

Sedbergh & District

LOOKAROUND

June 2014

Issue 322

Donation £1

Once again this month, there are plenty of events going on in the area to suit all ages and followings, but alas, there are some that don't appear in these pages so the locals and visitors alike will miss out in

supporting and attending events.

Lookaround is a bit smaller this month due to a drop in text contributions so please, if it's happened, please let us have a report. *Dennis & Jacky Whicker*

Sed  ergh

Music Festival

1st - 15th June

St Andrew's Parish Church

Information, Brochures and Tickets from

www.sedbergh.org.uk/musicfestival

Enquiries at Sedbergh Information Office, 72 Main Street LA10 5AD Tel: 015396 20125



Supported by Sedbergh & District Community Fund with funds from Clutterbooks & Clobber, the Community Charity Shop.

CLOSING DATES: ALL ADVERTS - 15th; ALL ARTICLES - 19th

S & D Lookaround 13 Kings Yard, Sedbergh LA10 5BJ Telephone 015396 - 20788

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

Table of Contents

Advertising Rates	77	Gala Day	66
Bed & Breakfast	71	Gala Day Results	11
Bus Time Table	72	Gardening	29
Crossword	68	Garsdale Lambing Service	7
Diary of Events	78	Going for Growth	62
Groups	74	History Society	33
Personals	6	Local Young People's Fund	30
Places of Interest	5	Neighbourhood Forum	63
Religious Services	76	Parish Council Sedbergh	20
Regular Meetings	5	People's Hall	31
Sudoku	69	Playgroup Sedbergh	38
Appleby Fair	36	Recycling	28
Artisan Markets	49	Red Squirrels	32
Bookworm	27	Rose Community Theatre	46
Churches Together	40	Royal British Legion	61
Citizens Advice	48	Shepherd's Dwelling	61
Community Officer Report	65	Sight Advice South Lakeland	8
Councillors Corner	21	Spring Show Results	10
Cricket Coaching	60	St Johns Church	63
Cricket Club Sedbergh	60	Suzan Sedgwick School of Dance	37
Cumbria Wildlife Trust	44	Swifts	14
Dent Dale Christian Fellowship	62	Those were the days!	17
Dent Gala	18	Tim Farron MP	25
Dent Over 60's	39	Voluntary Social Car Scheme	64
Dent Primary School	30	Weather	59
Dr Gina Barney	13	WI Dentdale	55
European Report	64	WI Howgill	57
Family Musings	19	WI Killington	50
Farmers at Work	18	WI Sedbergh	52
Frankie Cowin	16	worship@people'shall	35
Fresh Start	34	YDNP Election	47

Table of Adverts

Able Memorials	51	Kay Whittle Chiropodist	11
Afternoon Tea	21	Kendal Room Hire	35
Andrew Allan Video Transfer	61	Kentdale Property & Garden Services	49
Austin Brown Computing	38	Killington Marquees	39
Brian Goad Funeral Services	34	Killington Upholstery and Textiles Services	28
Bryroms Furnishers	40	Louise Hartley Pet Care	33
Capstick Insurance Agent	26	Malcolm Sedgwick Carpenter	16
Carl Berry Window Cleaner	63	Mark Barker Gardener	35
Chris Whelan Estate Agent	22	Mark Barker MB Designs	13
Cobble Country Estate Agent	52	Medical Centre	19
Cross Keys Hotel	58	Medical Centre	30
Cumbria Stoves	61	MK Conversions Builders	50
Daphne Jackson Osteopath	13	Music Festival	1
Dawsons Coal Yard	9	Nichola's Childcare	60
Dentdale Designs	34	Nicky Ross Plumber	27
Derek Hayes Gardener	37	Parkin & Jackson - Kevin Bateman	34
Duncan Law Plumber	64	Paul Hoggarth Builder	39
Ecotec Gas Specialist	56	People's Hall	35
Edwin Middleton Carpenter	66	Peter Woof Tradesman	57
Farfield Mill	10	PH Dance	21
Farfield Mill Help Wanted	37	Philip Horner Fencer	19
Fish Express	45	Robert Powell Web Design	39
G J Baines & Son Builders	67	Rosemary Lewes Accountant	13
Garsdale Design	36	Ryan Simpson Septic Tanks & Skips	65
Gary Allan Metalworker	17	Sam Konczynski Carpets	61
Gavin Charlesworth Wood Supplier	20	Sedbergh Office Services	41
Graham Bradley Builder	39	Sedbergh School	53
Graham Moffat Builder	63	Sheila Shuttleworth Dressmaker	64
H&M Craftsmen	48	Slovenia Rail	18
Haddock Paddock	44	Smatts Duo	12
Hay For Sale	79	Stefan Kliszat Decorator	32
Hayton & Winkley Solicitors	55	Stephenson & Wilson Builders	59
History Society	7	Steve Chadwick	25
Holme Farm	24	Steve Hopps Handyman	63
House Clearances	35	Stobars Hall Care Home	36
House For Rent	29	Stramongate Printers	62
Howgill Horrors	8	Tilk Wilkinson Builder	66
Howgill Upholstery	47	Tooby Electricals	54
Jennie Davies Counselor	7	Trevor Gardner Plumber	23
John Hawley Gardener	47	Tug of War	15
Josephine Lade Orthopaedic	42	Western Dales Bus	14
July Town Band Concert	44	Westmorland Veterinary Group	38
June Parker Acupuncture	57	Windermere Windows	43
Kath Parkin	46	Yvonne Cervetti Massage	31

JUNE BIRTHDAYS

Every month, there are Children's Birthday Vouchers to the value of £10 awarded to a Child whose name appears on the Birthday Page.

The recipients this month are:-
Harrison Brooks who is 10 years old on 7th June and
Jay Kirby who is 11 years old on 23rd June.

Please collect your vouchers from
Sedbergh Office Services
13 Kings Yard, Main Street,
Sedbergh
which can be used in any shop in
Sedbergh & Dent.



Day	Name	Age
5	Tate GORNALL	1
7	Rowan ASHWORTH	4
7	Harrison BROOKS	10
9	Jack McDOWALL	7
10	Natalie WALLER	10
15	Lavinia CAPSTICK	10
23	Lewis DALZELL	8
23	George LABATTE	1
23	Jay KIRBY	11
Nonagenarian & Over		
8	Edward Morphet	93

		2	3				9	
	9			4				6
5	3	6		8				
					6	7		4
			1	2	4			
4		5	9					
				3		5	4	7
2				1			8	
	7				8	3		

3	5	6	4	9	1	2	8	7
2	4	8	3	7	6	1	9	5
7	9	1	2	5	8	6	3	4
8	1	9	7	2	4	3	5	6
5	6	3	8	1	9	7	4	2
4	7	2	5	6	3	9	1	8
9	2	5	1	4	7	8	6	3
1	3	7	6	8	5	4	2	9
6	8	4	9	3	2	5	7	1

Regular Events/Meetings				PLACES OF INTEREST TO VISIT IN THE AREA
Time	Day	Event	Code	
1000	Every Sunday	Free Entry to Locals	FM	
1000	Every Monday	Wild Goose Qigong	URCR	Bruce Loch, Busk Lane
1330	Every Monday	Knit 'N' Natter	DHC	Cautley Spout, A683 towards Kirkby Stephen
1400	1st Monday	Bridging the Gap	MC	Community Office, 72 Main Street
1930	1st Monday	Dent Parish Council	DMH	Cumbria Wildlife Trust, Community Office
1930	1st Monday	People's Hall Comm	PH	Dent Heritage Centre, Laning, Dent *
1900	3rd Monday	Chamber of Trade	PH	Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
1300	Every Tuesday	Howgill Toddlers	HVH	Friends Quaker Meeting House, Brigflatts.
1300	Every Tuesday	Knit & Natter	FM	George Fox's Quaker Pulpit, Firbank
1830	Every Tuesday	Cub Scouts	SHQ	Golf Club, Catholes, Sedbergh *
1930	Every Tuesday	Bridge Club	WHC	History Society, Community Office
1930	Every Tuesday	T'ai Chi	URCR	Holme Working Farm, Middleton *
1400	2nd Tuesday	Killington WI	PH	Holy Trinity Church, Howgill
1400	3rd Tuesday	Sight Advice Group	PH	Jubilee Wood, Castlehaw Lane
1930	3rd Tuesday	Ladies NFU	PH	Langstone Fell, A684 Garsdale Foot
1000	Every Wednesday	Coffee Morning	URCR	Methodist Church, New Street
1315	Every Wednesday	Art Society	URCR	Queen's Gardens, Station Road
1315	Every Wednesday	Zebras	SMCR	St. Andrew's Church, Dent
1730	Every Wednesday	Sedbergh Juniors	PH	St. Andrew's Church, Main Street, Sedbergh
1730	Every Wednesday	Brownies (term time)	SMCR	St. Gregory's Church, Vale of Lune
1730	Every Wednesday	Beaver Scouts (Term Time)	SHQ	St. John's Church, Cowgill
1930	Every Wednesday	Sedbergh Seniors	PH	St John's Church, Firbank
1930	1st & 3rd Wednesday	History Society (Winter)	SHS	St. John's Church, Garsdale
1915	2nd Wednesday	Dentdale WI	DMH	St. Mark's Church, Cautley
1930	2nd Wednesday	Sedbergh WI	PH	Sedbergh Embroidery, StAS
1400	3rd Wednesday	Age UK South Lakes	Library	United Reformed Church, Main Street
1400	1st & 3rd Thursday	Child Health/Baby Club	PH	Information Centre, 72 Main Street
1930	1st Thursday	Howgill WI	FCH	Winder Fell, above Sedbergh
1200	2nd Thursday	Lunch Club	Red	
1915	2nd Thursday	Royal British Legion	WHC	
1930	2nd Thursday	Sed. Parish Council	PH	
1930	Every Friday	Scouts	SHQ	
1330	1st Friday	Age UK Dentdale Club	DMH	
See Pages 90 & 95 for contact details & Keys				* = Entry Fee Applicable

PERSONAL & SMALL ADS £1

ATACK

Carol, Geoff and family would like to thank everyone for their prayers, cards, flowers and kind wishes received on the sad loss of Carol's Mum Mary Atack. Grateful thanks go to all the staff at Christian Head, in Kirkby Stephen who cared for her lovingly for 21 months. Her last 4 months were spent in hospitals, the last being Penrith Community Hospital where she passed away and where the staff were also wonderful. Thanks to Rev Harold Stuteley for guiding us through our Thanksgiving service for Mum's life and to Brian and Dorothy Goad for their excellent and efficient funeral arrangements and refreshments afterwards. A total of £207 was raised for CLIC Sergeant (Childrens Cancer) to whom we will forward the donation in Mum's memory. Grateful thanks to this special town we are so lucky to live in.

=====

GARNETT

Happy Birthday Ben on 24th June. Love from Mum and Dad, Anne-Marie, Grandma, Aunty Dawn and Aunty Georgina.

=====

FOR SALE

Stone Bird Bath - 3' high £10;
Reconstituted Stone pedestal - 2' high £10. Collection only, please phone 07887 780629.

FOR SALE

Pretty white-painted pine wardrobe with a drawer at the bottom. Suitable for a small, or child's bedroom. H 178cm, W90cm, D54cm. £45.
Computer desk in 'antique pine'. Pull out keyboard drawer and cupboard. A very solid, well made piece of furniture, in excellent condition. D62cm, H75cm, L116cm. £65.
Large, contemporary style L-shaped desk in maple-effect with corner quadrant. £40.
Chest of drawers in dark polished wood, in attractive shape. Excellent condition as it is, or could be painted / distressed to make a lovely contemporary piece. £40. Tel: 20360.

=====

FOR SALE

Cream coloured three Piece suite with 2 seater settee. In good condition but arms are worn. Any offers. Tel: 20980.

=====

FOR SALE

Greenhouse 6' x 4'. Free. To be taken down and taken away. Tel: Sedbergh 21248.

=====

WANTED

Quiet country home needed for two cats, brother and sister, 12 years old, neutered. Very healthy and friendly. Good hunters but like being indoors when the weather is bad. Contact Chris or Marion on 015396 21385.

GOOD SERVICE BAA NONE

On Sunday 27th April I attended the Lambing Service at St Johns Garsdale for the first of its kind there conducted by Rev A McMullon on this occasion.

A well attended service was joined by some young lambs in this idyllic church, whose bleating at times almost drowned the Vicar and even some of the robust hymn singing!

The Vicar had improved and skilfully adapted the Hymn 'All things bright and beautiful' to carry a unique verse to reflect the occasion-to be known in future as the 'Garsdale verse'

The short service was brought to a climax when the children in the congregation were invited to come

For Depression, Anxiety, Loss, Relationship Issues, Obesity and Eating Problems

Contact **JENNIE DAVIES**
Kendal and Sedbergh

Counsellor, (Senior accredited BACP)
Psychotherapist (UKCP accredited)
Advanced Practitioner in Obesity and Eating Disorders.
015396 21261

jennie@odavies.plus.com
www.jenniedcounsellor.co.uk

forward and feed the lambs with prepared bottle milk.

Lambs tails wriggling with pleasure of the milk, we left the church to enjoy refreshments in the Village Hall...and what refreshments!

That spread of sandwiches, cakes and oh so fashionable cup cakes would have sat comfortably alongside any 'Afternoon Tea' offered by any four star hotel!



My recommendations to readers is to make a note in diaries to join in the same celebratory April service in 2015 and to get there early- as I'm sure this new addition to the Church calendar will be enjoying 'full house' notices before long.

The retiring collection was for the Royal Agricultural Benevolent Institution.
David Evans

SEDBERGH & DISTRICT

HISTORY SOCIETY

Saturday 7th June
SPRINT MILL BURNESIDE
Sprint Mill Car Park @ 2.30pm
or Loftus Hill Car Park @ 1.30pm

Friday 20th June
St MARY'S CHURCH, WREAY
Church Car Park @ 6pm
or Loftus Hill Car Park @ 5pm

If you would like a lift to any event, please ring a member of the Committee.
We usually meet in Loftus Hill Car Park and arrange to share transport if possible.
Please note that dogs are no longer allowed on Outings.

www.sedberghhistory.org

Chairman: Richard Cann 20771
Secretary: Karen Bruce-Lockhart 20224
Treasurer: Chris Elphick 20605
Membership Secretary: Chris Elphick 20605

SIGHT ADVICE SOUTH LAKELAND

Sedbergh Support Group

First of all, many thanks to Elspeth and Elizabeth for their report to Lookaround on the April Meeting - hope it isn't your 'writing' arm that's broken Elspeth - see below!


Betty H welcomed a 'goodly gathering' to our May Meeting in the Committee Room at The People's Hall - as the tea-cups were well and truly rattling and the chatter rolling in full flow when I arrived, I must have missed the 'round-the-table-roll-call' we have at the start of proceedings, so I'm not sure who was who or where they were, but ne'er mind, it was good to have so many there.

Absentees I noted were Barbara - bless you Barbara, I have some idea how you must be feeling as, just at the moment, I'm a bit 'unbalanced' and 'deficient' myself; Jack and Mary - hope you're both 'fit fort' Fat Lamb' in June; and Rosemary - you and the family are especially in our kindest thoughts, love and prayers Rosemary following George's death.

A minute's silence was kept in memory of Betty D. as we remembered with gratitude the contribution Betty made to both SASL and the Sedbergh Group's activities.

We are very fortunate in the Sedbergh Group in that those who organise our meetings always try and make sure that whatever is 'organised' can be enjoyed by all no matter what their sight problems are, and today's 'activity' was no exception. A big 'thank-you' to Betty H. for all her time and effort in preparing 'Postman Pat Passes the Parcel' for us to take part in. With most correct 'guesses' Jenny D. must be stamped 'first class' with one or two others arriving a little later by 'second class' and some, like Margaret and me missing the post completely! (I also managed to miss the bus back home, so especial thanks to the very kind gentleman who pointed this out to me, and the Baines/Watson door to door collection and delivery service which rescued me from my plight and delivered me safely home.)

Whilst we were busily engaged in passing the sealed envelopes in the hope they would not have to be returned to sender, Susan was



SED BERGH
SCHOOL

THE HOWGILL HORROR

ENTER THE HOWGILL HORROR

SUNDAY JUNE 8TH 9.00AM

Help support
THE ROGER LUPTON SCHOLARSHIPS
Providing a life changing opportunity for young people at Sedbergh School


Choose from:

- **The Howgill Horror** 50 miles of horribly hilly cycling for the fit
- **The Cautley Canter** 30 miles of cycling without too many of the horribly hilly bits
- **The Dent Dash** 18 miles of moderately hilly cycling to Dent and back

Entry Fee £25
Feed stations on main rides and free bbq lunch for all
Raise £100 sponsorship and get a free Howgill Horror cycling jersey

Register at:
www.sedberghschool.org/foundation

Sponsored by:



collecting, registering and recording the menu orders for the lunch at The Fat Lamb on Tuesday 17th June. (12 for 12.30 - cost £9.50). As my name is one that is missing from Susan's list, hopefully once again the good offices of Elspeth and Elizabeth will provide a further 'in loco report on the proceedings' of that meeting for Lookaround. As July and August are holiday months for the Group, our next meeting is scheduled for Tuesday 16th September in the People's Hall Committee Room at 2.00p.m.

Further details of SASL's Sedbergh Support Group and its activities can be obtained by phoning Jennifer on 015396 25162. Details of all SASL's

services for vip's can be obtained by phoning 01539 742633. If you would like an audio or large print copy of Lookaround please see Dennis.

I am sure every-one will have a most enjoyable meal and get together at The Fat Lamb, and hope there will be plenty of summer sunshine for us all to bask in before we return in September. *George Watson*

On Saturday 12th July, Members of the SASL will be having a Street Collection in Sedbergh. Volunteers are requested to help for about 2 hours between 9.30am and 2.30pm. If you would like to help, please contact Miriam Baird on miriambaird@sky.com or 07977 51 00 56

W. DAWSON AND SON LTD

Now In Stock:-

Basket Plants -----	3 plants for £5.00
Bedding Plants – various varieties available -----	4 trays for £10.00
60 litre Multi-Purpose Compost -----	£4.50 each or 3 for £11.00
Grow Bags -----	£2.00 each or 3 for £5.00
100 litre Bales of Chipped Bark -----	£7.50 each or 3 for £20.00

Hanging Baskets Coming Soon

Station Yard, Sedbergh LA10 5HP

Tel: 015396 20210

e-mail: office@dawsonsofsedbergh.co.uk

www.dawsonsofsedbergh.co.uk

SPRING SHOW AT GALA

WHAT A WONDERFUL DAY! The weather gods smiled on Sedbergh and everyone was filled with 'joie de vivre'. It was lovely to see everyone enjoying themselves in the sunshine and the queue for Howgill Ice Cream was never less than half a mile long. Congratulations to all who had worked so hard to make the show a resounding success.

Congratulations and thanks to everybody who took part in the Spring Show. We were so happy to be able to retrieve part of this year's Show and thank the Gala Group for their hospitality. The children at the schools and playgroups produced some wonderful exhibits displaying

imagination, fun and really serious achievement. Their parents, teachers, and helpers must be justly proud of them.

Results

PRE-SCHOOL

A poster of a farm by a group of children:- Howgill Toddlers; Sedbergh Playgroup; Nichola's

A drawing of a farm animal:-Olivia Davies; Lexxi Cotton; Evelyn Bradley

A collage in 3 colours:- Isaak M-Whiteside; Hector Gubbing; Hannah Marsden

A drawing of a person:- Poppie Pike; Hannah Marsden; Otis McGough

RECEPTION YEAR

A picture of a dragon, dinosaur, or robot:- Logan Cowin; Elizabeth

farfieldmill	EXHIBITIONS IN JUNE:	
	The British Tapestry Group - METAMORPHOSIS a new exhibition by the Scottish Members of the group	
	Mark & Sarah Butler - WORKING THE VIEW a wonderful treat for lovers of photography	
	PagePaperStitch - FOLD beautiful handmade books in a variety of formats and styles	
	WORKSHOPS: Call 015396 21958 to book	
	<u>Thurs 03 Jul:</u> Jan Beadle will help you to create your own woven piece using the leno weaving technique	
	<u>Sat 09 Aug:</u> Wire & Fibre Jewellery with Chrissie Day	
	Weavers Café open 10.00 - 5, daily. English breakfast until 11.45  homemade soups, specials, & Sunday lunches (book 015396 21159) Bring your own alcohol. No corkage. Free admission to café.	
	Farfield Mill is open daily 10.30 - 5.00, £3.50/£3, under 16s free. Garsdale Rd, Sedbergh, LA10 5LW. www.farfieldmill.org 015396 21958	
	FREE ENTRY for LA10 residents on Sundays	

Hartley; Ellie-Ann Stainton

YEARS 1 & 2

An illustrated capital letter:- Myles Stainton; Evie Dean; Oliver Woof

An Easter card:- Vicky Woof

A decorated digestive biscuit:- Vicky Woof; Vicky Woof

A nocturnal animal in mixed media:

Anika Burbidge; Adam Hall; Alfie Paton

YEARS 3 & 4

Handwriting of a favourite poem:-

Grace Robinson; Beatrice Deighton; Daniel Hall

A collage picture of an animal:-

Rhiannon Winder; Arnold Hodgson; Charlie Brown

A drawing of a car or an agricultural machine:- Joe Vinsen; Arnold

Hodgson; Mikey Charnley

A Viking artefact:- Maddie Walsh;

Hattie Davies; Grace Allan

YEARS 5 & 6

A collage in sequins and buttons of a

butterfly:- Abbi Woof; Hannah Kitchen

A sculpture made from recycled

material:- Chloe Cowin; Amelie

Pennington; Skye Smith; Millie

Gordon; Natalie Waller

A picture of the local area:- Abbi Woof

YEAR 7 & above

4 decorated cup-cakes:- Bethany

Handley

Special Awards

WH Milburn Cup for Handwriting

GRACE ROBINSON

Cup for Special Effort

BENJAMIN GREENSMITH

Cup for Best Item in Show

BETHANY HANDLEY

Cup for Most Points in Show

VICKY WOOF

Wendy Fraser-Urquhart

CHIROPODIST

HCPC Registered

Kay Whittle

MSSCh DipPodMed MBChA MInstChP

Pedi-Care House, Howgill Lane,
Sedbergh LA10 5AD

Tel: 015396 22122



Open 09:00 - 4:30

Please phone for appointments

Closed on Mondays

*Supplier of
HJ Hall "Softop" socks
Argan oil & cream; Arnica gel & Aloe Vera*

GALA DAY RESULTS

Fancy Dress

Pedestrian Groups. 1st Sedbergh

Primary School,

2nd Sedbergh Playgroup.

Commendation Kevin Gough and

Carol Douglas

Joint under 4's, Jason Gratton.

Boys 4-7, Alex Gratton.

Decorated pram/pushchair, Pippa

Middleton.

Boys Football

Elliot's Eagles 3

Denim's Dalmatians 6

Girls Football

Abbi's Adders 2 Mily's Millipedes 3

We are open 3 evenings a week until 4th October

Spring & Summer opening hours

SUNDAY to WEDNESDAY 9am to 6pm

THURSDAY 9am to Late

FRIDAY & SATURDAY 9am - 9pm

Food served every day till 5.30pm

Food served Friday & Saturday evenings from 6pm till 8.30pm

Thai Night every Thursday 6pm till Late

Smatt's
Duo
Cafe Bar & Bistro



Smatt's
Duo
Cafe Bar & Bistro

Please check our website for

up to date menus & any closures

We have been here over a year now & would like to give
our customers something back for all their support.

Pick up your loyalty card for all hot drinks now

32 Main street, Sedbergh, Cumbria LA10 5BL Tel. 015396 20552

smattsduosedbergh@gmail.com

www.smattsduo-sedbergh.co.uk

Rounders CJ's Seahorses 14.5

Abigail's Angel Fish 11.5

Spring Show at the Gala

W.Milburn Cup for Handwriting -

Grace Robinson,

Childrens cup for Most Points in the

Show - Vicki Woof

Cup for Special Effort – Ben

Robinson

Judges Cup for Best Item in the

Show – Bethany Handley

Shop Window Display on the Theme

50 Golden Years

1st Powells Flower Shop

2nd Leighton's Barber Shop and Hair

Salon

3rd Green Door Sweet Shop

BOFRA Fell Races

Senior Men

1st Rob Jebb. 1st Local Sam Fisher

Under 17 Boys

1st Thomas Nelson. 1st Local Samuel

Ingle

Under 17 Girls

1st and 1st Local Katherine Lawson

Under 14 Boys

1st Joshua Boyle 1st Local Harry

Brownbill

Under 14 Girls

1st and 1st Local Mia Walsh

Under 12 Boys

1st and 1st Local Fraser Sproul

Under 12 Girls

1st Chloe Rylance 1st Local Maddie

Walsh

Linda Winn

Daphne Jackson

DO, MsC (Ost)
Registered Osteopath

Mill Barn, Broad Raine
Killington LA10 5EP

Please ring Kendal Practice
for appointments
01539 740452

Dr GINA BARNEY

Citizen of Sedbergh

It may interest you to know that Our Gina has a life outside Sedbergh.

On 8 May 2014 she was awarded an Honorary Fellowship of the Chartered Institution of Building Service Engineers (HonFCIBSE). Although she qualified as a Fellow of the Institution of Electrical Engineers (FIEE) by examination and practice in 1979, this is an award recognising exceptional service to the Institution.

R Lewes

Chartered Accountant

Accountancy & tax services
for small businesses
Business start-ups

Tax returns and advice for individuals

Your friendly, local service is back full-time.

For your first **FREE** consultation
Call or email

ROSEMARY

015396 20088

rosel@rlewes.freeserve.co.uk



Picture: President George Adams & Gina

On 15 May 2014, in the company of her daughter Kaye, she was admitted to the Freedom of the City of London in the Worshipful Company of Engineers.



Picture: Gina and Kaye

Look out for a flock of sheep in Main Street.

Painting and Decorating

- Internal and external
 - House makeovers
- to attract buyers*
20 years experience
Excellent references



MB Designs

015396 23239

0770 99 77 619

SEDBERGH COMMUNITY SWIFTS

As I write this in May the first reports are coming in of sightings of swifts in and around Sedbergh. As you read this in June they should be in full numbers, screaming in gangs over the streets and bringing immense excitement and drama to our skies with their stunning acrobatic flight. Our swifts have returned to their homes, nesting in eaves and crevices high in buildings, and we are very privileged to have them. They return to the same nests year after year after the journey back from their winter feeding grounds in central and southern Africa. This journey can be arduous and inevitably some do not make it.

But the greatest threat to these amazing birds comes, sadly, from our home improvements which often block the entrances to their nests in the roof spaces under the eaves. The swifts return, only to find

nowhere to rear their chicks, and another breeding pair will be lost. New building techniques mean that modern houses exclude them too. Swifts are in serious decline, by over 40% in the last 15 years, and *they urgently need your help.*

What can we do? Firstly we need everyone to look out for swifts and report where they have been seen and where they fly up under eaves to nest. Secondly, if you are renovating your house, seek our advice as to how this can be simply done without losing nest sites. If you have ladders or scaffolding in place, please consider placing a swift nest box or two on the wall under the eaves. They only take a few minutes to fix securely, causing no damage to the house and potentially giving you and others the pleasure of hosting your own swifts for years to come. (Swifts are not messy and do not enter the house itself!) Houses need not



Western Dales Bus

Saturdays to Kendal

**Dent: 1106
Sedbergh: 1121**



Sundays to Hawes

**Sedbergh: 1208
Dent: 1222**

Return from Kendal: 1425

Return from Hawes 1600

necessarily be old, although that is the traditional preference because of the nooks and crannies.

The recently formed group, **Sedbergh Community Swifts**, can give advice on all swift-related matters. We are also applying for grants and hope to be able to assist with good quality, hand-made swift boxes, and give full help and instructions for placement.

Many of you saw our stand at the Gala and stopped to talk to us. Sedbergh swifts are obviously very important to the community and we must not lose them. Sedbergh is an ideal town for swifts, with plenty of tall old buildings. We need to find out where they nest and do all we can to

increase the provision of new sites. Please help the swifts by reporting your sightings:

- Where have you seen “screaming parties” of swifts flying (often at dusk)?
- Where are the swifts nesting (you will see them zoom up into the eaves)?
- Do you have a location for a swift box?

Our email address is sedberghswifts@gmail.com or if you can't email call us on 01539 824043.

Swift information can be found also from these excellent websites: www.swift-conservation.org and Action for swifts <http://actionforswifts.blogspot.co.uk/>

Tanya Hoare

CHARITY TUG OF WAR CHALLENGE



SUNDAY 15th JUNE

POWELL HOUSE PITCH

2pm

The boys of Powell House

(current Sedbergh School Tug of War Champions)

invite you to pitch your tug of war teams against them at their inaugural charity challenge on Sunday 15th June.

If you fancy your chances, please contact Kate Seymour on seymourkate@hotmail.co.uk by Sunday 8th June.

(£2 per head – teams of 8; all proceeds to “RFU Injured Rugby Players”)

FRANKIE COWIN

7th Oct 1949 – 8th May 2014

Frankie was born in Kirkby Stephen and moved to Sedbergh when he was around 16. He went to Kirkby Stephen Grammar School. After leaving school he worked at 'Goodacres' in Kendal for a number of years, he then decided to try his hands in the 'Road Surfacing Business' working for 'Conny Harts' then 'Tilcon' which later changed to 'Tarmac', where he was the Foreman. He married to Diane in 1969 and they had 3 children, Paul, Tina and Vicky who gave them 7 beautiful Grandchildren - Jack, Bryony, Jade, Jasmine, Chloe, Zoe and Holly, to which they had many great hours of fun, laughter, tears, tantrums but most of all love and happiness.

Frankie and Diane loved going on holiday abroad and in this country. Many happy ones spent with Terry and Sue Bateman & their kids, a family holiday to Greece and many memorable ones with Dave and Janet.

He loved his football and especially his beloved Leeds United where he

went to watch them lose more times than win. He used go to work, come home, get washed and changed, bite to eat then go to the match. Going to the match on a Saturday was a routine and he went with Fat Nelly, Glen, Dave Frame, Becky and Fluff. Nelly always used to say to the lads "Where's shiny gob?" because of all his gold teeth. Being up since 5 o'clock and not getting home till midnight sometimes, this was always worth it he said.

Frankie used to love going out for a pint in which he would have a game of darts with his friends Benner, Thecky, Rawno, Raymond and Scotty. Then having a game dominoes with Bobby, Joe, Matty, Terry, Cammy and Bob. He would be up early the next morning for his most favourite hobby of all, fishing, bringing more fish home than we could fit into the freezer. He was a loyal member of the Sedbergh Anglers Committee which he attended with his good pals Andy, Mick and Tim. As he loved fishing he would always head down to Arnside with another one of his great pals Barry Garnet, who sadly passed



Malcolm Sedgwick Joiner



*We are time - served local tradesmen undertaking all aspects
of joinery work finished to a high standard.*

For free estimates or further information, please contact us on:-
Tel: 015396 20609 Mob: 07527 237 599
e-mail sedgmjm@googlemail.com

GARY ALLAN

Welding & Fabrication

Structural Steelwork, Farm Equipment,
Farm Buildings Erected or in Kit Form,
Specialist Ornamental Gates & Railings,
Fabricated Steel supplied to the Building Trade,
On-Site Welding & Repairs.

Light Oaks,
Killington
Kirkby Lonsdale
Carnforth
LA6 3EY

Tel: 015242 76426 Mobile: 07968 411787

away a few years ago. They would both have banter about the big one that got away.

Frankie's pride and joy was his garden which he made it look the best for Diane. The colours of his garden put a smile on everyone's face. In his garden he loved growing his own vegetables which all the family loved. Tina always used to say "DAD don't forget to put plenty of tatties in for us all"

Something that surprised everyone was when Frankie took up Bowling with Steve Teal and Bomber. He would go down to Queens Gardens to practice and also played a few matches which he loved, win or lose he would never give up. Enjoying being with all the people which were there. Now Frankie will be with his pals Jim and Barry putting the world to right. He will be looking down on us thinking, "your doing that all wrong". "Not there!!!, Over Here!!!," "That's right!!!", Then he would stick the thumbs up!!!.

God bless him – he'll be missed!

THOSE WERE THE DAYS!

Do you, or anyone you know, have old black and white family photographs of life in Sedbergh in the early 20th century? If suitable, would you lend them to be enlarged for an exhibition at Farfield Mill? We are looking particularly for anything related to wool – sheep farming, groups of people knitting, weaving, the latter especially at Farfield Mill, etc. If you can date them (roughly) and name the people on them, that would be a bonus.

Please bring them, with your memories, to either the Howgill WI coffee morning at the URCCR on June 5th 10.00 – 12 or the Garsdale Church one a week later on June 11th where a member of staff from Farfield will be on hand to meet you and tell you more about this project. If neither date is convenient please phone reception at Farfield Mill on 015396 21958, leave your name and phone number and we will contact you.

The exhibition will open on National Heritage Weekend, 13/14 September. Help us celebrate the lives of your ancestors, and the heritage of a very special place. *Anne Pierson*



FARMERS AT WORK

A photograph has been submitted to Lookaround for readers to try and identify the five men in the picture. Some names have been provided but some are missing. Can you name any of them? Also, can you give the location and year?

Dennis J Whicker

DENT GALA

On August Bank Holiday Monday, starts 11am. Gala committee meeting Tuesday 3rd June, in at the back door at the Memorial Hall, helpers needed on the day, suggestions welcome. Do come.



Sarah 25212

PS. This year we are reintroducing the children's Fancy Dress!

SLOVENIA by RAIL

We operate a weekly Motorail service each summer to Koper in Slovenia.

Trains are overnight with choice of accommodation.

Superb Dining Cars with Silver Service and Stunning views

Special Deals for LOOKAROUND Readers

Just ask for 'Sedbergh Savers'!



01253 59 55 55

www.railsavers.com

FAMILY MUSINGS

Good news abounds in our family at the present time, another grand child on the way, Bal will have a sibling in November, "Auntie" Margery is holidaying in her beloved Dent and celebrated her 96th birthday with us, and the long awaited hospital letter, long promised to contain "suggestions" to help me finally arrived on May 10th, dated end of Feb but still sent unsigned to (quote) "SAVE TIME" ...am I missing something? It contained no suggestions and thankfully all ok, I presume if not been ok I would have heard sooner. Hopefully.

What joy to find my first Sweetpea, grown from seed, in flower in the Greenhouse, the Magnolia, outside obviously, is now flowering and the Rhododendrons is opening its buds. The free greenhouse is slowly taking shape and the wooden one which went up to the farm is bursting at the

Philip Horner

Fencing Contractor

Walling

Man & Tractor

Tel: 015396 21984

Mob: 07855 349157

e-mail: prhorner@hotmail.com



SEDBERGH

MEDICAL CENTRE

will be closed for Training Purposes at 1pm on the following afternoons:-

Thursday 19th June

Tuesday 15th July

Tuesday 16th September

Wednesday 15th October

Tuesday 11th November



seems. Spuds are braking through in bags and hopefully we will soon be eating fruit from the Greenhouse as we have Strawberries in there. There are disasters and a true professional would likely throw their arms up in horror but it works for me and that is what matters. Re-claiming the rockery at the front is a labour of love, clearing the path Dad laid all those years ago, doesn't get much better than this.

Trying to rid the guest room of the smell of paint proved difficult until the little Vac took up part of the bedspread, then a horrid burnt smell prevailed, it got rid of the other smell but created another problem, soon solved by opening all the doors and getting air circulating. On another topic entirely I now know why people put their hands in front of their mouths when they cough, to stop their Dentures flying out, it happened to me and I was driving at the time and suddenly my top teeth were sat on the dashboard .. my passenger was not too impressed! Enjoy the unexpected folks, and Holker if you go, remember Kendal Craperie make good pancakes. Sarah

SEDBERGH PARISH COUNCIL

This report covers the Parish Council meeting held on the 8th May 2014

PLANNING

- The Planning Committee Report detailed several applications, one objection (relating to the Post Office Yard) was submitted after full consideration by the Council
- It is noted that Cumbria County Council South Lakeland Local Committee has budgeted £25,000 for re-flagging on Main Street, Sedbergh in the current financial year.
- Council Members have recently met with South Lakes Housing at Gladstone House to discuss the

Sheltered Housing Scheme. SEDBERGH TOWNSCAPE PROJECT

- Footway widening on Main Street is due to commence on 19th May 2014, diversions will be in place via Busk Lane.
- Plans to provide Cycle Stands along Main Street and in front of the Lych Gate at St Andrews Church are progressing.

AMENITIES COMMITTEE

- New electronic shutters have now been fitted at the toilets on Main Street.
- The drains on Joss Lane have been cleared in the hope that the problem of pooling water around the recycling bins will be solved.

**THIS TEAM
"LEAVES" IT CLEAN!**

Charlesworth

Tree Care & Fencing Ltd

Domestic • Commercial • Agricultural
Covering the whole of Cumbria & North Lancs.



- Agricultural & Garden Fencing
- Rustic & Panel Fencing
- Post & Railings
- Horse & Rabbit Fencing
- Stock Proof & Deer Fencing
- Fencing Materials
- Treated Timber

Firewood for sale

CALL GAVIN TODAY
015242 71840
OR WOODYARD ON
015396 20006
Mobile **07721 773135**
email: gavin@g-charlesworth.co.uk
The Woodyard, Old Railway Goods Yard,
Middleton, Kirkby Lonsdale LA6 2NE

C
H
A
R
L
E
S
W
O
R
T
H



This Team Leaves It Clean

PUBLIC PARTICIPATION

- Cllr Westwood advised that the road markings on Long Lane are due to be refreshed.
- Representation was made by a group of Residents in connection with concerns over traffic conditions on Back Lane
- Representation was made by John Metcalfe concerning the Western Dales Bus, The Community Centre, The Volunteer Car Service and the re-location of Police Office.

The next meeting will be our Annual Meeting of the Parish at 7.30 pm 5th June 2014 in the People's Hall Committee Room. This will be followed by the Annual Parish Council Meeting when members of the new Parish Council will be asked to sign their Acceptance of Office following the Parish Council Election on 22nd May 2014.

Please note that members of the

OLD TYME DANCE

with

Denis Westmorland

8pm to 11.30pm

Saturday 21st June

People's Hall

Jacob's Join

Raffle

Bar

£4



public are invited to our Annual Meeting of the Parish to give feedback on local matters and receive the Chairman's report for 2013/2014 and are welcome to stay on for the formal Annual Parish Council Meeting afterwards. The normal monthly meeting of the Parish Council will be on Thursday 12th June 2014 where, as always, members of the public are able to comment at 8.30 pm.

Janey Hassam – Parish Clerk

Fund Raising Event For The Dales Bus

URC Room, Sedbergh

Saturday 21st June

1pm to 5pm

Afternoon Tea - £2

Raffle £1



COUNCILLORS CORNER

Cllr Evelyn

In May I attended the Cumbria finals of the Young Enterprise competition, in my role as Chairman of South Lakeland District Council. This is a Europe wide competition designed to encourage a spirit of entrepreneurship amongst school children and to teach them the skills like teamwork, communication and financial acumen that you need to succeed in business. Small teams of six to a dozen or so pupils, assisted by business volunteers from the community have to set up a company,

elect a board of directors, open a bank account and raise share capital. They design a product or products which they then have to market. For the competition they have to compile a company report, set up a trade stand and then make a presentation.

The students at the finals put the vainglorious contestants in the *Apprentice* to shame. It was both impressive and inspiring to see the quiet confidence and competence of these 16 to 18 year-olds who were quite unfazed at giving a four minute public presentation to a room of 150 people. The winner – Digipi from the Nelson Thomlinson school in Wigton was quite exceptional creating computing guides for Key Stage 1

using a low cost, credit-card sized computer. Level Up Learning from Netherhall School, Maryport, was the runner up with an educational board game. They both go through to the regional finals in Newcastle where the winner will go forward to the UK final, which selects the team for the European final. But all of the six schools in the Cumbria final were outstanding with Kirkby Kendal and Queen Katherine School representing the whole of south Cumbria. Queen Katherine's team produced a colouring book featuring different places in Cumbria, including Sedbergh, which is now in stock at the Information Centre at 72 Main Street.

Auctioneers, Estate Agents & Property Managers

70, Main Street, Sedbergh, Cumbria.
LA10 5AD

Tel: 015396 20293 Fax: 015396 21650
Email property@chriswhelan.co.uk
www.chriswhelan.co.uk



**Residential & Commercial
Property Sales**

Residential Letting & Management

Caretaking Services

Property Finding

Negotiations



Advice on:

- Preparing your property for sale or letting
- Free assessment of value for sale and asking price



Its been election time again and my fellow councillor, Ian McPherson, decided not to stand again after six year's of service at SLDC. At the Council he has been a much valued Chairman of Planning while in the Sedbergh and Kirkby Lonsdale ward he was the founder member of "the team" which he, Nick Cotton and I have found has worked so effectively in the area for the past three years. Ian's contribution, especially on the Respect Group, which has managed the passage of the travellers to Appleby Fair and on the Dales Integrated Transport Alliance, will be much missed.

Finally I will be in hospital for a hip replacement this month but after the

first few days I will still be at the end of the phone and receiving emails if anyone needs to contact me on ward matters. I am determined to make Georgina Devine's Afternoon Tea in aid of the Western Dales Community Bus which will be at the Methodist Church School Room on Saturday June 21st from 1 till 5pm.

As always please feel free to contact me or Nick as follows:

Cllr Nick

A £1.4 million affordable homes scheme for local people has just been completed in Sedbergh. The former Cumbria County Council Highways Depot at Guldrey Lane had been left vacant since the 1990s. Located within the Yorkshire Dales National

TREVOR GARDNER & SON

PLUMBING AND HEATING ENGINEERS

'WITH OVER 30 YEAR'S EXPERIENCE'

Gas/Oil/LPG Central Heating Boilers

Underfloor Heating

Bathrooms / Tiling

Renewable Energy Heating Systems

Solar Panels, Ground & Air Source Heat Pumps,

Bio-mass heating systems

**We are your local Worcester Bosch Accredited Installers
and can offer up to 10 years parts and labour warranty with our
New Worcester Boilers, which are more than 90% efficient**



Prospect House, Marthwaite, Sedbergh, Cumbria LA10 5HS

Telephone & Fax: 015396 20796

Mobile: 07771 514535

Email: trevorgardner602@aol.com

Park, the property had severe restrictions on what use the Park's planners would allow on site. Being well aware of the lack of affordable homes in the area, Cumbria County Council decided to offer the site to South Lakeland District Council's preferred RSL (Responsible Social Landlord) without offering it to the open market in order to achieve the provision of ten affordable housing units on the land.

Two Castles Housing Association have now completed this development using Esh Property Services to build the ten energy-efficient homes. Each new home has been designed to complement local housing. Traditional building materials

such as slate and stone were used, whilst a number of energy-saving features such as efficient boilers and insulation will help to make the homes even more affordable.

On a completely separate note, and to echo what fellow Councillor Evelyn Westwood says, I would like to thank retiring SLDC Councillor Ian McPherson for his work over the past few years. He has always had a wry take on politics and the functioning of local democracy, and with his legal background, has excelled at getting to the heart of difficult planning matters. The role of Chair of the Planning Committee is one of the most onerous at SLDC, with several days of preparation and site visits

H o l m e O p e n F a r m & C a f é



Come hold, touch and feed the animals on our guided tours, which run continuously during opening time.
IT'S LAMBING TIME

INDOOR PLAY AREA



NATURE TRAIL
PICNIC PLAY AREA
CAMPING AVAILABLE ON SITE



Holme Open Farm, Sedbergh, Cumbria LA10 5ET
Tel: 015396 20654 www.holmeopenfarm.co.uk

leading up to each Planning Committee meeting. As Chair of the Respect Group overseeing the transit of gypsies and travellers through South Lakeland to Appleby Fair, he has also shown a balanced approach to managing what can often be contentious. We wish him all the best as he concentrates more of his time on environmental issues and his passion for wildlife.

Evelyn Westwood:
email evelyn@markwestwood.co.uk
Tel. 015396 20148
Nick Cotton:
email red.pedal@virgin.net
Tel. 015242 71477

1st & 2nd Fixing
 Doors Fitted
 Glazing
 Kitchens
 Locks
 Tiling
 Painting
 DIY Rescues
 Outside Taps, etc
 Small Plumbing Repairs
 Washing Machines Plumbed

**Joiner
 &
 Handiman**

“Special Rates for OAP’s”
NO JOB TOO SMALL!

Steve Chadwick

015395 66075

Prompt Local Service
All work of the highest quality & guaranteed



TIM FARRON MP

With the Euro and District Council Elections taking place in May (thank you so much to everyone in Sedbergh and the surrounding area who made the effort to vote, the seriousness that we treat voting around here makes me very proud to be your MP) I have been spending much of my time knocking on doors. This is one of the parts of my job that I most enjoy. I love talking to people about their issues and seeing what we can do to help them. In fact if you ask any of the people who come with me they will tell you how frustrating I can be to go out with as they think I spend far too much time talking to people when I should be trying to get around as many houses as possible.

But it is really important that I get out and take time to hear what people are thinking and what is worrying them.

Over the past few weeks many people have been spontaneously bringing up the subject I mentioned here last month, that of the future of the Westmorland General Hospital. Clearly my concerns are shared widely and a great many of you have taken the time to sign our petition in support of the hospital. In the month since my last column the Hospital Trust has published the results of a national survey of cancer patients in England asking them how they rated the treatment that they had received. 100% of those in the sample receiving treatment in Kendal felt that it was good or better. With this sort of support from the people who actually use the hospital the Trust really

should be investing in it and offering more cancer treatments there, especially radiotherapy, rather than thinking about pulling out from the site completely leaving patients with the prospect of long journeys down the M6 to Preston at one of the most vulnerable times in their lives. On top of this we have had the announcement from the new head of NHS England that the policy of closing small local hospitals that his predecessor was keen on pursuing may not be the correct approach and that the NHS needs to think harder about how it can support more hospitals like ours in Kendal.

If you have not signed our petition yet please please do so, better than

that please ensure that all of your friends and family also sign the petition, see it as your personal challenge to see how many signatures you can collect. You can find the petition (including a printable version) by going to my website.

If you need my help with anything and I have not managed to get round to your doorstep over the past month (possibly because I spent too long talking to your neighbours) please write to me, Tim Farron, at Acland House, Smokehouse Yard, Stricklandgate, Kendal LA9 4ND or email me at tim@timfarron.co.uk.

Thanks for your support

Tim Farron MP

J N & E Capstick

Insurance Consultants

36 Main Street, Sedbergh LA10 5BP

Tel - 015396 20124 Fax - 015396 20791

Market Street, Kirkby Stephen, CA17 4QT

Tel - 017683 72285 Fax - 017683 72346

www.capstickinsurance.co.uk

HOME & MOTOR INSURANCE

FARM & BUSINESS INSURANCE

LET PROPERTY & HOLIDAY HOME INSURANCE

SMALL ENOUGH TO CARE, BUT BIG ENOUGH TO COMPETE

Open until 7.00 pm on Wednesdays
to help with all your general insurance needs.

*J. N. & E. Capstick Insurance Consultants
are authorised and regulated by the Financial Conduct Authority*

BOOKWORM

'What I have been reading this month'

1. Norman Nicholson- The Whispering Poet by Kathleen Jones (non fiction/biography)

Possibly the greatest Lake poet since Wordsworth, Nicholson spent most of his life in Millom (1914-87). Jones' biography is a skilful, comprehensive and readable account of his life and the development of his poetry with the ups and downs of his reputation as a poet, hampered by ill health and not being based near London. He loved Cumbria, was a fervent environmentalist and defender of provincial life. This is a really good book for people who are keen on poetry and want to discover more about this great Cumbrian poet.

2. Dot by Araminta Hall (fiction)

Dot, who lives in a small Welsh village, wants to know who her father is. He left when she was 2. Her best friend is Mavis who is very good at maths. The book tracks relationships between parents, children and grandchildren and goes back and forth in time which can be confusing at times for the reader. The narrative, very astute on adolescent feelings, follows mistakes repeated though generations, which though small at the time have huge consequences on lives down the line.

3. The Wainwright Letters edited by Hunter Davies (non fiction)

A trawl through AW's life 1907-1991 via a selection of his many letters to friends, colleagues, fans and 2nd wife. This correspondence also shows how his famous guidebooks

developed. Davies adds some helpful background notes to the letters. An interesting book and AW's love of Kendal and the Lakes shines through from his earliest letters to the end.

4. The Goldfinch by Donna Tartt (fiction)

771 pages of a gripping story about Theo who, aged 13, escapes a bomb explosion in a New York art gallery visited with his mother en route to a meeting with his headteacher. The Goldfinch (1654) is one of several valuable paintings that go missing in the aftermath. Fast forward a few years, with both parents dead, Theo spirals down into a drug and undercover art crime world and his life unravels. Complex characters vividly drawn eg Theo's multi nationality school friend Boris and Hobie the furniture repairer who takes him in. Quite an exhausting but compelling read !

RM Bookworm

NICKY ROSS

All types of heating,
including underfloor.

Bathrooms designed,
supplied, tiled & fitted
Gas Safe registered

Mobile

07810 582345

Telephone

015396 20753



Dear Editor,

Here in Sedbergh we are lucky to have excellent recycling facilities in Joss Lane Car Park, which I'm pleased to say are very well utilised. On a personal basis, we are particularly fortunate to be a 2 minute walk from these facilities, as a result of which we recycle several times a week all of our waste paper, cardboard, plastic, glass and tin cans.

However, it always shocks and surprises us at what we find in the recycling skips. Just a few days ago, when using the paper skip, we saw metal cans and plastic bags containing newspapers. A while ago we even spotted a house plant (complete with plastic pot) which had been deposited in the paper skip !

Most times we use these facilities, we see general waste items which should have gone into the household grey bins, or garden items which ought to have been placed in green

bins. It always surprises us that people have made the effort to visit our recycling facilities, only to use them inappropriately.

Being no expert in the recycling industry, I am sometimes dubious as to what actually happens to the contents of the recycling skips once they are full and taken away. Do the contents get sorted, with inappropriate items being removed prior to processing ? Do items actually get recycled, or does everything end up together in one huge landfill site ?

If any readers are able to confirm, it would be interesting to learn more about the above, and to receive confirmation that recycling is actually carried out correctly rather than the local authorities 'ticking the correct boxes' to make us believe that they are acting in an efficient, green way.

Yours faithfully

Colin Cowperthwaite

Killington Upholstery & Textiles Services

Contact: Rachel 07834485657
Email: rachelcable@kuts.org.uk
Web: www.kuts.org.uk

I was going to the skip.....Look at me now!!

Providing a reupholstery service using modern and traditional upholstery techniques, to breath new life back into tired furniture.

Rescuing chairs makes us happy and we believe that they will make you and your home happy too.

kuts

JUNE GARDENING

There are many plants which I would love to have in my garden, but I have never attempted to grow most of them due to their partiality for a warm, sheltered, and frost free position on a deep rich soil.

Fremontodendron californicum, a wall shrub with large, open, yellow flowers, *Magnolia grandiflora* 'Goliath' with leaves like a rubber plant, and enormous, fragrant, cream blooms, *Romneya coulteri*, a tree poppy with large, pure white crumpled petals, Fig 'Brown turkey' in the fruit plot and Asparagus in the veg garden would all be my choices, but I content myself by planting them in other's gardens instead.

There are plants though, which I so wish to enjoy in my own garden, that I resolutely keep planting them in one spot or another in the mistaken hope that if they know how much I really want them, they will put in the extra effort required and bloom and burgeon for me.

My most tried failures in this category are the Bearded Irises (hybrids from *I. germanica*), those wonderful, big, ruffled blooms in a host of colours, ranging from deep mahogany, through rusty red and orange to salmon and yellow to dark purple through rich blue to china blue and white, with the odd dusky pink, brown and black thrown in too. Some flowers are bicolours with Standard petals of one colour and falls of another, whilst others are plane colours edged with a darker shade. They are all beautiful, but in order to

FOR RENT

Modern 2 bedroomed semi detached
u/f property in Sedbergh.
Private parking and garden.
Available shortly.
ENQUIRIES to: 07967057580

thrive and bloom they need a position where their thick rhizomes can grow in the open on the surface of the well drained soil so that they are baked and ripened in the sunshine. We are far too damp and leafy in our garden for baking to occur and the sporadic warming which my Irises have endured only produces leaves and no flowers. I have had to resort to growing other, less fussy iris instead.

Fortunately there are several really good, reliable border species. First in to flower in my garden is *I. douglasiana* which has flat, open flowers of deep reddish purple over evergreen leaves. Then follow the *I. sibirica* cultivars – the tall old varieties with dark veined mid and dark blue flowers and the newer smaller *I. 'Butter and Sugar'* (cream/white) The "English Iris" (*I. latifolia*) which grow from bulbs follow on with rich, velvety blue flowers over stiff dark leaves and then the wonderful Black Iris – *I. chrysographes* whose flowers are born on short (1ft) stalks. (This is always best bought in flower so that you can be sure that you are getting the true black colour form. There are purple, and black with yellow forms too)

Whilst none of these have the size and flamboyance of the bearded Iris, they still have the same beauty of form and detail and are well worth including in any border. *Elaine Horne*



CONFERENCE & TRAINING SUITES

Station Road, Sedbergh
Tel: 01539 718191
Email: sedbergh.conference@cumbria.nhs.uk
www.sedberghmc.co.uk

FOR COMMUNITY & HEALTH RELATED MEETINGS/CONFERENCES, WE HAVE 3 ROOMS FOR HIRE.

- **MEETING ROOM** UP TO 8 PEOPLE
- **IT TRAINING ROOM** UP TO 20 PEOPLE
- **LARGE TRAINING ROOM** UP TO 40 PEOPLE

PRICES RANGE FROM

£20-£50 PER HALF DAY AND £40-£90 PER FULL DAY.
HOURLY AND EVENING RATES AVAILABLE.

FREE WIRELESS FACILITY & STATE OF THE ART EQUIPMENT HIRE.

15% DISCOUNT ON ROOM HIRE

IF LOOKAROUND MENTIONED WHEN BOOKING

DENT PRIMARY SCHOOL

The AGM of the FoDPS will be held at the School at 6.30pm on Wednesday 18th June where everyone is welcome to attend.

This will be followed by a Meeting of the Friends of Dent. *Laura Thornley*

SEDBERGH SCHOOL

Local Young People's Fund

Applications are invited for grants available from The Sedbergh School Young People's Fund. The fund exists to help young people from the parishes of Sedbergh, Garsdale and Dent.

The grants can be awarded by the Trustees in one or more of the following ways;

a) The award of Scholarship, Bursaries or Maintenance Allowances tenable at any School, University or other place of learning approved by the committee.

b) The provision of financial assistance, outfits, clothing, tools, instruments or books to enable beneficiaries on leaving school, a University or other educational establishment to prepare for, or assist

their entry into a profession, trade or calling.

c) The award of Scholarships or Maintenance Allowances to enable beneficiaries to travel abroad to pursue their education.

d) The provision, or assistance towards the provision, of facilities, of any kind not normally provided by the Local Education Authority, for recreation and social and physical training, including the coaching in athletics, sports and games to beneficiaries who are receiving primary, secondary or tertiary further education.

e) The provision of financial assistance to enable beneficiaries to study music or other arts.

Applications should be in writing to The Bursar, Peter Marshall, The Bursary, Malim Lodge, Loftus Hill, Sedbergh LA10 5RY using an application form obtainable from The Sedbergh Information Centre or The Bursary to be received by July 1st for consideration by The Trustees at the next meeting which is on July 8th.

J. O. Morris Chairman Sedbergh School Local Young People's Fund.

PEOPLE'S HALL NEWS

The main entrance of the Hall

We intend to start work renovating the front of the Hall in July with completion by September 2014. The work will entail removing the 1956 external boarding, inserting insulation and cladding the sides and front of the building with block work rendered to match the new extension. A new glazed entrance will lead into an atria area about three times the size of the present lobby. Leading off the atria will be an accessible toilet, a technical booth and stores.

The front entrance will be taken out of use at the end of June and users are requested to enter the Hall via the new side entrance. There will be some disruption to Hall users, which we will minimise, but ask for your cooperation.

Although not all funds are in place the Big Lottery Grant of £9,650 has been confirmed and other funds and pledges are available. Please consider donations to our redevelopment work.

The People's Gym and Fitness Centre

Barbara Hartley of Garsdale Design has submitted a planning application to the YDNPA on our behalf, which is currently being progressed. The next stage is to develop the building plans and specification for tender. As with our other works we would like a local builder to construct the new Gym.



Please contact Dr Barney if you wish to be considered to tender. Work is planned to start in September 2014.

Old Time Dance

Saturday, 21 June Old Time Dance with Denis Westmorland, doors open at 7.30pm, dancing at 8pm. Jacobs Join.

Hire of changing rooms

Several organisations have made use of the new changing rooms for their events. The rooms are available for hire for such activities as running and walking clubs and other sporting events and activities taking place on the sports field at very competitive prices. Contact Sedbergh Office Services for details.

Dates for your diary

Wednesday 24 September Coffee Morning in URC rooms

*Dr Gina Barney,
Hon Secretary 20790*

CLINICAL MASSAGE
AT SEDBERGH MEDICAL CENTRE
ON MONDAYS

Chronic Pain Conditions
Managing Stress & Tension
Sports Injuries & Rehab.
Pre & Post Natal Massage
Simple Lymphatic Drainage
Scar Tissue Release

Vouchers available.
SALLY JEFFERY: 0774 705 0136 www.sallyjeffery.com
YVONNE CERVETTI: 015396 21303/ 0779 506 3107
Practise in Sedbergh, Kendal and Kirkby Lonsdale

Now also on Wednesdays!

RED SQUIRRELS NEED YOUR HELP!

The Sedbergh area has been a red squirrel stronghold for the last twenty years, not by chance or good luck but because of some dedicated, hard-working volunteers. The Sedbergh Red Squirrel Group was started in the 1990s by the V Rev Ingram Cleasby who realised that the introduced American grey squirrel was quickly displacing our native red squirrel in the rest of England. He was one of the first people to understand that the only thing red squirrels need is to be free of greys - a concept that is now accepted by all the organisations involved in red squirrel conservation.

The larger grey squirrels out-compete our little reds for food and habitat, preventing breeding and eventually starving them or driving the reds out of their habitat. Grey squirrels have become a major pest in much of the UK, damaging young

and mature trees by eating the bark and young shoots, decimating bird populations by raiding their nests and destroying crops such as cobnuts and fruit.



Snapped at
Loftus
Manor by
Liz Higgs

There is now a coordinated network of grey control and red conservation across Cumbria, Northumberland, parts of Durham and Yorkshire, with active groups in Scotland, Wales, N Ireland, Devon/Cornwall and Merseyside. Whilst paid contractors are now being used in some of the more remote landscapes, the success of this enormous conservation project depends on local action, especially from the volunteer Red Squirrel Groups. The result of this coordinated effort is that red



Painting & Decorating

**DOMESTIC & COMMERCIAL
Interior & Exterior**

Excellent Rates ~ References Available

Call Stefan Kliszat
for a **FREE** Quotation today on
015396 20524 or 07971 666 785

Louise Hartley
House Sitting and Animal Care

Have the security and peace of mind for your home or pets
 (from cats and dogs to chickens and sheep).
 Pets would be looked after in their home environment,
 either whilst owners are on holiday or just working away from home.
 I am a trustworthy local lady
 who has been around animals & worked with them most of my life.
 I have a National Diploma in Animal Care.

References available. Any enquiries call 015396 25263 or 07817610909

squirrel populations in these areas are no longer in decline and reds are now being seen in places where they have been absent for many years.

The continuing success of red squirrel conservation in the Sedbergh landscape depends on help from everyone in the community, residents and visitors alike. We depend on sightings of red and grey squirrels so that their populations can be monitored and the greys removed. There is always a need for help culling the greys so please let us know if you would like to be involved or if you are already doing so.

To find out more about what is happening locally, nationally and internationally, please come to our public meeting in the 'concert room' at the White Hart Sports and Social Club (opposite the Church in centre of Sedbergh) at 7.30pm, Tuesday 17th June. Everybody and all age groups are welcome!

Please send sightings and records (with grid references if possible) to: jfoott@btinternet.com, 015395 30163 or www.northernredsquirrels.org.uk.

Jackie Foott

SEDBERGH & DISTRICT HISTORY SOCIETY

SPRINT MILL BURNESIDE

A visit on Saturday 7th June to a historic water mill which houses the owner's art studio and personal museum. There will be an opportunity to explore the beautiful garden in its riverside setting. Refreshments will be available in the cafe. Meet in the car park at 2-3 Opm or in Loftus Hill Car Park at 1-30 pm. The Mill is half a mile from Burneside along the Skelsmergh road.

ST. MARY'S CHURCH WREAY

In a follow up to his talk about Wreay's fascinating Church, Raymond Whittaker has agreed to lead a tour of the building on Friday 20th June. Either park at the church at 6-00 pm or meet at 5-00 pm in Loftus Hill Car Park. In the afternoon you could join a walk in Wreay Woods Nature Reserve that is being organised by the Sedbergh Supporters' group of the Cumbria Wildlife Trust. Contact Susan Garnett for details on 015396 21138.

FRESH START

The evening out which might change your life!

Women in Cumbria are being invited to take part in an evening event organised by local charity, ACTION with Communities in Cumbria (ACT). Designed to be fun and inspiring the Fresh Start events are being held around the south of the county and the Sedbergh one is at the Bull Hotel on Thursday 12th June from 7.00 pm

PARKIN & JACKSON MONUMENTAL MASONS

14 Appleby Road Kendal LA9 6ES
Tel 01539 722838

- New Memorials
- 2nd Inscriptions
- Cleaning and Repainting
- Renovations
- Memorials designed to your personal specifications

Visit our showroom
or phone for a brochure

parkinandjackson@btinternet.com
www.parkinandjackson.com

Contact KEVIN BATEMAN



J J MARTIN

Funeral Service

(B Goad)

Established 1869

Long Lane, Sedbergh

Complete Funeral Service
Day or Night

Chapel of Rest

Day or Night
Dent 25334



confidence building; you might want to get fitter, take up a new hobby, learn a new skill or find a new job. Whatever it is, we will be helping you to set some goals and take your first steps.

The event is free although booking is essential. To book a place, please contact Dani Hudson at ACT on tel: 01768 869511 or email: danihudson@cumbriaaction.org.uk or download the booking form from www.cumbriaaction.org.uk.

There is also more information available on the Fresh Start Facebook page www.facebook.com/cumbriafreshstart

Julia Wilson

to 9.00 pm.

Fresh Start will encourage women who might want to make a change in their lives to think about what they're good at and what they might want to do next.

ACT's Project Team Manager, Julia Wilson, said "We're hoping that any woman who feels like doing something different will come and join us for some inspiration and

DENTDALE DESIGN

~ Furniture Makers ~ Cabinet Makers ~
~ Antique Restorations ~

Established over 25 years ago, Dentdale Design are makers of free standing and fitted furniture. We also restore antiques

We would be
delighted to
discuss any
furniture
requirements
you have with
no obligation
Call us on

015396 25368, email cheetham@smithyfold.co.uk
or visit www.dentdaledesign.co.uk

The People's Hall
 Howgill Lane, Sedbergh LA10 5DQ

Available for hire for
 all kinds of functions...

- ❖ Parties ❖ Meetings ❖ Concerts ❖
- ❖ Jumble Sales ❖ Dances ❖
- ❖ Theatre ❖ Discos ❖ Lectures ❖

For availability and bookings –
Sedbergh Office Services ☎ 015396 20788
 www.peopleshall.org



Gardening

Design
 Maintenance
 Ponds ☼ Summerhouses ☼ Pruning
 25 years experience
 Local references

Mark Barker
 01539 62 3239
 0770 99 77619



worship@peopleshall

This month we were visited by Sue Gilmore who is the Registrar from Capenwray Bible College, The college which is near Carnforth, receives students from all over the world, and is an excellent centre for both full time courses and evening Bible Study Courses, open for anyone from the area to attend. She was a lively speaker and had the children involved in an anagram name quiz, pointing out that God knows each one of us by name. She then spoke to the adults and continued the Easter theme. After Jesus had been crucified and laid in the tomb on the third day

the women were taking spices and were worried about how they would roll the stone away from the entrance. She suggested that we should not concentrate on the “stones” in our lives but remind ourselves that God who knows all about us, has all things in hand whatever things look like at that moment and that we must trust Him to look after tomorrow. People stayed for coffee and a chat and to put off going home in the rain! The next services will be held on 1st June and 6th July at 10.30am. Please feel free to come and join us, you will be very welcome.

Sedbergh Methodist Church.

HOUSE CLEARANCES



Full or Part ~ Free Quotes
 015396 22156 or 0793 252 1901
Houses ~ Garages ~ Sheds ~ Gardens
*Also: Courier Service taking items
 to Auction on your behalf*

**Professional Room
 FOR HIRE**

in Complementary Health Practice
 in Kendal

*Friendly & supportive atmosphere with
 communal kitchen and waiting area*

Please contact
 Daphne Jackson
 015396 21293

APPLEBY FAIR

A series of daily drop-in meetings for residents are being held throughout the run up to this year's Appleby Fair. The drop-in events will be an opportunity for any members of the



public who have concerns or queries they would like to raise to make their issues known to the agencies involved.

Representatives of South Lakeland District Council and Cumbria Police will be available at each drop in, Cumbria County Council Officers and

local elected members will be in attendance on selected dates

The Post Fair Debrief Public Drop in will be taking place on 8 July Lunesdale Hall Kirkby Lonsdale from 4.00pm – 7.00pm

Useful numbers:

- For non-emergency policing issues, call 101.
- For Highways issues, call the Highways Hotline on 0845 609 6609.
- For South Lakeland District Council, call on 0845 050 4434.
- For further information about the drop-ins, contact Carol Last, Area Engagement Officer, Cumbria County Council on 01539 713405 or carol.last@cumbria.gov.uk

STOBARS HALL Care Home



The aim of Stobars Hall is to offer our guests maximum independence in order that they can lead full and varied lives, cared for by trained staff who provide physical, emotional and social support every hour of the day.

STOBARS HALL RESIDENTIAL HOME

If you would like further details, or simply a chat about life at Stobars Hall, please telephone Euan or Beryl on

017683 71291

Stobars Hall, Kirkby Stephen, Cumbria, CA17 4HD
www.thefranklyngroup.com

Garsdale Design

We provide architecture, planning, urban design and heritage services for the Dales and Lakes

Our skills and experience are unrivalled whatever the size of the project

Our service is personal and tailored to individual needs

We are an RIBA Chartered Practice



Contact details:

phone: 015396 20875 (office hours)

email: info@garsdaledesign.co.uk

web: www.garsdaledesign.co.uk

**SUZAN SEDGWICK'S
SCHOOL OF DANCE**

The Suzan Sedgwick School of Dance began dance classes in Sedbergh in 1991. Since then I have taught many students in a variety of venues in Sedbergh and Hawes whether it be Creative, Ballet, Tap, Modern or Body Conditioning.

This year I have decided to hold a Dance Reunion Saturday July 12th beginning in the early evening. If you have danced and would like more information about the day please either ring 015396 20252 email sedgwick665@btinternet.com or send your name and address so I can make contact.

I am looking to borrow any photo's

**Does your garden
need an overhaul?**

*grass cutting
hedge cutting
flags laid
trees pruning*

Can't find the time to look
after the garden you love?

just call

07980 154377

*let me do the work
whilst you relax*

farfieldmill
arts & heritage, sedbergh

Volunteers Needed!

Do you have spare time and
are looking for an interesting
way to fill it?

Farfield Mill are looking for
volunteers to help!

There a variety opportunities
from helping to hang exhibitions
to talking to visitors
to gardening and painting!

Please phone Sara Last on
015396 21958 or email
sara@farfieldmill.org for more information

which I will copy to make a display and return to you. If anyone would like to lend us photos please bring or send them to Suzan Sedgwick Lock Bank Farm, Sedbergh, Cumbria LA10 5HE. Also if you have any videos of Dance Shows we are trying to get copies and have them to play at the reunion so please contact me if you have any.

If you can't make it to the reunion but have a message or memory you would like to share please let me know.

Looking forward to seeing as many former and present students as possible.

Suzan Sedgwick

SEDBERGH PLAYGROUP

WANTED

As some of you may be aware, we have been wanting for some time to re-vamp our garden. It is looking a little uninspiring and we feel that as the children spend so much time outside, it would be lovely to give it a bit of a facelift! It is our intention to make a planting area for the children so they can grow vegetables and fruit. We are also saving up for a Den to be built. This would allow for some activity's to be conducted outside whatever the weather.

We are in desperate need of some donations please. If anyone has any



containers, compost, seeds, hanging baskets, canes etc that they don't need we would very much appreciate them. Thank you.

GALA & DUCK RACE

Thank you to everyone who supported us at the Gala and the Duck Race. We raised a total of £306.00 which is an amazing achievement! This money will go towards the Den we are having built in the garden.

The winners for the Duck Race are: 1st prize Elsie Woof, 2nd Sandra Gold-Wood & 3rd Kate Van Alphen. Stanley Allen won the prize for the last duck home and Eleanor Marsden won the novelty Duck Race. *Becky Gubbins*



Kirkby Lonsdale 015242 71221

Monday & Thursday 8.30-7pm
Tuesday 8.30-6pm
Wednesday & Friday 8.30-5pm
Saturday 8.30-12 noon

Kendal 01539 722692

Monday to Friday 8.30-7pm
Saturday 8.30-12noon

- Experienced vets for pets, farm animals & horses
- Caring and professional team
- Modern facilities, easy access and ample parking

24hr emergency service

www.westmorland-vets.co.uk

COMPUTERS are wonderful – until they go WRONG!!



- ◆ Cumbria Computer Systems
- ◆ Your LOCAL I.T. specialists
- ◆ 25 years of experience
- ◆ Microsoft certified
- ◆ Full range of Computer Sales and Service
- ◆ Very competitive call-out rates
- ◆ Complete PC systems supplied and supported
- ◆ Wireless/wired Networks for home or business
- ◆ Friendly, jargon-free advice
- ◆ Virus and Spyware/Malware removal
- ◆ Consultancy service

Call us on

07545 010542

e-mail: admin@cumbriacomputersystems.co.uk
www.cumbriacomputersystems.co.uk



Killington MARQUEES
Traditional, Frame and Mini Marquees
Furniture Hire
 Why not hire a marquee or furniture for that special occasion.
 Weddings, Parties & Corporate Events
Tel: 015396 20602
office@killingtonmarquees.co.uk
www.killingtonmarquees.co.uk

Robert Powell
Website Designer
 Individually designed,
 Google-friendly pages that display well
 on mobiles as well as desktops
Websites that work!
 Tel: 20482
www.robpowell.co.uk

DENT OVER 60'S

The Dent Over 60s continue to meet on the first Friday of every month in the Sedgwick Room – the April event saw Linda Greensmith organising a 'favourite recipe' swap with those who attended and some interesting ideas were generated for future meals. Dent residents have always been gourmet cooks and excellent bakers – who needs the 'Great British Bake-off'!

In early May, Elaine Horner

entertained us all with her own experiences as a 'lady gardener' and for those of us planning a follow-up visit to the excellent Beetham Garden Centre the following week, many ideas to think about for our own humble plots and cottage gardens.

For June 6th – Wendy Cooke will join us for her own 'Jewellery demonstration and small talk', starting at 1.30pm in the Sedgwick Room in Dent and on July 4th – we will take a trip to 'Country Harvest' near Ingleton, (time TBC). Everyone is most welcome to come along and share a cuppa and a chat as well as enjoy the visits/speakers arranged for the rest of 2014.

Dorothy Vernon

Paul Hoggarth



Building Contractor
6" Wood Chipper For Hire
Small Plant Hire
015396 21413
07968 977429



GRAHAM BRADLEY
BUILDING & JOINERY
 Condor Barn, Dent, Cumbria LA10 5QT
 Mob: 07778 874855
 g_h_bradley@yahoo.co.uk

CHURCHES TOGETHER

From Christmas to Easter can feel quite rushed in church life as we try and remember and recall the many aspects of Jesus' life and teachings. So much to fit in and hear about. After Easter our services are full of those amazing stories of Jesus appearing to his friends and commanding them to go out and live lives based on loving their neighbours, bringing hope and telling of God's love for them.

Then we get to Pentecost! Perhaps my favourite time of year. When those ordinary men and women came together to celebrate the Harvest in Jerusalem and God sent his Holy Spirit to give them the energy, words and drive to go and follow his

commandments all over the world.

Whilst talking of a 'Spirit' can sound other-worldly and mystical in practical terms it is the reminder that we are not alone as we travel through life, whether in the deep valley of loneliness or the great heights of celebrations.

Pentecost in Sedbergh has become one of the highlights of the church year as we use the opportunity to worship together in one church. This year it is the turn of the United Reformed Church, on Main St, to host the service on Sunday 8th June at 10.30am. We look forward to welcoming everyone, there will be activities for children too. Later in the day at 7.30pm we will be having a

Nigel **BYROM**
The Family Furnisher

16 Wildman Street, Kendal LA9 6EN

Tel: 01539 727580

FAX: 01539 737688

nigelbyromskendal@gmail.com

www.nigelbyroms.co.uk

We offer an excellent range of full house furnishings.

Beds, bedroom furniture, lounge suites, oak & pine dining room furniture to suit every pocket

Free measures & estimates given on carpets & vinyls & wooden flooring

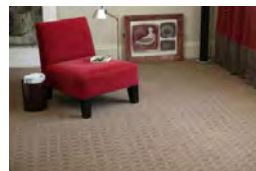
Free fitting on carpets & vinyls by our in-house fitters

Many items available for immediate delivery

Visit our Showrooms

Bring this Advert for further discounts

Free Delivery in the Dales & Lakeland



Pentecost Walk to Birks for our now traditional Bonfire and a short act of worship on the bank of the River. Both of these events are for everyone, of all ages and whether you usually go to church or not.

Revd Carole R Marsden

St Mark's Church, Cautley

The Rev. Andy McMullen will lead a service of healing and wholeness on Sunday 22nd June at 2.30 pm.

'Wholeness' involves the renewal of our spirits, souls and bodies. The service is for everyone and anyone. We invite you to come and experience it. Our service on the 29th will be Celtic Prayer and Meditation.

St John's Cowgill and St Andrew's

Dent

St Andrew's Dent welcomes everyone to its Sunday Morning Communion at 10.30am. On June 22nd, our regular congregation will be swelled as we have a baptism during the service. June 29th is the Music Festival in Dent and Roger Bush will be leading a "Festival of Folk Hymns" Service at 10.30am. The hymns will be accompanied by a variety of musical instruments, because as we all know Roger has a huge repertoire of musical ability and we look forward to this colourful addition to the Festival Weekend in Dent. For those wishing to make their communion on June 29th, Cowgill Church will be having an additional communion

Sedbergh Office Services

13 Kings Yard, Sedbergh Tel./Fax 015396 20788

e-mail: office@sedberghofficeservices.com

OPENING HOURS

Monday - Wednesday & Friday 10 am to 4:30 pm (Closed Thursday)

All types of bulk photocopying available up to A3 size

at low prices

Laminating up to A2 size

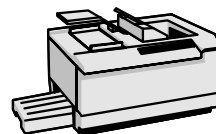
Wide range of office materials

Printer ink cartridges

Labels a speciality

Fax service available 24 hours a day

Plus much, much more!!



All your stationery needs always available

service at 2.30pm.

My thanks and appreciation to everyone who worked so hard at the Easter Sale of Work, which raised some £1425 for St Andrew's Church. Thank you for all the creativity and talents which made the stalls look so fantastic and attractive for the many locals and visitors alike.

The Ruth Hodgson Archive One of our most faithful and generous members, Ruth Hodgson, recently passed away at the age of 95. Ruth has left Dent Church and the community a wonderful, interesting and useful legacy. She and her husband Billy, a former churchwarden and their daughter Barbara, along with other friends, transcribed all the records of births, deaths and marriages at Dent Church from 1611 to the post war period into three books which Ruth left to the church. You can now view these books, which will be kept permanently in the vestry of St Andrew's Church, Dent, by asking the person on duty for opening and closing the church (advertised in the porch) to see them. Thank you Ruth for this wonderful gift to us all!

St John's Cowgill welcomes you to worship during June:

June 1st: 9am Holy Communion
June 15th: 2.30pm Evening Prayer
June 29th 2.30pm Holy Communion

During June, the PCC will be discussing some special events for the summer at Cowgill and Dent – more details next month.

Rev. Peter Boyles

A date for your diaries - the 2014 Churches Together Holiday Club will

Orthopaedic Massage
Orthotics
Kinesio Taping
Sports Injuries
Back/Neck Pain
Sciatica
Shoulder, Hip or Knee Pain ...
www.reflex-om.com
Follow me on

REFlex remedial massage  **REFlex** orthopaedic massage

015396 24871
Josephine Lade LCSP (Phys)

be held from Monday 28th July to Friday 1st August at The Peoples Hall. This is open to all children aged 5 - 11, and is held each day between 10.00 am and 12 noon. Further details will be in the Lookaround next month.

News from the Pews



June is Music Festival time again at St Andrew's. The planning began many months ago and as Lookaround is distributed the Festival will be starting off with the Manchester Gospel Choir the first musicians to shake the rafters of our Parish Church at 6pm on Sunday 1st June.

Each day and every day for the following two weeks a full and varied programme will be on offer plus lunches and dinners, served in the Church Room on dates specified in the programme. If you have not got a programme do collect a copy from the

Information Office in Main Street where you may also buy tickets and book meals for the concerts of your choosing. To have such a prestigious event on our doorstep and the main venue conveniently positioned in the centre of our town brings people in from far and wide is quite wonderful.

To think outsiders ask what do we do in this small town. I for one tell them we have it all...well almost! A dress shop would be nice!

Last month, "Ring the Church with Silver" went well, raising £532 which will be put towards maintaining the church. Our one hundred year old boiler is having some problems at the moment and it is hoped that planned work will add more years to its life.

We are thankful to have someone to work on the boiler who knows about this ancient machinery and is determined to keep it going and it goes without saying we hope will be successful and the boiler will continue keeping our cherished church and all those who use it for whatever purpose well heated.

A reminder that the United Reformed Church will be host to all the church congregations as we celebrate "Pentecost", on Sunday 8th June at 10.30am. No bells required that morning; must remember to give the bell ringers the morning off!

*Susan Sharrocks
Tony Reed Screen
Churchwardens*

WINDERMERE WINDOWS & GLASS LTD

Resident in Sedbergh since 2007

Local Professional Glazier

Fitting Replacement

Windows, Doors, Conservatories, Failed Double Glazed Units
in UPVC, Wood or Aluminium

Fascia Boards, Soffits, Guttering & Down Pipes

Tel/FAX 015396 21444

Mob: 07890 784933

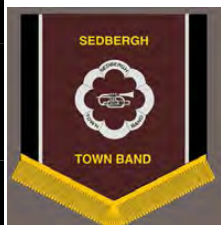
A SUMMER EXTRAVAGANSA

Sedbergh Town Band concert in

St Andrew's Church, Dent
7:30pm

Wednesday 2nd July

Tickets £6 available from usual local outlets and shops in Dent



CUMBRIA WILDLIFE TRUST

Mountains in the Sea and Grass in the Ice.

The local support group were delighted to welcome Paul Sweeting again to talk to us about South Georgia. Paul is chaplain at Sedbergh School and was Rector of the Falkland Islands and Territories in the Southern Ocean for three years.

South Georgia is a British Overseas Territory. It is 100 miles long and about 25 wide and its highest point is around 10,000 feet. It is very mountainous and fjorded like Norway with several natural harbours. Captain Cook circumnavigated it in 1775 and claimed it for the Crown.

In the 19th century whalers settled there. The cold fertile seas ensured a large haul of whales. Several stations were established now abandoned. Ernest Shackleton made his famous overland trek in 1916 across the island after his expedition's ship the Endurance was crushed by pack ice in the Weddell Sea. A crossing of over 350 miles was made first by lifeboats to Elephant Island then by a further 800 miles of stormy seas to South Georgia and its whaling stations and the eventual rescue of the rest of the crew. He died of a heart attack here in 1922 during a further expedition.

In 1982 the Royal Marines took the islands back in the Falklands conflict losing helicopters and crew.

Paul was travelling in a supply ship, the "Gold Rover" which was taking provisions and fuel to HMS Glasgow on patrol around the islands. They were also supplying the British Antarctic Survey base at Grytviken. With him were the governor of the Falklands Howard Pierce (Paul officiated at his wedding) and Robert Napier, then chief executive of the

The Haddock Paddock

Takeaway & Café

015396 20468



acebook us - The Haddock Paddock



Every Monday - Fish & Chips £4

Every Wednesday - Jumbo Sausage £2

Sunday Night Chippy

1st June 5 - 7:30pm

Worldwide Fund for Nature and former chair of governors at Sedbergh School. A South Georgia rat eradication programme was in progress. The bait was dropped in glacial valleys by helicopters. With the retreat of the glaciers there is concern that the rat colonies might re-establish themselves. Meanwhile ground-nesting bird populations were growing.

There were many sightings of the Southern Giant Petrel and Albatross. These huge birds can lock their wings in position to circle for long distances on the updraughts from waves.

Fur seals are also recovering from many years of culling for their fine oils. They are very friendly creatures when young but can get more aggressive when older. Large sticks were carried for protection when exploring. It will take longer for whale numbers to grow.

There were very well fed penguins like tellie tubbies finding it difficult to stand and Giant Petrel chicks as big as turkeys. Wandering albatross are benefiting from new fishing techniques making it less likely for them to get caught in nets when scavenging.

The BAS base had good facilities although the outdoor loo had an elephant seal on guard. There were 70 Chileans employed dismantling the whaling station ruins leaving more stable remains as tourist attractions for an increasing number of cruise ships. Asbestos and loose metalwork could prove hazardous for visitors.

Paul took the service in the

settlement's church competing with a braying king penguin outside while the pedal organ, played by Robert Napier, progressed across the floor. There were many memorials to shipwrecked sailors and a library of mainly Norwegian language books.


A short expedition took them to Maiviken. En route they encountered pintail ducks, young gentoo penguins and dive-bombing skuas. Over-aggressive seals were a problem and difficult to avoid when camouflaged by the undergrowth.

The journey back to the Falklands against the swell took two and a half days. Enormous icebergs are a real danger with most of their bulk below the surface and invisible to radar.

Paul was asked about the military presence there. HMS Glasgow is on patrol and a Hercules aircraft flies regularly over South Georgia and the Sandwich Islands refuelled mid-air by a DC10. There is mineral wealth in the area and the possibility of oil exploration and climate change will threaten wildlife species. 15% of wandering albatross are here with four species of albatross on South

Fish Express, Kendal

Takeaway & Café

acebook us - Fish Express

Pensioners special/light bite
Fish & Chips, bread & butter
Tea or Coffee
To eat in £3.99

Every Monday
Fish & Chips Takeaway
£4.00

Many more daily offers



**Kath Parkin's
Retirement Celebration**

is on
Saturday 5th July 2014
at Dent C. of E. Primary School
from 6.00 p.m.

After 39 years as a teacher at
Dent C. of E. Primary School,
Kath Parkin is retiring!

If you would like to join us
in celebrating her wonderful career
please contact Gwynneth:
Tel: 015396 25259
Email: admin@dent.cumbria.sch.uk

Georgia.

The future is uncertain but careful monitoring is in place including that of the British Antarctic Survey and the South Georgia Heritage Trust. Visit www.sght.org for more information.

Susan Garnett

ROSE COMMUNITY THEATRE

The RCT held its AGM on Sunday May 18th. As you would expect, there was a lively exchange of ideas as the members discussed the future. As is often the case, much of the work associated with our productions is done by a few and it was realised that a share out of jobs was needed in order to share the load. The RCT are

looking to recruit helpers for performance nights and before. Nicola Abbott has kindly volunteered take on the H&S and also to help out with publicity, which Steve Moore has offered to co-ordinate.



There are many jobs surrounding a performance and the RCT is especially interested in help back stage with scenery shifting etc. Steve Moore has stepped down as Chair and Gordon Hosker will now take over. Brenda Ingram remains as Secretary and Adam Hopkins as Treasurer. Viv Hailwood will continue in the dual role of Director and Producer, with Kevin Kendal as Assistant Director. Ernie Hailwood remains as Musical Director also with some help from Kevin. Katie Lord has kindly offered her considerable stagecraft skills for which we are delighted. As for me, I will be calling on those clever needle women I know to help me clothe the dozens of primary school children that will be needed for the fourth coming production, so watch out. The RCT's next production will be on March 12/13/14 2015.

Sandra Gold-Wood

Howgill Upholstery

Traditional Re-upholstery



Chairs, Dining Chairs, Stools
and Occasional Furniture
Cushions Refilled
Sundries Supplied

The Barn Howgill Lane Sedbergh
015396 20733
enquiries@howgillupholstery.co.uk

YORKSHIRE DALES NATIONAL PARK

*Chance to play a part in National
Park's future*

People living in and around the
Yorkshire Dales National Park will
soon have a
chance to get
involved in looking
after it.

Following the
local council
elections on May
22, parish councils and parish
meetings in the South Lakeland
parishes of Dent, Garsdale and
Sedbergh will be invited to put
forward candidates to join the
Yorkshire Dales National Park
Authority to fill two vacancies.

Authority chairman Peter
Charlesworth said: "This is a great
chance for local people to play a
direct and active part in helping to
conserve and enhance the beautiful
yet fragile landscape of the National
Park and to help other people to
understand and enjoy its special
qualities.

"It's a fantastic opportunity for

anyone who cares deeply about the
countryside and the local
communities within the National
Park."

A candidate must be a member of a
parish council or a chairman of a
parish meeting.

The closing date for receipt of
nominations is June 16. If more than
one nomination is received for a
vacancy, there will be an election
amongst the parish councils/meetings
before the name of the successful
candidate is then submitted to the
Secretary of State for approval.

The Board of the National Park
Authority consists of 22 members: 12
appointed from the local county and

district councils,
four parish
representatives
and six 'national'
members



Based in the
YORKSHIRE DALES
National Park

appointed by the
Secretary of State

for the Environment.

For a full list of parishes covered by
this election and further details on
how to become involved, see [www.
yorkshiredales.org.uk/members](http://www.yorkshiredales.org.uk/members).

The Head Gardener

HORTICULTURAL SERVICES



20 years of horticultural experience including twelve years
as a National Trust Head Gardener.

Consultation / Maintenance / Renovation.

All jobs considered

Contact : John Hawley
07860801711 / 015396 25050
info@the-head-gardener.com
www.the-head-gardener.com

CITIZENS ADVICE BUREAU

Bailiffs - new rules come into force

From April, Bailiffs will have to follow new rules and processes when collecting debts.

The main changes include:

- Banning bailiffs from visiting at night
- Stopping bailiffs from entering a home when only a child is present
- Preventing bailiffs from taking necessary household items, such as a cooker or washing machine
- Providing greater protection from bailiff action for vulnerable people
- Making sure at least 7 days' notice of bailiff action is given and 7 days' notice before selling any belongings
- Compulsory training and certification for bailiffs
- A simplified fee structure, including set fees for each stage of bailiff action
- A responsibility to provide information at all stages of the process, with notices containing wording that is set out by law
- Distress for rent arrears has also been abolished, meaning that landlords can no longer use bailiffs to collect residential rent arrears

Citizens Advice has been campaigning for many years to improve the practices of Bailiffs; we will be monitoring the action of local Bailiff to ensure they abide by the new rules. If you're in debt, don't panic. Remember it is never too late to get help and advice from Citizens



Advice

Free, confidential advice and help is available from Cumbria Rural Citizens Advice Bureau on any aspect of debt, consumer problems, benefits,

housing, employment and any other problems. We have various outlets across South Lakeland and can also give advice over the phone - telephone 015394 46464 for

an appointment and help.

If you don't need us for advice, how about helping us by becoming

a volunteer or making a donation?

Not many people realize that we are a charity - see our website for details www.cumbriaruralcab.org.uk.

Mandy Foulkes

H & M
C R A F T S M E N
Beautiful homes deserve beautiful furniture

KITCHEN BEDROOM HOMESTUDY COOKSHOP

Beautiful Kitchens & Bedrooms
Home Studies & Lounge Furniture
Cookshop
Quality Bakeware, Utensils, Knives, Pots & Pans & Lots More!
Wedding Gift Service & Knife Sharpening
www.kitchensandbedrooms.co.uk
015242 41535
Ingleton Industrial Estate, off A65 near Tooby's

The advertisement for H&M Craftsmen features a logo at the top with the text "H & M CRAFTSMEN" and the tagline "Beautiful homes deserve beautiful furniture". Below the logo are two images: a modern kitchen and a cookshop. The text below the images lists the services offered: "KITCHEN BEDROOM HOMESTUDY COOKSHOP", "Beautiful Kitchens & Bedrooms", "Home Studies & Lounge Furniture", "Cookshop", "Quality Bakeware, Utensils, Knives, Pots & Pans & Lots More!", "Wedding Gift Service & Knife Sharpening", the website "www.kitchensandbedrooms.co.uk", the phone number "015242 41535", and the location "Ingleton Industrial Estate, off A65 near Tooby's".



Kentdale
Property & Garden
Services Ltd

CONTACT DETAILS

Martin Whitaker
01931 716443
07415 869068
martinwhitaker@yahoo.com

All year round garden work undertaken - including hedge cutting, leaf clearance and lawn maintenance. Bookings are now being taken for both private and commercial tenders.

Call for a free quote



City & Guilds and the City & Guilds logo are trade marks of the City and Guilds of London Institute and used under licence.

SERVICES

Examples of the services I can provide:

- Internal Services**
- Wall preparation
 - Plastering
 - Coving
 - First & second fix joinery
 - Basic plumbing
 - Kitchen fitting
 - Bathroom suite fitting
 - Ceramic wall & floor tiling
 - Laminate flooring
 - Decorating

Terms & Conditions may apply

External Services

- Gardening Landscaping
- Grounds & grass maintenance
- Hedge trimming
- Decking
- Patios
- Driveway cleaning
- Decorating
- Conservatories
- Garage & porch construction
- Drainage works
- Paths & steps
- Paving
- Boundary & garden walls (brick & stone)
- Gates & fences

ARTISAN MARKETS

Stalls Available for the Sedbergh Artisans Markets

Following on from last years success the Chamber of Trade and Business with the Information Centre is organising a series of Saturday Markets on Main Street which we hope will provide some enjoyable family occasions for the people of Sedbergh as well as attracting visitors to the town.

The markets will be held on the 5th July, 26th July, 23rd August and 20th September between the hours of about 10.00am and 4.00pm to sell all sorts of crafts and produce.

If any of you established or budding artisans etc would like to take a stall or part of a stall (they can be shared) – can they get in touch with either Laura Rosenzweig, Barbara

Hartley or Andi Chapple – the more stalls we have the better and more fun the event will be.

The stalls will cost as follows:

- One approx. 3m x 3m gazebo with up to two tables £18.00 (gazebos will have at least two covered sides in case of inclement weather)
- For two events the fee will be £15.00 per event.
- For three or more events the fee will be £12.00 per event.

Laura Rosenzweig at ltr@laurasloom.co.uk, tel: 015396 22043

Barbara Hartley at barbara@garsdaledesign.co.uk, tel: 015396 20875 (office hours), or Andi Chapple at office@sedbergh.org.uk, tel: 015396 20504 (office hours)

KILLINGTON WI

THE AFTERNOON WI FOR THE ENTIRE DISTRICT

Such a meeting – It really was such a meeting!

“Our next meeting will be on Tuesday 13th May at 2-00pm in the Committee Room of the People’s Hall. We shall discuss the Resolution to be voted on at the WI National Conference in June. We shall also have some lighter offerings.”

I quote from my conclusion of last month –but we never did get around to any discussion of *“the Resolution”*. Other things intervened.

Nevertheless, in true Killington WI style, we passed the resolution unanimously! The resolution is, **“The**

National Federation of Women’s Institutes notes that three people die every day whilst waiting for an organ transplant. We call on every member of the WI to make their wishes regarding organ donation known, and to encourage their families and friends, and members of their local communities to do likewise.” The night before our meeting had seen me hard at work on my computer, trying to download the background notes which the NFWI provide on the issue. Sadly, for reasons totally unknown to me, I could only manage to obtain the notes in Welsh! However, at 11-30am on the meeting day, I managed to get the English version, so had to



M K CONVERSIONS LTD

Four Lane Ends, Marthwaite, Sedbergh, LA10 5ES

GENERAL BUILDING CONTRACTORS

NEW BUILD - EXTENSIONS - CONVERSIONS - HERITAGE WORK
RENOVATIONS - ROOFING - JOINERY

**WINNERS OF THE
2010 YORKSHIRE DALES NATIONAL PARK AWARD
FOR THE ‘RESTORATION FOR RE-USE’ CATEGORY**



Tel: 015396 22038 Fax: 015396 22039

info@mkconversions.co.uk
www.mkconversions.co.uk



skid through the notes fairly quickly.

We started our meeting by hearing from one of our speakers, Anne Pierson, from Farfield Mill. In September they are mounting a town-wide exhibition about sheep, wool and weaving. Having decided to "do a sheep", we moved on to our next speaker. Hilary Docker from Ulverston, had come to talk to us about "Boxes of Hope, (or shoe-boxes to most of us) for Romania. Last year Hilary had driven out with the van to Romania personally delivering the boxes into the recipient's hands. The gifts were joyfully received. Hilary gave us many practical ideas of items to donate and emphasised that they were happy to

take anything useful. It does not have to be something that will fit in a shoe box.

By popular vote it was then decided that **NOW** was an appropriate time for tea. The business meeting could come later –it is all a matter of priorities! Part of our tea was Valerie Cann's 70th birthday cake. No secrets revealed but let's just say that she already has her bus pass!

SUDDENLY-- a crash from the kitchen. (Reminds me of my school Latin lessons and our teacher who was called Mrs. King. "*Kingibus sedebus on the deskalorum. Deskibus collapsibus. Kingy on the florum*"). Joking apart, sadly Elspeth had slipped and fallen and, as many

ABLE MEMORIALS

Monumental and Architectural Masons
New Memorials and Additional Inscriptions
Showroom with over 30 memorials on display at
3 Wildman Street, Kendal

Please call for a brochure or free estimate
on 01539 735583

Home visits available by local mason Edward Waller

Tel: (evening) 015396 21338 or 07779 025745

of you will know, had dislocated her wrist and broken her arm. We are glad to say that, as I write this on Monday 19th, Elspeth has been back home for several days after excellent ministrations at RLI. Elspeth best wishes for your continued recovery.

After this we continued with the meeting! Yes – we did! I don't think we made any more serious mistakes. We planned our summer outing on July 8th to Haworth. We planned our visit to the group meeting at Barbon WI to learn about Balmoral Castle and Queen Victoria. And, oh yes, we voted on THE RESOLUTION with promises to discuss it at our June meeting. The raffle (a gigantic box of chocolates) was won by Margaret

Denton, and the competition for an item beginning with D, was won by Lorraine Millington! (I think)

On June 10th we meet again in the committee room of the People's Hall at 2-00pm. Paula Day will regale us with some of her lovely poems about 'Trees'. I cannot think that there has been a Spring when the countryside has looked more lovely. Do come along and rejoice with us

Wendy Fraser-Urquhart

SEDBERGH WI

Although we were a little thin on the ground due to a number of members being on holiday it was nevertheless a lively evening. The early part was taken up with a discussion around

Cobble Country Property

Property is still the fundamental barometer of the UK economy with daily reference to rising house prices around the Country. Let us keep you informed of how Sedbergh is performing compared to other parts of the Country.

For over 30 years we have been active in the Property markets of this region and **our mission is to remain** as the **No. 1 point of reference** to all things Property. **LANDLORDS – TENANTS – SELLERS - BUYERS**

We manage over **£27,000,000 (MILLION)** worth of property in the area.

Longer hours – more **EXPERIENCED STAFF – MORE COMMITTED** to your satisfaction than *probably* all our competitors

INNOVATIVE – CREATIVE – INSPIRATIONAL – EXPERIENCED

Call now to talk freely and get the **BEST VALUE** with your deal.

Cobble Country Property, 59 Main Street, Sedbergh. 015396 21000

this year's WI resolution to get behind the need for organ donation. Anne Walshaw from Kendal office guided us through the pros and cons of the resolution explaining that as many as nine lives can be saved or improved by organ donation. It's not just hearts and kidneys everything from your corneas to your skin can be used. Something Anne related came as quite a surprise; it seems that even if you carry a donor card your family can simply refuse to follow your wishes. A vote was taken and the members voted unanimously to support the resolution and to do their best to encourage people to carry a donor card. More than this it must also be stressed to family members

how much they want their wishes to be honour by their relatives.

The walking group have just returned on May 10 from a walking holiday in Derbyshire staying at Monyash in a barn conversation. Members reported that the barn was extremely well equipped and they all enjoyed themselves immensely, staying up late and having midnight feasts in the dorm! Undoubtedly.

The book club met at Jean Jones house, all six of them, once again numbers were down due to holidays. The book that is under scrutiny this month is 'Pull of the Moon' and naturally tea and cake was shared while the members discussed their thoughts in this happy atmosphere.



SEDBERGH SCHOOL



We often have vacancies for Kitchen and Cleaning Assistants, and for other roles from time to time. Some roles are based in Sedbergh, and others are at Casterton (Sedbergh Prep School).

If you would like to work for Sedbergh School then please complete an Application Form and return it to the address below, indicating what sort of work you are seeking. If we have suitable work available we will contact you and invite you to come for an interview.

You can collect an Application Form from the Bursary, download one from the School's website (www.sedberghschool.org) or request one by sending an email to Shirley on shw@sedberghschool.org or by ringing the HR Department on 015396 20303. Please also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms in email to shw@sedberghschool.org, by returning them to the Bursary or (by post) to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

The birthday girls this month are Moira Folks and Anne Pitt. Ages undisclosed.

Members were pleased to hear news of Linda and Vic Hopkins who are now settled in Suffolk and very much enjoying life.

Several members attended the group meeting at Barbon which began with a rousing chorus of Jerusalem. The speaker for the evening was Joan Anderson who is a story teller from bonny Scotland and works at Balmoral Castle. Joan, who was dressed as Queen Victoria, related tales of the Queen's incognito, trips with John Brown and her lesser known close servant friend John Grant whose wife was also a good



friend of the Queens. As often happens with the WI there was a competition and on this occasion the various WI attending had been asked to make a display that represents a Scottish theme. Surprise, surprise, Sedbergh won the third prize which we were delighted with.

Next month the meeting will take place on June 11th in the People's

**For the widest range of hand picked products under one roof
then look no further than our showroom**

**We work closely with the best brands to bring you great offers
and inovative new products**








Coming soon an exclusive range of cream appliances from Hotpoint

**Digital TV, Domestic appliances, Aerials and Satellite,
Repairs and service**

Kew House, Just off the A65, Ingleton, LA6 3NU
Main Street, High Bentham, LA2 7HQ

Telephone 015242 41224 / 42095 / 61259
www.toobys.com





ELECTRICAL STORE

Hall committee room. Doors open at 7 pm meeting begins at 7.30 pm; we offer you a warm welcome so why not come along and join the fun. This meeting we will be entertained by Shirley Crisp who going to be talking about 'Lumps, Bumps and Wobbly Bits', something most of us are quite familiar with. *Sandra Gold-Wood*

DENTDALE WI

May, such a beautiful time of the year, so not surprising quite a few members were taking holidays including Catherine our president, so the number of members at the meeting was smaller than usual. Kate took the chair for the evening and had lots of information to impart. We

started with a few reminders about events coming up in the next few weeks with a Mini Market on 31st May and even nearer the Lune Valley group meeting on 19th May. Sue, Thelma and Lynne, have been working hard on our craft entry for the group meeting competition which this year, is on a Scottish theme. We were shown a cute little kilt and bagpipes as part of the entry, and we hope it will do well.

Thelma then read a report on the discussion on this years Resolution which is on raising awareness to increase organ donation.

Members were asked to think about the Centenary scrap book showing a complete year in the life of the WI,

Together we are stronger...

Hayton Winkley and Thomson Wilson Pattinson have joined to become South Lakeland's largest law firm. Our bigger team, now operating as Thomson Hayton Winkley, have been dispensing legal guidance and expert local knowledge for more than a century and a half.

Whatever you do in life, you may encounter some tricky legal matters along the way - and our friendly team are ready to guide you through with their unrivalled expertise.

Kate Seymour is still our Sedbergh representative - please do not hesitate to contact her in the first instance on any legal matter.

Kate.Seymour@thwlegal.co.uk



Kendal 114-116 Stricklandgate
Tel: 01539 721945

Windermere 25 Crescent Road
Tel: 015394 46585

www.thwlegal.co.uk

Trusted Solicitors & Advisers
ThomsonHaytonWinkley



and a co-ordinator is needed for the project. Someone who will record the month by month details, not just meetings, but outings courses etc..

We are out and about as tickets for the Holker Hall and Gardens Festival were distributed. The date for the next Dining Club outing, is scheduled for 5th June. A list is available for those wishing to go on the outing to Chester on the 9th July and it would be nice to fill the coach to get the best price for travel arrangements

Our speaker for the evening was Christine Marshall who began with memories from childhood when she developed an aptitude for craft. She eventually trained to teach both needlework and cookery. She has

since moved on to owning her own craft business in Kendal. Christine's passion is for making handbags. She showed us a beautiful little shoulder bag made from silk and metallic thread, the design taking inspiration from stalactites she had seen. She said it had taken forty hours to complete. Another bag had been inspired by a painting of Gustav Klimt. We had a bit of fun with three of us modelling three different styles of bags in the way they would have been worn in the more formal days of the 1950s. Christine also has quite a collection of antique chain and netting purses including a sovereign and a chatelaine purse worn from the waist. She kindly passed them round for us



Gas Appliance Specialist

Boilers | Fires | Cookers

Service ~ Repair ~ Install ~ Gas Safety Checks

Plumbing Maintenance "no job too Small"

Competitive prices with No VAT



Stuart Cook mob 0751 5394127 office 01539 724657

to closely admire. It was a fascinating talk and Lynne gave the vote of thanks. Kate won the competition for the evening with her patchwork place mats.

Next month, Tim Attwood will be talking about the History of Halecat Nurseries. New members and visitors warmly welcome to join us on Wednesday evening 11th June.

Pat Allen

HOWGILL WI

We had a good attendance at the May meeting held in Howgill Village Hall. President Bridget Postlethwaite gave a warm welcome to members and to Peggy Postlethwaite back with us as good as new.

Sarah Scarr was presented with a card and gift congratulating her on her forthcoming marriage to John.

May is the month when we discuss the resolution. The proposal to be put to the vote at the 2014 Annual

LOCAL TRADESMAN

38 years in the
Building Trade

Luxury Shower, Wet Room,
Bathroom Installations
Heated Floors ~ Tiling
Plumbing
All Electrics
and more

Call Peter or Joan Woof
and talk through your
specifications/requirements

Tel: 015396 20857
Mob: 07730 352218

THE COMPLETE SERVICE

ACUPUNCTURE

BAC Member
www.acupuncture.org.uk



Experienced practitioner

*Chinese medicine looks at
the whole picture,
from moods to foods to weather.*

June M. Parker

Dip Ac, MBAC

49 Bainbridge Road, Sedbergh
Tel: 015396 20972

Meeting is 'Increasing Organ Donation'. National Federation notes that three people die every day whilst waiting for an organ transplant. This resolution is about all of us considering the idea and make our wishes known regarding organ and tissue donation to our close family and tell them whether we are on the register.

Our delegate Anne Petyt has been informed that we support the resolution and to vote on our behalf at the meeting in Leeds on 6th and 7th June.

Three members are to attend the 'Thirlmere Hundreds'. Supplies Manager for United Utilities will tell us

about the development and operation of this major water supply for the growing population of Manchester.

Lyn Marsden will lead the next walk on May 21st around Borrowdale and Roundthwaite.

Bridget introduced our speaker Pat Newsham a Guide at Dalemain Mansion House situated 10 miles south west of Penrith. It has been in the same family since 1679 and is the home of the Hasell McCosh family. The Old Hall dates back to the 14th century. We were given four centuries of history with five acres of gardens, parkland and open to the public. It all looked beautiful and impressive. So much so a decision was made to make it the venue for

our Summer Outing on June 26th. Lesley Hennedy thanked Pat for giving us an insight into what's on offer at Daleman.

The competition for a poster advertising our coffee morning was won by Tanya Hoare with Bridget second. Sheelagh Denniss went home with the raffle prize. The social time to identify the girls names was won by Tanya.

The evening was brought to a close with our usual Jacobs Join and get together.

We meet again on June 5th at Firbank Church Hall when Lyn will be speaking to us on the 'Jubilee Flotilla'. Do joins us, we are a friendly group!
Audrey Hoggarth

The Cross Keys Temperance Inn

Cautley, Nr Sedbergh

Tel: 015396 20284

Alan & Chris Clowes
offer you a warm welcome



We are open daily for home cooked food,
(a particular favourite is Ham 'n' Eggs)
and offer an extensive menu for
residents and non-residents.

Our two guest rooms are both en-suite
and we can boast one of the finest views of
Cautley Spout and the Howgills.

Please note our opening hours.

Closed Mondays unless a Bank holiday.

Summer season open - Tuesday to Sunday – 8.30-4.30

Winter season open Wednesday to Sunday 10.00 – 4.00

Thursday, Friday & Saturday nights open to non residents from 7 pm – *booking essential*

APRIL WEATHER

A fairly dry month with a total of 2.04 inches of rain though there were only 8 dry days. Temperatures showed a general improvement on previous months, as to be expected, with several days, in the latter part of the month, reaching the upper 60'sF with a maximum of 68F. On the low side we had only 2 nights when the minimum went below freezing with a low of 27.1F. In fact towards the end of the month the minima were quite balmy upper 40F and one occasion of 51.3F. Again the windchill only resulted in 10 nights being at or below freezing. It was a fairly breezy month with only 5 days when the maximum gust did not blow from the North West reaching a maximum of 21.0 mph.

Spring arrived on 7th of the month when our "resident" cock swallow returned followed by his mate on the 12th. They soon took up their roost in the kennels and got to work adding white duck feathers to their old nest. Eggs were added by the end of the month, 5 in total. The "spare" nest has been commandeered by a wren who has added moss to the swallows' mud base. In fact the wren has done this to 2 other nests, a blackbird's in the shippon and another swallow's nest in the donkey shelter. A blackbird had built in a honeysuckle which is a recipe for disaster. A blue tit is sat on only 3 eggs by the end of the month. The wren is singing for all he is worth whether he has a mate time will tell. Late in the month two visitors were



Stephenson & Wilson

15 Fell Close, Sedbergh LA10 5AP

General Builders

Plastering ~ Roofing ~ Extensions
Fire Places Fitted

Paul Stephenson
015396 21557
07810 595543



Tom Wilson
015396 20954
07790 946578

calling nearby, a chiffchaff and for the first time in many years a cuckoo. On the warmer days a few butterflies were about namely orange tips and peacocks. I am still getting rats in traps so reducing the problem of damage to feed stores. I can assure that it did not rain between 2am & 3am during the month. I was on my lambing round which was fortunate as 4 decided to drop their lambs at this time of day and a couple needed some help. Two shearlings, producing their first lambs, decide to do so at the same time about 50 yards apart. Neither would let me get near until I manage to sneak up on one.

Fortunately I was able to get the lamb out before she ran off and left it! I got her into the donkey shelter and went back for the lamb by which time she had dropped the second! The other likewise left her lamb so I pulled one of the calf huts and runs around her so her second was born in "captivity". Fortunately both got over the shock and accepted their newborns!! The dawn chorus on the 5am visit was a sound to behold!

SEDBERGH CRICKET CLUB

Sedbergh Cricket Club would like to thank its ball sponsors for this season. To date they are:

- Leighton's Hairdressers
- Chapmans Chimney Vac
- R.S. Morphet Ltd
- Marthwaite Joinery
- The Haddock Paddock
- Alan Hogg
- Andrew Mattinson
- D T Close

Their continued support is very much valued and appreciated. Thanks again.

There will be a Grand Raffle held at the Dalesman on 29th June at 7pm. See members for more details.

Karen Troughton

CRICKET COACHING

Following the success of the February half term cricket coaching by Pro Coach Yorkshire of Sedbergh CC Juniors at Sedbergh School, Pro Coach Yorkshire will next be coaching cricket at Dent Primary School on Friday June 6th and 13th. The funding is once again provided by the Yorkshire Ridings Society and the Corridor of Uncertainty Yorkshire cricket supporters message board. The aim is once again to promote cricket and Yorkshire cricket in traditional Yorkshire districts.'



Michael Pulford

FREE CHILDCARE AT NICHOLA'S – SEDBERGH

The term after a child's 3rd Birthday

Nichola's registered childcare (OFSTED rated Outstanding) at Highfield Villas Sedbergh offers the Free Nursery education provided by the government. This starts from the term after a child's 3rd Birthday until starting Reception class at school. **Nichola's** has 4 dedicated playrooms and an outside classroom and play area. The staff all hold qualification's from Degree's in education to Level 2 NVQ and we follow the Early Years Foundation Stage for children's education and development. The government allows for Parental choice of the setting and times to access their free entitlement. The only restrictions are the hours are taken over a minimum of two days and a maximum of 2 settings.

Nichola's offers several different options to access your free funding:-

- Full 15 hours free childcare per week at Nichola's where you can choose the days/time that suits you.
- Collect from Playgroup/Nursery and offer free childcare in the afternoon. For example 2 free sessions at Playgroup then 2 afternoons free at Nichola's. This gives you 2 days free childcare from 8.45-4.15pm
- Or any combination of childcare at Nichola's and Nursery/Playgroup.

For more information please contact Nichola on 015396 21484,
or call to have a look around and discuss your options.

Apple Macintosh & iPad Help & Advice
 problem solving – upgrades – installations

Video to DVD Transfer
 preserve those irreplaceable home movies

**Audio Cassette & Vinyl Record
 to CD Transfer**

I'm afraid I don't do PC/Windows related work.
 The best advice I can offer in such cases is 'Get a Mac!'

Contact Andrew on 07788 688490
 or email: andrew-allan@virgin.net

SAM KONCZYNSKI



Carpets & Floor Coverings
 Supplied & fitted
Telephone
07771 97 00 96

SHEPHERDS DWELLING

Our garden has for some years been part of something called The Quiet Garden Trust where private gardens around the world were opened for quiet and prayer, we however began to sense that God wanted us to do something different so after a lot of prayer and waiting on God, including an evening when



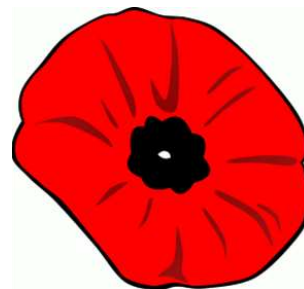
others joined us to pray, we now step into a new season. Our garden, not of the "show" variety at all, will open on certain days for people to come and rest, pray, follow one or more trails or just relax, it will be called "The Shepherd's Dwelling" not a quiet garden. There will, from time to time, be a "themed" day or a day just for ladies, we are putting together a leaflet so if you would like more information do get in touch, no obligation at all, please do pray for this venture, we need to walk in God's way in the Shepherd's Dwelling.

Sarah E Woof (015396 25212)

ROYAL BRITISH LEGION

Calling all residents of Howgill Village and its environs. The local branch of the British Legion is in need of help at poppy time.

Collectors are needed. If you could manage a door to door collection in late October, early



November time in the Howgill area then please do get in touch with John Douglass 20536 or Keith Wood 21808.

Cumbria Stove Centre

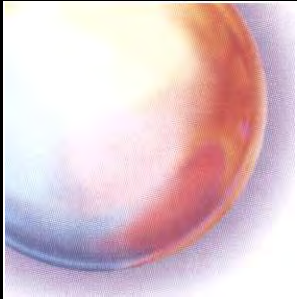
Supply and installation of wood, coal and gas stoves
 Flue and chimney lining services
 Inglenook specialists
 Fully qualified and experienced Hetas engineers

01539 821061 (day)

015396 25227 (evening)

SHOWROOM:

34a Main Street, Staveley, Nr Kendal



stramongate press

printers

printers

of

Sedbergh Lookaround

Stramongate Press Aynam Mills
Little Aynam Kendal Cumbria LA9 7AH

phone 01539 720448
fax 01539 730253
e-mail info@strampress.co.uk
website www.strampress.co.uk

GOING FOR GROWTH

On April 27th we held our first 'Lambing Service' at St. John's Church Garsdale, with a congregation of almost 50 attending. Rev. Andy conducted an inspiring service, and this was followed by tea in the Village Hall.

Thank you to all who supplied food, or helped in any way, also grateful thanks to all who gave donations amounting to £160 for R.A.B.I. (Royal Agricultural Benevolent Fund).

A special thank you must go to Jessica and Sam Labbate and family for the loan of their very well behaved sheep and lambs - Here's to next year!

Mary Airey

DENT DALE CHRISTIAN FELLOWSHIP

Our April gathering brought David Hannant to share his testimony and then we studied a passage of scripture which he brought alive to us in a very enjoyable manner. It was a shame his wife was ill and unable to join him but we look forward to them both coming in the future. Then we all crowded around the table for supper and continued fellowship. Our May lunch was well supported and the fellowship enjoyed, there is no lunch in June just the Sunday eve gathering and the ever changes in July due to possible holidays. If you are interested do contact us.

*John and Sarah Woof. "Rhumes"
Laning Dent. (015396 25212)*

C BERRY WINDOW CLEANING SERVICES



NEED A WINDOW CLEANER?

FRIENDLY LOCAL RELIABLE SERVICE

Carl Berry
10 Finkle Street
Sedbergh
LA10 5BZ

07827 813 974

NEIGHBOURHOOD FORUM

The next meeting of the Sedbergh & Kirkby Lonsdale Neighbourhood Forum will be held on Tuesday 24th June 2014 in the Bective Room at the Lunesdale Hall in Kirkby Lonsdale, starting at 7.30 pm. Details of the agenda will be sent out nearer the time but if anyone has any suggestions for items they would like to see on the agenda please let us know via Zoe.sutton@cumbria.gov.uk

South Lakeland Local Committee has also set aside funding for community grants in 2014/15. To discuss whether your group or project would be eligible for funding and to

GRAHAM J MOFFAT



**BUILDER
PLASTERER
ROOFER
QUALITY WORK
Tel: 015396 20907**

make an application please contact Zoe Sutton via zoe.sutton@cumbria.gov.uk or 01539 713448. To go forward for support at the June meeting completed applications should be received no later than 4th June 2014.

Gae Hicks

ST. JOHN'S CHURCH GARSDALE TOWN BAND CONCERT

A massive thank you to everyone who supported the wonderful concert given by Sedbergh Town Band on 14th May in St. John's Church.

We are very fortunate to have such a talented group of people who played a diverse and entertaining programme.



Also many thanks to those who provided the excellent supper following the Concert. Over £320 was raised for the Church Repair Fund.

Pauline Ramsbottom

Steve Hopps



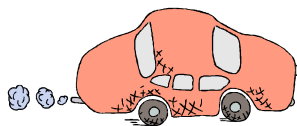
Property Maintenance
Painting and Decorating
Gardens tided & maintained
All types of work considered
Tel 07870 785322
steve.hopps2@gmail.com

VOLUNTARY SOCIAL CAR SCHEME

*Volunteer Drivers needed in
Sedbergh*

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult) who cannot make their journey by public or private transport. Volunteer Drivers use their own car to provide journeys which are co-ordinated locally and expenses are reimbursed.

Volunteering has many advantages including being Fun and helpful,



getting to know people in your community, experience to

help get a job and a hobby for when you retire.

Anyone interested in driving for the scheme and would like an informal chat can contact Tony Dodgson on 015396 20869.

The Voluntary Transport Officer at Cumbria County Council can be contacted on 01228 226721 or at intergrated.transport@cumbria.gov.uk

EXPERIENCED DRESSMAKER

Made to measure
Skirts, Dresses, Suits,
Bridal, Ball Gowns, etc.
Also alterations undertaken
All made to the Highest Quality by

SHEILA SHUTTLEWORTH

Tel: 015242 - 74322

DUNGAN LAW Ltd

Plumbing & Heating Engineer

Bathroom Suites & Tiling
Central Heating Systems
Domestic Gas Appliances
General Plumbing

Mob: 07796 544596

Tel: 015396 20930



EUROPE

I have recently read one of the most clear, intelligent and informative discussions that I have ever encountered, on the pros and cons of Britain's membership of the EU. It was written by Thomas Hinson, a year 11 student of Settlebeck School, and published on Page 74 in the April issue of the *Sedbergh Lookaround*.

The article is brimming with relevant supportive facts and totally free of irrelevant waffle. In this case, I feel that the view of a young student, free



from long nurtured prejudice, who has studied the situation carefully, is refreshing and well worth consideration. Nick Clegg would have done well to take note of Thomas's points when putting up a fight against Nigel Farage. Nick could certainly have made use of some of the salient facts in the article.

Congratulations to Thomas. He must surely be heading for an A star grade in his GCSE Economics.

Pauline Symonds

COMMUNITY OFFICER REPORT

17/04 We received reports of an abandoned vehicle at the village hall. Owner contacted and vehicle moved on.

18/04 Reports of an unknown person trying to gain entry to the callers home, caller managed to disturb them and they made off. Passing attention paid to area.

22/04 Criminal damage had been caused to a rented property. Enquiries are still ongoing.

28/04 Suspicious circumstances were reported to us at one of the local schools. A heavy metal gate had been lifted off its hinges, and plant pots were removed from the front of the school which were later located in one of the neighbouring gardens. This was believed to be a prank.

29/04 Caller reporting an abandoned vehicle on Back Lane. Caller was concerned for the welfare of three males seen with substantial hiking equipment after not returning back to their vehicle for a few days. Males contacted, all in order, were returning the next day.

29/04 Cold callers were reported to us, selling cleaning products door to door. Patrols attended but were unable to locate the two males.

30/04 Theft of a red quad bike with black mud guards aswell as a green pick up truck. Both vehicles were later located.

30/04 RTC on A684. Car on roof, no major injuries, ambulance not required.

09/05 RTC in Killington. 1 vehicle

collided with wall, no injuries.

10/05 RTC on A684. 1 vehicle collided with wall, no injuries.

15/05 A sudden death was reported to us.

Cumbria Constabulary appreciate the number of calls coming into us regarding suspicious vehicles and persons. Please continue to do so. Please note:

Our new police base is now open in Sedbergh. We are located at 72, Main Street and anyone who would like to discuss any issues regarding your community please don't hesitate to come and approach us. We are thoroughly delighted that we now have a community office to work from which is in the heart of Sedbergh, and look forward to engaging with as many members of the community as possible.

Kind Regards

Danielle Ayers CSO 5329

SEPTIC TANK EMPTYING

Fast efficient Service
Very competitive prices

SKIP HIRE

Ideal for rubble, soil,
builder's waste and stone

Ryan Simpson

07766 971 167

015395 68318

rysimpson@live.co.uk

SEDBERGH GALA

Fifty Golden Years

Gala Day dawned and it seemed that the weather agreed with our theme, it was a golden day - sunny, warm and with a breeze to cool those taking part in all of the sports. The procession wound its way through town led by our Town Crier followed by our Gala Queens and their attendants and groups of children in colourful costumes.



Jenny Dawson opened the proceedings by commemorating those who founded the Gala over fifty years ago, including her late husband Jack. The retiring Gala Queen

J. E. WILKINSON

BUILDING CONTRACTORS

Quality Craftsmanship

New Builds • Renovations

Roofing • Plastering • Stonemasons

Lime Plastering & Pointing

WINNERS

**YDNP BEST BUILDING DESIGN AWARDS 2010
NEW BUILDING CATEGORY**

Tel: 015396 25531 Mob: 07989 197580

EDWIN MIDDLETON



JOINERS

All aspects of site joinery work
30 years experience

We design, manufacture purpose made
joinery in our own workshop.

All your requirements fully fitted.

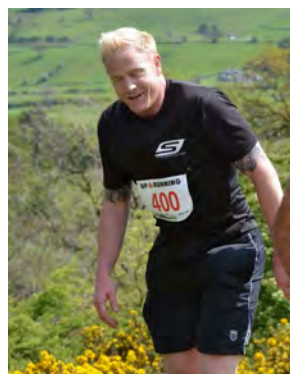
UPVC windows & doors

Free Advice and Estimate

Phone: 015396 25431 or 015396 20074

Mobile: 07779 049103 or 07814 149105

Leanne Postlethwaite and the incoming Queen Annabelle Brewer also made speeches at the opening ceremony. Everyone was then free to enjoy the many amusements on offer and sample some of the delicious refreshments it must have been hot as the beer tent ran out of beer at 4pm and emergency supplies had to be found!



The icing on the cake was the presence of a BBC film crew who were putting together an article for 'The One Show' about fell running and its long standing tradition of taking place at local events. The famous 400m athlete Iwan Thomas ran the fell race (followed by a

cameraman) and admitted to being on his hands and knees at times! He finished a valiant 90th and said that he would like to try again after some training. Both he and the film crew were bowled over by the town, the countryside and the friendliness of Sedbergh people.

So, thank you to everyone who came along and enjoyed the day, and a massive thank you to everyone who helped to make our 50th Gala such a resounding success. *Neil Kernahan*



GJBaines
a son
building contractors

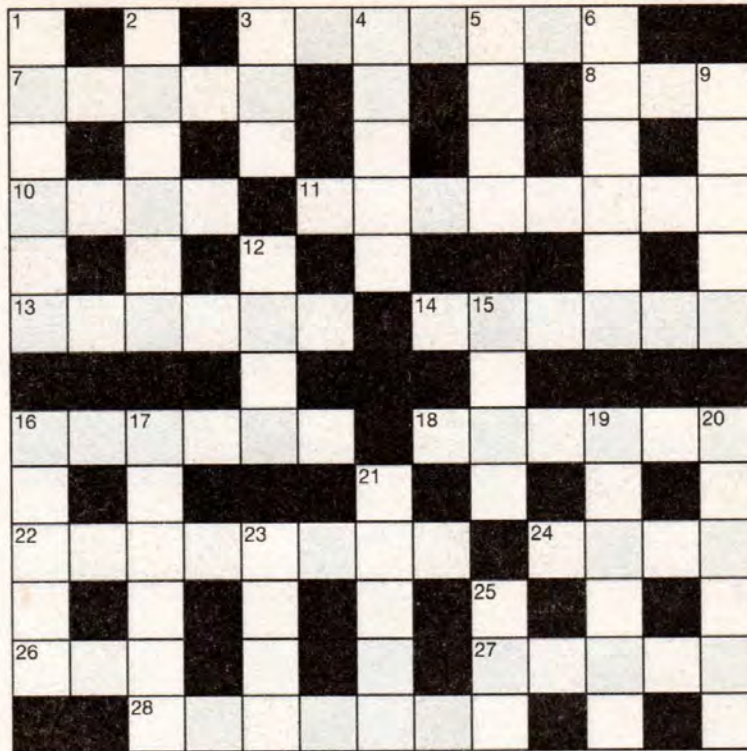
plant hire • ground works • plant sales

- Project Management
- New Builds
- Extensions
- Roofing
- New Fitted Kitchens
- Ground Works
- Plant Hire
- Drains

Unblocked/Cleaned/Repaired

Contact George on:
Tel: 015396 21287
Mob: 07977514229
Email: info@gjbainesandson.co.uk
Web: www.gjbainesandson.co.uk





ACROSS

- 3 Disabled (7)
- 7 Bread maker (5)
- 8 Mineral source (3)
- 10 Choir voice (4)
- 11 Bone in the spine (8)
- 13 Our continent (6)
- 14 Customer (6)
- 16 Entice, attract (6)
- 18 From side to side (6)
- 22 Funeral bugle-call (4, 4)
- 24 Beast with a mane (4)
- 26 Payment (3)
- 27 Man-made waterway (5)
- 28 Candidate (7)

DOWN

- 1 Burning fiercely (6)
- 2 Ice dancer (6)
- 3 Irritate (3)
- 4 Female fox (5)
- 5 Period of fasting (4)
- 6 Times by two (6)
- 9 Perform (5)
- 12 Rider's goad (4)
- 15 Make secure (4)
- 16 Train driver's union (inits) (5)
- 17 Heed, give ear (6)
- 19 The East (6)
- 20 Decrepit (6)
- 21 The trembling poplar (5)
- 23 Open hand (4)
- 25 Top card (3)

			4	2			
	9	2				8	7
5	1						3
9			6	7			2
		1	3	4	9		
2			8	9			1
4	8						9
	2	6				1	5
			5	6			

			4	3			
		3				4	
8	7						2
6	9		3	2		4	7
			8	9			
1	4		5	7		9	3
5	3						1
		6				9	
			1	6			

	2		6			5	
			7			3	9
4	9			5			
				3			1
		2	9		5	8	
8	7			2			
				6			8
5		9			7		5
		4			8		9

5							
6				4	9		8
2	4			1	9		3
4		7	1	9			
				4	6	5	9
	8		9	6			1
1		5	4				6
							3

							5
	5		4		1		
		6	5	2			4
7		8	9	3	6		
		3	1	6	9		2
8			6	5	7		
		1		8			2
3							

					3		4
			2	9		7	
		6			5	9	
4					1	9	
	7	1				2	6
		8	7				1
	9	2				1	
	5		3	8			
8		3					

8	6	3	5	7	1	2	4	9
1	7	5	9	2	4	6	8	3
4	2	9	6	3	8	7	5	1
5	8	1	3	4	7	9	6	2
2	4	7	8	6	9	3	1	5
9	3	6	1	5	2	8	7	4
7	9	4	2	1	6	5	3	8
3	1	2	7	8	5	4	9	6
6	5	8	4	9	3	1	2	7

6	3	2	8	5	7	1	4	9
4	1	8	3	2	9	6	7	5
9	7	5	1	6	4	2	3	8
1	2	3	9	4	6	5	8	7
7	6	9	5	1	8	4	2	3
5	8	4	2	7	3	9	6	1
3	4	7	6	9	1	8	5	2
8	5	1	4	3	2	7	9	6
2	9	6	7	8	5	3	1	4

5	6	8	1	7	9	2	3	4
7	2	3	6	8	4	5	9	1
1	4	9	2	3	5	8	7	6
2	1	4	5	9	3	7	6	8
6	9	5	7	2	8	1	4	3
3	8	7	4	1	6	9	2	5
9	7	6	3	5	1	4	8	2
4	5	2	8	6	7	3	1	9
8	3	1	9	4	2	6	5	7

3	1	2	8	9	4	5	7	6
4	8	9	6	5	7	3	1	2
7	5	6	1	2	3	4	8	9
6	3	7	2	8	1	9	5	4
5	4	1	9	7	6	8	2	3
9	2	8	4	3	5	1	6	7
2	7	3	5	4	8	6	9	1
8	6	4	7	1	9	2	3	5
1	9	5	3	6	2	7	4	8

E	R	O	T	I	C		R	O	O	K	I	E	
S		A		O			E		B		M		
C	O	L	L	A	T	E	S		T		T	P	E
A			E				P		U		R		
P	A	W	N			R	O		S	H	O	T	
E			T	R	O	U	N	C	E		V		
D	A	D			T		S				P	E	T
G			L	O	T	T	E	R	Y			R	
Y	E	T	I		E		S			E	L	B	A
L			T		R					L			G
S	E	N	T		D	E	A	D	L	I	N	E	
S			E		A		R		O			D	
A	S	H	R	A	M			T	A	W	D	R	Y

M	I	C	E			S			L	O	W	E	R		
A			O		S	H	I	N	E		A		O		
S	L	O	O	P		T			C	H	I	N	A		
S					I		A		T		T		R		
A	U	D	I	T	O	R	I	U	M						
C		A							R		D		F		
R	A	M	R	O	D				L	E	G	A	T	E	
E			E		V						T		A		
						R	E	S	T	A	U	R	A	N	T
A			H		R		I								U
C	H	O	P	S		R			I	N	T	E	R		
R			K		E	R	E	C	T		I				E
E	X	I	L	E		D					B	E	S	S	



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); 1T/F(ES); TV; NS; CH; P; CB; VB; DFB;</i> e-mail: sangold.kwood@virgin.net	21808
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail:- stay@drawellcottage.co.uk	21529
Mrs S Sharrocks	Holmecroft; Station Road, Sedbergh LA10 5DW (2013/11) <i>1D; 1T; 1S; TVL; CH; NS; NP*; P; DR</i> Web Site: www.holmecroftbandb.co.uk	20754
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail:- wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Mrs J Hope	The Old Joinery, Garsdale, Sedbergh LA10 5PJ (2012/12) <i>F/D (4 poster); 1S; ES; CH; TV; P; NS; DW; CW; DR; DA; VB*</i> e-mail: enquiries@theoldjoinery.com	20309

CAMPING, CARAVANNING & SELF-CATERING

Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360
Mrs Tallentire	Ingmire Hall, Sedbergh (2013/02)..... <i>D & PB Flat; £395 pcm; References & Deposit required</i>	07944 859456
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09)	<i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled
 Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0740 (C)	0817	M - F	564	GPS	0825	0858	M - F	564	GPS
0938 (H)	1010	M - F	564	W	1030 (H)	1058	M - F	564	W
1002 (C, H)	1044	M - S	564	GPS	1055 (C)	1128	M - S	564	GPS
1015 (L, H)	1045	Wed	564B	W	1300 (H)	1330 (L)	Wed	564B	W
1050 (L)	1125	Sat	564A	WDB	1330 (H)	1358	M - F	564	W
1238 (H)	1310	M - F	564	W	1405 (C, H)	1443	M - S	564	GPS
1310 (C)	1347	M - S	564	GPS	1425 (H)	1500 (L)	Sat	564A	WDB
1545	1620	M - S	564	GPS	1625 (C)	1658	M - S	564	GPS
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
0855 (L)	0932	M - F	564	GPS	0705	0740	M - F	564	GPS
1125 (L)	1202	M - S	564	GPS	0935	1002	M - S	564	GPS
1440 (L)	1505	M - S	564	GPS	1235	1310	M - S	564	GPS
1655 (L)	1732	M - S	564	GPS	1510	1545	M - S	564	GPS
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent Station to Dent				
0825	0840	Sat	564A	WDB	0950 (CG)	1000	Wed	548B	W
1330	1345	Wed	564B	W	0910	0925	Sat	564A	WDB
1500	1515	Sat	564A	WDB	1020	1035	Sat	564A	WDB
1650	1705	Sat	564A	WDB	1615	1630	Sat	564A	WDB
1840 #	1855	Sat	564A	WDB	1740	1755	Sat	564A	WDB
					1930 #	1945	Sat	564A	WDB
Dent to Dent Station					Dent to Sedbergh				
0840	0855	Sat	564A	WDB	1000	1015	Wed	548B	W
0950	1005	Sat	564A	WDB	1035	1050 (L)	Sat	564A	WDB
1345	1355 CG	Wed	564B	W	1630	1645	Sat	564A	WDB
1515	1530	Sat	564A	WDB	1755	1810	Sat		WDB
1705	1720	Sat	564A	WDB	1945 #	2000	Sat		WDB
1855 #	1910	Sat	564A	WDB	Last Update: June 2013				
L = Sedbergh Library					H = Via Westmorland General Hospital (Request Only)				
C = Via Kendal College					CG = Cowgill				
W = Woof's of Sedbergh					WDB = Western Dales Bus				
GPS = Grand Prix					# = British Summer Time Only				
<i>Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.</i>									
All times from Sedbergh are from and to Thorns Bank unless stated (L)					For Comprehensive up-to-date information ring :- Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)				

Dent Station Western Dales Bus Saturday Service 564A					
Train connection From Leeds		1016	1611		1923
Train connection From Carlisle	0905	1040	1540	1732	1920
Buses leaving Dent Station	0910	1020	1615	1740	1930
Buses Arriving Dent Station	0855	1005	1530	1720	1910
Train connection To Carlisle		1016	1611		1923
Train connection To Leeds	0905	1040	1540	1732	1920

Until 19th October 2014							
Shaded journeys and trains operate only from 18th May to 7th September inclusive							
	Sundays				Bank Holiday Mondays		
Sedbergh Dalesman	1000	-	1735	-	1000	-	1850
Dent Car Park	1015	1100	1750	1845	1015	-	1905
Cowgill	1028	1113	1803	1858	1028	-	1918
Dent Station	1030	1115	1805	1900	1030	-	1920
<i>Trains from Leeds to Carlisle</i>	1037			1908	1017		1934
<i>Trains from Carlisle to Leeds</i>	1040		1816				1927
<i>Trains from Blackpool to Carlisle</i>		1102					
<i>Trains from Carlisle to Blackpool</i>				1913			
Dent Station	1045	1118	1825	1920	1045	-	1940
Cowgill	1047	1120	1827	1922	1047	-	1942
Dent Memorial Hall	1100	1133	1840	1935	1100	1133	1955
Sedbergh Library	-	1148	-	1950	-	1148	2010

Western Dales Bus Sunday Service to & from Farfield Mill			
Forward Journey			
Dent Memorial Hall	1133	1358	1643
Sedbergh Dalesman	1148	1413	1658
Return Journey			
Farfield Mill	1157	1425	1707

Organisation	Update	Contact	Tel:	015396
Age UK South Lakeland	08/13	Mrs Greensmith	01539	728180
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/08	Mrs Leigh	Sed:	20794
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beaver Scouts	03/13	Mrs Woof	07890	302038
Beekeepers Association	01/09	Mrs Whitton	015242	72004
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Birdwatching	02/09	Mrs Foott	Dent:	25453
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Queen's Gardens	01/09	Mr Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/08	Mrs Pease	Sed:	21575
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Chameleons Drama Club	01/09	Mrs Bush	Sed:	20058
Christian Aid	01/09	Mrs Hannam	Sed:	20897
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Dent	01/09	Mr Hyde	Dent:	25503
Cricket Club - Sedbergh	01/09	Mr Hoggarth	01539	731140
Cub Scouts	02/14	Mr Hubbard	Sed:	20028
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dentdale Choir	11/13	Mr Steele	Dent:	25054
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dent School - Friends of	03/13	School	Dent:	25259
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	12/10	Ms Last	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
Fire Service (Tuesday Evenings)	01/09	Mr Packham	Sed:	20302
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club - Sedbergh	06/09	Mr Kirby	Sed:	21214
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	01/09	Mrs Scarr	Sed:	20502
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	01/09	Mrs Woof	Dent:	25275
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/11	Mrs Shuttleworth	Sed:	20907
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665

Kent Lune Trefoil Guild	12/13	Mrs Gilfellow	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	12/08	Dr Ripley	Sed:	21101
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Lunch Club	11/10	Miss Gladstone	Sed:	20438
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Over 60's - Dent	04/14	Mrs Richards	Dent:	25324
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	07/12	Mr Stephenson	Sed:	21487
Parish Council - Garsdale	01/09	Mrs Donaldson	07967	972160
Parish Council - Sedbergh	04/14	Mrs Hassam	Sed:	20125
People's Hall	01/09	SOS	Sed:	20788
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	01/09	Mrs Gunning	Sed:	20226
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh *	06/14	Mrs Foott	015395	30163
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Scouts	01/09	Mr Mawdsley	Sed:	20723
Settlebeck High School P.T.F.A.	01/09	Mrs Storey	Sed:	21593
Sight Advice South Lakeland	12/10	Mrs Levitt	Dent:	25162
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Squash Club	09/10	Mr Thomson	Sed:	21747
Swimming Club	01/09	Mrs Thexton	Sed:	20574
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
United Reformed Church Rooms	01/09	Mrs Haworth	Sed:	20428
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale *	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	12/09	Mrs Wilson	Sed:	20238
Young Kidz	01/09	Mrs Baines	Sed:	21287
Zebra's Baby & Toddler Group	08/12	Ms Gardner	Sed:	20570

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect,
please supply details to the Lookaround Office

CHURCH SERVICES JUNE					
St. Andrew's	1st	8th	15th	22nd	29th
8.00 am	HC CW	HC BCP	HC BCP	HC BCP	
10.30 am	HC CW	Parish Comm Sunday School	HC CW	Mattins	
6.30 pm	EP	EP	EP	EP	
Wednesday	4th	11th	18th	25th	
11.00					
St. Mark's	1st	8th	15th	22nd	29th
9.30 am	HC		MP		HC
2.30 pm					
St. John's	1st	8th	15th	22nd	29th
9.30 am	MP		MP	HC	
LUNE PARISH SERVICES					
	1st	8th	15th	22nd	29th
Holy Trinity Howgill	10.30 am Joint MP Howgill	10.30 am Ecumenical Service URC Church Sedbergh	2.00 pm Joint Howgill	2.00 pm Joint HC Firbank	10.30 am Joint Service St Andrew's Parish Church
St John's Firbank					
All Saints Killington					
DENT & COWGILL PARISH SERVICES					
	1st	8th	15th	22nd	29th
St. Andrew's	10.30 am HC	10.30 am HC *	10.30 am HC		
St. John's	9.00 am HC		2.30pm EP		
worship@peopleshall					
	1st				
People's Hall	1030				
HC = Holy Communion			SS = Sunday School		
BCP = Book of Common Prayer			MP/EP = Morning Prayer/Evening Prayer		
CW = Common Worship			M&P = Meditation & Prayer		
PC = Parish Communion			NSV = New Sedbergh Version		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. A. McMullon Tel: 20018
 Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754
www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. P. Campbell Tel: 20918

METHODIST CHURCH

New Street
 Sunday 10.30

Rev. H. Stuteley Tel: 20329

UNITED REFORMED CHURCH

Main Street
 Sunday 10.30

Rev. C. Marsden Tel: 22030

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900

Sarah Woof Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. A. McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058
 & Maureen Hinch 20843
 Garsdale: Mary Grant 20573
 & Bill Mawdsley 20723
 Firbank: Colin Wilson 20952
 & Jean Dixon 20435
 Howgill: Mary Stainton 20426
 & Dorothy Parker 20493
 Killington: Jennifer Thornely 20444
 & John Mather 015242 76333

Dent & Cowgill

Rev. P. Boyles Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;
 Cautley; Fell End;
 Garsdale Street; Garsdale Low Smithy;
 Hawes Junction & Frostrow

Rev. H. Stuteley 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 20588 or 20503

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Wednesday 19.30

Rev. G. Jones Tel: 01539 722079

Lookaround Advertising Rates

Single Column x 1"	=	£7.50
Single Column x 2"	=	£10.00
Single Column x 3"	=	£12.50
Single Column x 4"	=	£15.00
Double Column x 2"	=	£15.00
Double Column x 3"	=	£20.00
Double Column x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month	=	£2.00
Postal Overseas	=	£4.00

All enquiries to
 13 Kings Yard, Sedbergh LA10 5BJ
 Adverts by 15th of every month.
*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*
 Articles etc. by 19th of every month
Last Price Update August 1999.

DIARY OF EVENTS

Dates are held up to 19th March 2015

JUNE					
1	1030 Exhibitions x 3 for June	FM	11	2000 MF Bach to the Future (1)	StAS
1 - 15	MF Music Festival (1)	Sedbergh	11	Appleby Fair Ends	Appleby
1	1830 MF Manchester Gospel Choir (1)	StAS	12	1000 Appleby Fair Drop In	LHKL
1	Holker Show		12	1200 Lunch Club	Red Lion
2	1000 Appleby Fair Drop In	CO	12	1300 MF Lunchtime Concert (1)	StAS
2	1300 MF Lunchtime Recital (1)	StAS	12	1900 Fresh Start	Bull Hotel
2	2030 MF Five in a Bar (1)	StAS	12	1915 Royal British Legion	WHC
3	1000 Appleby Fair Drop In	LHKL	12	2000 MF Music in Time of War (1)	StAS
3	2000 MF Salsa Pa'Gozar (1)	StAS	13	1000 Appleby Fair Drop In	CO
4	1000 Coffee Morning - Howgill WI	URCR	13	1300 Cricket Coaching	DPS
4	1000 Appleby Fair Drop In	CO	13	2000 MF Recital (1)	StAS
4	1300 MF Lunchtime Recital (1)	StAS	14	1900 MF Messiah (1)	StAS
4	1330 SS Cricket v XL Club	SS	15	1030 MF Choral Eucharist (1)	StAS
4	1930 MF Town Band Concert (1)	StAS	15	1400 Charity Tug of War (15)	SS
5	Appleby Fair Starts	Appleby	15	Music Festival Ends (1)	Sedbergh
5	1000 Appleby Fair Drop In	LHKL	16	Father's Day	
5	1300 MF SS Chamber Choir (1)	StAS	17	1200 SASL Sed Support Group Lunch	Fat Lamb
5	1930 Sedbergh Parish Council Annual Meeting	PH	17	1630 SS Cricket v St Mary's Crosby	SS
5	1930 WIH Jubilee Flotilla	FCH	17	1930 Red Squirrels Public Meeting	WHC
5	1930 MF Stonebridge String Quartet (1)	StAS	18	1000 Coffee Morning - WIK	URCR
6	1000 Appleby Fair Drop In	CO	18	1830 Friends of Dent School AGM	DMH
6	1300 MF Morceaux de Musique (1)	StAS	19	1100 SS Cricket v Durham CCC Academy	SS
6	1300 Cricket Coaching	DPS	19	1300 Medical Centre Closed for Training (19)	MC
6	1930 MF Barrel of Fun Youth Theatre Group	StAS	20	1700 HS St Mary Church, Wreay (7)	LHCP
7	1000 Appleby Fair Drop In	LHKL	21	1130 SS Cricket v Durham	SS
7	1030 MF Cheerful Coffee Concert (1)	StAS	21	1300 Dales Bus Afternoon Tea (21)	URCR
7	1200 SS Cricket v Bolton	SS	21	1330 SS Cricket v Rosall & Durham	SS
7	1330 HS Sprint Mill, Burneside (7)	LHCP	21	1930 PH Denis Westmorland Dance (21)	PH
7	1900 Flicks in the Fells	PH	23	1130 SS Cricket v Carey GS, Australia	SS
7	2000 MF Cottontown Chorus (1)	StAS	24	1130 SS Cricket v Pembroke, Australia	SS
8	0900 Howgill Horror (8)	SSQH	24	1930 Neighbourhood Forum	LHKL
8	1500 Up the Line to Death	StAS	25	1000 Coffee Morning - Firbank Church	URCR
8	1830 MF Choral Evensong (1)	StAS	25	1130 SS Cricket v Kings Macclesfield	SS
9	1000 Appleby Fair Drop In	CO	28	1000 Coffee Morning - Music & Beer Festival	DMC
9	1300 MF Recital (1)	StAS	JULY		
9	2000 MF The Bookshop Band (1)	Westwood Books	2	1000 Coffee Morning - URC	URCR
10	1000 Appleby Fair Drop In	LHKL	2	1930 Sedbergh Town Band Concert (44)	StAD
10	1300 MF Organ Recital (1)	StAS	3	1930 WIH Members Evening	HVH
10	1400 WIK Trees	PH	5	1000 Artisan Market (49)	Main Street
10	2000 MF Early Music (1)	StAS	5	1900 Flicks in the Fells	PH
11	1000 Coffee Morning - Garsdale Church	URCR	9	TBA WID Summer Outing	TBA
11	1000 Appleby Fair Drop In	CO	9	1900 Town Band Concert	Country Harvest
11	1915 WID History of Halecat	DMH	8	1400 WIK Outing to Howarth	PH
11	1930 WIS Lumps, Bumps & Wobbly Bits	PH	8	1600 Appleby Fair Drop In De-Brief	LHKL
			9	1000 Coffee Morning - Middleton Church	URCR

*The S & D Lookaround is edited, published & distributed monthly by
Dennis & Jacky Whicker and is printed by Stramongate Press.
The content of The Lookaround does not reflect the views of the Editors.
Whilst every effort is made to ensure that information is correct, the Editors cannot
accept any responsibility for any inconvenience caused through errors or omissions.
Copies are available from Sedbergh Office Services, Green Door,
Premier, Howgills Bakery, Post Office, Spar, Dent Stores & Barbon Inn.*

COVER PICTURE

Dent Playground

by Dennis J Whicker

9	1700	HS Carlisle Archive Centre	LHCP
9	1930	WIS Wedding Myths & Magic	PH
10	1200	Lunch Club	Red Lion
10	1915	Royal British Legion	WHC
12	0930	SASL Street Collection	Sedbergh
12		StAS Summer Fair	StAS
12	1800	Suzan Sedgwick Dance Reunion	PH
15	1300	Medical Centre Closed for Training (19)	MC
16	1000	Coffee Morning - Information Centre	URCR
18	1930	Duck Race & Social Evening	KVH
19	1400	Strawberry Teas (<i>Change of Date</i>)	DMH
23	1000	Coffee Morning - Royal British Legion	URCR
26	1000	Coffee Morning	DMC
26	1000	Artisan Market (49)	Main Street
28	1000	Churches Together Holiday Club	PH
29	1000	Churches Together Holiday Club	PH
30	1000	Coffee Morning - Garsdale Village Hall	URCR
30	1000	Churches Together Holiday Club	PH
31	1000	Churches Together Holiday Club	PH

AUGUST

1	1000	Churches Together Holiday Club	PH
6	1000	Coffee Morning - Howgill Church	URCR
7	1930	WIH Laughter, the best medicine	FCH
13	1000	Coffee Morning - StAS Mission	URCR
13	1915	WID Home, Heart, Heft & Jacobs Join	DMH
13		WIS Summer Outing	
14	1200	Lunch Club	Red Lion
14	1915	Royal British Legion	WHC
20	1000	Coffee Morning - NW Cancer	URCR
23	1000	Artisan Market (49)	Main Street
25		August Bank Holiday	
25	1200	Dent Gala	Dent
27	1000	Coffee Morning - Beekeepers	URCR
30	1000	Coffee Morning	DMC

SEPTEMBER

3	1000	Coffee Morning - Garsdale Church	URCR
4	1930	WIH Ladies of Holker	HVH
6	1900	Flicks in the Fells	PH
9	1400	WIK Nurture your Artistic Talent	PH
10	1000	Coffee Morning - A&LP Lookaround	URCR
10	1915	WID Artisan Bakery	DMH
10	1930	WIS Makeover Magic	PH
11	0800	Westmorland Show	Crooklands
11	1200	Lunch Club	Red Lion
11	1915	Royal British Legion	WHC
12	1900	FoSMC Quiz Night & Supper	PH
13	1030	National Heritage Weekend	FM
14		Town Band @ Hardrow Festival	Hardrow
14	1030	National Heritage Weekend	FM
16	1300	Medical Centre Closed for Training (19)	MC
17	1000	Coffee Morning - Town Band	URCR
17	1930	Town Band Concert	MiddC

FOR SALE

Good Quality Hay & Straw (Small Bales)

Haylage (Large Bales)

Tel: 015396 20668

Mob: 07960 210336

20	1000	Artisan Market (49)	Main Street
24	1000	Coffee Morning - People's Hall	URCR
26	0830	McMillan Biggest Coffee Morning	DMH

OCTOBER

1	1000	Coffee Morning - Firbank Church	URCR
2	1930	WIH AGM & WI Advisor	
4	1900	Flicks in the Fells	PH

DIARY KEY

BF	= Brigflatts
BVH	= Barbon Village Hall
CDC	= Community Development Centre
CO	= Community Office, Main Street
CTiS	= Churches Together in Sedbergh
CWS	= Craftworkshop 61 Main Street
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
DPS	= Dent Primary School
FCH	= Firbank Church Hall
FM	= Farfield Mill
GVH	= Garsdale Village Hall
LHKL	= Lunesdale Hall, Kirkby Lonsdale
MC	= Medical Centre
MiddC	= Middleton Church
HS	= History Society
HVH	= Howgill Village Hall
IRC	= Information Resource Centre
JLCP	= Joss Lane Car Park
KLI	= Kirkby Lonsdale Institute
KVH	= Killington Village Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
PH	= People's Hall
RD	= Rhumes, Dent
SASL	= Sight Advice South Lakeland
SMC(R)	= Sed. Methodist Church (Room)
StAS/D	= St Andrew's Church, Sedbergh/Dent
SHQ	= Scout Headquarters
SIO	= Sedbergh Information Office, Main St
SSAT	= Settlebeck School Academy Trust
SS	= Sedbergh School
URC(R)	= United Reformed Church (Rooms)
WID	= Women's Institute, Dentdale
WIH	= Women's Institute, Howgill
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

01539 718191 (Option 1) 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –

Early Morning Tuesday & Thursday

Late evening Monday & Tuesday

Dent Surgery by appointment only - Monday

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday

afternoons **(By appointment only)**

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

Please telephone the surgery to make appointments for all the above clinics.

See our website www.sedberghmp.nhs.uk for further details

When we are closed please contact
CHOC 03000 247 247 or 999 if appropriate

Collinge Optometrist

Friday only - 0900 to 1300 by appointment only.

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

DENTAL SURGERY

Main Street 20626

Ben Houghton, Ian Dawson, Wendy Thompson,
Dawn Douglas & Sarah Boum (Hygenist)

Monday to Friday 0900 - 1700

Saturday *

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH TOURIST OFFICE

Main Street 20125

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

www.sedbergh.org.uk/booktown/dlbc.html

COMMUNITY OFFICE 20504

Monday to Friday 1000 to 1600

Thursday 1000 to 1300

e-mail: office@sedbergh.org.uk

www.sedbergh.org.uk

RURAL CITIZENS ADVICE BUREAU

015394 46464

www.cumbriaruralcab.org.uk

PENSION SERVICE SURGERY

Stricklandgate House every Tuesday 1400 - 1600

01539 795000 or 0845 6060265

Age UK SL @ Community Office

1st Wednesday every month

10 am to 12 noon

01539 742627

COMMUNITY DEVELOPMENT CENTRE

Settlebeck Cottage Tel: 21031

www.sedberghcdc.org.uk

POLICE

101 or 999

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

MARKET DAY WEDNESDAY

HALF-DAY CLOSING THURSDAY