

Sedbergh & District

LOOKAROUND

March 2013

Issue 308

Donation £1

Twenty Eight years ago, we had a dream that we could put together a small information sheet to include all the information about what was going on in and around Sedbergh which could be distributed to the community.

The first one was four pages big (or

small) and we have progressed every year with an improvement here and a change there until we have on this 27th Birthday an important presentation that arrives with you every month. Happy Birthday to us.

Dennis & Jacky Whicker

Rose Community Theatre, Sedbergh



STAR WARS

THE AZDA EMPIRE STRIKES BACK

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SATURDAY MATINEE ON 9TH MARCH AT 2.30PM**

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performances, £15

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CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

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MARCH BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:-
Cameron Horner who is 11 years old on 6th March and
Kate Thompson who is 11 years old on 14th March.

Please collect your vouchers from
Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh
which can be used in any shop in
Sedbergh & Dent.



		5	9	2	6		
	9		7			2	
		2			3		
2			7	1			8
	7			3		5	
6			2	9			1
		3			9		
	2			9		8	
		1	6		8	5	

Day	Name	Age
4	Beatrice DEIGHTON	8
5	Willow ASHWORTH	6
5	Ethan CLARK	10
6	Cameron HORNER	11
11	Grace CAPSTICK	9
10	Alana WILLIAMSON	8
12	Ruby ALLAN	10
12	Evie STANLEY	5
12	Edward DEIGHTON	6
13	Isabel JOHNSON	3
13	Emily BAINES	8
13	Sam LABBATE	9
14	Kate THOMPSON	11
17	Freya GARDNER	4
17	Fiona HOGGARTH	5
18	Danny HUNTER	8
20	Holly HAMLETT	6
27	Sophie WHITE	3
27	Zoe COWIN	7
27	Jack GARNETT	7
29	Zara GORNALL	4
29	Ellie-Ann STAINTON	4
30	Daisy ALLAN	2
	Nonagenarian & Over	
23	Elsie BAILEY	90

PERSONAL & SMALL ADS £1

DODD

The Family of David Dodd would like to thank everyone for their kind thoughts, cards and flowers following his sudden death on Friday 14th December 2012. Special thanks to Stephen Moore and Brian Goad.

This was submitted for the February Personals but was omitted in error. Sincerest apologies to the family. Ed.

=====

GARNETT

Happy Birthday Laura on 1st March. Love from Georgina, Nigel, Anne-Marie and Ben, Jenny and Dawn.

=====

FOR SALE

Minivator Stairlift. Excellent Condition. Length 4.5 metres. Straight run, right arm control, dual remote control top and bottom of run. Can be seen working in situ. Receipts and booklets available. £250 ovno. Universal folding bike. Fully adjustable seat and handle bars. 20" wheels. Ideal for caravan/boat/camper van use. £20. Babylist Foot Spa. As new c/w instruction book. Bargain £10. Ring 07769-575482 or Sedbergh 21898.

=====

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=====

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Hymen campervan B564. 1995. 2.5L diesel. £5,000 for quick sale 01524 382144.

FOR SALE

Ladies Apollo XC. 26 women's 17" bike. Including rear leggage rack, helmet, basket, panniers and documentation. Hardly used £40. Tel Sedbergh 21693.

=====

FOR SALE

Ping Anser Putter I W I Model in ex condition. Cost £105, for sale at £40. Also 2 Titlist Volkey Wedges 52° & 58°, £20 each. Tel: 21799 or 07790 758813.

=====

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Experienced Teen Horse Rider/ Groom available in school holidays and occasional weekends for exercising (hacking + arena) and capable to look after horse as an assistant or part-time care in the stable or basic grooming/feeding. Experienced in stable and good in the saddle. Please ring/text for more information if you're interested - 07534 800940.

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COUNCILLORS CORNER

Cllr Evelyn

In Sedbergh many people have got the message about exercise and a healthy lifestyle but it is not always easy to put this into practice in an area with a rainfall of over 80 inches a year. Sedbergh's Pulse Community Gym has now been homeless for more than a year since the closure of its former premises at Baliol School in February 2012. It had over 100 members, ranging in age from 16 to 85, with the majority aged between 50 and 75. The Pulse committee has looked at a number of locations, but none has proved suitable so far. If any readers know of a space to rent measuring roughly 4 metres by 9, even covering two or three rooms, please contact Sandra Gold-Wood on 21808.

On another medical issue: How secure will our confidential medical records be when details are

LENT LUNCHESES

**Every Wednesday
from 6th March**

ST ANDREW'S CHURCH ROOMS,
SEDBERGH

Soup & Roll & piece of fruit
12noon to 1pm £3

published online? The NHS, in a booklet about the change, writes: "By law, everyone working for us or on our behalf must respect your confidentiality and keep all information about you secure....No matter how careful we are, there are always risks when information is held on computers as there is when they are held on paper."

Even before records go on line I have concerns about security. Recently a resident told me that she had been pestered by an evening call from a persistent telephone saleswoman trying to sell her a special massage chair for arthritis for more than £1,000.. The saleswoman knew not only her name and ex-directory phone number but also details of her medical condition. The Medical Centre assured her that no unauthorised person had accessed its database but the chain in the NHS now stretches well beyond the public sector with many procedures outsourced to private concerns. If any readers have received similar phone calls where the caller seems to have an unexpected amount of

All Welcome

"Flicks in the Fells" ... Dent
at Memorial Hall

Saturday 2nd March

"Best Exotic Magnolia Hotel"

7 for 7:30pm

Saturday 18th May

"Hobbit"

6:30 for 7pm

Plus

21st September ~ 12th October

16th November

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information about their medical problems please contact me. In a recent survey by the Medical Protection Society four out of five people were concerned for the security of their medical records when details are published online. On top of that only 30 per cent of medics thought that publishing medical records online is a good idea.

Cllr Nick

For various reasons I often need to know where one Parish boundary meets with the next and which District Council ward adjoins the Sedbergh & Kirkby Lonsdale ward. Surprisingly it is quite hard to pick out Parish boundaries on Ordnance Survey maps, even at the 1:25,000 scale (the

orange-coloured Outdoor Leisure series). Much better and easier is to go to the following website:

www.election-maps.co.uk/electmaps.jsf Type in 'South Lakeland' in the box, click on 'Local Authority' then 'Go'. When 'South Lakeland District' appear on the right-hand side of the screen, click on this, then click on 'Show Layers' and tick 'Parish'. Now all you have to do is move the map around and increase or decrease the scale and you can see exactly where all the parish boundaries are, marked with blue dots.

So it soon becomes clear that Sedbergh Parish shares boundaries with a whole host of other parishes. Moving clockwise from the M6, there

Quilt Festival showing until 7 April

We're well into the Festival's third month with five beautiful quilting exhibitions, workshops, demonstrations and related gallery events.

WORKSHOPS: for more info see website...

Fri 15 Mar: £40 'Traditional Hand-sewn Welsh Quilts' with DeAnne Hartwell-Jones.

Sat 23 Mar: £40 'Recycled Quilts' with Lynn Setterington, also exhibiting '*Signatures*'.

Sat 13 Apr: £25 'Lovely Lampshades' (3 hrs) with Ruth McAllister of Quincy Lampshades.

Sat 20 Apr: £40 'Make your own Jewellery' with BBC Radio Cumbria's Sally Moon.



Weavers Café open 10.30-4 daily. Homemade soups, specials, bakes, 'All Day Breakfasts' & Sunday Lunches (book ahead 015396 21159) Bring your own alcohol **No corkage**. Free admission to café only.

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is Tebay, Orton. Ravenstonedale, Mallerstang, Garsdale, Dent, Middleton, Killington, Firbank and Grayrigg. If you are out on foot, bike or horse you will often come across ancient boundary stones, often moss-covered and half-hidden by vegetation in the lane verges indicating where one parish adjoins another. Sometimes the boundary follows an obvious feature such as the River Lune south from Lowgill or the ridge of a range of fells such as the Howgills or Middleton Fells. Would you have known that Dent Parish reaches up to the summit of Whernside? Or that the ward borders two other counties and three other districts?

Clearly the size of the population rather than the physical size of the parish determines the size of the parish / town council and the frequency of its meetings. Sedbergh and Kirkby Lonsdale are the largest councils in the ward of Sedbergh & Kirkby Lonsdale (there is a clue there!) followed by Dent, Casterton and Barbon. Meetings in Mansergh, Middleton and Garsdale are far less frequent. But they all count, they all have issues that need to be dealt with and we hope that as a team, Evelyn, Ian and I cover the whole ward effectively.

Cllr Ian

It's easy to dismiss very much of what happens at a local government



Sedbergh Community Development Centre New courses from March

Subject	Tutor	Wks	Day	Start	Times	Town
How to Buy and Sell on eBay	Chris Wood	2	Thu	14 Mar	Eve	K'Lonsdale
Taking Photos of People	Frank Balaam	1	Sat	13 Apr	Day	Sedbergh
Photography Day at Glasson Dock	Frank Balaam	1	Sat	20 Apr	Day	Glasson
Animal Photography Day at Dalton Zoo	Frank Balaam	1	Sat	18 May	Day	Dalton
Upland Navigation	Tim Deighton	1	Sat	13 Apr	Day	Dent
Lakeland Fell Navigation	Tim Deighton	1	Sat	11 May	Day	Langdale
The Geology of Cumbria	John Rodgers	6	Mon	15 Apr	Eve	Kendal
Gouache and Oil Pastel	Frances Winder	1	Sat	16 Mar	Day	Sedbergh
Experimenting with Inks	Frances Winder	1	Sat	11 May	Day	Sedbergh
Landscapes in Acrylics	Frances Winder	1	Sat	15 Jun	Day	Sedbergh
Pilates (classes at 4:30 and 5:45)	Teresa Hill	5	Mon	15 Apr	Day/Eve	Sedbergh
Yoga	Fran Fryer	12	Thu	18 Apr	Eve	Sedbergh

Computer drop-in session, Wednesday afternoons, 1 - 4pm

Expert 1-1 help, Beginner to Advanced

Only £2 per session

Note: no sessions on 6th March or 3rd April

Full info on all courses at www.sedberghcdc.org.uk

email: admin@sedberghcdc.org.uk

Tel: 015396 21031

level as an irrelevance in today's world especially at a time when so many decisions of any consequence which affect us all are made at a national, European or even international level. Emptying dustbins, running car parks, providing local services can all seem very small beer in comparison, even though a lot of hard work is involved for those concerned and we all pay for this through our Council Taxes. It is therefore a matter of some note that when a decision of the most extreme importance had to be made recently, likely to have implications for ourselves and our families for generations to come, that at the end of the day it was a decision at local

government level which carried the day. I refer, of course, to the recent decision of Cumbria County Council not to proceed further with the proposed search in Cumbria for a site for the storage of intermediate and high level nuclear waste and spent nuclear fuel notwithstanding the decision of both Allerdale and Copeland Councils to proceed to the next stage. On this occasion the County Council was able to provide an overview of the County as a whole and make a decision for the benefit of everyone living in it and not just the perceived interests of West Cumbria. Personally I was absolutely delighted with this decision having opposed the matter proceeding further as an

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SEDBERGH METHODIST CHURCH

Guild Anniversary Services

will be held on

Sunday 10th March

10:30am & 1:30pm

The Speaker will be

Rev^d George Barton

from Morecambe

There will be a "Jacob's Join" lunch
after the morning service,
to which everyone is invited.

A Warm Welcome Awaits You

appointee of SLDC on the Managing Radioactive Waste Safely Partnership which spent three years preparing a report and recommendations for the decision making bodies. Many people played a crucial role in the final result particularly local Parish Councils, the Cumbria Association of Local Councils, environmental and pressure groups, scientists from various universities and, of course, ordinary people who signed petitions, wrote letters to their local newspapers and organised campaigns and meetings. I see this very much as a victory for local, grass-roots democracy and evidence for the fact that localism and regionalism remain strong in Cumbria, notwithstanding that we remain one of the most centrally governed countries in the whole of Europe. So a very big thank you to all of those who played their part in bringing about a nuclear dump

free Cumbria – for the time being at any rate. But never let us forget that "the price of freedom is eternal vigilance..."

As I write this it is a beautiful Spring-like morning. A reminder also that June and the annual Appleby Horse Fair is beginning to loom over the horizon. It is no exaggeration to say that planning for this year's event began as soon as last year's was over. There were a few hiccups last year largely centring around the arrangements for Kirkby Lonsdale but if things don't work out there then the difficulties can be passed up the road to Sedbergh and beyond, all the way up to the boundary with Eden. We had a meeting of the Travellers and Settled Community's Respect Group on the 4th February at which all the main agencies involved were present and a number of very useful suggestions were put forward for improving the situation on the ground

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in Kirkby. We are lucky in Sedbergh to have a field at Scrogg Bank available for Travellers to pitch their vehicles whilst travelling through to the Fair but unfortunately, as yet, there is not a similar site at Kirkby Lonsdale apart from the loop road by the A65 which creates its own particular difficulties. Nothing is straightforward I'm afraid. We are always open to suggestions as to how the whole operation can be improved so do contact us if you have ideas.

Evelyn, Nick and I may be contacted at any time on:

*Evelyn Westwood: email
evelyn@markwestwood.co.uk Tel.
015396 20148*

*Ian McPherson: email
ianmcpherson24@hotmail.com Tel.
015396 20648*

*Nick Cotton: email red.pedal@virgin.
net Tel. 015242 71477*

COUNCILLOR CORNER MANAGING RADIOACTIVE WASTE MORE SAFELY THAN EXPECTED:

On 30 January Cumbria County Council was in the unusual position of leading the national news on both television and radio and for once it wasn't a terrible bad news story. After several years of deliberation Cumbria's cabinet finally decided not to proceed to Stage Four of the so-called Managing Radioactive Waste Safely programme. As a member I have had a low but significant amount of correspondence from electors since I was elected in 2009 and have taken a strong interest in the subject ever since then. After consideration of the points for and against I came to the conclusion early last year that the county should not proceed and I made my position clear in group, full council and here in Lookaround.

Discussions in group and full council

were long, deliberate and very thoughtful. Also, the contribution of members of the public emailing and phoning me were often genuinely helpful. Fundamentally the geology of the area being considered is not suitable for a system of labyrinths three times greater than the London Underground. That is a fact. If that had not been the case then the decision would have been even more difficult had it not been for the fundamental flaw in the whole programme. It was suggested that the waste could be buried and remain undisturbed by man or earth tremor for over 100,000 years – ten times longer than recorded human history. That is simply absurd.

However, something will have to be done, probably a near ground level facility where sorting and improved management can take place. One figure to emerge in the process was a cost to the UK of £67 Billion for managing what is already there. Although widely reported last week in fact that is a naïve figure based upon no sorting being possible – £30 Billion is probably a more accurate figure.

LEADER LOCAL ACTION GROUP:

One of the tasks which I acquired in my year as chairman of Yorkshire Dales was the chairmanship of the Leader Local Action Group for Yorkshire Dales and Nidderdale. This distributes the European Rural Development Programme for England

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money (ERDP) and the present one is coming to an end in 2013. After many pitfalls we have spent the money allocated, been given an extra £70k for exceptional high performance and are now looking to mop up the last £10k. It has been a pleasure to chair the group made up of excellent local people from the public and private sector and last week we had our annual meeting. The day began at Gayle Institute, formerly the Sandemanian Meeting House first erected by my 6 greats grandfather James Allen. We then re-convened at Gayle Mill where we heard from many of the projects which we have supported. One of the speakers, Andrew Fleming was a

THE SEDBERGH AND DISTRICT CHRISTIAN AID COMMITTEE



COFFEE MORNING

Wednesday 13th March
10am – 12 noon

URC Rooms, Sedbergh

Coffee, Biscuits, Homebaking & Stalls
All welcome

personal friend from old History Society Days talking about recent archaeological work near Reeth, funded in part by Leader.

We are now entering the period of election purdah and so I will not be writing for the next two Lookarounds. I thank you for taking the trouble to read my articles over the last eight years and hope that you will be able to vote for me again on May 2 as a literate, thoughtful, genuinely local councillor who has a heck of a track record for getting things done for the whole of our part of south east Cumbria. I had a bad experience last year when the Lib Dems distributed leaflets containing assertions which they knew to be lies as a matter of course. I intend to be much less lenient with this repugnant behaviour this time and apologise in advance if that makes some of my material less positive than I would have wished against more honourable opponents.

*Councillor Kevin Lancaster – 015396 20800, 07980 844 695 (preferred),
kjlanc@kjlanc.demon.co.uk, Fellgate,
Dowbiggin, SEDBERGH, Cumbria.
LA10 5LS*



Pottery specialist

Winner of Sedbergh shield 2012!

We are going on a buying trip in Japan and so we will be closing until 5th March.

Upon our return we will have lots of beautiful new pieces.

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e-mail: office@dawsonsofsedbergh.co.uk

www.dawsonsofsedbergh.co.uk

DENT PARISH COUNCIL

The February council meeting took a number of financial decisions, which included awarding a second tranche of grants to local organisations and a contribution to the forthcoming refurbishment of the Memorial Hall. Full minutes of the meeting are published on the parish council pages of www.dentdale.com as well as being available as a hard copy from the Parish Clerk.

Beech Hill

Contrary to a recent report in the Westmorland Gazette, the transfer of land at Beech Hill to Dent PC from both South Lakeland District Council and Cumbria County Council has not

yet taken place. However, it has been agreed by members and officers in both councils, and Dent PC is currently waiting to receive the legal contract. When the transfer is completed the parish council will be drawing up plans for improvements to the area.

Dent Memorial Hall

Each year, the parish council has set aside funds in its reserves to pay for actions set out in the parish plan. The five-year period that the plan covered will shortly be coming to an end, so the council considered what it should do with £8,000 of this money that has not yet been spent. It agreed to split the money between

two major projects: the development of Beech Hill once the freehold has been obtained, and the refurbishment of the Memorial Hall by the primary school governors.

The governors reported that they had so far raised £7,000 for the Hall refurbishment out of an estimated total cost of £10,788, so the council agreed to award them the balance of £3,788.

Parish Council Vacancy

Following the resignation of Peter Knapton which was reported here last month, the council has followed the statutory process by placing adverts in the dale for nominations for a replacement. As no-one came forward within the statutory period, the council is now obliged to fill the vacancy by co-option. If you are interested in becoming a council member and would like to know more about what is involved, please get in touch through the contact details below.

Community Governance

South Lakeland District Council is currently undertaking a review of all parishes in its area to consider whether any changes are required to existing parish arrangements to ensure that they reflect the identities and interests of the communities in the area and that they provide effective and convenient governance at the local level. The parish council felt the present arrangements and boundaries for Dent worked well, and have responded to SLSDC to that effect.

FOR SALE

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Playing Field Grass Cutting

The council agreed to invite tenders for the grass cutting of the playing field and the car park picnic area for next season. The tenders for the playing field will be for a higher specification than last year, in order to maintain the field at a higher standard.

Parish Council Grants

The second round of grant applications was considered, and the following amounts were awarded:

Dent Pre-School	£75
Dent C of E Primary School	£300
Dentdale Methodist Church	£400
North West Air Ambulance	£200
Dent Youth Club	£200
Sedbergh & District Community Centre	£100

Next Meetings

The next two council meetings are at 7.30pm on Monday 4th March in the Sedgwick Room and Wednesday 17th April in the Memorial Hall, the latter being the Annual Parish Meeting at which the council's annual report will be presented. At both meetings, members of the public will be able to raise any matter that concerns them.

*Jock Cairns, Chair Tel: 25655
dentparishcouncil@btinternet.com*

Parish Clerk: Andy Stephenson

*Tel: 21487
dentparishclerk@live.com.*

DENTDALE CHOIR
Presents
"Gorracopia"
led by Anastasia Micklethwaite
DENT MEMORIAL HALL
SATURDAY MARCH 16th at 7.30pm.

TIM FARRON MP

It has been a bit of a month for celebrating our success around here and in particular around Sedbergh and Dent.

Even though the Olympics were many months ago one of the key elements to winning the bid was to ensure that it was not just something that only lived on in the memories of those who watched our athletes and their incredible achievements. There had to be some tangible investment in sporting facilities around the country. I was really pleased to learn that nearly £200,000 of this investment was coming to this area and of this about three quarters is going into refurbishing the changing facilities at the Sedbergh Swimming Pool.

Last year the local committee of Cumbria County Council announced that it was creating a fund to help

businesses in employing apprentices. Helping them to employ young people currently without work or not in training and give them some skills. We have just heard that 9 apprentices have been successful in gaining money from the fund. They are all in small businesses, the type that the Government keeps insisting are essential to the growth of our economy; everything from printers to plumbers and they are spread across the area from Ulverston to Sedbergh (yes, another thing to celebrate). This is just the first lot of apprentices to be supported, if you have a business who could benefit from taking on an untrained young person then please do apply for funding. The plan is for this to happen twice a year.

Finally in the list of celebrations, I forgot to mention last month that I had put down a motion in the House of Commons congratulating Sedbergh Primary School on its SATs results and calling on Cumbria County Council to use the school as an example to others in the county. If you go to the Parliament website (www.parliament.uk) and search for

Saturday 16th March at the People's Hall at 7.30pm

The Hobbit - An Unexpected Journey Cert. 12A

*Starring Ian McKellen, Martin Freeman, Richard Armitage, James Nesbitt, Ken Stott, Cate Blanchett
Ian Holm, Christopher Lee, Hugo Weaving, Elijah Wood and Andy Serkis*

Bilbo Baggins is swept into a quest to reclaim the lost Dwarf Kingdom of Erebor from the fearsome dragon Smaug. Along with Gandalf the Grey, Bilbo finds himself joining a company of thirteen dwarves on a journey through treacherous lands swarming with Orcs, and worse. Their goal lies to the East and the wastelands of the Lonely Mountain, but first they must escape the goblin tunnels, where Bilbo meets the creature that will change his life forever... Gollum. On the shores of an underground lake Bilbo not only discovers depths of guile and courage that surprise even him, he also gains possession of Gollum's "Precious"... a simple, gold ring that is tied to the fate of all Middle-earth in ways Bilbo cannot begin to know.

Tickets: £5 Adults, £3 under 16s, £12 Family, available from the Community Office, or on the door

Early Day Motion number 898 for this Parliamentary Session you can read it for yourself.

I think that is quite enough celebration for this column, I don't want it to go to our heads. I only hope there similar levels of good news next month.

The campaign for the return of A&E to Westmorland General Hospital continues. If you have not signed the petition yet then please please do so we need as many signatures as possible if we are to influence the Hospital Trust's decision and get some good news here as well.

I have called on the Government to remove business rates from council run public toilets. It seems to me daft

that business rates, which are meant to be based upon the rentable value of a property, should be charged to parish councils who take responsibility for running a public service like a toilet. It is expensive enough keeping these facilities clean and pleasant for visitors to use without the extra burden of being charged to do so like any other business. I will press the Government on this issue as much as is needed to ensure that that it is changed.

As ever if I can help with these or any other issues please write to me Tim Farron, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or email me at tim@timfarron.co.uk *Tim Farron MP*

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DENT CHURCH NEWS

*News from St Andrew's Church Dent
and St John's Church Cowgill*

Confirmation 2013

The Vicar, the Rev'd Peter Boyles is preparing a group of parishioners of different ages for confirmation. In the Church of England, when someone is confirmed they have decided they want to enter into a fuller, mature involvement with the Church and have carefully thought it through with their parish priest and fellow candidates. The bishop then lays hands on them at the confirmation service and prays that the Holy Spirit will help them make the most of this decision and that they will enjoy a new fullness of life in the Church and

in the service of the communities in which they live.

There is still time for people to join the course and be prepared for confirmation. In March we have two preparation sessions in the Reading Room Library on March 3rd and March 10th at 12 Noon for about an hour. The actual confirmation service is on Palm Sunday March 24th 10.30am at St Andrew's Dent with the Bishop of Penrith, Robert Freeman leading the service. All are encouraged to see this special event. Please contact Peter Boyles on 25226 if interested.

Lent Course

Dentdale Methodists and Anglicans are meeting together for their annual



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07734 113216
mickhoffe@hotmail.co.uk
Mill House, Farfield, Sedbergh La10 5LP

	<h2 style="font-family: cursive;">Cakes & More</h2>	
<p><i>Cakes for all occasions</i> Tel: 07523 657998</p>		<p><i>Birthdays, weddings Christenings, anniversaries Fun or formal designs</i></p>

discussion group for Lent at 6pm on Sunday evenings in the Dent Methodist School Room. All welcome. Please contact Rev?d Christine Brown on 25418 for details. The theme is ?Rich Inheritance ? Jesus? Legacy of Love.?

Celebrating the Gifts and Talents of the people of Dentdale

Dentdale may be small in population, but has been richly blessed by some very gifted and talented individuals and groups who enrich all our lives. It is high time to celebrate and thank those who work so hard to help us and brighten our daily lives. So on Sunday 17th March at 10.30am at St Andrew's Dent we will be holding a special service to recognise individuals and groups who 'shine like stars among us.' Please come and join in this act of celebration and gratitude for all that is best in our community.

Cowgill Church plans for the future

Cowgill Church members organised a meeting with the wider community to think about how the church can do more to serve the community and to receive ideas which could be

developed as a programme of services and events throughout the year. We will hear more about this shortly. The most significant celebration will be the 175th Anniversary of the Consecration of Cowgill Church with the Bishop of Carlisle on Sunday 27th October at 10.30am

Dent School to host a very special End - of - Term Service

Dent School would like to invite everyone to a rather special and different kind of End-of-Term Service on Maundy Thursday at 1.15pm at St Andrew's Dent (Thursday 28th March). The children will be performing a dramatic modern interpretation of the events of Maundy Thursday when Jesus was having the last supper with his friends. The School will also be celebrating it's former relationship as a school of Bradford Diocese and it's move into the new family of schools in Cumbria and as part of the Diocese of Carlisle with representatives of both dioceses. It is a good opportunity for all those interested in the future of our school to find out how the Diocese supports

the work of the school.

Church Services in March

St John's Cowgill:

March 3rd: 9am Holy Communion.

March 10th (Mothering Sunday):

2.30pm Family Service. March 17th:

2.30pm Evening Prayer. March 24th:

2.30pm Evening Prayer for Palm

Sunday. March 31st: 9am Easter

Sunday Holy Communion.

St Andrew's Dent

Services every Sunday at 10.30am

(including special services as

advertised above). Also Mothering

Sunday Family Communion 10.30am

and Good Friday Meditation 10.30am.

CHURCHES TOGETHER

February half term saw the Holiday Club team join together again to put on a Pancake Party at the People's Hall for all children of Primary School age. This year was one of the most successful children's events we have had with over seventy children in attendance. There were songs, games, craft activities and, most importantly, pancakes to eat! The children all had a great time as the following report shows:

"On Shrove Tuesday (Pancake Day) more than 70 children went to a party about pancakes. They made

pancakes, played games but most of all learnt about god. The organisers were the brilliant Churches Together."

By Sam Hutchinson

We are now in the season of Lent, during which Churches Together will be running a series of meetings on Tuesday evenings to help people to learn about the different

denominations of the Christian faith here in Sedbergh. Each evening will contain a chance to hear about the different traditions of our churches and what is it that is precious to those who worship there. There will be an opportunity to ask questions and also a time of fellowship while we have refreshments. Everyone is welcome, just turn up. The meetings will all begin at 7.30pm and will be held in different venues as follows: Tuesday 19th Feb - Quakers , Brigflatts; Tuesday 26th Feb – United Reformed Church, Main St; Tuesday 5th March – Methodist Church, New St; Tuesday 12th March – Roman Catholic – St Andrews; Tuesday 19th March – Church of England – St

SEDBERGH & DISTRICT
HISTORY SOCIETY
Wednesday 6th March The Diary of Thomas Fenwick Esq. <i>Jennifer Holt</i>
Wednesday 20th March Cattledroving Birtwhistles of Craven & Galloway <i>Dr Tony Stephens</i>
Saturday 23rd March 7pm Annual General Meeting + Jacob's Join
All meetings in Settlebeck School, start at 7:30pm unless stated.
Everyone is most welcome to attend any or all of our lectures
Chairman: Richard Cann 20771 Secretary: Mike Beecroft 21878 Treasurer : Marlene Mason 20509 Member Sec: Richard Cann 20771

Andrews. On Thursday 28th March the meetings will conclude with a shared Maundy Thursday Service at St Andrew's, Sedbergh.

On Good Friday Morning we will be holding our annual open air service in the Main Street, outside the URC Church. The service will begin at 11am with music and the procession of the cross from St Andrew's Church. Everyone is welcome.

On Easter Sunday morning, we will also be holding the sunrise service at the top of Winder. The service will begin at 6.30am. People and dogs of all ages are most welcome to attend, either making their own way to the top for 6.30am or joining the group which will be leaving from Joss Lane

car park at approximately 5.30am. Keep an eye on the Churches Together notice board outside the URC for any further details nearer the time.

Have a very Happy Easter.

Ben Maunder

CHRISTIAN AID

The first event of fund raising for Christian Aid in Sedbergh and District takes place on Wednesday 13th March. It is our Coffee Morning from 10am to noon in the Sedbergh URC Rooms. The committee looks forward to welcoming old and new friends to this event to set the ball rolling in what we trust will be another successful year in helping to enable

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Thursday 21st March

8.00pm doors open 7.45pm

Nicolai Overture The Merry Wives of Windsor

Finzi Four Songs from 'Loves Labours Lost'

soloist **Roseanna Skikun**

winner of the Keldwyth Award 2012

& music for

'A Midsummer Night's Dream'

'The Winter's Tale'

'The Merchant of Venice'

by Mendelssohn, Lars Eric Larsson & Sullivan

Light refreshments will be available

Any proceeds will be added to

the **Alison Armstrong Pepperpot Fund**

which supports the work of

Sedbergh Pepperpot Club with the

Sedbergh Orchestra and young musicians locally

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Tickets from *Sedbergh Pepperpot Club*

Tel: 015396 21196

e-mail: yantethera@gmail.com or at the door

the charity's projects around the world.

Our main event will of course be Christian Aid Week in May. Our 'Shop' will be running again in the URC rooms from Saturday 11th to Thursday 16th May. As, or when, Spring arrives and you get motivated perhaps to a burst of spring cleaning and a bit of a clear out we'd be glad if you'd bear us in mind as a destination for some of your surplus bric-a-brac and clothing. If there are some spare plants or cuttings also they would be most welcome to swell the stock.

There is one major change in our Christian Aid Week events. Over the past years we've always had an Annual Joint Service circulating from Church to Church but as this year Pentecost falls at the same time there is already a joint service in Sedbergh. Rather than have two joint services close together it has been decided that the various churches will

incorporate some of the Christian Aid focus material in their services probably on the 12th May.

More details of the focus of the week will be publicised closer to the time.
Rev Anne Pitt
On behalf of the Committee

NEWS FROM THE PEWS



Snowdrops are heralding that Spring is on its way, the lighter, brighter; lengthening days filling us with renewed energy.

For us at St Andrew's our recent MAP (Mission Action Plan) day has put a spring in our steps as we take forward the thoughts and ideas shared during our time together as we considered how best to utilize our strengths and improve on our weak

Anne Applin & Geoffrey Pratley Piano Duo (4 Hands 1 Piano)

Distinguished duettists playing a wide, varied and attractive repertoire, familiar and unfamiliar, for everyone to enjoy



Thornely Studio, Sedbergh School, Sedbergh, Cumbria
7.30 pm Friday 22nd March 2013

Tickets: £8.00 on the door

Proceeds to the Alison Armstrong Pepperpot Fund

A programme of attractive piano duets in a varied mix of styles and moods, by well known composers whose music for piano duet may be not so well known – an over-view of the wonderful piano duet repertoire

<i>Polonaise op. 2</i>	WAGNER
<i>Sonata in Bb D 617 (2nd mvmt)</i>	SCHUBERT
<i>Sonata (1938) (2nd mvmt)</i>	HINDEMITH
<i>2 Symphonic Pieces op. 14</i>	GRIEG
<i>Homages</i>	JOHN CARMICHAEL
<i>Academic Festival Overture op. 80 (arr. by the composer)</i>	BRAHMS
<i>The Forgotten Rite (arr. by the composer)</i>	JOHN IRELAND
<i>Scheherazade op. 35 (3rd mvmt) (arr. by the composer)</i>	RIMSKY-KORSAKOV
<i>Chanson Russe and The Fairy Queen</i>	SYDNEY SMITH

www.piano-duet.co.uk

points. By its very nature the day was serious in content but full of humour and fun. Our plans will not come to fruition overnight but it is good to have a starting point and a knowledge of precisely what we want to achieve in the long-term.

Lent Lunches are underway on Wednesdays during Lent. Soup and rolls with fruit to follow alongside lots of chat from 12noon until 1pm in the church room. The proceeds are to be divided between Guide Dogs for the Blind and Wateraid.

People have been generous in their support of the Food Bank set up in Sedbergh by Churches Together. St Andrew's box for collecting dry foodstuffs, tins of vegetables, tea, coffee and cereals etc is like the magic porridge pot; no sooner has Dorothy taken the donations to the distribution point in Kendal the box is filled again.

Plans are underway for the Parish Supper and AGM booked at the People's Hall for 7pm on Friday 15th March. Of course the meat and potato pie plus puddings to die for are like the proverbial dangling of the

The People's Hall presents

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**at the People's Hall, Saturday
23rd March at 8pm (doors open 7.30pm)**
Tickets £8 adult/£5 child/£20 family
from Sedbergh TIC or on the door

carrot, a temptation to get everyone there! It is not compulsory to stay for the AGM that follows the supper however it must be said we do try to keep that part of the evening as brief as possible. Should you wish to come along please do join us. Just let Tony or myself know beforehand if possible.

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

17TH SEDBERGH SPRING SHOW

Saturday 23rd March
Doors open 1-00 pm
People's Hall
Raffle and Prize Giving from 3.30pm
Afternoon teas and refreshments
Entry-£1. Children free.

Last date for your entries – 16th March
Schedules & Entry Forms in lots of shops.

SEDBERGH'S OWN SHOW FOR THE TOWN AND THE LOCAL COMMUNITY




GOOD NEWS FOR ACUPUNCTURE

The British Acupuncture Council, of which I am proud to be a member, is the leading organisation for traditional acupuncturists in this country. It counts many dedicated and talented practitioners amongst its membership and there is a London based team which works tirelessly to benefit the practice of traditional acupuncture in this country. This week they issued a special newsletter to announce that we are to be regulated by the Professional Standards Authority, which they hope will offer members "enhanced status with the public, with the NHS, private health insurers and the Government."

Exactly what this will mean in practice is not yet clear. Negotiations are in progress with health insurers BUPA and AXA/PPP, which will benefit some acupuncture patients. Hopefully we will once again be

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7pm

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Sunday Evenings

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April 28th
May 26th
June 23rd
July 21st
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September 22nd
October 27th
November 24th
December tbc

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June M. Parker

Dip Ac, MBAcC

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empowered to issue certificates to patients who are blood donors. Whether it will be a step on the way to acupuncture patients having their treatment paid for by the NHS is unknown.

Traditional acupuncture comes to us from places like China, Japan and Korea. I was trained to practise in the Chinese medicine tradition at the Northern College of Acupuncture at York. When I did further training in China some ten years later, I was reassured to discover how well the Chinese medicine tradition had been transmitted to me at York.

The basis of traditional acupuncture is an understanding of how a person

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assist fertility naturally by regulating a woman's cycle.

I see from adverts in the press that the NHS is promoting health checks at the moment. Chinese medicine can often offer new perspectives for people with health concerns. In the wake of Acupuncture Awareness Week I would like to offer a free Chinese medicine health assessment to anyone living in the Sedbergh area.

If you would like to take me up on this offer, please telephone during March, quoting this article in the Lookaround, to make an appointment. My telephone number is 015396 20972. *June Parker*

NEIGHBOURHOOD FORUM

The next meeting of the Sedbergh & Kirkby Lonsdale Neighbourhood Forum will be held on Thursday 7th March 2013, in the Reading Room at Kirkby Lonsdale Institute. Doors will be open from 7.00 pm to allow time for you to have a chat with your County Councillor or Council officers and the meeting will formally start at 7.30 pm. Details of the agenda will be circulated a little nearer the time.

In the meantime if you need to get in touch, or have a suggestion for an item for the agenda, please use the details below or contact Sarah Williams on 01539 713405 or via sarah.williams@cumbria.gov.uk

MARCH GARDENING

Around 10 weeks ago, in the middle of December, I noticed a Celandine plant coming into full leaf and flower. It has continued to stay in bloom, in spite of snow and frost, wind and rain and some very dark, dark days, and cheers me up whenever I pass. I am half tempted to remove the slightly squashed section of the plant which is nearest the roadway, but having tried to cultivate a specimen of white celandine, moved from a friend's garden, and finding that as soon as it was put in a pot, it became the instant focus of attention for the surrounding slug population, I think it best to leave well alone and enjoy it at a distance.

Celandines of the common yellow variety thrive to almost overwhelming proportions in the borders in our garden, and there are several cultivars of decorative ones available from specialist nurseries should I really get the urge to try other types. There are those with bronze, -almost black- leaves (which look very striking in pots, but are almost invisible when seen against brown earth), those with cream flowers, those with orange yellow flowers, and those with double flowers.

Celandines (*Ranunculus ficaria*) are in the same family as buttercups, and their relative, creeping buttercup (*R. repens*) in one of the most successful plants in my borders. A far more welcome plant is the winter aconite (*Eranthis hyemalis*) whose cheerful yellow flowers grow in low clumps in



COFFEE MORNING

Wednesday 27th March
10am
URC Rooms
in aid of
KIDZONE



the ground underneath a group of Birch trees. Winter Aconites may be difficult to establish – mine took three attempts – and are usually most successful when planted “in the green”, that is whilst they are in bloom or in leaf. The trick then is to remember where you have planted them – they usually die back soon after planting in their first year and are much in danger of being dug up by mistake when the resulting bare patch appears in the border and begs to be filled.

At this time of the year another member of the buttercup family, the bulbous *Anemone coronaria*, is usually available amongst the packs of dry “Summer bulbs” in garden centres. I like to buy a pack or two every year and plant them in a pot as a summer feature. A pack of ten tubers will fit into a 9 or 10 inch pot(I always use a clay or ceramic one as I think they look more Mediterranean-ish) and give a cheerful if slightly sporadic display for a few months.

Elaine Horne

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YORKSHIRE DALES NATIONAL PARK

Broadband

Superfast broadband for Garsdale and Dentdale is one step nearer thanks to a grant from the Yorkshire Dales National Park Authority (YDNPA).

The parish councils in the two dales have teamed up to create the Fibre Garden project, which aims to provide a 60-kilometre, superfast broadband network connecting Garsdale and Dentdale and more than 500 homes and businesses.

And the project has been given a £14,500 grant from the YDNPA's Sustainable Development Fund, which is managed by the Clapham-based charity Yorkshire Dales Millennium Trust (YDMT) on behalf of the Authority.

Fibre Garden Chairman Andrew Fleck said: "This grant will be critical in helping us with the legal and other preparatory work essential to progressing the project to fruition.

"The project will mean an end to digital poverty in our Dales. The

community spirit demonstrated by all to date has been truly magnificent and we look forward to connecting with, and helping build on the experience of other nearby communities."

The Fibre Garden project company, run by volunteer directors who live in the two dales, has been working over the last two years with the National Park Authority, DEFRA, Broadband UK (BDUK) and Cumbria County Council, and with the help of Westmorland and Lonsdale MP Tim Farron.

Peter Stockton, the National Park Authority's Head of Sustainable Development, said: "We have been providing them with detailed advice about the best place to lay the fibre-optic cables. They're making fantastic progress towards raising the £600,000 funding they need, and they hope to start installation later this year."

Members of the National Park Authority are committed to supporting the rollout of broadband to remote communities as soon as possible. And the need to have good quality

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broadband by 2015 is one of the proposed objectives in the draft National Park Management Plan, which has been produced by a partnership of organisations including district and county councils, the Environment Agency, Natural England, the YDNPA and representatives of local businesses like the Dales Farmer Network.

Gillian Muir, SDF Project Officer at the Yorkshire Dales Millennium Trust, said: "This project offers an excellent opportunity to connect remote rural communities in the Dales, and has the power to bring huge long term benefits to local people and local economies."

When it is complete, the Fibre Garden network will be able to deliver broadband speeds for between 30Mbps and 100Mbps. Currently, properties have less than 2 Mbps – or no broadband service at all.

The scheme has also been awarded £157,000 from the Rural Community Broadband Fund, funded by DEFRA and Broadband Delivery UK.

Nick Oldham

KIDZONE COFFEE MORNING

The Coffee Morning at the URC Rooms on Wednesday March 27 will be held in aid of the Kidzone Orphanage in Nairobi. Donations of cakes, jams, bric à brac, books, raffle prizes, will be gratefully received.

A very big THANK YOU to all who have donated wool, peg dolls, and sets of pencils at the Community Office. Helen Beare will be going to Kidzone later this month and will take the dolls as gifts for the girls. Thank you Andi Chapple and the Community Office staff for arranging the collection point.

A local artist has kindly donated cards to sell in aid of Kidzone and these are now on sale at the new 'craftworkshop' in Main Street, between Yorkshire Dales Antiques and Cobble Country. The cost is £2 per card and each have the code KDZ.

The girls continue to enjoy their music lessons, their knitting and their library, all of which have been contributed by the people of Sedbergh.

Christine Wood 015396 21750

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Thursday 14th March



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Tom Wilson
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07790 946578

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From Pirates to Paradise

“Pirates”? I thought she said
“Parrots”..... a lame (and
unconvincing) excuse for asking Jane
Panton to talk to us about
adventurous cruising around the
Indian Ocean. My desire to hear
intriguing tales of piratical encounters
outweighed my obligation to book
talks of mainly wildlife interest.
Fortunately we heard and saw much
of both during the talk.

Inspired by David Attenborough’s
filming of Madagascar a visit to this
huge island was the main attraction.
The cruise started in Mauritius, a
popular tourist destination in the

Indian Ocean.

First stop was the volcanic island of
Reunion with its rugged scenery of
jagged edged calderas. On to
northern Madagascar where the
diversity of flora and fauna in brilliant
colours was stunning but only thinly
disguised the poverty and poor
infrastructure. Large areas were
scarred by the extraction of silt and
sand for the construction industry.
Nature reserves provided glimpses of
the fascinating colour-changing
chameleon, leopard tortoise, giant
centipedes and varieties of lemurs in
all shades and sizes. People were
living in houses on stilts above the
mangrove swamps, vulnerable to
changes of sea level. The cruise ship
bought most of its fresh supplies from
local traders who approached the
ship in outrigger canoes. Much
deforestation is taking place to
provide more ground to cultivate
crops for a growing population.

The cruise then continued via the
Comoros islands to Zanzibar, an
island once notorious for its
participation in the slave trade. Large
stores of ships’ containers were

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stacked up on the quays. Because of the threat from piracy, much unloading is now done at these small ports and the containers taken north often singly on totally unsuitable roads. The slave trade ceased in 1873 following an appeal by explorer David Livingstone to "The Men of the Great Universities of Oxford and Cambridge". A highlight here was spotting rare red colobus monkeys, sleeping in the trees with their tails hanging down like ropes. Dar es Salaam was the next port of call with a marked contrast of unattractive modern buildings overwhelming the temples of various religions. A devotion to Liverpool football club seemed to be a unifying factor! A long dusty trip inland to a butterfly farm proved disappointing. Again much deforestation was evident.

The final landfall was made at Mombasa in Kenya. Here the party embarked on a safari in the Tsavo National Park. It did not disappoint. Despite competition from other groups, and some dreadful driving, an exciting variety of birds and big mammals was spotted. The roll call of

animals included most of the Big Five with many species of antelope and monkey and the unusually red elephants for which the park is known.

At last those pesky pirates. The captain had already given a talk and some instructions on how any such encounter would be managed. As pirates hadn't ventured south of the equator so far, the risk to the cruise had been considered to be very low but just in case.....! Barbed wire on the decks had been noted and they were assured that a task force would be close at hand. On the crossing from Comoros to Zanzibar, at night, the alarm was sounded. Deck lights were extinguished and everyone went below. The engine note changed, the ship seemed to be speeding up and weaving from side to side. On the final alarm everyone had to get below the level of the windows. This was serious stuff. The captain calmly announced that an unidentified ship was approaching but giant steel hawsers had been deployed, fanning out behind, to snag the propellers of any vessel coming

too near. The lounge was closed behind steel doors and desperate occupants escorted to the facilities one by one. The cruise director played bracing airs on the piano and they all sang! There was great relief when it was all over and the pursuing vessel limped away. The captain requested that they should stay below decks till port was reached and he regretted that the rare steaks ordered would now be overdone. Did I say this was a British ship?

Jane, happily, seemed to be thoroughly recovered from the experience and thanked Chris Parr who had provided the splendid photography.

Susan Garnett

ART SOCIETY

The Society's AGM was held on the 8th of February and was well attended.

The Chairman, Ruth Gamsby, welcomed members and especially new ones and said that she looked forward to seeing their work at the exhibition in the summer. She also thanked the committee for their work in the society. She encouraged members to take part in the Spring Show but reminded us that work shown there or anywhere else locally could not then be entered into the exhibition. Sheila Hollaway gave a resume of the year's programme and workshops, and the decision was taken to have another calendar of artists' work for 2014.

Helen Shields reported on last year's exhibition and it was agreed that the new arrangement of display stands was an improvement.

Derek Hollaway said that the society's finances were healthy and the exhibition made a profit. The membership stands at 64, including the honorary members.

Hilary Moore expressed our appreciation to all who sat for the portrait groups which have now been running for 31 years.

It was agreed the existing committee should stand again, with one member resigning.

Our last meeting for the 2012/13 year will be Louis Morton giving a demonstration in acrylics.

Margaret Copestake

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FAMILY MUSINGS

Staying with an elderly relative recently it was a great delight to listen to her talk about the place where I live as she remembers it from holidays with her Grandma at Church Gate Cottage as a little girl. She and her father would come for a month every summer and she often joined the local school for part of the day, once she took part in the children's sports at an event and got into trouble for it as she was not "local", it was soon decided she could be classed as an inhabitant and she was allowed to enter. In 1948 she was coming on the train with her family and the porter at Leeds on seeing where they were heading exclaimed he could not understand anyone going there from choice! It turned out he had been employed to shovel snow and clear the lines at the station the previous winter and hoped never to return. What an amazing welcome Mitts, my lovely lovely pussycat gave me on my return, she was straight onto the car bonnet as I pulled up, headbutting the screen. When I opened the window she climbed in, nuzzled into my face, licked my nose and ear, then walking around a bit she was off to await my arrival at the front door. On Saturday as I went to lock up the village hall she was mow wow mow and running up the road after me, I was not to be allowed to go missing again! As we all enjoy this glorious weather/ frosty/snowy weather & everything begins to dry up a bit the old cat at the farm decided to change her



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abode and tried to head off with the sheep to auction, however she was seen and removed and is still with us. Born around 15 years ago, under our bed she sounded like an Owl and not even I would call a cat (or any thing else) Twit so called her Woo, rhymes with oo.

Excitement is mounting with us all as elder daughters due date for Baby Hardy draws near, everyone is well including our baby grandson.

Recently a young friend from London who did live with us for a while as a teenager, came to stay with her two small children, to help tire them out we went onto the local play area and they really enjoyed themselves. And so did we. they did not sit still long enough to do colouring in which I am only too happy to do, even if as one little girl last week at church crèche told me off for my colouring in, not enough purple which is her favourite colour!

Reading about children's best books down the years I saw The Famous Five books on the list and remembered the wonderful make-believe world of Julian, Dick, Anne and George with Timmy the dog and went into the attic to find one to re-read, what I should be doing is my next assignment for my writing course...

Sarah

ALLOTMENTS ASSOCIATION

February and March is the time when plot-holders begin to make plans for this year's cultivation – many have seeds ordered and some may even have plants under fleece or glass. As we look forward to another season we can also reflect on our first five years at Birks Lane.

Notwithstanding early challenges (mainly associated with negotiations with utility companies!) the development of the site has progressed with very few problems. The boundary hedges are now well established, a water supply has been provided, the communal shed has been re-roofed to enable rainwater connection and we have managed to

keep the rabbits out. We like to think that the site appears reasonably tidy. This year we hope to improve drainage on part of the site and to establish small areas of wildflower meadow employing traditional methods of grass management by hand scything.

... and yes, we have managed to produce worthwhile crops every season although the exceptionally wet weather last year left some of us wondering if growing rice would be a better option! This year has to be drier, surely?

The Association is committed to organic cultivation methods as far as is practicable and we are always on the lookout for supplies of manure



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(rotted horse manure especially) and whilst our funds are modest we would be in a position to purchase the occasional load.

Our waiting list is now in single figures and if anyone is interested in cultivating a plot at Birks Lane in the not too distant future now is the time to put your name forward to be included on the list.

Please contact Jim Atkins on 20031 if you need any information regarding the Association or just leave a note at the Sedbergh Information Centre.

DENT ALLOTMENT ASSOCIATION

On the 12th February the first committee meeting of the year took place. The following key subjects were discussed with full notes published on www.dentdale.com/allotments

1. Allotment Shed , John Sibley agreed to approach a number of manufacturers for prices and types available.
2. Health and Safety was discussed with 3 committee members reviewing the current procedures who will be recommending changes to ensure the

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Association meets their obligations.

3. At the end of last year two members decided to give up their plots due to time pressures, it was agreed to publicise the availability for the current growing season.

Interested parties should contact the Secretary Ken Smith.

4. During the coming year it was agreed to arrange the following: Visit to a local garden, Talk on How to grow Seeds and Plants, A plants sale with refreshment and finally in the autumn a Dinner in September.

The treasurer stated the account are in balance and are just waiting for a few members to pay their plot fees.

Ken Smith

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LOCAL YOUNG ATHLETES

Jenny Lomax, Robbie Sproul and Katie Woof were recently chosen after trials to represent Cumbria in the North West UK Sportshall Championships which were held in Wigan on Saturday 16th February.

All three athletes competed against teams from Merseyside, Isle of Man, Cheshire, Greater Manchester and Lancashire.

Jenny and Robbie both gave strong performances in the under 13 girls and under 15 boys respectively and added new PB's to their records. Katie gained Gold in the under 15 girls 2 Lap Sprint race and Silver in the Vertical Jump, She also extended her achievement by becoming Cumbria's first athlete to win a place in the North West team and will now compete in the UK National Sportshall Championships at Birmingham in April.

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DENT FOOTBALL CLUB



Dent Under 10's are looking to strengthen their squad with a couple more players. We train on Wednesday evenings at the People's Hall in Sedbergh between 5pm - 6pm, our matches are played on Saturday mornings between 10.30am - 12noon. If you child is interested in having fun and getting involved with the team please contact me Matthew Clayton on 015396 25022, e mail matthew@lowhaycotebarn.com. (Your child should have turned 10 years old after the start of the school term in September 2012). Players are welcome from all over the district, transport can be arranged.

Matthew Clayton

DENT FOOTBALL CLUB

Liz Hoggarth has undertaken a Sponsored Bike Ride around the Isle of Man to raise funds for Dent Football Club.

To date, she has raised over £2000. A big thank you comes from all the members of the Club to Liz and all the people that have sponsored her.

Karen Troughton

DENT FOOTBALL CLUB

On Saturday 20th April, the Club have been very fortunate to have as a Guest Speaker at a Sportman's Dinner in Dent Memorial Hall, Graham Taylor OBE, to help raise funds for the Club.

The evening is open to everyone with tickets available for £30 from the George & Dragon.

The Menu for the evening will consist of a choice of starter of A Traditional Prawn Platter, served with bread and butter; A pressed Chicken and Leek Terrine; Melon and Parma Ham.

Main Courses of Local Cumberland Sausage, served with mash and

gravy; Oven-baked Salmon, with a butter and dill white wine sauce served with new potatoes; Cumbrian Lamb Henry, served with mash and a minted gravy, all served with seasonal Vegetables.

Desserts of Sharp Lemon Cheesecake, served with Howgills Ice Cream; Pear and Blackcurrant Crumble, served with Cream; Local Cheeses and Biscuits.

It is anticipated that the limited Tickets would go fast so get your order in now to ensure your seat.

Karen Troughton

WILSON RUN

On Tuesday 19th March 2013, Sedbergh School sixth formers who qualified for the 132nd Wilson Run will start from outside Lupton House, at 2.30pm - traffic may be disrupted then for a few minutes. Loftus Hill be closed for approximately one hour from 3.45pm.

Last year's Ten Mile Run was historic for the intense heat recorded (23c) the hottest conditions since 1949. James Brock won with a time of 1:20:27 and Eilidh Sproul came 21st with a time of 1:38:02. Eilidh, now in the Upper Sixth, will compete again this year. Charles Sykes holds the record of 1.08.04 (1993).

Every year, those wanting to walk the route in the morning are asked not to take dogs, even on leads, as it is lambing season. Please visit www.sedberghschool.org/the-wilson-run for details of the route.

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HARRIER NEWS

To get fitter. To train for a longer race. Because I haven't got enough time to walk. Everyone seems to have a different answer for the question 'why do you run?' This writer heard his favourite response just recently though: '*because it makes me happy*'.

Whatever the reason, be it a specific training target or a simple endorphin craving, there seem to be more and more people running around our little streets and not-so-little countryside, including new club members. As well as 'official' training sessions and races, an increasing number of Harriers are also meeting up informally to run in smaller groups, often for no other reason than for the pleasure of running among friends. Under the title of *Harrier News*, this writer considers this to be the best news of the year so far.

But of course the racing also continues, with Cross Country season well into its stride. The snow in late January made some courses very interesting, including the Morgan Run at Sedbergh School. Howgill Harriers were invited to join hundreds of students and Old School runners for this event, with Sam taking first spot. It is a mere technicality that he was running under his school colours for this, and not the glorious black and gold of Howgill...

On the same day, five Harriers made the journey to Crosby Ravensworth for the Crosby Commoner race. Rob, Sean and Graham took second, fifth and sixth spots with Jenna taking fourth lady, all

Kirkby Stephen

10K Road Race

and Junior Races

Sun 19th May

Full details and pre-entry online at

HOWGILLHARRIERS.CO.UK

accomplished in the same full winter conditions which meant we had to postpone our ceilidh and presentation night until late February.

The Kendal Winter League also continues, and has seen good entry numbers including some regular Howgill faces. Unfortunately there are too many results to summarize here, but full details are available online and the final Howgill standings will feature in next month's report.

Also looking ahead, Jack O was recently selected to run Cross Country for county with Cumbria Schools AA, and has now qualified for the nationals. Just getting to this stage is an achievement in itself, and we wish him luck in the final event.

And for those who like to target certain races, we can confirm that our Kirkby Stephen 10K will be on Sunday 19th May this year. This undulating road course should provide a challenge for most types of runner, and there will be the usual junior races and refreshments too. Entry forms and more details, photos and past results are available online at howgillharriers.co.uk.

Happy running.

John Hosker

JUNIOR FOOTBALL RECRUITMENT

Kendal United Junior Football Club are once again recruiting junior footballers, we are looking for 5 or 6 year old boys or girls to come along and train Saturday mornings, castle park school on Sandylands 10am till 11am. For more info contact Stuart 07950727841.

If there's any 14 year old girls or younger wanting to play competitive girls football on a Sunday for Kendal United JFC in the Barrow and District League, then we train at Queen Katherine School, astro turf, Mondays 5.30-6.30pm in Kendal and on the grass at Heron Hill school through the summer. Contact Geoff on 07747 725433 or Richard 07805 280185.

Caspa

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Raffle etc

INTERNATIONAL WOMEN'S DAY

March 8th is International Women's day.

It is a time for women to celebrate their womanhood and the economic, social, cultural and political achievements of women.

It is a time to remember the importance of promoting women's

rights and participation in society.

It is a time to reflect on progress made, and to call for change.

It is a time to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of women's rights.

Until women and men work together to secure the rights and full potential of women, lasting solutions to the world's most serious problems are unlikely to be found.

On average, globally, women receive between 30 and 40 per cent less pay than men earn for the same work and everywhere, women continue to be victims of violence – 1 in 5 women will become a victim of rape in her lifetime, according to United Nations studies.

The Pakistani schoolgirl, Malala Yousafzai, who was shot in the head by the Taliban on the way to school, has recently said 'I want every girl, every child, to be educated'. She is an outstanding role model for us all.

Womankind Worldwide is an international women's human rights charity working to help women transform their lives in Africa, Asia and Latin America. They partner with women's organisations that are challenging discrimination and violence and deliver the essential support these organisations need to amplify their voice, increase their impact and bring about greater change. Their web address is: www.womankind.org.uk and address: Development House, 56-64 Leonard Street, London EC2A 4LT. *S Lawrie*

HOWGILL W. I.

President Bridget Postlethwaite welcomed sixteen members and one visitor to the February meeting held at Firbank Church Hall.

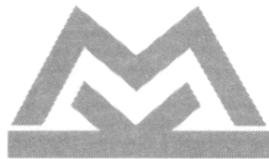
Dilys McCaffery was given a warm welcome back minus plaster. Congratulations were expressed to Vera Hodgson on the birth of her Grand-Daughter. Also to Sarah Scarr who has had recent success with her Damson Jam, being named as Gold Champion part of Cumbrian Life Food and Drink Awards.

Two members have accepted an invitation to join Dentdale W.I., as they celebrate their 70th Anniversary on March 13th.

Anita Carey confirmed our Summer

Outing is on Thursday June 27th with a visit to Beatrix Potters House and Garden at Far Sawrey.

Bridget gave a warm welcome to our speaker David Alison. His talk focused on the transport delights of the Isle of Man, famous for its Bus and Rail network where you can enjoy scenic views from Snaefell, Steam or Manx Electric Railway. Here is a horse-drawn tram along the promenade which has priority over cars. There are a variety of attractions on offer for all ages with a perfect blend of coastline and countryside. Audrey Hoggarth thanked David for a wonderful selection of slides focusing on life on the island. A tranquil retreat from



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The competition for a toy or miniature vehicle was won by Tanya Hoare with Vera Hodgson second. Sarah Scarr went home with the raffle prize. The evening rounded off with a Jacobs Join and get together.

On March 7th the Wyreside Greensleeves Dance Group will be entertaining us at Howgill Village Hall. Why not join us. You will be given a warm welcome. *A.H.*

KILLINGTON W I
THE AFTERNOON W I FOR THE
ENTIRE DISTRICT

Well, today was Pancake Day and I have to admit that it wasn't mentioned once at our meeting this afternoon!

When I was a child there were several important days in the year, of which this was one. As I recall the others were Christmas, ones' birthday, Duck Apple Night, Bonfire Night and then back to Christmas. Easter didn't figure because chocolate Easter eggs weren't around in those more austere times. Now, for our grand-children an Easter Egg Hunt is a must. However, despite a lack of pancakes today, our meeting was most enjoyable one. The savoury and cream scones, orange drizzle and shortbread which accompanied our tea proved a more than adequate substitute! Thank you, hostesses.

Happy birthday to one and all. This month we had a lot of birthdays and

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Thursday, Friday & Saturday nights open to non residents from 7.pm – *booking essential*

my mind turned back to the verse, "*In the spring a young man's fancy lightly turns to thoughts of love.*" Enough said! (If you can count).

We reviewed our recent activities, including sitting in front of roaring fires, eating, drinking and hiding from the rain, snow and gales. How lucky we are to be able to do that. Maggie, Dawn and I had recently attended a WI meeting at Burneside where Rory Stewart, MP for Penrith and the Border, was the speaker.

Unfortunately, the National WI decree that "party political" is not acceptable so his talk was extremely bland and one was not able to fathom his true feeling on any controversial matter. You might well ask, "Why ask a

politician and then gag him?"

However he was a good speaker and an extremely personable young man who has packed much of interest into his 40 years. I am certainly going to read the book about his trek through Turkey, Iran, Afghanistan, Pakistan, India and Nepal between 2000 and 2002 (just after the fall of the Taliban). He walked 6000 miles and stayed in five hundred different village houses.

Sarah Scarr is another person who has packed lots of interesting and exciting activities into her life, and she was our speaker/demonstrator this month. (Now what could be more exciting than that?!) As a total Un-Domestic-Goddess I have always admired the beautiful decorations on

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cakes, especially the delicate and totally life-like flowers, but had no idea how such perfection could be achieved. And now I know! Sarah showed us how to make a spray of forget-me-nots and then a bunch of primroses. It was magic and I have never seen our group so attentive and enthralled. Beforehand, I had no idea what to expect and, truth to tell, I didn't think that I really cared that much, but it was fascinating and showed us a whole new world of skill and a multitude of costly tools. The cutter for forget-me-not flowers was minute and the colouring techniques varied and exact. We had a chance to try our clumsy hands but I think that this is one more skill I shall sit back

and admire! Pauline expressed our thanks but thanks again, Sarah.

Quilting is another craft which I admire, and we have some brilliant quilters in our own Killington WI. We were encouraged to go and see the Quilt Show at Farfield Mill, so decided to make a "jolly" of it, combining the exhibition with a rewarding lunch. In our usual magnanimous way we decided to let the gentlemen or *WISHES* come along too [**Women's Institute Supportive Husbands**]. A good time was had by all but I don't fancy having the Quarryman's Quilt, which incorporates lumps of rock, on my bed.

Speaking of 'lumps of rock' reminds me that a number of us will be going

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on a course to learn how to make 'Stone Troughs'. To the best of my understanding this involves cardboard boxes, peat or suchlike, cement and yoghurt. Details will follow in the April Report! We might need some strong men to bring us home. Volunteers? We are also invited to Dentdale WI in March to share their 70th birthday celebration.

Our competitions this year have new twist. Instead of trying to link them to the speaker's topic we are going with the initial letters of the months of the year. So F for February was won jointly by Dawn and Dilys with a Fantastic-Fun-Fotograph and a Funny Frog. Susan Sharrocks went home with the raffle prize. Next

month the winner could be you if you chose to come to our meeting on Tuesday 12th March at 2-00pm in the Committee Room of the Peoples' Hall. You will hear all about being "A Volunteer at the 2012 Olympics". The competition will be any item beginning with M.

Wendy Fraser-Urquhart

SEDBERGH WI

It could not have been a worse evening to leave home, slush underfoot and pouring rain!

Consequently there were a few apologies for our monthly meeting! Those members who did come enjoyed a showing of The Best Exotic Marigold Hotel, complete with very

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small tubs of popcorn! Everyone felt much better having spent a couple of hours in the company of Judi Dench and Bill Nightly in the heat and colour of India. In case we still had room, Ellen and June provided us with delicious cake and tea to finish the evening.

7 members are going to a Pudding Club event at Endmoor, on offer is a glass of wine and savouries followed by a selection of puddings, it sounds like a perfect way to spend an evening.

The book group have read 'Catch a Fish from the Sea' by Nasreen Akhtar. The book was about a young Asian girl who did not want an arranged marriage so she tried to find a husband on line, having read the book none of us were quite sure if she had succeeded or not. The really great thing about a book group is the discussion that comes from the subject matter and, interestingly, the more disappointing the book, the more discussion flows from reading it.

We gave the book 4 out of 10 but one or two members said that they would recommend it to their daughters!

In January the walking group walked locally, in February they did a circular walk in Silverdale.

Next month, we have a return visit from Andrew Lowe, who does some superb presentations about Cumbria architecture and traditions, this time his talk is entitled 'A Career in Ruins'.

In April, (watch for advertisements, we are having an open meeting when our very talented member, Christine,

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will be encouraging us with 'Let's Dance'; Dorothy is organising Dominos, for those who would rather watch from the sidelines, and we will be having a Bring and Buy stall in aid of 72 Main Street. As usual, we will have delicious refreshments and a raffle.

Our meetings are open to all ladies over 16, no commitment, come and give us a try, we are a very friendly informal group. 7.30pm on the second Wednesday of each month, in The People's Hall.

Linda Hopkins

DENTDALE WI

It had snowed relentlessly all day but the forecast promised a thaw during the evening and over night. It didn't feel very likely as I set off towards the Memorial Hall in deep slushy snow. However, arriving at the main road through Dent, the surface

was already clear. Eighteen other members had also decided to trust the forecast including, importantly, our speaker for the evening Mike Beecroft.

President Catherine, took us through the business meeting giving us more details of the arrangements for the Anniversary Celebrations next month. We were told about a craft workshop to complete the bunting decorations to be held the following day.

A list was out for help with the Annual Dent Run on 9th March. Cakes are needed to supply refreshments for all the runners and help in preparing filled rolls and buttered scones too from 9.30 in the

Memorial Hall. We also voted for Trustees to the National Executive.

Dentdale WI has a tablecloth embroidered with names of members over the years. I don't know if everyone's name is there from the past, but we have been making a big effort to get all the current members names embroidered for posterity. Just as we were finishing the business meeting, Freda Meakin, who had been sitting right in front of the tablecloth, got up quite spontaneously, to share her thoughts about some of the names that had caught her attention. It was a fascinating few minutes as three or four members were remembered.

After a short break to sign lists etc.,

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we then settled back to listen to Mike Beecroft's excellent illustrated talk on his voyage to St Helena an Island in the south Atlantic Ocean described as the most remote permanently inhabited island in the world discovered by Portuguese sailors in 1502. Eventually in 1657, Cromwell granted the English East India Co. a charter to govern the Island and in 1659, the first Governor Sir John Dutton arrived. It was an important stopover for shipping between Africa and East Indies. It has now become a British overseas territory. Napoleon was detained on the island in 1815 living at Longwood House until his death in 1821. It was an interesting

talk on a wide range of topics including fauna, flora, the scenery, urban development and transport links about an area most of us knew little about.

The competition for a useful travel item had captured member's imaginations and there was a very good entry. Belle Burrow's torch caught the judges eye for first place! Jean Haygarth's sister Barbara, who had come along to the meeting as a visitor, went home with the raffle prize.

So next month on 13th March, we are in Celebration mode to honour Dentedale WI's 70 years of presence in the dale.
Pat Allen

JANUARY WEATHER

The year started fairly mild with temperatures in the upper 40sF and one day 51.6F. The month also ended fairly mild with similar temperatures and the maximum of 51.8F. The rest of the month was more normal with temperatures in the 30sF and a minimum of 20.3F. On only 7 days did we not record any rain but on several of these the rain gauge was actually frozen all day. In spite of this we recorded 3.96 inches of rain for the

month when it thawed out. This is below average as January is normally our wettest month. Only 6 days did not have maximum gusts above 10mph. The highest I recorded was 28.4mph but I suspect that we had stronger winds that night as one of my calf huts was blown over a fence. On the 18th the wind chill was 5F !!!! Not a night to be out I feel! Furthermore the prevailing wind that night was northerly but that gust was recorded from the North West suggesting it was being buffeted by nearby trees etc.

The activity at the feeders has been down again. A few parties of long tailed tits have dropped in and a goldcrest has been around regularly. Woodpeckers can be heard drumming but haven't visited us recently. A few rabbits are around, apparently healthy. Only time will tell. The cold spell seems to have slowed down the emergence of daffodils and snowdrops. The first green shoots of honeysuckle are appearing, always one of our earliest shrubs to leaf. The great tit cock birds are singing furiously to claim a territory. The house sparrows are investigating the top of a "street lamp" where they nest in the garden. A couple of robins were sparking off. It is difficult to tell whether they are a pair courting or two males fighting for territory. Our new sheep scanned in at 175%, thanks to Stuart. Let's hope we avoid the Schmallenberg virus being later lambing. Early lambers have been devastated by the disease.



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BRUSH UP YOUR SHAKESPEARE

April is usually the month to celebrate the Bard's Birthday, but the Sedbergh Orchestra will be drumming up interest somewhat earlier this year with their next concert on 21st March (Thursday) in St Andrew's Church at 8 o'clock.

The pieces to be played are all on Shakespearean themes, and we are looking to all those literary buffs among you to come and draw the connections between the titles and what you will hear.

One of the pieces will be Nicolai's rumbustious overture to 'The Merry Wives of Windsor'; you may recognise the tunes as the scheming wives make hay with Falstaff. Two of Mendelssohn's pieces for 'A Midsummer Night's Dream', written when the composer was only 16, will contrast with a Suite written by the Swede Lars-Erik Larsson on 'The Winter's Tale'. Before Arthur Sullivan ever met Gilbert he wrote music for 'The Merchant of Venice'; one of the pieces in the Suite is a Barcarolle, written for a gondolier in the canals of Venice. This time it will be sung by a soprano of skill, Roseanna Skikun, currently a student at the Guildhall School of Music.

Roseanna won the prestigious Keldwyth Award recently, so we are delighted to welcome her. Last year she stood in at one of the rehearsals towards our Jubilee concert, so we were determined to ask Roseanna back in her own right. She will also sing the soprano part in the Suite which Gerard Finzi composed for

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Love's Labour's Lost.

The Sedbergh Orchestra will be keen to welcome a big audience for this unusual concert. Tickets can be ordered in advance (ring 21196 or email us at: yantethera@gmail.com) or can be bought at the door (£6, but free to those aged 18 and under)...so ROLL UP !

The very next day, on 22nd March, Anne Applin and Geoffrey Pratley will give another Concert in the Thornely Studio at 7.30pm (tickets £8 at the door). Superb piano duettists, they gave a similar concert last year, and an Advert appears in this issue of The Lookaround on page 22. Some may recall they also appeared in the concert given by the Haffner Orchestra on February 9th, so here is another chance to hear them in a concert not to be missed ! They are generously giving all the net proceeds to the subsidiary fund which the Pepperpot Club has to support the cause of orchestral music among the young, and set up in memory of Alison Armstrong, so we are most grateful to their support.

Donald Smith

SEDBERGH & DISTRICT HISTORY SOCIETY

A large audience including several non-members gathered to listen to a talk by Maureen Lamb on "Killington through the ages". Maureen dedicated her talk to the memory of Alwyne Amsden who had died tragically two years ago. Alwyne had spent much of her time researching the history of Killington and had also traced the ancestry of the local families.

Killington is a village of about 160 people and the parish occupies an area about 5km wide and 6km long. It is bounded by the A684, the M6, the Lune and the parish of Mansergh. Geologically it lies on a bed of

Silurian rock but a fault line runs through the parish which can be seen in various places. The last Ice Age left drumlins on the valley floor and the Lune had to carve its way through these. One spectacular example is on the site of the old Killington Bridge the remains of which are upstream from the present bridge. References exist for this old bridge being repaired in 1702 and even earlier in the 14th century.

The name Killington is of Celtic origin and is thought to mean the place of Cylla's people. The coming of the Romans and their nearby major road would have provided an economic stimulus to the area. The departure of the Romans would have

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caused a return to subsistence farming. The Anglo-Saxon conquest left few traces but the coming of Scandinavian invaders had a lasting impact. They preferred scattered farmsteads rather than nucleated settlements and many of today's farmhouses are still on the sites of their farmsteads. Also many names such as thwaite and rigg are Scandinavian in origin.

The first written records came after the Norman conquest and the first named person was William de Killington who had a house probably on the site of Killington Hall. In the last quarter of the 12th century he was up in court several times for debt and was also a witness to a document

concerning land at Middleton Hall. In the middle of the 13th century the Killington property passed to the de Brus family and then to the Pickerings who held it for the next three hundred years. Sir William Pickering who obtained the land built a house with a drawbridge over the stream which acted as a moat. About 100 years later Sir James Pickering built a new mansion and the present day ruined tower is all that remains of it. He would have spent little time there as he took troops to Ireland, was Sheriff of Westmorland and York, was elected as an MP to Westminster and acted as Speaker during the reigns of Kings Edward III and Richard II. He was made the executor of a

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friend's estate but two years later the man's widow was abducted and taken to one of Pickering's houses in Selby. One of his servant's was blamed but he was probably responsible. He made enemies and one of these, Sir James Roos of Kendal Castle, ambushed him with 300 men but he managed to escape although two of his party were killed. Eventually there was no male Pickering heir and the inheritance passed to Anne Pickering who married three times. Her son, Francis Vaughan, by her third husband came from York and was not interested in Killington and so the estate was sold but only after the tenant farmers were allowed to buy their land. Among

those taking advantage of this was Edmunde Mealbank who bought Broad Raine in 1585.

It seems likely that Sir James Pickering built a chapel at the same time as he built his house. This chapel was not sold with the estate and the inhabitants petitioned the bishop to allow it to be used for services and burials. This would save them having to go to Kirkby Lonsdale some 10 miles away. Their request was granted on the condition that they were able to support a minister financially. One such minister was Richard Leake who in 1698 and 1699 preached sermons which he then had published in London. He blamed a current plague

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outbreak as being due to Popery and drunkenness. Whether this conclusion was the result of his experiences at Killington is not clear but strangely the plague had not affected the parish. However, the Pickerings and the Kitsons who succeeded them were both Catholic families and the Red Lion tavern was within 50 yards of the chapel.

Legends exist about Killington including the existence of witches. Indeed an actual example existed in which a lady from Killington Hall was accused of witchcraft as recently as 1843 but was acquitted. Another legend was that a treasure chest was buried near Lilymere Tarn during the retreat of Bonnie Prince Charlie's

army in 1745. Despite attempts to discover it no one has yet succeeded.

Quakers were prominent during the late 17th century and about a third of the burials at Brigflatts during that period were of people from Killington. Interesting diaries were written by William Pooley Blacow and Agnes Ann Kendal which gave an insight into the area in the 19th century. During the 20th century two famous visitors to Killington were Bobby and Teddy Kennedy who stayed there and carved their initials on a barn door. Over a third of the houses in the parish were built before the 19th century and, ignoring outbuilding conversions, only six houses have been built there since 1900. In fact if

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the Vikings returned they might still recognize the area. After her talk Maureen showed slides of the houses in Killington taken about 30 years ago and answered questions. She was then thanked for her most interesting talk by the chairman.

Richard Cann

SEDBERGH & DISTRICT HISTORY SOCIETY

On 6th February Dr Elizabeth Roberts addressed the society on the topic *Schools, Children and Work*. Her talk which was illustrated by oral evidence from the late nineteenth and early twentieth century traced the changing attitudes to education through the experiences and

memories of the interviewees. She began by reminding her audience of some important dates in the progress towards the provision of universal free education. In 1870, the Elementary Education Act set the framework for the schooling of all children between the ages of five and twelve. Payment was required but financial help could be obtained from the local school boards who were responsible for the establishment of schools in their areas. In 1880 school attendance was made compulsory until the age of ten and in 1891 elementary education became free. By the beginning of the twentieth century the school leaving age had risen to fourteen but there were

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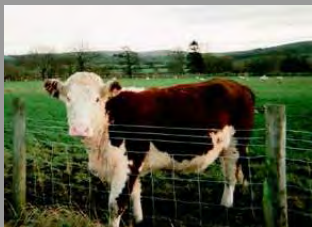
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exceptions to this rule. A strange situation allowed those who achieved good results in the Labour Exam to leave school early whereas those who did less well had to stay on until they were fourteen. Generally children received five to six years education compared to the ten, eleven or twelve years that is the case today and intelligent children from poor families could not go on to grammar school.

When Elizabeth began to interview people who had attended school in the latter years of the nineteenth century she was surprised to discover that working class people of the period often set little store by education. She concluded that this

attitude stemmed from the fact that since many of them lived in extreme poverty, the addition to the family income from children's employment seemed of more value than the learning that would be derived from further school attendance. For some children who worked in the textile mills there was an overlap between work and education, because they spent half days in the mill and half days in school. The lack of a tradition of education was borne out in the interviewees' answers to Elizabeth's questions. As children they had seen their role as part of the domestic economy and on the whole they were not resentful about being condemned from an early age to a lifetime of toil

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in an unpleasant mill environment. Elizabeth had also heard accounts of how children as young as twelve attended hiring fairs to seek employment as farm servants.

It was clear that parents were not interested in their children doing homework and that there was sometimes conflict between parents and teachers. Although the curriculum was very limited there were exceptions. For example, homecraft was not usually taught and Barrow schools were considered to be progressive because they included lessons in cooking and needlework. As Elizabeth listened to the accounts of children who had been at school in the 1920s she was aware of a slightly different attitude towards the world of work. For instance one interviewee who hated working in the mill resented that she had been treated differently from her brother and did not consider that she should be expected to support her family by her labour.

The questions which followed Elizabeth's talk showed that she had reminded people of circumstances in their own families and the evidence which she had produced in her interviews showed how important the spoken word is in recording the past. A description of Elizabeth's book *Women and Families* which is based on interviews later in the twentieth century as 'vivid, moving and eye-opening' is equally apposite in the context of her presentation to the History Society.

Julie Leigh

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BOOKWORM

What I have been reading this month

1. 'The Missionary's Wife ' by Tim Jeal (fiction)

1890s. Pampered Clare marries missionary Robert on a rebound and ends up in South African village amidst the turmoil of a culture clash amongst native villagers, different tribes, missionaries, prospectors, military personnel and others. How will they survive as a couple? The topic is rather unusual and Jeal tackles it with spellbinding story telling. There are moral complications at all levels - eg personal (trust and belief), country level and making the right decisions in a conflict situation. A good read and insight into the harsh realities of the time and place with many issues as relevant today.

2. 'The Last Kestrel ' by Jill McGivering (fiction)

A moving page turner of a book. Ellen is a magazine war correspondent returning to Afghanistan on a mission to find the murderer of her translator Jalil. This is a first novel is written by an experienced BBC journalist. What Ellen ultimately finds out she can't file as a report for publication and many peoples' lives have been put at risk along the way. Life with the troops on the ground is authentically portrayed and the story is wrapped around 1 extended Afghan family with the reader exposed to layers of intrigue and lies that means that no-one can be trusted. Enlightening.

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3. ' Rosalind Franklin ' by Brenda Maddox (biography)

A fascinating read. I found it a very informative biography. Many people have felt that Rosalind Franklin's work was overlooked when awarding the Nobel prize to Crick, Watson and Wilkins for the important discovery of DNA's double helix structure. This book provides not only the scientific detail of the DNA discovery but insight into the politics of scientific research at the time, the prejudiced processes of academia in mid 20th century, the world of Anglo Jewry families of high standing and of course gender issues. Franklin was a remarkable scientist who died tragically of cancer in 1958 and whose work was an influential contribution to unlocking the 'secret of life' DNA.

RM Bookworm

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**WESTERN DALES
COMMUNITY BUS**

The Western Dales Community Bus organisers met in Barbon Village Hall on Thursday 7th February to continue planning a regular weekly service of routes covering Hawes, Garsdale, Dent, Sedbergh, Barbon, Casterton, Kirkby Lonsdale and Kendal. These will not compete with existing bus services but supplement them by providing new routes at times when no bus is running at present. Whilst some routes are already operational, more volunteer drivers are needed to provide a consistent and reliable service to all the proposed destinations.

In the meantime a survey is to be undertaken in the LA10 5 postal code area and the LA6 2 area for Kirkby Lonsdale and surrounding areas.

A questionnaire will be delivered to all households in the second half of February for return by 15th March. The questionnaire will be supplied with a pre-paid return envelope to the local collection office at the Community Office, 72 Main Street, Sedbergh or it can be returned by hand.

This survey is to establish the community needs or otherwise for such a bus service and to further the application for funding from the National Lottery and other sources.

The organisers therefore appeal to all households to return their survey, whether or not they intend to make use of the service.

Additional copies of the form, for those whose feel their family members may have differing needs (such as young adults living at home), are available from the community office. The WDCB welcomes comments from the widest possible spectrum of the public.

Should you require any information or help with the questionnaire or its return please contact Mike Steele at phoenixes@btinternet.com or 015396 25054.

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**PEOPLE'S HALL
REDEVELOPMENT**

WE ARE NOT THERE YET.

This writer has got wet and dirty this month in pursuit of the Hall's redevelopment. The structural engineer wanted to confirm the

foundations to the existing hall, which were put down in 1955. So a trial pit was dug through the path to the side door over four feet deep, ten feet long and two feet wide. This writer then had to get into this hole (and of course it was raining) to get under the Hall in order to make the measurements. I am pleased to report that the foundations were larger than specified on the plans and in good condition. But ... they just sit on the ground where we are going to dig a ten foot hole! To prevent the Hall sliding into the hole means that we have to underpin the foundations before we excavate at – of course – an extra cost.

However, we now have enough funds to sign a contract to start Phase 1 of the Redevelopment. But we still need further funds for Phases 2 and 3.

In this edition of LOOKAROUND you will find a separate leaflet for our Redevelopment Fund Raising. This is our general appeal to everyone to help us raise the further monies needed. Please help – there are some ideas suggested. You may receive more than one leaflet as the Committee intends to drop one into every letter box in town. Or you may feel you are unable to help in which case please don't throw the leaflet away, but pass it on to friends, relations or people who have moved away and still love our town. Every little helps.

*Dr Gina Barney
Hon Secretary/ 20790*

COMMUNITY MEALS SERVICE

The Community Meals Service (Meals on Wheels) is now prepared for distribution at the Red Lion and there is a request for Volunteer Drivers. If you feel that you could assist or you have any enquiries, contact Jozi Brown on 01768 800350 for more information.

SEDBERGH DENTAL PRACTICE

Finally we have some definitive plans for our proposal to relocate Sedbergh Dental Practice. We realize that for many people information regarding the move has been slow in coming, and we apologise for this, however it is only now that we have any confidence that the National

Parks, Primary Care Trust and other regulatory bodies would approve the plans.

Our intention is to create a well equipped four surgery practice, where facilities meet national best practice standards in dental care. We want to retain a friendly and relaxed atmosphere for our patients whilst also ensuring the fabric and layout of the building allows for excellence in treatment and hygiene.

Yorkshire Dales Planning Authority has strictly controlled the appearance of the premises on Main Street, and whilst we submitted plans to provide a ramped access to the premises these were rejected. We have therefore had to settle for a reduction in the step height together with a wider entrance area. The glazed frontage will be tidied up and completely retained and the signage will be improved to offer some improvements to the building façade. Suggestions to add more detail to the woodwork of the frontage as can be seen on other establishments in Sedbergh was unfortunately rejected by YDNP at the planning stage.

If anybody would like to see the plans for the new practice in more detail we hope to have a copy in the waiting area at the current premises very soon and will be available on our new website in the very near future.

If anybody has any questions or concerns about the proposed move I would encourage you to contact me at the surgery.

Thank you for your time .

Ben Houghton

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**FREDA TROTT
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The Trust has been operating for four years helping with the costs of young people with music education.

Freda Trott, who died in 2007, established it under the terms of her Will. Now approximately 60 children are regularly benefiting from her generosity. A musician and teacher herself, she was keen that as many young people as possible should be able to enjoy music, which had given her such pleasure.

Some of the children who have been assisted to learn instruments, will be showing what they have achieved in an afternoon concert on Sunday 3rd March, starting at 2:30 p.m.

Sedbergh School has very kindly loaned the Thornely Music Studio in Station Road for the venue.

Admission is free and all are welcome, particularly old friends of Freda, who will be able to see and hear how her plans are bearing fruit.

Graham Dalton

DENTDALE CHOIR

The choir is flourishing under their new leader Anastasia Micklethwaite and will be displaying their skills along with the group "Cornucopia" in Dent Memorial Hall on Saturday March 16th at 7.30pm.

The choir hope you will come along and share the evening with them.

Catherine Sugden

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YORKSHIRE DALES NATIONAL PARK

archives give a glimpse of the past

Historical files documenting the creation of the Yorkshire Dales National Park will soon be available to the public.

The files, which include the paper designating the area as a National Park in 1953, have been handed over to the North Yorkshire County Record Office in Northallerton for archiving after being kept in storage at the Yorkshire Dales National Park Authority's offices in Bainbridge.

Authority Chief Executive David Butterworth said: "These archives form part of the history of this beautiful National Park and, in their

own way, they are a priceless record of how an area of the countryside was identified as being special and how an incredible amount of work was put into ensuring it was protected and enhanced for future generations.

"There are hundreds of documents containing agenda papers and correspondence between Whitehall and local councils to thrash out the nitty-gritty detail of what the National Park should be responsible for, what area it should cover and how it should function.

"And it's appropriate that these documents should be highlighted now as preparations are being made for a public inquiry to decide on a Natural England proposal to expand the

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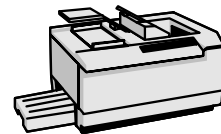
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boundaries of the Yorkshire Dales and the Lake District National Parks.”

County Council’s Archives Development Manager Keith Sweetmore said: “The archives will be permanently stored here in safe conditions and they will be made available to anyone interested in the early history of the National Park. The papers will be joining a large number of documents relating to the history of North Yorkshire and will help to build up a more detailed picture of its past.”

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01539 740452

SEDBERGH PRIMARY PTFA

A Domino Drive was held at the Primary School on Friday 8th February. A special thank you to all the parents and teachers who brought along prizes and a special thank you to several local businesses who were able to donate a raffle prize namely: Powells, Boots, On a Roll, The Green Door, Sedbergh Soap Company, Steadmans Butcher, HF Holidays - Thorns Hall, Haddock Paddock, Spar and Dawson's Coal Yard. Although it was the last day of the half term it was great to see such

a good turnout. Many thanks to all who came and congratulations to Niamh Metcalfe (aged 8) who got the highest score. A total of £244 was raised.

Back in December the PTFA were able to video record the primary school Christmas concert. The concerts were recorded at the Dress rehearsal stage to allow time for editing and production in time for sale on the opening nights. A massive £728 was raised through the sale of the DVDs - many thanks to all involved. Many thanks also to Garsdale Design and Paul Hoggarth Builders for sponsoring the production costs of the DVD.

Linda Allan, Chair

SEDBERGH CRICKET CLUB

JUMBLE SALE

Saturday 6th April
2pm
People's Hall

Donation of goods morning of sale.
For collection of goods,
Tel: Sandra 07815 069394

CANOEING

Canoeing to beat erosion

Being a canoeist and a gardener works well ‘... if it rains I can’t work, so I go canoeing. But sometimes it works together. I got a contract for The Yorkshire Dales National Park. The bank on an outside bend on the river Rawthey was eroding away, on top of which is a footpath! So some tree surgery was needed to slow the erosion down. I took the contract purely because it meant I could work by the river. We lopped, pruned and layed the trees, resulting in a substantial load of brash and logs, some of which could be used to further protect the bank, but the logs had been promised to the landowner.

As we surveyed the eroded bank the prospect of carrying the logs up it made us frantically look for alternative ways out. “Use the river” said the voice in my head, but it was the voice of the obvious rather than Yoda! Next morning we returned on a dreamlike day of winter light, rain showers and rainbows. We accessed the river, with our canoe, from Middleton bridge, where an easy angled track, leads to a shingle beach. From where I lined the boat upstream, using ropes from the bank to guide it through the rapids, like flying kite, to the work site.



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We soon discovered it's easy to overload a canoe, so had to balance partly loading, then moving to deeper water to finish loading. It was truly impressive the weight the boat could hold and how easy the boat glided downstream as I followed on the bank, guiding with the reins. The wood was, I'd like to think skilfully, delivered to the shingle beach where we could carry it easily up the track to the road. A couple of trips got the wood out, without even a single footprint added to the eroded bank. I wasn't brave enough to try poling (standing up and using a branch to punt) the loaded boat, maybe next time.

Mike Hinson

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DENT GALA

This annual, much loved fund raising day of fun will once again be taking place in the School Yard and field on August Bank Holiday Monday from 11am. We will have contingency plans in case the weather is inclement or downright WET! This event is organised and run by the Memorial Hall Trustees and other helpers, we will be asking for help in various ways inc Sponsorship a little later in the year, please note the date and come along and be part of this wonderful family day out. Further details etc from Chairman, Sarah E Woof 015396 25212.

SEDBERGH TOY LIBRARY

Regrettably, the committee of Sedbergh Toy Library have made the difficult decision to close with immediate effect.

Over the last 12 months we have seen a steady decline in the number of members regularly using the service and this has left the Toy Library in an unsustainable position.

The committee would like to thank members, past and present, as well as those who have helped to run the sessions for their support and help. If anyone has toys outstanding that they wish to return they can contact me on 25185.

Scott Thornley
Chair, Sedbergh Toy Library

STOBARS HALL Care Home



The aim of Stobars Hall is to offer our guests maximum independence in order that they can lead full and varied lives, cared for by trained staff who provide physical, emotional and social support every hour of the day.

STOBARS HALL RESIDENTIAL HOME

If you would like further details, or simply a chat about life at Stobars Hall, please telephone Euan or Beryl on

017683 71291

Stobars Hall, Kirkby Stephen, Cumbria, CA17 4HD
www.thefranklyngroup.com

Mrs BETTY LUND

It was with great sadness that I heard the news on Monday evening of Mrs Betty Lund's death.

I lived in Garsdale from 1975 to 1981 at The Hive. Betty lived in Roger Pot, a farmhouse perched on Bough Fell that overlooked Garsdale village with her husband and Son. Betty was one of the most warm hearted and caring folk in the village (and there were many). Even though I moved away from Garsdale, every time I returned to to visit my parents, a visit to see Betty was as mandatory as it was a pleasure. Betty had a breathtaking knowledge of Garsdale and her tales of events passed and present were legendary.

I, and I am sure many others, will dearly miss Betty: she was a genuine caring soul.

Zane Skill

SEDBERGH FOLKFEST

As you may of heard, sadly Sedbergh Folkfest has come to an end as both the organising team and the site owners mutually agree that the site was unable to cope with wet weather should it arise and there is a lack of a suitable alternative site.

We wish to say thanks to everyone who has been involved over the years including all of you who attend the festival, we simply couldn't of done it with out you!

Alec Lyon, the main driving force behind SFF, is promoting events in the Kendal area under the name Lyon Events.



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of

Sedbergh Lookaround

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SEDBERGH SPRING SHOW

Saturday 23rd March 2013

Sedbergh's 17th Spring Show takes place on Saturday 23rd March. We hope that you have been enthused by the schedule and are busy working on your entries, be it art, photography or some of the craftwork classes, giving you plenty of time to do the last minute baking for the Home Produce and the displays for the Floral Art. The closing date for this year's Show is 16th March, unfortunately there have been so many late entries in previous years, it has made the administration very difficult so no entries will be accepted after that date. Also, a reminder, that all photography entries must be delivered on Friday evening, when they will be displayed by the Stewards.

If you would like to help set up the Show, or be a Steward on the day, please ring Margaret or Linda on the numbers below.

Margaret Milburn – Chairman Tel. 20610 or Linda Hopkins – Secretary Tel. 21455.

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THE NEW ROPE STRING BAND

The People's Hall is not all about fundraising we have fun too. So we are pleased to announce a visit of **The New Rope String Band**, who once seen is never forgotten: combining superb musicianship with side-splitting comic genius, they are truly unique entertainers. Elements of circus, clowning, vaudeville, slapstick and sheer inspired silliness are spliced with beautiful acoustic music from various world traditions. From musical tennis to deconstructed nursery rhymes, and Pythonesque absurdism to pyrotechnics and live, interactive film, expect the hilariously unexpected.

--- and they will be playing in the **People's Hall on Saturday 23 March at 8pm.**

Tickets are Adult £8, Child £5, Family £20 from (tel) 015396 20125 or at the door. **Bar** available

To see what is unexpected - visit www.newropestringband.co.uk

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Tel: 015396 20609 Mob: 07527 237 599
e-mail sedgmjm@googlemail.com

1st SEDBERGH BEAVER SCOUTS

Let me introduce myself. I am Trish Woof, I took over as Beaver Scout Leader in September after Craig and Verity had to move to Tebay.

Beavers have been very busy since September. We took part in the Remembrance day parade. We have visited the URC as part of the Promise challenge badge. We have learnt some first aid for the Emergency aid 1 badge. We have also been for tea at Duo as part of the Healthy eating badge.

We have 18 Beavers at the moment and a waiting list. Which goes to show that the children are having fun.

This half term we are doing the Faith activity Badge which will involve a trip to St Andrew's Church.

Every week I am helped by Heather who is Assistant Leader and Georgia. We also have a parent helper each week.

The children love to play games, colour and learn new songs.

Beavers is open to any child who is 6yrs – 8yrs old.

If your child would like to join please email me their details and I will add them to the waiting list.

Email; trishwoof@hotmail.co.uk

Thanks

Trish Woof. Beaver Scout Leader

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Howgill Lane, Sedburgh LA10 5DQ

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www.peopleshall.org

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ROYAL BRITISH LEGION

Sedbergh Branch

The latest update with respect to the Poppy Collection in Sedbergh amounts to a staggering £9,235 which is very much so a Branch record.

Grateful thanks goes to all the contributors, collectors and everyone that has had an input, especially Dr Phil Hoskin and Keith Wood.

The Annual Dinner will be held at Weavers Café, Farfield Mill on 19th April.

There will also be a trip to Ypres from 26th to 30th May with the Town Band. Full details will be circulated to Members.

If you would like to join the Sedbergh Branch of the British Legion, please contact John Douglass on 21536.

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Quote from current Zumba participant: "Best exercise I've ever done!"

See advert for more details.

Janet Hurst

BRITISH SCHOOL TRUST

The Trustees will meet on Wednesday 13th March 2013 to consider Grant Applications from suitably qualified persons who have attended local authority schools in Sedbergh & Dent, and who seek Financial Assistance to further their education or for vocational training.

Applications should be in writing and addressed to:

The Honorary Secretary of the Trust
6, Guldrey Fold, Sedbergh LA10 5DY
and should be made without delay.

Mrs Jean Cope Hon. Secretary

SHOP FRONTS

There are still some funds available under the 2012 Shop Front Improvement Scheme which is funded by SLDC.

There are grants of up to £250 available to fund up to 50% of the cost of shop front improvements. Anyone interested should apply to Colin Robertshaw 01539 730597 for

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Mob: 07855 349157

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Contact Andrew on 07788 688490

or email: andrew.allan@virgin.net

an application form. There is a limited budget so grant applications will be dealt with on a first come first served basis.

CARERS DROP-IN

The terrible weather on the first Tue in February led to the cancellation of the meeting, and the volunteer who runs it could not get through the snow from Kendal to put the notice on the door! So, all being well the Drop-In WILL be at the URC Rooms, Sedbergh 2-4pm on 1st Tue of March and every month thereafter.

For information please contact SLC 01539 815970. *Sarah Woof*

SEDBERGH GALA

Gala Day is Saturday 18 May. As this is a year of a Royal Birth the theme for the Gala is "Princes and Princesses". *John Davis*

LADIES N.F.U.

Our Annual Meal took place on 15th January at the Red Lion in Sedbergh. Despite the bitterly cold weather twenty seven members and guests turned up and a delicious meal was enjoyed by all. *K. S*

DENT MEMORIAL HALL

Please see details of our annual megga fund raising event, Dent Gala, elsewhere in Lookaround. We are sorry that the Dent Show has had to be cancelled but do want to make clear that the Dent Gala is completely separate, a stand alone event to raise funds for the upkeep and on-going of the Memorial Hall Rooms.

We are to hold various other fund raising events through the year (see adverts) which also help us to follow the premis of our constitution, to enhance the social lives of the inhabitants. Folk evenings and film nights will hopefully draw people in. The AGM is on Wednesday March 20th 7.30pm in the Hall to which all interested persons are welcome.

Sarah E Woof (Chair)

COMMUNITY OFFICER REPORT

There has been a report of theft of work tools from a secure van in the Sedbergh area. Please make sure all items are removed and vehicles are left secured.

To suggest future community

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priorities please feel free to attend our monthly drop ins or please feel free to contact us on 101 or email us on karen.dakin@cumbria.police.uk Or Amanda.coleman@cumbria.police.uk or alternatively you can speak to us during our regular drop in surgery at Sedbergh Spar, Station Road on the 3rd Saturday of each month between 12:00 and 13:00 and Dent stores on the first Tuesday of each month from 12:00-13:00.

We would be pleased to meet you all to discuss any issues or simply for a chat.

*CSO 5206 Karen Dakin
CSO 5244 Mandy Coleman.*

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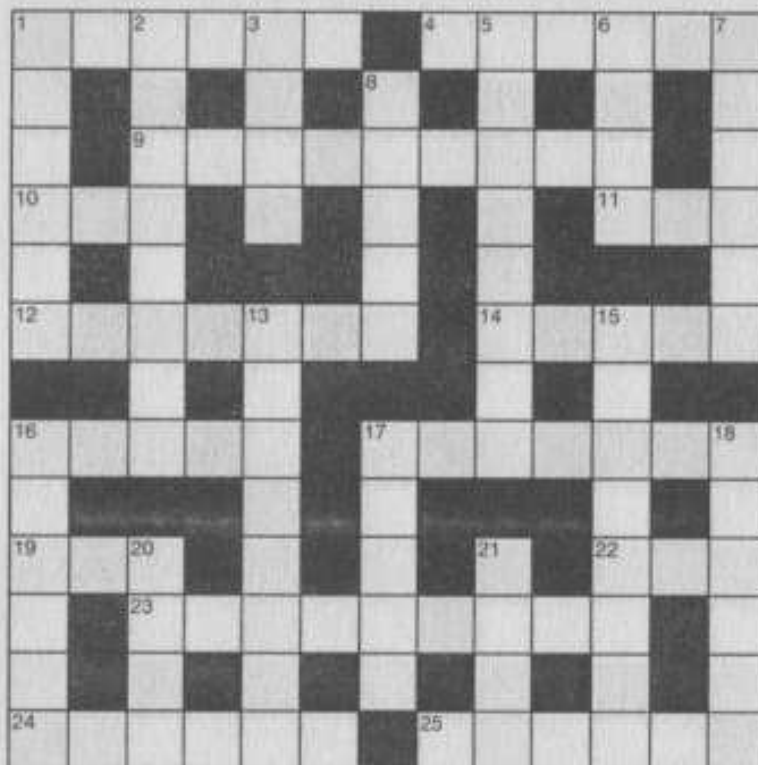
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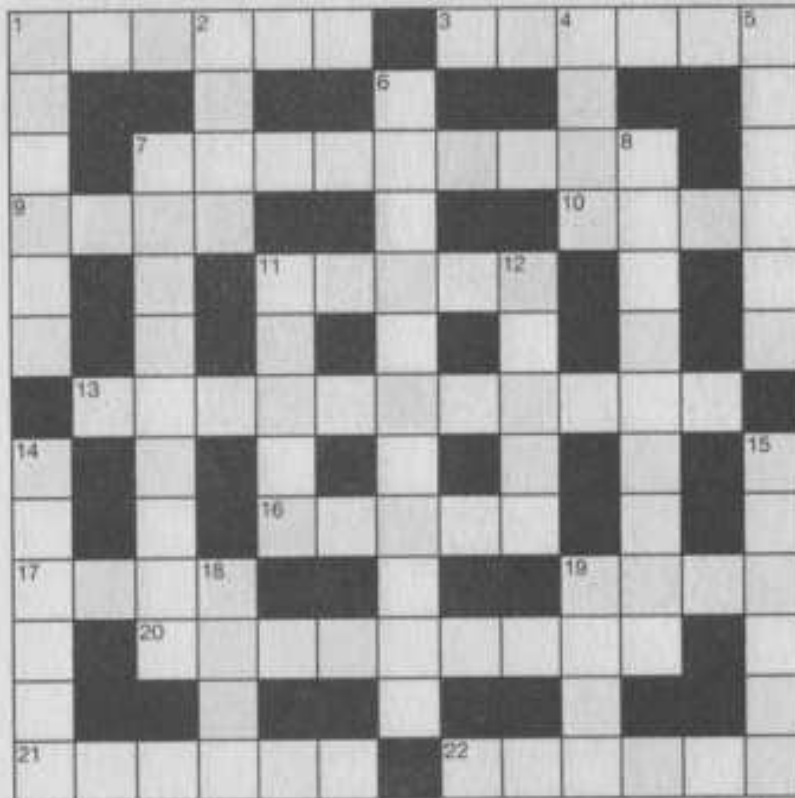


ACROSS

- 1 Unkempt child (6)
- 4 Extension to a building (6)
- 9 Roman Catholic clergyman (9)
- 10 Hop-rich beer (3)
- 11 Affirmative vote (3)
- 12 Network of trains (7)
- 14 Notable occurrence (5)
- 16 Toadstools etc. (5)
- 17 Own up (7)
- 19 Choose (3)
- 22 Weapon (3)
- 23 Surgical procedure (9)
- 24 Lacking grace (6)
- 25 Declaration of intent to harm (6)

DOWN

- 1 Partisan (6)
- 2 Joke-teller (8)
- 3 Scottish isle (4)
- 5 Odd number (8)
- 6 Book of the Old Testament (4)
- 7 Not including (6)
- 8 Quick, agile (5)
- 13 Restaurant worker (8)
- 15 Style (8)
- 16 Lively behaviour (6)
- 17 Native of Havana (5)
- 18 Gathering of political leaders (6)
- 20 Soya bean curd (4)
- 21 Trout or herring, eg (4)



ACROSS

- 1 Husky (6)
- 3 Training bullets (6)
- 7 Neglected (9)
- 9 Skulk (4)
- 10 Compass point (4)
- 11 Chafe (5)
- 13 Probe (11)
- 16 Set in position (5)
- 17 Lasso (4)
- 19 Aspersion (4)
- 20 Carefully worked out (9)
- 21 Thin layer of cement on a floor (6)
- 22 Poetic Britain (6)

DOWN

- 1 Fitness (6)
- 2 Smell strongly (4)
- 4 In a different way (4)
- 5 Seize (6)
- 6 Commercial artist (11)
- 7 Rainwater tube (9)
- 8 Doubtful (9)
- 11 Clean with a brush (5)
- 12 Physical conflict (5)
- 14 The brightest star (6)
- 15 Soup dish (6)
- 18 German river (4)
- 19 Wound with a dagger (4)

Organisation	Update	Contact	Tel:	015396
Allotments Association (Dent)	08/09	Mr Smith	Dent:	25688
Allotments Association (Sedbergh)	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society (S & D)	09/08	Mrs Leigh	Sed:	20794
Badminton (Sedbergh)	10/08	Mr Wheatley	07816	437500
Beaver Scouts *	03/13	Mrs Woof	07890	302038
Beekeepers Association (S & D)	01/09	Mrs Whitton	015242	72004
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club (Queen's Gardens)	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club (S&D)	01/09	Mr Hinson	Sed:	20118
Caving Club (Kendal)	01/09	Mr Teal	Sed:	20721
Chamber of Trade *	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association (Sedbergh)	01/09	Mr Beck	Sed:	20336
Cricket Club (Dent)	01/09	Mr Hyde	Dent:	25503
Cricket Club (Sedbergh)	01/09	Mr Hoggarth	01539	731140
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	09/10	Mrs Sugden	Dent:	25303
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School (Friends of)	03/13	School	Dent:	25259
Dog Training (Sedbergh)	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders (Dent)	01/09	Mrs Pilgrim	Dent:	25589
Football Club (Dent)	01/09	Mrs Mitchell	Dent:	25432
Football Club (Sedbergh)	06/09	Mr Kirby	Sed:	21214
Gala Group	04/10	Mrs Usher	07837	978626
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions (Dent)	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Schoolroom	01/09	Mrs Stainton	Sed:	20665
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050

Kent Lune Trefoil Guild	01/09	Mrs Mitchell	Sed:	21144
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	01/09	Mrs Jackson	Sed:	20530
Over 60's (Dent)	02/09	Mrs Burrow	Dent:	25203
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council (Dent)	07/12	Mr Stephenson	Sed:	21487
Parish Council (Garsdale)	01/09	Mrs Donaldson	07967	972160
Parish Council (Sedbergh)	10/08	Mr Robertshaw	01539	730597
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club (Sedbergh)	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground (Sedbergh)	10/09	Mrs Rice	Sed:	22100
Playgroup (Sedbergh)	01/09	Mrs Gunning	Sed:	20226
Playing Field (Sedbergh)	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group (Sedbergh)	02/09	Mrs Foott	Dent:	25453
Residents Association (S & D)	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	12/10	Mrs Levitt	Dent:	25162
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Slimming Club	01/09	Mrs Uttley	01539	722568
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Toy Library	11/09	Mrs Osborne	015242	61029
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute (Dentdale)	02/11	Mrs Smith	Dent:	25688
Women's Institute (Howgill)	01/09	Mrs Hoggarth	01539	824683
Women's Institute (Killington)	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute (Sedbergh)	12/10	Mrs Ramsden	Sed:	20828
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	08/12	Ms Gardner	Sed:	20570

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

A B C D E F G H I J K L M

25	10	12	11	13	21	9	12	23	16		11	10	14	23
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22	12	7	2		23	9	4	14	4	8	10	12	3	9
	22		26		2		8		9			11		
	14	26	26	25	9	12	3		16	4	2	13	9	16
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N O P Q R S T U V W X Y Z

REFERENCE GRID

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14	15	16	17	18	19	20	21	22	23	24	25	26
		S										

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	GPS	0825	0858	M - F	564	GPS
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1002 (C, H)	1044	M - S	564	GPS	1055 (C)	1128	M - S	564	GPS
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	KLC	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	GPS
1310 (C)	1347	M - S	564	GPS	1425 (H)	1500 (L)	Sat	564A	KLC
1545	1620	M - S	564	GPS	1625 (C)	1658	M - S	564	GPS
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0858	0932	M - F	564	GPS	0705	0740	M - F	564	GPS
1128	1202	M - S	564	GPS	0935	1002	M - S	564	GPS
1443	1505	M - S	564	GPS	1235	1310	M - S	564	GPS
1658	1732	M - S	564	GPS	1510	1545	M - S	564	GPS
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0825	0840	Sat	564A	KLC	0950 CG	1000	Wed	548B	W
1330	1345	Wed	564B	W	0910	0925	Sat	564A	KLC
1500	1515	Sat	564A	KLC	1020	1035	Sat	564A	KLC
Dent to Dent Station					Dent to Sedbergh				
0840	0855	Sat	564A	KLC	1000	1015	Wed	548B	W
0950	1005	Sat	564A	KLC	1035	1050 (L)	Sat	564A	KLC
1345	1355 CG	Wed	564B	W	1635	1650	Sat	564A	KLC
1515	1530	Sat	564A	KLC	Last Update: November 2012				
1605	1620	Sat	564A	KLC					

L = Sedbergh Library

C = Via Kendal College

W = Woof's of Sedbergh

GPS = Grand Prix

H = Via Westmorland General Hospital (Request Only)

CG = Cowgill

KLC = Kirkby Lonsdale Coach Hire

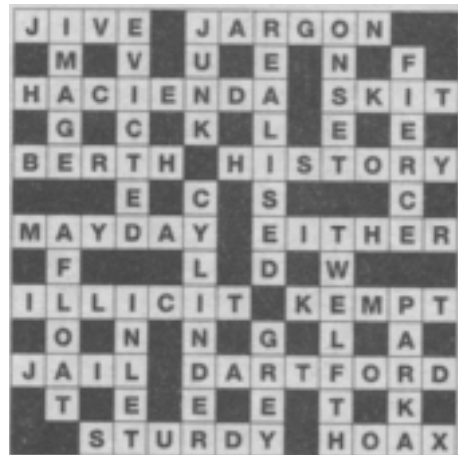
*Whilst every effort has been made to ensure that the times shown are up to date,
they can change at short notice.*

All times from Sedbergh are from and to
Thorns Bank unless stated (L)

For Comprehensive up-to-date information ring :-
Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1000	Every Monday	Wild Goose Qigong	URCR
1200	Every Monday	The Monday Club	SMCR
1930	1st Monday	Dent Parish Council	DMH
1900	3rd Monday	Chamber of Trade	Library
0930	Every Tuesday term time only	Casterton Baby and toddler Group	CS
1300	Every Tuesday	Knit & Natter	FM
1930	Every Tuesday	Bridge Club	WHC
1930	Every Tuesday	T'ai Chi	URCR
1400	1st Tuesday	SL Carers Association	URCR
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Group	PH
1930	3rd Tuesday	Ladies NFU	PH
1000	Every Wednesday	Coffee Morning	URCR
1315	Every Wednesday	Art Society	URCR
1315	Every Wednesday	Zebars	SMCR
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday	Brownies (term time)	SMCR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society	SHS
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	1st Thursday	Toy Library	PH
1500	1st Thursday	Afternoon Teas	Cafe
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Lunch Club	Red
1915	2nd Thursday	Royal British Legion	WHC
1930	Last Thursday	Sed. Parish Council	PH
1330	Every Friday	Dent Over 60's	DMH
1400	1st Friday	Age UK Dentdale Club	DMH

3	7	5	8	1	9	4	6	2
9	8	4	7	2	6	1	3	5
1	2	6	4	3	5	7	8	9
6	3	1	5	7	2	8	9	4
8	9	2	3	6	4	5	7	1
5	4	7	9	8	1	6	2	3
4	6	3	1	9	8	2	5	7
7	1	8	2	5	3	9	4	6
2	5	9	6	4	7	3	1	8



It's the Armistead Wind Farm, but if you stand just here you can almost make out the Fells behind.



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB;</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i>	21529
Mrs S Sharrocks	Holmecroft, Station Road, Sedbergh LA10 5DW (2013/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309
Mrs D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2013/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360
J Garner	2 Millthrop, Sedbergh LA10 5SP (2013/07).. <i>Sleeps 4; CH; CW; DW; TVL</i>	01942 216058 or 07792 445257
Mrs Tallentire	Ingmire Hall, Sedbergh (2013/02) <i>D & PB Flat; £395 pcm; References & Deposit required</i>	07944 859456
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

CHURCH SERVICES					
Date	3 March	10 March	17 March	24 March	31 March
Sunday	Lent 3	Mothering	Lent 5	Palm	Easter
Designate		Sunday		Sunday	
St. Andrew's					
10.30 am	HC bcp	Special + Baptism	HC cw + Baptism	HC cw	HC cw
6.30 pm	EP	EP	EP	EP	Choral
Weds. 11.15	6 March	13 March	20 March	27 March	6 April
St. Mark's					
9.30 am	3 March	10 March	17 March	24 March	31 March
2.30 pm	HC	MP	HC	M & P	HC
St. John's					
10.00 am	3 March	10 March	17 March	24 March	31 March
	MP	HC	MP	HC	HC
HC = Holy Communion BCP = Book of Common Prayer CW = Common Worship			M & P = Meditation & Prayer MP = Morning Prayer EP = Evening Prayer		

EDITORS NOTES

A big thank you to everyone that has supported me in my Sponsored Slim. (See page 45 of last month's Lookaround) I am losing Pounds every day - by going to the shops!!! Truthfully, I have lost some, not as much as I would have hoped at this stage but there are still another 2 months before the end of the tunnel so watch this space - not me. The Sponsor Form is still in the Office if you wish to contribute.

A continued thank you to everyone that makes contributions to the Lookaround in any way. It all helps to keep everyone informed in our community.

A reminder that FREE copies of the Large Print are available to VIP's (Visually Impaired People) as well as an Audio version which comes with a free speaker and instructions. Please

contact the Office if you, or if you know of anyone else, would like to receive either of them.

Apologies to many people as for over 3 weeks, I had no computer so Advertisers have not been sent reminders - but I have included everyone. They should be with you soon. Thanks to Austin Brown for sorting the problem out.

Dennis J Whicker



GRAHAM BRADLEY
BUILDING & JOINERY

Condor Barn, Dent, Cumbria LA10 5QT
Mob: 07778 874855
g_h_bradley@yahoo.co.uk

Religious Services in Sedbergh

CHURCH OF ENGLAND
 St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15
Rev. V Hopkins Tel: 21455
Church Wardens:
 Tony Reed Screen 21081
 & Susan Sharrocks 20754
www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC
 St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30
Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH
 New Street
 Sunday 10.30
Rev. J. Millard

UNITED REFORMED CHURCH
 Main Street
 Sunday 10.30
Rev. C. Marsden Tel: 22030

**SOCIETY OF FRIENDS
 QUAKERS**
 Brigflatts
 Sunday 10.30
Tess & Philip Satchell Tel: 20005

**DENTDALE
 CHRISTIAN FELLOWSHIP**
 Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900
Sarah Woof Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND
 Cautley & Garsdale
Rev. V Hopkins Tel: 21455
Church Wardens:
 Cautley: Judith Bush 20058 & Linda Hopkins 21455
 Garsdale: Mary Grant 20573 & Bill Mawdsley 20723
 Firbank; Howgill & Killington

Dent & Cowgill
Rev. P. Boyles Tel: 25226

METHODIST CHURCH
 Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostraw
Rev. J. Millard 20329

SEDBERGH CHRISTIAN CENTRE
 5.30 pm People's Hall every Sunday
Tel: 20588 or 20503
www.sedberghchristiancentre.co.uk

worship@peopleshall
 10:30 am Sunday

Beth & Sandy Roy Tel: 20785

CAFÉ CHURCH
 7:00pm every first Sunday
 Duo Café & Bistro, Main Street, Sedbergh
Tina Woof 01524 730259

UNITARIAN & FREE CHRISTIAN CHAPEL
 Market Place, Kendal
 Sunday 11.00
 Wednesday 19.30
Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£4.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 15th June 2014

MARCH				
1	St David's Day		20 1930 DMH AGM DMH	
1	1000 Quiltfest till 17th April (7)	FM	21 2000 Shakespeare in Music (21) StAS	
1	1400 Women's World Day of Prayer (*)	StAS	22 1930 Piano Duo Concert (22) SSTS	
1	1400 Age UK - Parish Council Matters	DMH	23 1000 URC Jumble Sale URCR	
1	1930 Domino Drive & Tattie Pot	HVH	23 1000 DMC Coffee Morning DMC	
2	1900 Dent Flicks in the Fells (6)	DMH	23 1300 Spring Show (23) PH	
3	1430 Trott Foundation Concert	SSTS	23 1900 HS AGM (20) SSAT	
5	1900 Aglow Christian Women's Group	KLI	23 2000 New Rope String Band (23) PH	
6	1000 Coffee Morning - N W Cancer	URCR	24 Palm Sunday	
6	1200 Lent Lunches (6)	StAS	24 1900 Dentdale Christian Fellowship (24) RD	
6	1930 HS Diary of Thomas Fenwick Esq (20)	SSAT	27 1000 Coffee Morning - Kidzone (27) URCR	
7	1930 Spar Wars Azda Empire Strikes Back (1)	PH	27 1200 Lent Lunches (6) StAS	
7	1930 WIH - Greensleeves Dance	HVH	28 Maundy Thursday	
7	1930 Neighbourhood Forum	KLI	29 Good Friday	
8	International Women's Day		31 Clocks March Forward	
8	1930 Spar Wars Azda Empire Strikes Back (1)	PH	31 1400 Mini Meadow Magic DMCH	
9	1300 Dentdale Run	Dent	APRIL	
9	1430 Spar Wars Azda Empire Strikes Back (1)	PH	1 Easter Monday	
9	1930 Spar Wars Azda Empire Strikes Back (1)	PH	1 1000 Quiltfest till 17th April (7) FM	
10	1000 Mum's the Word	DCMH	2 1900 Aglow Christian Women's Group KLI	
10	1030 Guild Anniversary Service (10)	SMC	3 1000 Coffee Morning - St Andrew's Mission URCR	
10	1330 Guild Anniversary Service (10)	SMC	4 1930 WIH - Oriental Cookery FCH	
12	1400 WIK - Aid at 2012 Olympics	PH	5 1400 Age UK - Flower Button Holes DMH	
12	1930 Domino Drive	FCH	6 1400 Cricket Club Jumble Sale (63) PH	
13	1000 Coffee Morning - Christian Aid (13)	URCR	6 1930 Flicks in the Fells PH	
13	1200 Lent Lunches (6)	StAS	6 Football Event SSQH	
13	1430 Tea, cakes & Recipes	DCMH	8 1930 PH AGM PH	
13	1915 WID - Anniversary Celebration	DMH	9 1400 WIK - Duddon Panoramas PH	
13	1930 CWT The Juniper Report	SSAT	10 1000 Coffee Morning - ladies NFU URCR	
13	1930 WIS - Career in Ruins	PH	10 1915 WID - Latter Carving in Stone DMH	
14	1200 Lunch Club	Red Lion	10 1930 WIS - Open Meeting, Let's Dance PH	
14	1230 Medical Centre Closed for Training (20)		11 1200 Lunch Club Red Lion	
14	1900 RBL Meeting	WHC	11 1900 RBL Meeting WHC	
15	1900 Parish Supper & AGM	PH	16 1400 SASL Meeting PH	
15	1930 Victorian Keld	DCMH	17 1000 Coffee Morning - Scouts URCR	
16	1930 Flicks in the Fells (16)	PH	19 British Legion Annual Dinner FM	
16	1930 "Cornucopia" (16)	DMH	20 1000 DMC Coffee Morning DMC	
17	St Patrick's Day		20 1800 Sportsman's Dinner (54) DMH	
19	1400 SASL Meeting	PH	23 St George's Day	
19	1430 SS Wilson Run	Back Lane	24 1000 Coffee Morning - Garsdale Village Hall URCR	
20	1000 Coffee Morning - URC	URCR	24 2000 Dancing to Kenny Bell PH	
20	1200 Lent Lunches (6)	StAS	25 1830 Medical Centre Friends Meeting MC	
20	1430 Tea, Cakes & Recipes	DCMH	28 1900 Dentdale Christian Fellowship (24) RD	
20	1930 HS Cattle-droving Birtwhistles (20)	SSAT	MAY	
			1 May Day	

*The S & D Lookaround is edited, published & distributed monthly by
Dennis & Jacky Whicker and is printed by Stramongate Press.
The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.
Copies are available from Sedbergh Office Services,
Green Door, Premier, Howgills Bakery, Post Office and Dent Stores.*

COVER PICTURE**The Calf***By Ian McPherson*

1	1000	Coffee Morning - D&S Oral Society	URCR
2		Local Elections	
2	1930	WIH - Kendal Treasures	HVH
3	1400	Age UK - Dent Brewery	DMH
4	1930	Flicks in the Fells	PH
7	1900	Aglow Christian Women's Group	KLI
8	1000	Coffee Morning - Firbank Church	URCR
8	1915	WID - Clinical Massage +	DMH
8	1930	WIS - The WI Resolution	PH
9	1200	Lunch Club	Red Lion
9	1900	RBL Meeting	WHC
11-16		Christian Aid Week	URCR
14	1400	WIK - Resolutions	PH
18	1200	Sedbergh Gala	Sedbergh
18	1830	Flicks in the Fells (6)	DMH
19		HH Road Race (38)	K Stephen
21	1400	SASL Meeting	PH
22	1000	Coffee Morning - Scouts	URCR
25	1000	DMC Coffee Morning	DMC
26		UltraTrials26 Marathon	Sedbergh
26	1900	Dentdale Christian Fellowship (24)	RD
27		Spring Bank Holiday	
29	1000	Coffee Morning - Middleton Church	URCR

JUNE

1	1930	Flicks in the Fells	PH
5	1000	Coffee Morning - Howgill WI	URCR
6	1930	WIH - Music by Vivaldi & Others	HVH
7	1400	Age UK - Medical Centre	DMH
11	1400	WIK - Summer Surprises	PH
12	1000	Coffee Morning - Garsdale Church	URCR
12	1915	WID - Meaning of Surnames	DMH
12	1930	WIS - Mystery Outing	
13	1200	Lunch Club	Red Lion
13	1900	RBL Meeting	WHC
16		Father's Day	
18	1400	SASL Meeting	PH
19	1000	Coffee Morning - Killington WI	URCR
22	2000	Dancing to Denis Westmorland	PH
23	1900	Dentdale Christian Fellowship (24)	RD
26	1000	Coffee Morning - Sedbergh WI	URCR
29	1000	DMC Coffee Morning	DMC

JULY

3	1000	Coffee Morning - URC	URCR
4	1930	WIH - Members Evening	FCH
5	1400	Age UK - Fire, Water & Ice	DMH
6	1930	Flicks in the Fells	PH
10	1000	Coffee Morning - British Legion	URCR
10	1915	WID - Summer Outing	DMH
10	1930	WIS - Batik Techniques	PH
11	1200	Lunch Club	Red Lion
11	1900	RBL Meeting	WHC
13	1000	StAS Summer Fair	StAS
16	1400	SASL Meeting	PH

17	1000	Coffee Morning - Town Band	URCR
20	1000	DMC Coffee Morning	DMC
21	1900	Dentdale Christian Fellowship (24)	RD
24	1000	Coffee Morning - TBA	URCR
31	1000	Coffee Morning - Garsdale Village Hall	URCR

AUGUST

1	1930	WIH - Humorous Garsdale Tales	FCH
2	1400	Age UK - Past Seasonal Cooking	DMH
3	1930	Flicks in the Fells	PH
7	1000	Coffee Morning - Howgill Church	URCR
8	1200	Lunch Club	Red Lion
8	1900	RBL Meeting	WHC
14	1000	Coffee Morning - St Andrew's Mission	URCR
14	1915	WID - Flying for Life	DMH
14	1930	WIS - Hypnotherapy	PH
17	1000	DMC Coffee Morning	DMC
20	1400	SASL Meeting	PH
21	1000	Coffee Morning - N W Cancer	URCR
25	1900	Dentdale Christian Fellowship (24)	RD
26		August Bank Holiday	
26	1100	Dent Dala	Dent

DIARY KEY

BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CTIS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC/S	= Dent Methodist Chapel/Schoolroom
FCH	= Firbank Church Hall
FM	= Fairfield Mill
GVH	= Garsdale Village Hall
MC	= Medical Centre
HS	= History Society
HVH	= Howgill Village Hall
IRC	= Information Resource Centre
JLCP	= Joss Lane Car Park
KLI	= Kirkby Lonsdale Institute
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
RD	= Rhumes, Dent
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
SSAT	= Settlebeck School Academy Trust
SSTH	= Sedbergh School Thornely Hall
STO	= Sedbergh Tourist Office, Main Street
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.30am
(No appointment necessary)
Late Morning – 10.30am -12.30pm
(By appointment only)
Afternoon – 2.30pm – 6pm
(By appointment only)

Dent surgery by appointment only - Monday

**Evening surgery by appointment only –
Monday/Tuesday & Thursday evening**

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm
(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons (By appointment only)
Dressings Clinic – Friday afternoons
(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm
(By appointment only)

**Please telephone the surgery to make
appointments for all the above clinics.**

See our website www.sedberghmp.nhs.uk
for further details

**When we are closed please contact CHOC
03000 247 247 or 999 if appropriate.**

Collinge Optometrist

Friday only
0900 to 1300 by appointment only.

DENTAL SURGERY

Finkle Street 20626
Mr I R Dawson & Mr B Houghton
Monday to Thursday 0900 - 1700
Friday 0830 - 1400
Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900
Wednesday 1000 - 1230 1400 - 1700
Friday 1400 - 1700
Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900
Saturday 0900 - 1400

SEDBERGH TOURIST OFFICE

Main Street 20125
Open every day 1000 - 1700
www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE 20504

Monday to Friday 1000 to 1600
Thursday 1000 to 1300
e-mail: office@sedbergh.org.uk
www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

Kendal Office
01539 738772
www.cabsouthlakeland.org.uk/kendal.html

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600
01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month
10 am to 12 noon
01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031
www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh
Main Street, Dent

VETERINARY SURGERY

14 Long Lane
015396 20335 (including emergencies)
Mr N. Preston & Mr J. Bramley
Dispensary Monday to Friday 0900 - 1300
1400 - 1700
Consultations Monday to Friday 0900 - 1000 *
1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY