

Sedbergh & District
LOOKAROUND

February 2011

Issue 285

Donation £1

A very warm (???) Happy New year to all our readers.

Lookaround continues to improve every month and we thank all the contributors who take the time to keep you informed.

Page 22 contains an article from a

new resident to the area who is keen to report on your events. If you would like her to attend your function or just write about your organisation, why not give her a ring.

Dennis & Jacky Whicker



Old Man Luedecke hails from the music rich maritime province of Nova Scotia, Canada.

'Though the songs of Old Man Luedecke are not shanties, you can taste the salt air in his tunes. They are born in a turbulent and constantly moving place. Old Man Luedecke is a young man with an old soul.' The Alternate Root

Dent Memorial Hall
Sunday 6 February 7.30 pm
For Tickets Tel: 015396 25022

highlights
rural touring scheme

SEDBERGH & DISTRICT
HISTORY SOCIETY

Wednesday 2nd February

Gunpowder Mills of Cumbria

An insight into the gunpowder industry of South Lakeland - a forgotten industry

Ian Tyler

Wednesday 16th February

Every Home is a Museum

Social History from household objects

June Hall

DENT MEMORIAL HALL

All meetings in Settlebeck High School, start at 7:30pm unless stated.

Everyone is most welcome to attend any or all of our lectures

Chairman: Richard Cann 20771
Secretary: Mike Beecroft 21878
Treasurer: Marlene Mason 20509
Member Sec: Richard Cann 20771

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

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e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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FEBRUARY BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipient this month :- Harry Baines who is 9 years old on 1st February.

Please collect your vouchers from

Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh

which can be used in any shop in

Sedbergh & Dent.

NONAGENARIANS

We are now including the details of all those aged 90 years and over who wish to have their details included. To do this, we must have the persons permission, the correct Name & Date of Birth and a contact telephone number.

Please supply these details and they will appear in the relevant month. Sadly, they will not qualify for the Birthday Voucher! ☺

Day	Name	Age
1	Harry BAINES	9
6	Lucy GIBSON	10
7	Bethany COUSINS	8
9	Nurgul SEN	8
9	Zak BAINES	8
11	Hannah KITCHEN	7
11	Lisa ALDERSON	10
12	Daniel HALL	5
14	Evie DEAN	3
19	Chloe COWIN	7
19	Abbie GAME	10
20	Kristian PRATT	2
22	Grace Louise HODGSON	2
28	George SMITH	1
	Nonagenarian & Over	

PERSONAL & SMALL ADS £1

EASTHAM - SHARP

We would like to announce the Engagement on December 12th 2010 of Katherine Jane Eastham to Thomas Richard Sharp. Congratulations from both families.

=====

EASTHAM - SHARP

Congratulations Uncle Tom and Auntie Katie on your engagement. Lots of Love from Thomas XXXX

=====

HODGE BARNETT FAMILY

Hilary, Luke and Amy have been overwhelmed by the love and support that we received while we were looking after Colin and during our bereavement. Colin first came to Sedbergh over 40 years ago when he was a union officer for the National Union of Public Employees based in Harrogate. He used to come to union meetings held in the White Hart. When we were looking for somewhere to escape to from the industrial environment of St Helens Colin immediately thought of Sedbergh and so it was that we bought our house in Bainbridge Rd in 1992. Over the years we made many friends here and got involved with lots of organisations and activities. Our only problem was that there was never enough time to do all the things we would have liked to have done! There are so many people to thank that it is impossible to name them all – we would need the whole edition of Lookaround to ourselves!

However, thanks must go to Elspeth who over the years has been a tower of strength and a very special friend. I could not have cared for Colin without the support of all the carers and particularly in the last few weeks Philip, Parsla and Patricia, together with all the friends who brought us meals to keep us going. We much appreciated the turnout for the celebration of Colin's life, which with the help of Alan Lewis and the Sedbergh Town Band, was a really great occasion. Around £800 was collected towards purchasing an instrument for the Youth Band which will be dedicated to Colin. It is not often that people tell you that they really enjoyed the funeral and even people who were not there tell me they have heard what a celebration it was! Thanks must also go to Carole, the URC Minister, who helped us to put the service together and so sensitively led it for us. Needless to say the singing of the red flag and the Internationale were on the explicit instructions from Colin himself. May he rest in peace.

=====

KLISZAT / DODD

Congratulations to Stefan and Jaime on your engagement. Let the 'hat' search begin. Lots of love and best wishes for the future. Peter and Dawn (Dad & Mum Kliszat), Hannah, Paul, Ethan and Erin (Daisy Moo and Walter too) xxx

PERSONAL & SMALL ADS £1

KLISZAT / DODD

What lovely news to hear at Christmas. Many congratulations on your engagement Stefan and Jaime. Lots of love and best wishes, Nana Kliszat and Kippy xx



=====

KLISZAT / DODD

Congratulations Stefan & Jaime on your Engagement. Love & Best Wishes from Nan & Grandad Blair.

=====

METCALFE

Bill and Dorothy would like to thank all family and friends for all the lovely cards and presents received on their **Golden Wedding Anniversary**. Thank you all.

=====

MOXON

The family of the late Alan Moxon would like to thank everyone for their kind messages of sympathy received on the news of his death on December 9th at the Royal Hospital, Chelsea. Thanks to Canon Alan Fell and Rev. Vic Hopkins for a beautiful service, and to Brian Goad for his help and guidance. Special thanks to Keith Wood for playing during the service and for the very moving 'Last Post'. Also thanks to the Sedbergh Branch of the Royal British Legion and the Bull Hotel. Dad loved Sedbergh and was always proud to be asked to lay the Royal British Legion Wreath on Remembrance Sunday.

PARLEY AND COWIN

Congratulations Chris and Vicky on the birth of your beautiful little girl Jasmine on 25th November 2010 weighing 6lbs 7ozs. We are very proud of you. Well Done. Love Dad and Mam

=====

RUSLING

Janice, Robert and Sam would like to thank everyone for their good wishes and support following Pete's death on 14th December. As most of you will know, he donated his body for medical research, hence there was no funeral. We would particularly like to thank all the medical staff who have treated him over the 11½ years of his illness, especially Dr Syred, Dr Lumb and Dr Hunt, the respiratory team, and long term conditions nurses. He was greatly helped by respite care at St John's Hospice in Lancaster, so we have chosen this as the charity to support in his memory. On-line donations can be made at www.justgiving.com/sam-rusling

=====

TODD

Thomas & Brenda Todd would like to say a big thank you to family & friends for all the cards, flowers & presents received on the occasion of their Ruby Wedding Anniversary.

=====

THANK YOU

Diane, Julie and Amanda would like to thank everyone who bought wreaths from them. We raised £420 for the Air Ambulance and Bowel Cancer.

PERSONAL & SMALL ADS £1

FOR SALE

16" Delta Electric Scroll Saw. VGC. Little used £40 ono. Tel: 20382.

FOR SALE

Epson S21 Inkjet Colour Printer, virtually unused £20. Cost £39.99, genuine reason for sale. Tel: 015396-20182 after 7pm please.

FOR SALE

Kindling Sticks £3.00 per Bag (Farm Feed Size) Free delivery in and around Dent/Sedbergh Tel: 015396 25004.

FOR SALE

Quantity & quality logs. Mainly oak & willow. £5 per large bag. Tel: 07917 711461 or 07817 665662.

FOR SALE

Glass TV Stand with shelf. Absolutely as new condition. Half price at £40 ono. Tel 015396-20869.

FOR SALE

Oak effect dining table (4ft x 2'6") plus 4 matching leatherette upholstered chairs. As new. £150.00. 07789534684.

FOR SALE

Large Sony 32" Flat Screen, Wide Screen TV on stand. Not LCD. Ideal for Freeview Box viewer. Cost £1100, £55 ono. Sony DAV-DZ100 Theatre Surround Sound System. Cost £170, £55 ono. Both vgc. For sale due to upgrades. Tel: 20980.

FOUND

A ring has been found outside the Dalesman Inn on Saturday 22nd January. Will the loser please contact Rachel on 21699.

WANTED

Cleaner for holiday cottage in Sedbergh on changeover days, usually Saturday but other days by arrangement. Please contact Clare 07718 211074.

SEDBERGH HEALTH CENTRE

will be closed for Training Purposes on the following afternoons:-

Wednesday 16th February
Thursday 17th March
No Session in April
Tuesday 17th May
Wednesday 15th June



The People's Hall

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- ❖ Theatre ❖ Discos ❖ Lectures ❖

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Sedbergh Office Services ☎ 015396 20788

www.peopleshall.org

DENT PARISH COUNCIL

Last December's council meeting heard about the ongoing efforts to improve broadband coverage in Dentdale, discussed a pilot project with the National Park and allocated grants to a number of local bodies. A full account of the meeting is contained in the minutes, published on www.dentdale.com (follow the parish council link) and obtainable as a hard copy on request from the parish clerk.

Faster Broadband

In only a few years, the internet has become an increasingly important part of people's lives, to such an extent that it is now being talked of as the fourth utility. In the future, households without fast broadband access will have restricted access to many facilities and services, and this is likely to affect property values as well. The government has recognised the seriousness of this by committing to provide superfast broadband by fibre optic cable in "geographically challenging areas" such as Dentdale, and we are



Jazz and Swing Evening

7pm

Sunday 6th February
Powell Hall, Sedbergh School
For tickets and further
information please e-mail
jazz@sedberghschool.org

fortunate that Cumbria has been chosen for an initial pilot project.

Trying to improve broadband coverage was one of the actions in the Dentdale parish plan, and so the parish council, through the parish plan committee, asked Anne Fleck to coordinate and lead our response to this national development. With colleagues in Garsdale, Anne has set up the Dentdale & Garsdale Superfast Broadband Steering Group to:

- demonstrate we are keen to have improved broadband
- ensure that our area is properly represented
- work out how to plan and implement a fibre optic network to all homes that want it.

The steering group has already met with Tim Farron MP, and as a result he has arranged for it to present the needs of local residents to the organisers of the Cumbrian pilot project. At the same time, Anne has been finding out residents' opinions and encouraging everyone to sign up

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on the Broadband Cumbria website to show the level of local support.

Super fast broadband in a rural area like ours seems a long way off, but other places in Cumbria have already done it. To achieve the same here would not be easy and would need community involvement as well as government funding, but the rewards – economically as well as socially – would be great. Thanks to everyone who has responded so far, we have made an excellent start, but we now need more people to become involved in the project. If you would like to join in, please contact Anne at dentparishcouncil@btinternet.com. You don't need technical knowledge – just enthusiasm and a willingness to help.

Grants to Local Bodies

The December council meeting considered applications for grants made by local organisations, and decided to award the sums below. Both Jock Cairns and Jenny Pilgrim left the room when the matter was discussed, as they had declared an

interest because they belonged to one of the organisations applying.

- Cowgill Orchard £200
- Dent C of E Primary School £500
- Dentdale Choir £150
- Dentdale over 60's £250
- Sedbergh & District Community Office £250
- St Andrew's Churchyard, grass cutting £550
- St Andrew's, clock £500

YDNPA Dent Community Initiative

The parish plan survey in 2008 revealed a lot of strong feelings about the relationship between the Dentdale community and the National Park. As a result, one of the plan's actions was to "develop with the National Park a proactive approach to supporting Dentdale as a vibrant and sustainable community". Following discussions with the parish council, the National Park allocated a budget of £10,000 as well as officer time for a unique 18-month pilot project. National Park officers will work with members of the Dentdale community on issues that meet the aims of both the National Park and Dentdale's parish plan.

KEVIN BATEMAN
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The project has now started and a steering group has been meeting to organise it, consisting of the local Park Ranger Paul Wilkinson and his manager Alan Hulme, together with David Butterworth, YDNPA Chief Executive, and Jock Cairns, Matt Clayton, John Sibley and Ken Smith from Dentdale. It includes the following strands, among others:

- Promoting the visitor economy by devising an overall marketing strategy for Dentdale that includes the Dentdale Show, the Music and Beer Festival and the Walking Festival
- Supporting the parish council in its attempts to get affordable housing built in Dent
- Working with pupils at Dent School on wildlife projects
- Promoting, and supporting with grants, the use of renewable technologies on farms
- Supporting and promoting sustainable tourism businesses
- Clearing litter from the river and from near Ibbeth Peril
- Creating a conservation group to

help manage a section of roadside verge and to survey the dale's trees

Nearly 20 people from Dentdale have already joined the project and there are plenty of opportunities for others as well. If you would like to become involved, please contact Jock Cairns (details below).

New Parish Clerk

We are very pleased to welcome Andy Stephenson to the parish council as the new parish clerk. Andy, who lives just outside Sedbergh, took over on January 1st, and can be contacted on 015396 21487 or at dentparishclerk@live.com.

Next Meeting

The next council meeting will be held at 7.30pm on February 7th in the Sedgwick Room. The public are welcome to attend all meetings and to raise any matter that concerns them during the public forum which usually takes place at about 8pm.

Jock Cairns, Chair

Tel: 25655 Email:

dentparishcouncil@btinternet.com

Flicks in The Feils



Screening Dates for 2011

at the People's Hall

February 5th	March 5th	April 2nd
May 7th	June 4th	August 6th
September 10th	October 1st	November 12th
	December 3rd	

Look for our posters giving film details

Come and enjoy your Local Cinema!

For further details, more information, or film suggestions
Telephone: 015396 20504 email: flicks@sedbergh.org.uk

Your Cinema Needs **YOU!**

BOOKWORM

What I have been reading this month: 'A Thousand Years of Good Prayers' by Yiyun Li (Collection of contemporary fictional short stories)

These modern narratives are drawn from different parts of this vast country. Li tackles in sparse prose China's complex history of repression and its influence on different generations and ordinary lives. I found them a mixed bag of alternate weird, boring, thought provoking and interesting tales.

'The Orchestra' by Richard Morrison (music/history)

This is a behind - the -scenes of the London Symphony Orchestra from 1904 to 2004 written by a Times

journalist. Rebellions and triumphs provide the backcloth for showing how the LSO developed and currently operates. It is a fascinating glimpse into musicians' working lives and the uniqueness of the LSO.

'The Photograph' by Penelope Lively (fiction)

A photograph in an envelope labelled ' destroy' is the opening scene. What would you do? Widowed professor Glyn Peters decides to open it and unravel his memories of his wife and reconstruct an unreliable version of the past. He becomes obsessed with the a quest and people are hurt along the way. this is an intense multi layered and intriguing book that can be read in 1 sitting! RM

Sedbergh People's Hall presents

Blackheart *Back by popular demand!*

Tuesday 8th February at 8pm

An internationally renowned songwriting duo who blend folk, country and even rock influences to create a unique style of beautifully crafted, instantly memorable songs.

Tickets **£8**

Brassed Up!

Friday 11th February at 7.30pm

A truly unique concert of diverse brass music featuring all styles of music performed with imagination and flair by virtuoso multi brass instrumentalist James Stretton, accompanied by Iain Jackson on the piano. All brass instruments from tiny piccolo trumpet to huge bass tuba will be presented in a concert that will entertain, educate and enthral.

Tickets **£7.50/£4 child/£20 family**

All tickets from Sedbergh TIC or on the door

There will be a licensed bar and a raffle at both events

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This is a genuine sale, with all product coming from last summer & winter's collections (2010).

Our usual top quality Shoes & Boots from leading manufacturers at greatly reduced prices, starting from £10

Stroll in and try some on...

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ANTISTRESS

FLY LONDON 

INDOOR BOWLING
GOFFEE MORNINGS

Dent Memorial Hall
Saturday 12th February
Saturday 26th March
10am to 12 noon



Play or just watch
All Welcome
Enq's - 25269

COUNCILLORS CORNER

Well, so much for me wishing for a frost and snow free New Year in the last Lookaround !

Perhaps with last winter and this we can now look forward to a few years with very mild weather. Because the snow came so soon we had to put our cattle in a fortnight earlier than usual, quite a job in itself. We have had them in at the end of November before but it has always been because of the rain, not snow.

As a county we got our act together better this year. Yes, there are still places without salt-bins which should have been in place last September, but by and large there was more that was right than wrong. I am sure that after last winter people are more resilient, and more understanding than formerly. They now seem to understand that the main priorities are keeping the A684 open at Scotch Jeans and that sometimes involves spreaders going through the town without salting the road there.

I am very pleased with the parish salt supplies and we should all be grateful to those who were prepared

to go out and use it on the footways and car parks. As far as I am concerned this will continue year on year. There was a ridiculous fight in mid-November as to when the parish salt should be delivered, resulting in little being in place when the cold weather began. I think there is a strong majority now for having some salt in the hands of parishes before winter begins.

However, this last week the problem has been flooding on the roads. My own exploration at Scroggbank showed the actual drains by the roadside were good and with a little shovel work I was easily able to clear the water off one side of the road. With the new better highways way of working I hope that this time next year blocked drains will be a thing of the past.

The district, county and police authority are all well on with their budget setting process and the rules are such that it is inconceivable that any of them will set anything other than a zero increase. The parishes by contrast had to have their budgets ready by mid December and most, if not all have set a significant increase. And, that is dead right. Because there is less being done by county and district each parish has a choice. Either they take over some of the functions themselves or else they cease to be done.

This year the district has forced the choice on to parishes for every public loo. I am pleased that both Kirkby Lonsdale and Sedbergh are minded to take theirs over. Sedbergh and

Dent showed loos could be run by parishes years ago. One sadness I have is that we might have to install "Pay as you enter" systems. If that was just to raise revenue I would be against it. But, regrettably we have some in our midst who delight in wrecking public property. Experience elsewhere shows they are less than willing to pay for their entertainment.

With the snow coming so soon my Neighbourhood Forum had to be postponed from November to yesterday. That resulted in a marathon session going on long after 10 pm. But, it was good to see such a large turn-out: I think almost every community in the Forum area was represented. Because of the changed boundaries I have been joined by my county colleague, Roger Bingham at the last two meetings.

Among many issues we heard about the latest developments concerning the Community Office and the potential purchase from YDNP. I have too many interests, Sedbergh parish and History Society to be allowed to vote when the matter comes up on the park so I am free to say and write what I think least anyone has any doubt. As it is almost certain the property will be sold then I support its being bought. Whether by a trust, or any other mechanism I am not too fussed, as long as it remains available for its present and future expanded uses of the people of the Sedbergh area. My objection is to it being on the market in the first place. For what it is worth it will contribute virtually nothing to the finances of the

park. In a few years the sale of Sedbergh NPA Building and the running away from Hudson House in Reeth will be seen as acts of great folly.

Towards the end of the meeting we had a rundown as to the preparations for the 2011 Appleby Horse Fair. I suspect there will be a fairly full briefing in these pages next month so I won't say too much. However, in spite of projected cuts the police, the district and the county have given undertakings that they will strive to deliver as strong a response this year as they did in 2010. The minutes of the Respect Working Group, which met earlier the same day are available on request (from me). Last year not everyone liked everything. But those who objected most strongly were least affected. In 2009 a Cautley resident put up a sign "Appleby UNFair". In 2010 they did not and it is my intention is that they will have no cause to do so in 2011. Councillor Kevin Lancaster – 015396 20800, 07980 844 695, kjlanc@kjlanc.demon.co.uk, Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS KL

Daphne Jackson

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HEAPS OF FUN

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Valentines Day.

Send your Valentine

a bouquet of heart shape balloons

COUNCILLORS CORNER

After a relatively quiet spell over Christmas everything now seems to be happening at once! I attended three meetings yesterday (18th January) for example, two of which had as their principle concern Appleby Fair, which once again will be on us before we know it. Following the success of last year's policing we are all determined that this year's Fair will be equally trouble free. In the morning I attended the so-called Travellers and Settled Community Respect Group which has been meeting regularly for some years now and which brings together all the local agencies as well as representatives from the Travelling community. It was an extremely positive meeting and the intention is essentially to repeat last year's operation with a few tweaks to make it even more effective. There is absolutely no doubt that the making available of the field at Scrogg Bank Farm for the period immediately leading up to the Fair and for a short time afterwards made the biggest difference in keeping the Travellers off the lay-byes and grass verges and

out of fields for which permission had not been granted to enter. I am very pleased to say that the owner of the field is once again making it available for this purpose. Apparently last year there was a genuine fear amongst Travellers that the authorities wanted to close the Fair altogether. They have been re-assured that this is not the case and in turn they are now talking about reducing the size of the Fair and returning it to its original purpose and away from the glorified car boot sale which it has tended to become over the last few years. You might also be pleased to know that the Respect Group, which has so far operated as a semi-official working forum, is now to become a sub-committee of the Local Area Partnership (LAP), making it much more accountable to locally elected representatives both at Parish, District and County levels. This can only be for the good.

The Neighbourhood Forum meeting in the evening also had the Fair at the heart of its Agenda. The local police team turned out in force, together with a number of officers from SLDC, to brief the sizeable number of people attending (including representatives from the Cautley Residents Action Group). Very relevant questions were asked by members of the public and again they seemed to be reassured by everything that was said. There is absolutely no doubt that the Police and all local agencies are taking the proper policing and management of the event very seriously indeed. Sgt. John Stephens, the recently appointed new Sergeant-in-charge for

our area, gave an update on the latest criminal activity and assured us that we live in one of the safest parts of the country. Crime of any sort is minimal. I did, however, take the opportunity of asking him to comment on the press reports about a reduction of policing and the replacement of static by mobile units. He explained that the cover would be no less than it is at the moment although there would be more flexibility in the way that individual officers would be deployed. As before Pc John Orr would continue to be primarily responsible for Sedbergh and District and Pc Alan Bullock for Kirkby Lonsdale. They can continue to be contacted via the call centre at Penrith on 0845 3300247 or via the police website.

The Neighbourhood Forum also received an update from the Community Officer manager David Ramsbottom on the latest state of play regarding the hoped for acquisition of 72 Main Street from YDNPA. This was very helpful. I have reported on this myself a number of times in the past and will be returning to it in future articles.

We also had a very interesting presentation from CCC's Adult Social Care department on their newly introduced "reablement" programme which works with people to help them gain or regain skills needed for daily living following a period of illness or onset of disability, enabling people to live as independently as possible and gain confidence in their own abilities. Anyone wishing to know more should in the first instance telephone the



County Council's communication centre on 01228 606060.

Another presentation came from Lakes Leisure Kendal explaining the plans to bring more sporting opportunities out into the local community. So all in all a very full and informative evening.

If you haven't been to a Neighbourhood Forum before I suggest you give it a try – it would be good to see some new faces! The next one is on Thursday 10th March at 7.30 pm at The Institute, Kirkby Lonsdale.

For those of you who are curious, my afternoon meeting was the Sedbergh and District Tourism Initiative Project Board which I have been chairing and which again I shall be reporting on in future issues. So there you have it – "a day in the life of...."

As ever Peter Woof and I may be contacted at any time as follows:

Peter Woof: 015396 20857

Email: peterwoof@hotmail.co.uk

Ian McPherson: 015396 20648

Email: ianmcperson24@hotmail.com

Ian McPherson

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TIM FARRON MP

I know it seems like a while ago but this is my first chance to wish you a Happy New Year. As I wrote in the last *Lookaround*, 2010 was certainly an eventful one for me. My wishes for 2011 are much more focused upon using the support you have shown me to make things happen. I will be working as hard as I can to use the opportunity that being a member of one of the parties in the Coalition Government presents to help improve the lives of those of us lucky enough to live in this area.

On this front I am feeling fairly positive at the moment. To start with we have had the announcement by

Danny Alexander, the Chief Secretary to the Treasury, that the Government is looking at the possibility of offering discounts on fuel costs to people who live in rural areas. Added to which they are also considering introducing a “fuel stabiliser”, this is a scheme where the rate of duty on fuel is tied to the price of oil. So if the price of oil goes up the amount of duty the Government levies will go down, stabilising prices. Now clearly saying that they are “considering” these schemes is a long way from actually introducing them. However, to be “considering” is such a giant leap from the situation we found ourselves in with the previous Government

where the needs of people who lived in rural areas were simply ignored.

On the subject of oil (and non-mains gas) prices, many people have written to me to complain about the way that the cost of both of these fuels has risen over the past year, making it harder and harder for people to afford to heat their homes. I had the chance to speak in a debate in Parliament the other day on the subject of "Fuel Poverty". Fuel poverty is officially defined as being when people are spending more than ten per cent of their income on heating their homes. The number of people suffering fuel poverty has risen dramatically recently, particularly in areas like ours and I think it is important that the Government does all that it can to help the situation. For a start I have asked them to look at introducing a regulator like Ofgem who monitors



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pricing for people on mains gas. It seems wrong that just because you are not on mains gas you don't have any protection. I wait to see what the Government thinks about this idea but in the meantime they have asked the Office of Fair Trading to look at pricing in non-mains gas. Again, it is a positive start.

These are only a couple of the things I have been working on, to these you can add to these bank loans to businesses, making more affordable homes available to local people, payments to farmers, the negative coverage of this area by national media and a number of other issues and it is only January. I have every hope that this will be the best year ever for delivering changes that benefit people in this area.

If you have any issues you want to add to my list of actions please do contact me by phoning 01539 723403, writing to Tim Farron MP, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP



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SEDBERGH ALLOTMENTS ASSOCIATION

The Sedbergh Allotments Association held its second annual general meeting at the Sedbergh URC on 7 December.

The AGM provides an opportunity to reflect on the past 12 months and we were able to look back on 2010 with considerable satisfaction. All plots are continuing to produce a good variety of fruit, flowers and vegetables (prize-winning in one instance!). We have also re-roofed the communal shed which has ensured that tools remain reasonably dry and, importantly, we are able to collect rainwater in barrels to help reduce water charges. We are very grateful for the grant assistance

for this work which was provided by the National Park's Sustainable Development Fund, managed by the Yorkshire Dales Millennium Trust.

The new boundary hedges planted in January 2009 are now well established and are beginning to develop as landscape features. As the hedges mature they will provide a habitat for native flora and fauna (and, hopefully, some protection from those cold easterly winds). The establishment of the allotments has resulted in a noticeable increase in the wildlife value of the area, particularly bees and butterflies attracted by fruit and flowers. A number of frogs (or toads?) have been spotted around compost bins



Sedbergh Community Development Centre

Courses for February - April

Subject	Tutor	Day	Wks	Start	Times	
Gouache & Watercolour Landscapes	Frances Winder	Sat	1	05-Feb	10:00-16:00	KL
Still Life in Soft Pastels	Patrick Oates	Sat	1	05-Mar	10.00-16.00	SD
How to Buy & Sell on eBay	Chris Wood	Mon	1	28-Feb	18:30-21:30	KL
Intro to Microsoft Publisher	Chris Wood	Tue	4	01-Mar	19:00-21:00	SD
Intro to Digital Cameras	Chris Wood	Mon	4	07-Mar	19:00-21:30	KL
How Good Is Your Memory?	David Walton	Tbc	1	Tbc	afternoon	SD
Pilates	Teresa Hill	Mon	6	Ongoing	16:30-17:30	SD
Pilates	Teresa Hill	Mon	6	Ongoing	17:45-18:45	SD
Resurrect Your French	Helene Shovlar	Tue	9	01-Feb	15:45-17:15	SD
Basic GPS Navigation	Chris Wood	Sat	1	19-Feb	10:00-15:00	SD
Feel Confident on Helvellyn	Tim Deighton	Sun	1	30-Jan	10:00-18:00	
Feel Confident on Bow Fell and Crinkle Crag	Tim Deighton	Sun	1	06-Mar	10:00-18:00	
Feel Confident on Scafell Pike	Tim Deighton	Sun	1	07-Apr	10:00-18:00	
Lowland Navigation day course	Tim Deighton	Fri	1	18-Mar	10:00-17:00	
Mountain Adventure Back o' Skidda	Tim Deighton	Sat/Sun	1	02-Apr	Meet 09:30	
The Chinese Way to Better Health	June Parker	Wed	6	02-Mar	19:00-20:30	SD

Courses marked SD are in Sedbergh, those marked KL are in Kirkby Lonsdale, outdoor courses are in various location. Have a look at our website for more information and details of courses in Kendal.

admin@sedberghcdc.org.uk

www.sedberghcdc.org.uk

Tel: 015396 21031

and the 'wetland' area by the shed. One wildlife visitor was less welcome – a lone rabbit appears to have overcome our defences. We think we have located the rabbit hole thanks to one of our members who managed to track prints in the snow!

In September we marked the end of the season with an informal get-together and BBQ on the site. Seed orders arrived at the end of November and by the time this article appears planning for next year will be well advanced and some of the more organised members will be starting to prepare their plots for broad beans, onions and early potatoes. Time passes by very quickly in the gardener's calendar!

All in all, a very satisfying year with few problems to address (although we periodically have to repair damage to the rabbit-proof netting caused by persons who appear not to realise that there is no right of way through the site and continue to climb over the gate and fencing on the eastern boundary).

In common with almost every allotment association in the country, we have a waiting list and, needless to say, we would be very pleased to hear from any landowner who might have a small parcel of land that could be made available for allotment use, even on a short term basis.

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DOCKER PARK FARM

Docker Park Farm has been bought by myself, Lisa Tamlin and my husband, John. We are undertaking considerable refurbishment works. The long term plan is to re-open as a farm visitor attraction but the first part to re-open is the Boarding Kennels and Cattery. They are currently closed (January) for refurbishment but will be available for bookings from 1st February. I absolutely love my own three dogs and I'm really looking forward to running the kennels and spoiling all your dogs and cats too!

Second phase of plan is the Café. For those of you who have visited DPF over the years, it will open looking quite different and we will be running it as a separate entity to the Farm so very much a Café to use all year round and not just if you happen to be there for a Farm visit. We hope it will be a lovely place to come out to and enjoy quality Café and Bistro type food. We also plan to have a small craft and gift shop - which will move into a bigger building of it's own

at some point in the future!

Final stage will be the petting farm/ play areas etc. and we have two alpacas and three rather gorgeous saddleback pigs already in residence - two breeding sows and a boar. We will be selling half or quarter pig rare breed pork from the summer so make space in your freezers for all those joints and sausages!

we plan to keep people living locally regularly informed as things progress but it's a very exciting project for us and after 12 very happy years living in Whittington Parish, we look forward to the move to our neighbouring parish of Arkholrne!

Watch this space!

Lisa Tamlin

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TOWN BAND

Christmas 2010

Programme Affected

The abnormally severe weather throughout most of December had a considerable impact upon the planned full and varied events in the run up to Christmas.

The treacherous state of the roads led to the cancellation of what has become an annual fixture to play carols in the Birdcage, Kendal on Saturday 4th. The following day should have seen the Band responding to an invitation from the Women's Institute in Arnside to help provide entertainment for a large gathering of old folks whom the Institute was hosting. Again, the dangerous and uncertain state of the roads forced a cancellation.

Even the Band's annual Christmas Concert had to be postponed - scheduled for Tuesday 7th in the People's Hall it had to be re-arranged for Thursday 16th in the United Reformed Church, the venue changing as the People's Hall was fully booked. Travelling would have been difficult on the original date for players and audience alike.

A final casualty was the Band's playing of carols in the Main Street as part of the Family Festive Evening. Whilst participation went ahead it was in the benign shelter of the United Reformed Church rather than in the Arctic conditions prevailing on Main Street.

Adverse Conditions Overcome

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weather that dominated most of December the majority of planned events went ahead. Intense cold forced the Band to take up station in the shelter of the U.R.C., on the Family Festive Evening of Wednesday 8th and were gratified by the number of late night shoppers who dropped in.

As has been the case over the last few years carols were played at two of the Kendal stores - Asda on Sunday 19th and Morrison's the following Tuesday. A successful coffee morning was held on Wednesday 22nd and in the evening the local pubs became the venues of seasonal music. The final event fell on Christmas Eve with carols played at the 'bus shelter from 10.30 'til noon. A few hardy players then warmed themselves with coffee at the Post Office before playing for a further hour outside the Church.

DENT PRE-SCHOOL

It is nice to start the year with some good news and Dent Pre-School Association would like to say a huge thank you to the following.

Last June, a couple in Dentdale decided to raise money for the Pre-School by asking their friends and family to donate money as a wedding present. They managed to raise an amazing £900! Furthermore, Gary Kirby, Landlord of The George and Dragon and his friend raised a fantastic £255 for the Pre-School by completing a sponsored fishing contest.

Lastly, I would like to take the opportunity to introduce myself and

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tell you a little about what I would like to do. My name is Laura Mottershead and my family and I relocated to beautiful Dent from rainy Manchester a couple of months ago.

I have been medically retired now for over two years and so, to keep my mind active, I decided to pursue a passion. Hence I started an English Literature degree with the Open University from home, with the ambition of becoming an author in the future.

I am now looking to report on any event happening in Sedbergh and surrounding area for Lookaround. So if you wish for me to come to your event, please contact me by either giving me a call on 25185 or alternatively by sending me an email to laurabm@sky.com with dates and details.

Laura Mottershead

SEDBERGH ANGLERS

Sedbergh and District Angling Association, more usually known as Sedbergh Anglers, is during the winter months quietly contemplating the forthcoming season and reflecting on the last.

In 2010, 3 salmon, 24 sea trout and 91 trout were reported caught. This is significantly down on previous years but there are a couple of reasons for this. The weather in 2010 was very variable with low water levels for considerable periods of the season resulting in poor fishing. More importantly less than half those buying fishing permits sent in their return. This is a much lower rate of return than previous years. This makes it very difficult to manage the fishing and to plan future stocking. What was encouraging, however, is that some 40% of the fish caught were wild fish with some over 2 pounds. This is a clear sign of the improving quality of the native fish.

Those who failed to send in returns may well not want to reveal that they have failed to catch any fish. However, even this information is important as it provides information

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EMILY'S THANK YOU FUND

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GOFFEE MORNING

Wednesday 23rd February

10am to 12 noon

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Bring & Buy

about the 3 rivers fished by members.

The Environment Agency requires that all introduced fish are non-breeding sterile fish. Over time this should further improve the quality of native fish as there is no longer interbreeding between the native and stock fish.

Restocking will take place again this year in the early part of the season.

During the winter months there have been encouraging sightings of spawning salmon in the upper reaches of the Rawthey, Dee and Lune.

With demise of 3 Peaks, formerly Lewis's, fishing permits will be available from the Tourist Information Centre from early March in time for the start of the season on 15 March 2011. Outline maps will also be available as in previous years and are also available on the website, seberghanglers.org.uk.

New members are always welcome and all are welcome at the Annual General Meeting which will take place on 25 February 2011 at 1930 hours at the White Hart Sports and Social Club.

D H Wright, Honorary Secretary

Sedbergh Bowling Club

A G M

*White Hart Sports & Social Club
Committee Room*

Thursday 24th February

7:30 pm

Everyone Welcome



SEDBERGH PRIMARY SCHOOL

During last term the Reception class at Sedbergh Primary was involved in a very exciting project with Age UK South Lakeland and the History Society.

The theme of this joint enterprise was "Food" and it started with a visit to the allotments to see food growing. We were accompanied by Linda Greensmith, Nikki Smith, members of the History Society(George, Diane, Elspeth) one or two grandparents and other members of the community some of whom were allotment owners ready to show us their produce. The children were fascinated to see the variety of vegetables and loved tasting peas straight from the pod.

They rubbed mint between their hands and helped to pull the last of the carrots. Luckily the day was warm and sunny and so we were able to have snack time sitting on logs in the sun. And what a snack! Sue Newell had brought along a huge box of pieces of the most delicious fruit with pineapple, strawberries, mango, kiwi and many others beside and Nikki Smith, who was organizing the project, brought apple cake with pieces of apple from her own trees. It didn't last long! The children really enjoyed the experience and chatted all the way back to school.

Later that week everyone met up again and this time the children brought samples of their favourite home made cakes and biscuits to take with them to Gladstone House. They made new friends from a different generation and all involved enjoyed the songs and chatter- not to mention the food!

The next meeting at the Primary School was a busy one. The day started with groups of Reception children taking it in turn to go and cook plum flapjack in our kitchen with Sue, Nikki and grandparents whilst



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劉家拳

members of the History Society met in Year 5. Reception then joined the older children and all gathered around to learn more about farming in the Howgills as George Tomlinson showed his slides, carefully selected to be of interest to the children. When it came to the point of describing how oats were grown and harvested, Helga Frankland stepped in with a scythe and thrashing stick so the children could have a practical demonstration of the process. They were fascinated and several volunteered to come and have a go. Reception were still sitting listening after an hour so it must have been good. But just in case interest was flagging Sue had brought along tins of oat cakes that she had made from various recipes so the children could nibble away. We also had local cheeses to try. Then it was year 5's turn to tell our visitors about their gardening club. They explained how they had grown vegetables in their plots at school, harvested the produce and then made it into soup.

There was then one more morning of the friends, both young and not so

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young coming together to chat and share food. It was a lovely project and thoroughly enjoyed by all. Nikki took plenty of pictures and one of them was on the front cover of the Age UK South Lakeland magazine. We now have plans for the future with George offering to do another slide show and Diane already giving us some excellent resources to use.

It is always rewarding to see grandparents and the more senior members of our community in school. If you know of anyone who would like to come in to school and share some time with the children please let us know. They will be most welcome.

Maggie Cullen

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DENT PRE-SCHOOL

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NEW HEALTH COURSE AT THE CDC

I first approached the CDC with the idea of teaching a short course about health in the autumn of last year. We debated about what to call it – it could have been called “You and your health”, because that is what it is about, but we decided in the end to call it “The Chinese way to better health” because it is based on the concepts of traditional Chinese medicine.

I first began to study Chinese medicine in 1997, the first year of my acupuncture training course in York. I was drawn to it immediately because of the way it explains many common health patterns. The example which first struck me related to my grandmother, who was a village postmistress. Her work methods were somewhat haphazard (one year, the Christmas communion wine, which arrived by post, got lost and was discovered behind the piano some months later). Each month, my grandfather would do the accounts and my grandmother would be in a

great state of agitation in case she had made mistakes. It was a great family joke that she had to dash for the earth closet (there was no indoor plumbing) shortly before the final figures were produced. Chinese medicine provides a complete description of the processes of the internal organs which produced this reaction. It is a very good system for describing and dealing with our common everyday health concerns.

I shall be tailoring the course to the interests and needs of the participants so that they can gain a new perspective on their own state of health. It might be that some of the following topics would be of interest:

- Exercise for health: why too much exercise is as harmful as too little
- Why toast for breakfast, sandwich for lunch and the main meal in the evening can be a recipe for long term weight gain

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- How stress affects the different systems of the body and can lead to symptoms as varied as irritable bowels and migraines
- How habitual thought patterns such as anxiety or worry can cause and be caused by changes in physical condition
- How to look for the causes of a disease, rather than simply addressing the symptoms
- How to interpret common symptoms such as bruising easily, or a persistent tickly cough
- How small lifestyle changes can have a significant effect on health and well-being
- Why there is no “one-size-fits-all” recipe for feeling well – what is good for one person may be harmful for another. Even seemingly innocuous substances such as cinnamon have their medical characteristics and are not good for everyone.

Philip Horner

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DENTDALE

CHRISTIAN FELLOWSHIP

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7pm - Supper to follow

Sunday February 27th
Sunday March 13th (tbc)

All Welcome

I am motivated to offer this course, because I have seen, over 10 years of acupuncture practice, how Chinese medicine principles can help people understand and regulate their health. I would like to bring this to a wider audience, to include those who do not necessarily want or need acupuncture treatment. I hope that all participants will leave the course with a clear idea of their own Chinese medicine diagnosis and measures they can take towards living a longer and healthier life. The sessions will be informal and no previous knowledge is necessary, just a willingness to investigate whether Chinese medicine fits with your own experience.

The course runs on Wednesday evenings from 7.00 to 8.30, for six sessions starting on 2nd March. To enrol (we need at least six participants for the course to run) please contact the Sedbergh CDC (015396 21031, www.sedberghcdc.org.uk). For more information about course content please contact me (015396 20972).

June Parker

SEDBERGH SCHOOL

“How are you doing Headmaster?”

Since becoming the Headmaster of Sedbergh School in September, I have been asked two questions repeatedly; “How are you settling in?”, and “How is the School doing?”

The first is easy to answer. Anne and I are delighted to be here and in many ways it feels as though we have come home. Anne has family in the area and connections with the school, I have known the school for much of my life and am entirely familiar with the boarding environment. Both of us enjoy the rural nature of the area and our own home is close by. Like most parents, our prime concern is for our children, and they too have settled well.

Which leads to the second question, much harder to answer than the first and which begs the question, “How should we measure schools?”

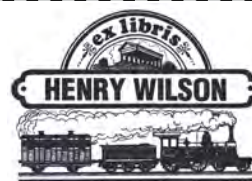
Reflecting on this, it struck me that Sedbergh, Dentdale and Garsdale have an extraordinarily diverse range of schools: Dent Primary, Settlebeck, Balliol and Sedbergh School. They range across the entire spectrum of educational provision, each offering something different and equally important. It is quite clear that no single measure can properly reflect or compare our schools.

So how are we doing? Sedbergh School is flourishing both as a school and a business. The two aspects are inextricably linked. Sedbergh Junior School has grown in numbers and has just received a glowing inspection report which has graded Governance

and leadership, boarding, extra-curricular pursuits and welfare of pupils as excellent. Teaching and pupils’ academic progress was identified as good with excellent features.

The Senior School started with more pupils than last year. We gained good exam results with three pupils progressing to Cambridge and most others to their preferred choice in top universities. This was particularly pleasing in light of the increased competition for places. 56% of A level exams were graded A*-B and 65% of exams taken by our Year 11 pupils were graded A*-B.

Good as these results may be, they do not present a clear picture of the



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school's performance. In the first instance, our pupils do not take GCSE exams, we have opted for the more demanding International GCSE and to compare these results with GCSE's is to compare apples with pears. Ironically, if the Government submitted school league tables as a piece of GCSE Statistics coursework, it would fail! Secondly, the advent of A* grades for both GCSE and A level can only devalue each lower grade in the eyes of universities and employers; 'A' is the new 'B' and 'B' the new 'C'. The traditional measure of school performance, the percentage of A-C grades, should be consigned to history.

One thing which unites

Headteachers is the knowledge that our schools are far more than the exam results they achieve. Sport continues to thrive and our teams have had a very successful season, the first XV winning the newly established Schools Super League. Five pupils have qualified to play in regional or national teams so far, sailors have won national titles, our runners have won the British Schools fell running championships in senior boys, girls and team competitions and we await news about four shooters who may compete against New Zealand. Away from the pitches, four pupils have gained places in national orchestras and choirs and the arts are flourishing in general. Whilst it is easy to measure the results on the sports field, it is harder to assess the quality of music and drama. Perhaps the best measure is the acknowledgement of one's peers, and here we find that Sedbergh musicians are in demand to play in schools all over the north of England.

It is easy to list the achievements, and there are many more. However, far more important than all of this, is the fact that our pupils are emerging as confident young men and women who balance competition with compassion, equipped to contribute to their communities and society at large. When David Cameron speaks of "Broken Britain", I can only reflect that Sedberghians have the skills and the attitude to mend it.

So, how are we doing? I'd say we're doing very well! Thank you for asking. *Andrew Fleck, Headmaster*

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KIDZONE & NYUMBANI 2010

The children in the Kidzone Orphanage, Nairobi, are really happy and enjoy each other's company. They are just like a big family with the older ones helping the younger ones.

At last the Kidzone Orphanage has much needed support from a large charity, Hope for Children. They have seen how happy and well cared for the children are. They are going to pay the rent and a social worker's salary. They are sending a team to train the Manager and staff in charity admin and accounts.

Although the premises, two converted classrooms, are much too small, some improvements have been made this year. Each child has

a drawer to keep her clothes and things tidy, these are fitted under the bunk beds. There is a large mirror, a first aid kit and toilet seats!! There will soon be a library, started with money from the collection at Gloria Dawkins' funeral. There is plenty of evidence of Sedbergh people's interest in the project. The colourful blankets, the plastic chairs, the washing machine, Kath Winn's much treasured ski hats Some girls even sleep in them! They call her Cho Cho, which is Swahili for Grannie.

Plots of land for the new building are already being explored. Finchley Catholic High School, who have been sending volunteers from their Sixth Form each summer, have pledged to



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raise £150,000, a third of it this year. Considering that only a very few of the children are Catholics, though all are Christian, this seems a good ecumenical gesture. Of course, it must be said that the school is a Centre for Business Excellence!

The children always bring me their books, and I have persuaded the older ones to listen to the younger ones read. I'm sure they will. A volunteer hairdresser came to braid their hair. It takes a long time and they are very patient. Next day they were braiding each others' hair! The hairdresser kindly offered to do mine, but I declined!

They all enjoyed an outing to the Animal Orphanage. The monkeys are always favourite, but three little lion cubs came a close second. They were just like kittens, jumping up to the table where their food was being prepared. We also went to City Park where small monkeys are not caged and the children can feed them. At home there is only a small playground for the children outdoors so an outing is a real treat.

The Directors' daughter, Kendi, had a Birthday party at an outdoor restaurant. Half of her guests were friends and family, the other half were her Kidzone friends and nobody could tell the difference.

In this Newsletter (Page 53) there is an appeal for recorders for the children. They love music. They sing and dance but have no instruments. Helen Beare hopes to go out later this year with enough recorders and music to get them all started.

The Schools Programme is going very well. We still have 80 poor children, including the orphans, sponsored in full time education.





Emily, a very bright girl, got an excellent mark in the KCPE, the Kenyan equivalent of our GCSE. All are making good progress. This is a very worthwhile project because these children will be able to get good jobs and bring their families out of poverty. We still have a few more children needing sponsors.

Nyumbani, the home for HIV+ orphans, continues to grow. Some of the older ones have left the home now they can manage their medication, and live with relatives.

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Some are at High School, others at College, studying, tourism, law, hotel management, catering. These girls I have known since 2003 are happy, capable young women. If it wasn't for Nyumbani, none of them would be alive today. I managed to time my visit when 12 of them were at home for the holidays and we all enjoyed a meal of chicken and chips at a local café. We encouraged two of them to place the order, just to give them experience of this social skill.

The Respite Centre on the home's site is a great success. Sick HIV+ children from the Outreach Programme in the slums can be cared for until they recover.

A new diagnostic laboratory is being built on the site to replace the older one. Much of Nairobi's HIV testing is carried out there and this of course brings the home useful income.

So each year both Kidzone and Nyumbani are making progress, and I feel very privileged to witness it.

Christine Wood,
015396 21750
cwtrans@tiscali.co.uk

CHRISTMAS TREE FESTIVAL

Sedbergh Methodist Church played host to the town's first Christmas Tree Festival in early December. The church was filled with decorated trees all depicting a popular song or Christmas carol. Local businesses and organisations sponsored the trees which were decorated by individuals, families and groups from the area. The seasonal weather proved challenging to both organisers and visitors alike, but those able to brave the wintry conditions thoroughly enjoyed the displays and appreciated all the effort that so many people had put into staging the event.

The snow added to the atmosphere and gave more meaning to the song 'In the bleak mid winter'. Tim Farron came along to 'switch on the lights' and the church was ablaze with hundreds of coloured lights twinkling in the twilight and then throughout the whole weekend.

On Saturday evening the lighted trees set the scene for an evening of Christmas music. Local musicians and singers joined together for an enjoyable and entertaining performance which was interspersed with readings, one in dialect, humorously putting a different slant on the nativity story. Everyone was well and truly in the festive spirit by this time and the evening rounded off with refreshments of hot punch and savouries.

On Sunday morning a full church gathered together for a Family Service. There was more Christmas



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music both traditional and modern, prayers, an amusing sketch and the speaker, Janet Widdess, topically, based her talk around the story of 3 Christmas trees. The children brought along gifts which were later distributed to less fortunate children who otherwise would not receive any presents at Christmastime. Coffee and mince pies concluded the morning's activities, served by a team of ladies who worked tirelessly in the kitchen throughout the weekend serving refreshments to visitors.

We are pleased to have raised £1,018 for Leukemia and Lymphoma Research from the sale of programmes and donations. This was an impressive amount considering the extreme weather conditions and the organisers are grateful to all who so willingly helped in so many different ways. *Nora Alderson*

PEPPERPOT CLUB

Although it seems a long way off, Sedbergh Pepperpot Club would like to alert you to an evening's entertainment which will take place on Thursday, March 31st at the People's Hall - a Springtime Café Concert to launch the new Sedbergh (community) Orchestra in style! A free glass of wine/soft drink and nibbles will be included in the ticket price of £6.00 and those 18 and under will come free. Please record the date now and ensure that you are able to come! The exact details are not known yet, so the event will be properly advertised in the March edition of *Lookaround*.

The orchestra's first outing, simply playing background music - was on December 9th, when there was a Wine & Nibbles Party solely for Members, Friends and Sponsors and their invited friends. It was a wonderful turn-out, especially considering the weather conditions when so many events that week had to be cancelled. The party was held at Westwood Books - an ideal venue - by kind permission of Mark Westwood. As those of you who came will I am sure agree, there was a really happy atmosphere and we all had a thoroughly good time. We similarly hope to attract a sizeable audience to the People's Hall. The proceeds of the concert - hoping that there will be some! - will be divided between a new Pepperpot Fund (described below) and the People's Hall, towards the renovations and extensions.

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It was at the Wine & Nibbles Party that the new fund was launched. Margaret Watson, a Pepperpot member who plays in the Westmorland Orchestra, spoke about it very movingly and Anne, Lady Kerr, our President, expressed thanks on behalf of the Pepperpot Club. Margaret has written the following paragraph to include here :

The Alison Armstrong Pepperpot Fund came into being on December 9th in memory of my late sister, thanks to a very generous donation from friends of Pepperpot, Alexe and Jonathan Roberts. Alison grew up in Cumbria and enjoyed the benefits of music lessons and orchestral experience through the Music Department of the Education Authority. Great enjoyment and lifelong friendships resulted from what was then provided free within the schools' music service. Fortunately Pepperpot now provides wonderful opportunities and support no longer available through the education service. The aim of the Alison Armstrong Pepperpot Fund is to help provide these learning experiences. It

will be used within the current philosophy of Pepperpot and will, hopefully, be augmented by fund-raising and donations. Over £250 was raised at the Wine and Nibbles' evening, which was a fantastic and thoroughly enjoyable event. Many thanks to everyone who made the occasion such a success.

We are most grateful to Margaret - and especially to Jonathan and Alexe for their generosity and for the lengths they went to to come to the party, via London and Wensleydale in the snow! We shall do our best to think of ways in which the fund can grow and be used to further the aims of the Pepperpot Club. We are particularly grateful to have this new fund, since we have had no luck in obtaining external grants this year. But we are delighted and grateful to report that the Trott Musical Foundation

has been able to step in to help. We are promised funds to complement those provided by Pepperpot Sponsors, Members and Friends particularly to cover the Music Makers activities at the Primary School for this academic year. All of this enables Pepperpot to continue providing financial help in various other ways for young Sedbergh orchestral musicians.

If you are in sympathy with the aims of the Pepperpot Club, it is very easy and need not be expensive, to provide support. Friends simply



provide an annual sum of £5.00. To be a Member costs £6.00 or £10.00 for two people at the same address. Members receive lists of suggested events three or four times a year and those who attend contribute a £1 'peppercorn' over and above the cost of the event. The 'peppercorns' help, for instance, to subsidise music lessons on orchestral instruments or provide grants to attend music courses. The more expensive option is to become a Sponsor. Sponsors pay a minimum of £20.00 a year and their contributions go towards the considerable costs of running all the Music Makers activities at the Primary School - the ocarina and recorder

groups, run by Carole Marsden, and the after-school orchestra run by Elizabeth Dodd and Anthea Meuli. We are expecting that two adults, who have taken up instruments later in life, will also join this

orchestra shortly. In addition, we own and maintain a large bank of orchestral instruments, many donated, which we lend out merely for the cost of the annual insurance.

We would welcome anyone who would like to 'join' in any capacity and we would also be glad to know of anyone in the Sedbergh area who could benefit from what we have to offer. Please get in touch.

Shirley Smith

015396 21196

yantethera@aol.com


www.sedbergh.org.uk/pepperpot)



SEDBERGH HEALTHY STEPS

A very big thank you to all the ladies who have been attending the Thursday morning Healthy-Steps classes during 2010! A special mention and congratulations to Mrs Jean Dixon who braved all weathers to ensure she didn't miss a single class!

The class continues to expand and anyone who is not sure whether it is for them should come and have a go at one class, without any obligation to



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continue. Everyone has a chair & exercises can all be done seated if preferred or the chair can be used as support for standing moves. We start with slow gentle stretching to open the neck & chest area to help lymphatic flow thereby boosting the immune system, add some balance work, strengthening exercises with therabands, we have a water & social break and then practice some fun dance routines and finish with a slow, seated wrap up!

By request I have added new classes in Barbon & Kirkby Lonsdale. See the advert for details!

Yvonne Cervetti

NOVEMBER WEATHER

A mixed month weather-wise starting with a mild spell and ending with a fall of snow. The first few days had maximum temperatures in the 50sF, with a high of 57.0F, to be followed by reducing temperatures until a minimum 17.8F was reached. The last few days we had temperatures at or just above freezing during the day coinciding with the first snow fall. A fairly breezy month with a maximum of 26.6 mph though only 4 days did not reach double figures. Atmospheric pressure reflected these winds with the second week having quite a depression registering a low of 28.23 inches of mercury. The windchill also reflected the changes through the month with the first mild week being the only period when the temperature stayed above freezing. Rainfall amounted to 4.61 inches but I suspect the rain gauge was frozen for the last few days of the month.

On the 18th a bat was flying at dusk when temperatures were starting to drop. On the list of "regulars" I

omitted the dunocks and also the crow invasion. Each morning when I feed the poultry a host of various crows drop in to feed with 20 to 30 jackdaws just waiting until my back is turned. The blackbirds have finished off the crab apples so have invaded the shippon eating the apples stored there if they can get the tops off the buckets! The long tailed tits are regular visitors but the goldfinch have obviously moved on. The rooks have visited their old nests nearby and the woodpecker is drumming round about but hasn't come to feed recently.

DENTDALE MEMORIAL HALL

As there were no pressing issues to report on or talk over the Jan trustee meeting was cancelled. Members will be kept up to date with the roof developments. We all meet for the AGM & following trustee meeting, in the Hall on Wed. March 23rd at 7.30pm. Members of the public are welcome at the AGM when among other things the Gala will be discussed.

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Scenes from Sabah

The Local Support Group invited John Mounsey to talk on his recent visit to this region of Borneo. His talk had been subtitled "Headhunters and Oil Palms". The native Dyak people, in past times, killed their enemies by blowpipe then boiled and cleaned the heads. This rite of passage entitled the young warrior to all over body tattooing. Fortunately no more really gory details were offered and John concentrated on the wildlife of the area and the threats that commercial crops are bringing to its indigenous people.

The loss of forest cover has resulted in the displacement of these people

White Hart Sports & Social Club

A plea to members or anyone

From the 1st of April we desperately need two volunteer's who have a few hours a week to spare and could help keep the Club open by taking up the post of either Secretary or Treasurer

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into the interior and immigrant Arab and Chinese now live along the coast. The group's first expedition was into these forested areas, mostly secondary growth now. Anti-leech gaiters, made by local children, were worn in this wet and muddy terrain. All sorts of wildlife was discovered here. Pygmy squirrel, lantern bugs, bark borers and all sorts of millipedes were found, some poisonous. Surprisingly inland crabs were here too together with all lengths of stick insect and multi-coloured butterflies. Some moths and butterflies had transparent patches in their wings, an effective camouflage strategy. Most trees had wide buttress roots, more effective in gathering moisture. It was fortunate that the group had a sharp-eyed and most knowledgeable leader. He was a native of the area, indeed his own grandfather had been a head-hunter. Hopefully this tendency had faded with time.

Coastal homes were built on stilts to cope with a combination of tides and wet seasons. The main roads in this area were very good in contrast to

those off the main routes. Huge areas of oil palm plantations had followed forest clearance resulting in the enemy of bio-diversity – monoculture. Clearance also results in soil erosion after heavy rainfall, frequent in these latitudes. Global companies were profiting from these at the expense of food crops. Also here was the site of a former Japanese prisoner of war camp. 2,700 Australian and British captives were marched west from here. Only 6 survived by escaping en route.

One of the big attractions of this area is the orangutan rehabilitation centre. This proved to be disappointing. As it is politic to keep these endangered creatures from indiscriminate human contact, they could only be viewed at a distance. Fortunately John's camera had an impressive telephoto facility. They are eventually released into the wild. More species were discovered here, orchid epiphytes clinging to trees, all sizes of egret, monitor lizards, pig-tailed, long-tailed or crab-eating macaques and sugar-leaf and proboscis monkeys. Many snakes exist here too. Pit vipers with infra-red vision in order to seek out warm-blooded prey were spotted together with others snoozing (we hope!) in trees. Above all flew a crested serpent eagle.

After a longer than expected walk the group was shown the rare rafflesia flower. This sensitive plant folds shut if touched and thrives in the shade of the bamboos. It is about a

metre wide and quick flowering. Insects are attracted by a smell of rotting flesh.

A cave visit followed. This hot, wet region is famous for some of the most extensive caves in the world. Ropes suspended from the roof enabled collectors of birds' nests to collect their crops. This "delicacy" is composed of mud, spider web and saliva and.....hmm! Bats and swifts are numerous here and collecting is suspended while the young are in the nests. Huge piles of dung accumulate covered with several species of cockroach. These provide food for poisonous centipedes.

Mount Kinabalu is the highest mountain in this region. This igneous

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mass of granodiorite rises 4,095m (13,435ft). The mountain and its surroundings are among the most important biological sites in the world, with over 4500 species of plant, 326 species of birds, and 100 mammalian species identified. Among this rich collection of wildlife are famous species such as the gigantic rafflesia plants and the orangutan. Mount Kinabalu has been accorded UNESCO World Heritage status. The party spotted pitcher plants, orchids, fig trees flowering at their bases, and pollinated by snails, and wild ginger. A mountain whistler was seen with its striking yellow chest. Cicadas were numerous, a species once very common in southern Europe before

the proliferation of pesticides.

A more relaxed time followed on one of the offshore islands. Mangroves with their oxygen seeking roots visible at low water were populated by crabs and otters, butcher birds swooped overhead. The mangrove fruit drops into the water and germinates where it lands. Here a turtle rescue project collects the eggs after they are laid in the warm sand and keeps them till safely hatched when they are returned to the sea. A remarkable photo of a mound of newly laid eggs and their mother concluded a fascinating and most informative talk. We were transported to the warmth of Sabah, a welcome antidote to January in Sedbergh! SG



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FEBRUARY GARDENING

In the short days of February, when nothing much is happening in the garden (except, of course for our wonderful displays of snowdrops), any plant showing colour is always welcome. I notice these plants as I drive or walk through towns and villages. A beautiful *Acer* beside the road in Casterton catches my eye and a fine birch in Kirkby Lonsdale churchyard makes a very pleasing picture.

Many Maples (*Acers*) come into their own in the winter months. One group – the “Snake- bark” Maples have young twigs and branches which are striated with white, red and green markings. *Acer capillipes*, the Red Snake-bark maple is one of my favourites along with *A. pensylvanicum* (Moosebark) and *A. rufinerve* (Grey-budded Snake-bark Maple). *A. davidii* (Pere David's Maple) and *A. crataegifolium* (Hawthorn-leaved Maple) are two other worthy species. All of these are classed as small trees but given time and a good position, they can reach 20 – 30ft in height. I have seen *A. capillipes* and *A. pensylvanicum* grown as coppiced trees (cut back to the ground every 4-5 years) or kept as multi-stemmed shrubs (by pruning back one third of the stems to ground level each year, in rotation). These systems produce lots of new twigs and stems and hence lots of winter colour. Most Snake-bark Maples have rather rounded, un-maple-ish shaped leaves but they do generally show

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very good Autumn colour and often have attractive pendulous bunches of very decorative keys.

Attractive bark is the other eye-catching feature of some winter trees. My favourites are Tibetan Cherry (*Prunus serrula*) which has the most amazing, polished mahogany coloured bark, on trunk and branches, Paper-bark Maple (*Acer griseum*) with cinnamon brown, peeling bark, and Himalayan Birch (*Betula jaquemontii*) with glowing white bark. This, and other beautiful specimens of ornamental birch can be seen at Holehird Gardens – the Lake District Horticultural Society's garden in Troutbeck. *Elaine Horne*

FAMILY MUSINGS

We have been a bit "poorly", overloaded seemed to be the verdict but following a night away in the care of loving hands "we" returned home rather better equipped to deal with the tasks expected but still in need of off-loading and sorting out. The "we" is not human, although it might be thought by me to be male and by hubby to be female just to explain away the problems. I shall stop waffling and explain that the computer hasn't been working too well!

Otherwise all is well here after a lovely Christmas aided and abetted by the cold and the snow but not in any way spoilt by it, but then the

awful flooding when a river took bits of our drive away down the road and left a huge pot-hole in our drive, a little stream which spends most of the summer dry looks very nice in our garden, you need to see it in spate to realise all is not really ok at all. Hubby cleans it out and we need to reclaim a pond where children used to paddle in summers of years ago perhaps we need to raise the sides or clean out the bankings higher up the course. Hippins was out but still some drivers think it is ok to go through the water then they get stuck and need help or in 4x4's go through so fast the force of the water knocks down the farmers walls, more work for someone but probably not the person who caused

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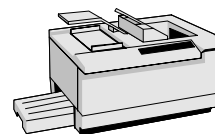
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it. Joys of living in the countryside.

Work began in the garden before the old year waved farewell, a friend was visiting to escape her noisy house and she commented that hubby was striding across our top lawn like he was on a mission and was carrying a chainsaw, soon we had a much clearer view of next door in both directions and she was able to take some tree branches home for her hubby to chop for the fire. Next was the creation not of a helicopter landing pad as one person suggested but the provision of more turning and parking space, it is really odd being able to reverse in such an open space. Another veg bed was also dug out and one daughter suggests we could keep her provided with new potatoes this year. It is all down to time but one resolution is to spend at least half an hour in the garden for at least three days a week, there are no end of jobs to do and there's always the greenhouse if it rains, we are just about on target so far!

Trying to link up with more distant relatives has proved difficult, we suggest they telephone before they come so we can try to arrange to be here, they agree, then we come home and find they have been! Anyone any suggestions as to how to solve this? There is of course the possibility that they do not actually WANT to catch us in, now, there's a thought!

Enjoy your friends and your relations, it is all really relative in the great scheme of family life, perhaps. Enjoy it anyway!

Sarah

YORKSHIRE DALES NATIONAL PARK

Path Repairs

Both local people and visitors enjoy the path beside the Rawthey from Straight Bridge to Garsdale Bridge near Settlebeck. Recently YDNPA has been replacing stiles with gates to make this route more accessible to a wider range of walkers.

The most difficult place for many people used to be just behind Scroggs Farm, where a steep ladder stile was followed by an uphill struggle to another large stile into the field. Some weeks ago a fine big oak tree adjacent to the path collapsed and brought down retaining walls and the ladder stile, resulting in the path becoming subject to a Temporary Closure Order.

Since then the YDNPA Rangers with the help of two teams of Dales Volunteers have held three day-long work-parties to restore the route. Easy-catch gates at the bottom and the top of the slope will provide stock-proof barriers for the farmer. The retaining walls have been rebuilt, but the ladder-stile is no longer there: instead the path zig-zags at an easy gradient and with steps.

The Closure Order has been lifted and the route is now much more convenient for everybody to use. Thanks are due to the landowner and his tenant who quickly removed the fallen tree, and particularly to the Dales Volunteers, some of whom come from as far as Leeds to give their time to improving the National Park in this area.

Malcolm Petyt

FRIENDS OF FARFIELD MILL

In January Friends helped out whilst the mill was closed. Painting, re-furbishing, spring cleaning and generally helping out with the planned re-organisation of all 4 levels. A great time was had by all who took part (supported by plenty of tea, coffee and cake) and the time out for lunch in the cafe was both a welcome break and the chance for us to find out more about the mill and the people who work there (staff and resident artists).

The mill has now re-opened so come along and see for yourself. As well as Heritage, a variety of Exhibitions, Resident Artists and other craft work (both to see and purchase) there are daily demonstrations including weaving, spinning, lace making, rag rugging plus a new '**Knit and Natter**' group which is open to everyone down in the cafe every Tuesday afternoon

(just bring your knitting and needles and join in).

The Friends of Farfield Mill fundraising year has already started with '**Farfield Fenestration**' a scheme where anyone can support a pane of glass for £25 and assist the window replacement programme that will not only save heat (and money) but also improve the appearance of the Mill. (Funds have already started coming in and the first window has been replaced)

Our next 'big' event is a **WINE TASTING** evening on 4th March at the Peoples Hall with wine and a cold buffet courtesy of Booths, Kirkby Lonsdale together with a fun quiz (plus prizes) and a raffle. See our advert for more details - tickets are available from the Mill and/or direct from committee members - Moira Roberts, Kay Stockdale, Anna Atkins, Dilys Evans, Rosie Fairburn, Winifred Howarth and Jennifer Smith. AA

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NEWS FROM THE PEWS



The stage was set; backdrop in place, props in order, participants quietly waiting for their cues, the opening announcement made, spotlights switched on and "action". So began the Nativity play, which for many is the start of Christmas.

Judith Bush wrote this year's version that had a hi-tech theme running through the familiar story. Members of BOF and Chameleons work so well together on these occasions and their efforts were much appreciated by the very full church of grandparents, parents, brothers, sisters and friends of all ages.

The proceeds of a generous collection after the service were sent to the homeless in Lancaster.

Christmas seems a long time ago now, well it was last year! However, I do recall how the church building looked its best for the festive season,



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effectively lit up outside, a beautifully decorated tree inside, the crib arranged with its figures especially made for St Andrew's, windowsills filled with handsome flower decorations whilst other beautiful arrangements filled prominent places.

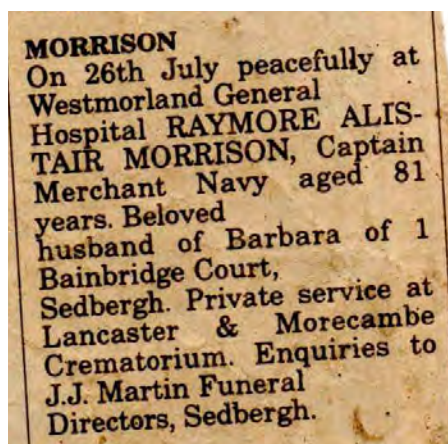
For over three years now the South aisle wall of the Lady Chapel has not looked its best, being badly stained due to damage caused by the ingress of water following the theft of lead from the roof. It has taken all this time for the plaster to dry out before redecoration begins. Plans are in hand for remedial work to begin within the next few days. Another job crossed off the list!

Now a new year is upon us plans are being made for an exciting new venture. We are going to host a Summer Fair using the church and churchyard for stalls, games and afternoon teas, in fact, something for everyone. The request to have a bright sunny day on Saturday 9th July has gone in; put the date in your diary please!

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

MORRISON FAMILY

I have been contacted by a person who was working on the A6 near to Lancaster University and has found a discarded brass tobacco tin. Inside was found three items:- a newspaper cutting (below), a 1 penny dated 2005 and a portion of a packet of Player's Navy Cut cigarettes with a signature on the back.



The finder is anxious to return the property to the Morrison family as they appear to be of sentimental value. If anyone can assist with this, can you please contact me.

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PEOPLE'S HALL

Last month we made an appeal for help in fundraising for the redevelopment of the People's Hall. We are very pleased to announce that Davidson Walton, a qualified accountant, has stepped forward to assist our Treasurer. Already we are getting advice on the filling in of application forms, selection of auditors and VAT.

Other meetings are in progress to start to raise funds from local activities. The Pepperpot Club is to hold a performance of the new Sedbergh Orchestra on 31 March 2011 in the People's Hall. The proceeds, of which, are to be divided between the Pepperpot's Alison Armstrong Fund and the Hall's Redevelopment Fund.

Sandra Gold-Wood and Elspeth Griffiths are hard at work to create an illustrated book of the History of the Hall. This will be available in the autumn, just in time for Christmas presents.

Jack McLean, one of our Committee members, is busy devising a system of "donation" bricks. A bit like the Hollywood pavement of the stars – your name "built" into the Hall for ever! More next time.

All these ideas, and others yet to be, are important as when we apply to major funding bodies they like to see matched funding and serious activity by the Townsfolk. We can even claim the value of the time volunteered by various people away from their normal activities (eg: architects, engineers, etc.) as part of the fundraising efforts.

However, we still urgently need more help. If you can assist please talk to me (20790), our Treasurer (21833) or Douglas Thomson (21747)

Two events in the People's Hall for your diary - proceeds to the Redevelopment Fund (*See Page 11*)
Blackheart Band, folk, country and even rock. Tuesday 8 February at 8.00pm (doors open 7.30pm)

Blackheart live shows combine the unforgettable lemon and honey voice of Chrissy Mostyne and the jaw-dropping acoustic guitar playing of Rick Pilkington with highly entertaining audience interaction as they tell the stories behind their songs. Tickets £8.00 are available at the door and at the TIC (20125).

"Brassed Up!" The ultimate brass concert – Friday 11 February at 7.30pm

James Stretton and Iain Jackson present an unforgettable concert of brass music. Covering ALL instruments and ALL styles their innovative and imaginative approach will blow you away. Tickets are available at the door and at the TIC (20125) at Adults £7.50, Child £4, Family £20. *Dr Gina Barney, Hon Sec*

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AGE UK LUNCH CLUB



There were 24 people at the Christmas Lunch Club in the Red Lion, where we all enjoyed a lovely dinner followed by a festive quiz.



Anyone wishing to join us on the 2nd Thursday of the month should contact Mary Gladstone on 015396 20438. All welcome and at £8.00 for a main course, pudding and coffee/ tea plus a friendly chat it is great value. Anyone who would like to join us but is worried about transport should get in touch as this could be arranged.

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**SEDBERGH TOWN BAND
Commemoration Service**

On Thursday 4th January, seventeen members of the Band played at 'A Service of Thanksgiving for the life of Colin Michael Barnett', the husband of Band Secretary and horn player Hilary Hodge.

Prior to the service the Band met in the URC to practise the music chosen for the occasion. After lunch in the church, taken in the company of many of the guests invited to pay their respects, the service, conducted by the Rev. Carole Marsden, duly took place.

In between tributes and readings delivered by family, friends and distinguished union members, the Band played the hymns 'Amazing Grace' and 'Dear Lord and Father' (to the tune 'Repton') and the iconic socialist music 'The Red Flag' and 'The Internationale'. **GB**

DENTDALE WALKING FESTIVAL
“WAINWRIGHT, WHERNSIDE AND
WATERCOLOURS”

The 2011 Dentdale Walking Festival on 30th April & 3rd May will have a new and original look this year. The organisers have teamed up with local & touring artists and craftspeople along with Dent Meditation Centre, the village cafes and pubs to create a unique weekend of walking and culture. The idea is to give visitors to the dale an extra big slice of Dentdale hospitality and give the new tourist season an extra boost.

Guided walks will include an additional cultural dimension. Some walks will pass through the studio of a well-known local artist, who, along with tea and cake, will give talks and demonstrations of their work and life as an artist in Dentdale. Other walks will lead to the beautiful Meditation Centre at the foot of Flintergill, for the staging of Meadowsweet a stunning exhibition by three Contemporary touring artists with an inspired theme of hay meadows, at the centre you will also find the following sessions ‘introduction to meditation’ and yoga. A welcome stop at a café or pub will include entertainment from a guest speaker or musician along with the well-earned refreshment.

The weekend will conclude with an evening of live entertainment, hosted by Dentdale Music and Beer Festival and Dentdale Brewery. There will be free samples of local ales and an opportunity to mingle with fellow walkers, guides and artists to discuss the walking highlights, weary bones

and cultural delights of a great weekend. Admission to this will be free to all Walking Festival patrons.

EMILY’S THANK YOU FUND

My name is Helen Smith, many of you will remember me as Helen Woof, brought up in Sedbergh / Cautley before moving to Tebay in 2004 where I currently live.

In November 2010 it was discovered that my youngest daughter Emily (4 months), was diagnosed with a life threatening rare heart condition, which obviously was devastating for us to find out as a family. She underwent urgent open heart surgery by the wonderful heart surgeons at The Freeman Hospital, Newcastle upon Tyne, the north of England's regional centre. Following her surgery she received excellent care by the doctors & nurses on the children's heart unit and was home just one week after her major surgery.

As a family, we want to show our heartfelt thanks to the unit for making Emily better, therefore we have decided to do a number of fundraising events over the next few months to show our appreciation and gratitude to the fantastic team at The Freeman for saving our little girls life, the first event being a Coffee Morning on 23rd February at the URC rooms (please see Page 23).

If you would be interested or willing in helping us in any way then please contact myself on 015396 24235 / email helensmith1@tiscali.co.uk or alternatively my sister Rachel Winn on 015396 21699.

St MARK'S CAUTLEY

'A Festival of Flowers and Music'
20th, 21st & 22nd May

Plans are well underway for our major fundraising event of the year.

The flower arrangers are already looking for inspiration and planning their exhibits: The musicians are polishing their instruments and flexing their vocal chords: Those in charge of catering are planning to provide delicious home made refreshments for the three days of the Festival.

The Festival will be open every day, all day, with visiting organists playing on the Saturday. There will be two evening events, a concert of early and folk music on the Friday evening and a Songs of Praise on the Sunday evening.

Please put the date in your diary now, you will not be disappointed.

A Plea:

We are planning to make some willow structures as part of our display in the churchyard. We are in need of long straight stems of willow and dogwood. If you are planning to cut any before the middle of February, please contact us, we would be very happy to collect. (If you are really stuck we will even come and cut it for you).

Linda Hopkins Tel 21455, Judith Bush Tel 20058

ART SOCIETY

Our meetings in December 2010 and January 2011 gave us a taste of two artists, both painting street scenes both starting from drawings,

but using different media and with individual approaches.

Duncan Ibbotson, pastel artist, stepped in at the last moment when Fiona Lucas was prevented by bad weather. He was not afraid to experiment, and began by going over his outlines with blue pastel, using a darker hue for the foreground lines. Then he decided where to put in the 'darks', to get some feel of perspective, then the 'lights'. He was not afraid of using unexpected colours, producing a vibrant picture of a street and castle.

Peter Slater water-colourist, enthused about yellow ochre pale, wasn't averse to using viridian, and took great delight in mixing colours both on the palette and on the paper, with plenty of water to maintain a delicate touch. He was happy to leave white paper here and there, just washing it over with the dirty water he never changed! He also demonstrated a scene of rocks, and both paintings left space for the viewer to supply details. He finished by giving a useful list of what to mix to produce a wide variety of greys.

What these artists had in common was a great joy in the mixing and use of colours.

Our Informal Wednesday Group continues in the People's Hall, but now from 1.0 - 5.0pm, and you are welcome for all or part of that time.

The next meeting is the AGM on Friday 11th February at 7.30pm in the URC room.

V. Finch

A2B NOW TRAVEL

A new exciting initiative has been launched by Cumbria County Council for the benefit of young people across South Lakeland.

The A2BNoW concessionary bus fare scheme will provide discounted travel for young people between the ages of 5 and 18, living in South Lakeland. By introducing an upper 'cap' of £1 single and £1.80 return fare for young people, it will make it cheaper for them to access leisure activities by bus.

The scheme will work via a 'smartcard' which can be applied for at a cost of £5. The A2BNoW Card will allow the holder to travel on any journey in South Lakeland at the reduced rate. A2BNoW card holders will also be entitled to use their card to travel to Penrith, Keswick, Barrow, Kirkby Stephen and Lancaster taking advantage of the reduced rates as long as their journey starts in South Lakeland.

The scheme will be available every day on existing scheduled bus services except before 9:30am and between the hours of 3pm and 5pm during school term times.

This new initiative will run from to 31st March 2012 and will be reviewed throughout. As a listening council we want to be sure that it delivers a good service as well as providing good value for money.

In order to take advantage of the scheme young people will need to complete an application form that is available now from Sedbergh library, online at www.cumbria.gov.uk/

a2bnow or by calling 01539 713180.

Once completed, the form should be taken to Sedbergh library along with a passport style photo, £5 fee and proof of age and address of the applicant. Library staff will check over the application, take the payment and then send off for the card which will be issued direct to the applicant's home address.

Geoff Cook

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MOUNT KILIMANJARO



In June I am going to climb Mount Kilimanjaro in Africa to try and raise £2,500 for Childreach International www.childreach.org.uk.

Their charity helps to provide education, health care and protection to children in Africa.

For more information and to make a donation please visit my webpage; <http://uk.virginmoneygiving.com/FreyaLeach>

Thank You

Freya Leach

Dear Editor

Through your pages, we would like to thank those brave people who turned out to help motorists stranded by heavy snow on and around Black Horse on December 27th.

After heavy overnight snow, Cumbria Highways failed to turn out to clear the road which was extra busy after the Christmas break, many people heading for the shops once the sales had started.

Had we in Sedbergh known what travelling conditions were going to be like just 3 miles to the West, we are sure that none of us would have ventured out that day. We set off to do some shopping in Kendal at around 10.30am, and just managed to keep moving up the Black Horse, despite vehicles sliding, getting stuck and being abandoned all over the place. Once we reached Lilymere Lodge, we were held up for some time due to Eastbound vehicles trying to extricate themselves from the snow, and would have turned back had it not been for the daunting prospect of having to descend the hill once again. We approached Kendal by using the M6 to junction 36, and were surprised by the amount of snow which had been deposited on Kendal itself, keeping most people indoors. Needless to say, once we had completed our tasks we returned via the A65 and Kirkby Lonsdale, only to find completely clear roads.

Special thanks are due to local residents Janet and Nick Chetwood, who bravely turned out with spades to dig cars out of snowdrifts and to give

drivers a helping hand pushing their vehicles to safety.

Regards

Ann Barber & Colin Cowperthwaite

SEDBERGH LADIES NFU

The December meeting was held on December 14th in the People's Hall with a good attendance.

The President introduced Mrs. Heather Askew from Dent who brought along a friend who started as a Saturday girl for her when she had her florists shop in Kendal, and has now qualified in Floristry and works for the new owner.

Between them they showed us how to do some lovely Christmas arrangements for the table, which she kindly donated for the raffle prizes.

After tea and mince pies we all joined in singing carols accompanied by Mrs. Barbara Gorst on her keyboard.

The Christmas Meal was held on 18th January at The Sedbergh Café with twenty six members and friends sitting down to an excellent meal served by the staff.

The President Mrs. Hazel Jackson then announced that the total amount for the two coffee mornings held in July and December raised £607.88 which is to be shared between the children's charity N.C.H., and Northwest Cancer, each receiving £303.94.

Many thanks to all who helped and supported us in raising this amount for two worthy causes. The next meeting will be on 15th February in the People's Hall.

SIGHT ADVICE SOUTH LAKES

For people with sight problems

Sedbergh Group

It was a relief to have good weather for the January party this year as it had had to be postponed last year due to icy conditions. After an introductory toast, home grown entertainment was supplied as we heard jokes (some in questionable taste!), stories and poems. This was followed by a delicious Jacob's Join buffet. It was good to get together again after a two month break.

For the next meeting Helen Winn, assisted by Roger Bush, will sing and give some idea of her working life as a Prison Warder. This will be at the People's Hall On February 15th at 2.00 p.m.

New members are always welcome and transport is usually available. Enquiries 01539742633 JL

MUSIC FOR KIDZONE

Sedbergh people are being asked if they can find 24 descant recorders to send to Africa, to the Kidzone Orphanage in Nairobi which Christine Wood, of Kings Yard, has written about several times in this Newsletter. She goes to help there, and knitters of Sedbergh have already made 24 bright woollen blankets for the somewhat drab dormitories. These were very much appreciated.

The girls in the orphanage love music, and would like to learn the recorder. Do you have a descant recorder (plastic or wooden) lurking in a dusty cupboard somewhere? Could

you spare it? Also, if you have a child's recorder book of music, that too would be very welcome. We hope that Helen Beare will go out to Nairobi and teach the children the basics.

The Community Office, above the Tourist Information Centre, is collecting recorders and music (but not music stands just yet). There is a box in the hallway of the office labelled "Recorders for Africa". If you haven't a recorder but would like to contribute, £10 will buy a plastic descant recorder. Cheques need to be payable to Christine Wood, and to be handed in at the Community Office, marked "Recorders for Africa". Thank you!

Helen Beare

DENT FLOWER FESTIVAL

As time marches on we are beginning to sort things out for the FF over the Bank Holiday w/e at the end of May, we are remembering Christenings & Weddings at the Methodist Chapels in the Dale, not only at Dent, but also Dent Head, Deepdale & Dent Foot.

So .. were you christened/married at one of those? Or know someone who was? We need pictures, invitations, dresses and other memorabilia fitting in under the theme of "In Living Memory". Would you like to help?

Please contact Sarah Woof on 25212 for info or with offers of help. We will also need .. stewards and cakes and lots of energy and enthusiasm! Anyone got any?

Sarah



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YDNP

The Department for Environment, Food and Rural Affairs (DEFRA) today (Monday) announced that, as part of the Government's Spending Review, the Yorkshire Dales National Park Authority's annual grant for 2011/12 will be £5.1m, falling to £4.2m by 2014/15.

This compares to a grant of £5.4m for the current financial year (2010/11), and represents a cut of 28.5%, taking into account inflation, over the four-year period.

Carl Lis, the Authority's Chairman, said: "It is impossible to pretend this is anything other than bad news and it clearly represents a major challenge over the four years. However, we are where we are so there is no point bleating about it. We have a responsibility to the National Park, its communities and the country, so we will face up to the difficulties of putting together a budget that takes into account these cuts."

David Butterworth, the Authority's Chief Executive, said: "There is little



point in beating about the bush. The size of the cut will obviously mean a reduction in services and a reduction in the number of staff employed by the Authority; both immediately and over the four-year period, although the exact numbers are not yet confirmed. We will now be producing our detailed budget and working out exactly how we are going to cope in each financial year and what it will mean in terms of levels of services we can provide to the public."

"We intend to consult the public on the draft budget following a special Authority meeting in February."

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DENTDALE WOODLAND

Dent Church of England Primary School is looking for the owner of an accessible piece of woodland in the Dale who would be prepared to let Dent schoolchildren use it for outdoor learning. The school would like to provide opportunities for the children to build dens, collect natural items and learn 'bush skills'.

Can you help? If you can, please contact the Headteacher, Mrs Phillipa Summers, on 25259 or at admin@dent.cumbria.sch.uk.

SEDBERGH TOWN BAND

Thanks from the Band

It is appropriate at this stage of the year to express the sincere thanks of the Band to the many people who have provided much invaluable and appreciated assistance and support. Amongst them all the shops and businesses that display our posters: 'Lookaround' that carries our advertisements and reports of our activities: the ticket sales outlets (TIC, The Green Door and Premier: donors: JMP Foods: Steve Longlands: all the ladies working tirelessly behind the scenes: Sedbergh School for allowing us to share its splendid Band Room facilities: and last, but by no means least, our loyal and highly valued audience, three of whom must be mentioned. In the eleven years since the Bands foundation Dorothy Kirby, Dorothy Cook and Joan Winn have missed attending only one concert. With support such as that the Band can only go from strength to strength.

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WORSHIP@PEOPLES HALL

There is to be a re-launch of the regular monthly Sunday morning services at the Peoples Hall, arranged by Sedbergh Methodist Church and supported by Churches Together in Sedbergh & District.

With a new name and from February 2011 changed to the first Sunday in the month (although there will be a few exceptions to this during 2011) - **this is your invitation** - to come and share informal Christian worship for all the family. With coffee (and lovely biscuits!) before and after the service, there are great children's activities, varied speakers and modern songs, you will be made most welcome.

It's a great way to start (or end!!) the week. Look out for posters on the churches notice board in front of the URC church, for future dates and times.

The February service will be on Sunday 6th at 10.30am, followed by Sunday 13th March – we'd love to see you there!

Further information if required from Sandy or Beth Roy on 20785.

Sandy Roy

BROADBAND

More Haste, More Speed

High-speed broadband. It's what everyone wants. Well, not everyone of course, some people will not be fussed about it, some will be suspicious, and some businesses don't need it – yet. But they will. Like a lot of things, that which at one time seemed a luxury or a plaything becomes practically a necessity, like a telephone or a fridge.

High-speed broadband will come to be seen as a must-have once everyone else can see and talk with their relatives in Australia in 3D, that's except for me of course, I don't want to talk to my relatives wherever they are – but that's only one of a myriad of uses.

The Government has pledged money in Cumbria for a pilot scheme to see how faster internet connections can be brought to 'virtually' everyone ('virtually' is their word) by 2015. Each parish has a representative who can keep the community informed about what is happening and feed back people's and businesses' wants and wishes. That person is me for Sedbergh, Tony Roberts in Garsdale, and Anne Fleck in Dent.

In rural areas it is not worth commercial companies' while to invest in the infrastructure (the cabling etc) and make profits from customers' subscriptions, like it is in densely populated parts, the money has to come, in one way or another, from the collective purse – this naturally causes a bit of head

scratching by those politicians who are firmly committed to the principle of free enterprise.

In December 2010 the Government published a document setting out their strategy for Britain having the best broadband provision in Europe by 2015. The idea is noble, though there is quite a bit in the document that is hard to get a firm grip on.

At the moment no one knows what will happen or how. Pressure groups across the county are busy polishing up their metaphorical banners that say, 'What do we want? High-speed Broadband! When do we want it? Now!'. Not perhaps quite the community spirit that David Cameron has in mind, though understandable given the current lack of clarity, I hope that things might become a little clearer over the coming weeks.

Incidentally, the *Race to Infinity* initiative from BT, where people in different areas cast their vote via a website – the initiative that there has been articles in Lookaround and distributed emails about – this is separate from the Government strategy funding. In any case no town in Cumbria has come top in this competition.

Please make your thoughts known by entering comments on Sedbergh's page on the Broadband Cumbria website: sedbergh.broadbandcumbria.com

or send them to me: dc@sedbergh.org.uk. I shall keep everyone informed of progress, as and when there is any.

Dave Collier

CAROL SINGING IN DENTDALE

For the second year running, carol singer numbers were hit by the freezing cold weather, however, some good folk of Cowgill wrapped up warmly for a short sing and then adjourned to Jenny Pilgrim's house for some warming refreshments. It was even colder on the Wednesday night when a dozen or so stalwarts braved the arctic conditions to sing around Dent, lead by Christine Brown. Albert and Margaret Fothergill had refreshments prepared including a warming cup of soup for the singers. In all, £160 was raised which included an amount collected by the school children on their traditional sing around the village. We thank everyone who donated, and say sorry to those whom we were unable to reach due to weather conditions. The money has gone to the Children's Society and Action for Children.

Pat Allen

TROUBLE AT FARFLUNG MILL

The Rose Community Theatre Presents....."Trouble at Farflung Mill"

Rehearsals are now well underway for The Rose Community Theatre's 2011 production. This year the group will be performing a musical comedy, penned by the hand of Sandra Gold-Wood, who in past years has brought us such memorable offerings as Hazardous Hilda, Noah's Lark and The Pirates of Pinfold.

This unique and entertaining comedy is set in a Victorian woollen mill and follows mill owner Sir Bertie Treacle's "Apprentice" style challenge

to find an heir to his empire. Who will rise to the task and who will end up "fired"?

The unique show is packed with loads of lively tunes from across the decades and promises something for everyone, with the regular cast joined by an ever expanding number of talented children from the local primary and secondary schools.

The performances will run from Thursday 24th March to Saturday 26th March including a Saturday Matinee. So be sure to have it on your calendar! Tickets will be available from the beginning of March from the TIC.

The group also wish to pass on their thanks to Steve Moore who sadly will not be taking part in this years performance due to lambing commitments. Steve has played a vital role in past productions both on and off stage and it is hoped he will make a return in 2012, for a very special production of "Spar Wars II - Azda Empire strikes back!"

Kevin Kendal

CAROL SINGING IN GARSDALE

The final amount raised from Carol Singing in Garsdale came to £388.20. This is a fantastic amount, and we extend our grateful thanks to all who gave so generously.

On a personal note, William and I would like to thank our 'Happy Band' who 'turn out' so willingly every year to give of their time and their voices, we do appreciate it - and to Auntie Agnes - a big Thank You from all of us.

Mary Airey

SEDBERGH WANDERERS FOOTBALL CLUB

On Saturday 18th December, we hosted our 'Superhero Saturday' which went extremely well. The quiz was hotly contested amongst the 8 teams who entered with Steve Cayley's team emerging victorious and claiming the prize of 3 bottles of wine to share between the team.

From 11pm onwards, the disco kicked into life and we became very busy with various different Superheroes turning up ranging from Superted to Iron man via Ming the Merciless and Thunderbirds. The best dressed competition was won by Roger Keighley who turned up dressed, brilliantly, as He-Man. It was great to see so many people there and even better to see so many of you dressed up. Thank you to all who came up and helped us raise £750 for the club.

Our next event is the Ladies Night in Queen's Hall at Sedbergh School on Saturday 9th April. This is now nearly fully organised and tickets should be on sale by the time you read this from Premier. Tickets will be sold individually but if you are attending with a group of friends, you can reserve a table. Details of how to do so will be on the tickets. We highly recommend if you are with a group that you do this otherwise we cannot guarantee you will be sat together! We also require a pre-order of your food choices, again, details and menu will be on the ticket. The theme for the evening is 'a walk on the wild side' which will all become clear on the poster and future articles! The

evening will consist of a cocktail on arrival, a 3 course meal, some fun and games followed by coffee and a disco, all for only £15 each. We will also be holding a raffle on the night where we are giving away an amazing star prize - details of which will remain under wraps until the night - trust me, it is a great prize! Tickets will be on sale on the evening for this.

Finally, onto the one big weekend and we have secured the use of a large marquee for the weekend meaning we can house the bar indoor should the weather play up meaning the bar and barbeque can be enjoyed by all, no matter what the weather! We have also got a company from Kirkby Stephen bringing down 'Wow Ballz' for the weekend which are inflatable balls which you can climb inside and then walk/run/mess with your mates on water housed within a 30ft by 30ft inflatable pool. More details on this to follow but it looks like great fun!

Thank you to all again for your support for the football club which is greatly appreciated. We hope to see lots of you ladies on 9th April and all of you over the One Big Weekend!

*Ben Close
For and on behalf of Sedbergh
Wanderers Football Club*

LIMERICK

There was an old woman of Dent
Whose bicycle got rather bent
It jumped and it buckled
But she only chuckled
And hired her bike out for rent.

Boom Boom!

**SEDBERGH & DISTRICT
SPRING SHOW**

Saturday 2nd April 2011

Sedbergh and District's 15th Spring Show takes place on the first Saturday in April, and we are hoping for a bumper year this year. Last year we had 762 entries, it would be great to beat that this time.

If you did not have a chance to browse through the schedule printed in the last edition, don't despair, lookout for full schedules and application forms, which will be readily available from Sedbergh shops from the beginning of February.

There are classes to appeal to all, from beading to bread making, floral art to flapjacks and painting to pies. All ages are catered for so what are you waiting for? – Get creative.

Further information from: Margaret Milburn – Chairman Tel. 20610 or Linda Hopkins – Secretary Tel. 21455

DENT INDOOR BOWLING

These sessions are proving very popular with nine people turning up to play at each one recently meaning two mats being in play. A good do with the vacuum had them looking as good as new and the able glue-ing and shortening done before Christmas all enhance the appearance and the playing area.

The Wednesday evening sessions include refreshments and the Sat morning ones also a raffle and the opportunity to watch rather than play for those who wish to observe. Hopefully we will play a match or two

this year and anyone interested in coming along will be very welcome. Details from Jean & Rob 25269. Or Sarah 25212. At £2 a session including "eats" it is an inexpensive eve or morning out. *Sarah*

YOUNG MUSICIAN OF THE YEAR

This year's BBC's Young Musician of the Year competition will see Sedbergh School's/Sedbergh Town Band representation in the latter stages of the competition. Euphonium player James McCleod, who has played frequently with the Town Band will be playing in Manchester on January 22nd. Highlights of this recording will be screened by the BBC on Thursday 3rd February. Interestingly the orchestra backing James's performance will include Jack Telfer, also a euphonium player, Sedberghian and frequent Town Band performer.

DENTDALE CRICKET CLUB

We intend changing the format this season by playing twenty 20 matches probably starting at 2 p m on Sunday afternoons. We hope this will encourage more younger players to try this quick and exciting form of cricket. If you would like to play , coach or help in any way please contact John Hyde, Chairman 015396 25503 or David Burton Captain 015396 25537. We intend to play a system that will ensure that every player will be able to bat and bowl in each match.

VISITING ROCK BAND - AND THE SEDBERGH NIGHTINGALES

I was delighted to read in the December *Lookaround* Andrew Allan's account of how he befriended the visiting Slovenian rock band 500m (Pet Sto Metrov) - a wonderful example of the kind of hospitality for which Sedbergh is famous. They clearly had a lot in common, and it's great that our exchanges in this instance included a different genre from our usual folk harmony singing groups allowing more people to meet and befriend each other. I heard they also joined in with other local activities including a game of football and their company was enjoyed by several other people.

However I did feel it was a shame that his warm hearted humanity towards these lads didn't extend to the Sedbergh residents who were disturbed by this band's singing under their windows late on a Sunday evening.

I have now organised over 30 exchanges of music groups between Sedbergh and towns in Slovenia and other countries. I believe all of them have enriched the cultural life of this town - as well as helped many of us with some of the challenges involved in being human. However there have been occasions - usually when there are unaccompanied youth groups drinking to excess - when residents have complained to me about late

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night noise which has ranged from smokers singing and talking loudly outside their accommodation, to a piano accordion being played down Sedbergh high street at 3am. The argument which Andrew Allan uses about English youths behaving much worse has been put by other well-wishers in the past, but I imagine this is of little comfort to those whose sleep is disturbed. Being responsible for bringing these groups here, I have of course apologised to those concerned, and also tried to make sure it wouldn't happen again. Accommodating many of our groups now at the Howgills Bunk barn has been a great help as it is far enough away from other houses

not to cause problems. This rock band wanted me to arrange for them to park their camper van in the middle of Sedbergh, preferably next to the pub. Quite apart from breaking several by laws, I knew this would not be popular with residents - and at the same time would be unpleasant for the rock band who might not want to go to bed early. Ernie Hailwood offering his farm for the band to park their camper van on was a perfect alternative as it is less than a mile from the town, but also far enough away not to disturb neighbours. The band left on the Friday night without incident and I breathed a sigh of relief that no one had been offended. They then

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returned a couple of days later to join Andrew Allan at the Dalesman. It is very possible that the residents who Andrew Allan refers to in his article were fearing another night of music stretching late into the night and decided to nip it in the bud. But also, while there are certain existential certainties which include death and taxes - enjoying people singing outside your window at night when you need to rise early for work is unfortunately not one of them. I believe the residents who were disturbed had every right to voice their objection whether it was 10.30pm, 1am or both - as conflicting claims have it. But while needing an

early night on a Sunday means that some residents are quite understandably unable to enjoy singing under their windows, there are several homes nearby who would have loved to have Slovenian serenaders pay them a visit (though I suspect this number would diminish as the night wore on.) Confusing licence with hospitality always leads to problems - in this instance, assuming they had a licence to sing wherever they pleased meant that the band met with a very firm request for silence. A quiet word in the ear from their friends to sing elsewhere would have ensured that they continued to enjoy the hospitality

of everyone in the town. The Cautley Carollers who I sing with have had over a dozen years experience of singing outside people's homes and we have found that while most of those we visit say Christmas doesn't start until they hear our festive harmonies, there are one or two homes who don't want us there at all. I now put leaflets round all the houses we will be visiting asking them to get in touch if they would rather we didn't sing there, which ensures that we only receive a welcome when our voices are heard singing in the night. I have also sung outside homes in Slovenia - though again it has either been on the night of the Three Kings

just after Christmas (which is similar to our carolling tradition only the singers dress as the Three Wise Men), or on people's birthdays when we were expected. Houses in the Zrece area also tend to have more space between them and are better insulated than Sedbergh's terraced homes, but even there I would not have been welcomed singing outside a stranger's house in the middle of the night when they had to get up early to work. Some leaders of visiting groups have felt it necessary to have an induction into British mores. For instance Larry Gordan, leader of the wonderful Vermont folk choir Northern Harmony who stayed with Dentsdale families a

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few years ago, after receiving complaints from residents in other towns, warned his teenage singers that when entering someone's home for the first time it may cause offence if the youngster straightaway helps themselves to the contents of the fridge. Similarly I shall now inform visiting musicians when - and when not - it is appropriate to serenade or play accordions. Unfortunately it wasn't just late night noise which caused offence. I spent several weeks of unpaid work organising the UK tour of this rock band involving quite considerable expense to myself. The band were very keen to play in London so I travelled down to the city to meet with

promoters and venues and arranged 3 gigs for them in some of the best known rock venues. I also paid for advertising, and travelled several times to Lancaster and Kendal to arrange gigs and get a street performers' licence which along with fees earned them several hundred pounds. We had arranged beforehand by email that they would pay for the hire of the sound engineer and PA equipment, but they left me to pay this for them. When I told them I was withholding videos I had made of their tour until they paid this money and sent an apology for the late night disturbance, their leader said they had already done this - which turned out to be untrue.

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This was my first encounter of making arrangements for a rock band and it's quite possible that this kind of treatment towards those who have helped them the most is some sort of rock and roll convention about which I am unaware. Rock history is full of bands smashing up hotel rooms and stages - obviously an expectation at many of the venues where they demanded large deposits "in case your boys destroy the building." I know this isn't folk music with its banners claiming "Folk against Fascism," with its celebration of community and humanity, and its songs proclaiming justice and equality. "The bad boys of rock and roll" has a certain ring to it and no doubt fuels the kind of raw energy which makes this music popular but may be short lived: just around the corner most players in youth bands are faced with children, mortgages, and jobs with a steady income - I wouldn't want to deny anyone those brief few years of rock and roll freedom.

But still, although I'm very pleased to read that Andrew Allan will now be looking after this band the next time they visit Sedbergh, when he quotes their leader as saying: "Does this mean we aren't welcome in Sedbergh any more?" I find it hard to answer without appearing a little rude. Far more poignant for me was a comment by a Sedbergh resident kept awake yet again by visiting musicians who rang me to say that while she used to like these Slovenian groups visiting she now hated them.

I don't believe that being hospitable to visitors from our twin town need involve sacrificing the goodwill of any Sedbergh resident, and that with just a little effort a working compromise is easy to achieve. For me the Zrece priest got it right when, at a concert a few years ago, he told the good people of Zrece that they should be as kind to each other as they are to the visitors - advice which I am sure would not be wasted here.

David Burbidge



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DENTDALE WI

It was the start of the new 2011 programme and quite a bustling turnout for the first meeting. We welcomed two new members to the committee, Christine Taylor and Jean Haygarth, and a new member to Dentdale WI, Pamela Sutcliffe who had been the teller at the AGM in November.

The Christmas Dinner held at the George and Dragon Dent, had been a great success with everyone in festive mood. We certainly had very ample portions! Roger and Judith Bush provided some entertainment showing and playing some of their collection of unusual instruments. By tradition, we all went home clutching

a present, so it was a good start to the Christmas festivities. The sale of Christmas cards and notelets from a John Cooke design, had gone well.

A letter of thanks had been received from Susan Renshaw for our donation of £400 towards the special ACWW project in the Ukraine.

Looking forward to the year ahead, two Craft Days are in the pipeline.

Freda Meakin has offered to introduce members to rag rugging, and Wendy Cooke is willing to hold an afternoon of jewellery making.

Well, to start the year, I had been asked to talk about our trip made last August to Oberammergau. Actually, Neville (hubby) had been asked too, so we made it a double act! Needless

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to say, I'm indebted to Neville for making a faultless PowerPoint presentation! The villagers of Oberammergau perform a Passion Play every ten years to honour a vow made nearly four hundred years ago after the village had been decimated by war and plague. For the first two hundred years it was performed in the cemetery on staging over the graves of the plague victims but now is housed in the theatre holding nearly 5000 people. The play is performed on five nights of the week and in all, 102 performances from May until October, therefore, half a million people will have seen the 2010 Passion Play. All the 2000, actors, singers and musicians must have

been born or lived for the last twenty years in the village. The village is relatively small, so you can imagine the pressures on accommodation. However, this means that most tour operators offer a holiday in the area which includes a day in Oberammergau and a booking for the Passion Play to allow every theatre goer a welcome and stay for one night. So, we started the presentation with some stunning pictures of the five nights spent in South Tyrol with mountainous scenery of the area, including the Dolomite range. One highlight was a day visit to Bolzano and the Museum of Archaeology which houses Otzi the Ice Man born some 5,300 years ago and

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discovered in melting ice in 1991.

Naturally we showed pictures of Oberammergau itself, of the typical alpine house accommodation where we stayed, and the painted houses a special feature of the area. We closed with photos of the inside of the theatre and some scenes from the play. So, we hope we left our audience with an insight into this most memorable of holiday experiences.

Jean Haygarth won the competition for a holiday souvenir and Freda Meakin the raffle prize. Next month on February 9th we are holding a games evening. New members and visitors always welcome.

Pat Allen

KILLINGTON W I

The afternoon WI for the entire district

Well, I suppose that sufficient time has elapsed for us to pretend that we really didn't eat that much at Christmas!! Our festive lunch at The Pheasant on December 14th didn't set us off to a very frugal start! But, - My, - did we enjoy it! It really was a totally relaxed occasion. For most of us it was the first turkey of the season, but certainly not the last. For months we had been telling the pheasants and partridges who regularly appear in the garden to watch their step, but really there isn't enough meat on them. They are quite safe stuck in the top of the pear tree.

Cobble Country Property - Finally

Confusion again – I'm afraid. In Decembers Lookaround, I offered a Public Apology for accidentally publishing some statistics in October from www.rightmove.co.uk the best known internet portal for Property sales.

Statistics **named our local competitors** and how they fared compared to how fast **Cobble Country** sell properties. We apologised for the naming.

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The company was superb. Our luxury raffle hamper was won by Anne Macer, and no-one deserved it more.

So then it was home to admire the snowy vistas which soon presented themselves. Soon after, it was time to curse the slippery roads and pavements and to hope that it would soon disappear.

And then it was time for our January meeting. Not surprisingly, our absentees were larger in number than usual. Colds, flu, (swine and otherwise), had taken their toll. For those of us who were fit, it was a great meeting. I found that the after-effects of Christmas lingered long, and it was good to be back to normality and with good companions

once again. Our President, Shirley, was unable to be with us as she was on grand-maternity leave. However, I tried to follow her good example and the business was soon dealt with.

Apart from the birthdays of our members, Mary and Norma, we were happy to celebrate the arrival of Thomas, Barbara Kooper's new grandson, and Jack, who is the latest addition to Shirley's family. Both are big lads weighing in at well over 9 lbs!

Our speaker was Dave Smith, former headmaster of Settlebeck School. Since his retirement he has been involving himself in great adventures. Last year he told us of his walk from Land's End to John O' Groats. (Did you know that Sedbergh

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Is about the mid-way point?). Now he has embarked on a cycle ride round the entire coast of Britain. So far he has cycled, clockwise, from Barrow to Scarborough, in two separate stints. He is taking a particular interests in lighthouses, which of course are located on some of the most stunning parts of our coastline. His photographs were spectacular, and we were sad when he reached his stopping point. We look forward to the rest of the journey in another year.

Regrettably, many of the lighthouses he visited are now decommissioned. Some are museums, some hotels, some private dwellings and some left to go to rack and ruin. With the advent of GPS (global positioning

system), all the rest are under threat. Margaret Denton voiced appreciation on behalf of us all.

Our meeting concluded with the usual chat and tea. Margaret Denton won the raffle and Anne Macer won the competition for a Christmas Card.

We wish all those who were under the weather a speedy return to good health.

Wendy Fraser-Urquhart

SEDBERGH W.I.

In December we went on a magical journey through a Winter Wonderland. The sky was a perfect Mediterranean blue. The sun was shining and the snow sparkled like twinkling stars. We live in such a

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beautiful area, don't we? We travelled through Garsdale, past the Green Dragon at Hardraw and over Buttertubs Pass. The road had been cleared but was quite narrow and hair-raising in places! We were heading to Kerton House in Swaledale where we were booked for Christmas lunch. The dining room looked stunning – I don't think I've ever seen such huge Christmas decorations! The meal was lovely, the service efficient and friendly and the atmosphere good. All too soon it was time for the return journey. Our thanks to Bibby's for providing us with such a competent driver.

We had a full house for our January meeting and were really pleased to

welcome THREE NEW MEMBERS AND A VISITOR!!! We hope they enjoyed the meeting and felt welcome and we look forward to seeing them all at our future meetings. We watched 'The Bucket List' which is a lovely film about two terminally ill men who meet in hospital. They decide to spend some of their remaining time doing things they've always wanted to do before they 'kick the bucket'. We didn't quite manage the usherette with the tray of ice-cream but we did have popcorn!

After the film we had a short break for tea and home-made cakes and then had a short business meeting. We meet again at 7.30 on 9th February in Peoples Hall when

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Denise Thomson

HOWGILL W. I.

Due to prolonged rainfall causing flooding it was decided to cancel the November meeting. The Christmas Party was also called off due to the arctic conditions. A date is to be arranged in March for a meal and get together at the Barbon Inn.

The first meeting of the New Year was held at Howgill Village Hall. Members were given a warm welcome by the President. Also warm welcome back to Sheelagh Denniss following her illness and to Denise a prospective new member.

Carol Mills is recovering at home following her recent surgery and we wish her a speedy recovery.

After much thought Hilary Wilson has decided to join Appleby W.I. We

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will miss her and send her our best wishes. We understand her decision and hope to see her at Howgill as a visitor before too long.

Mary introduced our speaker Jackie Foote who is involved with the Wildlife Trust and conservation work and is known locally as the Squirrel Lady. We were given a refreshing look at the countryside and our wildlife, in particular Birds and Squirrels, allowing us to take a close look at nature and inspiring us to discover and enjoy the natural life around us.

Tanya Hoare won the competition with an appropriate gift tag featuring a squirrel. Sheelagh Denniss was second. Mary Silva thanked Jackie for an informative talk teaching us a lot. Vera Hodgson went home with the raffle prize. A Jacobs Join and get together brought the evening to a close.

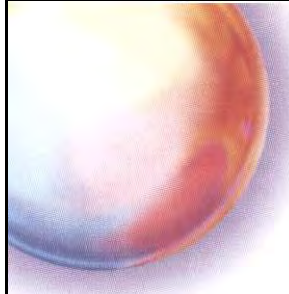
We meet again on February 3rd when Sarah Scarr will be giving us a hands on Sugarcraft demonstration at Firbank Church Hall. Visitors and new members welcome.

Audrey Hoggarth

CHAMBER OF TRADE

The Chamber of Trade held its first meeting of the new decade on Monday January 17. The meeting was chaired by Evelyn Westwood and was very well attended. The key topic of discussion was how the Chamber could move forward and develop in the future. The Chamber is looking to encourage enterprise and innovation with emphasis on inclusion of the local community as a whole. A great many people think that the Chamber is mainly about shops in Main Street; the Chamber wishes to dispel this belief and open itself up to ideas from the broader community. Dave Collier talked of the need to be on the cutting edge of the new Government broadband initiative to maintain and increase business in the town. Discussions are under way about how the town can market itself on the wider stage and encourage businesses of all kinds to move here. The Chamber would very much like to invite new members. If you are running a small business in the back bedroom, or maybe you have a few ideas about starting a business, then why not join this lively body of local business people who are working to push Sedbergh forward?

The next Chamber meeting is on Monday March 21. The meetings are held in the comfortable room above Sedbergh Library and start at 7 pm. All welcome. For more information, e-mail us on chamberoftrade@sedbergh.org.uk.



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**37-39 MAIN STREET
FACT AND FICTION**

I think most people have strong opinions about 37/39 Main Street which many can remember as a very good butcher's shop. I do not know all the facts but most of what follows are the facts that I do know and not my personal opinion. It is up to the reader to make up their own minds about what has happened and what should happen.

However I will start with one opinion, which I think will be universally shared even by the owners, and that is that the existence of a semi-derelict property in a prime position on Main Street is far from satisfactory. Something needs to be done.

The planning history goes back, believe it or not to 1982, when planning permission was received by Bob Udale for two shops, three dwellings and an office. For some reason, nothing was done. Does anyone know why? The planning permission lapsed.

In 1990 another planning application for five flats was approved but again, nothing happened.

In 1999 an application for six dwelling units was refused, the main reason being the lack of inadequate parking and that the development was 'too intensive'. That year the building became Listed Grade 2, for the first time.

In 2003 Udales tried again, this time

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reducing the number of flats to five. Parking was again a reason for refusal, particularly the congestion that would occur in Weaver's Yard as well as the lack of privacy for No 2 Weaver's Yard. This application required considerable demolition of buildings at the rear. Because the building was now a Listed Building and in a Conservation Area, extensive demolition was not acceptable. All of this would be contrary to the existing policies of the Yorkshire Dales Local Plan.

Now we come to 2004, an application which was not finally resolved until December 2009. It sat on the books, apparently at a standstill. Why? The new application differed from the previous in that it asked for three flats, two x two-storey dwelling houses and two retail units. The YDNPA Planning Committee recommended refusal for the same reasons it had refused the 2003 application. However they left the developer with the opportunity to make some design changes, undertake an archaeological assessment and to produce a financial justification for such an intensive development.

Two years later Udales' agent provided an initial archaeological assessment. After another year they provided a supplementary report and finally in March 2008 after four years from the initial application, Udales produced an amended development scheme. Although the number of residential units was not decreased, there were a number of changes to

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the internal layout and the yard at the rear was reduced in size. The valuation was checked by the District Valuer and because of the design changes there was a further consultation exercise with interested parties and the general public in December 2008.

The revised plans for 37/39 Main Street went to the Planning Committee in May 2009. I plead guilty in having had a part to play in getting a decision deferred until June. I spoke on behalf of the Cumbria Buildings Preservation Trust which was offering an alternative plan for the building. This resulted in the postponement.

In June 2009, the amended 2004 application was provisionally approved, pending the implementation of certain conditions by the owner - such as the removal of the pigeons and their mess. Although these conditions had not been met by December of that year, an assurance by the owner that they would be met within three months enabled the Committee finally to approve the application.

In his report to the Committee the Planning Officer concluded, "The proposed development remains less than satisfactory in terms of the Authority's normal presumption against allowing changes to listed buildings." The report also said, "Given any consent granted on the basis of the current proposal would represent a significant departure specifically in order to achieve early results, it is considered that it would be justifiable to approve conditions to ensure relatively rapid progress with this development."

Early results?

Rapid Progress?

I note that at the bottom of the letter written by Neil and Ian Udale and

posted on the windows of number 37/39 Main Street it says that, 'as there is currently a major downturn in the property market, development may be delayed'.

Perhaps if the 2004 application had required a less intensive development, it could then have taken place before the present downturn in the property market. But that is easy to say after the event.

This has been rather long and tedious, so NEXT TIME I will show that there was and possibly still is an alternative. *Maureen Lamb*

Since this article was submitted, there are developments at the premises with 'Display Windows' being created. *Ed*



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DECEMBER WEATHER

Depending on which report you have read this month's weather was either the coldest on record or the coldest for 80 or 120 years!! Whichever version is correct it was pretty chilly! For half the month it did not get above freezing all day. The lowest maximum temperature was 25F (-4C). The best maximum was 47.5F near the end of the month when a thaw had started. Minimum temperatures got down to 9.9F (-12.5C). Fortunately winds were light but the wind-chill got down to the low teens F on half the nights. In fact on only the last 3 nights did the wind-chill stay above freezing. It was a dry month due largely to everything being frozen, including the rain gauge no doubt. In fact we were only a couple of days short of an official drought! We ended the month with only 0.67 inches of rain.

The low temperatures and frozen conditions lead to problems both for livestock and wildlife. Getting water to them was the main problem. For most of the month I was taking 11 gallons a day from the kitchen sink to the poultry and sheep as everything beyond the inside door was frozen solid. Even the washing machine was out of action! Poultry and sheep were desperate to drink before the water froze over again. Stocks of hay are going down rapidly as well as bags of pellets. The sheep, especially the Rough Fell tup, are addicted to the molasses based lick bucket. His face is covered in it. Occasionally one of the ducks has laid an egg outside

which has frozen in the sub-zero temperatures resulting in it cracking. Thawing it out during cooking means you can't have a sensible boiled egg as the contents leak but they are ideal scrambled! The long tailed tits are continuing their visits to the feeders regularly at present along with blue, great and coal tits plus chaffinch and sparrows. The blackbirds continue to raid the apples stored in the shippon . As most of the food as gone from outside they are not so "friendly" to one another.

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SOUTH LAKELAND CARERS

The Support Worker covering this area and based in the office in Kendal is Anna Greenbank, she hopes to come to the Support Group for Carers in the Sedbergh/ Kirkby Lonsdale areas which meets at the Community Office on 1st Tue monthly, 2-4pm . In January at the group we held a music quiz and in Feb "Every Picture tells a story" while in March George Tomlinson will give a slide show and in April "What works for me" will include caring, cooking & gardening tips. Ring 01539 815970 for info or if you need a lift. *Sarah Woof*

**SEDBERGH TOWN BAND
Christmas Concert**

In spite of the change in date and a forecast threatening plunging temperatures accompanied by considerable falls of snow, a very fair sized audience arrived at the United Reformed Church for the Bands re-arranged Christmas Concert.

Although lacking all of the space of the People's Hall the programme of events was the same as originally planned and all went smoothly. The two halves of the programme contained a mixture of familiar Christmas music and popular carols which the audience were invited to sing. At the end of the first half the Youth Band, now numbering in excess of twenty players and into their third year since formation, took the stage and played four numbers to a warm reception. There were two particularly notable performances: one was 'Rudolph the Red Nose Reindeer' that featured Jenny Storey on the tuba. (Jenny was also making her inaugural concert appearance in the full Band.) The other was by Tom Rosenzweig playing 'In the Mood' on the trombone ably accompanied by the remaining Youth Band.

In her introduction Director of the Youth Band, Carole Marsden, promised that Tom would give a rousing performance, and this was indeed the case. Carole paid tribute to her players whom she praised for all their hard work and assiduous attendance at Saturday morning practice. Modesty forbade her from

paying equal tribute to the inspirational coaching and encouragement given by herself and her helpers who have achieved so much in such a short time.

In the course of this section Band President, Douglas Thomson, made the award of the shield presented by himself to honour the member of the Youth Band who had made the most significant progress in the course of the year. The first recipient of this most prestigious award was cornetist Robbie Sproul.

Santa Claus, bearing a remarkable likeness to a retired local policeman, town crier and magazine editor, made his traditional entry heralded by his ringing of a bell that syncopated well with the Youth Band's playing of 'Jingle Bells'.

The audience were then invited to move through to the newly decorated and appointed meeting room where mulled wine and mince pies (generously donated by JMP Foods and bolstered by Band member's contributions) awaited them.

After the refreshments the resumption of the concert saw a pause after the first number when Douglas Thompson awarded the President's Cup for the most progress made by a member of the Senior Band to cornetist Toby Weatherill. The raffle was then drawn and the music recommenced finally ending with the appropriate 'We Wish You a Merry Christmas' and an exuberant and well received Alan Lewis arrangement of 'Jingle Bell Rock'. GB

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	KLC	0825	0858	M - F	564	KLC
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1007 (C, H)	1049	M - S	564	KLC	1055 (C)	1128	M - S	564	KLC
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	A8	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	KLC
1310 (C)	1347	M - S	564	KLC	1425 (H)	1500 (L)	Sat	564A	A8
1545	1620	M - S	564	KLC	1610 (C)	1640	M - F	564	W
1708 (C, H)	1745	M - F	564	W	1625 (C)	1658	M - S	564	KLC
1827 (C)	1904	M - S	564	KLC	1745 (C, H)	1818	M - F	564	W
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0858	0932	M - F	564	KLC	0705	0740	M - F	564	KLC
1128	1202	M - S	564	KLC	0940	1007	M - S	564	KLC
1443	1505	M - S	564	KLC	1235	1310	M - S	564	KLC
1658	1732	M - S	564	KLC	1510	1545	M - S	564	KLC
					1800	1827	M - S	564	KLC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Cowgill					Cowgill to Sedbergh				
1330	1355	Wed	564B	W	0950	1015 (L)	Wed	564B	W
0940	1009 (DS)	Sat	564A	A8	1020 (DS)	1050 (L)	Sat	564A	A8
1500	1530 (DS)	Sat	564A	A8	1545 (DS)	1615 (L)	Sat	564A	A8
1645	1715 (DS)	Sat	564A	A8	1735 (DS)	1805 (L)	Sat	564A	A8
Last Update: July 2010									

L = Sedbergh Library
 C = Via Kendal College
 H = Via Westmorland General Hospital
 DS = Dent Station

W = Woof's of Sedbergh
 KLC = Kirkby Lonsdale Coaches
 A8 = Apollo 8

Please note whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring :-
 Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

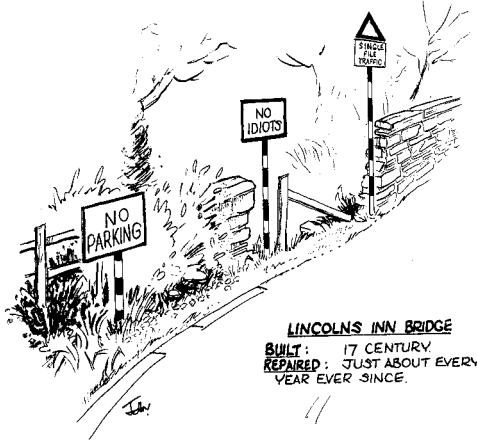
All times are from and to Thorns Bank

Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	09/10	Mrs Fletcher	015242	72768
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Rag Ruggers	01/09	Mrs Hennedy	Sed:	20899
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Howarth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale) *	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh (Frostrow))	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	03/09	Mrs Woof	Sed:	21644

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office



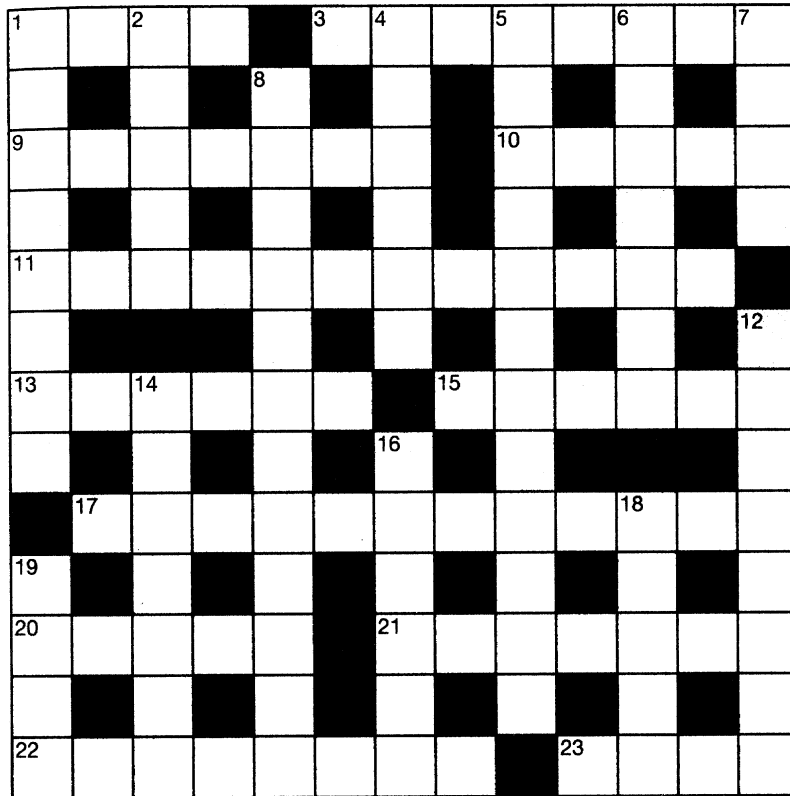
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5	8	2	4	3	1	7	6	9



ACROSS

- 1 Odour, whiff (4)
- 3 Arrange (8)
- 9 Closest (7)
- 10 Adhesive mixture (5)
- 11 Happened (12)
- 13 Accountant's book (6)
- 15 Sew (6)
- 17 Businessman (12)
- 20 Playground attraction (5)
- 21 Potent wine (7)
- 22 Manage (8)
- 23 Depend (4)

DOWN

- 1 Grain crusher (8)
- 2 Banquet (5)
- 4 Repeated behaviour (6)
- 5 Dates (12)
- 6 Examine carefully (7)
- 7 Biblical garden (4)
- 8 Author of *Animal Farm* (6, 6)
- 12 Drug store (8)
- 14 Moving to music (7)
- 16 Liveliness (6)
- 18 Chosen few (5)
- 19 Lenin's state (inits) (4)



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2010/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh (2010/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh (2011/02) <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh (2011/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh (2010/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh (2010/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2010/11) <i>Self-Catering Sleeps 6-8</i>	20360
Sycamore Cottage, Lunds, Sedbergh (2011/09)	<i>Sleeps 2, D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Durie	Crossthaite, Garsdale, Sedbergh (2011/06) <i>Sleeps 6/7 D, F, T, CH, TVL, P, NS, DW, DR, CW</i>	07900 531043
Mrs A Bramall.....	Summerhill, 7 Highfield Road, Sedbergh (2010/11) <i>Self-Catering Sleeps 6-8</i>	20360

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; FC = Fire Certificate; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Canon A W Fell Tel: 20283

Church Wardens:

Tony Reed Screen 21081 & Susan Sharrocks 20754

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30 & 18.30

Rev. T Widdess Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

UNITARIAN & FREE

CHRISTIAN CHAPEL

Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30

Rev. G Jones Tel: 01539 722079

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Firbank; Howgill & Killington
 Cautley & Garsdale

Canon A W Fell Tel: 20283

Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Dent & Cowgill

Rev. P Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostron

Rev. T Widdess Tel: 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

www.sedberghchristiancentre.co.uk

WORSHIP@PEOPLES HALL

10:30 am Sunday 6th February
 10:30 am Sunday 13th March

Beth & Sandy Roy Tel: 20785

*Would you like to know that someone is
 praying for you? Or do you have a
 relative, friend or neighbour in special
 need of prayer? In the Churches, we pray
 every Sunday for this community and we
 should like to hear of any special needs.
 Please ring any of the above telephone
 numbers so that we may pray for you and/
 or others.*

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 14th December 2011

Entries marked (*) see Advert in previous Lookaround.			8 1930 Domino Drive	FCH
FEBRUARY			9 1000 Coffee Morning URC Church	URCR
2 1930 HS Gunpowder Mills of Cumbria (1)	SHS		9 1915 WID Allotments	DMH
3 1000 Strolling 4 Shoes (11)	PH		9 1930 WIS Inside a Lakeland Farmhouse	PH
3 1930 WIH Sugarcraft	FCH		10 1200 Lunch Club	Red Lion
4 1930 KVH Domino Drive	KVH		10 1930 Neighbourhood Forum	KL
5 1000 Three Exhibitions (16)	FM		11 1930 KVH Domino Drive	KVH
5 1900 Flicks in the Fells (10)	PH		12 1000 URC Jumble Sale	URCR
6 1030 Service @ People's Hall	PH		12 1900 SS Choral Society	Ripon Cathedral
6 1900 SS Jazz & Swing Evening (8)	SSPH		12 1900 Lookaround Party	PH
6 1930 Old Man Luedecke (1)	DMH		13 1030 Service @ People's Hall	PH
8 1400 WIK The Ascension Islands	PH		13 1900 SS Choral Society	SSPH
8 2000 Blackheart (11)	PH		13 1900 Dentdale Christian Fellowship (27)	RD
9 1915 WID Members Night	DMH		16 1000 Coffee Morning Christian Aid	URCR
9 1930 Kilimanjaro	SHS		16 1930 HS & CWT Victorian Naturalists	SHS
9 1930 WIS Sedbergh Soap Company	PH		17 1230 Health Centre Closed for afternoon	
10 1200 Lunch Club	Red Lion		20 1115 SS Coffee Concert	SSQH
11 SS & SJS Half Term Starts			21 1900 Chamber of Trade	L
11 1930 Brassed Up (11)	PH		23 1000 Coffee Morning StAS	URCR
11 1930 Bingo Night	GCH		23 1930 DMH AGM	DMH
11 1930 Art Society AGM	URCR		24 1430 Trouble at Farflung Mill!	PH
12 1000 Dent Bowling Coffee Morning (12)	DMH		24 1430 Trouble at Farflung Mill!	PH
14 St Valentines Day			25 1430 Trouble at Farflung Mill!	PH
15 1400 Sight Advice South Lakeland	PH		26 1000 Dent Bowling Coffee Morning (12)	DMH
16 1230 Health Centre Closed for afternoon			26 1430 Trouble at Farflung Mill!	PH
16 1930 HS Every Home is a Museum (1)	DMH		29 1430 SS Wilson Run	Back Lane
18 1930 Mapping the Dales	DCMH		30 1000 Coffee Morning Ladies NFU	URCR
20 SS & SJS Half Term Ends			31 SJS Term Ends	
22 1930 Domino Drive	FCH		31 Eve Springtime Café Concert	PH
23 1000 Coffee Morning Emily's Fund (23)	URCR		APRIL	
24 1930 Sedbergh Bowling Club AGM (24)	WHC		1 SS Term Ends	
25 Eve Pie 'n' Mash Night (25)	M		2 1200 Spring Show	PH
26 1000 DPS Jumble Sale (26)	DMH		2 1900 Flicks in the Fells (10)	PH
27 1900 Dentdale Christian Fellowship (27)	RD		3 1030 Service @ People's Hall	PH
28 1930 FCH AGM	FCH		6 1000 Coffee Morning Dent Oral Society	URCR
MARCH			7 1930 WIH Flowers around Sunbiggin Tarn	FCH
2 1000 Coffee Morning (tba)	URCR		9 1900 Sedbergh Wanderers Ladies Night	SSQH
2 1930 HS 3 Centuries of the Workhouse	SHS		12 1400 WIK Springtime Soups	PH
2 1930 Egil Skallagrimson Keeps His Head	DCMH		13 1000 Coffee Morning StAS Missionary	URCR
3 1930 WIH Lakeland Churches	HVH		13 1915 WID Dance Exercise	DMH
4 1930 Wine Tasting Evening (63)	PH		13 1930 WIS An evening with Joyce Grenfell	PH
4 1930 HVH Dominoes & Tattie Pot Supper	HVH		14 1200 Lunch Club	Red Lion
5 1400 Cricket Club Jumble Sale (87)	PH		20 1000 Coffee Morning North West Cancer	URCR
5 1900 Flicks in the Fells (10)	PH		22 Good Friday	
8 1400 WIK Rag Rug Making	PH		23 St George's Day	

*The S & D Lookaround is edited, published & distributed monthly by
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*The content of The Lookaround does not reflect the views of the Editor.
Whilst every effort is made to ensure that information is correct, the Editor cannot
accept any responsibility for any inconvenience caused through errors or omissions.*

*Copies are available from Sedbergh Office Services, Sedbergh Tourist Office,
Green Door, Premier, Howgills Tea Room, Post Office and Dent Stores.*

COVER PICTURE

The Howgills

By Stuart Manger

SEDBERGH SCOUT GROUP

Thank you to everyone who used the Scouts Christmas Post service. Over the three week period we delivered 1,365 cards and made £280 for Scout funds – money which will help to finance the programme of activities planned for this year.

A special thanks to the Green Door, Premier Stores, Morphet's Garage, Sedbergh Office Services and the Community Office for accommodating the post boxes and to all the Scout families and supporters who undertook to deliver cards in difficult conditions and at such a busy time of year.

Regular Events/Meetings

1000 Every Monday	Free Entry to Locals	FM
1200 Every Monday	The Monday Club	SMCR
1315 Every Monday	Howgill Toddlers	HVH
1930 1st Monday	Dent Parish Council	DMH
1900 3rd Monday	Chamber of Trade	L
1930 Every Tuesday	Bridge Club	WHC
1930 Every Tuesday	T'ai Chi	URCR
1400 1st Tuesday	SL Carers Association	CO
1400 2nd Tuesday	Killington WI	PH
1400 3rd Tuesday	Sight Advice Group	PH
1930 3rd Tuesday	Ladies NFU	PH
1000 Every Wednesday	Coffee Morning	URCR
1300 Every Wednesday	Art Society	PH
1315 Every Wednesday	Zebras	SMCR
1730 Every Wednesday	Sedbergh Juniors	PH
1730 Every Wednesday	Brownies (term time)	SMCR
1930 Every Wednesday	Sedbergh Seniors	PH
1000 1st Wednesday	Age UK	CO
1930 1st & 3rd Wednesday	History Society	SHS
1915 2nd Wednesday	Dentdale WI	DMH
1930 2nd Wednesday	Sedbergh (Frostron) WI	PH
1930 1st Thursday	Howgill WI	FCH
1400 1st & 3rd Thursday	Child Health/Baby Club	PH
1430 1st & 3rd Thursday	Toy Library	PH
1200 2nd Thursday	Lunch Club	Red
1915 2nd Thursday	Royal British Legion	WHC
1930 Last Thursday	Sed. Parish Council	PH
1330 Every Friday	Dent Over 60's	DMH
1930 Every Friday	Monkey House Café	Library

SEDBERGH CRICKET CLUB JUMBLE SALE

Saturday 5th March

2pm

People's Hall

Various Stalls

Refreshments Available

All Donations welcome
to Sandra Longlands

DIARY KEY

BF	= Brigflatts
BK	= Becksides, Killington
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CHI	= Country Harvest, Ingleton
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Farfield Mill
GCH	= Grayrigg Coronation Hall
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KLI	= Kirkby Lonsdale Institute
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
M	= Meadowsides
PH	= People's Hall
RD	= Rhumes, Dent
SHS	= Settlebeck High School
SLSB	= South Lakeland Society for the Blind
SMC(R)	= Sed. Methodist Church (Room)
StMC	= St Mark Church, Cautley
StAS/D	= St Andrew's Church, Sedbergh/Dent
SSPH	= Sedbergh School Powell Hall
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WHC	= White Hart Club
WIB	= Women's Institute, Barbon
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

015396 20218

015396 20239 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Workers surgery by appointment only –
Monday/Tuesday evening

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons (By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make
appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk
for further details

When we are closed please contact CHOC
03000 247 247 or 999 if appropriate.

Collinge Optometrist

Friday only

0900 to 1300 & 1400 to 1730 by appointment
only.

DENTAL SURGERY

Finkle Street © 20626

Mr I R Dawson, Ms G Turner & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday (*Time changed 02/11*) 0830 - 1400

Saturday *

LIBRARY Main Street © 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

SEDBERGH TOURIST OFFICE

Main Street © 20125

Open every day 1000 - 1700

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE © 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

© 01539 738772

www.cabsouthlakeland.org.uk/kendal.html

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

© 01539 795000 or 0845 6060265

SLCVS @ Community Office

1st Wednesday every month

10 am to 12 noon

© 01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

© 0845 33 00 247

PUBLIC TOILETS

Main Street & Loftus Hill Car Park, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

© 015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY