing, music, refreshments, entertainment, raffles, and market stalls of all sorts. Dawn and her team of helpers were hard at it, persuading all-comers to buy all manner of mysterious and useful items (??). At the end of the day they had raised the magnificent sum of **£238**. That will more than provide our Thandi children with their protein-rich chicken dinners for another year. Well done! Well done! Well done! and thank you all.

The weather for our outing to Constable Burton, hall and gardens, in late July, was less inclement but still no lovely sunshine. We enjoyed our visit in the company of friends, found the tour interesting but were not overly impressed. However, the gardens would be well worth a visit in Spring when they have their 'tulip festival', and plant tens of thousands of tulip bulbs.

Our President's Tea Party at Shirley's lovely house by the river Rawthey is always one of the highlights of our WI year and this year was no exception. The weather was kind, neither too hot nor too cold so

we were able to spread out in the house, gardens and the summer house. It was a most relaxed and civilised occasion. As always the tea was superb. Thank you, Shirley and thanks to those who helped you.

Now, all the way back to June 23<sup>rd</sup> and our official summer outing to the gardens of Yewbarrow House, Grange over Sands. This received a 100% approval rating. The garden was utterly delightful and of a size which allowed thorough exploration. The plants and structure are magnificent, and to quote from Tim Longville's lovely book, "Gardens of the Lake District", *"On a sunny day, with the bay glittering down below, this area feels more like the south of France than the south of Cumbria"*.

Do go and see for yourselves. We will certainly be paying a return visit.

New term coming up. Our next meeting', will be at the People's Hall at 2-00pm on September 8<sup>th</sup>, when we will be treated to a talk on the work of Mountain Rescue Dogs, by Dr David Watt, *"and friends"*. Do come. I'm sure it will be very interesting.

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### FAMILY MUSINGS

**F**rom time to time I get into bother from members of my family about things put in "musings" about them, interestingly I am in bother with myself at present. The reason being that somehow the impression has been given that I have retired, not a bit of it, what I did was give up one of my part time jobs, kept the other two and am seeking a replacement for the one given up, retired? No. Tired? Yes I was but am over that now and available.

Son and T do not feature in this article as much as daughters and we do not see them just as much, however the week we spent on holiday together in Cornwall went very well and was fantastic. One lady at the church they go to remarked to me, "So no one got murdered then?" And muttered something along the lines of 'mother-and-daughter-in-laws". No murder, a lot of love, fun and laughter.

Sitting on a seat overlooking Pendower Beach, the cliffs and the old hotel while hubby found a parking place half-a-mile away I was almost overwhelmed by the memories of such happy holidays there and of those who are not with us any more but were then. Together we walked the beach and collected some shells before returning via the cliff path and past the closed down boarded up house hotel and up to the car. 14yrs since my last visit and I refuse to wait another 14yrs, goodness by then I hope I am retired! We departed Carnforth 4.20am on the Saturday

Back/neck ache?  
Sports injuries?  
Sciatica?  
Repetitive strain?  
Stress/tension headaches?

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and were eating fish and chips in Wadebridge just after mid-day in glorious sunshine, not bad eh?

While we were on our holiday it was my birthday, to mark the occasion we hired Bikes, a Trike for me, and 7 of us biked along the Camel Trail from Wadebridge to Padstow, enjoyed a lovely Cream Tea and cycled back, around 11 miles! Of course this was all on the flat so it wasn't like cycling along the Dent road! Then the next day hubby and I returned to Padstow in the early eve, we went by car although hubby suggested bikes again but my bum could not have coped so we drove there, the place was bustling, shops and cafe's open, a chap calling out for more people to go for a speed-boat ride around the Bay (and getting them!) a group of Disabled people playing instruments and singing .. like the middle of the day! We ate our Fish & Chip supper sat overlooking the harbour watching the world go by.

Next day we sat in our rather fully packed car watching nothing much going by as we trundled along to the M5 and then to family at Wolfampcote to stay overnight. Son met up with the



stone Lion of years ago and helped move him back into view on the top lawn, our welcome was delicious chocolate cake and tea on the terrace followed by dinner inside when home produced Elderflower, Peach or Apple juice accompanied the meal where the veg was home grown, more than compensated for the slow journey! Breakfast was served out in the garden and followed by a walk and then son and T had a bike ride around Flecknoe before we all helped pick Plums before lunch and departure. My family always make us so welcome and they live in a beautiful place, one never leaves without making plans to return.

You could be thinking "she is being

a bit descriptive about what she's eaten, and she's slimming" Ah well, "she" had just gained one pound when "she" got on the scales at what one person charmingly calls "Fat club"!

Meeting friends in Cornwall not seen for 30+ and 9 years was great. Pat, not seen (she says since I was a teenager ..hence the 30+) works in Truro Cathedral shop and one day got chatting to a lady who said she lived in Cumbria, Pat mentioned friends in Dent, the lady responded with my name and said "I taught her at school, she was always coming to Cornwall, and wasn't there something about a boy and a bottle?" Small world! Enjoy yours.

Sarah

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## COMMUNITY PLAY 2011

**H**istory of Sedbergh and  
District Part 2.  
*Does history have an  
influence on what happens*

*today?* The proposed Sedbergh  
Community Play (2011) wants to  
draw on the history of this area to  
write a play that really tells the story  
of the people and who they have  
been and are now.

One of the things that is very clear  
about the people of the Sedbergh  
area is – *‘that they are a law unto  
themselves’*.

The purpose of this article and last  
month’s is to ask everyone to think  
about what you might know about  
things that have happened in the

past. Was Great Grandpa involved in  
something, did your house have a  
priest hole or a Quaker tenant, did  
someone in your family benefit from  
an education at the school and go on  
to do great things?

On 26<sup>th</sup> September there will be a  
big meeting and workshop day (see  
information elsewhere in this issue),  
to get the Community Play project  
going and we would like to exhibit  
ideas, personal stories, photos,  
scandals, crimes, all sorts of snippets  
of information about people and  
places that when incorporated into  
our play will make it come alive. This  
play will have over 100 characters  
and they should be real people as far  
as possible.

If you can come up with a story please write it down with your name, address and phone number and bring it in to the Tourist Office at 72 Main Street, mark your envelope Community Play, or send it by email to: [tic@sedbergh.org.uk](mailto:tic@sedbergh.org.uk). By the way, if you have a good idea, offer of help of any sort, burning need to be an actor just write it down and send it in, this project is yours please get involved.

(Please don't forget to get permission from anyone directly involved in your story to submit it, we don't want to upset anyone.)

*Past, Present & Future* - Great deeds, Great characters, real life drama please help us to write the Sedbergh, Dent and Garsdale (& all the smaller places in the parishes) story.

Here are some more reminders of things that happened right here!  
**1800s**

The expansion of mills which began at the end of the 1700s involving people like Robert Foster and John Dover and the Knitting Industry – wool was so important to Sedbergh. The Terrible Knitters!!!!!! But they were knitting for the plantations, knitting for the soldiers, there must be some stories there.

Emigration – yes even from Sedbergh people went overseas in search of a better life.

The railway coming to Sedbergh in 1861. The Settle –Carlisle railway coming to Dent and Garsdale, Triumph and Tragedy with the great building schemes.

Big expansion of Sedbergh School after its scheme was changed.

So now we're up to the 1900s and

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the World Wars; we're very proud of Sedbergh's sons, just look at the terrific turn-out for Remembrance Day, was one of those heroes your Grandpa? What is his story?

Was your family one of the pioneers of motor transport, what about Braithwaites? What about all those motoring tourists, did your family run the White Hart or the Bull, was someone you know about a famous landlord in town?

Then we come up to the present day and we all know some wonderful stories about people who were much loved in the community. Freda Trott was one in a million in so many ways, what was her story?

It's so sad that people who have been really appreciated in a community disappear into the memory of just a few rather quickly, can we make those wonderful, loved and valued people live on through this play? It's up to you, please will you share your family memories or memories of your friends.

Sedbergh and district are so special – help us to make a lasting record and to show all of us who love this place now what has gone into that unique character.

### GARSDALE LIFE 1

**T**he Turner family, consisting of Mum, Bob, Phyllis and Keith were delivered to Low House Farm, Garsdale by horse and cart (Coward Bros and Son) in October 1943. Dick Middleton rented us the farm cottage for about six months and so began my introduction to Dales farming with Bill Pratt. However, first came school with Miss Breakwell and Mrs Rudd. The school was a thing of wonder with two classrooms and a large coke stove for warmth, which, when the wind was in the wrong direction blew fumes back into the room and school finished for the day! The coke heap in the corner of the school yard was a popular place to run and watch the Army lorries going past and wave at the soldiers.

We boys played football every play time with a ball consisting of rolled-up sack tied with string that nearly broke your foot when it was wet, sometimes we had a pig's bladder, but they didn't last very long. The football star when I was at school was Sammy Winn, and was the bane of my life, always wanting to fight. Sammy was a sort of Just William with fists! Friendlier school mates were Tom Mason, Denis Pratt, Dick Harrison, Norman Harper and Gordon Toy whose father had a garage workshop at the Hive. Norman Harper was a brilliant artist, he did a comic paper with war stories illustrated with pictures of crashing Nazi planes. I see Norman occasionally and we reminisce about school days.

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Low House life was a complete change for me, I used to love the smell in the shippen at milking time, the mixed smell of cows, hay, paraffin lamps, chopped swede. Holding cows' tails by and getting an eye full of milk straight from the teat by Dick Middleton, he was a crack shot and caught me every time.

After the Christmas school play "Who Killed Cock Robin" (I was the sparrow, I think), the next part of my farming career was lambing. "Go pick that lamb up for me Bob" - the next thing I knew I was flat on my face, hit from the rear by a very irate ewe.

Another thing that has a lasting memory was the front parlour at Low



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House. On Saturday Martha Airey, who was Dick's housekeeper used to put the fire on and bake and when she had finished we could use the oven and Mum used to bake bread, cakes and finish off with a big rice pudding with raisins in. We kids used to lie on the biggest rag rug in front of the fire until it died down - who needs television?

Where we had lived previously, I don't think we ever saw a postman; in Garsdale he was a very important part of our lives. Two who come to mind were Mr Bert Arthurs and Tommy Hill who was tragically killed further up the dale, in the snow I seem to recall. They brought us letters from my Dad who was in the forces, and most importantly my packs of foreign stamp approvals, on which most of my pocket money was spent. I read almost anything I could - 'Just William' being among my favourites (I still have some!) and Enid Blyton's Sunny Stories which Phyllis used to get from somewhere.

Soon after lambing time we upped sticks and moved down the dale to Longholme with Jack and Mary

Haygarth and family (John, Thomas, William and Gilbert). We had the farmhouse and the Haygarth's lived in the cottage. The farmhouse boasted the only upstairs dry lavatory I had ever seen (until I went to Skipton Castle). I wonder if that would pass today's Health and Safety Standards? Moving to Longhoime meant we were now entitled to the school car, an Austin or Morris 16, at least 8 seater, owned and driven by the notorious Tom Dinsdale, known to all the school kids as Tom Cock or Tom Tata - why I don't know, but travelling with him was an education, no loud talking or singing, not even Christmas Carols, and nothing at all could be eaten. The collection of pupils was in what was known as the First and Second car, the First car went out to pick up all the Harper girls and boy, Jean, Marjorie, Isobel, Tom, Heather, Becky, Barbara and Olive from Garsdale Foot Farm and the Teals from nearby, then Norman and Dennis Harper at Potgill. The Second car then went down to pick up John Raw and Marjory from Kiln Haw, then the Longholme gang and finally Rose Dinsdale from East Bridge End. Whilst Tom Dinsdale was a source of amusement to us, he was a very useful chap to the dale - he repaired clogs, sold and charged the accumulators that were required for your wireless if you owned one, and he wore a flat pork-pie trilby all the time and spoke with quite a Scouse accent.

*Bob Turner  
Continued next month*

**SEPTEMBER GARDENING**

**W**henever I go away on holiday I like to take a wild flower book with me. This goes for holidays abroad as much as for holidays in this country, as I like to find and identify species of plants which have become garden favourites here in this country and see where they like to grow abroad in their native habitat. Spring or Summer holidays are usually best for this, so last year when a friend persuaded me to go to Nova Scotia to see "The Fall" colours I didn't hold out much hope of a floral display. As it happened the roadside verges were filled with flowers, the most prolific and colourful of these being species of Goldenrod

(*Solidago*) and *Aster*. My "Wildflowers of North America" book says that there are about 90 different species of Goldenrod and going on for 150 species of *Aster* so, although North America covers a vast area it shouldn't have been such a surprise to find that we counted 5 or 6 different species of each on one stretch of roadside verge.

Goldenrod is one of those familiar old fashioned garden plants which are often unappreciated. It is reliably hardy, needs no staking, gives colour at a time of the year when many things are over and, in our stoney soils and with our copious water supply, is not prone to any pest or diseases. Its downfall is possibly its colour – a rather harsh bright yellow

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which does not quite go with the sugar pink and white tones of Japanese Anemones. Two garden hybrids of *Solidago* and *Aster* may fit the bill more easily. *Solidaster luteus* (formerly known as *S. x hybridus*) with pale canary yellow flowers, and *Solidaster x luteus* 'Lemore' with creamy yellow flowers are more gentle on the eye and much easier to place in a border. Both are about 2ft high and neither spreads too aggressively. Plant with *Gentiana asclepiadea* (Willow gentian) whose 18" high stems bearing rich blue flowers will make a beautiful contrast in colour and brighten up the late summer border.

*Elaine Horne*

## SEDBERGH BOWLING CLUB

*President's Day 2009*

**M**rs Porter is the president for 2009 and hosted the day held on Sunday 9th August when the finals of the four knockout competitions were played. The day was very well attended and was played in good weather. The winners were :-  
 President's prize - *G. Thompson*  
 Ron Sheppey prize (Mens) - *R. Brown*  
 Leighton Rose Bowl (Ladies) - *C. Townson*  
 Poynts Wright - *J.R. Oughton*  
 The day finished when members enjoyed a BBQ. *Arthur Bramham*  
 (See Page 79 for Photo)

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## CRNI VRH MALE VOICE CHOIR IN SEDBERGH

**F**ollowing closely on the departing tyres of the Slovenian coach came Pobje, the male voice choir from Crni Vrh who we met in Zrece one winter's evening at a poetry evening in Juri Vodovnik's cottage.

The 15 men and their leader Veronika Rupnik sang in Sedergh's Farfield Mill after a fascinating tour and in Kendal, and then over the weekend sang many times at the Hardraw Gathering, an intimate folk festival near Hawes centred around the Green Dragon pub and the Hardraw Force waterfall.

The Slovenians were most interested in the local beer, and their

research led them to the bottom of many pint glasses kindly provided by their host Mark Thompson, "waterfall provider" and landlord, who was moved by the singers presenting him with a CD of their music: "You are always welcome on my premises."

We had taken over a hostel a few hundred yards from the pub, but some of the English singers, who had come to learn Slovenian songs from the lads and to teach them some English folk songs, stayed inside the Green Dragon in the mistaken belief that it would be more comfortable. Penny Xerri said that at 5am on Sunday morning there were still a few hardy folk singers under her window at the pub giving a somewhat drunken rendition of a well known

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song: "I want to go home, I want to go home, I feel so broken, I want to go home." At which point she opened her window and added: "And I wish you would go home too. I'm trying to get to sleep."

The Crni Vrh lads then motored up to Rothbury where they did a concert with Voicemale who were made so welcome in Slovenia by the Zrece and Crni Vrh singers, stayed in their homes, and the following day went to sing together at the coastal castle of Dunstanburgh. The last day was spent visiting cultural icons in Liverpool including the two cathedrals, the football stadium and the Beatles museum.

*David Burbidge*

## WATERSIDE COFFEE MORNING

To all who braved the elements on Saturday 15 August and supported our Coffee Morning, for all the generous donations, and to all who took charge of stalls, made coffee and washed up!! To you all a very big THANK YOU from William, Mary Joyce and Liz. You helped us raise £557 for MENCAP, for which we are most grateful.

Liz is also doing the Great North Run for MENCAP on 20th September when the combined totals will then be forwarded to the charity. The final total will be announced at a later date.

## WHERNSIDE FELL RACE

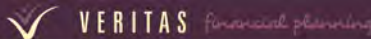
The Whernside Fell Race starts at 11am on Saturday 26th September from Church Bridge Playing Fields, Dent. The distance is 12.1 miles and the total Ascent is 2,972 feet.

The Race Sponsors are Lasprtiva and the Summit will be Marshalled by the Cave and Rescue Organisation. If anyone wishes to assist with the Lower Level Marshalling, please contact John Hyde on Dent 25503.

Further information is available on [www.dentdale.com](http://www.dentdale.com).

## MACMILLAN SUPPORT GROUP

The local MacMillan Support Group for Sedbergh, Dent and Kirkby Lonsdale would like to thank everyone who supported the "Come Dine With Us" evening at Barbon Village Hall in June. The grand total of £1,117.00 was raised.




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### COMMUNITY PLAY 2011

*Calling all Actors and would-be Actors & everyone else who is interested in a big new project for Sedbergh & District.*

**C**ome along at 10am on Saturday 26th September in the Methodist Church Rooms, New Street Sedbergh. A meeting will be held where details of the Community Play 2011 will be given and it is for everyone of any age who is interested in being part of the play project. This will be followed by a Workshop with Jon Oram.

This workshop is about 'performance' and the group. If you are interested in: performing, writing,

comedy, developing your confidence and creativity, then this course is for you. It promises to be informative, instructive and most importantly fun. There is guaranteed laughter. The workshop is an introduction to the social actor and explores how to perform within the group and for the group. Working as a group allows you to take risks and try new things in safety. The ideas behind the social actor are useful not only for the stage but in everyday life.

"We are performers. It's a wonderful talent we have. The talent to perform is the exercising of our capacity to be other than who we are. Whenever we try something new, go beyond ourselves, we are performing – it's

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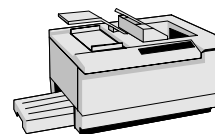
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how we grow and develop. You are not truly performing if you are not facing the challenge of new possibilities". Jon Oram

Jon Oram is the Artistic Director Of Claque Theatre, and is recognised as the world's leading exponent of community plays. Jon trained in improvisation with Keith Johnstone, in mime with Marcel Marceau, Physical Theatre with Jacque LeCoq. He is a playwright, theatre director and performance teacher. He has directed or written thirty community plays across Britain, Europe and North America. Jon is used to working with ensemble companies both professionally and with communities. He is presently working on a book called Theatre Games for Groups The Social Actor.

"Jon is a leading authority on community plays and one of Britain's finest theatre teachers. He is an inspiration as a teacher and director. In his hands, it seems even the most unseasoned actor can do anything." Toronto Globe and Mail

This means you and/or the children – anyone of any age that wants to do something new and exciting. If you don't fancy acting, we will need technicians, seamstresses, scene painters, props makers, dancers, musicians, film makers, tea makers and tickets sellers – please come along to find out all about it!

Just come along to the meeting. No ticket needed. To book for the Workshop, call into the Tourist Office to pick up a free ticket.

Refreshments will be available all day.

### MS TABLE TOP SALE

**O**n Saturday 17th October, a Table Top Sale will be held in the People's Hall from 9:30am in aid of Multiple Sclerosis.

If anyone has any Bric-a-Brac, Books, Games or Toys, that you no longer want and wish to donate to this worthy cause. Also, if anyone has any spare time in which they can help out on the MS Table or wish to have a Table themselves to raise money for Christmas, please contact Sandra Longlands on 07815 069394.

Thank you for reading this and further details will appear in the Advert in the October issue.

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### YORKSHIRE DALES NATIONAL PARK

**T**hree new faces have joined the Yorkshire Dales National Park Authority following local council elections.

Stuart Parsons and Richard Welch have replaced North Yorkshire County Councillors Macaré and Steve Shaw Wright, and professional historian and author Roger Bingham replaces CCC Roger Bird.

## JULY WEATHER

**W**ell it couldn't last could it? After a comparatively dry June July was back to its usual tricks! The longest dry spell was only 4 days during the early part of the second week. A very wet day on the 17<sup>th</sup> ensured we had over 5 inches by that time finishing the month with 6.12 inches. We ought not to be really surprised as July is regularly the second wettest month of the year after January if a little warmer! Again July did not match June for its high temperatures with a high of 73.0F. On the minimum side it was warmer than June with only 2 days dropping below 50F with a low of 41.0F. Winds were variable with a maximum of 18.1 mph from the North Westerly quarter.

The wet weather has been reflected in the natural world. The swifts had gone, certainly around here, by the end of the month. Apparently even

they find it difficult to feed in wet weather when, with all the midges about, you would have imagined they had plenty of food but not high up though. Owls, particularly barn owls, find it difficult to hunt also so we shall have to wait and see what nest records tell us. With the rain and warmer temperatures growth has put on a spurt especially nettles and thistles it seems! Butterflies are still few in number lets hope this improves as the gardens come into full bloom. A good show of hare bells has been knocked about by the weather. Wasps seem to have caught up on a late start, if the numbers collecting wood from our shed and kennel doors are anything to go by. Bats seem to have been in short supply again as have baby rabbits around us. I haven't seen any signs of myxomatosis yet so that is yet another mystery. Many of the agricultural shows have had yet

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another wet season. Let's hope those still to come, including the County show, literally fair better!



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**TEXTILE MILLS**

by *George Ingle*

**T**he thousands of people who visit the Dales today are often unaware that this beautiful area used to support a thriving textile industry, and that large mills employing considerable workforces – especially children - stood in popular spots like Malhamdale and Aysgarth.

George Ingle is the author of *Yorkshire Cotton*, in which he brought to light the part played by cotton in Yorkshire's history. This new book,

based on over fifty years' research, shows how local cottage industries in the Dales such as hand-spinning, weaving and knitting were superseded as mechanisation and industrialisation took on the large-scale supply of textiles of different kinds for the mass market.

The author gives the background to the development of over seventy mills in the Dales and explains how they frequently changed from spinning one fibre to another. These mills are described from their foundation to their demise, with illustrations where possible. Only one is still in production.

Sites covered include the areas around Skipton, Settle and Sedbergh, Wharfedale and Littondale, together with the Washburn Valley, Wensleydale and Swaledale. Information about the firms, child labour, and hand-loom weavers' riots is included as well as details of the buildings, the machinery in them and their power sources.

"Textile Mills" contains 191 pages, over 70 photographs and illustrations and Map



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covered in snow. Some of the places in between we travelled by coach, Monument Valley and Flagstaff, Grand Canyon which has to be seen to be believed, vast. Then on to Los Angeles and Hollywood, ending in my favourite place San Francisco. It was a memorable trip, and I also added 2 more States to my score, now 45. To finish, none of the trains were late, thought I would put things to rights.

*Kath Winn*

### LATE TRAIN

I last wrote about a Late Train in the USA in the February 09 Lookaround. It being the Californian Zephyr 5¼ hours late, because of Line Repairs, Denver Colorado to Salt Lake City, Utah, in October 08. In May of this year, I went over to America again for a 21 day stay. Going across on 7 trains, Capital Limited twice, Californian Zephyr twice, South West Chief once, Silverton to Durango on an old fashioned steam train with a cow catcher of the front, lastly the Coast Starlight from Los Angeles all the way up to Oakland/San Francisco. Three were overnight routes which were exciting. We set off on our journey from New York, on to Washington DC. Then on to Chicago and headed West, passing through Iowa and Nebraska, through the Rocky Mountains to Denver, we visited Estes Park. The road through had been closed because of snow drifts, only 18ft high in one part. We finally got through and passed snow ploughs and blowers, we were 12,000ft high on mountain tops

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### SEDBERGH WANDERERS FC

*One Big weekend 2010*

The Sedbergh Wanderers One Big Weekend will be held on Friday 9th, Saturday 10th and Sunday 11th July next year to coincide with the World Cup Final weekend. Because of very popular demand, Abba have been booked for the Saturday evening again.

Before that and no doubt this will be a packed evening, 'Fake', that number one Tribute Band to 'Take That' are coming to town on Saturday 28th November. Tickets and information will be available soon.

*Caspa*

## YORKSHIRE DALES NATIONAL PARK

**M**embers voted recently to elect Craven District Councillor Carl Lis as the new Chairman. He stood down last year after completing four years as Chairman and was replaced by South Lakeland District Councillor Kevin Lancaster.

Local farmer Harold Brown from Grinton in Swaledale, was re-elected as deputy chairman.

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## THE DENTDALE CHOIR

**R**hearsals for the Autumn term start on Tuesday 22<sup>nd</sup> September at 7.30pm. in Dent Memorial Hall.

New members always welcome. There are no auditions. All you need is the love of singing so come along and join us.

## PHOTO CALL

**T**his year so far has been very successful in identifying photos. Last month's photo of a cottage turned out to be No 6 Hallbank, more commonly

known as The Old Cottage being one of the earlier houses at Hallbank. I was also informed that the cottage had once belonged to a Will Sanderson who owned a car with blacked out windows from which he sold meat - I do love these snippets of information. My very grateful thanks this month go to Marjorie Harper and Bill Metcalfe both of Sedbergh, and both former residents of the hamlet.



The only photo so far unidentified this year is of a wedding which featured in an earlier issue. I am confident that it is Firbank Church and have decided to submit a closer view of the bride and groom in the hope that someone will recognise them.

I can be contacted as usual at Walnut Bungalow, Dent, Sedbergh LA10 5QT or by phone at (015396) 25001 or by email at shirley.tebay@btinternet.com



See Page 71 for  
Bowling Club Report



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### THE 3 P's

**K**eith Wood's article on Push  
Chairs, Prams and  
Pavements resonated with  
us here at the other end of

Main Street. We walk up and down  
the narrow stretch between the  
Tourist Information Office and Long  
Lane several times a day. With  
virtually no pavements and speeding  
motorists - being one way they can  
go even faster down this end of  
town - it is Total Wipeout, Sedbergh  
Style. On wet days the road becomes  
a river and the hapless footsloggers  
flatten themselves into doorways to  
avoid being deluged by tidal waves of  
water thrown up by heedless

motorists. In most towns the safety of  
pedestrians is a top priority. Not in  
Sedbergh.

*Evelyn Westwood*

### DENTDALE METHODIST CHAPEL

**T**his month sees the  
celebration of Harvest, the  
last of our evening services  
before we move mainly to  
2pm services, the continuing pattern  
of the last Sunday having its service  
of Prayer Praise & Testimony, and  
Christmas coming closer! The P,P & T  
service may not happen this month  
please check before travelling.

There have been a lot more people  
popping-in to visit the chapel this  
year, putting a board outside saying  
"Chapel Open" does make a  
difference. We have tried different  
lay-outs with the seats trying to be  
more flexible and friendly than  
straight rows of pews, we also have  
chairs, and the Testimony services  
are followed by a buffet supper.

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*J & S E Woof 25212*

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### SEDBERGH TOWN BAND

**O**n Saturday 15<sup>th</sup> August the Town Band joined other Sedbergh musical groups to provide background entertainment at the annual Charter Fair. The organisers are to be congratulated on responding so promptly and efficiently to the inclement weather by switching the venue from the published Joss Lane Car Park to the People's Hall.

Although considerably depleted in number because of pre-arranged holidays the fifteen strong band, who took to the stage under the leadership of Musical Director Alan Lewis, produced an hour-long programme of impressive quality and volume. Popular numbers from the Band's repertoire were warmly received by the many visitors to the Fair.

### SEDBERGH UNITED CHARITIES & WIDOWS' HOSPITAL

*Registered Charity No 231058*

**T**he above charity provides grants to post secondary school students attending further education or doing an apprenticeship. The purpose of the

grants is to provide money to buy books or tools to help further their careers. The grants are available to anyone under 25 years old who lives in the civil parish of Sedbergh.

Anyone wishing to receive a grant should apply, by 12<sup>th</sup> October, in writing to; - Mr R.W. Cann, Clerk to SUC&WH, 31 Loftus Hill, Sedbergh, LA10 5RX

### NW CANCER RESEARCH FUND

**T**he total raised on 19<sup>th</sup> August at the Coffee Morning, including donations, was £388. The Committee wish to thank all who helped in any way to make this wonderful total possible.

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**SEDBERGH SCOUTS QUIZ**

**T**hank you to everyone who supported the Fun Quiz to raise funds for Norwegian Camp. The winners were:-

- 1st Prize-KM Kenyon
- 2nd Prize - Jan Harrison
- 3rd Prize - Anne MaCandlish

**Answers:**

- 1 within living memory; 2 blue moon;
- 3 tea for two; 4 high heels; 5 bacon and eggs;
- 6 West Indies; 7 beauty is in the eye of the beholder;
- 8 goodies and baddies; 9 Red Sea;
- 10 underwater camera; 11 tickled pink;
- 12 it's at the tip of my tongue;
- 13 pace up and down; 14 tentacles;
- 15 left for dead; 16 in one side out the

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- other; 17 step back in time; 18 cotton wool;
- 19 happy ever after; 20 bare minimum;
- 21 sea anemone; 22 three Musketeers;
- 23 talking point; 24 poison ivy;
- 25 foul language (foul talk); 26 foreign currency;
- 27 greengages; 28 look me in the eyes;
- 29 blue suede shoes; 30 mid life crisis;
- 31 land on all fours; 32 wise after the event;
- 33 tripod; 34 white Christmas;
- 35 split pea soup; 36 side salad;
- 37 ready, steady, go; 38 Scotland Yard;
- 39 gravy boat; 40 overrated



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### COMMUNITY OFFICER REPORT

**O**ver the last month the Sedbergh, Dent and Garsdale area has seen low levels of reported crime. The police have received one report of theft from a commercial premises and a report of an attempt of 'ringing the changes' in one of the local shops, this is when a customer attempts to confuse the shop assistant by asking for change in order to receive more money in change than was originally handed over. A message was successfully sent via the Text alert System to update the other shops and cafes etc.

A snowball system has been set up for the Dent shops, Cafes and pubs which is linked to the Sedbergh Text Alert System. This should help to ensure a link between the two places is maintained to help to protect local businesses.

I am still receiving a small number of complaints regarding the problem of dog fouling; this appears to continue in certain area, particularly on more secluded walk ways. Please be aware that a fixed penalty notice of £75 can be issued to dog owners who fail to clean up after their dogs, this is enforced by SLDC (South Lakeland District Council).

The drop ins for this month will be Dent Stores Tuesday 1<sup>st</sup> September 10:00-12:00 and Sedbergh Library Monday 28<sup>th</sup> September 17:30 – 19:00.

*Karen Dakin CSO 5206*

*Email karen.dakin@cumbria.police.uk*

*Tel - 0845 33 00 247*

### DENTDALE MEMORIAL HALL

**M**any thanks to everyone who helped with the Gala in any way whatsoever, we will let you know the proceeds as soon as possible, every penny for the upkeep etc of the Memorial Hall.

Indoor Bowling: we had a couple of sessions on Monday August 17th and then the Over 60's had the opportunity to play. Another session is booked for Sat Sept 12th 10-12, Tea and Coffee and biscuits/cake will be on sale to participants and those who want to watch. Do come along if you would be interested in setting up a Bowling Group, whether you came to the previous sessions or not or contact me asap. It may be we have two groups, one serious other "For fun"!

Full committee meeting Wed 23rd Sept 7.30pm, all members required.

*Chair; Sarah E Woof. Dent 25212*

### CHIROPODIST

*HPC Registered*

**Kay Whittle**

MSSCh DipPodMed MBChA

Surgery  
Pedi-Care House,  
Howgill Lane,  
Sedbergh



**Tel: 015396 22122**

Appointments 10:00 - 4:00

Closed Mondays

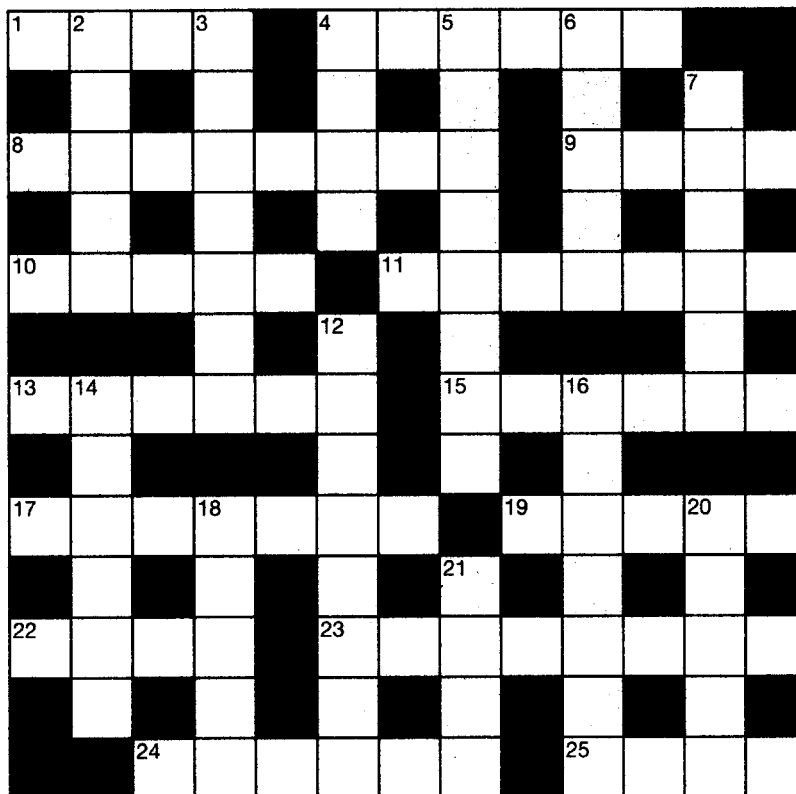
*H.J.Hall "Softop" Socks up to size 15!!*

<b>ORGANISATION</b>	<b>Update</b>	<b>CONTACT</b>	<b>Tel:</b>	<b>015396</b>
Allotments Association (Dent) *	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association		Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Dent)		Mrs Rushton	Dent:	25306
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)		Mrs Whitton	015242	72004
Birdwatching	02/09	Mr Foott	Dent:	25453
Book Group		Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)		Mr Killops	Sed:	20279
Bridge Club		Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)		Mr Hinson	Sed:	20118
Caving Club (Kendal)		Mr Teal	Sed:	20721
Chamber of Trade		Mrs Baines	Sed:	21287
Chameleons Drama Club		Mrs Bush	Sed:	20058
Christian Aid		Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)		Mr Beck	Sed:	20336
Cricket Club (Dent)		Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)		Mr Hoggarth	01539	731140
Cumbria Wildlife Trust		Mrs Garnett	Sed:	21138
Dentdale Choir	10/08	Mrs Corpe	Dent:	25594
Dent Memorial Hall		Mrs McClurg	Dent	25446
Dentdale Players		Mr Duxbury	Dent	25535
Dent School (Friends of)		Mr Hartley	Dent:	25317
Dog Training (Sedbergh)		Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Fire Service (Tuesday Evenings)		Mr Packham	Sed:	20302
First Responders (Dent)		Mrs Pilgrim	Dent:	25589
Football Club (Dent)		Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	10/08	Mrs Goad	Sed:	20402
Garsdale Village Hall		Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)		Mrs Woof	Dent:	25275
Help Tibet Northern Branch		Mrs Howarth	Sed:	20090
History Society		Mr Cann	Sed:	20771
Howgill's Harmony		Mr Burbidge	Sed:	21166
Howgill Schoolroom		Mrs Stainton	Sed:	20665

Howgill Toddlers		Mrs Alderson	Sed:	22050
Kent Lune Trefoil Guild		Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Mr Ripley	Sed:	21101
Ladies National Farmers Union		Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Methodist Church Hall		Mrs Jackson	Sed:	20530
Playgroup (Sedbergh)		Mrs Gunning	Sed:	20226
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group		Mrs Goad	Sed:	20402
Parish Council (Dent)	09/08	Mr Cairns	Dent:	25655
Parish Council (Garsdale)		Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall		SOS	Sed:	20788
Pepperpot Club (Sedbergh)		Mrs Smith	Sed	21196
Pistol and Rifle Club		Mr Middlemiss	Sed:	20662
Rag Ruggers		Mrs Henney	Sed:	20899
Red Squirrel Group (Sedbergh)	02/09	Mr Foott	Dent:	25453
Residents Association (S & D)		Mrs Capstick	Sed:	20816
Scouts		Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.		Mrs Storey	Sed:	21593
South Lakeland Carers Association		Mrs Woof	Dent:	25212
South Lakeland Society for the Blind		Mr Axford	Sed:	21019
Squash Club		Mrs Cooling	Sed:	20622
Slimming Club		Mrs Uttley	01539	722568
Swimming Club		Mrs Thexton	Sed:	20574
Tennis Club		Mr Robinson	Sed:	21014
Town Band		Mrs Waters	Sed:	20457
Toy Library	06/09	Mrs Roberts	Sed:	21355
White Hart Sports and Social Club		The Committee	Sed:	20773
United Reformed Church Rooms		Mrs Howarth	Sed:	20428
Westmorland Gazette Correspondent		Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)		Mrs Sugden	Dent:	25303
Women's Institute (Frostrow)	12/08	Mrs Petyt	Sed:	21574
Women's Institute (Howgill)		Mrs Hoggarth	01539	824683
Women's Institute (Killington)		Mrs Sharrocks	Sed:	20754
Young Cumbria		Mrs Hartley	01524	781177
Young Farmers Club		Miss Capstick	Sed:	21032
Young Kidz		Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

\* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,  
please supply details to the *Lookaround* Office



## ACROSS

- 1 Irish county (4)
- 4 Painter (6)
- 8 Boaster (8)
- 9 Mediocre (4)
- 10 A pig (5)
- 11 Wrapped (7)
- 13 Zodiac sign (6)
- 15 Relax (6)
- 17 Of the heart (7)
- 19 Dizzy (5)
- 22 Bee's home (4)
- 23 Sports shoes (8)
- 24 Pluto, eg (6)
- 25 Besides (4)

## DOWN

- 2 Pointer (5)
- 3 Grown without chemicals (7)
- 4 Cry of sorrow (4)
- 5 Grey metallic element (8)
- 6 Colour of old photos (5)
- 7 In current fashion (6)
- 12 Hired killer (8)
- 14 Sloping (type) (6)
- 16 Skin crease (7)
- 18 Live, reside (5)
- 20 Popular pub game (5)
- 21 Dissolve, thaw (4)

## BUS SERVICES

Sedbergh to Kendal via Oxenholme					Blackhall Road, Kendal to Sedbergh via Oxenholme				
Monday to Friday					Monday - Friday				
0745		564	S	❖	0830		564	S	❖
0940		564	W		0835	Sch	564	W	
1005		564	S	❖	1030		564	W	
1015	Wed	564B	W	❖	1050		564	S	❖
1240		564	W		1300	Wed	564B	W	❖
1300		564	S	❖	1330		564	W	
1440		564	W	❖	1410		564	S	❖
1550		564	S	❖	1610		564	W	
1711		564	W		1625		564	S	❖
Saturday Only					1745		564	W	❖
Saturday Only					Saturday Only				
1005		564	S	❖	1050		564	S	❖
1050		564A	A8	❖	1410		564	S	❖
1300		564	S	❖	1425		564A	A8	❖
1550		564	S	❖	1625		564	S	❖
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
Monday to Saturday					Monday to Saturday				
0900	M-F	564	S	❖	0710	M-F	564	S	❖
1120		564	S	❖	0940		564	S	❖
1440		564	S	❖	1225		564	S	❖
1655		564	S	❖	1515		564	S	❖
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945	Thu	567A	W	❖	1215	Thu	567A	W	❖
Sedbergh to Cowgill					Dent to Sedbergh				
1330	Wed	564B	W	❖	1000	Wed	564B	W	❖
0940	Sat	564A	A8	❖	1035	Sat	564A	A8	❖
1500	Sat	564A	A8	❖	1600	Sat	564A	A8	❖

Last Update: September 2007

M-F Monday to Friday Only  
 Tue Tuesday Only  
 Wed Wednesday Only  
 Thu Thursday Only  
 Sat Saturday Only  
 Sch Schooldays Only (M-F)

*All times are from and to The Dalesman Inn*

W = Woof's of Sedbergh

S = Stagecoach in Cumbria

A8 = Apollo 8

❖ = Provided with Support from CCC

Please note whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring :-

Traveline 0870 608 2 608 (Open : 7am - 8pm Daily)



## BED & BREAKFAST

<b>Proprietor</b>	<b>Address</b>	<b>Phone (015396)</b>
Mrs R Gardner .....	Oakdene Country House, Garsdale Road, Sedbergh (2010/05) ..... <i>2D (4 Poster); 2D; 1T; 1S; All ES; TVL; P; CH; CW; FC; NS</i>	21012
Miss S Thurlby .....	15 Back Lane, Sedbergh (2009/12) ..... <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail: antique.thurlby@amserve.net	20251
Mrs S Gold-Wood .....	Number Ten Main Street, Sedbergh (2010/02) ..... <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite .....	Bramaskew Farm, Howgill, Sedbergh (2009/09) ..... <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs L Hopkins .....	Brantrigg, Winfield Road, Sedbergh (2009/09) ..... <i>1T; PB; TV; NS; NP; P; DR; VB</i> e-mail: brantrigg@btinternet.com	21455
Mrs S Sharrocks .....	Holmecroft; Station Road, Sedbergh (2009/11) ..... <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs K Vigar .....	Apley House, 27 Loftus Hill, Sedbergh (2009/09) ..... <i>1D (ES); 1D/T (PB); TV; NS; CH; VB; P; NP(*); Di (min 4 by arrangement)</i> e-mail: kathryn.vigar@btopenworld.com	20447
Mrs J Hope .....	The Old Joinery, Garsdale, Sedbergh (2009/12) ..... <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; VB*</i> e-mail: enquiries@theoldjoinery.com	20309

## CAMPING, CARAVANNING & SELF-CATERING

Sycamore Cottage, Lunds, Sedbergh (2009/09) .....	<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	01969 667356
Borrett Barn Flat, Marthwaite, Sedbergh (2009/09) .....	<i>Sleeps 4 people; D; T; CH; L; P, NS</i>	21175
Borrett Barn Caravan, Marthwaite, Sedbergh (2009/09) .....	<i>4 Berth; H+C Shower; WC; TV; NS</i>	21175
Waterside Farm Caravan, Firbank, Sedbergh (2009/09) .....	<i>4 Berth; H&amp;C Shower; WC</i>	20616
Miss J Davidson .....	Bideber Mill Cottage, West House, Ingleton (2009/10) ..... <i>Sleeps 2; ES; CH; L; TVL; P; NS; NP; DR</i>	015242 42478

### KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom  
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;  
 NS(B) = No Smoking (Bedrooms); NP(\*) = No Pets (\* by arrangement); DW = Dogs Welcome  
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal  
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast



## Religious Services in Sedbergh

### CHURCH OF ENGLAND

St. Andrew's Parish Church  
 Sunday 08.00, 10.30 & 18.30  
 Wednesday 11.15

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Tony Reed Screen 21081 & Lavinia Mahon 21740

### ROMAN CATHOLIC

St. Andrew's Parish Church

Sunday 12.00

Holy Days 19.30

**Rev. Dr. P Campbell Tel: 20918**

### METHODIST CHURCH

New Street

Sunday 10.30 & 18.30

**Rev. T Widdess Tel: 20329**

### UNITED REFORMED CHURCH

Main Street

Sunday 10.30

**Rev. C Marsden Tel: 22030**

### SOCIETY OF FRIENDS

**QUAKERS**

Brigflatts

Sunday 10.30

**Mrs T Satchell Tel: 20005**

### UNITARIAN & FREE

**CHRISTIAN CHAPEL**

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

**Rev. G Jones Tel: 01539 722079**

*Enquiries for the following services,  
 please ring the relevant telephone number*

### CHURCH OF ENGLAND

Firbank; Howgill & Killington

Cautley & Garsdale

**Canon A W Fell Tel: 20283**

*Church Wardens:*

Cautley: Judith Bush 20058 & Linda Hopkins 21455

Garsdale: Mary Grant 20573 & Bill Mawdsley 20723

Dent & Cowgill

**Rev. P Boyles Tel: 25226**

### METHODIST CHURCH

Dent; Dent Foot;

Cautley; Fell End;

Garsdale Street; Garsdale Low Smithy;

Hawes Junction & Frostrow

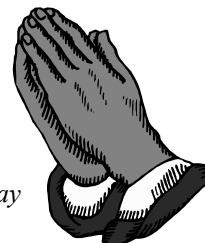
**Rev. T Widdess Tel: 20329**

### SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

**Tel: 20588 or 20503**

*Would you like to know that someone is  
 praying for you? Or do you have a  
 relative, friend or neighbour in special  
 need of prayer? In the Churches, we pray  
 every Sunday for this  
 community and we  
 should like to hear of  
 any special needs.  
 Please ring any of the  
 above telephone  
 numbers so that we may  
 pray for you and/or  
 others.*



## Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£1.50
Postal Overseas	=	£2.50

All enquiries to  
 13 Kings Yard, Sedbergh LA10 5BJ  
 Adverts by 15th of every month.

*Can all adverts please be  
 accompanied with the correct money  
 at the time of submission.*

Articles etc. by 19th of every month

*Last Price Update August 1999.*

## DIARY OF EVENTS

*Dates are held up to 11th July 2010*

Entries marked (\*) see Advert in previous Lookaround.

<b>SEPTEMBER</b>		
1	1000	Summer Exhibition (till 3rd) DCMH
1	1400	Spinning & Rugmaking DCMH
2	1000	Coffee Morning GVH URCR
2	1930	WIF Making Gift Boxes & Tags PH
3	1230	Squirrel Conservation DCMH
3	1930	WIH Marzipan Fruits HVH
5	1000	Craft Exhibitions (20) FM
5	1900	Flicks in the Fells (6) PH
6	1000	A Stitch in Paradise (till 27th) DCMH
7	1930	Parish Council Dent DMH
8	1930	WIB Joyce Grenfell BVH
8	1400	WIK Mountain Rescue Dogs PH
8	1930	Domino Drive FCH
8	1930	Neighbourhood Forum BVH
9		SS Term Starts
9	1000	Coffee Morning Dent Foot Chapel URCR
9	1915	WID Lakeland Farmhouse DMH
10	1800	Enrolment Evening (10) CDC
12	1000	Playgroup Table Top Sale (12) PH
12	1100	Sedbergh Town Band 'Blow In' (12) URC
13	1030	Digital Cameras DCMH
15	1000	Benefits Advice CO
16	1000	Coffee Morning StAS Mission URCR
17	1930	Sustainability Open Meeting (17) KVH
18	1930	FOBD Travels with my Aunt (1) PH
18	1930	Carlisle to Settle Railway DCMH
19	1300	FOBD Suspense - Does Not Conclude URCR
19	1900	PP Out of the Comfort Zone PH
19	1930	A Night with Fred Dibnah (*) StAD
19	1930	Race Night GVH
20	1030	Christian Worship PH
20	1400	FOBD On Shank's Pony (1) PH
20	1930	FOBD (1) StAS
21	1430	FOBD (1) PH
21	1930	Firbank Harvest Sale FCH
21	1930	FOBD (1) PH
22	1430	FOBD (1) URCR
22	1930	LNFU AGM PH
22	1930	Dentdale Choir Rehearsals DMJ
22	1945	FOBD Private Diaries of Alison Uttley (1)URC
23	1000	Coffee Morning Sunday Club URCR
23	1900	FOBD (1) TBA
24	1930	Sedbergh Parish Council PH
24	1930	FOBD Ancient Egypt to Sedbergh (1) PH
25	1200	Light Lunch & FOBD (1) URCR
25	1800	FOBD (1) URCR
25	1930	Domino Drive KVH
25	1945	FOBD (1) SS JAT
25	2000	Mayhem in the Meadow (25) Marthwaite
26	1000	Community Play Workshop SMCR
26	1000	Greetings Cards (F20) FM
26	1000	A World of Song (25) L
26	1030	SS Open Day (26) SS
26	1100	Whernside Fell Race Dent
26	1130	Lunch & FOBD (1) URCR
26	1930	Gunnerside Choir HJC
26	1930	FOBD Vitali Vitaliev (1) URC
26	2000	Old Tyme Dances (25) PH
27	1930	FOBD Traversa (1) TBA
30	1000	Coffee Morning A&LP Lookaround (31)URCR
<b>OCTOBER</b>		
1	1930	WIH AGM FCH
3	tba	Flicks in the Fells PH
6	0930	Understanding Children's Behaviour PH
6	1930	WIB Church Mouse Cheese BVH
7	1000	Coffee Morning Barnardo's URCR
7	1930	HS Researching Family History SHS
7	1930	WIF Abbeys & Priors in the NW PH
10	1900	Bolton Male Voice Choir PH
13	1000	Benefits Advice CO
13	1400	WIK Sewers PH
13	1930	Bingo & Potato Pie Supper FCH
14	1000	Coffee Morning Sed Town Band URCR
14	1915	WID Jewellery Making DMH
17	0930	MS Research Table Top Sale PH
18	1030	Christian Worship PH
19	1930	Beetle Drive GVH
21	1000	Coffee Morning Badminton URCR
21	1930	HS Lost Village of Culgarth + DMH
23		SS Half Term Starts
23	1930	Domino Drive KVH
28	1000	Coffee Morning Garsdale Church URCR
28	2000	Ha Ha Hitler Play PH
29	1930	Sedbergh Parish Council <b>Date Change</b> PH
30	1930	Domino Drive HVH
31	tba	Flicks in the Fells PH
<b>NOVEMBER</b>		
3		SS Half Term Ends

*The S & D Lookaround is edited, published & distributed monthly by  
Dennis & Jacky Whicker and is printed by Stramongate Press.*

*The content of The Lookaround in no way reflects the views of the Editors.  
Whilst every effort is made to ensure that information is correct, the Editors cannot accept  
any responsibility for any inconvenience caused through errors or omissions.*

*Copies available from Sedbergh Office Services, Sedbergh Tourist Office, Nisa, Ellies  
Sleepy Elephant, Post Office, Farfield Mill, Dent Stores & Meadowside Cafe*

3	1930	WIB Annual Meeting	BVH	
4	1000	Coffee Morning Firbank Church	URCR	
4	1930	HS North Eastern Railway	SHS	
4	1930	WIF AGM & Jacobs Join Social	PH	
5	1930	WIH District Councillor	HVH	
6	1800	Garsdale Bonfire & Fireworks	GVH	
6	1830	Firbank Bonfire Night & Skittles Party	FCH	
7	1400	SHS PTFA Jumble Sale	PH	
8	1030	Remembrance Sunday	StAS	
10	1000	Benefits Advice	CO	
10	1400	WIK AGM + Jackie Huck	PH	
10	1930	Firbank Church Domino Drive	FCH	
11	1000	Coffee Morning Bowling Club	URCR	
11	1915	WID AGM	DMH	
13	1930	WIH Domino Drive	HVH	
14	1100	StAS Christmas Fayre	PH	
15	1030	Christian Worship	PH	
18	1000	Coffee Morning Killington Church	URCR	
18	1930	Domino Drive	GVH	
18	1930	HS Lady Anne Clifford	SHS	
21	1000	Sed. Playgroup Christmas Market Fayre	PH	
21		Fantasia on Christmas Carols	Carlisle	
22		Fantasia on Christmas Carols	SSPH	
26	1930	Sedbergh Parish Council	PH	
27	1930	Domino Drive	KVH	
28		SSCS Rawthey Ball	SSPH	
28		Take That Tribute Band	PH	
30		St Andrew's Day		
<b>DECEMBER</b>				
1	1930	WIB Christmas Meel & Party	BVH	
2	1000	Coffee Morning LNFU	URCR	
2	tba	WIF Christmas Party	tba	
2	1930	HS Traditional Local Food	SHS	
3	tba	WIH Christmas Party	tba	
5	tba	Flicks in the Fells	PH	
8	1200	WIK Christmas Lunch	tba	
8	1930	Domino Drive & Mince Pies	FCH	
9		SS Term Ends		
9	1800	Late Night Shopping	Sedbergh	
9	tba	WID Christmas Party	tba	
12	1930	Carols by Candlelight	HJC	
13		Annual Dentdale Over 60 Xmas Lunch		
15	1000	Benefits Advice	CO	
20	1030	Christian Worship	PH	
22	1930	Christmas Domino Drive	HVH	
<b>JANUARY</b>				
6	1930	HS Slides of Old Sedbergh	SHS	
12	1930	Domino Drive	FCH	
16	tba	Flicks in the Fells	PH	
20	1930	HS History of Local Methodism	SHS	
<b>FEBRUARY</b>				
3	1930	HS Journeys of George Fox	SHS	
6	tba	Flicks in the Fells	PH	
16	1930	Domino Drive	FCH	
17	1930	HS The Edwardian Doomsday	DMH	
<b>MARCH</b>				
1	1930	FCH AGM	FCH	
3	1930	HS Woman in a Man's World	SHS	
<b>DIARY KEY</b>				
BF	=	Brigflatts		
BVH	=	Barbon Village Hall		
CDC	=	Community Development Centre		
CO	=	Community Office, Main Street		
CTIS	=	Churches Together in Sedbergh		
CWT	=	Cumbria Wildlife Trust		
DCMH	=	Dales Countryside Museum, Hawes		
DCP	=	Dent Car Park		
DMH	=	Dent Memorial Hall		
DMC/S	=	Dent Methodist Chapel/Schoolroom		
FCH	=	Firbank Church Hall		
FM	=	Farfield Mill		
FOBD	=	Festival of Books & Drama		
GVH	=	Garsdale Village Hall		
HJC	=	Hawes Junction Chapel		
HS	=	History Society		
HVH	=	Howgill Village Hall		
JLCP	=	Joss Lane Car Park		
KL	=	Kirkby Lonsdale		
KVH	=	Killington Village Hall		
L	=	Library		
LHCP	=	Loftus Hill Car Park		
PH	=	People's Hall		
SHS	=	Settlebeck High School		
SLSB	=	South Lakeland Society for the Blind		
SMCR	=	Sed. Methodist Church Room		
StAS/D	=	St Andrew's Church, Sedbergh/Dent		
SS JAT	=	Sedbergh School John Arden Theatre		
STO	=	Sedbergh Tourist Office, Main Street		
URCR	=	United Reformed Church Rooms		
WIB	=	Women's Institute, Barbon		
WID	=	Women's Institute, Dentdale		
WIF	=	Women's Institute, Frostrow		
WIH	=	Women's Institute, Howgill		
WIK	=	Women's Institute, Killington		
<b>Regular Meetings</b>				
Howgill Toddlers	1315	Every Monday	HVH	
Dent Parish Council	1930	1st Monday	DMH	
T'ai Chi	1930	Every Tuesday	URCR	
SL Carers Association	1400	1st Tuesday	PH	
Killington WI	1400	2nd Tuesday	PH	
SLS Blind Group	1400	3rd Tuesday	PH	
Ladies NFU	1930	3rd Tuesday	PH	
Coffee Morning	1000	Every Wednesday	URCR	
Zebras	1315	Every Wednesday	SMCR	
Sedbergh Juniors	1730	Every Wednesday	PH	
Sedbergh Seniors	1930	Every Wednesday	PH	
Frostrow WI	1930	1st Wednesday	PH	
History Society	1930	1st & 3rd Wednesday	SHS	
Dentdale WI	1915	2nd Wednesday	DMH	
Howgill WI	1930	1st Thursday	FCH	
Child Health/Baby Cl	1400	1st & 3rd Thurs	PH	
Toy Library	1430	1st & 3rd Thursday	PH	
Sed. Parish Council	1930	Last Thursday	PH	
Monkey House Café	1930	Every Friday	Library	

## PUBLIC INFORMATION

### SEDBERGH HEALTH CENTRE

Loftus Hill ☎ 015396 20218

Repeat Prescription ☎ 015396 20239

Out of Hours ☎ 01539 781999

Bay Call ☎ 0845 0524 999

<b>Monday</b>	0830 - 1030 O	1500 - 1800 B
	0830 - 1015 L*	1500 - 1800 *
		1830 - 2030 W*
	1130 - 1215 Dent Surgery	
<b>Tuesday</b>	0830 - 1030 O	1430 - 1730 H*
	1045 - 1230 H*	1830 - 2030 W*
<b>Wednesday</b>	0830 - 1030 O	1430 - 1730 P*
	1045 - 1230 P*	1500 - 1800 L*
<b>Thursday</b>	0830 - 1030 O	1400 - 1700 H*
	1045 - 1230 L*	1430 - 1730 P*
<b>Friday</b>	0830 - 1030 O	1430 - 1730 L*
	1045 - 1230 L*	1430 - 1730 P*

L = Dr Lumb

H = Dr Hunt

P = Nurse Pilling

O = Open Surgery

\* = Appointment Only

B = Book on Day

W = Workers Surgery

*The Health Centre reserve the right to offer any Doctor/Nurse Practitioner at any time in the Open Surgeries.*

*Early Bird Surgery available, please ask at Reception*

### Practice Nurses

<b>Monday</b>	0845 - 1300 C	1400 - 1730 C
	0840 - 1200 LB	1400 - 1630 E
<b>Tuesday</b>	0845 - 1300 C	1400 - 1730 C
<b>Wednesday</b>	0830 - 1300 B	1400 - 1730 B
	0840 - 1200 L	
<b>Thursday</b>	0830 - 1300 B	1400 - 1730 B
		1400 - 1730 C
<b>Friday</b>	0845 - 1300 C	1400 - 1730 C

B = Joanne Batty

C = Anne Crome

L = Kay Lumb LB = Bloods

E = ECG Clinic

**District Nurse**

☎ 015396 21690

**Health Visitor**

☎ 015396 20979

### A Collinge Optometrist

Friday only 0900 - 1300 1400 - 1730 \*

\* = By Appointment Only

### DENTAL SURGERY

Finkle Street ☎ 20626

Mr I R Dawson, Ms G Turner & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday 0830 - 1500

### LIBRARY Main Street ☎ 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

### SEDBERGH TOURIST OFFICE

Main Street ☎ 20125

Open every day

1000 - 1700

[www.sedbergh.org.uk/booktown/dlbc.html](http://www.sedbergh.org.uk/booktown/dlbc.html)

### COMMUNITY OFFICE ☎ 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail [office@sedbergh.org.uk](mailto:office@sedbergh.org.uk)

[www.sedbergh.org.uk](http://www.sedbergh.org.uk)

### RURAL CITIZENS ADVICE BUREAU

Kendal Office

☎ 0870 1264061

[www.cabkendal.ndo.co.uk](http://www.cabkendal.ndo.co.uk)

### PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

☎ 01539 795000 or 0845 6060265

### SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

☎ 01539 742627

### COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

[www.sedberghcdc.org.uk](http://www.sedberghcdc.org.uk)

### POLICE

☎ 0845 33 00 247

### PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

### VETERINARY SURGERY

22 Long Lane ☎ 20335

Mr N. Preston & Mr J. Bramley

Monday to Friday 1400 - 1430 \*

Mon, Wed & Fri 1900 - 1930 \*

Saturday 1330 - 1400 \*

Sunday \*

\* = By Appointment Only

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY