

Sedbergh & District

LOOKAROUND

August 2012

Issue 302

Donation £1

An excellent issue this month with 96 pages packed with lots of information, articles, events and businesses.

A big thank you to everyone for getting things to us by the Closing

Dates which makes our task very easy and helps to get each issue out on the 1st of each month. Please let us have details for the Diary of any event you are having - which is free.

Dennis & Jacky Whicker

Sedbergh
&
District
Art Society
Annual
Exhibition
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Library

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Saturday 18th August, 7:30pm at Kendal Parish Church
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CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788
e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

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AUGUST BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:- George Capstick who is 10 years old on 15th August and Jay Ferguson who is 11 years old on 29th August.

Please collect your vouchers from

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which can be used in any shop
in

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2	1	9	3	7	4	8	6	5
8	7	6	5	9	2	4	1	3
4	3	5	6	1	8	7	9	2
6	4	3	1	8	7	5	2	9
9	2	7	4	5	6	3	8	1
5	8	1	9	2	3	6	4	7
7	5	8	2	4	1	9	3	6
3	9	2	8	6	5	1	7	4
1	6	4	7	3	9	2	5	8

Day	Name	Age
1	Annie RAINFORD	6
6	Malachi LONGFELLOW	1
10	Luke TROUGHTON	7
11	Lewis SEDGWICK	4
13	Elsa RAINFORD	4
13	Mercedes TAYLOR	9
15	Eva HOGGARTH	6
15	George CAPSTICK	10
16	Alex COWIN	10
17	Lewis GARNETT	9
17	Megan McDOWALL	11
19	Michael CHARNLEY	6
20	Georgina BROWN	10
23	Finn THORNTON	10
29	Ellie MISSENDEN	9
29	Jay FERGUSON	11
30	Abbie WILSON	4
30	John SEDGWICK	8
30	Connor JOHNSON	10
	Nonagenarian & Over	
11	Basil APPLEYARD	90
30	Arthur Porter	90

PERSONAL & SMALL ADS £1

BAINES

Jacky would like to thank all her family and friends who recently helped to celebrate her 40th Birthday. An especially great big thank you for all the lovely cards and gifts. A special mention to Steve, Ruth, Craig, Nichola, Sally and everyone at the Golf Club for making it such memorable night XXX

=====

McDOWALL

We would like to thank our friends & neighbours for their support over the last 20 years. Although we are moving on, we will always have Sedbergh in our thoughts. We will never forget those who were there for us when we needed them most. Also, Megan & Jack would like to say a huge goodbye to all their friends & hope to keep in touch. Brian & Jackie

=====

THANK YOU

To Mike and William of the History Society for helping me at Lowther Castle when the path got muddy. Georgina

=====

THANK YOU

To Lee and Sharon of Rural Wheels who take me to Wass Office Skills in Kendal on Fridays. Georgina

=====

FOR SALE

History of England in 12 volumes published in 1852. A good source of information. Binding needs repair. £25 ono. Tel: 20389 or 07986 325708.

FOR SALE

2 Men's Bicycles. Raleigh Racing Bike and Hybrid Bike. Tel: 20436.

=====

FOR SALE

Large powered Reclining Chair. Dark brown leather. Excellent condition. £250 ono. Buyer collects. Tel: 21033.

=====

FOR SALE

Graco pushchair with hood, footmuff & parasol £15. Mamas & Papas 3-in-1 travel system comprising pushchair & frame, carry seat & prambody £20. Good condition. Tel: 20649.

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FOR SALE

Mahogany fire surround & black grate. Five years old. Excellent condition. Cost £500, offers around £100 for both. Tel: 21647.

=====

FOR SALE

Canon Pro 9000 MkII Photographic Printer Brand new (9 months) £300. Petrol Lawn Mower, recent new engine £100. Toyota 'Avensis' roof rack £40. Vauxhall roof rack £20. Tel: 21362 or 07837 386806.

=====

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=====

WANTED

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DENT PARISH COUNCIL

The July council meeting considered a suggestion from the county council about managing roadside verges and approved the draft timber transport management plan. It also thanked the committee of Dent Reading Room for their work in setting up the new Library Link.

Full minutes will shortly be published on the parish council pages of www.dentdale.com as well as being available as a hard copy from the

Parish Clerk.

Library Opened

Since the new Dent Library Link opened in Dent Reading Room on July 2nd, over 30 people have visited it each day it has been open – a considerable increase on the handful of people who used the mobile library. Users have included Dent Primary School pupils, young mums and toddlers and a number of residents who have joined Cumbria Libraries in order to use the new service. The Library is manned by volunteers and is open each Tuesday from 9am–7pm and each Saturday from 9am–2pm.

Roadside Verges

The county council is currently offering parish councils the opportunity to take over the maintenance of roadside verges within their area, and is proposing to transfer to the parish the amount of money that the contractor is paid. As this would not include any money to set up, manage or supervise the work, several members expressed reservations about taking on a responsibility without adequate funding or management resources. Nevertheless, the July meeting

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decided to consult with other local parishes to see if a joint approach could be feasible.

Playing Field Boundaries

The parish council's playing field committee has been drawing up plans to improve the field's boundaries in order to make them stock proof, and will be using the walling competition at Dentdale Show this August bank holiday week-end to help mend some of the current gaps in the walls. The July meeting agreed to increase the council's contribution to the competition's prize money from £50 to £100, and also to purchase some hawthorn whips to improve the hedging.

Timber Transport Management Plan

The county council's draft timber management plan for Dentdale was considered by the July meeting. As outlined in last month's article, this aims to co-ordinate timber journeys in the dale and schedule them so that they avoided bus journeys. The parish council approved the draft plan, which will now be discussed with the hauliers and other timber contractors.

Beech Hill

For several years the parish council has been trying to explore the feasibility of acquiring from the county and district councils the two small pieces of land opposite Dent Stores and The Sun Inn, in order to improve their appearance and control parking



Craft Exhibition with Demonstrations



3rd, 4th, 5th, 10th, 11th and 12th August 2012
2pm - 6pm each day

The Holy Ghost Church, Middleton-in-Lonsdale, Nr Kirkby Lonsdale
(Situated on the A683 halfway between Sedbergh and Kirkby Lonsdale)

All Welcome - Free Entry

Middleton will be holding a Craft Exhibition along with demonstrations of some of the crafts on display. These will range from sheep shearing to lace making, painting to crook making, photography to spinning and will hopefully provide something of interest for everyone.

Programmes and light refreshments will be available for a small charge along with an opportunity to purchase from the Plant Stall.

All funds raised will go towards the Middleton Community Project.

on them. What would seem a straightforward request is turning out to be anything but, and after what seems like endless correspondence by the Parish Clerk there still seems to be no end in sight.

The lack of progress is particularly frustrating as the Allotment Association are ready to proceed with their plan for improving the flower beds on Beech Hill, but this cannot be taken forward until the issue of the control of the land is resolved.

Street Parking

A further complication has arisen over the parish council's plans to discourage parking on the cobbles in the centre of Dent by erecting No Parking signs, as it appears that permission needs to be sought from the National Park at a cost of £167.50. The July meeting agreed to challenge this before making any payment.

Speeding in The Laning

An unintended consequence of resurfacing The Laning seems to have been to encourage speeding, but it is not usually visitors to the dale who exceed the 20mph speed limit. The parish council has asked the police if they can install a temporary advisory sign to encourage everyone to keep their speed down.

Next Meeting

The next meeting will be held at 7.30pm on August 6th in the Sedgwick Room and, as usual, members of the public can raise any matter that concerns them in the public forum around 8pm.

*Jock Cairns, Chair Tel: 25655 e-mail:
dentparishcouncil@btinternet.com*



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**YORKSHIRE DALES
NATIONAL PARK**

Carl Lis has been re-elected Chairman of the Yorkshire Dales National Park Authority (YDNPA) for the fourth year running.

The Craven District Councillor for the Ingleborough Ward was originally appointed to the Authority in 1996 and has already served one, four-year term as its chairman.

Coun Lis is Chairman of Ingleborough Community Centre Management Committee, Ingleton Rural Community Association, Ingleton Scout Executive and Ingleton Football Club, and is also chairman of the Ingleton Primary School Board of Governors.

He was awarded an OBE in the 2009 New Years Honours for his services to the communities of North Yorkshire.

He will also continue his role as Chairman of the UK Association of

National Park Authorities (UKANPA) for another year.

At the same meeting, Peter Charlesworth was elected Deputy Chairman of the Authority, replacing Harold Brown, who has held the post for four years.

Mr Charlesworth, who was reappointed to the National Park Authority in May for a second, four-year term, is a former judge who lives in Ilkley. He became a trustee and a Chairman of the Yorkshire Dales Millennium Trust and is a member of the Council of Management of the Yorkshire Dales Society.

Mr Brown is a farmer from Grinton in Swaledale and has been Chairman of Grinton Parish Council since 1975. He is also a member of various organisations and committees including the Country Landowners Association and the Yorkshire Agricultural Society.

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NEIGHBOURHOOD FORUM

Summary of the meeting held on Tuesday 26th June at Dent Memorial Hall

Councillor Kevin Lancaster welcomed everyone to the meeting. Apologies for absence were made for Cllr Ian McPherson, Cllr Nick Cotton and Michael Roberts. Cllr Lancaster also explained that, as he had a personal interest in the Sedbergh & District Community & Heritage Trust, this organisation's application for a Forum grant would be determined by the other County Councillors with wards in the Forum area, Cllrs Collins and Bingham.

APPLEBY FAIR 2012

Immediately prior to the Forum,

officers from the County and District councils and Cumbria Police were available for local residents to air any issues they had with the arrangements for those travelling through the area to and from the 2012 Appleby Horse Fair.

Cllr Lancaster started the Forum meeting by advising that a meeting of the Respect group had been held the previous week and that, whilst the situation was a long way from being as bad as it had been in 2009, a few serious concerns had been raised this year which needed to be dealt with before next year's Fair. Any concerns raised, whether through the Forum or any other outlet, were being taken down in writing and would be

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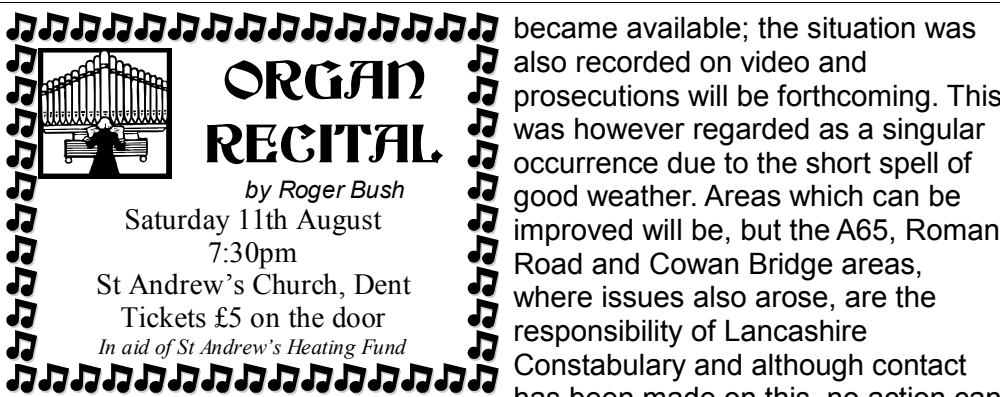

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used as evidence to support the need for those changes to be made as appropriate.

Inspector Paul Latham from Kendal Neighbourhood Policing Team stated that the Police worked to and followed the guidance of the Joint Agency Protocol. This is set out by MASCG (the Multi Agency Strategic Co-ordination Group). Encampment patrols were started from 23rd April but the first encroachment to breach the TRO was only one day before the route officially opened. There were pinch points at Devil's Bridge and an issue with travellers not moving off the temporary campsites during the Fair but it was considered a lower risk option to leave them where they were rather than forcing them to move on. There were 49 reported incidents this year versus 44 last year and 33 reported crimes, the same as last year. The crimes are only attributed to gypsies and travellers if there is clear evidence for that. Regarding the issues of parking on double yellow lines and causing obstructions near Devil's Bridge, additional officers were deployed to the location as they

became available; the situation was also recorded on video and prosecutions will be forthcoming. This was however regarded as a singular occurrence due to the short spell of good weather. Areas which can be improved will be, but the A65, Roman Road and Cowan Bridge areas, where issues also arose, are the responsibility of Lancashire Constabulary and although contact has been made on this, no action can be enforced by Cumbria's officers.

This area of concern was also raised at the Respect meeting and further talks will be held with adjacent police forces and local authorities to encourage further action on their part. The Inspector pointed out finally that not all infringements were reported straight away and so with a time delay it became harder to move people on. He urged that all incidents, however minor, should be reported as quickly as possible, by dialling 101 the non-emergency Police number.

Rob Kitchen of SLDC added to the remarks from the Police by confirming that it had been raised at MASCG that some temporary campsites in



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Eden as well as South Lakeland had not been vacated during the fair. MASCG are investigating this further but future enforcement of this may require an amendment to the Joint Agency Protocol. Also, plans are to be put in place to set up a Citizens Advisory Group. He was aware that Scrogg Bank had been left in a very messy state despite some travellers trying to encourage others to clear up. More work will be done next year to try and raise awareness to reduce the amount of waste left behind.

Concerns raised about the number of transfers of horses on the Loop Road at Devil's Bridge were felt more likely to be travellers moving horses further along the route to better grazing rather than actual running of a business.

A proposal has also been made to search for another field in the Kirkby Lonsdale area which can be used as a temporary camp, like Scrogg Bank, which would relieve some of the pressure on the Loop Road.

Residents felt that the reduction in the number of posts to minimise the visual impact was also allowing more breaches of the TRO. The Respect group has also been made aware of various concerns surrounding the size and placing of the boulders and these will be addressed for next year.

PUBLIC TRANSPORT IN THE WESTERN DALES

Matthew Clayton of Dent Parish Plan spoke to the Forum about the push to re-instate a Community bus service in the area. A grant was obtained from DITA (Dales Integrated



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Email: info@gjbainesandson.co.uk
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Transport Alliance) to secure the current service between Dent, Sedbergh and Kendal and support a Sunday service during 2012. The funding of £41k will be made available over three years but to satisfy DITA the service will have to broaden its range beyond Dentdale from 2013. The plan is to have a transport hub in Sedbergh which will provide information on all forms of transport, timetables and how to link up journeys around the area. A part

time employee will be taken on for a year, based at the Community Office at 72 Main St in Sedbergh. They will plan all the travel options, set up the computerised system and train others how to operate it. In order to make it sustainable there is also a need for volunteers to help with this and also to drive the buses. Anyone interested in becoming involved in this can get further information by contacting Jock Cairns of Dent Parish Council or Cllr Kevin Lancaster via kevin.lancaster@cumbria.gov.uk

DENT READING ROOM

The official opening was held on 3rd July 2012 and will make a Library service available to local residents on Tuesdays between 9.00 am and 7.00

pm and on Saturdays between 9.00 am and 2.00 pm. Volunteers have worked closely with members of Cumbria County Council's Library service to set up this facility which will meet local needs and be easily accessed by everyone.

BROADBAND

The Forum was advised that a decision on the delivery provider for the Connecting Cumbria broadband project had been deferred by Cumbria County Councils Cabinet as it was felt that neither of the two preferred bidders fully met the criteria required. Cllr Lancaster reported that he was aware that this further delay has caused great dissatisfaction at community level but regular updates

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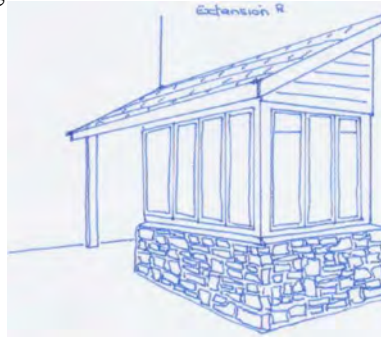
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would be provided. Further information can be found at www.connectingcumbria.org.uk

YORKSHIRE DALES NATIONAL PARK

Paul Wilkinson was unable to attend the forum yet a report was provided outlining the following recent and current local projects which included; Dentdale parish paths survey carried out with the help of volunteers. Rebuilding of a section of wall plus three stiles replaced by gates. Repairs to a section of river bank will be undertaken between July and September. A roadside signage review is ongoing which may result in

some signs being relocated or removed. Rangers will also be attending the Dentdale Show.

BETTER HIGHWAYS

Cllr Lancaster advised that discussions were ongoing regarding the review of the Better Highways scheme as the current operation with teams spending two weeks in every parish regardless of the size or population of the parish was not reasonable.

GRANT APPLICATIONS

An application for grant funding was made on behalf of Sedbergh & District Community and Heritage Trust. The application has been deferred until a further meeting.

SEDBERGH YOUTH BAND

Please could you help the Youth Band?

We are wanting to replenish our craft stocks ready for our next weekend away.

If you have any of the following that you no longer use, please could you drop them into Carole at the URC; Beads, Scoubie Laces, Wool, 4mm Knitting needles, Cross stitch aida and Embroidery thread.

We went to the URC at Windermere this year in June for our weekend away. We took 20 kids aged 5 - 15 yrs, from 9 different schools. They were great.

We did lots of practicing as well as having fun. The kids did a talent show

on the Saturday night, we did some geo-caching and went to Brockhole on the Sunday morning. They also made lots of gods eyes, knitting, cross stitch and generally entertained themselves

I would like to say a VERY BIG THANK YOU to Carole for organising things, to Sandra for the excellent home cooked food and to everyone else who helped.

Also a BIG THANK YOU to all the kids who were a pleasure all weekend considering we were inside most of the time because of the rain.

Thank you also to everyone that came to the concert on the Sunday.

Looking forward to the next weekend away.

Trish Woolf

AUGUST EXHIBITIONS : 'Above & Beyond'

by **Chris Rigby & Tracy Levine** - a real treat for landscape lovers. Stunning exhibition of two Northern painters' work produced while visiting Scottish islands. **'Fragments Left Behind'** by **Shelley Rhodes** - a m el e of mixed media, finding the unusual in mundane and discarded items to produce pieces of beauty and significance.



Wednesdays, 8th, 15th, 22nd & 29th August: Kids' Craft Club - No need to book, just drop-in, ages 4-12. Entry £1

Thursday 16th August: 'Jazz Up a Bag' Design and decorate a hessian bag to take home. 7-11 years: 10.30-12.30am; Teenagers: 2-4pm. Cost £6.50 including materials. **To book a place phone: 015396 21958**



Saturday 2 September: 'Creative Feltmaking' Workshop - Kate Horner (intermediate/adv). Learn low relief techniques to incorporate into a sampler. **See our website for course info and to learn about this experienced tutor, Kate Horner, BSc (Hons) Textile Design (Woven Structures), MA Design Studies (Textiles) and International Felt Association exhibiting artist.**

Farfield Mill open daily 10.30-5 £3.50 / £3(conc) /FREE for 16s & Under
FREE PARKING www.farfieldmill.org **015396 21958**

Don't forget... free entry for LA10 residents on Mondays!!

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COUNCILLORS CORNER

From Cllr Evelyn

My first official engagement as Vice Chair of South Lakeland District Council was as a member of the reception committee for the Olympic Torch when it landed at Bowness after its journey across Windermere on the steamer Tern. It was a gloomy evening with low clouds wreathed round the fells – you almost expected the outlines of Hogwarts to emerge from the mist. Below the temporary stage there was a sea of 5,000 people packed into the Glebe waiting in hushed anticipation when suddenly there was a light bobbing along the side of the field and an excited chant rose: "It's the torch, it's the torch!"

Fourteen year-old Jan Booth raced up the steps and put the torch to the cauldron and the flame wooshed into life to a great cheer from the crowd. The Olympic flame, the physical manifestation of the Olympic spirit, was in front of us - an amazing, moving, mystical moment.

Another engagement was to give a presentation at the SLDC's Partnership Event on community engagement in Sedbergh. The town is now regarded as a model for localism and community action since the Parish Council has taken over the Joss Lane Car Park, the market, toilets, tennis courts, and fishing rights. Its partnership with other local authorities, community organisations



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and businesses in the area to produce the Townscape Project is seen as a groundbreaking initiative so I was very proud to describe that and all the other community work that goes into making Sedbergh such a good place to live.

I was also heartened to hear the account Maureen Lamb gave to the Chamber of Trade meeting on the progress which is being made on 37-39 Main Street (the old Udales Building) which for well over a decade has cast a shadow of dereliction over Main Street and detracts from our efforts to improve the town. Cllr Jim Atkins had already reported to the Parish Council that the Yorkshire

Dales National Park Authority has commissioned a report on the repairs needed on the building which will be followed by a Section 48 Repairs Notice – a preliminary to a compulsory purchase order. Maureen Lamb told us that the Cumbria Building Preservation Trust has a back to back agreement with the YDNPA to do the necessary conservation and repair work in the event of such a purchase. The Udales saga has been going on since the 1950s when the living accommodation was condemned. The first planning application was submitted in 1982, planning permission was eventually granted in

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2009 and expired last April. The building has been empty for 15 years. Let's make 2012 not just the year of the Jubilee and the Olympics but the year we eventually get something done about this building.

From Cllr Nick

Let me explain the concept of a MOSH bike ride: **Midweek Outside School Holidays** is when the roads are at their quietest and Sedbergh has any number of rides that are possible exploring the network of lanes that run up and down the beautiful valleys of the River Lune and its three main tributaries - the Clough, the Rawthey and the Dee. Cycling is an excellent way to explore the area and see the fells from many different perspectives, at different times of day and different times of year to appreciate the changing light and changing colours. In midsummer it is still light at 10 o'clock so a rainy day can still be salvaged with a ride in the evening if it dries up.

Although there are a couple of A roads you are advised to avoid - the A684 from Sedbergh to Kendal and the A685 from Tebay to Brough,

almost all the rest are not too busy if you choose your time right. The trick is to join the Hawes Road (A684) at Garsdale Head and enjoy a 650ft descent over 9 miles back to Sedbergh or join the Kirkby Stephen road at the Fat Lamb pub near Ravenstondale and enjoy a similar 10-mile descent past Cautley Spout back to Sedbergh. If you are after quieter roads then the lanes on the south side of Dentdale from Holme Open Farm through Dent to Cowgill carry very little traffic as do the lanes south down the Lune Valley to Kirkby Lonsdale.

Of course all these rides would be much easier on electric bikes and although things are moving more slowly than hoped, there is still a real intention to set up an Electric Bike Network based on Sedbergh and Dent in much the same format as the one already set up in the Lake District. Grants have been applied for but the application process grinds on very slowly indeed! Realistically it will be 2013 before the network is set up.

From Cllr Ian

Having been away on holiday for

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about ten days (crewing a Tall Ship across to the Continent) it may be that this article will be a wee bit shorter than usual. Here goes anyway.

About the only thing that really makes my blood boil are those thoughtless dog owners who having "bagged" their pet's poo then simply toss the bag away or, even better, hang it on a bush awaiting its disposal by more civically minded residents. I give them full notice now if I ever see anyone doing this or find out who is doing it I shall do my very best to make sure that they are prosecuted. I am a dog lover myself and, of course, 99% of dog owners around here do clean up after their pets and are fully responsible. I make this point now as SLDC are in the process of considering the introduction of a Dogs Control Order to tighten up the existing regulations and to make the small number of offenders more accountable. At the moment a full public consultation is taking place and on the 21st August between 9 am and 3pm there will be a Road Show in the Joss Lane Car Park seeking people's views on what is being proposed. If you have any concerns about any of this please do go along and make your views known. It is important - and what you have to say will be carefully listened to. No decision about the final contents of the proposed Order has yet been made.

I make no apology for returning to the subject of the Managing Radioactive Waste Safely (MRWS)

Partnership which meets tomorrow (19th July) to put the finishing touches to its Final Report (already over 200 pages long) to the Decision Making Bodies (DMB's) Allerdale and Copeland District Councils and Cumbria County Council. I have been attending these meetings for some time on behalf of SLDC and have made no secret of the fact that I am opposed to the process proceeding to the next stage whereby the final outcome will be the construction of a vast underground nuclear waste repository somewhere in West Cumbria. The Lib Dem controlling group on SLDC are also opposed to it in principle. Once the Final Report has been signed off then it will be up to the DMB's to decide whether or not they wish to take the matter further and it is expected that they will make this decision by the end of the year. Parish Council's throughout Cumbria (including

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Sedbergh Parish Council) have come out in opposition and it is by no means yet a done deal. For those wanting more detail I suggest that they visit the official Partnership website at www.westcumbriamrws.org.uk or, for the alternative view, the Radiation Free Lakeland website at www.mariannewildart.wordpress.com.

Just before I went off on holiday Evelyn and I had the pleasure of hosting a visit to Sedbergh of David Sykes the newly appointed Director of People and Places at SLDC. We took David to the Community Office and TIC as well as visiting the Car Parks and other places of interest (and controversy!). David was extremely impressed with everything

that is going on in Sedbergh and confirmed again that Sedbergh and District generally (not forgetting Dent) are seen as examples of best practice throughout South Lakeland and from which other Parish and Town Councils can learn a lot. A pat on the back then to all of us

Evelyn, Nick and I may be contacted at any time on:

Evelyn Westwood: e-mail evelyn@markwestwood.co.uk
Tel. 015396 20148

Ian McPherson:
e-mail ianmcpherson24@hotmail.com
Tel. 015396 20648

Nick Cotton:
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Our workshops programme, Make It @Farfield, got off to a brilliant start in July with a full house signed up for Rosie's drop-spindle course.

Coming up next is a whole month of activities for children with our **Kid's Craft Club**, open to any child between the ages of 4-12. We have all sorts of activities lined up, including making pom-pom animals, weaving pictures, and creating a room-sized collage telling the story of wool and how it makes its journey from sheep to yarn (I bet some kids can tell us more than we can tell them!) The club runs every Wednesday in August, from 2pm-4pm, and costs just £1 per child with one accompanying adult entry. Children can drop in for half an hour or spend the whole afternoon with us.

On August 16th we have a **special workshop for children** to design and decorate a hessian bag to take home. There will be two sessions: 7-11 year olds in the morning and 12 years+ in the afternoon. Cost £5 plus £1.50 for materials.

Our workshops for adults resume in September. On the 13th we are offering an afternoon of **poetry writing** inspired by the textile heritage of the Mill and led by former English teacher Angela Monkman-Brushett, a regular member of the Knit and Natter group which meets at the Mill every Tuesday. And on the 22nd local artist Lesley Hennedy will be sharing her **felt-making** skills and revealing how she creates her wonderful felt landscapes.



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SETTLEBECK SCHOOL

We're coming up to the end of another very successful academic year. Students are now sitting the exams they have worked hard for all year and I hope that they will be rewarded with excellent results in the summer.

Next year's new students have already spent a day in school – it was really good to meet them and for them to get to know us a little bit.

Staff are busy planning a wide range of exciting courses for next year and, as ever, my thanks for their commitment and professionalism, which makes Settlebeck the wonderful school it is.

I have just been meeting with the new headteacher at a small school in North Yorkshire who was very impressed with the huge number of GCSE and A level courses we offer and has taken our innovative curriculum model away to talk to his staff about. In addition, I am continuing to support Samuel King's School and to co-ordinate a team of people to work with their staff. It's good to know that Settlebeck is so widely well regarded but also that the thought and planning that goes into our own outstanding school is proving helpful to other schools and their students too. Individually, students have been involved in an incredible

range of activities, with some notable individual successes and many interesting trips – again, thank you to all staff and parents who have supported them. Activities week, in the final week of term, gives another excellent set of choices for students and a booklet has been given outlining what is on offer.

We say goodbye to two colleagues this year. Mr Sedgley is taking a well earned retirement. He has been a very popular Technology teacher here for very many years and recently has done excellent work in our feeder primary schools, particularly in Hawes, where the children and the staff have really loved the projects he has run. In addition, Mr Sedgley has taken our students on their NVQ Land Based course at his farm, passing on his skills and experience in stock and land management. We would like to thank him very much for everything he has given to Settlebeck over the years and hope that he will still keep in touch with us.

Miss Nelson joined us as Head of Science and then became Progress Leader for Year 11 too. She has made an incredible difference to the school. In the Science department the inspectors couldn't believe they ran as many different Science courses as they do, given the size of the department, as well as getting such excellent results with the students. Miss Nelson has led many initiatives, which have involved students from other schools as well as our own, including the wildlife garden and the

farfieldmill

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Blencathra field trip. In addition, she has been a popular head of Year 11, who has made good relationships with the students but also ensured that they did their very best and challenged them when necessary. Miss Nelson has been promoted to Head of Science in a much bigger school, The Queen Katherine School in Kendal. We are very pleased that everything she has done with us has helped her gain promotion and we're glad that she isn't too far away, as we are going to miss her.

Finally, may I wish you a very good summer – and hope that at some point it stops raining.

Judith Greene

**SEDBERGH TOWN BAND
AGM. 2012**

The Band's 2012 AGM was held in the Sedbergh School Band Room on Wednesday 27th June.

Minutes of last year's meeting had been previously distributed and as there were no matters arising from them the meeting moved straight on to the Chairman's report.

Sandra Waters opened by stating how pleasing it was to report that both the main Band and the Youth Band continue to go from strength to strength. She listed the Band's programme over the past twelve months. In addition to the usual local events the Band was invited to lead the Silloth Carnival and to play at the

Jennings Ride at Keswick, at the Lions Christmas Concert in Kendal and at a joint Brass and Choral concert with the Whitehaven Male Voice Choir at Ulverston. The Band also featured in the bi-annual Sedbergh Music Festival and opened the activities for the Sedbergh celebration of the Queen's Jubilee. She observed what a welcome addition to the concerts had been having Stuart Manger acting as Master of Ceremonies introducing the items played by the Band. She also recalled the good experience for Band members from the visit by representatives of the NABBC who took turns to conduct the Town Band. To raise funds the Band has held

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four coffee mornings at the URC and the Chairman expressed thanks to all those who had helped by making cakes, donating raffle prizes, helping on the day and busking in the 'bus shelter'. She observed that discussions with the URC Elders regarding the proposal to create a permanent base for the Band continues to make progress.

Sandra expressed thanks to Michael Roberts for producing a definitive list of instruments possessed by the Band (72 cornets, horns, flugel, euphoniums and tubas) more of which have been purchased as the number of youngsters wanting to play has increased.

Grateful recognition was given to Carole Marsden under whose enthusiastic direction the Youth Band continues to improve and expand. Drums have been purchased and drum lessons started to enable a corps of drums to be developed. As well as playing at main band concerts the Youth Band played in their own right at some local events. Another weekend away was held in Windermere and the Chairman emphasised that enormous thanks must go to Carole and all those who helped to make it such a success. Thanks also to Carole and band members who turn up on Saturday mornings to help with the Youth Band.

Thanks were also extended to Alan Lewis for his dynamic leadership, to Tony Crofts as Assistant Bandmaster and to all the Committee who work to support the Band. She also included in her thanks 'all of you who play in the Band'.

The Chairman ended her report on a personal note by stating that she is 'still in awe of the closeness of the Band, which runs across both main and Youth Bands, making a very

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caring, sharing group of people'.

The Treasurer, Chris Chambers, then guided the meeting through his immaculately presented statement and expressed himself well satisfied with the healthy financial position of the Band.

Called upon to comment on the year's activities the Bandmaster stated that he looked forward to even more progress in the next year.

The Committee was then re-elected en bloc and the meeting concluded with a brief discussion on subs which have stayed at £5 per month for the last two years. It was agreed that they should remain at this rate for this year and rise to £5.50p per month in April 2013.

Kirkby Stephen Festival of Brass

On Saturday June 29th, along with bands from Gretton, Muker and Appleby, Sedbergh assembled at the Upper Eden Rugby Club to participate in the Kirkby Stephen

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Festival of Brass Competition.

A marquee to accommodate the performing band had been erected facing the clubhouse. A large audience gathered for what predictably turned out to be three hours of first class competition and entertainment.

The day was ostensibly to celebrate the Kirkby Stephen band's lengthy existence (in excess of 150 years) and although any competitive element was played down there is no doubt that all involved were doing their utmost to impress the three judges from the Burneside band. Work on individual programmes had clearly been substantial and the quality of the playing when the bands joined together to play the musically demanding three hymns and three marches at the end revealed the seriousness with which the proceedings had been undertaken. Regard should be taken of the exciting sound achieved by some 150 brass instrumentalists joining together.

Each of the five bands was required to play a hymn, a march and a

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selection, together with other pieces of individual bands choices to compose a programme of twenty five minutes. Starting positions were drawn at 2pm and a quarter of an hour later after the playing of the National Anthem the first out of the hat, Gretton Silver Band, took the stage followed respectively by Muker, Appleby, Kirkby Stephen and finally Sedbergh.

Gretton are a band from Northamptonshire and had travelled no less than 190 miles to take part (they were put up for the night by Kirkby Stephen band members and enjoyed a barbeque in their honour.). They answered an advertisement by Kirkby Stephen requesting a band to twin with and the two bands look forward to a close association in the future. Gretton set a high standard which was matched by the following bands and there is no doubt the judges were left with tough decisions

when it came to adjudication.

In the event the Sedbergh Town Band had every reason to be delighted with the results of their deliberations. Of the six trophies on offer four went to Sedbergh: Best March - 'Westward Ho': Best Selection - 'Best of Bond': Judges Choice Band: the Gretton Silver Band Trophy - Best programme ('Fanfare and Repton', 'Westward Ho', Best of Bond, plus 'My Love is like a Red Red Rose' (solo feature - Hannah Hodgson - Cornet) and 'Reet Petite'.

The members and committee of the Kirkby Stephen Silver Band rightly received fulsome praise and thanks on behalf of all attendees for organising such a thoroughly enjoyable event. The weather could have been better but the warmth and generosity of the hospitality more than compensated.

Gerry Blackwell

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As many Sedbergh dwellers will know, Alan Fell retired as vicar of St Andrew's in July. Consequently, Naomi Fell is leaving the firm in September, and the firm wishes the couple well in their Shropshire home. Kate Seymour (from Sedbergh) together with Amanda Marwood will manage the Kendal commercial department under the leadership of Peter Briggs. Please feel free to contact Kate, as the designated Sedbergh contact for all new legal

matters.

Director, John Oldroyd said. "Kate and Amanda have enormous experience and expertise. Our commercial services will continue to grow from strength to strength and clients can be confident of the best possible service."

KATE SEYMOUR

Kate trained at the leading London commercial property firm, Nabarro LLP.

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appreciate the depth of her understanding, especially those facing difficult and challenging circumstances.

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AMANDA MARWOOD

Having lived and worked in South Cumbria and Lancashire throughout her career, Amanda's main interests lie in commercial transactions.

She has earned an excellent reputation in landlord and tenant matters, business sales and purchases and is highly proficient in dealing with domestic conveyancing.

Amanda is keen to expand her work in dealing with outsourcing agreements, conditional contracts, overage agreements and finance documentation.

She is currently working on a large portfolio of finance and construction documentation from a national lender, to assist with a significant housing development.

Committed to developing Hayton Winkley's commercial department, Amanda says "I pride myself on efficiency and the ability to offer a first-class service which is client focused."

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DENT PRIMARY SCHOOL

Well, what a term! It has been action packed and full of achievement for all the children!

To help me reflect over the Summer Term's activities I thumbed through the well used school diary. In May there was the success of the Rugby Tournament, the SATs, poignant farewells to Carolyn and the excitement of the Jubilee Celebrations.

June brought new members of staff as we welcomed Bridget Langford to the team. What else did June bring? Ahh yes, the seemingly endless rain! It definitely got the upper hand as the Friends of Dent had to cancel the summer BBQ and the children missed out on some of our outdoor learning days. However, it did not defeat us as we battled (splashed and waded) our way through the rain to visit St Stephen's in Manchester! We said a temporary "goodbye" to Louise as she headed off on maternity leave and we are still waiting for baby news! New heights of excellence and enjoyment emerged through the start of the new fiddle club and clogging performances. None of us will forget the roar of appreciation from the crowd at Kendal Leisure Centre when Class 2 finished their solo with Alex Fisher and Carolyn Francis. Similarly, when the whole school danced at the Dent Music and Beer Festival it was superb to see children from the age of 4 to 11 dancing together as one! It was a proud moment because both performances seemed to capture the unique essence of all that we stand

for here at Dent CE Primary School. That mixture of commitment, confidence, determination and enjoyment (which so many of us take for granted) shone through every step, swirl and stamp as the children represented their community with such pride.

July brought the Bishop of Bradford, who entertained us with his fabulous songs, guitar playing and witty stories. The children were hanging on his every word (and note) and sang their hearts out too! Year 6 's visited Bradford Cathedral for the Leaver's Service and all enjoyed a tasty curry afterwards! Our lengthy trip to Walney was a real bonus as we made the most of the sunshine, bringing science, geography, literacy and art to life on the sea shore. Clumps of blue sweatshirts could be spotted in every direction: some were knee deep in rock pools whilst others waited patiently for the cunning crabs,

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nets at the ready! It was outdoor learning at its best! With the sun on our side we managed to hold a successful Sports Day. I think you will all agree that our athletes did really well from the toddlers to the adults!

Special thanks and recognition need to go to the Dentdale Run Committee as a cheque for £4,300 has arrived for the children. What a team and what a gift: we will use it wisely! The Friends of Dent are funding the playground improvements to the tune of £3,000: an exciting venture led and chosen by the pupils. In addition we have so many unsung heroes who listen to readers, support maths groups, help out on trips, volunteer to run or help at clubs and bring their

many talents within the children's grasp. So, to all of the Governors, Mrs Corpe, Audrey, Bob, Wendy, Scott, Isobel, Barbara, Carolyn, Lisa and Rosie: we thank you! When you add this support to the diligence and expertise of each and every member of staff it is easy to see why we are such a formidable team. So, Mrs P, Mrs Middleton, Jill, Bridget, Gwyn, Jolene, Scott and Sally: I thank each and every one of you!

It only remains for me to wish each family a happy summer holiday. We will see the children on the Wednesday 5th September and eagerly await the arrival of the delightful holiday diaries!

Mrs Edwards

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SEDBERGH YOUTH ASSOCIATION

Sedbergh Youth Association Is a new organization which plans to get the youth of Sedbergh off the streets and encourage them to do something useful with their time and to help them make a beneficial difference around Sedbergh. As we are a new organisation we need as much help as we can get from the community, so we would like you to help us. By doing this we will give back and will help with things around Sedbergh. As the Sedbergh Youth Association we have decided that the best way to get the word across about our organization is to do something that will make a big difference.

On the 8th of August the SYA will be organising a litter pick around Sedbergh and will be performing a massive clean up around all the major lanes, by doing this we would like you to become aware of the

association and make a donation for the SYA. In return we will help support the community.

From 10am to 1pm there will be groups of teenagers walking around town to collect donations and raise awareness of the association. We will also have a stall set up in Main Street that will give more information on our organization. There will also be games such as guess the name of the teddy and other things such as how many sweets in the jar in order to raise money. Please come along and support us.

All donations are welcome and we encourage volunteers. Any help will be gratefully appreciated.

For more information about the event, please do not hesitate to contact the following members:

Adam Roberts	07866 240801
Danielle Brooks	07917 162631
Shannon Shaw	07795 600086



SETTLEBECK SCHOOL

Finn Miles, a Year 9 student in the LRC, had the great honour to be one of the Olympic Torchbearers in his home town of Kendal. Finn, who has Asperger's Syndrome, is an intensely intelligent young man who wanted to use this great opportunity to highlight the challenges he and others like him are faced with every day. His aim is "helping other people 'who don't fit in to be accepted' and persuading the wider world to value difference."

Mrs McDonald, his teacher, says, "Finn is a great candidate for carrying the torch because he challenges himself a lot - by trying new things, by

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getting out and about, by always pushing himself. He doesn't say, 'I can't handle that' - he is constantly striving to overcome his barriers."

Finn's aim, when he carried his torch, was to take vital steps towards improving the understanding of the trials faced by people with Asperger's and persuading everyone in society to accept anyone who is different.

"I think the pathway to sorting this comes through three main things," he tells me, "compassion, honesty and understanding. We need to realise people with Asperger's are different in a way, and make sure people understand that, but in a way that these people are integrated, not segregated. There has to be a co-existence."

And while Finn wants people to understand Asperger's as a condition, he doesn't want to be defined by it. He says, "We don't think of people as a group, we think of people as individuals within a group. "I'm Finn Miles first and Asperger's second - and that's how I will always see it."

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DENTDALE WI

We made an early start for the WI outing heading out of Dent in the coach towards Knaresborough soon after nine o'clock. Once there, the town offered a variety of attractions to fill the time available and we were helped by the tourist office having sent maps and brochures. One of the delights of a day out is finding just that little café or restaurant to have lunch and there were plenty to choose from. Considering the poor weather this summer, we were so lucky that it was warm and dry for most of the time and many chose to saunter around the quaint shopping streets that clustered around the market square after lunch. The market was in full swing too, adding its own bustle to the atmosphere. Mother Shipton's cave was well worth the walk downhill to the river. A short riverside walk through the canopy of tall beech trees planted in 1739 and now one of the largest collections of the oldest and tallest Beeches in the country lead to the cave and petrifying pool. They have been tourist attractions for more than 400

years with Mother Shipton's reputation for prophesying the future even reaching the ears of Henry V111. More recently, modern TV personalities have been intrigued by the petrifying effect of the water that runs into the pool at the cave and have willingly left hats gloves shoes now turned to stone and on show in the little museum. Knaresborough also boasts of a castle, Art Gallery and beautiful gardens. So, there was much on offer before we all met together again and were taken off in the coach for high tea and then home.

The Federation Flower Festival at Kendal Parish Church, depicting the life of the Queen in flowers, was truly spectacular. There are some really talented flower arrangers in WI, and their interpretation of the events in the Queen's life were so imaginatively and artistically executed that it was a real pleasure to stand in front of the exhibits. A little party from Dentdale attended the concert held on the Saturday evening which brought the three day event to a fitting close.

Next meeting is on 8th August at 7.15 in the Memorial Hall, when the Kirkby Lonsdale Handbell Ringers will entertain us. This is an Open Meeting and there will be refreshments served. All Visitors and new members more than welcome.

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HOWGILL W. I.

Our summer outing was held on June 28th. First stop was Brougham Hall near Penrith where we were met

in the marquee in the grounds by the owner Christopher Terry who have us the history of the Hall and its fascinating past. His achievements have been recognised for restoring the historic building open to the public for the first time since 1938. We spent time in the Fusion Café to escape a thunderstorm and torrential rain before moving on to Lowther Castle and Gardens where we were met by Andrew Mercer, Project Manager. Plans are finalized to restore the castle and convert the stable courtyard and recover the gardens, to create a major visitor attraction. We were then taken on a tour of the gardens with the Head Gardener who explained the planned features and layout . A very intensive and major project.

Tea was planned for 5.30. Despite travelling through flooded roads we were on schedule to be greeted by Pooley Bridge W. I., where we were

served up a lovely High Tea before heading home, safe and surprisingly dry.

The July meeting was held in Howgill Village Hall. Members are interested in the Diamond Jubilee walks hosted by W. I.'s in the North, Central and South West areas on September 1st. A detailed written report has been received from Sally Cragg our delegate at the 2012 AGM in London. This is available for all members to read. Ninety six percent of delegates voted in support of the resolution on 'Employment of More Midwives.'

President Mary Silva introduced our guests the Gilbert and Sullivan Singers. A Cumbrian based group, they gave an excellent performance including songs from the Mikado and Pirates of Penzance. Bridget Postlethwaite thanked the Group for entertaining us so professionally.

The competition for a Four Line Verse on the W.I., was won by Jackie Hooley with Mary Stainton second. Raffle winner was Mary also. The social devised by Anita Carey to name the city from the pictures was won by the 'A' Team. The evening was brought to a close with our usual Jacobs Join and get together. We meet on August 2nd at Firbank when the talk will be 'Horseback in the Corbieres Region of France' given by Susan Garnett. Visitors welcome.

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SEDBERGH WI

Sedbergh WI members, two prospective members and one guest, met for our monthly meeting, our first

Quay Change
playing at the
George & Dragon Dent

Third Thursday of the month

9pm start, two sets
11pm finish

August 16th
September 20th



FREE EVENT

since May because last month we were out on our outing.

The speaker was a return visitor from last year, Eileen Belshaw, giving us 'It shouldn't happen to a nurse' part 2. Eileen is a very amusing speaker, she comes from Liverpool but has spent the past 30 years as a district nurse around the Coniston area, some of the stories she told us made us laugh and others made us squirm, especially those concerning enemas and houses that were less than clean, homes overrun by cats, dogs and, in one case, an elderly man sharing his bed with his pet full grown sheep!

This month the book club members

have been reading 'Labyrinth' by Kate Mosse, 700 pages dealing with three secrets, two women and one Grail (that's what it said on the cover!). The plot shifted between 1205 and 2005 and concerned the Catholic crusade against a sect of Christians in the Languedoc, known as Cathars. It was a great story of modern conspiracy and medieval passion. After much discussion we decided to give it a good 8 out of 10 for a good read, and a book we would recommend to a friend.

The walking group have had to cancel the walks for the past last two months, due to appalling weather on the days chosen, better luck this month we hope.

Just in case July continues as wet as the rest of the year, we are having an extra get together, a craft afternoon when Wendy Cooke from Dent will be showing us how to make jewellery, 11 members have signed up to have a go.

At next month's meeting Sheila Capstick will be showing us how to make marzipan fruits, this will be very hands on so it depends how tasty the 'fruits' are as to how many get taken home.

If you would like to join us we offer a warm welcome to visitors, and prospective members, we are very relaxed and informal, if it sounds like the kind of evening you would enjoy, please come and try us; we meet on the second Wednesday of each month, at 7.30pm in the Committee Room at People's Hall.

L Hopkins

CUMBRIA WILDLIFE TRUST

Our Big Buzz Tea Party

In the words of the song "somewhere in our youth or childhood we must have done something good"! And so it was that in the midst of rain, wind, flood, everything bar pestilence, the sun shone brightly on us for our tea party on 7th July. The marquees, gazebos even market stalls requisitioned for the occasion to keep our imbibers dry were in demand to provide shade from the sun. It was a very jolly occasion. Tea and cake fanciers of all ages arrived to enjoy splendid home-made fare in the delightful surroundings of Galebars near Kirkby Stephen, the home of generous hosts Felicity and Richard Arrowsmith. Our visitors were entertained by a string quartet, all members of the Cobwebs orchestra, and guided walks were led to the neighbouring wildflower meadows and nature reserve of Waitby Greenriggs. An ice-cream van was in attendance and a raffle with fabulous prizes added to the fun. Local primary schools had been invited to enter wildlife pictures and the winners' paintings were exhibited and prizes and certificates presented to those who could be there. The list of prize winners from a very talented and wide field is as follows:

Aged 5 & 6

- | | |
|------------------|--------|
| 1. Millie Bayles | Warcop |
| 2. Harry Chapman | Warcop |
| 3. Eva Hoggarth | Dent |

Recommended

- | | |
|----------------|----------------|
| Mia Richardson | Ravenstonedale |
|----------------|----------------|
- Aged 7 & 8

- | | |
|---------------------|----------|
| 1. Eli James | Sedbergh |
| 2. Dominic Marles | Warcop |
| 3. Bayley Fairhurst | Warcop |

Recommended

- | | |
|-----------------|--------|
| Ryan Winder | Dent |
| Evie Brittleton | Warcop |

Aged 9-11

- | | |
|--------------------|----------------|
| 1. Sam Gorst | Sedbergh |
| 2. Rosie Kelly | Ravenstonedale |
| 3. Jessica Labbate | Sedbergh |
- Top School WARCOP

The organisers would like to thank all those who helped to celebrate the Trust's 50th birthday and to raise funds for the work of the Trust. These events would not happen without a band of willing organisers, consumers, helpers and donators of prizes. Cumbria Wildlife Trust reserves at Smardale and Waitby are well worth a visit at any time and leaflets about these can be found at the Tourist Information Centres of Sedbergh and Kirkby Stephen.

Susan Garnett.

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CRAFT WORK SHOP

Our craft work shop is up and running in the Sedbergh Café. It has been set up by a co-operative of local craftspeople who want to sell and demonstrate their crafts.

Currently we are stocking: beaded jewellery, cobweb felt scarves, polymer clay jewellery and trinkets, crystal tiaras for brides and proms, and hand crafted cards, stock will change depending on demand.

We plan to open Monday to Friday, but, hopefully, as more craftspeople join us we can include all hours the Sedbergh Café is open.

We hope people will come to our coffee and craft sessions, buy a coffee and watch one of us do a short demonstration, (see the window for information). In the future we plan to provide 'hands on' workshops. If there is a craft you would like to try, anything from crochet to felt making, beading to Christmas decorations, just tell us what you want and we will do our best to provide the expertise.

If you would like to get involved in any way, or offer us words of



encouragement, please call in during café opening times, 11am – 4.00pm, or telephone Helen Wilberforce on 21562 or Linda Hopkins on 21455.

DENTAL PRACTICE

As many of you may be aware by now we are expanding our practice and this has enabled us to retain our current NHS commitment, as well as accepting a limited number of new NHS patients.

To cope with this we are very happy to announce that a new full time dentist, Wendy Thompson, will be starting work at the beginning of August. Wendy graduated from The University of Central Lancashire with Honours. She also has a BSc.Hons in Microbiology from Warwick. Wendy has previously worked for the Ministry of Defence and Lancashire County Council. She lives in North Lancashire with her husband and daughter. We are looking forward to working with Wendy and are confident that she will be a valued asset to Sedbergh Dental Practice.

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APPLEBY FAIR

Well they have been and gone and probably most folk never noticed. Who? The Travellers to the Appleby Fair.

The preparations by the District and County Councils and Police were very well done. Posts and notices went up (there were less this year) and the boulders were in place slightly later this year AND all were removed by 22 June 2012.

A "hobby" traveller (a farmer from out Skipton way) arrived a week early with a bow top on a trailer and a horse in a box at the top of my drive. He caught the flash downpour of half inch of rain in 15 minutes that day and this rather damped their progress.

Some incidents occurred.

The Travellers were so keen to get into Scrogg Bank on the day before it opened that they took the locked gates off their hinges. They are now welded on! Some of these travellers are so uncivilised that they throw excrement and other unpleasant things into the fields surrounding Scrogg Bank. That is what we provide the toilets and skips for.

There was a field invasion at Straight Bridge.

It now seems to be a tradition for horses to be put onto Settlebeck School playing fields. No one tells the police and the school needs to secure their boundary at New Bridge for next year.

I personally endured some abuse and foul (football) language when I

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intervened with four men beating a horse harnessed into a trap with strong sticks at the top of Mackereth Hill. That's the problem of being on the front line.

Most problems this year were in Casterton at Devils Bridge. Here Travellers got behind the boulders and entrenched themselves. Some were moved on but local businesses were affected. So there is a great need for a "Scrogg Bank" at or near Devils Bridge. I think we have demonstrated with Scrogg Bank in Sedbergh that the travellers do leave on the due date returning the field back to its usual use. Hopefully someone as generous as Denis Ramsden emerges in the Casterton/Kirkby Lonsdale area. Volunteers please contact the Kevin Lancaster, Chair of the Appleby Fair Management Committee (07980 844696 – kjlanc@kjlanc.demon.co.uk).

The "Appleby Fair Drop-in" held in Dent on 26 June 2012 was well attended by residents, who were full of praise for the arrangements made. The planning now starts for 2013. Next year we will have to re-consider post spacing and boulder deployments and insist the police move vehicles on when they park on the verges. *Dr Gina Barney, CRAG*

DENTDALE SHOW 2012

Saturday 25th & Sunday 26th August

Listed are the competitions for this year's Show. You have time to perfect your entries.

Saturday 25th August 2012

Children's Classes

1. Lego or K'NEX model of a vehicle to own design
2. A computer generated poster
3. Fun specs
4. A book mark
5. A hand-made picture of my favourite animal, any medium
6. 6 chocolate crispies in paper cases
7. A description of Dentdale, handwritten (up to 100 words)

Adult Classes

1. A Christmas stocking
2. A gift wrapped shoe box
3. An item made from recyclable materials
4. A scale model (e.g. Air Fix kit or own design) of a vehicle
5. Pencil or painted picture of a village scene
6. Hand-made bunting
7. A hand-made toy for a child
8. A photograph entitled 'Fun Time', colour or black/white, with a caption
9. A photograph entitled 'A Season', colour or black/white

Sunday 26th August

1. Sticky marmalade cake, baked to given recipe
2. Fruit pie
3. Six fruit scones
4. Pot of jam
5. A selection of canapés for a party

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6. Six chocolate chip cookies
7. Tea loaf
8. A chocolate dessert
9. Savoury dip/dips with crudities
10. Five tomatoes, one kind
11. Five potatoes, one kind
12. Five carrots, one kind, with tops
13. Five dressed onions
14. A basket of home grown vegetables
15. Heaviest potato
16. Nine sweet peas, any kind
17. One rose, any kind
18. 'Just Take Five', an exhibit to include five flowers

Rules for exhibitors

Free entry for children. Adults 50p per entry.

Children may enter the adult classes.

An exhibitor may enter up to two items in any class.

All exhibits to be displayed in the competition marquee between 11am and 12pm on the Saturday or Sunday of the Show.

For further details contact Angie Mason on 015396 25461.

CANTICUM CHORAL CLASSICS

Canticum is performing at three popular Lakeland locations, Ambleside, Kendal and Sedbergh, between Friday 17th and Sunday 19th August. All proceeds from the concerts will be donated to Mountain Rescue.

The choir's Best of British Programme is a journey through British music from the 16th to 21st century, starting with some glories of Renaissance polyphony by Byrd, Tallis and Purcell to triumphant church music by Wesley and Walton. The second half is a secular journey beginning with madrigals and folksongs and concluding with a potpourri of close harmony numbers demonstrating the choir's versatility & sense of humour!

Canticum, directed by Mark Forkgen, is one of the most musically versatile chamber choirs in the UK. Now in its 23rd season, it is praised for accomplished performances of major classical and contemporary works alike in venues from London's St Martin-in-the-Fields to Chichester & Salisbury Cathedrals. Richard Morrison of The Times hailed Canticum's "impeccable intonation and blend". The choir has also toured frequently, particularly in Italy and France, and has recorded a number of highly acclaimed CDs.

Singers and fell walkers have a shared love of beauty and Canticum is proud to be supporting the three teams of the Lake District Search and Mountain Rescue Association local to our concert venues - Ambleside,

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Kendal and Sedbergh (Kirkby Steven). These teams are self-funding with dedicated unpaid volunteers who serve the public with pride, expertise and dedication. Mountain Rescue has developed since the 1950s as the public has increasingly taken to rock climbing and enjoying the great outdoors. From humble beginnings with minimal equipment the teams now use military specification kit allowing real-time tracking and communication during incidents that saves lives. Maintaining this vital work to support walkers who run into difficulties on the fells constantly draws on Mountain Rescue's financial resources which we hope our efforts will go some way to replenish. We hope you can join us and support them too!

Further information can be obtained from the Web Site www.canticum.org.uk

TELECOMMUNICATION POLE

The latest news about the proposed 60 foot Pole beside the electricity substation off Busk Lane.

At the Yorkshire Dales National Park Authority 'Reference Back' Planning Meeting on Tuesday July 10th, the pole was voted down for a second time. A big 'thank you' to everyone who wrote a letter, signed the petition or contributed in any other way to this successful outcome.

The second meeting had to be called because the Planning Officer maintained that Electricity North West had no alternative but to put up a pole. (This was to be solely for their own purposes.) However all but two members of the committee voted to uphold the decision taken at the previous meeting that planning permission should be refused, because 'the technical case for the technology had not been proven, the development would result in a detrimental impact on the residential amenity of neighbouring properties and the proposed development would

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result in a detrimental impact on the character of the landscape.' As requested in the petition and argued in the 3-minute presentation allowed at the beginning of the proceedings, the majority of the members backed the proposal that there should be a thorough and independent investigation into the alternative technology currently available, in order to avoid such a huge and unnecessary eyesore in Sedbergh.

There is no doubt at all that Electricity North West needs a new and reliable telecommunications system to replace the one being withdrawn by BT at some time in the future. Also, 'fit-for-purpose' technology, which can fulfil this need without a pole, does exist.

ENW now have six months in which to appeal to the Secretary of State against the decision, but we hope that instead they will have the wisdom to set to work to find the appropriate alternative system and install it.

Shirley Smith

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HOWGILL HARRIERS

The 1st of July saw the first successful completion at the Ten Trigs challenge, a massive 45 mile route devised by Jim Fisher which takes in peaks around Middleton, Barbon, Dentdale, Garsdale and the Howgills. In under 12 hrs four men (including Harriers Jon R and Dick G) completed the feat, with support from Jim and other locals to see them safely back to Sedbergh.



On the same day, Carl ran home first in the annual Skiddaw race, and others completed a shorter fell race at Hawkswick as part of the club champs. Sam ran home 13th and first for Howgill, with John and Rob not far behind. Graham took second MV50, Angela second LV50 and Katie first LU23. The senior race was particularly demanding due to the number of 'whippersnappers' (under 18s) competing, who had the cheek to be jolly quick...

Sam, Rob, Jim, Jenna and Katie were also in action at Carnforth, in the off-road 20 Barriers race. Sam

and Rob took 2nd and 3rd place respectively but all finished well in drizzly conditions.

Sadly we had to cancel the inaugural Kirkby Stephen Sports and postpone Sedbergh Sports due to the heavy rainfall, but watch this space for a new date in September.

Elsewhere, Harriers have been taking to the fells for the first time in training, and it has been good to see confidence growing in this area. If you see us out and about don't mistake any strained, mud-spattered smiles for anguish; we are enjoying ourselves... honest!

Our new website – *howgillharriers.co.uk* – is now safe for public viewing.

This will be the first place to visit for up-to-date news, events and reports, and gives a more visual idea of what we get up to in our spare time. We hope to develop this more in the future and create better links with other local groups, giving the outside world a digital glimpse into the lives and loves of those living in the elephantine shadow of the Howgills.

Howgill Harriers

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JUNE WEATHER

Well it was the wettest June on record! We faired a bit better than some parts of the country but still recorded 7 inches of rain. There were only 7 days on which it didn't rain at all. We certainly didn't have a "flaming June". Temperatures were rather below what we would expect in June with a high of 73.9F and a low of 37.4F. I have recorded frost in the first week in June in the past. It was an unusually breezy month, brought about by the jet stream being rather South of where it normally is at this time of year, producing the low pressures. On only 4 days did the maximum gust not get into double figures with a high of 23.7mph. Such was the wind and low temperatures that the windchill actually dropped to freezing or below on 3 nights and into the low 30sF on several more.

It was good to see that last month's frost damage didn't stop the trees from producing new growth though the wet and frosts earlier in the year seem to have finished off our bearded iris. The 5 baby swallows flew, though they returned to the nest each

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evening for several days. A new nest has been started in the shippin. The baby blackbirds disappeared, I hope they fledged but the nest appeared damaged. There were some being fed in the hedges so let's hope the magpies were unsuccessful this time. A motley assortment of young birds have been visiting the feeding station. It is funny to see youngsters, as big as their parents, begging for food. The foxgloves have put on a good show this year which has been good for the bumble bees on the dry periods. The honeybees have taken a battering. Normally we talk about a "June gap" when there is a shortage of pollen during the month. This year due to excessive wet weather they have shut down completely. None of mine had eggs on at least 2 visits. Others, I hear, have lost queens as well. We shall be active trying to resurrect the situation should the weather improve shortly. Fortunately they have enough stores at present. The wet seems to have produced a lot of "scald" in the lambs' feet this year. The excessive wet seems to have slowed down their progress.

YORKSHIRE DALES NATIONAL PARK

Old trees in the Yorkshire Dales National Park have been put under the spotlight in a new conservation survey.

More than 800 have now been recorded in a bid to identify the condition and location of these valuable trees in our landscape. Dales Volunteers and local groups have spent more than two years roaming the 680 square miles of the National Park listing the old trees in one of three categories – ancient, veteran or notable. The information they have gathered has been added to existing records to give a clearer picture of their numbers and distribution.

And landowners and visitors are now being asked to join in the survey to ensure that none is missed out.

The information gathered by the Dales Volunteers and by other organisations like the Swaledale and Arkengarthdale Archaeological Group has been uploaded to a national database set up under the Woodland Trust's Ancient Tree Hunt project, which aims to record all the UK's ancient, veteran and notable trees. The project is a partnership between the Woodland Trust, the Ancient Tree Forum and the Tree Register of the British Isles.

Fact file on trees

An **ancient tree** is one of interest biologically, aesthetically or culturally



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because of its great age. It will be very old relative to others of the same species.

A **veteran tree** is usually in the mature stage of its life and has important wildlife and habitat features including hollowing or associated decay, fungi, wounds and deadwood within the canopy.

A **notable tree** is of local importance or may be of personal significance to an individual. These trees may be rare species, exceptional specimens or those considered to be potential next generation veteran trees.

An ancient or veteran tree usually has a canopy that is small, with a trunk that is usually wide and hollow. This is not necessarily an indication that a tree is dying – it may live on for decades and often centuries. Ancient trees are full of holes and dead and rotting wood. As time goes by they provide the perfect habitat for thousands species of plants, animals and fungi, including many rare and threatened species.

WINDFARMS

I'm sympathetic with Ann Russell's comments in *Lookaround*. Yes, the old fashioned wind mills were OK for their day, and attractions now. But the coming of steam power 200 years ago, then the internal combustion engine, meant that we were able to do things without the unreliability of wind. Wind mills gave way to steam engines and sailing boats gave way to powered ships. Wind power became redundant.

Who would go back to 100 – 200 years ago? Not many, we live in a world enriched by the greatest development of all, steam powered turbines for making electricity. This is what powers our modern world, with industry, communications, health care and lots more. Our engineers developed power systems to provide electricity in the most cost efficient way, power that is constantly available.

Ann's wind turbines, despite improved design, still need subsidy. The energy they produce is trivial, we would need thousands, spread over vast tracts of scarce countryside, to provide the same amount as a normal power station. That's not cleaning up our environment, more like environmental disaster. And they still suffer from the unreliability of wind and inability to provide energy when we need it, the reason we abandoned them. The nearly 100% backup means that wind turbines do not replace any other form of generation, they are costly add-ons.

It's like having an unreliable car and

needing a second reliable one for when you really need to make that important journey. Why not just have the reliable one?

The added cost we all pay through our energy bills pushes more into fuel poverty, it hits worst those least able to afford it. Think of the morality of this, is it right that a company, hoping to make millions from subsidies, seeks to build a wind farm in a sensitive area, by persuading us they are doing a good turn by giving a small amount of their profits to local charities? Does it not just smell a bit?

Surely, if these charities are important enough, we should support them ourselves and not expect the rest of the country, young and old, to do so through their electricity bills.

Stephen Hinchliffe, Old Hutton

WINDFARMS

Windmills can not be trusted to run a set of Traffic lights!

Ludites, NIMBYs invention of the wheel, grinding corn etc, I wish the problem was as simple as your previous article from Ann Russell. Unfortunately having spent the last 33

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years in professional engineering design, and today on a Hydro electric scheme in Alaska, my working life revolves around calculation, relativity and good information to make a correct decision. I find the Wind debate singularly lacking in this logic despite some very handy statistical information on the Government Climate Change web site. Debate seems mainly to be trading in insults one side not believing the other and much miss information in-between, so how do we logically decide the way forward, I can say defiantly not by accepting bribes, from the government (FITS/ROCs scheme) or worse the developer, all extremely destructive to our society, for this alone the Killington scheme should be refused. If it's a good scheme it should stand on its merits first and foremost.

It is not easy to take the lid off this technical debate to see what worms lie below, the devil is defiantly shown in the detail and not disclosed by the glossy leaflets of the developer.

Some years ago at a Village Hall meeting (think it was Firbank) a

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comment was made, my Tractor can produce more power than a Lambrigg windmill, and looking into it he was right. Relativity does highlight one of the problems, another comparison, if the UKs annual electrical consumption is represented by 1 meter (39 inches) then the total expected annual output of all 5 new Killington machines would be represented as the thickness of the average human hair.

There are also many more good reasons to de-rate this technology. One of these was summed up very neatly when I visiting Benmore Power Station, New Zealand 'Windmills can not be trusted to run a set of Traffic lights.'

A windmill to me is far more than just spoiling a view which they do so successfully, near or in the distance it jars on the conscience that this is basically wrong.

To combating climate change, massive adjustments will have to be made, ineffective fiddling around with electricity is only damaging our chances of a of success.

Peter Sugden, Killington

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AUGUST GARDENING

The beginning of August can be a bit of a green time in the garden. The first herbaceous perennials – Iris, Poppies and Geraniums have finished blooming, and the plants which are to follow – Phlox, Japanese Anemones and Asters are yet to begin. One group of plants which are at their best this month are the Lilies, and the Asiatic and Oriental hybrids are some of the showiest of the group. I grow most of my lily species and hybrids in large pots as I find that those planted out in the border are liable to be chomped by the resident slugs and snails. Bulbs can either be planted in Autumn or in Spring. They need a good sized pot – at least 10” wide and do best in a John Innes compost.

Oriental Lilies are usually fragrant and flowers are in the pink/white colour range. Stargazer, a popular cut flower variety comes from this group. Asiatic hybrids may be white, yellow, orange, pink, red, purple or deep burgundy, spotted, bicoloured or plain. They are equally robust and showy, but not usually so highly fragrant. I tend to purchase new bulbs every 3 years or so just to try out the different shades and colours. The pots usually stand on the paving outside the back door so that they can be admired frequently in passing. After flowering they are shunted into a corner and then moved into the unheated greenhouse to overwinter.

Alongside the hybrids, I like to grow one or two species, with *Lilium*



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regale, the wonderfully gingery scented white, trumpet lily being my favourite. *Lilium tenuifolium pumilum* is at the opposite end of the scale. Although it is tall, its bright red flowers are small and neat with reflexed petals. My best amongst the spotty flowered species is *Lilium pardalinum*, the Leopard Lily with red and orange petals, spotted with maroon.

Though no longer classified as a true lily, *Cardiocrinum giganteum* is worthy of inclusion in the list, especially for anyone who likes a challenge. It is the tallest “Lily” with stems 8 – 10 feet tall bearing creamy white, fragrant, trumpet shaped blooms. Plants put their all into producing flowers and after this the main bulb dies. *Cardiocrinum* bulbs can be bought from specialist nurseries, or, if you have plenty of patience, they can be grown from seed. Sow the seed in autumn and wait, and wait, and wait – for about 9 years until they reach flowering size. Enjoy a glorious splurge of flowers and then begin again! *Elaine Horne*

BOOKWORM

What I have been reading this month
'Gillespie and I' by Jane Harris (fiction)

Intriguing read and a fascinating plot. Who was the real Harriet Baxter? A cleverly crafted novel with great attention to detail and scene setting for some unforgettable characters. It is written as a memoir of Harriet's perceived relationship with the Gillespie family from around 1888 the year of Glasgow's international exhibition. On the face of it Harriet seems a wealthy supporter of emerging artist Ned Gillespie. Friendly or pushy, manipulative or helpful... Harriet comes to trial for the murder of Ned's young daughter Rose. The destructive impact of her behaviour on other people is viewed very differently by the court from how Harriet describes herself. The reader inevitably takes sides. Very perceptive insights by the author into the psychology of yearning, infatuation and rejection.

'The Last Pre-Raphaelite: Edward Burne Jones and the Victorian Imagination' by Fiona MacCarthy

This wonderful biography combines clarity and authority in tracing EBJ's life, his relationships and the cultural context in which his gifts were nurtured. There is a strong art history theme that makes this book of interest to both the expert on EBJ as well as the newcomer to his work. EBJ believed in a close link between art and craft and that art had the power to combat the poverty of life. He fused visual beauty from medievalism with mythology but not everyone liked the outcome! (Reference is made to examples of his designs/work in Cumbria).

RM Bookworm

DENT PRIMARY SCHOOL

Bob and Wendy Pontefract completed their charity challenge of the Coast to Coast Walk this term on behalf of Dent Primary School.

Pupils of the School followed every step of their walk with updates from their internet blogspot and a big mural on the wall, mapping exactly where they were up to. We can't thank Bob and Wendy enough for all their fundraising efforts.



- Bob and Wendy walked for 17 days
- They walked for 201.3 miles
- Walking for 82 hours 26 minutes
- Average speed 2.4 miles per hour
- Walked the equivalent of ascending and descending Mount Everest

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FESTIVAL 2012

A good time was had by all, despite the rain!
The glorious weather leading up to the festival was a real bonus for all the volunteers who turned up to lay the floor, put up marquees and get the site ready for take-off. The heavens opened on Thursday night but it didn't dampen spirits and we were dancing away to 'The Feud', 'The Dog Roses' and an abundance of great music with Emily Smith giving a bonny farewell on Sunday afternoon. Festival-goers were tucking into wood-fired pizzas, authentic Tibetan food, yummy coffee and cakes and hearty local meat - what a treat!

Music and Beer 2012 wouldn't have happened without all of you who turned up to 'do your bit'. We're already gearing up for 2013 and if you can help in any way please get in touch via our website or put your name down at 'The Sun Inn', Dent.

The final accounts will be published at a public meeting on Tuesday 28th August.

BIG thanks to all our (very wet & muddy) volunteers! www.dentmusicandbeer.com

BEAUTIFUL BRISIGHELLA

Brisighella is described as "one of the most beautiful villages in Italy" and that is no exaggeration. It is a fascinating place with an old donkey road and a lovely river rushing through the valley. Our hotel was close to the river and lovely warm weather made our visit a delight in view of the cold temperatures we had been having here.

Some of our experiences were unforgettable, like our lunch in the Domenican Convent where we were shown round by the nuns and enjoyed the home-grown food in the old dining-hall. We also spent a day on a farm - once a working farm, now

a place where people go to relax and enjoy the countryside. In the morning, the 28 of us, divided into groups, helped prepare our own lunch. One group made Italian foccacia-bread, kneading the dough, letting it rise and baking it in a wood oven. Another group made jam with large fresh strawberries picked from the field, whilst a third group tried its hand at making soft ricotta cheese the way the farmer's wife used to do it. A final very hard-working group actually made pasta from durum wheat, forming it with great care into the twisted shapes the Italians call "strangled priests" (strozzapreti)! After all this hard work at our lovely hillside

farm, we all sat under a canopy eating an amazing meal much of which we had made ourselves. We were even awarded certificates to say what good Italian cooks we were!

Another day we sailed on a salt lagoon close to the delta of Italy's mighty River Po. This is where eels have been caught in vast numbers over the centuries, and we saw the huts on small islands where the fishermen used to live together during the cold winter months to pursue their eel-catching. This was a very hard life, at a time of great poverty, and a great deal of eel-poaching went on by people living around the lake. Birds, including flamingos, were around in abundance. The little town of Comacchio, which we were shown round, is like a miniature Venice, built on a series of islands linked by bridges.

A memorable evening was spent in the hotel when the Town Band came and gave us a concert in the garden - yes, it was warm enough to enjoy sitting out! The band played many colourful medleys, the star-performers being the men who played the whips - yes, the whips - cracking them in amazing rhythms as the band played on, a skill dating back to the carters of the last century when they needed to make their horses go faster. This, for me and for many, was a totally first-time experience - and our hotel proprietor Domenico was one of the skillful whip-crackers.

These were only a few of our special experiences - very different from those on normal package tours. Part

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of our purpose is to see the REAL Italy and to meet the Italian people in normal surroundings. It is thanks to our local organizer, Giovanni Ranallo (Johnny), that we can have this privilege. We shall have the chance again in 2013 if you wish to join us. Although I had decided this year would be the last, I have been persuaded that there others who would like another visit to beautiful Brisighella and its environs. The date of departure for one week will be Saturday, the 25th May, returning on the 1st of June. Please contact me if you are interested.

George D Handley
gd@the-hylands.co.uk

SUMMER TIME IS HEART TIME

In Chinese medicine the heart, as well as pumping the blood and controlling the blood vessels, has important mental and emotional functions. It is the seat of consciousness and responsible for thinking, memory, insight, intelligence and sleep. It is easily influenced by emotions so that conditions such as anxiety, panic attacks, mental confusion, memory loss and insomnia are regarded as heart disharmonies.

Each of the major organs of the body is associated with a particular season of the year. For example, the kidneys, which are the repository of the body's long term energy reserves, are associated with the winter, which is a natural period of energy conservation. The heart is associated with the summer months. One aspect of this is that in summer we tend to be more active, so the cardiovascular system has to work harder and so becomes stronger. After midsummer the days start to shorten so that the heart also presides over the beginning of the long wind down to winter.

A similar pattern occurs in the 24 hours of the day. "Heart time" is the two hour period around midday. Having a short rest at lunchtime can bring benefits in terms of better quality of sleep. This might seem contrary to common sense as people often say, if they nap during the day, they fear not being able to sleep at night. However Chinese medicine teaches that a sleep or rest after lunch has a calming effect which

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prevents agitation later in the day, thus promoting good sleep.

The heart is influenced by all emotions, but is particularly associated with the spectrum between joy and despair. This is part of our own culture too, as we can see from phrases such as, "my heart leapt with joy" and "my heart sank". In Chinese medicine too much joy (over excitement, euphoria) is as damaging to the heart as too little (depression) and what is sought is a balance (equanimity). There is a saying that, "the heart desires stillness" and too much mental agitation of any sort (anxiety, worry, over stimulation) can affect the heart. Often this can be

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seen in the tip of the tongue being redder than the rest of the tongue. This is a sign of heat caused by emotions.

The heart is also said to control speech, which is close to our idea of speaking from the heart. Too much talking disturbs the heart and diminishes its ability to remain calm. Conversely habitually talking too much is a sign that the heart is agitated. In our culture talking while jogging is a common practice. However this taxes the heart on two fronts simultaneously and, according to Chinese medicine, it is more beneficial when exercising to use the heart's awareness to focus on the movement.

In Chinese herbal medicine there are two categories of substances which calm the spirit. The first consists of shells and minerals, such as powdered pearls. These are

described as being heavy and they weigh down the spirit in cases of agitation and hyperactivity. Probably calcium tablets would have a similar effect – do let me know if you have noticed any mental heaviness or increased calm while taking these. The second category consists of herbs which nourish the blood to calm the spirit. One of the well known remedies for better sleep (now sadly outlawed) is based on sour date seeds. This has recently been replaced in this country by a “food supplement” (a remedy using only herbs approved for use in food) whose main ingredient is schisandra (a type of magnolia).

Many acupuncture points have the indication “calms the spirit”. Some, but not all of these also regulate the heart, for example calming palpitations. Some of the most effective points for emotional disorders are on the head, so putting your head in your hands could actually have a therapeutic effect. The point near the wrist, stimulated by travel sickness bands, has an effect on the heart as well as the stomach. It regulates the heartbeat, calms the spirit and unbinds the chest.

My class in Chinese medicine for health and well-being (2 hours a month) restarts on Saturday 1st September (4 to 6 pm at the Community Office). The subject on that occasion will be the liver. If you are interested, please phone for details. My number is 015396 20972.

June Parker

SEDBERGH GALA

What's happening to Sedbergh Gala Group?

Back in 1963, a group of local people instigated the Sedbergh Gala*.

In 2011, the Sedbergh Gala committee changed hands. It went from the locals, who knew everyone and had grown up in the community into the hands of new-comers to the community.

The Chair was taken by John Davis. Kate Seymour became the Treasurer and Ali Bramall took on the Secretary's role.

To create last year's Bonfire Night, the Children's' Party and this years' Gala, they were supported by long-

term committee members Helen Joel, Linda Winn, Rachel Cowperthwaite, Sandra Longlands, Donna Gardner and Margie McVoy.

Some more new blood came in with Fenella Davis, Donna Gardner, Melanie Missenden, Nichola and Mike Packham, Haley Smallshaw and one of the senior teaching staff from Sedbergh School.

So it's fair to say that with all those changes, the Gala Group has been looking not only at how it does what it does, but what it does and why?

We realised that until we'd joined the Committee, none of us knew that the purpose of the Gala was to raise funds for distribution in ways that will benefit the community – through

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providing bursaries to young people as well as putting on two other annual events. Given this, it was a natural step to look into becoming a charity, so as to maximise the Gala Group's effect in the community.

John, Kate and Nicola are working on furthering the process for the Gala Group becoming a Charity. In order to achieve this status, the purpose will be to run these events with the objective of offering financial support to other organisations or individuals which have a focus on young people.

In the last two years, bursaries have been awarded to:

- Emma Packham, who attends the Hammond School for Dance
- The Swimming Club
- Emma Hopkins for a trip to a scouting jamboree
- Scott Lowther for a computer
- Becky Lowther

We are confident that the Gala Group will be given Charitable status.

This means that donations and income will be worth more and consequently there will be more bursaries available for young people in Sedbergh, who's needs fit the categories of :

1. the advancement of education
2. the advancement of arts, culture, heritage or science
3. the advancement of citizenship or community development
4. the advancement of amateur sport
5. the relief of those in need, by reason of youth.

As a result of talking about our purpose and how to bring it about, we've been looking at the Gala Group's identity and the way it gets its message out. The large sign that gets

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erected in the field opposite Close's garage has a very out-dated tent logo and there've been various designs on headed paper over the years. It's now time for the Gala to take a new identity and create a brand that is suitable for 2012 and beyond. In a reflection of categories 1-3 above, the committee have set up a competition to create Sedbergh Gala's new logo.

The Design Competition

Purpose

To design a logo for the Gala Group

Eligibility

The competition is open to anyone in year 11 or under (from September 2012), who lives in, or goes to school in the Sedbergh area.

Judging process

- Entries will need to be submitted to www.sedberghgala.com by December 3rd
- The best three will be judged by Mr Steven Bramall, Director of ICT, Kirkbie Kendal School
- The best three entries will be put to the committee on 10th December. The identities of the designers will not be disclosed. The winner be the entrant whose design gets the most votes on the night.
- The winner will be notified by December 14th
- The new logo will be used from January 2013
- All rights in the winning design logo will pass to the Sedbergh

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Gala Group following completion of the competition. The Gala Group retains the right to not use any of the entries for the logo.

Prize

- £50 cash
- Your design could be used on stationary, banners, marketing material and internet from 2013 onwards.

The design criteria

The logo needs to express :

- the Gala Group's charitable status
- its focus on young people
- its role in putting on major fundraising events for the community
- that it is a Sedbergh charity, for the Sedbergh and district community

It needs to be

- memorable and easily recognisable
- use a maximum of three colours
- easily printable without using large amounts of colour ink cartridge.
- scalable without losing impact – it can be submitted as a bitmap but must be able to be converted to a vector graphic
- can be printed in black and white and photocopied without loss of impact
- in a well defined format, so that it is suitable for car stickers or tee shirts

* Two years were cancelled due to bad weather, so the 50th Gala will be 2014.
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KIDZONE

News from Nairobi

Many "Lookaround" readers know of Kidzone, the orphanage in Nairobi, Kenya, which was co-founded by Simon Wood, the British Airways pilot who is the son of Sedbergh resident Christine Wood. The orphanage now has 20 girls, three having gone to live with family members, and a new girl having arrived. I visited in July 2011, and went again in July this year. Thanks to everyone who gave money to pay for an outing. We hired a bus, went to the zoo, went to see traditional African dances and had lunch out.

The girls have learned to knit recently, and are hooked. A big thank-you to everyone who donated knitting wool. They don't have many hobbies as money and storage space



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are scarce, and keeping the girls in knitting wool is quite a challenge. Many of them are making scarves for school, and especially need navy blue wool.

I also took more recorders with me, (having taken descant recorders for each of the girls last year). This time I took treble and tenor recorders as well as descants, and set up regular Saturday afternoon lessons with music teachers from a school nearby, which has a thriving music department. The cost will be £80 per term for 10 sessions of 2 hours – a bargain price. The girls will be singing, playing their recorders, drums and other percussion, in a

concert on Saturday 28th July at this nearby school.

Other Kidzone news is that the girls' school uniform sweaters were being eaten by mice, so we needed to do something about that. I was able to buy 20 new sweaters for the girls, but not wishing to provide expensive meals for mice, purchased two lightweight metal boxes to keep the new sweaters in. Hopefully the management has also been persuaded to get a cat.

The girls are well. Christine and Sandra Gold-Wood are organising a coffee morning on Wed. September 5th in the URC Rooms to raise money for a second set of sweaters and the next term's music lessons. Home baking, bric-a-brac, books or raffle prizes, would be gratefully received by Christine – Tel. 21750 or leave at her house, 7 King's Court (behind the Bull Hotel) anytime beforehand or on the day (raffle prizes best before the day). Come to the coffee morning and support Kidzone.

Anyone wanting to give knitting wool can leave it at the Community Office (above the Tourist Information Office). We are also wanting descant recorders, electronic keyboards, percussion instruments and (ironically) African drums. *If anything donated isn't suitable for some reason, they will go to Sedbergh Charity Shop unless you indicate otherwise – give a name and number..*

Helen Beare 21286

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FAMILY MUSINGS

Our offspring are all busy in their different ways, as are hubby and I, who wouldn't like an extra day in the week or just a few more hours in a day so we could all get those pressing things done which don't come under "work", I would love to be out in my garden working all day every day but just cannot, not yet but one day I will when I retire! Community service has always featured high in our agenda, recently I have been reading through old minutes of our local village hall committee and my Mum, Auntie Hazel and Uncle Rolands names occur often and not just from the

committee but from "offices" within it as well. Indeed Auntie Hazel has the Haygarth Room named after her, must be bred in me. In a rather different way our son is out in the community, on July 1st he was commissioned at the morning service at the Carnforth Free Methodist Church as their Community Outreach Pastor, he has recently completed his Theology Degree and is in training as a Pastor in the Free Meth Church. He and T expect their first baby in September, the due date is the 100th Anniversary of my late Mums birth, how's about that then!

You may, if you know us, be thinking "Oh so that's why they left the Meth

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Ch and went to the Free Meth Ch" no it isn't, we started to go to services there years ago when son first went and a deep spiritual need was met there but hubby and I continued to worship and work in the local Circuit, over time God did a work in each of us and over time (years) we went to CFM much more yet still held our offices and did what was needed in the local Meth circuit until God made it very clear it was time to move. Yes, it does sound "wacky" and over the top to say God told us, I guess Moses thought it OTT and odd when God spoke out of a burning bush, not really the norm is it? In different ways God made His intention clear and trusting He knew what he was doing we walked in obedience into His will for our lives. That was in May 2011, we are still trusting and following and learning and making mistakes and being forgiven and setting of again on

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the great adventure which is faith in and relationship with Jesus.

At the end of July we are of to Soul Survivor a Christian camp holiday for teenagers and their adult helpers, I think we come in the latter although the Leader of the group thinks she may have some trouble with us .. whatever could she mean? Some years ago in Cornwall we popped in to a very noisy loud christian music event for teenagers and we both got into the swing of the beat of the music and moved and really joined in, after awhile we got prodded in the back by son and T and were told "Come on children, time for bed" they and friends had been watching us and having a good giggle at us, so, here's to a lot of giggles at Soul Survivor! And please please please could the rain dry up as it looks as if we'll be in a tent!

However you spend this (holiday) month do include plenty of giggle inducing events, after all there's so much doom and gloom around we all need a good giggle now and then!

Sarah.

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SETTLEBECK SCHOOL

'The Phantom of the Opera' - Drama Trip to the Palace Theatre, Manchester

Yes ladies and gentlemen, I'm back, as once again my year group travel across the country (well ... to Manchester) in pursuit of superb live, theatrical entertainment, which would stick with us long enough for us to remember and write about in moderate detail in our drama exams. A brilliant motive. Thanks to Miss Rea for organising and accompanying us on the trip and Mr Trull for driving us down!

So earlier in the term (it's the first of July as I'm writing this. Has this year flown or what guys?), I grabbed my

pen and notepad and ventured down to school to hop on a mini bus with my fellow drama loving peers, ready to embark on a journey to the cascading city of Manchester to watch Andrew Lloyd Webber's hit musical 'The Phantom of the Opera'. Somehow, I felt the superb history of this play and it's classical compositions and renowned success worldwide was lost on a few of my friends, as I heard constant complaints of "Why aren't we going to see Shrek? I know most of the lines to that! WHERE'S THAT DONKEY?" and "We should be seeing 'Legally Blonde'. Now that's a character I could totally, like, relate to." Sometimes, I wonder ladies and

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gentlemen. I really do.

We parked a short way from the stunning Palace Theatre. I'm afraid the grandeur was lost upon me, as it was in fact the Manchester Derby and I found myself running down the streets in fear of my life at one point, due to me shouting allegiance to Liverpool FC in front of a set of Manchester United fans. Whoops! We made our way into the theatre, huge pictures of white masks on posters everywhere, you know, in case we forgot what we were here to see. We took our seats, the darkness fell and the show began. Before I continue, I should perhaps explain what the story is about. The story is set in Paris, in the haunted structures



of the Opera House. Most of the play takes place in the late 19th century. The story revolves around young Christine, a dancer, who takes singing lessons from someone only known as "the Angel of Music". Lies. He isn't really an angel, as he goes about scaring the living daylights out of everyone, dropping sandbags on people's heads and murdering staff and so on for most of the play. Anyway, Christine gains a lead role in one of the operas when the lead quits, and her beautiful singing voice gains the attention of Raoul, Christine's childhood friend. But the Angel (the Phantom, guys, keep up!) has already become obsessed with her. That's the gist of it without too many spoilers. The lights were down and it seemed that we were in the early 20th century at the start. The stage was dark, with cobwebs seemingly covering it. An auction appeared to be happening, selling items from the Opera House. An old man bought a beautiful box, with what looked like a figure on top of it. As cute as it was, it wasn't really a gripping start until lot 666 (yes ladies

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and gentlemen, 666) appeared. It was lowered from the ceiling and suddenly the cover fell and a huge sparkling chandelier appeared! With it, booming, haunting music, blasting to me the theme of the Phantom, there were lights shining everywhere, the light bulbs on the chandelier flashing, the stage changing! It was wild!

Well once I'd recovered enough, I was completely gripped from that point onwards really. The music was stunning throughout the piece, in particular, 'Music of the Night' and 'All I Ask of You'. The acting was superb and the production itself was flawless. It was a love story of the highest

passion ... and without being soppy. It was a horror story without the blood and guts. It was a mystery that continued to linger after the end of the production, particularly due to the ending, where the broken, devastated Phantom disappeared completely with just the twirl of his cloak, leaving only his mask behind. Who said magic isn't real? (Me, actually. I spent the next two hours thinking of all the ways they could have done it.) There was one flaw, however. They sang every word. Now, if you are a fourteen year old child, who preferably wanted to see 'Shrek' or 'Legally Blonde', you are not generally inclined to understand the

words of opera. Therefore, for some (thankfully a select few), the play made no sense and might as well have been in pig Latin. So, as I came out of the theatre, tears streaming down my face at the beauty I had just witnessed, I was welcomed to a few voices chorusing "SOMEONE EXPLAIN WHAT HAPPENED. WHAT IN THE NAME OF HECK WERE THEY ON ABOUT?" and "WERE THEY SPEAKING ENGLISH?!?" I sighed inwardly.

Then I wondered, why had this play been going on for so long? Why is it so popular? It may be a love story, but it's hardly the stereotypical chick flick such as the, err, on-going masterpiece that is 'Twilight', ahem.

Actually, I think that's the point. This is a love story, a horror, a mystery for the more insightful members of the population I believe, because it shows all the things that go with love which are never mentioned in the teen flicks; insanity, betrayal, hatred, loneliness, obsession. Forget werewolves and kids with bows and arrows or vampires, here we have just a man who lost his mind due to unfortunate events. A man who wanted a companion. That is a character most people could relate to, I suppose.

If you go see it, keep an open mind when regarding the characters.

That's All I Ask of You.

By Beth Hewitt, Year 10

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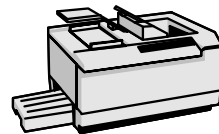
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**SEDBERGH & DISTRICT
HISTORY SOCIETY**

Trip to Lowther

The thirteen members who decided to go the last trip of the summer enjoyed a special experience. On a surprisingly dry evening Andrew Mercer, Commercial Director of Lowther Castle and Gardens Trust gave us a conducted tour of the castle ruins and the garden. We began in the restored stable yard which was evidently in a terrible state when Andrew arrived but is now a magnificent large paved area surrounded by the stables themselves. As you approach the area, you can see tall glass doors at

the far end which lead into the new cafe. Two other buildings are due to be opened as shops. In one of the stables we saw an interesting exhibition of different aspects of the buildings before and after renovation.

Then Andrew took us into the castle ruins. There have been three castles on the site and the present ruins date from the early nineteenth century, although there are echoes of earlier buildings. Since it would not be possible to restore the building the aim is to make it stable, by filling the big voids that are weakening the structure and to create an impression of the castle in the wider landscape. One part of the castle which was

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almost intact is the sculpture gallery which has a beautiful vaulted ceiling with plasterwork bosses. Evidently half of the bosses had to be replaced but the craftsman's work is so skilful that you cannot tell the difference between new and old. Pieces of sculpture will be imported to restore the room to its original status. Another exciting development will be the creation of a museum which is due to be completed within the next year or two. Many possessions of the Lowther family will be brought together from numerous depositories to be displayed. These will contain Impressionist paintings and a priceless collection of silver. One of the impressive things in the restored buildings was the way in which modern design, for example, the furniture in the cafe and lighting fixtures in the stables had been amalgamated tastefully with the original features.

It is difficult to describe the scale of the gardens. Since the project began about two years ago, the main job has been to restore some of the original landscaping, by removing huge numbers of trees and starting a mammoth new planting scheme. Andrew led us round part of the estate so that we could gain an impression of the scale of the task. Apart from anything else there are twenty six summer houses to be renovated! There is also a great quantity of garden statuary to be repaired and replaced. On the one hand you are treated to impressive

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perspectives through long avenues of trees and wide panoramic views across the surrounding landscape and on the other there are smaller areas like the rose garden and the Japanese garden to be replanted. There were of course numerous water features in the original gardens and Andrew said that they were investigating how these had worked.

We all felt that it had been a very interesting and inspiring experience to see this project under way and it will be exciting to revisit at different stages to check on progress. Many thanks are due to Andrew for giving up his evening to take us round.

Julie Leigh



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SEDBERGH SCHOOL

On Wednesday 27th June, Kenton Cool visited Sedbergh School and gave a Presentation on his climbs of Mount Everest.

“This was my tenth summit of Everest. It doesn’t get any easier each time. Mentally, you have a better understanding of what it takes but physically, it is no less demanding and as a whole, no less dangerous. This time, I had the added motivation of taking Arthur Wakefield’s 1924 Gold Olympic medal to the summit and I was so moved by his Grandson Charles Wakefield’s insistence that this was what Arthur would have wanted. There was no question of taking out insurance to cover the medal because Charles felt that it



Kenton & Charles

wouldn’t be in the spirit of mountaineering. I really want to thank Sedbergh School for allowing us to come and share the story with the pupils here today because I think it’s so important to make a link with the past, present and future.”

“When I met Charles to discuss the pledge and the expedition, he showed me diary entries from Arthur and well, he was just such a talented guy. He had such strong values and morals. He went on the expedition as a climber and President of the Rock and Fell Group, not a doctor, but when the GP fell ill, he stepped up. He just had such a strong desire to help other people.”

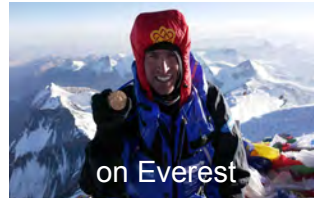
Charles Wakefield, Arthur’s grandson at Sedbergh School, said: “This means so much to the family and to myself. It is a really fitting closure to their expedition.

Keith Partridge, BAFTA award winning cameraman of Touching the Void, made his first Everest summit with Kenton. He said, “Having a story and a reason to go was vital for me. There was a moment, when we reached the Hillary Step, that I

allowed myself the tiny thought that I might, we might, succeed. There was nothing that could stop me at that point, other than giving up – and I have never given up on anything. What is important to bear in mind is that getting to the top is only half the picture. Getting down is another story entirely. ”

At the end of the talk, Mr Fleck gave a vote of thanks and said: “It is a source of immense pride to know that Arthur Wakefield was part of a tremendously important expedition. The 1922 expedition captured the minds of people all over Europe in a way we can hardly imagine today, and in some small way, through the historic link of Sedbergh School and

the Wakefield family, we are all a part of it.”



“Sedbergh School followed Kenton Cool’s expedition with great interest because it was the first Olympic medal belonging to an Old Sedberghian to reach the top of Everest. Arthur Wakefield captained the 1893 rugby team and left Sedbergh School in 1894, for Trinity College, Cambridge. He joined the 1922 expedition team as medic. The school has an historic connection with the Wakefield family and Arthur Wakefield’s great, great grandson, Charlie goes into our Upper Sixth this September. The pledge, and Kenton’s visit to the school, will certainly inspire girls and boys at Sedbergh to consider joining expeditions – perhaps as part of a Gap year or later in life. Mountaineering and outdoor pursuits are very much a part of Sedbergh life, as is nurturing the qualities of perseverance and endurance, essential for such a testing venture.”

A copy of the unveiling of the War Memorial Tablet on Great Gable on 8th June 1924 is held by the Lookaround Office in PDF Format. If you would like a copy, please send me an e-mail. Every year since 1924, there is a Memorial Service held on Great Gable on Remembrance Sunday. Ed

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SEDBERGH WANDERERS FOOTBALL CLUB

On Saturday 23rd June, the club held its charity 'golfathon' fundraiser down at Sedbergh Golf Club. This consisted of 8 members of the club, namely Ben Close, Dan Mason, Simon Parkin, Matthew Parkin, Graham Sowerby, Craig Gardner, Graham Gardner and Luke Packham, heading down to the course for a 5am tee off time with the intention of playing through to 7pm. The weather, as has been par for the course (no pun intended!) this summer, was horrendous with strong winds, rain and chilly temperatures. This made the day even more difficult than what it was shaping up to be anyway. The

aim of the challenge was to complete as many holes as possible to help raise money for the club and for the British Heart Foundation. This would be achieved through sponsorship and also through money taken on the night at the 'after party'. This was well attended with about 45 people coming down to support us and enjoy a few drinks, a bit of food, Spain vs France and a disco. During the day, we had only 2 half hour breaks during the allotted time, playing for a total of 13 hours and 17 minutes. We completed 77 holes, hit 3179 shots between us and walked a combined total of about 224 miles. A quick note of thanks goes to Jack Leddy, Liam Mason, Chris Milburn and David

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Metcalfe who caddied for a few rounds.

As a side note to the sponsorship, we offered people the chance, for an extra £1, to guess the total number of shots we would take in the day. The closest guess was only 9 off and came from John Martin, who wins £30 for his efforts.

At the time of writing, we are yet to collect in all the sponsor money but we are estimating to have raised around £2100 which we are absolutely delighted with. This will be split 50/50 between the club and the British Heart Foundation.

We would like to offer our heartfelt thank you to all those who sponsored us individually through the players and would also like to thank all the businesses who offered their support. They are, in no particular order – White Rose Fisheries, Able Memorials, Andrew Mattinson, Gary Sedgwick, William Dawson & Son, Complete Weed Control, Sophies Wild Woollens, Trevor Gardner & Son, Graham Bradley, Jackson & Graham, Leightons Hair Salon, PC Plastering, The White Hart Bingo Club, Tunstall Tractors, Chapmans Chimney Vac, RS Morphets, GJ Baines & Son, JMP Foodservice, Chris Whelan, Duncan Law, Premier Express, Stephenson & Wilson, Michael Mudd, Nicky Ross, Marthwaite Joinery, MK Conversions, DT Close, Malcolm Sedgwick, JJ Martin, The Red Lion, C3 Events, Temple Heelis, Financial Management Bureau, The Mind and Body Academy, JTC Electrics, The

Green Door and On A Roll.

We were genuinely overwhelmed by all the support offered to us and cannot thank you all enough. We will be holding a few further events for your enjoyment throughout the remainder of the calendar year. The Wine and Savouries night will be held again as well as a Fancy Dress Disco around Christmas time. Details on these events will be in future editions of *Lookaround*.

Thank you once again for your continued support of the Football Club, it is greatly appreciated. If you have any suggestions on any aspect of the club or our fundraisers or anything you would perhaps like the club to consider putting on, please do speak to either Dan Mason, Luke Packham, Adam Woof or Myself and we will be happy to discuss with you.

Ben Close

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No closure in December

KATIE WOOF SUCCESS

In June, Katie took part in the Cumbria Schools Championships where she gained a well deserved First Place in the under 15 girls Long Jump.



As a result, she was then chosen to represent Cumbria in the Northern Counties Championships at Carlisle where she faced stiff competition from athletes who had travelled from all over the North East. She competed in atrocious weather and attained much experience from the older athletes in the competition, overall gaining 4th place.

Katie is at present ranked 80 in under 15 girls Long jump in Great Britain with a Personal Best of 4.74 mtrs.

DENT GALA

Please see advert in this Lookaround on Page 27 about this wonderful much enjoyed family event and please do come along and be part of it, just one day, in the Dent School playing field, yard and hall, activities for all ages, various stalls, hot/cold drinks, BBQ, superb home made WI teas, sports for all ages and the knowledge you will be supporting the Memorial Hall and be part of something which is great fun and very special! Bring your Dogs for the fun dog show and you never know what you will find on the White Elephant stall.

Flyers will have gone out in the dale seeking helpers, prizes and other help, also letters to local business people asking if they would like to "sponsor" part of the Gala ie advertising, the Sports Prizes, the Dog Show etc and as our thank you advertise in our Gala programme which this year will be distributed earlier and over a much larger area.

All this takes time and effort and not all those working on this are retired, would you like to join the Gala committee in the future? Do give me a call. Could you help this year? Half an hour or an hour can mean someone gets a break. Gala starts at 11am on August Bank Holiday Monday. I look forward to seeing you there.

With Thanks.

Chairman of Dentdale Memorial Hall Trustees/Dent Gala Committee Sarah E Woof. (25212)

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**SEDBERGH & DISTRICT
 COMMUNITY OFFICE**

It's nearly that time again ... Joss Lane and Loftus Hill car parking permits run out on 31 August. As ever, the Office will be selling the new ones; we intend to start selling 2012-13 permits on Monday 20 August, and the Office will be open on Saturday 1 September from 10am until 4pm so those people with full-time jobs can get sorted out more easily.

You may not know that the Office hires out the gazebos (pop-up canopies) that you see at the Wednesday market, Sedbergh Gala, Dentdale Show and many other places. We have four new heavy-duty ones courtesy of a grant from Sedbergh and District Local Area Partnership and seven of the old faithful green-and-white ones. They cost £5 a day each and stakes, weights, sides and folding tables can be borrowed at no extra charge. You can even get help putting them up, although we will usually ask for a small contribution. Get in touch if we can help.

Andi Chapple

DISTINCTLY DALES

The Dales Tourism Business Network is a new initiative aimed at assisting businesses across the Dales to boost their revenues by helping each other. It's free to join and full details can be found at www.dalestourism.com.

One project of particular note is the **Distinctly Dales project**, commissioned by the Yorkshire Dales National Park Authority and Nidderdale AONB. There are a range of materials you can now use to benefit your business. Just use the password "distinctly" and you can download them immediately from www.dalestourism.com/distinctly.html.



The network is planning more no-cost **collaborative marketing activities**, which are detailed on www.dalestourism.com/marketing.html.

In addition, there are initiatives aimed at locals and visitors alike which encompass everything from Dales-based wool industries to what to do when it's raining!

The Tourism Network is run by Susan Briggs who has over 25 years' experience in tourism marketing and is giving a lot of her time voluntarily to creating this new network. Have a look at the website and see what she can offer you!

Laura Rosenzweig

CARLISLE - SETTLE RAILWAY

On Thursday 28th June, the area was subjected to a serious downpour which caused major problems to householders and travel on the roads and rail were disrupted.

The once doomed Settle-Carlisle Line came to the rescue as the only rail route open between England and Scotland. The West Coast Main Line was blocked by a landslip near Oxenholme, and the East Coast Main Line was similarly closed north of Newcastle.

Virgin Trains, whose drivers are familiar with the Settle-Carlisle line for use during planned diversions, ran a limited service across the roof of England route, once threatened with closure until relieved by then Transport Minister Michael Portillo in 1989.

Richard Morris, Chairman of the Friends of the Settle-Carlisle Line - the group that campaigned for its retention and which now supports its day to day running - said "It is rare for both East and West Coast Main Lines to be blocked simultaneously. The Settle-Carlisle Line is remarkably robust and we are delighted that on this occasion it can resume the purpose for which it was built - as the third route between England and Scotland."
Richard Morris

**SEDBERGH SCHOOL
CHORAL SOCIETY**

The new season begins on Monday, 10th September. We meet in Powell Hall, Sedbergh School at 6.25pm. Everyone who enjoys singing is very

welcome, and do bring along any friends. It will cost a bit more this year because the hiring of the books has gone up a lot. Do come and join us.

This year we are singing the "Rutter Gloria" and parts from the "Messiah" We are only giving one performance this year which will be in Kendal Parish Church on 8th December. However, there will be Free Transport laid on from Sedbergh for anyone who wishes to attend. Further details will be given nearer the time.

Please note the first rehearsal begins at 6.10pm. If you need any further information, please contact Mrs. Lesley Alban at The Old Vicarage, behind Sedbergh Primary School, or telephone her on Sedbergh 20233.

**SEDBERGH & DISTRICT
COMMUNITY FUND**

The next meeting of the committee to consider applications to the Fund will be at the end of August, and the deadline for receipt of applications at Sedbergh and District Community Office, 72a Main Street, Sedbergh LA10 5AD is Monday 20 August. The Fund is open to applications from any properly-constituted local organisation, not just charities, but is not open to applications from individuals. To get a copy of the criteria and application form, please drop in to the Community Office, write in, email office@sedbergh.org.uk or phone 20504.

Best wishes

*Andi Chapple
(Secretary to the Fund)*

CHURCHES TOGETHER

This summer has seen changes at both St. Andrews and the Methodist Church. Alan Fell has now retired from St. Andrews Church, please see the 'News from the Pews' article for more details.

After nine years of dedicated ministry, the Methodist Circuit has bid farewell to Rev Tim Widdess and Janet as they move to retirement in north Lancashire. The Methodist Church will soon be welcoming Rev and Mrs John Millard who arrive in September for 12 months, and look forward to their time as part of our community. During the month of August, enquiries should be directed through the Circuit Stewards, Martin Dodds [20308] or Liz Hutchinson [23278].

By the time you read this another Holiday Club will have taken place- a full report will be in the September *Lookaround*. *Emma Brown*

SETTLEBECK SCHOOL

On 13th June we went to the University of Liverpool for the Salters Chemistry Festival. When we got there we went to a lecture theatre which was fairly big. The University host discussed what we had to do with the Salters Challenge. This involved Forensic Science, including Chromatography and finding the non-metal element in salts. To do this we had to work in pairs and carry out the experiments separately then swap over to check each other's results. After lunch we went back to the hall



to receive the University Challenge. This consisted of us trying to lower the temperature of the water to 10.5 degrees Celsius from room temperature in exactly 45 seconds. In the test we only managed to get 10 degrees Celsius. After every group had finished we went to the lecture theatre where we watched some amazing experiments and we all received a prize.

*By Gael, Scarlett,
George and Adam - Year 8*

YORKSHIRE DALE NATIONAL PARK

YDNPA Member reappointed
Grassington Parish Councillor Andrew Colley has been appointed to the Yorkshire Dales National Park Authority for a second, four-year term.

Mr Colley, who lives in the village and helps run a bed and breakfast business with his wife, first became a Member in 2008 and is the Authority's Member Champion for the Natural Environment.

He is a former Chairman of the Dales Support Group of the Rare Breeds Survival Trust.

HOME MADE MARKET

Thanks to the 4 or 5 people who responded to my previous articles re a market once a month for Home Made goods, sadly we needed more than that to get it off the ground. Also I just do not have the wherewithall to run with this at the moment. Perhaps those interested could have a stall on Sedbergh market once a month? If you are interested in this do get in touch and I can link you together. Many thanks. Sarah (25212)
Thanks. Sarah

YORKSHIRE DALE NATIONAL PARK

A new plan that will see more affordable housing being built in the Yorkshire Dales National Park came into force in June.

Members of the Yorkshire Dales National Park Authority voted to adopt a new housing development plan that should see more land being released over the next 10 years for homes for local people.

It identifies 29 new sites for development – ranging in size from two houses to up to 30 – and potentially providing up to 236 new homes. Half would be affordable homes to rent or buy, probably through the involvement of a local housing association. The remainder would be open market housing with a legal agreement restricting their occupancy to people who need to live or work in the National Park.

In January the document went before planning inspector David Vickery, who rejected four other small

sites in the Upper Dales. Authority Members today repeated their disappointment that Mr Vickery had ignored their plea to reinstate those sites, but expressed their satisfaction with the rest of the Plan.

DENTDALE CLUB



The Age UK Club meets from 2 to 4pm in the Sedgwick Room, Dent every first Friday of the month where there will be Presentations from various people as follows.

3rd August

Jock Cairns - Dent Parish Council

7th September

Laura Clare - Yoga

5th October

Richard Chambers - Brazilian Rain Forest Slide Show

2nd October

Local PCSO

7th December

Christmas quiz and indoor games - Age UK

There is always Tea, Coffee, cake, games and chat...

All welcome - Please call Linda Greensmith for further info 01539 728118

SOUTH LAKELAND CARERS SUPPORT

The monthly Carers Group run for South Lakeland Carers will not take place in August this year and by September things will be a bit different, watch this space! 01539 815970.

Dear Friends

I am writing to offer my warmest thanks to the very many of you who contributed to my final weekend here as Vicar. The performance of Mozart's Requiem and the Ave Maria from Monteverdi's 1610 Vespers on Saturday evening were a wonderful highlight, only to be richly complemented by Sedbergh School



Choir's singing of the Sunday Eucharist. So many old friends were there on both occasions that it was hard not to be overwhelmed.

The presentation and barbecue were a delight and the generosity of your gifts beyond imagination.

May I thank you for your many kindnesses and your hospitality over

the years. It has been a privilege and a deeply-enriching experience to minister in Sedbergh, Cautley and Garsdale, and Firbank, Howgill and Killington, and I thank you for all those good moments that we have shared.

As I leave and the process begins for appointing my successor, may I wish our local communities and our spiritual communities well, as a new and unknown future unfolds in so many ways.

Yours very sincerely, *Alan Fell*

KENDAL UNITED

Reception and Year One Football
Kendal United have now started football, fun taster sessions during the school holidays for reception and year one juniors every Saturday at Castle Park School, Sandylands, Kendal 11.30am till 12.30pm from 28th July up to 1st September. All coaches will be FA qualified and there will be a level 2 qualified coach available for parents to discuss opportunities to achieve FA coaching qualifications. For more details to join the areas most successful junior football club on and off the pitch, come along or e-mail Tim at tppryor@sky.com *Caspa*

R. S. P. C. A. Westmorland Branch

Thank you to all those who supported our street collection on a very rainy June 16th.

The total raised was £96 which will go towards animal welfare locally.


Pat Bainbridge & Christine Glyn

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 From this month, The Methodist Church will no longer have a separate service at New Street but will all meet together monthly at the Peoples Hall. So it was good to have a larger gathering especially as it was also the last time, while being our minister that Tim Widdess will speak at the service. We took the opportunity to thank him and Janet for their support over the years by giving them a small gift. Also to remind them what they are missing we took a photograph for them, of us all which will be framed and we will call to make sure it is on the wall in their new home!! Janet spoke to the young people and Tim spoke movingly about

the woman who was healed as she reached out to Jesus in the crush of the crowd. His power and her faith changed everything. Crafts for the children and coffee finished the morning.
 So it's forwards to next month and 5th August and then not until the 30th September at 10.30am. as we are welcoming our new minister, Rev John Millard, in the Church at the beginning of September.
 Also some breaking news! We are hoping to have the Christian writer and broadcaster Adrian Plass to speak in Sedbergh at the end of September, so watch out for further information. This is an opportunity not to be missed!
Rachel Pedley

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DENT GALA (2)

To keep the very popular and much loved Pillow Fight at this years Gala is proving rather difficult due to the (understandable) concern of some of the committee regarding safety. One thing I need please is a photograph of the Pillow Fight, does anyone have one? It must be the pillow fight at Dent Gala (although one of an identical set up would help).

These days the Health & Safety aspect raises its head in every aspect of life but so surely must common sense or we will soon have no "safe" attractions to have at the Gala. We do hope to include this particular sideshow and anyone with any comments, for or against please do contact me, the Chairman, Sarah E Woof on (015396)25212. We also do need some more helpers for Gala Day and many thanks to those who have already responded in this way. Bank Holiday Monday, August 27th 11-4 behind the Memorial Hall & Primary School. See you there!

Sarah Woof

CARLISLE SETTLE RAILWAY

This summer sees a series of opportunities to be shown the historic areas around the Ribbleshead Viaduct and the nearby Blea Moor Tunnel on the world famous Settle-Carlisle railway.

Guided tours take place each Wednesday from 4th July to 12th September inclusive - plus Saturday 18th August. Each tour day starts

from Ribbleshead Station at 1025 - timed to coincide with train arrivals from Leeds and Carlisle. Tours end in time to catch return trains.

There are two tours each day, one a short tour of the viaduct only and a longer one of the viaduct and the tunnel. Bring waterproof clothing, strong footwear - and a packed lunch for the longer tour.

The tours are put on by the Friends of the Settle-Carlisle Line. Organiser Peter Davies said "These gentle walks are a fine opportunity for people to discover more about the amazing history of Ribbleshead - and to take in the stunning scenery besides. The story of how they built the line is impressive throughout but nowhere more so than at Ribbleshead."

For more details about the walks you can e-mail walksinfo@settle-carlisle.com or visit www.foscl.org.uk

LADIES N. F. U.

On the evening of the 26th June twenty members travelled to Lancaster for the evening cruise on the canal.

Leaving Lancaster at 7.30pm we sailed to Hest Band sailing over the Lune Aqueduct which has been recently restored with money from the Heritage Lottery Fund and Lancaster City Council.

A Hotpot Supper was served on board, after which we all took part in a quiz on the return journey to Lancaster for 9.30pm. A pleasant evening was enjoyed by all.

**DENTDALE
CHRISTIAN FELLOWSHIP**

This continues on the 4th Sunday of every month at "Rhumes" in Dent, in June David and Carole Brennand shared with us about their involvement with Canal Ministries on the waterways of Britain. They shared about meetings and conversations they have and outreach events in partnership with local churches they get involved in. If you are near a canal look out for their boat "Days of Elijah". All welcome to our fellowship.

J & S E Woof. 25212

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SETTLEBECK HIGH SCHOOL

Big Bang Fair

The Big Bang Fair was run by the STEM club by a group of year 7's and 8s. We invited a group of year 7s and 8s from different schools in the local area (QES, QKS and KSGS). We showed them around and did some challenging experiments for them to come up with a conclusion for the challenge. We then announced the winning group which was Kirkby Stephen Grammar School as they had the best scientific explanation for the experiments.

We have lined up a new challenge about HEP (Hydro Electric Power) for the end of term when we will be inviting the local schools back to have a few more competitions: designing the best HEP turbine and fastest rockets. We are looking forward to this and working with the other schools.



STEM is a great opportunity to learn and try something new; we all enjoy it so much!

By Bryony Leddy, Thomas Hall and Stanley Gough

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See Page 33

COUNCILLOR CORNER

DENT READING ROOM:

It is over two years since it was first suggested that the Library Buses had run their course and I very well remember the concern of Dentonians. It was shortly afterwards that I heard there was the embryo of an idea of something called Library Links and right away I suggested that Dentdale be consulted. So, thanks to an amazing amount of hard work from residents we now have a brand new Library Link in Dent Reading Room officially opened on July 3rd. This gives much better access to books and other services than a Library Bus ever could. If you haven't joined yet remember that the Library Link allows you to borrow every lending book in the county library service, not just those presently in Dent. I gave the project £500 of my member grant money, an overly modest contribution to a marvellous project.

APPLEBY HORSE FAIR:

Our feedback event confirmed what we already knew: there were several difficulties caused by travellers to the Appleby Horse Fair this year. It has to be said, most of the issues centred around Devil's Bridge, but there were also some problems around Scrogg Bank. All agencies are agreed that we need to be firm with those who would disregard the regulations: we must not allow matters to drift back to how they were three years ago.

PENNINE BRIDLEWAY:

Last month I was invited back to Yorkshire Dales for a half day to celebrate the official opening of the

Pennine Bridleway. This was a project which had just been designated when I first became a member of the park in 1996. As a member, and sometimes chairman of the Rights of Way Committee which became the Access Committee I was probably more involved than most members. The tape was cut by Martin Clunes off the back of a fairly large horse. Martin was there as representative of the British Horse Riders Federation. Both Roger Bingham and I found him to be a very pleasant man who wears his celebrity with great humility.

Over the fourteen years I was involved members were brought in was when there were problems and most problems centred around Long Preston. There is still no official way of taking horses over the A65. Personally I think an underpass will be the only safe solution. When I was in France last month I took the opportunity to use similar routes and it is very clear that underpasses and bridges were often used over there in situations where there was much less of a problem. Long Preston might seem a long way from here but the Bridleway goes through Dentdale, over the Coal Road to the Moorcock, down Mallerstang and finishes at the Fat Lamb. Over the years as little bits have been opened it has already had many users. Let us hope it continues to prosper.

*Councillor Kevin Lancaster – 015396
20800, 07980 844 695 (preferred),
kjlanc@kjlanc.demon.co.uk, Fellgate,
Dowbiggin, SEDBERGH, LA10 5LS*

DENT READING ROOM LIBRARY

The Dent Reading Room Library link was officially opened on Monday 2nd July by Alan Forsyth, a trustee of the Hadfield Trust. Some 50 people attended the opening, including a number of representatives from Cumbria County Council and official members of Cumbria Libraries, representatives of those who helped to fund the updating of the Reading Room, the Head Teacher of Dent Church of England Primary School with some of the children and many members of the Dentdale community. The opening was followed by afternoon tea and the opportunity to look at and borrow some of the library books on display.

The following day was a learning curve for us all!. Some forty adults, children and volunteers arrived throughout the day and rapidly got to grips with using the computer to check out books and even return books that had been taken out from Kendal or Sedbergh libraries Others joined the library who had never been members before, enjoying the opportunity to choose from a range of attractive library cards.

On Saturday a queue had formed before the library was opened at 9am and right through to 2pm there was a steady stream of adults and children. As so many books had been taken out, on Tuesday 10th July a representative from Kendal library arrived with 4 more boxes of books. New books will be delivered on a



regular basis by a representative from Kendal library.

Throughout the summer holiday Cumbria County Council runs a scheme for children between the ages of 4 and 12 called Story Lab. This involves children reading 6 books between 14th July and 9th September. They have a folder to record their reading, are given a bronze sticker and a Story Lab key ring after reading 2 books, a silver sticker and a Story Lab wristband after reading 4 books and a gold sticker, a certificate with their name on and a medal after reading 6 books. Dent School is keen to encourage the children to take part so they will be using the library throughout their holiday.

A final reminder that the library will be open every Tuesday from 9am to 7pm and every Saturday from 9am to 2 pm. All are welcome.

Rita Corpe

As a regular reminder, details have been included on the 'Public Information' page on the back of the Lookaround. Ed

**SEDBERGH & DISTRICT
HISTORY SOCIETY**

visit to Hest Bank, 27 June

Bad weather and other factors reduced attendance at Sedbergh & District History Society's recent visit to the village of Hest Bank but six members were accompanied around the village by Peter Wade, who runs a programme of walks around the Morecambe area. This walk was entitled 'Mawson's Garden Village'.

The architect, Thomas Mawson designed several houses in Hest Bank, including his own house, "Mallards" overlooking the shore. Mawson's houses were often white and usually had slate roofs and delicate multi-paned windows. He often added a feature such as a buttress, a balcony, a round chimney or an especially decorative window. Some of his buildings have been replaced or altered, not being listed, but we saw a group of three white houses surviving with original features: a balcony, multi-paned windows and a porch with columns. Beyond the houses he designed, Mawson's influence can be seen in the many white houses in the village and in some fine houses built in a similar style.

On the shore, Peter Wade pointed out the remains of the pier protruding from the sands. It was built by the Hest Bank Shipping Company for loading goods carted from the nearby Lancaster Canal. The canal was built in the late C18th for the "black and white trade" i.e. coal coming north

and limestone going south. It also carried up to 3,000 passengers a year from 1833 until superseded by the railway. Above the canal stands the old Hest Bank Hotel which has an upper room with large windows facing the bay. This was known as the Lantern Room and functioned as a lighthouse for travellers crossing the bay from Kents Bank.

The adjoining village of Slyne has no Mawson houses but some interesting buildings. The Parish Church is an Austin & Paley building dating from 1900. It is of unusual design with a red tiled roof and squat central tower. Slyne Manor House has mullion windows and a date stone "1681 G C M" for Cornelius and Mary Green. Cornelius' grandson Thomas Green is supposed to have hosted Bonnie Prince Charlie.

The A6 through Slyne is part of the Turnpike built by the Garstang & Heron Syke Trust in 1761. A milestone, using an odd mixture of Roman and Arabic numerals, reads "Lancaster III miles" and "Burton VIII 1/2 miles". Several houses and inns have C18th date stones, for example The Keys, dated 1727. Opposite are the village stocks, beside the pound or pinfold which is a grade II listed structure built mid-C17th and used until C19th.

Finally, returning to the shore, we passed Applegarth, another house built for himself by Thomas Mawson when he returned to Hest Bank after a period living at Ingleton. He died here in 1933. *Judith Robinson*

NEWS FROM THE PEWS



One month into the Interregnum, only seven more to go should our recently drawn up plan run smoothly. Advertising for a new Vicar of Sedbergh, Cautley and Garsdale will be in The Church Times during September with interviews taking place during October thus allowing the successful applicant, our new incumbent, time to make his or her move to Sedbergh about the middle of January. We understand word has got out already about the vacancy and caused some interest from various parts of the country. Of course we feel that Sedbergh will tick many boxes for someone looking for a new position. With three lovely, characterful, well loved and well looked after churches whose congregations go the extra mile to support and care for the buildings; an all singing all dancing newly built vicarage within easy reach of the parish church and all this situated in a very picturesque, friendly town with so much on offer, who wouldn't want to come here?

We have to "set our stall out" in the form of a "Parish Profile" which will be given to each applicant who can then decide after reading all about the church and what happens in this parish whether they are still interested in applying for the post. Several heads have got together to prepare this; another job crossed off

the list!

It is quite an exciting and exacting time right now as alongside the Interregnum we are planning our move out of the Diocese of Bradford and into the Diocese of Carlisle. This is due to take place in Advent; as yet we have no definite date/details to publish.

In the meantime it is "Normal Service". All the usual services are being held and covered by Rev Vic Hopkins with our local retired Rev Andrew Folks helping and other ministers from both Bradford and Carlisle Dioceses are keen to help us by taking services during these next few months.

Chameleons and their puppet show were the highlight of the Family Service in June. They worked so well together, just as they do on Fridays after school performing little plays about the story Judith and Vic have told them. Their imagination and humour know no bounds and we look forward to their next performance in church.

Families will be getting together to celebrate two weddings and several baptisms that are listed in the church diary for August and September.

Vic is going to be a very busy man! He will have no complaints, as he loves taking these services and we look forward to welcoming friends and family members who join the congregation for these special occasions.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

THANDI FRIENDS PROJECT

An update from our locally based charity which works with the Thandi community in the Western Cape, Republic of South Africa.

We have good news, good news and good news! Alan and Chris Clowes have finally secured some South African funding to support the crèche. This was no easy task as it required dogged perseverance necessary to deal with the bureaucratic systems in South Africa. It doesn't cover the full costs of the crèche, so we are still heavily reliant on our crèche sponsorship scheme – details available from Helen



Wilberforce – see contact details below.

We have also made a successful bid for some money from the Quaker Foundation to support the (one year) appointment of a South African Thandi Project Co-ordinator. This is a role we urgently need. Alan and Chris, our most significant UK volunteers, are out in South Africa for a maximum of six months a year. This leaves the work of the charity 'on hold' for the rest of the year. A Project Co-ordinator will ensure that volunteers going out to South Africa when other UK residents are not there are safe, well accommodated, and well-informed and that our projects are sustained throughout the year. One of the first jobs of the Project Co-ordinator will be to secure on going funding for the post.

We have more fundraising news too.

The ladies of Killington WI continue to raise funds to support the feeding programme at the local school – De Rust Futura Academy. The 'name the bear' competition raised nearly a hundred pounds thanks to all those who participated at the Sedbergh Gala. Two students from Kirbie Kendal School are set to do a Coast to Coast sponsored bike ride, from St Bees to Robin Hood's Bay in August this year. They aim to raise £4-5000 which will go to extend the crèche building. The crèche is currently full of babies! There are more than will fit into the small room that we have for them.



Sounds like things are going well, but we still welcome the support of all our volunteers and fundraisers.

Contact details: Helen Wilberforce – Chair 015396 21562
ehwilberforce@btinternet.com

TIM FARRON MP

We are starting to see the publication of the results from last year's census and they make interesting reading. The population of Cumbria has grown by about 10,000, most of this growth has been experienced in Carlisle which, as a consequence is now the largest district in Cumbria, pushing South Lakeland into second place. Our population has remained fairly steady at around 103,000.

What is particularly noticeable is the way that the shape of the population is changing in South Lakeland. We have seen a decline in numbers of children growing up in the area and of the numbers of people of parenting age. If the figures are to be believed (this is a very early stage in the analysis) the number of people aged between 30 and 34 in South Lakeland has fallen by nearly a quarter over the past 10 years.

This clearly has a big impact on what it is like to live around here. I have long believed that the quality of life in an area depends heavily on having a good mix of different people living there. We need children to grow up near their grandparents, to have good health care we need a fund of well qualified people of all ages. What the Census shows is that this is no longer happening.

People are being driven out of our area by the high price of property and the difficulty of finding well paid jobs. This is why I was particularly pleased to see two new initiatives recently, one local and one national. Locally

the district council has agreed to fund 15 new apprenticeship schemes for a variety of small businesses.

Nationally, I was very pleased to see the launch of the Government's Future of Farming Group. This will be charged with looking at how to increase the numbers of enthusiastic young entrepreneurial people wanting to go into farming. I will be doing all that I can to support their work.

One of the key drivers of more jobs is better broadband provision. Many people worked hard to win over £20 million in funding to use Cumbria as a pilot for superfast broadband in rural areas. At the time I was worried about how the county council would manage this and sadly it appears my concerns were well founded as the bidding process appears to be descending into chaos with only one bidder left. I have called on the Government to step in and ensure that this gets sorted out.

Finally our campaign for a new radiotherapy unit at the Westmorland General Hospital continues. I was alarmed to read that the North West has an 11% higher death rate from cancer than the average for England (30% higher for heart disease). This is yet another argument for improving the cancer care that the NHS provides us with in this area by bringing it closer to patients. I have written to the NHS Commissioners who will make the decision over whether to go ahead with the unit or not, telling them that every day they delay risks more people's lives and asking them to give the go ahead for

the unit with the utmost urgency.

As ever if there is anything I can do to help, please get in touch by writing to me Tim Farron, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or emailing me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP

Regular Events/Meetings			
1000	Every Monday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1200	Every Monday	The Monday Club	SMCR
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	Library
0930	Every Tuesday term time only	Casterton Baby and toddler Group	CS
1300	Every Tuesday	Knit & Natter	FM
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	CO
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1300	Every Wednesday	Art Society	PH
1315	Every Wednesday	Zebras	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st Thursday	Toy Library	PH
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1500	Last Thursday	Cream Teas	Varied
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1400	1st Friday	Age UK Dentdale Club	DMH
1930	Closed for summer	Monkey House Café	Library

SEDBERGH METHODIST CHURCH

Farewell to Methodist minister after 9 years.

We have said our good-byes to Tim, Janet and Barbara at the farewell service on 29 July, Tim has cared about God's work in the circuit and the chapels. He has cared about the spiritual and practical health of the chapels and the circuit to be effective in that work. Personally he has shared himself with us as a sensitive human person, in sorrow, in frustration, and in joy. Through preaching, teaching and leadership he has urged and encouraged us as congregations and as individuals to embrace our discipleship as a whole life calling and blessing. He has prayed with us and for us. He has loved us despite ourselves.

Janet has offered us her own distinctive gifts in preaching, teaching and caring. She has been a significant presence in the Christian life of the circuit and a personal friend.

Barbara has given an unselfconscious ministry of patience, good humour and grace to all who know her.

Together they have lived and struggled and rejoiced with us through varied circumstances, but always on a foundation of steadfast faith.

We give thanks to God for their time with us, and pray for his blessing on them as they open a new chapter in their pilgrimage of life.

Martin Dodds [Circuit Steward]

Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/10	Mr Chapple	Sed:	22045
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	01/09	Mr Hartley	Dent:	25317
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/08	Mrs O'Neill	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Garsdale Ladies Group	09/08	Mrs Ramsbottom	Sed:	21013
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

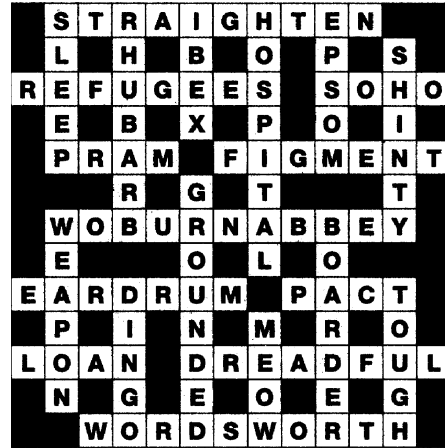
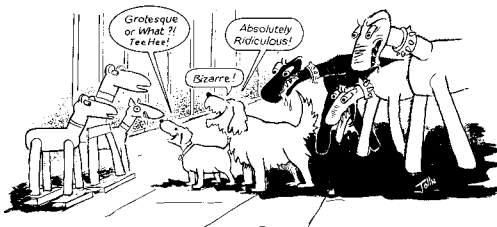
Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	01/09	Mrs Escholme	Sed:	20376
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	07/12	Mr Stephenson	Sed:	21487
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	01/09	Mr Axford	Sed:	21019
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group *	08/12	Ms Gardner	Sed:	20570

* = Latest Amendments

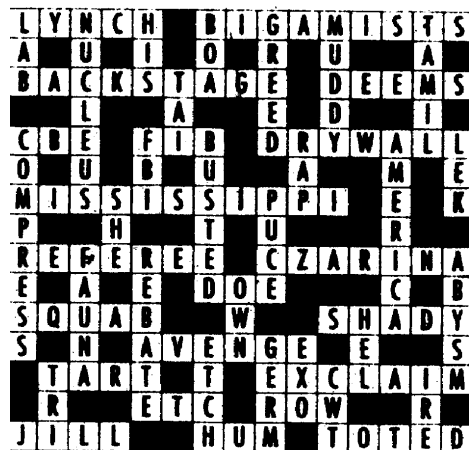
If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

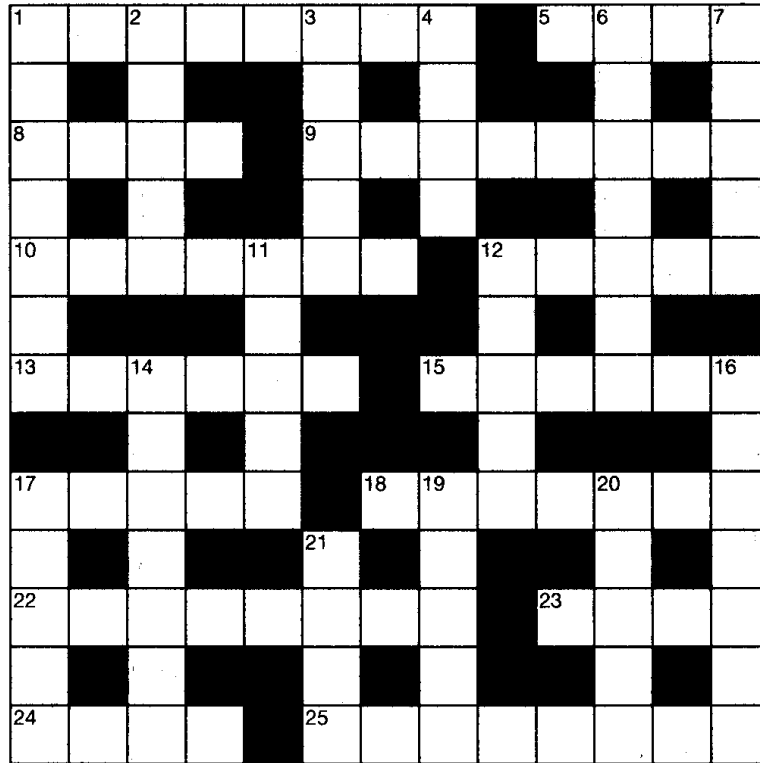
PLACES OF INTEREST TO VISIT IN THE AREA

Bruce Loch, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road *
Friends Quaker Meeting House, Brigflatts.
George Fox's Quaker Pulpit, Firbank
History Society, Community Office
Holme Working Farm, Middleton *
Jubilee Wood, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Methodist Church, New Street
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
United Reformed Church, Main Street
Information Centre, 72 Main Street
Winder Fell, above Sedbergh
* = Entry Fee Applicable



7	5	2	6	3	9	8	1	4
8	6	9	4	5	1	7	3	2
1	3	4	7	8	2	6	5	9
5	9	6	8	2	4	3	7	1
3	1	8	5	9	7	4	2	6
4	2	7	3	1	6	5	9	8
9	4	5	1	7	8	2	6	3
2	8	3	9	6	5	1	4	7
6	7	1	2	4	3	9	8	5





ACROSS

- 1 Russian monk (8)
- 5 Following (4)
- 8 Couple, two (4)
- 9 European republic (8)
- 10 African capital (7)
- 12 Railway freight truck (5)
- 13 Fairness (6)
- 15 Package (6)
- 17 Scoff (5)
- 18 Group of Caribbean islands (7)
- 22 Dish of eggs, beaten and fried (8)
- 23 Roman goddess of the moon (4)
- 24 Light fog (4)
- 25 Shiner (5, 3)

DOWN

- 1 Put back (7)
- 2 Catapult (5)
- 3 Underground root (5)
- 4 World's longest river (4)
- 6 Infuriated (7)
- 7 Educate, instruct (5)
- 11 Go inside (5)
- 12 Evelyn - - -, novelist (5)
- 14 Vain, futile (7)
- 16 Capture, trap (7)
- 17 Violent weather (5)
- 19 Cub scout leader (5)
- 20 Rodent (5)
- 21 Cigarette end (4)



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2012/09) ...	21529
	<i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2012/11)	20754
	<i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i>	
	Web Site: www.holmecroftbandb.co.uk	
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2012/11)	20360
	<i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i>	
	e-mail: ali@interact.co.uk	
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12)	20251
	<i>1D; 1T; TVL; CH; DW; P; DR; VB</i>	
	e-mail:- wheelwright.cottage@homecall.co.uk	
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2011/12)	20309
	<i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i>	
	e-mail: enquiries@theoldjoinery.com	
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2013/06)	21789
	<i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2012/02)	21808
	<i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB:</i>	
	e-mail: sangold.kwood@virgin.net	

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2012/11)	20360
	<i>Self-Catering Sleeps 6-8</i>	
J Garner	2 Millthrop, Sedbergh LA10 5SP	01942 216058 or 07792 445257
	<i>Sleeps 4; CH; CW; DW; TVL</i>	
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2012/09)		01969 667356
	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Religious Services in Sedbergh

CHURCH OF ENGLAND
 St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15
Rev. V Hopkins Tel: 21455
Church Wardens:
 Tony Reed Screen 21081
 & Susan Sharrocks 20754

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**ROMAN CATHOLIC**  
 St. Andrew's Parish Church  
 Sunday 12.00  
 Holy Days 19.30  
**Rev. Dr. P Campbell Tel: 20918**

~~~~~

METHODIST CHURCH
 New Street
 Sunday 10.30
Martin Dodds (Circuit Stwd) Tel: 20308

~~~~~

**UNITED REFORMED CHURCH**  
 Main Street  
 Sunday 10.30  
**Rev. C Marsden Tel: 22030**

~~~~~

**SOCIETY OF FRIENDS
 QUAKERS**
 Brigflatts
 Sunday 10.30
Tess & Philip Satchell Tel: 20005

~~~~~

**DENTDALE  
 CHRISTIAN FELLOWSHIP**  
 Rhumes, Dent LA10 5QJ  
 Every 4th Sunday 1900  
**Sarah Woof Tel: 25212**

*Enquiries for the following services,  
 please ring the relevant telephone number*

~~~~~

CHURCH OF ENGLAND
 Cautley & Garsdale
Rev. V Hopkins Tel: 21455
Church Wardens:

Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Firbank; Howgill & Killington

Dent & Cowgill
Rev. P Boyles Tel: 25226

~~~~~

**METHODIST CHURCH**  
 Dent; Dent Foot;  
 Cautley; Fell End;  
 Garsdale Street; Garsdale Low Smithy;  
 Hawes Junction & Frostrow  
**Martin Dodds (Circuit Steward) Tel: 20308**

~~~~~

SEDBERGH CHRISTIAN CENTRE
 5.30 pm People's Hall every Sunday
Tel: 20588 or 20503
www.sedberghchristiancentre.co.uk

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**worship@peopleshall**  
 10:30 am Sunday 6 November  
 10:30 am Sunday 11 December  
**Beth & Sandy Roy Tel: 20785**

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**UNITARIAN & FREE
 CHRISTIAN CHAPEL**
 Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30
Rev. G Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£3.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 7th December 2013

AUGUST		
1	1000	Coffee Morning - Howgill Church URCR
1	1000	Sporting Spirit (till 4/9) DCMH
1	1430	Cream Tea Afternoon Bull
2	1930	WIH Horseback in France FCH
3	1400	Craft Exhibition & Demonstrations (7) HGCM
3	2000	Robin H Bowen Harp Concert (6) SedSTS
4	1000	Coffee Morning (6) WFF
4	1400	Craft Exhibition & Demonstrations (7) HGCM
4	1930	Sheila Dibnah and Fred (6) StAD
5	1400	Craft Exhibition & Demonstrations (7) HGCM
8	1000	SYA Litter Pick Sedbergh
8	1000	Coffee Morning - GVH URCR
8	1400	FM Kids Drop-In Craft Club (72) FM
8	1915	WID Open Meeting + Jacobs Join DMH
8	1930	WIS Making Marzipan Fruits PH
9	1200	Lunch Club Red Lion
10	1400	Craft Exhibition & Demonstrations (7) HGCM
11	1400	Craft Exhibition & Demonstrations (7) HGCM
11	1930	Organist Roger Bush Entertains (72) StAD
12	1400	Craft Exhibition & Demonstrations (7) HGCM
14	1930	Domino Drive FCH
15	1000	Coffee Morning - NW Cancer URCR
15	1400	FM Kids Drop-In Craft Club (72) FM
16	1030	Jazz up a Bag (72) FM
16	2100	Quay Change (72) G&D
17	1000	Art Society Annual Exhibition Starts (1) SedSL
17	1930	Canticum Choral Classics (1) Ambleside
18	0800	Barbon Show (72) BMP
18	1000	Art Society Annual Exhibition (1) SSL
18	1400	Quiet Garden (*) RD
18	1930	Canticum Choral Classics (1) Kendal
19	1000	Art Society Annual Exhibition (1) SedSL
19	1930	Canticum Choral Classics (1) StAS
20	1000	Art Society Annual Exhibition (1) SedSL
21	0900	SLDC Road Show JLCP
21	1000	Art Society Annual Exhibition (1) SedSL
22	1000	Coffee Morning - Beekeepers URCR
22	1000	Art Society Annual Exhibition (1) SedSL
22	1400	FM Kids Drop-In Craft Club (72) FM
23	1000	Art Society Annual Exhibition (1) SedSL
24	1000	Art Society Annual Exhibition (1) SedSL
25	1000	Art Society Annual Exhibition (1) SedSL
25		Dentdale Show (72) Dent
26	1000	Art Society Annual Exhibition (1) SedSL
26		Dentdale Show (72) Dent
26	1900	Dentdale Christian Fellowship (72) RD
27		Summer Bank Holiday
27	1000	Art Society Annual Exhibition (1) SedSL
27	1200	Dent Gala (72) Dent
28	1000	Art Society Annual Exhibition Ends (1) SedSL
29	1000	Coffee Morning - StAS Missionary URCR
29	1400	FM Kids Drop-In Craft Club (72) FM
SEPTEMBER		
1	1000	Sporting Spirit (till 4/9) DCMH
1	1930	Flicks in the Fells PH
2	1000	Creative Feltmaking Workshop (72) FM
4	1900	Aglow KL KLI
5	1000	Coffee Morning - Kidzone (72) URCR
5	1430	Cream Tea Afternoon Bull
6	1930	WIH Taxidermy HVH
11	1400	WIK Literary Tour of Sedbergh PH
11	1930	Domino Drive FCH
12	1000	Coffee Morning - Lookaround URCR
12	1915	WID Denman College Committee DMH
12	1930	WIS Mum's Junk PH
13		Westmorland Show Crooklands
13	1200	Lunch Club Red Lion
14	1845	Kendal Torchlight Procession Cancelled
16	1400	Messy Church SMC
17	1900	Chamber of Trade L
17	1930	Firbank Church Harvest Sale FCH
18	1230	Health Centre Closed for Training (72)
20	2100	Quay Change (72) G&D
22	1400	Quiet Garden (7) RD
23	1900	Dentdale Christian Fellowship (72) RD
OCTOBER		
2	1900	Aglow KL KLI
3	1000	Coffee Morning - URC URCR
3	1430	Cream Tea Afternoon Bull
4	1930	WIH AGM & WI Advisor FCH
6	1930	Flicks in the Fells PH
8	1400	WIK With Christmas in Mind PH
9	0930	Flu Clinic KLI
9	1930	Bingo & Tattie Pot Supper FCH
10	1915	WID Getting Ready for Christmas DMH
10	1930	WIS S Africa - Contrast & Change SMC
11	1200	Lunch Club Red Lion
12	0930	Flu Clinic HI
13	2000	PH Dance with Roe Valley PH

*The S & D Lookaround is edited, published & distributed monthly by
Dennis & Jacky Whicker and is printed by Stramongate Press.
The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.
Copies are available from Sedbergh Office Services,
Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.*

COVER PICTURE Station Road <i>By Dennis J Whicker</i>			
		12 1930 Domino Drive	FCH
		14 1230 Health Centre Closed for Training (72)	
		16 1930 Flicks in the Fells	PH
		APRIL	
		6 1930 Flicks in the Fells	PH
		8 1930 PH AGM	PH
		MAY	
		4 1930 Flicks in the Fells	PH
		JUNE	
		1 1930 Flicks in the Fells	PH
		JULY	
		6 1930 Flicks in the Fells	PH
		AUGUST	
		3 1930 Flicks in the Fells	PH
		SEPTEMBER	
		7 1930 Flicks in the Fells	PH
		DIARY KEY	
		BF = Brigflatts	
		BMP = Barbon Manor Park	
		BVH = Barbon Village Hall	
		CDC = Community Development Centre	
		CO = Community Office, Main Street	
		CTiS = Churches Together in Sedbergh	
		CWT = Cumbria Wildlife Trust	
		DCMH = Dales Countryside Museum, Hawes	
		DCP = Dent Car Park	
		DMH = Dent Memorial Hall	
		DMC/S = Dent Methodist Chapel/Schoolroom	
		FCH = Firbank Church Hall	
		FM = Farfield Mill	
		GVH = Garsdale Village Hall	
		HGCM = Holy Ghost Church, Middleton	
		HI = Hornby Institute	
		HS = History Society	
		HVH = Howgill Village Hall	
		JLCP = Joss Lane Car Park	
		KLI = Kirkby Lonsdale Institute	
		KVH = Killington Village Hall	
		L = Library, Main Street	
		LHCP = Loftus Hill Car Park	
		PH = People's Hall	
		RH = 'Rhumes', Dent	
		SetS = Settlebeck School	
		SLSB = South Lakeland Society for the Blind	
		SMC(R) = Sed. Methodist Church (Room)	
		StAS/D = St Andrew's Church, Sedbergh/Dent	
		SedSTS = Sedbergh School Thornley Studio	
		STO = Sedbergh Tourist Office, Main Street	
		URC(R) = United Reformed Church (Rooms)	
		WFF = Waterside Farm, Firbank	
		WID = Women's Institute, Dentdale	
		WIH = Women's Institute, Howgill	
		WIK = Women's Institute, Killington	
		WIS = Women's Institute, Sedbergh	
15 1900 Chamber of Trade AGM	L		
17 1000 Coffee Morning - Dent Meth Chap	URCR		
17 1230 Health Centre Closed for Training (72)			
24 0930 Flu Clinic	KLI		
24 1000 Coffee Morning - Garsdale Church	URCR		
27 2000 Howgill Dance with Kenny Bell	PH		
28 Clocks Fall Back			
NOVEMBER			
1 1930 WIH Mountain Rescue Experiences	HVH		
2 1830 FC Bonfire Night & Skittles Party	FCH		
6 1900 Aglow KL	KLI		
7 1000 Coffee Morning - British Legion	URCR		
7 1430 Cream Tea Afternoon	Bull		
8 1200 Lunch Club	Red Lion		
10 1930 Flicks in the Fells	PH		
13 1400 WIK AGM + Desert Island Discs	PH		
13 1930 FC Domino Drive	FCH		
14 1000 Coffee Morning - Bowling Club	URCR		
14 1915 WID AGM	DMH		
14 1930 WIS AGM & Jacobs Join	PH		
15 1230 Health Centre Closed for Training (72)			
16 1930 WIH Domino Drive	HVH		
19 1900 Chamber of Trade	L		
21 1000 Coffee Morning - "The Bells"	URCR		
30 St Andrew's Day			
DECEMBER			
1 1930 Flicks in the Fells	PH		
4 TBA WIK Christmas Lunch	TBA		
4 1900 Aglow KL	KLI		
5 1430 Cream Tea Afternoon	Bull		
6 1930 WIH Party	TBA		
8 1930 Flicks in the Fells	PH		
11 1930 Domino Drive & Mince Pies	FCH		
12 1000 Coffee Morning - Garsdale Church	URCR		
12 TBA WID Christmas Party	TBA		
12 TBA WIS Christmas Dinner	TBA		
13 1200 Lunch Club	Red Lion		
15 1400 Messy Church	SMC		
19 1930 Young Farmers Club Domino Drive	PH		
25 Christmas Day			
26 Boxing Day			
JANUARY			
5 1930 Flicks in the Fells	PH		
8 1930 Domino Drive	FCH		
15 1230 Health Centre Closed for Training (72)			
FEBRUARY			
2 1930 Flicks in the Fells	PH		
12 1930 Domino Drive	FCH		
20 1230 Health Centre Closed for Training (72)			
25 1930 FCH AGM	FCH		
MARCH			
9 1300 Dentdale Run	Dent		

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Dent surgery by appointment only - Monday

Evening surgery by appointment only –

Monday/Tuesday & Thursday evening

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons **(By appointment only)**

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk for further details

**When we are closed please contact CHOC
03000 247 247 or 999 if appropriate.**

Collinge Optometrist

Friday only

0900 to 1300 by appointment only.

DENTAL SURGERY

Finkle Street 20626

Mr I R Dawson & Mr B Houghton

Monday to Thursday 0900 - 1700

Friday 0830 - 1400

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH TOURIST OFFICE

Main Street 20125

Open every day 1000 - 1700

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail: office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office

01539 738772

www.cabsouthlakeland.org.uk/kendal.html

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY