

Sedbergh & District

LOOKAROUND

December 2018

Issue 372

Donation £1

Well here we are after almost 33 years. Who would have thought that from a very small acorn, such a mighty Oak would grow???

It is a sad day in our lives to finish but a happy day that Lookaround will

still be put together for the benefit of the community.

Please see relevant information on Pages 6 and 100 referring to the new Team and other information.

Dennis & Jacky Whicker

Sedbergh Christmas Late Night Opening



Wednesday 5th December 2018

6.00 - 8 p.m.

Father Christmas - Magician

Cumbria Gaita Band - Dentdale Choir & Town Band

Organ Recital - Bell Ringing - Flower Festival

Craft Market in St Andrews Church & Sedbergh School Library

**Tickets to see Father Christmas
are on sale in the Information & Book Centre.
Buy in advance and avoid the queue!**

Late Night Opening is organised by Sedbergh & District Chamber of Trade & Business

CLOSING DATE: 15th of every month for everything

S & D Lookaround 72 Main Street, Sedbergh LA10 5AD

Mobile: 07464 - 895425

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

Articles

Advertising Rates	111
Bed & Breakfast	112
Bus Time Tables	106
Diary of Events	114
Editorial and Information	100
Groups	104
Personal Messages	99
Places of Interest	109
Puzzles	95
Religious Information	110
Regular Meetings	109
Train Times	108
Useful Telephone Numbers	
B4RN H&M	91
B4RN to Sedbergh	90
Bowling Club	50
Boxes of Hope Cumbria	80
Christian Aid	40
Christmas Services	93
Churches Together	40
Coffee Mornings	82
Colin's Seat	93
Community Officer Report	95
Community Orchard Group	77
Community Swifts	29
Councillor Corner	17
Councillors Corner	15
Cumbria Wildlife Trust	35
Dementia Awareness	19
Dentdale Christian Fellowship	43
Dentdale Memorial Hall	66
Dentdale, Head to Foot	73
Digging for Britons	88
Family Musings	83
Farfield Mill	66
Fascia	85
Fireworks Night	86

Gardening	34
History Society	75
Ian Dawson Dentist	92
Information Centre	80
Kick Boxing	50
Ladies NFU	20
Lakeland Voice	68
Late Night Opening	18
Lest We Forget	52
LNFU Coffee Morning	29
Lookaround 2019	6
Marlene Nelson	87
Maryfell Car Parking	33
Neighbourhoodalert Phone Scam	82
News from the Dent Pews	43
News from the Pews	46
North West Air Ambulance	94
Parish Council Garsdale	10
Parish Council Sedbergh	7
Peoples Hall	30
Primary School	63
Sedbergh Orchestra	64
Sedbergh School News	58
Settlebeck News	56
Shepherds Dwelling	48
Spring Show	70
St Marks Church	42
Tearfund Quiz	73
Tim Farron MP	13
Town Band 1	63
Town Band 2	65
United Reformed Church	49
Walking & Cycling Group	88
Wartime Sacrifice	18
Weather	37
WI Dentdale	20
WI Killington	23
WI Sedbergh	27
YDNP SDF Grants	90
Zero Waste Sedbergh	38

December Birthdays		
Day	Name	Age
7	Niamh DWYER	5
8	Eric DOBSON	3
10	Emily CASH	9
12	Ted METCALFE	3
15	Kate ANDERSON	10
16	Tom CAPSTICK	11
16	Ella PRATT	13
18	Edward HODGSON	6
20	Paige METCALFE	6
21	Sophie SAYNOR	8
23	Holly MIDDLETON	4
24	Tom BROWN	7
26	Lexxi COTTAM	8
27	Haydon COUSINS	11
31	Ewan CANNOM	8

January Birthdays		
Day	Name	Age
7	Emily WHITE	11
13	Elizabeth COWIN	12
15	Anika BURBIDGE	12
16	Charlie COLTON	10
25	Hannah MARSDEN	9
30	Elana ADGIE	5
30	Stanley ALLAN	11
	Nonagenarian & Over	
7	Mary Gladstone	93



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Able Memorials Stonemason	39	Jude Jackson Music Teacher	86
Andrew Allan Video Transfer	37	June Parker Acupuncture	21
Backyard Blooms	64	K W Electricals	37
Bonney Brides Photography	79	Kay Whittle Chiropodist	72
Brian Goad Funeral Services	38	Keith Moorby Accountant	29
British Legion	31	Killington Marquees	91
Byroms Furnishers	80	Lakes Scaffolding	60
Capstick Insurance Agent	42	LS Pressure Washing	61
Carl Berry Window Cleaner	37	Laura's Loom	66
Cherry Stainton JCB Hire	81	LD Private Hire	40
Churchmouse Café	41	Lookaround Advertisers	6
Cobble Country Estate Agent	62	Maggie Scott Meditation	66
Cross Keys Hotel	19	Malcolm Sedgwick Carpenter	69
Cumbria Stoves	92	Mark Barker Gardener	45
Dalesway Tyreservices	44	MB Designs Decorator	90
Dalton Burial Ground	38	McGarry Solicitors	32
Daphne Jackson Osteopath	47	Medical Centre	53
David Jermy House Repairs *	17	Meditation Centre Events	25
Dawsons Coal Yard	34	MK Conversions Builders	56
Derek Hayes Gardener	35	Nicky Ross Plumber	57
Duncan Law Plumber	49	No. 6 Finkle Street Lifestyle Store	54
Eddie Lord Plumbing	71	Ollie Collie	15
Edwin Middleton Carpenter	81	Osteopathy in Dent Nov & Dec	77
Enviro Metals	58	Parkin & Jackson - Kevin Bateman	38
Fairbank Society Residential Home	67	Paul Hoggarth Builder	41
Family Villa to Rent	26	Paul Tuson Joinery	85
First4Homes Improvements	36	Penny Black	16
G J Baines & Son Builders	87	People's Hall	88
Gardner MacKenzie Plumbers	50	Peter Woof Electrician	89
Garsdale Design Architects	35	Philip Horner Fencer	33
Garsdale Window Cleaning Service	30	Red Squirrel Group	53
Gary Allan Metalworker	31	Richard Hoggarth Builder	45
Gavin Charlesworth Wood Supplier	52	Robert Powell Web Design	49
George Newton Logging	74	Rosemary Lewes Accountant	20
George Newton Stonework	75	Ryan Simpson Septic Tanks & Skips	43
Golf Club Xmas Menu	48	Scott Ostle Services	68
Graham Milburn Weed Control	59	Sedbergh School	94
Graham Moore Chimney Sweep	51	Sheila Shuttleworth Dressmaker	27
Green Clean	37	Simon Parkin Carpet Cleaning	43
Guitar Lessons	33	Smart Office Stationery	78
H&M Craftsmen	77	Smatt's Duo	14
Haddock Paddock Fish & Chips	5	Stefan Kliszat Decorator	3
Hayton & Winkley Solicitors	7	Stephenson & Wilson Builders	47
Helen Carby Bookkeeping	57	Steve Hopps Handyman	81
Helping Hand	63	Stobars Hall Care Home	85
History Society	13	Stramongate Printers	5
House Clearances	43	TDS Decorator	29
Howgill Upholstery	49	Temptations Craft Boutique	27
Howgills Cleaners	73	Three Hares Café	28
Ian Higginbotham Decorator	65	Tilk Wilkinson Builder	83
J R Hopper Estate Agent	24	Tooby Electricals	22
James Palmer Cycle Repairs even months	83	Treadwell Flooring	65
JHS Joinery	47	Valerie Hinde Architect	79
John Hosker Gardening Services	57	W Milburn & Sons Builders	41

Business Adverts

Walkers Electricians	63
Wes Brewer Firewood	82
Westmorland Veterinary Group	72
Windermere Windows	84
Wools of Cumbria Carpets	46
Yoga in Sedbergh	59
Yvonne Cervetti Massage	53

Events & Miscellaneous

01 Dent Folk Carols	10
01 Scout Post	12
04 Global Warming	13
05 Late Night Opening	1
07 History Society	13
13 Wind in the Willows	23
14 Medical Centre	53
15 Artisan Markets	25
15 Meditation Centre Events	25
16 Messy Church	26
British Legion	31
Farfield Mill 1 & 2	8
Farfield Mill 1 & 2	9
Photographers Wanted	21
Red Squirrel Group	11
Volunteers Wanted	17
Wartime Sacrifices Book	18
Yoga	59
Jan 05 Fascial Fitness	55
Jan 16 Meditation in Sedbergh	66
Jan 18 Domino Drive	68
Jan 20 Messy Church	70
Jan 26 Holiday Club	76



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past, present and future!

Please help us to give

LOOKAROUND

a great start to the New Year

by letting us know that you wish to advertise

with us from the next issue,

which will be February 2019

(deadline 15th January)

*Terms and conditions remain unchanged –
please see page 100 for details*

We hope that you will continue to support this
invaluable community resource in the New Year
and look forward to working with you

- from your community Lookaround team

LOOKAROUND 2019

Lookaround new team update

We are getting increasingly nervous about taking over from Dennis as our first issue in February looms closer and closer. We have been practising our skills and hope to be able to provide something that will be close to Dennis' brilliant publication.

Because we are splitting the job between several of us I suspect that some items may get lost in transit so please bear with us if by any chance your article or advert disappears – it's not some new editorial policy !!

If you would like to meet us all,

we are having our AGM at the White Hart Club on Monday 7th January at 7.30pm in the committee room at the White Hart Club. Please come along and find out about us.

We look forward to working with you all whether you be contributors, advertisers or readers. Please give us feedback – we have quite thick skins.

We will still be using the same contact details as before as published in Lookaround so if you need to get hold of us please use those contacts.

Merry Christmas and a Happy New Year.



SEDBERGH PARISH COUNCIL

*Janey Hassam
Clerk to the Council*

This report covers items from the Parish Council meeting on the 8th November 2018. The next meeting is on Thursday 13th December 2018 at 7.30pm in the former URC (Cornerstone) meeting room, Joss Lane, Sedbergh.

And 10th January 2019 at 7.30pm in the Committee Room, Sedbergh People's Hall, Howgill Lane, Sedbergh.

Maryfell parking and play area

Members welcomed plans for the proposed new parking area at Maryfell by South Lakes Housing, noting that a drop-in event would be held for residents to give feedback in

due course. All Members were extremely annoyed by a political leaflet which had been delivered around the Maryfell area claiming credit for the proposal. The contents of the leaflet being completely untrue. These plans had resulted following two years of communications by Sedbergh Parish Council with residents and relevant authorities, including SLDC, CCC Highways, YDNPA and South Lakes Housing. Progress for the proposed refurbishment of the play park at Maryfell had also been received and SLDC hope to attend Sedbergh Primary School with plans in due course. They will also meet again with Sedbergh Parish Council and representation from the town,

To all our Sedbergh clients



Join us for
a glass of mulled wine
and a mince pie at
The Black Bull
Christmas Late Night Opening

on
Wednesday 5th December
from 6pm

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Crooklands, J36: 015395 67571
Windermere: 015394 46585

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including Donna Cowin, who had raised the initial petition in 2016.

Markets

Members noted requests from Sedbergh CIC in regard to the Weekly Wednesday Market and the Artisan Markets (Saturdays). Members asked Sedbergh CIC to liaise with the Wednesday market stall holders in regard to a potential repositioning of stalls, in particular, Members wished to highlight pedestrian safety. Safety also applied to the Artisan Markets, and following a request from Sedbergh CIC, Sedbergh Parish Council will liaise with SLDC over potential road closures to accommodate the Artisan Markets in future years – with investigations for feasibility on either

Finkle Street or Main Street being considered.

Other Matters

Various other matters were discussed, including: Planning, Amenities and Queen's Garden, where Members noted recent recommendations in regard to the tree inspection report – in particular, the recommendations for some felling of trees at Queen's Garden and a tree at the Playing field. Grants for St Andrew's Church, The Sedbergh Project Manager and Sedbergh & District Chamber of Trade (Late Night Opening) were agreed. A draft Budget for 2019/2020, including consideration of Precept requirements were also discussed, along with payments for the

farfieldmill

Design in the Dales The heART of the Mill

Until Mon 31 Dec

This exhibition showcases work by the resident artists and makers - weavers, textile artists, painters, printers, engravers and jewellers.



The Tea Room - open 10.30am-3pm daily

Mill Open 10.30 – 4pm

FREE ENTRY for LA10 residents on Sundays

continuing works at the Bowling Green wall and the final payment for the Tennis Courts at Guldrey. Discussions over a sub-lease for the Tennis Courts were also discussed, as well as thoughts on the ancillary parking area next to the Tennis Courts. The informal parking area at Langstone Fell was also discussed and a revised plan for proposed improvements to the area is expected in due course, for further consideration by relevant parties. Problematic parking at the entrance to Castle Garth, Back Lane and Main Street were also discussed.

Please note that members of the public are invited to our monthly Meetings where, as always, they are able to comment or ask questions.

Public Participation is at the beginning of the Agenda and should anyone wish to speak, they would be welcome to attend from 7.30pm.

If you have any thoughts/views on any of the above, or wish to contact Sedbergh Parish Council, please email me at clerk@sedberghparishcouncil.org.uk

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office and online at www.sedbergh.org.uk

Finally, may Sedbergh Parish Council take this opportunity to extend huge thanks and gratitude to Dennis and Jacky Whicker for their immense work on The

farfieldmill

Colour Notes - Studio 21

21 Tue 27. Nov - Mon 31 Dec

Studio 21 is a group of textile artists who bring together a creative and innovative mix of media and stitched textiles.



The Tea Room - open 10.30am-3pm daily

Mill Open 10.30 – 4pm

FREE ENTRY for LA10 residents on Sundays

DENT FOLK CAROLS WEEKEND

November 30th to - December 2nd

Friday 30th Concert with Muldoon's Picnic. 7:30pm Memorial Hall

Saturday 1st & Sunday 2nd workshops 10am Meditation Centre

Saturday 1st Ceilidh 8pm Memorial Hall

Sunday 2nd Singing walk 1:30pm Memorial Hall

Plus festive meals etc.



Join us for the weekend or for individual events.

www.lakelandvoice.co.uk David Burbidge 015396 21166

Lookaround over the last 32 years, from the original folded A4 paper to its current format. What a precious baton for the new team to carry – wishing all those involved the very best of luck.



PEACE AND HARMONY

Philip Johns

The Official Bit: To mark the 100 year commemorations of the end of World War 1, Garsdale Parish Council have donated a bench, engraved with the names of the 9 men from Garsdale who gave their lives in WW1, to the village hall. Councillor Hamish Wilson organised an evening on November 11th of music, poems and readings to unveil the bench, performed with some panache by Agnes Bracken. A heart-warming mixture of local residents and relatives of the fallen, some travelling long distances, attended, and enjoyed a wonderful, thought provoking evening followed by copious quantities of home baked cakes and tea. At one point there was concern that the village hall was not going to cope with the numbers turning up but eventually seats were

found for all of the 80 attendees. Garsdale Parish Council would like to thank Hamish and celloist, Rebecca, for the enormous amount of work undertaken in the research for the readings and music that lead to such a poignant evening. Thanks must also go to the 12 volunteer readers and the army of cake makers.

Other matters concerning the parish council include the ongoing roadworks which closed the A684 for 6 weeks. These works have proved to be much more extensive than originally envisaged and have been extended for an extra 4 weeks. However, much to the relief of our residents, the closure has now been lifted and the residual works are being controlled by traffic lights, allowing through traffic and the school buses to resume their normal routes. The other matter that is occupying councillors' minds is the building of the B4RN network through Garsdale. As at the time of writing this report, the main ducting has reached the village hall, completing 'Route 1', and is now progressing rapidly up the dale as 'Route 2'. The cabinet which will eventually bring everything live, is

presently being installed at the village hall. Grisedale, nicknamed 'The Dead Dale', is also having ducting laid and when connected, this dale will literally become 'live' once more. The irony is that one of the most unpopulated and isolated dales in the country will be blessed with the fastest domestic broadband in the world. Again, council would like to thank Tony, the ploughman, and his venerable league of volunteers for their relentless efforts.

Philip Johns, clerk to Garsdale PC,
015396 22170,

ps.johns@btinternet.com,

www.garsdaleparishcouncil.com

The Unofficial Bit: Normally, at this point, I would point out all the idiotic foibles of various organisations but

mainly Cumbria County Council. However, against my natural instincts, I have to lavish high praise on one particular company, Eric Wright Construction. These are the guys who have been working extremely hard on restoring the retaining walls along Clough River in Garsdale. They are usually on site by 7.30am, the gaffer commuting from Blackpool 6 days a week, and are often still there after dark. Although the road has been closed during the week, they have never failed to reopen it by Friday evening, every weekend. They have treated local residents courteously and with consideration. Each time one of us needed to pass through the works, they have cleared a path for us to negotiate our way out

Sedbergh Red Squirrel Group

Wish you a Merry Christmas

& a Happy New Year

Unfortunately we end the year with sad news we have found a red squirrel with suspected squirrel Parapox (Pox) virus in the area, this spreads to other reds very easily and kills them, but doesn't affect the greys, they are the carriers so **Please be vigilant.**

Email us if you see a sickly red or find one dead.

sedberghredsquirrels100@gmail.com



We can stop this if we are all watchful and act NOW!

Protecting our native red squirrels

and have made sure our lovely post lady, Tiff, has had access to the residences. Ditto with the bin lorries, although the lazy ones in the recycling lorry took advantage of the closure to turn around and head off home for an early finish, meaning that our recycling hasn't been collected for 8 weeks. One particularly thoughtful gesture was the help they gave to the B4RN volunteers. Taking advantage of the road closure, the volunteers were able to dig out the road verge between the burial ground and West Little Town, a distance of around 200 metres. The gaffer organised putting the stoppage signs past the B4RN works for the volunteers' safety and donated umpteen tons of road stone to fill in the verge after ducting was

laid. Without this help, B4RN would have had to organise their own road closure and used civils to undertake the work. An estimated £20,000 was saved thanks to Eric Wright's consideration. 'The Street' has now been cleared and although work is continuing around the culvert, peace and harmony has once again descended on Garsdale. However, CCC do not go unscathed, 2 more road culverts have been identified as in danger of collapsing, just a few hundred yards from the present works. Being the inflexible monolith that the council is, there was no effort made to conduct these repairs during the closure meaning the need of further road closures sometime in the future, surely a prime opportunity



The Scout Christmas Post Delivery Service will be from **24th November** to **15th December**

Still only 25p per card



Powell's greengrocers
Green Door
Health Centre
William Peat Butchers
Mini Market
Morphet's Garage

lost? Although we are now down to just one set of 'temporary' traffic lights, the present cost is £28,000 and still rising.



TIM FARRON MP

I'm sure much of this is being made of this elsewhere in Lookaround but, as he steps down, I wanted to take this opportunity to thank Dennis for all of his work in editing this magazine over the many many years. Indeed not just editing Lookaround but for everything that he does around Sedbergh.

One of the things I love about living in our part of the country is that it is made up of lots of local communities who really make things happen in their town or village. But even in that

context Sedbergh (and Dent) is pretty unique in the way it continues to prosper as a town in its own right and Lookaround plays such an important role in this by keeping you up to date with what is really going on. There really isn't anything quite like Lookaround anywhere across this area. There are parish magazines and a few people making money by selling advertising space in freesheets but your magazine is really the only true community publication I know of. As he enjoys his newly found free time Dennis should feel justifiably proud of everything he has achieved. Long may it continue.

On a personal level what I really value Lookaround for is the

SEDBERGH & DISTRICT

HISTORY SOCIETY

Wednesday 5th December

Charity, the Poor Law &
Workhouse

Mike Winstanley

7:30 pm Settlebeck School

Wednesday 16th January

The Must Farm Pile Dwelling

Iona Robinson Zeki

7:30 pm Settlebeck School

Everyone is most welcome to attend
any or all of our lectures.
Members £1 ~ Non-Members £2

www.sedberghhistory.org

Chairman: Graham Dalton 25436
Secretary: Karen Bruce-Lockhart 015396 34603
Treasurer: Adrian Braddon 21025
Membership Secretary: Adrian Braddon 21025

GLOBAL WARMING?

POLLINATORS?

RECYCLING?

LOCAL FOOD?

We meet more or less monthly to talk about green and environmental things, publicise them and work out what we can do to help. Why not join us?

Next: **The Red Lion, Finkle Street**
7pm, Tuesday 4 December

More info: email andi@freakout.biz

opportunity to let you know about things that we are working on around here which get a drowned out in the clamour of national issues. So I can tell you that November was a bit of a health month. By now you should all have received a copy of my health survey. Please take a minute to complete it and send it back to us. It is an important way for me to gauge what is going on with healthcare in South Cumbria.

In the meantime, I know I have been going on about getting radiotherapy treatment at Kendal for what seems like a hundred years, but those of you who know me know I don't give up on things easily and I keep pushing on this. In fact we had some good news this month as, after I had a meeting

with bosses at NHS England and indeed the Health Minister, they have announced they are conducting a feasibility study into building a radiotherapy unit in our local hospital. So you never know.

At the other end of the spectrum but still a health related I was very worried to find out that the new contract with search and rescue helicopters does not include them bringing back mountain rescue teams when they complete a mission or, possibly even more upsetting, bringing back dead bodies when missions don't work out as they would wish. I have written to the Transport Minister, Chris Grayling, to ask that he meets with the teams involved to sort it out.



smatt's
DUO
Cafe Bar & Bistro



Late night opening Wednesday 5th December

5pm - 8.30pm

Why not pop in for a family meal

Get a free glass of mulled wine with an adult meal & a free kids hot chocolate with cream & marshmallows with every kiddie winkle's meal

We are closing at 6pm on Friday 21st December reopening on

Thursday 17th January 2019

We would like to thank all our customers for their continued support.

We wish you a very Merry Christmas & a Prosperous New Year

For up to date info check our website www.smattsduo.co.uk

32 Main Street, Sedbergh, LA10 5BL 01539620552

If I can help you with anything please get in touch either by email to tim@timfarron.co.uk or calling on 01539 723 403.

Have a wonderful Christmas and I look forward to bringing you up to date with what I am up to through Lookaround in 2019.



COUNCILLORS CORNER

Kevin Lancaster
Shelia Capstick

Of all the community activities I have been involved with none has been more stimulating than B4RN, Broadband for the Rural North. Usually my involvement with a project ends once planning permission has been granted and the money allocated. With B4RN the planning was just the beginning. In Cautley and Dowbiggin we now have over 17 km of ducting in the ground and we are nearly there. Good progress has also been made in Frostrow and Garsdale.

Sedbergh parish, working with members of the community, the district and South Lakes Housing is getting on with delivering much needed new car parking on Maryfell. I understand the annoyance of my parish colleagues when others send around leaflets claiming credit for things which they had very little involvement with. It was just the same with Maryfell play park, they are becoming serial offenders. Both are Sedbergh projects organised and run by the Sedbergh community.

I hope that now the river wall in Garsdale Street has been repaired the road though the dale is safe from erosion. It has taken a long time to deal with these major structural problems, about twenty years by my reckoning, beginning with Low Smithy and then continuing with Dandragarth. Of course there will always be problems. There is still the flooding at Badgerdub – why did they re-surface without re-building that

olliecollie



www.olliecollie.co.uk

Come & see us!

Christmas Late Night Opening
Wed 5th Dec

Sedbergh Artisan Market
Sat 15th Dec

Available to buy online and in:
Farfield Mill

Penny Black (Post Office)
Sedbergh Tourist Information Centre
Yorkshire Dales National Park Shops
No 6 Finkle Street

Border Collie Inspired gifts, clothing & homeware

very minor culvert ?

I am afraid the county highways still leave a lot to be desired. They concentrate upon reporting problems, you can do that in the middle of the night. The weakness is that some things are reported 17 times, other none. Also the reports are rarely complete or accurate. Structural problems, invisible from the carriageway are rarely reported and when they are they are hard to draw out from the plethora of multiply reported potholes. The model does not work.

I am pleased that once again Dent parish decided to trim back the road sides at the bottom of the dale even if the county opposed the idea. At Sedbergh we have been able to


continue the work down to Millthrop bridge. It had become so overgrown that it was downright dangerous and the metalled footway was unusable.

Last month, at very little notice Sheila Capstick and Pat Bell were able to organise an event at the People's Hall to highlight the remaining opportunities offered by LEADER for local rural businesses. I am delighted that as a result of that meeting at least one local business has made a successful application.

Merry Christmas and a Happy New Year

If you have any problems please contact either me or Sheila.


District Councillor Kevin J. Lancaster, Fellgate, Dowbiggin, SEDBERGH, Cumbria. LA10 5LS



Penny Black

Cards
 Gifts
 Stationery

Post Office Services



All of us at Penny Black wish our customers a very happy Christmas and a peaceful New Year. Best Wishes Peter, Gaynor, Gillian and Andy

Christmas Cards

Calendars

Christmas Gift Wrap & Bags

Snacks

Stocking fillers

Stationery

Children's Books

Pretty Things for Things

Gifts

At Penny Black. We've got Christmas all wrapped up

Telephone 07 980 844 695;
email Kevin@Sarthwaite.com
District Councillor Sheila Capstick,
12, Maryfell, SEDBERGH, Cumbria
Telephone 07 818 221 999
email sheilacapstick@hotmail.co.uk

COUNCILOR CORNER

Ian Mitchell

Another busy month has passed, it is now not long until we will be into the festive season. A major concern as we head into this period is the possibility of snow and ice, it is important that if you have a grit bin or a 'grit heap' in your area and it needs replenishing please can you contact Cumbria County Council on 03003 032992 or email highways@cumbria.gov.uk

Whilst trying to find out some information regarding the amount of short term let dwellings and second homes in our area, the issue of 'small business rate relief' came to my attention.



Repairs
Maintenance
Improvements
Small Projects

Mobile: 07528795337
E-mail: jermyd@outlook.com
Facebook: David Jermy
House & Gardens

VOLUNTEERS?

*Do you want to volunteer?
Does your organisation need volunteers?*
We propose, if sufficient interest, to have a page of volunteering "personals" in Lookaround - send in your offers/needs to Lookaround email.



Short and pithy
5 liners



I was astonished to find out that many dwellings designated as "short term lets" pay no council tax at all. However, I must admit to thinking that they must pay business rates, however, how wrong was I, when they are registered as a business, if they have a rateable value of £12,000 or less they pay no business rates at all.

I attended the Yorkshire Dales National Park Planning Committee meeting on the 13th November and I was absolutely delighted that I could cast my vote in favour of building 4 new affordable homes in Arkengarthdale. This is a community-led housing scheme and although it is on the second instance of it happening within the YDNP, we are hopeful that more will follow in other areas. There is land allotted for development in Dent, Sedbergh and Kirkby Lonsdale for housing development.

I would like to take this opportunity to wish you all a Merry Christmas and a Happy New Year.

As always if there is anything, I can help you with please do not hesitate to contact me
ian.mitchell@southlakeland.gov.uk

WARTIME SACRIFICE

Keith Taylor

PUBLICATION OF NEW LOCAL HISTORY BOOK ON THE DALES 'Wartime Sacrifice in the Yorkshire Dales' by author, Keith Taylor, tells the fascinating story of the part played during the Second World War by the communities of Bedale, Masham, West Tanfield, Grewelthorpe, Crakehall, Hunton, East Hauxwell, the Malhamdale area, Gargrave, Coniston Cold, Long Preston, Hellifield, Settle, Giggleswick (including the School), Clapham, Austwick, Langcliffe, Stainforth, Horton-in-Ribblesdale, Ingleton, High and Low Bentham, Sedbergh and Dentdale.

Through words and pictures, it

examines the lives and deaths of over 200 service personnel whose names are inscribed on the many war memorials in these areas and places them back in the dales' villages, towns and landscapes they would have been familiar with. Many of the 485 photographs provide an evocative look at the way of life in these communities during the inter-war years and before the onset of the Second World War. Yet the main theme of the book continues to be the sacrifice made by these men and women who fought for democracy and against fascism during the years 1939-1945.

'Wartime Sacrifice in the Yorkshire Dales' completes the picture painted by the author in his two previous books on the subject:

'Wensleydale Remembered' and 'Swaledale and Wharfedale Remembered'.

Enquiries can be made to Keith Taylor – Tel: 01629 732622 Mobile: 07790575077 Wensleydale, 4 Oker Road, South Darley, Matlock, Derbyshire DE4 2JQ



WARTIME SACRIFICE IN THE YORKSHIRE DALES

STORIES OF THE DALES' FOLK WHO GAVE THEIR LIVES DURING THE SECOND WORLD WAR

KEITH TAYLOR



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An apology is given to Dentdale Choir who's details were omitted in the November Advert but appears in this months on the Front Page.

See you there!



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- I can still make decisions I don't have the judgement I used to but I can still make decisions. Give me choices. This will make me feel I'm a part of things
- I can still wash my face

I can't take a bath on my own anymore but I can still wash my face. Assist me with direction. This will give me purpose.

- I can still sing I can't dance anymore but I can still sing. Help me enjoy music, this will enrich my life.
- I can still move my body I can't walk unassisted any more, but I can still move my body. Walk with me, and support me if I stumble. This will make me feel engaged.
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LADIES NFU


Caroline Sandys-Clarke

On the 16th October Brenda Head gave us an inspirational talk about her voluntary work in Zambia. Her first involvement was the result of a chat with a friend who suggested Brenda might like to join her on her next trip out to Zambia with The Soap Box Charity. In the event her friend had to drop out at the last minute and so Brenda found herself setting off as the oldest member of the team, not knowing any of the others. The youngest member was 16.

She has now done 3 trips, helped to build a chicken house and paint a church, visited orphanages, slums and a Safari Park. Living conditions

have often been very primitive and the food very basic at times, but the Zambians are friendly people speaking English well. Their average age is just 43 and the men can have up to 50 wives, but they are quite idle and the women do most of the work.

Brenda is hoping to do her 4th visit next year and all the money raised from her talks goes back to Zambia.

She was thanked very much by Barbara Escolme. 

DENTDALE WI

Pat Allen

Driving into Dent for the November meeting, the crescent moon was bright in the sky. It was very dark even at 6.30pm, and winter was on its

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way. The Memorial Hall was welcoming with a lovely flower arrangement catching the eye!

The AGM started in the traditional manner with a welcome from the President Sue Owen and the singing of Jerusalem with Marjorie Haygath playing the accompaniment this month.

During the Business Meeting, we were told that the charity Fashion Show held on the 19th October had been very successful. Our own members modelled clothes from the Kitty Brown Boutique in Carnforth, and we were delighted to hear that nearly £400 was raised for charity funds. This year the money is going to Air Ambulance and Blood Bikes.

Just a few days later, three of us

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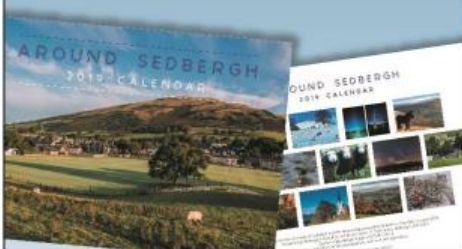
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attended the Annual Council Meeting at Kendal Town Hall for Cumbria Westmorland Federation.

After the minutes of last year's Annual Council Meeting were adopted, we had the statement of Accounts given by the Hon Treasurer who assured us that the finances for the federation were in good shape.

The chairman Ruth Rigg, then gave her report showing just how much happens in the WI during the course of a year. Touching briefly here, the County Fest, Westmorland County show where the Federation had a marquee showcasing Cumbria Westmorland WIs.

There had been a Torchlight procession in a vintage coach through Kendal and a Literary lunch to name the highlights.

Reports were also given by the federation Committees.

Guest Speaker Nichole Flaherty introduced Walking Netball in her roll

as Project Manager for England Netball. Apparently, it is rising in popularity but currently only available in Penrith in this area.

Guest Performers were Hope Swings Eternal who entertained us following lunch with a programme of Swing and Jazz including: up a lazy River, Summertime, Georgia, On the sunny side of the street and many more.

The afternoon closed with the Chairman's farewell. Ruth Rigg was given a well deserved standing ovation.

So, on to Dentdale W.I. AGM

The Committee are all willing to stand again with two new members, Rita Smith and Jackie Fisher.

Finances are in good shape

according to Kate Cairns and we were each handed a financial statement.

Thelma gave the Committee's Annual Report of events throughout the last year and all faithfully recorded in Lookaround month by month.

President Sue Owen then thanked the committee and also all members who help in anyway to keep Dentdale running efficiently.

The exciting element of the evening was the competition result. Thelma received the cup with Sue Owen and Chris Taylor second and third.

Finally it was social time with tea and delicious cakes and while we were eating and drinking there was a Swinging Sixties Quiz. The outright

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winner was Barbara Allwright.

Next month is our Christmas meal at the Old dairy Widdale and then we are back in the hall for the start of the 2019 programme on Wednesday 9th January when any new members and guests will be made more than welcome.



KILLINGTON W I

The afternoon W I
for the Entire District

Valerie Cann & Wendy FU
A.G.M.

Now - there are three letters to stop you all reading - but please don't. Before I started to write this, I thought about the modern habit of using initial letters instead of full names, particularly names of organisations.

Actually, I was clever enough to type a question into my computer (just to check, you understand! - I did know the answer). "What is the word for using initial letters instead of complete names?" - and was duly rewarded with ACRONYM, as well as being told the difference between *abbreviation* and *acronym*. It had been my intention to grumble about it but when I realised that I had used "W I" to head this report, I thought that it might be a case of the pot calling the kettle black.

So here is a brief report of our Annual General Meeting. After welcoming us all, our Secretary, Susan Sharrocks, reminded us of all the happy times we have enjoyed this year. You, of course, have read all



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about these from our monthly 'narratives'* (replacing the word 'report' by referring to my handy thesaurus -a book containing lots of ANTONYMS.) I can hear you saying, "She's off again". Then, that same Susan, wearing another hat, gave us her President's message and cleverly managed to thank, individually, every single member of the committee. Every single member wishes to thank Susan for her hand on the helm, throughout the year, and are glad to know that she will be willing to keep the ship on the right course again next year. Treasurer Margaret Denton, then assured us that we have the wherewithal to continue our journey. The accounts were adopted unanimously and with thanks to

Margaret for all that number crunching. The formal part of the AGM concluded with the committee expressing their willingness to serve for another year.

Ordinary business was also dealt with. Susan welcomed Pat Allen as a prospective member. A spontaneous and tuneful rendering arose to wish Margaret a happy birthday. We were sad to learn of the death of our former member, Rene Smith. We made plans for our Christmas Lunch, although it only seems like five minutes since the last one. We spoke of the Spring Show which will be here before you can turn around. PLEASE will anyone who can spare some buttons from their button box please let us or the Primary School have

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them to use for their exhibits. In the unlikely event of your wanting to know more about our meeting, please apply to our Minutes Secretary who will be happy to oblige with the desired information. She gains full marks for hieroglyphics! (not in my

mini-thesaurus! Translate as *scribbles!*)

Well, now we are going back to the beginning of our meeting! We really started off with our guest speaker/ demonstrator, Malcolm Smith from Lancaster whose title was, "Turning the Wood". Our member, Marion Wood, (who we trust is not turning) met Malcolm and his wife Janet, in the gardens of Sizergh Castle where they are all volunteers. Malcolm had inherited wood-turning equipment from his father, and in his retirement had enjoyed developing his skills. He found it most relaxing. He brought along a portable lathe although you would have to be pretty strong to transport it! He demonstrated how he



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turns a piece of wood into a jolly snowman. Today he was using maple wood though he showed us samples of about twenty other woods he might have used. The native timber has to dry out for a varying number of years, depending on its size. We watched the piece of timber become a snowman, plump body with a round head surmounted by a jaunty bowler hat. The growing snowman was sanded down using ever finer grades of sandpaper, oiled, sealed and finally given a polish. Then another piece of wood produced minute eyes, carrot-shaped nose, and tiny buttons. These bits and pieces were firmly fixed to the body and before our very eyes, Malcolms' chunk of wood had been turned into a high-end snowman. Margaret Denton gave an enthusiastic vote of thanks saying that it was wonderful to see such talent at work.

During our refreshment time we were able to view and buy other items



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which Malcolm had previously made. These ranged from snowmen, Christmas trees, mice and beautiful and sophisticated bowls. It was an absolutely fascinating demonstration and one of the best we have ever had.

The competition for "A wood carving", was won by Valerie Cann with a beautiful carving of a sleeping dog. This had been created by her mother-in-law who herself was remarkably gifted and skilful. The raffle was won by Margaret Denton - don't spend it all at once!

We meet again for our Christmas Lunch at the Golf Club on 11th December, at noon for our meal at 12-30pm. Don't be late.

Before I finish, Killington WI wants to send a huge thank you to Dennis and Jackie for all their work with Lookaround over many, many years. You have been marvellous! We send you every possible good wish. You



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have shown your successors the way and we wish them well.

And finally, as the Reader's Digest and I say every year,

**A HAPPY CHRISTMAS TO ALL
OUR READERS!**



SEDBERGH WI

Moira Folks

'Remembering' might be a good theme for this month's report. Several of our members have been involved in making fabric or knitted poppies for the 'Streams of Remembrance' in St Andrew's churchyard to mark the centenary of the end of the First World War. People have worked at home or in WI workshops, culminating in a joint workshop with other poppy makers led by Susan Sharrocks in St Andrew's church room where we wired the knitted poppies onto sticks ready for 'planting' out in the churchyard later, before the Opening Ceremony on November 3rd. It was good to take part in this community effort and to get to know some new people at the same time.

The walking 'group' was reduced to just a pair for the October walk. They

were well rewarded for their efforts in climbing Wansfell Pike as it was a perfect sunny day for viewing Windermere and the Lakeland Fells. Hearing about their walk reminded me of my own experience of climbing Wansfell Pike on an extremely memorable Silver Wedding celebration weekend which included our car breaking down on the Honister Pass and being towed to Keswick!

Reduced numbers again for our WI quiz team in the White Hart on October 29th: because of family commitments I was unable to take my place so there were only 3 members to do battle with the other local WI groups. They did well, though, only coming 5 points below the winners.

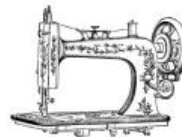
Our AGM on 14th November attracted a higher than usual turnout. Sandra Kemp gave the Treasurer's Report and explained the budget. Sadly, she had to inform us that Andy Denton, who has been our auditor for

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many years, is now standing down for health reasons, so we now need to find someone else. Our grateful thanks go to Andy for all his help over the years. Ellen Morrison, our Secretary, gave a lively account of all the speakers we have listened to during the year and the outings we have enjoyed together: lots more happy memories! The committee remains the same for 2019 but with some changes of role, but still led by our valued president, Sue Kernahan, fortunately! Thanks were given to Sue Bateman who has done many years of service as Treasurer and committee member but is now retiring.

The book club choice for October was "Divided Inheritance" by Deborah

Swift. Starting in 1609 in London, it follows the fortunes of Elspet Leviston whose greatest wish is to continue the success of her father's lace business. All seems in order until a rival with a mysterious past, Zachary Deane, appears on the scene and upsets Elspet's ambitions. The action moves to Spain where the Inquisition is in full swing and a new cast of characters are threatened. Many aspects of the book were well researched but most members of the group agreed that it was much too long though there was a lot of interest in it. A score of about 6.5 was agreed. Many thanks to Valerie for hosting the meeting and providing us with delicious cake and fresh fruit to have with our tea.

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We're looking forward to our Christmas Dinner at The Pheasant at Casterton on December 12th. We next meet in the committee room at the People's Hall on Wednesday 9th January at 7.30 pm when Janet Dodds will be introducing us to "A bit of Scottish Dance". Will we be having a fling? Do come and find out: all ladies very welcome and experience not required! (Dress code: Kilts not essential.)

SEDBERGH COMMUNITY SWIFTS

Tanya & Edmund Hoare

Sedbergh Community Swifts sends all readers very best wishes for the festive season.

At the time of writing the weather has been wet and windy, and we envy our swifts flying high in the skies of their wintering grounds in the Congo, where they can feast on the plentiful insects. It is now about 160 days until they return to us at the

beginning of May!

This picture shows a swift on a nest in the eaves of our cottage at Lowgill.



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LADIES NFU CM

Caroline Sandys-Clarke

At the Ladies NFU Coffee Morning on the 14th November a wonderful £415.40 was raised for NORTH WEST BLOOD BIKES. Colin Kendal, one of the team was kind enough to attend along with his very impressive bike! Thanks to all who came to support us and help raise money for this very worthy cause.

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PEOPLE'S HALL

Sandra Gold-Wood

A Year in the People's Hall

2018 has been quite a year for the PH.

In January we watched as the front of the People's Hall was updated with smart new steps and distinctive pathway. Everything looks very neat now with attractive flowers and shrubs planted along the beds at the roads edge. Sedbergh School pupils helped with planting and preparing work on the beds as part of their community service.

Also in January it was the Annual Children's party usually run by the Gala group and now taken on by Cornerstone Community Church. Dozens and Dozens of youngsters

were fed and entertained and a good time was had by all. The adult helpers were deaf for a few days but they are to be willing to do it all again in 2019.

In February the car park too had been improved. It's hard to look at the PH and imagine how it looked before all the improvements over the last few years.

It was in the chilly days of February that Gym Manager Stuart Wetherell began inviting people to take part in early morning exercise classes.

In March it was the Rose Community Theatre's annual pantomime style show 'Wars of the Noses' which went on despite a freak snow blizzard on the Saturday night.

In April the marvellously traditional 'Spring Show' filled the PH with all

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THE ROYAL BRITISH
LEGION



kinds of arts, crafts and baking. The whole place buzzed with excitement as the Town Band played and cups were given out. It was a wow with weather to match. There was again a record amount of entries.

In May it was the turn of the Town Band when Barney Proud band secretary organised a dance band night which meant that we all got up dressed up and took to the floor.

Plus, with a community grant and many generous donations from town folk the long serving red curtains were consigned to the recycling and brand new curtains in People's Hall blue went up throughout the PH.

In June the Fell Runners were back with their exhausting event. This is

becoming an annual event with the runners taking over the PH and Sedbergh Wanderer's Changing rooms for the day.

In July there was 'Gala Night' with an Auction, a Buffet and live music from 'Strawberry Fields' to celebrate and thank the people of Sedbergh for their continuing generosity to the PH. £1500 was raised toward PH funds which will go toward new chairs, glasses and other items to continue the updating.

July is also time for the annual 'Holiday Club' which saw a record number of children attending. The Holiday Club has been running for many years and some of the young people who attended and small

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children now come along as helpers. In August it was time for a Wedding when Mary Bird & Jonny Briggs choose to hold their reception in the PH.

There have been quite a few weddings in the Hall over the year and it is hoped that there will be many more there has even been a Christening at the Monthly Worship service which takes place on the first Sunday of the Month throughout the year.

In September there was also the first professional Property Auction which proved a very successful occasion.

In October it was the third 'Apple Day' a real celebration of the community sharing in its bounty. With

people bringing along loads of apples from their gardens to be made into juice. Lunches, tea's and cakes were served to a steady flow of people over the day. Advice on growing and identifying apples was also on offer. Nothing was wasted as all the left over apple after the pressing went to those lucky pigs at Farm and Fell at Birks.

In this month the South Lakes District Council also used the PH along with Age UK and the Old Time Dancers.

November turned out to be a very busy with family Fireworks on the 5th arranged by the newly formed Gala committee its entertainment provided by local band 'The Moonlight Shakers'. Then it was the 'Tearfund

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Big Quiz' a national fund raiser using the PH new and improved Wi-Fi facility. Plus, everyone had the opportunity to go along and enjoy 'The Christmas Angel' a hilarious new take on the Nativity brought to the PH by Cornerstone Community Church.

Plus, a 'Stretch show organised by music teacher Jude Jackson featuring her young and not so young pupils raising funds for 'Hep the Hero's'.

In December the excellent Spellbound Theatre present 'Wind in the Willows' on 13/14/15 with evening and late afternoon performances. So something for everyone.

Of course there are many other groups using the PH from cyclist to election purposes. Plus there's group such as the WI, the Ladies NFU the Young Farmers, Cecily Robertshaw and her Dog training which shows just how what a flexible facility the PH is.

See you there in 2019. Best wishes from the PH committee.

MARYFELL CAR PARKING

South Lakes housing have been working with Sedbergh Parish Council to find a way to ease the on

street parking issues being experienced by the residents of Maryfell.

The Parish Council have sought the opinion of the Yorkshire Dales National Park authority on a possible location for some off-road parking and their response was that this could be acceptable in principle

South Lakes Housing have now produced a design which will provide 11 new parking spaces on land it opens to the front of the Maryfell Estate. We will be hosting drop in event at Gladstone House on Fell Close which will give the residence a chance to view the plans and discuss our proposals with the development team prior to a planning application been made.

This will take place on Wednesday the December 5 between 3:30 pm and 6:30 pm.

For any enquiries please contact development@southlakeshousing.co.uk.



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DECEMBER GARDENING

Elaine Horne

I am not sure who called Hellebores "Christmas Roses" and "Lenten Roses", because they are not roses. Neither, I suppose, are "Prim-roses" and "Rose of Sharon", so I have to assume that, in the olden days, anything with a noticeable and attractive flower might have been so named.

My "Christmas Roses" (*Helleborus niger*) are currently showing signs of new growth, with flower buds just beginning to emerge and very slowly unfold from below soil level. I keep them in pots – so that they escape the attentions of my resident slug population and so that I can put them on the broad stone windowsill outside

my kitchen window and enjoy their flowers through the most inclement winter weather. The pots live out of doors all year round, spending the summer in a lightly shaded spot, and they require very little care. I feed with a slow release fertiliser after flowering and water when things become very dry.

My "Christmas Roses" never make it into flower in time for Christmas. They are more often at their best in February and March, whereas my "Lenten Roses" (*Helleborus x hybridus*) are more adventurous and are usually opening their flowers amongst the snowdrops in January. I chop off all the tall, last-years leaves down to the base as the new flower stalks grow so that they can be more

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easily seen.

"Christmas Roses" always have pure white, pink backed petals. "Lenten Roses" can vary in colour from white through cream (with or without crimson spots) to pale pink to dark dusky pink and on to darkest maroon and brownish black. The latter are interesting and unusual but they never seem to be as robust as their paler cousins, and they are best grown at the front edge of a border where the blooms can easily be seen. Otherwise, as with most "black" flowers, the dark flowers can become lost against the soil and amongst the shadows of leaves and stems.

Most Hellebore plants are seed raised, and are very variable in colour, so unless you want (and are

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prepared to pay for) a particular colour or form, then it is best to wait until plants are in flower before you buy them. I leave the flowers to go to seed in my garden. They readily produce a crop of babies and although all of mine have so far proved to be dusky pink, who knows. Perhaps one day I will find something more unusual. Black with white spots? 

CUMBRIA WILDLIFE TRUST

Roger Moore

Trees come into houses at this time of year. As we celebrate Christmas it is good to celebrate trees as well.

We have four native evergreens. Yew is the longest lived, some lasting

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thousands of years, yet they grow slowly enough not to be out of place in even a small garden. Holly forms part of many Christmas decorations, but also makes a very good hedge. Juniper is our third native, best known for the use of the berries in flavouring gin. Our fourth native, Scots Pine, really does need space to show its character.

Trees soak up carbon dioxide from the atmosphere, helping to check climate change. They also bind soil and help to reduce pollution. As deciduous trees enter their winter rest it is good to collect the fallen leaves. Stored damp, perhaps in bags, they will in time rot down to produce an excellent soil improver.

Tree fruits such as apples and nuts form part of our winter diet. Birds feed on berries and other seeds; pigs like acorns. Some trees also provide medicines- aspirin from willow and cancer treatments from yew, for instance. Oaks are another long-lived species, supporting an abundance of wildlife.

Many fungi are associated with trees; some trees rely on root fungi to grow well.

Providing the ground is not too waterlogged or frosty now is a good time to plant a tree. Even a small garden will have room for a rowan or decorative maple. Given more space apple, holly, beech, yew, ash and oak can be grown from seeds or berries.

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OCTOBER WEATHER

A fairly damp and breezy month on the whole, with over 4 inches of rain (135mm) and winds in double figures an all but 6 days. Furthermore we only had 3 dry days. Temperatures were reasonable, though we had our first frost of the season. A high of 71.2F (21.7C) and a low of 26.1F (-3.2C) shows we are into autumn. At the end of the month we had some really cold nights if you added on the wind chill factor. Some of my brown sheep were nearly as white as the whites with their covering of frost!

Another mink attack has been

recorded at this end of Sedbergh, making 7 in all so far, to my knowledge. The first winter visitors have been seen in the shape of Fieldfares in small groups. The usual assortment of birds has been visiting the feeding station. I haven't seen anymore bats or rabbits about recently. Most of the leaves have come down leaving a mammoth clean up operation. The winter jasmine has flowered already and we have a single clump of blossom on the winter cherry we had to cut back hard as we though we had lost it during the summer drought. The rain has returned the feeding areas back to mud in the field. Starlings are starting to mass during the afternoon. You

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can hear them long before you see them. They are in flocks of hundreds if not thousands either in the fields or starting a roost in trees. They seem to fly of as it gets darker. I believe there is a major roost in Akay wood. 

ZERO WASTE SEDBERGH

Suzie Pye

One of my favourite things about Christmas is finding the perfect present for a loved one, and watching their reaction as they open it on Christmas day. But as my "to buy for" list grows (siblings get wed and start families), each year I find it harder, less enjoyable, and dare I say it a bit of a chore. I anticipate the gifts I will likely receive from others, and I find

myself making purchases based on feelings of obligation. My heart sinks at the thought of spending money I don't have on gifts I know aren't needed, and are possibly not even wanted.

Lotions will spend eternity at the back of the bathroom cabinet, candles will sit unburned on the mantelpiece, and the latest celebrity autobiography will likely stay unread on the bookshelf for Christmases to come.

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According to one survey, last year £5 billion was wasted on unwanted Christmas gifts in the UK. Let that sink in - £5 billion!

Now I'm not suggesting we go all Ebenezer Scrooge on each other: "every idiot who goes about with 'Merry Christmas' on his lips should be boiled with his own pudding and buried with a stake of holly through his heart" - a tad extreme even for me (although boiling two things in the

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same pot is quite Zero Waste). But there must be an alternative to filling each others houses with "stuff" for the sake of it...

Well here are a few suggestions you may find helpful, for how to gift wisely:

Buy Less: Agree with your family that each of you buys and receives a single gift this year. Put names in a hat, and each draw one person for whom you buy something that they will really appreciate, on behalf of the whole family.

Buy Local: If you are blessed with money to spend at Christmas time, why not support local independent businesses rather than the big high-street brands.

Buy Pre-loved: Many people would love to receive second-hand books, vintage clothes, kitchen equipment... and children don't care if a toy has a label on or not. We are truly blessed in Sedbergh to have some wonderful charity and second-hand shops, so why not give them a Christmas boost?

Make it Yourself: If you own crafty bones, use them! Knit hats, make tree decorations, truffles, cushion covers, handmade soap... the list really is endless and will add a truly personal touch to your giving.

For more tips and ideas on how to have a Zero Waste Christmas, please visit www.zerowastesedbergh.com

Merry Christmas!



CHRISTIAN AID
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Ann Pitt

This is a little belated but the committee would like to thank all who have supported us during this year and also those who helped us raise just over £170 at our Coffee Morning in October.

As yet we haven't made a firm decision on the location for our Coffee Mornings in 2019 onwards but watch this space as there will be details in the first edition of the Lookaround in 2019.



CHURCHES TOGETHER
The Problem With Parenting

David Hendrickse
Sedbergh Christian Centre

I've heard it said that, as a parent, you are only as happy as your most unhappy child. That is because you love your children, you are always looking out for their best interests & are only really happy when they are happy. If your children are facing bullies at school - you're unhappy, if they face problems at work - you're unhappy, if they face serious health issues - you're unhappy & worry about them. But if they are coming home from school with high grades - you're happy, if they get married to the love of their life - you're happy, if they have children - you're happy.

My daughter rang me the other day concerned about a friend, who she thought was making some bad choices. She wanted some advice as



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to what to say to her friend to encourage her to make better decisions. I reflected with her on the decisions her mother & I made when she was a teenager, how it became quite difficult to offer her advice or encouragement to change her behaviour or the way she was thinking. Often, as her parents, we could only watch & pray for her, even though we knew she was making bad decisions which we knew would bring her pain & upset. Sometimes, as a parent, you have to let your children make their own mistakes, even if it is very painful.

When Joseph & Mary went to the Temple for the time of purification, they took Jesus, who was still a baby,

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There they met Simeon who took hold of Jesus & said, "Lord, now you are letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you have prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to your people Israel."

And his father and his mother marvelled at what was said about him. And Simeon blessed them and said to Mary his mother, "Behold, this

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child is appointed for the fall and rising of many in Israel, and for a sign that is opposed (and a sword will pierce through your own soul also), so that thoughts from many hearts may be revealed."

Luke 2:29-35 (ESV)

"A sword will pierce through your own soul." What a statement to make to a new mother! If you're a parent who's had children that have struggled with different problems, you

understand this idea of a “sword piercing your soul.” But Jesus never did any wrong. The pain that Mary would ultimately experience was when her son was crucified on a cross...

But that pain is nothing compared to the pain our Heavenly Father feels about us when we continually do wrong things, think wrong thoughts & end up hurting ourselves & each other.

John says “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.

At the cross the wrath of God met the mercy & love of God. All of our wrong thought, acts & behaviours don't ultimately have to harm us &

separate us from our Heavenly Father, but as we look to Christ we can receive forgiveness & a renewed relationship with our Heavenly Father.



St MARK'S CHURCH

Maureen Judith & Gina

St Mark's Church Cautley is a small church with a large heart and two bells! Of course we wanted to join the world at 12.30pm in ringing our bells to remember the sacrifice made by so many 100 years ago (and since). Our friend and Treasurer Gina came up with the idea of using a two bell peel in Morse Code to ring "We will remember them" and set out the pattern for Judith and I to ring on the day. We were joined by our two

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other times, please get in touch if interested. No charge and usually no need to 'book' . Have a lovely Christmas and if we can help in any way please get in touch.

Instead of a Fri eve gathering in Nov we moved to a SAT and in Dec it's going to be a Sunday lunch.. we "err and stray " from conformity!

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local Councillors, friends and neighbours to mark the occasion. Gina directed our dots and dashes -it was a unique and moving experience for us all.

DENTDALE CHRISTIAN FELLOWSHIP

Jn & SE Woof. " Rhumes" Dent.

Month by month we continue to meet together and there is always food involved in some way! Maybe hot dogs, a casserole or jacket spuds, usually cake too. We chat, listen to music/ sing, pray, enjoy being together. And someone shares testimony to God's grace.

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NEWS FROM THE DENT PEWS

Rev. Christine Brown

You will have all heard of **The Terrible Knitters of Dent**, they are still very much alive and knitting; they were called '**Terrible**' because they were terribly good and knit balaclavas, socks, finger-less gloves and scarves for the men fighting during the 1st World War. They became famous for their knitting and used a special Dent Knitting Stick.

Hundreds and hundreds of Poppies have been knit by Dent-dale **W.I.**, the **Knitters and Natters Group**, and the **congregations** of both St. Andrew's Church Dent and St. John's Church in Cowgill, along with **parishioners** that lost their generation of young men during the First World War; we even had visitors sending them through the post! Dent school children have painted poppies on pebbles stones which have been used to hold down the cenotaph display of poppies outside the church. The displays of poppies in both Churches tie in with the stream of poppies through the St. Andrew's Church Yard in Sedbergh.

St Andrew's Church in Dent also has a display inside the Church along with photographs, kindly loaned by the

Sedbergh History Society; included with this display is a chasuble which belonged to Revd. Peter Bolye's grandfather Revd. Canon Leonard Wilcher Wright, who was a Padre on the Front Line during the First World War; we had so many poppies knitted that we added some to this display. Cluster poppies named with the men who died during this War are also included in this memorial. Without their sacrifices we would not have the freedom we enjoy today: **We Will Always Remember Them.**

One Hundred Years is an important date to remember just how, even the small villages and hamlets, were affected by the loss of sometimes nearly all of their young men. **We must never forget.** Services of



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One Historic Church which is set in - what is now a small community. When those 'Terrible Knitters of Dent' were living the community was thriving and when the Church was built all the Drove Roads came into Dent, the village was then a Town and far more money was available for the Church building; also worshippers wore much warmer clothes than people do now, they knew nothing about central heating like the worshippers of today who enter

Remembrance were held in both churches on the 11th November, and church bells rung in Dent.

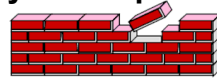
St. John's Church in Cowgill has been working very hard securing grants and raising funds for redecoration of their church, it now looks beautiful once more, it's nearly finished. They continue to raise funds to refurbish their church organ which has been out of action for quiet a long while. The community in Cowgill always support their church, bringing them together for worship and social gatherings.

St. Andrew's Dent continue to raise funds for the re-organisation of the South Aisle, also to sort out a new heating system to heat this Grade

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church from their warm homes. They understood that churches, especially the size of Dent, were cold places and would put on an extra shawl.

The Methodist Chapel in Dent has had a great deal of alterations, a new roof, ceiling, decorating and now they are waiting for refurbishing. What a great space this will be when it is finished. In the meantime services have been held in the Methodist School Room which is warm and



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Dent Methodist and Church of England continue to support each other for Services, Coffee Mornings and other activities as they have done so for many, many years.



NEWS FROM THE PEWS



Your Parish Church

Susan Sharrocks
Tony Reed Screen
Churchwardens

Beginning on Saturday 3rd November when the "Streams of Remembrance" was officially opened by Lady Anne Kerr a steady number

of people, locals and visitors walked along the "Streams" in the churchyard before spending time studying the detailed and comprehensive displays inside the church. Some of them planted poppies along the "Streams", others sat in the pews with their own thoughts.

The opening ceremony of "Streams" was the culmination of a wonderful community effort to bring about the vision of someone who wanted Sedbergh to do something really special for this particular year, being 100 years since the Armistice and the ending of World War 1.

Roughly 1500 hand made poppies were planted, too many to count paper poppies made up the streams, over 100 silver wire poppies were



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made and around 200 stones were painted with poppies.

Angela Brookes did not keep count of the many poppies she put on sticks for planting and ladies who joined in a couple of workshops prepared an amazing number of poppies to plant in record time.

From the very young to the oldest members of the community, plus all three schools, Nicola's Nursery and Sedbergh Playgroup participated. The poppies stood up to the wind and rain, and looked very pretty in the early morning frost followed by bright sunshine bringing cheer to sombre thoughts on the short days of winter.

Thank you everyone who helped in any way, from poppy makers, poppy

planters, Steve Longlands for the lighting and Dylan Reynolds for stepping in on the eleventh hour to take photographs and make the video and Twiglets for the beautiful wooden sign "Streams of Remembrance".

Almost standing room only at the Remembrance Service at 10.30am. It was lovely to have pupils from Settlebeck School taking part; they read a poem and the Roll of Honour so clearly. Many commented on a beautiful service and the collection

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made for The Royal British Legion was most generous.


The bells were rung at 12.30pm for half an hour as requested by the government. That time was chosen to coincide with the march past at the Cenotaph in London. It was hoped that 1,400 ringers would ring being the number of bellringers who died in WW1.

Not so generous of heart was the person who during the week took

money out of the Poppy tin left in church for donations.

Now we are the way to celebrating Christmas. Each house will receive a Christmas card from the Western Dales Mission Community listing all the services and where they will be held.

This year the Nativity Play will be on Christmas Eve as usual at 6pm, a play with a modern slant performed by Settlebeck School.

We shall look forward to welcoming you to the play/services and wish you a Happy and Peaceful Christmas with a bright New Year to follow. 

SHEPHERDS DWELLING

Sarah Woof

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Come and rest in a peaceful place where, if you want to you can wander in the garden and then come inside to get warm, or you can stay in the house by the fire. Plenty of parking.

Should you think of coming do let us know and then if the weather turns bad we can let you know. God Bless. Sarah. 015396 25212.

(we hope to repeat this in the summer too). Thanks folks. 



Christmas at Sedbergh Golf Club

Starters

- Sweet Potato, Carrot and Thyme Soup served with a warm bread roll
- Wild Mushroom and Blue Cheese Arancini served with a tomato salsa
- Chicken Liver Pate served with melba toast and a seasonal chutney
- Panko Breaded Prawns and chilli jam

Main Course

- Roast Turkey and Seasonal Trimmings
- Braised Beef Brisket, Bubble and Squeak and Honey Roasted Carrots
- Salmon and Tiger Prawn Risotto with Crispy Chorizo
- Butternut Squash, Brie and Caramelised Onion Wellington served with New Potatoes and Salad

Desserts

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We are now taking Christmas Party bookings from the 1st December onwards. Please call 015396 21551 or message us on our Facebook page (@SedberghGolfClub) for more details.

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UNITED REFORMED CHURCH

Sedbergh Town Band

Douglas Thomson

It would seem that our community is very keen to see the URC used in the future by and for the community.

The Town Band is very interested in using it as its base but only if it can be part of a wider community initiative. The Band has been in contact with the URC synod and they are keen to see its future in community use.

The Band has submitted a 'Right to Bid' application to SLDC to nominate the URC building to the community asset register. If approved the building cannot be sold for six months giving time for the community to decide if it wants to, and can, make a

purchase of the building.

By the time you read this the Band's committee will have already met with a variety of community and group leaders in the Town and surrounding area to discuss the best way forward. One option being considered is the re-creation of Sedbergh White Knights. It was this short lived organisation which was invaluable in saving 72 Main Street for community use, enabling it to continue as a very important hub of communication for the town and surrounding parishes. It is also possible that a Charitable Incorporated Organisation similar to

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that which now owns 72 Main Street could be created to run the building.

The Band is putting together a working group to come up with an imaginative plan for how the URC can best benefit the community while also meeting its own needs. We invite like-minded people to be part of the group. If you can help and/or if you think there are others who should most definitely be involved please let us know. The band's contact is Laura Rosenzweig who can be reached at 22043 or, preferably, by email:

lauratrosenzweig@gmail.com



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SEDBERGH BOWLING CLUB

Linda Killops 20279

At the end of our bowling season we held our annual supper this year at the Golf Club. 41 members and guests enjoyed a lovely meal and social evening. Our Bowls teams maintained their positions in the Kendal and District League in which we will be entering a B team next year, The Westmorland Seniors and the Rural League.

When our Green closed, we played in Victoria's Floodlight League and finished in second place earning promotion.

The AGM will be on the 21st of February.

This season will be starting mid

March. We all will always welcome new players and complete novices to come and join us in beautiful surroundings, for gentle exercise in this fascinating sport.

We will be holding a free taster sessions which will be advertising in Lookaround and around town.

If you have thought about learning more about Crown Green please watch out for the details.



KICK BOXING

Father and Son Team Return from Athens with Kick Boxing World Titles.

Stuart Byatt

After several months of training (20 hours a week) and dieting and planning at the end of October Kalum

Heywood-Byatt and his dad Stuart Byatt from Sedbergh set off to the World Karate Union World Championships in Athens.

Both fighters train with Cumbria Lau Gar Kung Fu and Kickboxing club, at Castle Street, Kendal where Kalum is presently the senior Kickboxing Instructor and Stuart oversees the Kung Fu.

They had both qualified to represent Team England. A successful tournament was had and Team England placed third on the medal table behind Germany and USA despite have a significantly smaller team.

Kalum, already a 4 time, World Champion had never yet competed as a senior at world level. He started his campaign at the Points Fighting discipline where (with probably with his best ever performance) he lost to a brilliant American who went on to win the competition. A bronze medal at the world championships was not a bad start.

In a tournament style competition after winning three fights, he went on to win a Gold Medal in his strongest discipline Continuous (like boxing but you can kick as well as punch) against an Englishman, returning



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home World Champion LC Open Age (minus 80KG).

Stuart's aims simply not to make a fool of himself, as at 61 years he would always be giving age even in the veterans as the category which is 45 years plus. To his surprise he reached finals in both disciplines. He was over-powered in his Continuous Final by a very strong German achieving a creditable silver medal.

Having beaten a Malaysian and a German he reached the final against the reigning champion (also a German). The points discipline is 'scored' after each attack and everyone knows the score and the time remaining. It was also on a live feed so his family were watching back in the UK. Never in front until the last 10 seconds he shaved a win 13 points to 11 and also returns home as World Champion +45 year -70KG.

Memories that money can't buy and superb father and son time. 

LEST WE FORGET

Old Sedberghian Pilgrimage

Karen BL

A hundred years ago over 1,260 Old Sedberghians, many only 19 or under, took part on active service in the War to end all Wars. They served in Europe, Africa, the Middle East, and the Far East including India and Russia. Of those 256 failed to return. This number does not, of course, include those who did return but had been wounded, many several times, or gassed (360), or who had been Prisoners of War (28), many again among the wounded, making a total number of casualties almost exactly half of those who went.

In 1914 the Old Sedberghian Club determined, as an act of

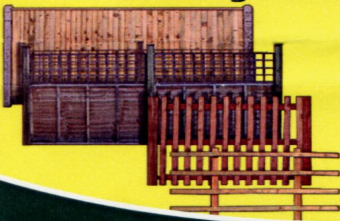
remembrance and pilgrimage, to try to visit every single one of the graves, and the memorials to those whose graves are "Known only to God".

Accordingly a great deal of work was done tracing all the graves and memorials scattered around the world as far as Vladivostok or as near as country church yards in the United Kingdom. Information was also gathered to provide detailed biographies of each of the men. Soil was gathered from the top of Winder and placed in little bags, and little wooden crosses were prepared.

At each burial or memorial a small service was held in memory and the biographies read out. A little of the soil from Winder was placed on the grave together with one of the

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visiting the actual field where the first Old Sedberghian to die, Captain JE Knowles, fell on 23rd August 1914 as they were forced back from Mons, only 19 days after war had been declared. A young OS Marine who had studied the battle gave the party on the spot a detailed description of what happened on that day.

In 2015 the Pilgrimage went to Gallipoli from 26th to 30th October. Fifty nine Sedberghians served in that campaign and 27 did not return – far

crosses.

Many of the graves in more remote places were visited by individual Old Sedberghians (including that in Vladivostok) either when they happened to be passing the area, or even on holidays specially arranged around such visits. But the major visits were done on an annual pilgrimage of between about 20 and 45 Old Sedberghians, Governors and former Governors, Staff and wives and friends. These were arranged by the Old Sedberghian Club and involved a great deal of organisation and time

The first pilgrimage took place between 22nd and 24th August 1914 and began the visits of that year by

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surpassing the casualty rate on the Western Front. As well as visiting the various beach heads and the cemeteries, a service was held at the Helles Memorial to remember those Sedberghians without graves, and also to remember the eight men from Sedbergh town who fell there. The size of the area fought so bitterly for was a revelation being only 5 miles by 3 ½ miles. Another surprise was the small part the ANZACS played in

the overall campaign – though as it involved the whole of their expeditionary force and incurred very heavy casualties it is hardly surprising it has such importance to those countries.

In 2016 the Pilgrimage went to the Somme – and many were surprised to find that the River Somme was not really involved: the fighting took place in the Somme district. Thirty-three Old Sedberghians were killed there or died of their wounds – thirty three are buried in France and one in Harrogate. There are 20 known graves and 12 names appear on the Thiepval Monument as their graves are unknown. Besides visiting some dozen Commonwealth cemeteries a visit was paid to one of the few

German cemeteries

The 2017 Pilgrimage saw participants visiting 18 cemeteries remembering the 57 Old Sedberghians who were lost in 1917. The visit included the Paschendaele, scene of one of the most infamous battles not only for the scale of casualties but also for the mud. The Messines Ridge, scene of the great victory in June 1917, was then crossed for a stop in the Artois to examine battlefields of the Arras Spring Offensive. A tour of the extensive Arras tunnels complex followed by a visit through Doullens where the tide turned leading to the final 100 Days Offensive

Between 18th and 21st October 2018 the last pilgrimage took place, once

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again to Flanders to visit the graves of those who died in 1918. This time 9 cemeteries were visited, and in addition the horrifyingly enormous cemetery at Tyne Cot at Ypres which contains some 12,000 graves almost two thirds of which are for those whose names are "Known unto God". The surrounding memorial names about 35,000 men whose graves are unknown. Again the men of Sedbergh Town were not forgotten. It was perhaps fitting that the final visit was to a cemetery about the size of a rugby pitch in which 55,000 German soldiers were buried. On the Saturday night three wreaths were laid by the party during the ceremony held every evening at the Menin Gate in Ypres. In the next

morning a private service was held in the St George's Memorial Church, where a plaque to the OSs who fell has been placed. An interesting visit was to the spot on a road not far from Mons where a plaque recorded the first shots of the War and on the other side of the road another commemorating the line reached by the Canadian soldiers on 11th November 2018.

There remained some seven graves scattered in Northern France and Germany and these have now been visited. In addition, there are seven men who died in Iraq and although it has not been possible to visit all these, a military ceremony in their memory has been held in Iraq. One final grave of a Belgian refugee who

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had been in the school was at the last minute traced to a private cemetery in Brussels.

Finally, after the usual (very wet) service on the Cloisters on 11th November 2018, a canister holding soil gathered from the battlefields during the Pilgrimage was buried under the flagstaff in front of the Cloister with an engraved stone saying:

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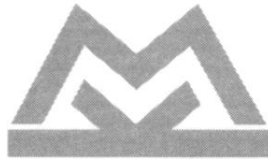
Old Sedberghian Pilgrimage 2014-2018



SETTLEBECK NEWS

Juliet Proctor

Settlebeck School was recognised for its excellent examination results when the school league tables were published in October. The school was rated as the 3rd best school in the county for the amount of progress students make from the end of Year 6 to 11, placing Settlebeck in the top 14% of secondary schools nationally. This fantastic achievement is testament to the hard work of both students and staff at the school and a result we are truly proud of.



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On Friday 9th November students at Settlebeck School had the privilege of being part of a truly inspirational and moving Remembrance assembly delivered by veterans Brian Capstick, Nick Cross from the Royal British Legion and Lee Edwards with his service dog 'Angel'. Students focused on the fallen in the two world wars from Sedbergh and District as well as hearing about the impact of PTSD and the important role that service dogs have played in recent conflicts in Afghanistan. The personal accounts and the link to families within the school had a real impact on our young people. We are very grateful to Brian Capstick for organising the event and delivering

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such a compelling assembly.

On Sunday 11th November, Settlebeck School students had the honour and privilege of being part of the Remembrance Service at St Andrews. Students read two moving poems; the first poem, Last Post by Carol Ann Duffy, was read by Wesley Mills, Head Boy, Jerome Ingham and Harry Dawson, Deputy Head Boys. This was followed by a moving reading of Perhaps by Vera Brittain, read by Head Girl Maisie Gough and

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Deputy Head Girl Isobelle Metcalfe. Mrs Sarah Campbell, Headteacher, Head Boy Wesley Mills and Deputy Head Girl Cj Middleton were bestowed the honour of reading the Roll of Honour.

The Queen's Commonwealth Canopy project was launched in 2015, when an appeal was made to all 53 Commonwealth nations to contribute areas of indigenous forest to be preserved in perpetuity

to mark Her Majesty's lifetime of service to the Commonwealth. As part of this project, the Woodland Trust has provided 5 trees to be planted in South Lakes. Tim Farron MP visited Settlebeck School on Friday 9th November to plant a silver birch tree in the school grounds and talked to students about the importance of trees to combat climate change.

It has been a busy and successful term for sport at Settlebeck. The new courts have seen netball victories against Dallam and The Lakes School, with the Players' Player awards going to Cj and Sienna Middleton, Amelie Pennington and Charlotte Gardner. There have been football victories for both upper and

lower school teams against Cartmel Priory and Kirkby Stephen Grammar School. In cross country, there was success for Grace Wells who has been selected for the County squad.



SEDBERGH SCHOOL NEWS

Karen BL

The last of the Old Sedberghian Pilgrimages to the graves of the 256 Old Sedberghians who fell in the First World War took place between 18th and 21st October (see separate article).

The Mulberry Nursery at the Prep School has been rated Outstanding by Ofsted over all areas. The "children are extremely happy and content" and the staff help to give



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children "a supreme start in life".

Dr Gary Sutton of the University of Nottingham gave a lecture on the brain, and pupils dissected a sheep's brain

There was a slight panic when Hart's ferret, Jill, escaped, but she was eventually found in Highfield Road.

The Remembrance weekend was combined with the Old Sedberghian weekend this year, and was very busy. There was a dedication of a statue in memory of Nick Barron at 12.30 on Saturday morning followed by an extremely good buffet lunch in the Thornely studio. An AI rugby match in the afternoon (wet) and in the evening a dinner for approximately 100 in the Black Bull.

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Sunday started with a piper, James Macmillan, playing *Battle's O'er* at 6 am at the Cloisters to a surprisingly large audience considering the time of day (or night). This was part of a Nationwide memorial. At about 9 am there was a short service at the Boer War Memorial by the Bursar's Office. The main Remembrance Service took place in pouring rain on the Cloisters at 10.40 am. The Royal Horse Artillery, with whom two of the School's VCs served, brought up one of their guns used for salutes which fired at the beginning of the two minute silence and again to bring it to an end. Following the main service, another of dedication of soil from Flanders was held at the flagstaff (again see the separate article.). Brunch was served in the Houses following the services and coffee and tea in the Queen's Hall. Then in the Evening the Remembrance Concerts took place. The Cloisters were

decorated with 9 huge poppies representing each of the School Houses

A stunning fireworks display took place on the first night after half terms, which happened this year to be 5th November. It was watched by a large crowd, and there was a magnificent bonfire as well.

By the time this is published the School will have given three performances of *A Midsummer Night's Dream* in the Brewery Arts Centre

Music

The two performances of the Remembrance concert took place on 11th November, one for the School only and one for the public at large. The concert was extremely moving

with a screen running slowly in the background with photo after photo of the boys who never returned. There was a Teatime Concert on 15th November in the Thornely Studio. The School's Christmas concert will take place on 11th December

-Rugby

The 1st XV won against Kirkham 36-7. A match against Berkhamstead took place on the morning of the first day of half term and it was won 57-nil. They also won again Lancaster RGS on 10th November 52-13.

Running

The running team went to the Pyrenees for exercise during half term.

Tennis

The girls are through to the Regional

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final

Netball

The U19 County Finals took place in the Hirst Centre on the new courts on 7th November. The U15 District Finals at Cartmel had to be cancelled due to rain and have been rearranged for 30th January

Hockey

The U16 boys became County Champions on 7th November. On the same day the U14 girls headed for the North Finals after a tight game against King Williams

Equestrian

The team spent 5 days at the Nationals during half term and missed the National title by getting one pole down. One pupil, Kitty, was 7th in the UK in the 1m 10 Arena Eventing, and the team came 4th in the Dressage out of 30 teams.

Future Events

The Memorial Watercolour Exhibition in the Art & Design Centre below Powell Hall which was open on 11th December will remain on exhibition until 14th December, but will be by appointment only. Arrangements to view can be made through Katy de la Riviere on kdlr@sedberghschool.org or 01524 239410. It includes among others paintings by Sir Peter Scott, John Piper, and Peter de Wint, and includes a new addition by Alex Jennings. This collection is the result of a decision in WW2 not to have memorial plaques in the chapel to individuals killed in the war, but to invite contributions to such a collection instead

The Prep School as usual is very busy at the end of term. Their Senior

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Chamber Choir will sing at the Kirkby Lonsdale Christmas Festival from 10.30-13.00 on Sunday 1st December. The Mulberry Nursery to Year 2 will perform a Nativity Play and Years 3-5 a Christmas Musical at 14.00 on Thursday and Friday 6th and 7th Decembers. There will be informal carols in Holy Trinity Church on Friday 7th December. The Friends of Sedbergh Prep School Christmas Fayre will be on Saturday 8th December from 9.30 to 12 noon. The Senior will sing at the morning service in the Upper School chapel in Sedbergh on Sunday 9th December. Their Christmas concert is on Monday 10th December. Finally their Carol Service is in the morning on

Wednesday 13th December after which their term ends. Term begins again for the Prep School on Monday 7th January.

The 1st XV play Millfield on Wednesday 5th December at 1 pm

The Advent Service in the School Chapel is on Sunday 2nd December and everybody is very welcome – congregational participation is encouraged! There will also be a Ceremony of Carols in the School Chapel on Friday 7th December.

The Sedbergh School Choral Society concert this year will be in Powell Hall on Sunday 9th December at 7.30 pm, and will feature Rutter's *Gloria*, Vaughan William's *Fantasia on Christmas Carols*, Elgar's *The Snow*

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and Britten's *Hymn to the Virgin*.

The Senior School term ends after their Carol Service at 3 pm on Wednesday 13th December, and begins again on the evening of Sunday 6th January.



SEDBERGH PRIMARY SCHOOL

Matthew Towe

We were so lucky to be paid a visit by Sedbergh Orchestra this week. Friends from both Dent and Ryelands School in Lancaster joined us to celebrate and listen to music. The Pepperpot Club Orchestra performed as did soloists and groups from our visiting schools - a real treat. Sedbergh Orchestra performed pieces from the Nutcracker Suite and gave us the low down on the different



instruments in the orchestra. Many thanks must go to Roland Fudge for conduction and entertainment. The school would also like to thank Shirley and Donald for organising the visit and all the work they do for music in the school. We are also very grateful to the Freda Trott trust for their support of music provision in our school.



SEDBERGH TOWN BAND 1

Keith Wood.

Wow! The Band Remembrance Concert Packed St Andrew's Church with an enthusiastic and appreciative audience. Thank you everyone. I think you will agree that the band were once again at their very best. Such a moving flugel solo from Sophie Hall in the 'Theme from Schindler's List' and supported so well on tenor horn by Laura Rozenzweig. A brilliant bagpipes solo from Tony Playfoot in 'Highland Cathedral'. A great contribution from the Rose Community theatre singers in 'Goodnight Saigon'

Thanks go again to all involved at St Andrew's who worked so hard with us yet donated all the proceeds to the appeal that terrific donation was in

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SEDBERGH ORCHESTRA visits primary school

Sheila Blackwell

A happy and enjoyable afternoon was held this week at Sedbergh Primary School, where Sedbergh Orchestra played some of Tchaikovsky's Nutcracker Suite to the children of Dent Primary School, Sedbergh Primary School and Rylands Primary School from Lancaster.

Roland Fudge, the conductor, introduced the Orchestra and gave the children a talk on the instruments. A member of each section of the orchestra introduced and

demonstrated their own instrument.

The Pepperpot Music Makers played their flutes and recorders with Roland & Elizabeth Guar. The Adult recorder group played followed by a



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clarinet group from the Lancaster school. The afternoon was rounded off with a violin duet played by a pupil from Dent with her teacher Roland and the full Orchestra playing the Waltz from the Nutcracker.

Comments from some of the children afterwards:

"Awesome", "Very musical", "Really ace afternoon" and from a parent or teacher *"I never realised they [the orchestra] were so good"*

The players enjoyed it too!


Photo courtesy Elizabeth Simms 

SEDBERGH TOWN BAND 2

Keith Wood.

The Town Band loves Christmas that's why we always start celebrating

early. We will be performing Christmas carols at various times including a venture down to play for those poor people who live at Ingleton.

Our main event however will be our ever popular Christmas concert which will be at St Andrew's Church Sedbergh on Tuesday 4 December (7.30). Do look out for this one and come along. Bring your children or even someone else's children. It's a fun event with the sole intention of entertaining you. We've got many new numbers and lots of prezzies from Father Christmas. Refreshments galore. A happy evening is surely guaranteed. 

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DENTDALE MEMORIAL HALL


Sarah E Woof (Chairman of Trustees)

On behalf of all the members of the DMH committee I extend grateful thanks to all who helped at or supported Dent Gala in any way whatsoever. We have received a lot of suggestions for Gala 2019 (thank you) are open to more and in January we will start working on Dent Gala 2019!

We will never get everything right or please everyone but hopefully create a day everyone can enjoy.

A great many events take place in the Hall, in just the last month or so there has been a Fashion Show, a Gin Night, Festive Coffee Morning and a jumble sale! We hope to have the Flicks back and are open to other

ideas.

Merry Christmas and Happy New Year. 

FARFIELD MILL

Design in the Dales, The heART of the Mill

Clare Huggonson

The artists and makers at Farfield, who are the 'heART of the Mill', are showcasing their work in the exhibition 'Design in the Dales' for the first time as a group. The exhibition encompasses a wide range of styles and media, with work from weavers, textile artists, painters, printers, engravers and jewellers.

With its Studios all occupied, the artists' community at Farfield Mill is thriving. There is even a waiting list,

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It will be taught over three sessions on Wednesdays.

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St Andrew's Church Community Room

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with local artists queuing for space. There are 20 artists and makers all working under one roof. This has led to a renewed feeling of vitality and creative spirit within Farfield.

Ali Sharman, one of 5 independent weavers at Farfield observes 'when I arrived at Farfield 18 months ago, an exhibition by residents wouldn't have been a proposition. With so many new people the Mill is taking on a new lease of life - there is an increasing sense of community amongst the artists.'

The Mill has welcomed 5 new artists within the past 6 months growing its creative family. 'We feel very lucky to work in such a unique and inspiring environment' Lucy from Twig Pen People commented.



During a visit to the Mill you will be able to see people working in their studios as the building comes alive with art, craft and textiles. The Festive Farfield Weekend 24th and 25th November was expected to be particularly busy with free entry to the Mill.

The exhibition will run until the end of the year.

See our website for more details

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and to support the Mill through our Community Benefit Shares <http://www.farfieldmill.org> for details.

The two pictures are:-
'Down the Lane' watercolour painting by Ruth Clayton from Wickerfish Studio at Farfield Mill
'Poncho Handwoven 100% wool' by Laura Rosenzweig of Laura's Looms

SINGING IN THE SEASON OF GOODWILL

David Burbidge

What a fantastic year it's been for our singing, and next year looks to be even better with many of the best of this year being repeated.

First was our Slovenia/Scotland singing weekend at the beginning of the year celebrating the songs of the

two national poets France Preseren and Rabbe Burns (whose national commemorative days are very close) and many other songs from both countries - next year over this weekend we'll be visited by the Slovenian Consul from Scotland who last came to Sedbergh 5 years ago when the Zreče firemen's choir was visiting.

Then after a few weekends of singing on walks through the hills and inside a Northumberland lighthouse, our choir took off for a week in Slovenia where we sang as we do each year in our twin town Zreče, at the Wild Flower festival in Bohinj, in the capitol Ljubljana - and on a fabulous day singing on the Soca valley railway, with other passengers

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joining in with our arrangements of well known Slovenian folk songs.

We had some visits to Sedbergh from Slovenia too - with the Waldorf school choir at the beginning of the year, and the Scouts in the summer, closely followed by a small singing group called Smir Papir (scrap of paper) who came with us to Scotland and the island of Jura, where we all sang together at the island's folk festival. Google them and you can see a video I made of their singing.

And we now have a connection with the London Slovenian choir Gallus Aeternus who we sang with in October at the Slovenian embassy - a very heartwarming weekend, where we sang our Slovenian songs with the choir and with other Slovenes living in London, and also sang many of our other songs on a walk through the

capitol, ending by singing Tennyson's Crossing the Bar at his grave, commemorating the anniversary of his death. We'll be back again next year to commemorate both our friendship with this choir, and Tennyson Day on October 6.

Our singing continues near Sedbergh with the Cowgill Folk Chorale preparing our seasonal songs which we'll sing at the Dent Folk Carols festival over the first weekend in December (where we have workshops teaching Slovenian carols, as well as many other songs from the UK.) We've had a lovely autumn singing round the fires in the homes of our singers - carols which you will often hear in the pubs of South Yorkshire and North Derbyshire such as Curly Hark (so called because of the twiddly bits in the singing,) Diadem and Shepherds Arise. We have plans to continue our own pub carol singing traditions when we sing them on the first Monday in December at the Sportsman's Inn at Cowgill - please let me know if you'd like to join us.

We're off to sing on the Settle Carlisle Railway on Saturday December 8 - and a little thing like all



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the trains being cancelled due to strike action won't deter us - we're driving up to Ribbleshead at lunchtime where we'll sing in the Station Inn - and then after singing inside the station, we'll all join Janet Russell's Settle Voices and Silsden Singers in Settle for an evening round the fire of the Royal Oak.

And on Sunday December 16 we have our annual star lit walk through the winter landscape near Sedbergh singing at the doors of cottages cradled in the dale - do please let us know if you'd like us to call - we only sing at homes where there is a welcome, so if you usually hide behind the sofa when the carol singers come please don't get in touch - we practice for several weeks in advance to create the best music we can so don't want to waste our voices at homes where we're not welcome. We don't make a collection - but sing only to bring you all the

festive joy of the season. We will start with singing in the Black Bull hotel where we've been invited to sing at 4.30pm by the fire - do join us and join in if you fancy a good sing. Then we can come and visit your homes and sing for you there if you get in touch - a series of house concerts up the valley.

You can see full details of our events on the www.lakelandvoice.co.uk website. But until we meet again, we wish you all a very merry and melodious Christmas and a happy and harmonious new year.

David Burbidge Sedbergh 21166 

SEDBERGH SPRING SHOW

Saturday 30th March 2019

*Margaret Milburn
& Marion Wood*

Christmas is coming and before you catch your breath it will be the Sedbergh Spring Show on 30th March 2019. Time to use the winter evenings to plan your entries! We have added in some new classes and removed a few of the less popular ones.

Our new photography judge for 2019, Joanne Withers says "I am thrilled to have been asked to judge the Sedbergh Spring Show photography class as there is so much creative talent in the area and I am really looking forward to seeing the entries in 2019. As a photographer I love the use of light in images, creative thinking that is not the obvious and attention to detail. Do have a go at entering, because for me, the process of creating images is often more enjoyable no matter what

the outcome.”

The official entry forms will appear in the shops at the beginning of February, but here is a list of classes to get you thinking. The school classes will be agreed once again with the schools separately. We look forward to lots of entries providing a wonderful display of the talent in Sedbergh.

Any queries please ring Margaret Milburn (20610) or Marion Wood (21385).

- 1) A patchwork or quilted+B10+B2+B2:B27
- 2) A new item from something old (any material)
- 3) A wooden item
- 4) A bag of any medium (not from a kit)
- 5) A cross stitch article (indicate if own design)
- 6) A tapestry (indicate if own design)
- 7) A handmade cushion (max size 40cm)
- 8) A felted item
- 9) A piece of fused glass
- 10) A handwoven scarf
- 11) A piece of handmade jewellery
- 12) A handmade card
- 13) An Easter Bonnet
- 14) A soft toy knitted, sewn or crocheted
- 15) A dressed doll (the doll may be bought)
- 16) Any craft item not included above
- 17) A hand knitted garment in thicker yarn (double knitting or thicker)
- 18) A hand knitted garment in finer yarn (4 ply or finer)
- 19) A hand knitted scarf or snood
- 20) A crocheted article or garment
- 21) A hand knitted or crocheted hat
- 22) A houseplant (not to have been exhibited before)
- 23) "Celebration" a dinner table arrangement (W/D 45cm)
- 24) "Boxing Clever" an arrangement in a box (W/D 45cm)
- 25) An arrangement in a basket (W/D 45cm)
- 26) "Storytime" a petite arrangement (W/D/H 25cm)
- 27) An arrangement incorporating driftwood (W/D 60cm)
- 28) Four sausage rolls
- 29) Fruit pie
- 30) Four cheese scones
- 31) Four fruit scones
- 32) Six biscuits of any variety
- 33) Four cup cakes
- 34) Six handmade chocolates
- 35) Lemon drizzle cake
- 36) Teabread

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- 37) Round shortbread
- 38) Six flapjack pieces
- 39) Victoria sandwich (filled with raspberry jam)
- 40) Individual dessert
- 41) Pot of raspberry jam
- 42) Pot of blackcurrant jam
- 43) Pot of marmalade
- 44) Pot of any other jam or jelly
- 45) Pot of lemon curd
- 46) Pot of chutney
- 47) Bottle of homemade wine, cordial or other drink
- 48) A white loaf (handmade)
- 49) A brown or wholemeal loaf (handmade)
- 50) Painting: Still life
- 51) Painting: Portrait
- 52) Painting: Landscape
- 53) Painting: Mixed Media

- 54) Painting: Transport
- 55) Wildlife (size minimum 8x6, maximum 12x10)
- 56) Local View (Cumbria or Yorkshire) (size minimum 8x6, maximum 12x10)
- 57) Transport (size minimum 8x6, maximum 12x10)
- 58) Light (size minimum 8x6, maximum 12x10)
- 59) People and Portraiture (size minimum 8x6, maximum 12x10)
- 60) Local Event (size minimum 8x6, maximum 12x10)
- 61) Patterns (size minimum 8x6, maximum 12x10)
- 62) A hand print (age 6 and under)
- 63) Make a magic wand (age 7-11)
- 64) Rainbow jelly in a glass (age 11 and under)



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- 65) Flowers in a jam jar (age 16 and under)
- 66) Photograph of wildlife (maximum 5x7) (age 11 and under)
- 67) Photograph of landscape (maximum 5x7) (age 16 and under)
- 68) Farmyard poster by group of preschool children (maximum size 90 x 70cm) 


TEARFUND QUIZ

Janice Rusling

Thank you to all who joined the fun at the first Tearfund Big Quiz Night in November. It was the first of its kind so as well as having a good time we learned a few things which we can improve on for next year. Easier questions would probably be top of

many people's list – we have told the organisers that! Nevertheless it was a fun night and we hope those who missed it will join us next year.

The prize of £50 Sedbergh vouchers, kindly donated by Lookaround and an anonymous donor, was won by the team 'Last of the Summer Wine', and we raised £167.50.

Nationally, 24,117 people took part, in nearly 500 venues so when all the proceeds are in we should be able to report on the total donated to the valuable work of Tearfund. 

DENTDALE, HEAD TO FOOT

Mike Steele

Our November meeting which was extremely well attended, was **21**



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Years in Prison, which told us how Helen Corpe had originally entered the Prison Service (thanks to her mother, who had been originally involved with voluntary prison visiting) and over that period of time how she had risen through the ranks to be in her present job as a Senior Officer at an Open Prison. Incidentally, Mum had to resign from her job when Helen passed her exams to be a Prison Officer due to perceived conflicts of interest, yet another matriarchal sacrifice!

Following her initial training, she was accepted as part of the operational support at a Young Offender's Institute, which effectively meant controlling the only entry and exit to the premises. Only then after undertaking both written examination and role playing could she then become a fully-fledged prison officer.

The changes that she has seen over the past 21 years were to put it mildly, quite staggering, initially being the

only female officer at her first posting, whereas now there are many female officers in many different roles in every prison. The resourcefulness that has been required to undertake all her roles was eye-opening to all present.

All in all, a very interesting and educational talk.

Our next meeting is on December 7th and will be our traditional Christmas Jacobs Join, to which all are cordially invited and we wish all Dentsdaliana a Happy Christmas and a Peaceful New Year.

Next year, (is it nearly 2019 already?) we start on January 4th with **Why Alpacas** with Caroline Sandys-Clarke, mother of our local blacksmith extraordinaire, Lucy; followed by a talk on February 1st from Richard Gledhill about the **Spitfire** and his father's involvement with it in WW2, so do come along.

For further information please contact Mike Steele at 015396-

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SEDBERGH & DISTRICT HISTORY SOCIETY

Mike Beecroft

On 17th October at Dent Memorial Hall Diana Matthews gave a fascinating and stimulating talk entitled 'Log boats to Edwardian Steamboats in the Lake District'.

With a long family background of boat ownership on Windermere stretching back to the 1850s, and having driven her first steamboat at the age of 14, Diana was able to draw on a wealth of personal and familial experience as well as detailed historical research into her exposition which covered the lakes of Derwentwater, Ullswater and Coniston Water in addition to Windermere.

The ruins at Galava, the Roman Fort near the shores of Windermere near Ambleside, show evidence of a water

gate, suggesting that some form of navigation was used on the lake 2,000 years ago. At Shap the rotting remains of a boat which could have carried perhaps 3 people were dug up and dated to about 1300AD; then in 1955, when the shallow tarn beneath Kentmere village was being drained (for the extraction of diatomous deposits) a 14-foot long boat was discovered with seats at the bow and stern and evidence of rowlocks. This one was dated to 1320. The tiny island of Ladyholme on Windermere has an ancient chapel, clearly necessitating the transport of materials, whilst since at least the 1400s rowing boats have ferried people, animals and goods across the narrows between Bowness and Sawrey. On Derwentwater evidence on Derwent Isle reveals barges having been used in 1569 for the transport of quarried slate and copper (similarly on Coniston Water), and on Pocklington

George Newton

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Isle in the 1780s a substantial house with its own chapel and boathouse was built.

By the late 18th and early 19th centuries the first tourists began to appear in the Lakes, latterly attracted by the growing reputation of 'Lake Poets' such as Wordsworth and Southey. A variety of weird and wonderful experiences were organised: echoes across the waters from the firing of cannons or the blowing of French horns; horse swimming races; mock naval encounters using model battleships (arranged by Lord Pocklington!); framing the landscape through a mirror; or popular rowing and sailing regattas (in 1860 the Windermere Yacht Club was founded).

1847 turned out to be a pivotal year for tourism with the opening of the first railway line and Windermere Station. This was quickly followed with the Lakeside and Haverthwaite stations on the Furness Railway, Keswick Station on the Cockermouth to Penrith line, and the branch line from Broughton to Coniston. Furthermore, with the advent of steam power the Lakes steamboats captured the tourists' imagination: no fewer than 5,000 passengers sailed on the 'Lord of the Isles' in its first year of operation; other renowned vessels such as 'Lady of the Lake', 'Swan' (built 1869, screw-driven as opposed to paddles), 'Tern', 'Swift' and 'Teal' (still chugging today) continued in the tide of popularity. On



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Sedbergh Annual Children's Party

Coniston Water after 1859 the Gondola became an attraction, whilst Ullswater had its first boat 'Raven' in 1855 and Derwentwater established its popular 'round the lake' steamer service from Keswick.

Diana Matthews' father founded the Windermere Steamboat Museum in 1977, later (in 2008) handing it to the Lakeland Arts Trust. Within a few weeks it is due to re-open its doors under its new name "The Jetty". This talk has certainly whetted the appetite!



COGS

Community Orchard Group Sedbergh
Apple Day 2018

Ann Parratt

Sedbergh's enthusiasm for fresh

local apple juice continues! Our 3rd annual Apple Day which took place in the People's Hall on Saturday 27th October, was really well supported, with local families attending as well as visitors from further afield. A great buzzy atmosphere was created by lots of enthusiastic people pressing apples as well as live music from Common Ground.

We had about 280 Kg of donated apples, which gave 140 litres of juice for the community. The press takes 40Kg of apples and gives 25 litres of juice every 20 minutes, so we pressed at least 600 Kg of apples and made about 400 litres of juice, three times as much as last year! these apples were grown locally, in town gardens and country orchards from

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Cowgill to Cautley, and from Millthrop to Loftus Hill. Some were brought on the day, while others had been gleaned by COGS members during the autumn.

Outside the Hall, a busy crew worked at the scatter – the noisy machine for chopping apples into pulp – and the hydropress, which used water pressure to squash the pulp. It is astonishing to see how much juice gushes out. The dry spent pulp was collected for pig food – lucky pigs!

Inside, there was plenty to see and do. Visitors could bring their apples to be identified by expert Andy Gilchrist from SLOG (South Lakeland Orchard Group) Hilary Wilson, another SLOG expert who is part of the team from

Acorn Bank and Phil Rainford from Lancashire.

Many people will recognise a Bramley, but who knew that Bloody Ploughman grew in Sedbergh? Enormous Howgate Wonder apples weighing between 400 and 500 grams each were brought in, Andy said he'd never seen such huge apples, another first for Sedbergh. The experts were kept busy giving advice and identifying apples, why not bring your apples next year, you never know, they might be a heritage variety too.

There was a wonderful array of plants to buy from the plant stall, and in the Children's Activity Corner there was a competition for the longest apple peel, as well as other creative

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crafts, supported by the YDNP Young Rangers. The Sedbergh Beekeepers stall showed us that without bees and their pollinating work, there would be no apples, gorgeous honey from both Garsdale and Dent was sold in abundance.

Expert Composters on the Garden Organic stall showed us the importance of compost, and Cumbria Wildlife Trust reminded everyone of the beauty and richness of our natural surroundings. It was wonderful see the Red Squirrel Group there too, giving lots of information about the spread of the red squirrel community.

Delicious cakes and quiches, tea and coffee were produced by the tireless kitchen team, with cakes, chutneys and jams for sale as well as

a well supported raffle. Everyone enjoyed the music of Common Ground, who played catchy tunes with great panache.

On behalf of COGS, grateful thanks to all involved.

Next year Apple Day will take place on Saturday 26th October, and **don't forget you don't need to bring apples to come to Apple Day.**

If you would like to support the Community Orchard, you are warmly invited to join COGS with the following benefits:

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become involved in the Community
Orchard, please get in touch with Ann
Parratt 20964 or Jacqueline Smith
20760.



BOXES OF HOPE CUMBRIA

Pam Dent

Thank you so much to those who
contributed in any way to the success
of this year's shoe-box appeal.

By the time you read this our 198

boxes, along with thousands of others
from across South Lakes, will have
arrived in Romania.

They will be given out in good time
for Christmas, making a lot of children
very happy. Thank you and Craciun
fericit!



SEDBERGH INFORMATION & BOOK CENTRE

Andi Chapple.

For once I am sure about the best
way to start one of these pieces,
which is with our heartfelt thanks to
Dennis and Jacky for their work on
the Lookaround over many years. It's
an amazing achievement and
Lookaround has played a great part
in keeping Sedbergh and district alive
as a community. All the best for the



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Josephine Lade LCSP (Phys)

future from all of us – and good wishes to the new editorial group, we hope you enjoy working with us.

This is a good place, too, to say thanks to all the volunteers – whether it's people on the front desk while the centre is open, people quietly doing admin tasks or our board of directors, all of whom also volunteer their time – whose effort keeps us open. It really wouldn't be possible to operate the info centre without you.

Lastly, I'd like to say thanks to residents and visitors for their support of the info centre in 2019, whether you've been in with a question, some information for us or to do some shopping. Collecting and distributing information is a big part of what we

do, and our trading plays a very big part in keeping us open, so we're glad to see everyone who comes in.

Okay I mentioned shopping, so I hope I can quickly mention that once again we have a stock of Christmas cards in aid of many national charities. They will more or less all go, so if you think you want some please come in soon. We also have the 2019 Sedbergh photographic calendar, which we put together using images donated by some of the town's excellent photographers.

We're already thinking about the 2020 calendar, so if you are thinking of proposing some of your images for it please have a look for the advert in this edition of Lookaround or one of

Steve Hopps



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our calls on social media to find out how to get the images to us.

All the best for Christmas and the New Year to all of you from all of us!
Cheers,



COFFEE MORNINGS

Tony Reed-Screen

While the long term future of the United Reformed Church building is unknown in the short term it will not be available for coffee mornings in the New Year. To fill the gap Wednesday Coffee Mornings will be held in St Andrew's Parish Church starting on Wednesday 9 January at the usual time 10.00 am.

From the beginning of February the church will be available for individual organisations to hold their own coffee

mornings with the usual stalls for selling produce and raffles. Bookings should be made through Judith Ryder on 01539824379 or

Judith_eric@hotmail.com

In the longer term if the United Reformed Church building becomes available it is envisaged that the coffee mornings would return to that venue and the bookings made for St Andrew's would be transferred.



neighbourhoodalert

Cumbria Trading Standards have received reports from residents who have been cold called by a company claiming to get you a 'council tax rebate'. The company have asked the residents for £150 and promised a rebate of thousands, however there is



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no guarantee of success, and they are providing a service consumers can get do themselves via the Valuation Office Agency - <https://www.gov.uk/topic/local-government/council-tax> or other FREE to use websites such as - <https://www.moneysavingexpert.com/reclaim/council-tax-bands-change/>

If you receive a call of this nature or similar please do not engage with them or send them any money.

Cumbria Trading Standards and Cumbria Police advice is simple; do not hand over any money or personal information to any cold callers whether on the telephone or on the doorstep. Often these companies prey on the most vulnerable so please look after those in your community.

Consumers can register their details with the Telephone Preference Service (TPS) to reduce the number of unsolicited sales and marketing calls. More details can be found at www.tpsonline.org.uk or contact the TPS registration line on 0345 070 0707.

If you or someone you know has been targeted in this or a similar

manner, please contact Trading Standards via the Citizens Advice Consumer Helpline on 03454 04 05 06 or Cumbria Police 101.

Follow us on Twitter at

www.twitter.com/cumbriats and find

us on Facebook for up to date information on reports such as these and all the latest scams at

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FAMILY MUSINGS

Sarah Woolf

Aren't photographs wonderful! I have recently had 4 films developed and on a cold, windy November afternoon was instantly transported back to August and earlier, and September where there must have been endless sunshine. Recently I was asked if we had any old photos of the locality and this led to a very interesting afternoon of looking through albums and boxes. I take a lot of pictures of our grandchildren especially doing fun things like playing in our garden stream where their parents played and where me and my siblings played. Then of course all the photos of the people who fought in the two world wars which have been very prominent

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recently. Yes, photographs are wonderful.

So to are celebrations. Or they can be. Christmas is top of the list of celebrations for us, remembering the birth of baby Jesus and spending time all together as a family. Last year, hubby and I went away for Christmas to be with M in Hull. We walked hand in hand to a Christmas eve service up the road and returned after midnight to M's, creeping into the house and upstairs to bed like two teenagers out after curfew! We went back in the morning to the service of celebration, helped M as much as she would allow, visited friends and then came home the next day for family gathering. Staying in Dentdale this year.

To all of you who read Musings.. Thank you. To Dennis and Jacky. Thank you both for ALL you have done for "Lookaround " . To the 'new team' welcome and well done for taking on the job. We stand on the threshold of 2019 and I for one am thankful to not know what is ahead but thankfully I know the One who does. 2018 will be remembered for many things, some caught on camera but many not. ..realising I had out stayed my welcome with M, ..falling onto a concrete floor and dislocating and breaking my L wrist...not, thankfully photographed! Whatever is ahead for all of us may we walk tall into the New Year, taking with us the best of the memories of 2018, with steady hand and loving heart.

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God Bless. Merry Christmas and
Happy New Year!



FASCIA

Yvonne Cervetti

So what is this "Fascia" she keeps
going on about?

Also see Page 55.

Pronounced 'fasha', "Fascia is more
commonly known as the soft tissue
component of the connective tissues
that run through the entire body as a
covering and connecting
network" (Robert Schleip, leading
expert in field of fascia research,
2017 Fascial Fitness).

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and bones to glide smoothly over
each other, gives space, spring and
suppleness to our whole body.

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However for many of us our lifestyle
and environment (home & work) lead
to habitual postures, repetitive strain
and overloading, add in scar tissue
from injuries and surgery and our 3D
fascial body-stocking is pulled out of
shape and shrinks leading to
myofascial trigger points (knots in our
muscles 'myo' and surrounding
fascia), nerve compression (nerves
are coated in fascia) and bones being
pulled out of alignment, which can
lead not only to stiffness and
dysfunction but many chronic pain
conditions. But don't despair! We are
very lucky to live in an environment
with beautiful surroundings to
explore. Even if you are unable to hill
walk, run, cycle, play sports keep
yourself moving indoors and outdoors
in as many directions as possible. My
"Healthy-Steps" classes are already
incorporating lots of movements to
keep the fascia hydrated and moving
but on Saturday 5th January at the
People's Hall I will be running two
introductory fascial classes. "Fascial
Fitness", developed by Robert
Schleip and his wife Divo, teaches us
how improve our fascia with 4
principles which have emerged from

the scientific research. It is a complement to other styles of training. "FunKi Fascia" is my own creation for those who, like me, love music and dance. Let go of tension with some simple moves to loosen your fascia and have fun! Please come and join me for one or both classes.

The main messages from the first "Feet, Fascia & Function" summit I attended recently in London were to maximise the contact of our feet (as barefoot as possible) with the ground, involve all your senses, vary your movements and have FUN! Happy Christmas everyone!

A very big "Thank You" and a very "Merry Christmas" to all my clients, to all who attend my Healthy-Steps

classes at Sedbergh Methodist Hall (9 years in January) and at Barbon village hall (8 years) and to our fantastic editor Dennis Whicker for publishing all these adverts over the years!



SEDBERGH FIREWORKS

John Hosker

on behalf of Sedbergh Gala Group

Friday 2nd November saw the much-anticipated relaunch of Sedbergh Fireworks Evening at the People's Hall.

Alongside the fantastic fireworks display was a was a full evening of entertainment, with hundreds turning out to enjoy the family-friendly disco, live music, hot food, drinks, magic, and much more.



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The logistics of using a new launch site presented some challenges but with careful planning (and some last-minute shepherding to round up wandering livestock...) these were overcome by ourselves and our Cumbrian-based fireworks company Pyroartistry.


The organizers – Sedbergh Gala Group – would like to thank everyone who turned out to support this evening but especially those who gave up valuable time to help run a stall or marshal. These events simply cannot run without them.

We would also like to thank Dean from A1 Audio, The Purple Unicorns and The Moonshine Shakers for generously providing a varied evening of entertainment suitable for all. Thanks also to Sedbergh Wanderers FC for stocking and running the bar throughout the night, and for use of their electrical outlet. Final thanks must go to Steve Longlands for his advice and work on the evening, and to the Parish Council for use of the field.

We have been overwhelmed by the positive feedback from this event but are already working on how to make next year's event even better. If you enjoyed the evening and feel you could be a part of the organisation team please get in touch.

Before then however there is the small matter of Sedbergh Gala. As a small but dedicated Gala Group we can accomplish a lot in terms of planning and preparation for these events, but we will need people on the day to help set up, marshal, man a stall for an hour or so, etc.

Please consider whether you could

give a small amount of your time on the day or beforehand to ensure that the Gala and other events remain successful and sustainable. 

MARLENE NELSON

Paul Nelson

Dear sirs

I am trying to find anyone who knew or knows a lady called Marlene Nelson.

She was born in Old Hutton in 1939 but was living in Sedbergh in her childhood.



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Her brother (my father) David James Mcgivern Nelson was born on Long Lane in 1944 there were 2 other brothers William Nelson and Ronnie Garnett.

She was last known to be living in the North East and any help on this issue would be helpful.

Regards
Paul Nelson, Kirkoswald 07484
789801



WALKING & CYCLING GROUP

Website To Close

Robert Powell,

The Sedbergh Gateway website was launched during the summer of 2014 as part of a cunning plan to bring more walkers and cyclists to Sedbergh and its shops and businesses. Unfortunately it seems that the Walking and Cycling Group no longer has the resources to fund the site and it will be closed down in January.

Looking on the bright side, the Walking page of the Sedbergh Gateway has been re-branded and transferred to Carole Nelson's Sleepy Elephant website, and I will be updating it as new walking guides,

blogs and videos come on-line. And of course I personally will have more time to pursue other, recently neglected, interests of my own (This is a cliché, but true).

On behalf of myself and the group's committee I should like to thank all those people who posed for photographs when out on the fells, supported the site by advertising on it, or took the trouble to keep me informed of changes to their business details, thereby helping me to keep the various accommodation and other directories up-to-date.

For much of the Sedbergh Gateway's existence there was a hit counter on the home page, and this showed a fairly consistent two-and-a-half to three thousand visits per year. This is of course a very crude statistic, but I like to think that, in its four-and-a-half year life, the Sedbergh Gateway did bring a little more prosperity (and maybe even some fun) to Sedbergh and the surrounding area. That at least was the intention.

Robert Powell, For the Sedbergh Area Walking and Cycling Group.



DIGGING FOR BRITONS

Community excavations
in the Lune Gorge, Tebay

Graham Hooley

As reported in the last Lookaround, Lunesdale Archaeology Society (LAS) is undertaking a major investigation of a prehistoric enclosure site in the Lune Gorge near the known Roman Fort at Low Borrowbridge funded by the Heritage Lottery Fund. The excavations were carried out from 26th September to 12th October and

revealed a complex site that had been occupied and modified over many years or centuries.

The early core of the site appears to be Iron Age, possibly dating from as early as 500 or 400BC. Typical of other similar sites in the North West there were no ceramic finds in this part of the enclosure making it difficult to date more precisely. Pottery from the period does not survive well in our region so cannot help with dating. The form of the structures uncovered, however, including round house footings and boundary banks, is strongly suggestive of the period before the Roman occupation. Next year we will return to this part of the site to look for organic remains (such as charcoal from fires or hearths) that

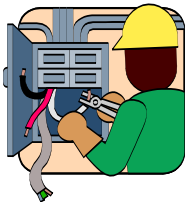
could help pin the date down more precisely. What we did find, however, was part of the base of a quernstone, used for grinding cereals. Querns such as this are typical of the Iron Age and continued to be used into the Roman period and later.

In an extension to the enclosure we uncovered the footings of a round house with the remains of a fire or hearth in situ. From this we were able to extract samples of charcoal that will now be sent for radio carbon dating at Durham University. This should tell us when the fire was last in use. Beyond the round house we discovered a cobbled surface with several fragments of broken pottery. These have also been sent for expert analysis but at first glance suggest the vessels date from the first to third centuries AD. This raises the intriguing possibility that the later occupants of the site were there at the same time as Roman soldiers occupied the fort at Low Borrowbridge some half a mile to the north, and may have been trading with them.

We plan to return to the site in May/ June next year to extend our trenches and target other features that look as though they could give us more clues about the people living there two thousand years ago. To find out more about the excavations and to see the results of these analyses as we get them please visit our website: www.lunesdale.wordpress.com/reports-and-pictures/high-carlingill-project/. You can also keep up to date with our progress by following us on Instagram (search for 'Lunesdale archaeology'). And if you would like to

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volunteer to help next year there are details of how you can get involved on the website. 

YORKSHIRE DALES NATIONAL PARK

'Good time' to apply for SDF grants

Andrew Fagg

The Yorkshire Dales National Park Authority is inviting applications to its Sustainable Development Fund (SDF), which still has nearly £90,000 in the pot for this financial year.

The SDF provides a simple and accessible source of money for a wide range of initiatives.

Recent projects to receive support include Garsdale Village Hall energy efficiency improvements; the restoration of the 19th century 'Book of Bridges'; a 'slow art' project in Swaledale; and a study on visitor traffic management at Malham.

The Authority's SDF officer, Andrea Burden, said: "The SDF is there to support projects that contribute in some way to helping conserve the natural beauty, wildlife or cultural heritage of the National Park, or promote opportunities for people to understand and enjoy those special qualities.

"It's a good time to apply to the fund. So far this financial year we have been able to allocate £85,907 to 15 projects. We would really welcome more applications and would support projects that look to provide multiple benefits and a good legacy."

Some of the grants offered this year include:


£15,820 for visitor infrastructure linking Cumbria Wildlife Trust's Smardale National Nature Reserve with Waitby Greenriggs Reserve
£9,560 for the refurbishment of the interior of Hawes Market House
£3,044 for new interactive displays telling the story of the National Park at Kirkby Lonsdale Tourist Information Centre.

£900 towards a new interpretation panel about the former lead mining industry at Hall Green in Arkengarthdale

Enquirers can get in touch by phone - 01969 652337 or by using the SDF email address –

SDF@yorkshiredales.org.uk.

An application form and a set of guidance notes can also be downloaded online: <http://www.yorkshiredales.org.uk/living-and-working/sdf>

The fund is open to individuals, community groups, businesses and the voluntary sector. 

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B4RN

coming to Sedbergh Town

Douglas Thomson

The all-important B4RN cabinet has now been installed just south of Sid's Barn. As you read this ducting and fibre is being connected to it that will supply the broadband service to

Millthrop, Frostrow, Cautley, Dowbiggin, parts of Marthwaite and Garsdale and the Town itself.

Progress has been steady and for some it may seem a tad slow. The ducting has had to be brought up all the way from Middleton avoiding the myriad of utility services that run to the south of Sedbergh. As I write permission is still awaited to cross the new gas pipe.

Birks, Abbot Holme and the Golf Club will be the first to be connected in Sedbergh as they are on the way up to the cabinet. The plan for the rest of the Town is to push out east and west from the cabinet to encircle it with fibre. It can then be fed into the various sectors of the Town – see <http://www.b4sa.org.uk/volunteers> . A challenging task but one we must achieve if Sedbergh is to thrive in this IT age. One town business is already moving from Sedbergh to Killington where the B4RN service is available. Others may soon follow if the service was not to come to the Town. Comcast, who have bought Sky, have confirmed that they intend to end the satellite service next year. This will further slow our BT service.

Interest by residents in Sedbergh in



having the B4RN service is increasing rapidly. Also estate agents report prospective house purchasers needing to know which houses have, or will have, B4RN's service before deciding to buy a house.

However, its development in Sedbergh much depends on you. So far two of us have done most of the field work supported by a few others carrying out essential tasks. For it to be a success in Sedbergh we need your help. Do contact me if you can help – douglas@ddathomson.co.uk . The field work is not arduous and can be done by both sexes and I am told I supply excellent tea and cake – even to a man hanging off Plank Bridge – see <https://www.facebook.com/b4saproject/> .



B4RN

Howgill and Marthwaite

Martin Stockdale & Mike Jordin

b4ws@gmx.co.uk

All those residents contemplating investing in the Howgill B4RN High Speed Broadband project, please make your investment on, or before,

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the 15th December 2018. It is at this point we will be able to ascertain whether the project is viable or whether the volunteers can stop working and abandon the project as being unviable.

For the Marthwaite project there is no deadline at present but we need considerably more investment to make the project worthwhile.

There are three investment options, any of which will help the projects to reach their goals:

Purchase ordinary shares in B4RN at £1.00 per share. A person purchasing 1500 shares and over will not be required to pay the £150.00 connection charge. All shares purchased are subject to a 30% tax rebate from HMRC. More information is available on the B4RN website.

Commit to purchasing shares if the project reaches its goal. Complete a share application form and submit it to B4RN with a cheque for the required amount and a covering note indicating that the application is to go into the "Holding Pen" for either Howgill or Marthwaite. The application form and cheque will then be held at the B4RN Offices until

such time as the project has reached its target. Each potential investor will then be contacted by a B4RN representative to inform the investor that the cheque for shares is about to be submitted to the Bank for clearing. However if the project does not reach the required funding level all cheques will be returned.

Dig for shares. Those landowners who wish to carry out the work of laying core route ducting will receive payment in B4RN £1.00 shares at the rate of 1.5 shares per metre of laid ducting. You must have all required equipment yourself and the work must be to an adequate standard. The shares so received will be eligible for all the benefits described above. To register to dig for shares please contact the volunteer coordinators or B4RN directly.

There are no technical issues standing between us and a B4RN connection to every household in the area, it is simply a matter of investment. If we miss this opportunity now, the volunteer teams will disband, B4RN will move their focus elsewhere, and we will be stuck in the dark ages for ever.

Please don't delay any longer!



IAN DAWSON

May I thank all of those that have wished Heather and I a long and happy retirement. We have been touched by the overwhelming messages of goodwill.

We have had the great fortune to work and live in a very special community and in a stunningly beautiful area. It seems like only yesterday that we stopped at the top

of Black Horse hill and surveyed the 'promised land'! In fact it was 39 years ago. I am doubly fortunate to have passed on the provision of dentistry to the very accomplished Ben Houghton and his team.

Like many other retirees we have made a decision to downsize. But as we both felt that moving away would be a mistake so, if all goes well, we intend to soon move closer to Sedbergh to continue our involvement in it's special community.



COLIN'S SEAT

Hilary Hodge

A number of people in Sedbergh kindly sent me messages, usually via Sarah Lewis, that the seat which we had put on the fell for Colin was falling apart. I know that it has been a popular spot to sit, admire the view and contemplate the beauty of the surrounding area, which of course I now very much miss.



Recently I visited with my son and we have replaced the seat with a sturdier one with the following inscription "In loving memory of Colin Barnett 1929 -2010 - Sit here a while and enjoy the view he loved so much" So I hope many of you will enjoy

doing so.



CHRISTMAS SERVICES

Not included on the Services Pg 110

Saturday 15th December

Hawes Junction Methodist Chapel -

Carols by Candlelight 7.30pm

Monday 17th December

St John's Church, Garsdale -

Garsdale Carols 7pm

Thursday 20th December

St. John's Church, Cowgill - Carols by

Candlelight 7pm

Christmas Eve – Monday 24th December

Cornerstone Community Church, New Street, Sedbergh- Christingle 6pm

St. Andrew's Church, Sedbergh- Nativity Play 6pm

St. Andrew's Church, Dent- The Blessing of the Crib (a service especially for children) 6.30pm

Roman Catholics (at St. Andrew's, Sedbergh)- 8pm Mass

St. Andrew's, Sedbergh – Christmas 'Midnight' Communion 11pm

Christmas Day - Tuesday 25th December

St. John's Church, Cowgill - Holy Communion 9.00am St Mark's

Church, Cautley - Holy Communion 9.30am

St John's Church, Garsdale- Service of the Word 10.00am St John's

Church, Firbank - Holy Communion 10.30am

St. Andrew's Church, Sedbergh - Holy Communion 10.30am

St. Andrew's Church, Dent - Holy Communion with carols 10.30am

Cornerstone Community Church, New Street, Sedbergh- Christmas Celebration 10.30am





SEDBERGH SCHOOL



We often have vacancies for Kitchen and Cleaning Assistants, and for other roles from time to time. Some roles are based in Sedbergh, and others are at Casterton (Sedbergh Prep School).

If you would like to work for Sedbergh School, then please complete an Application Form and return it to the address below, indicating what sort of work you are seeking. If we have suitable work available, we will contact you and invite you to come for an interview.

You can collect an Application Form from the Bursary, download one from the School's website www.sedberghschool.org or request one by sending an email to

Maria Gallego-Calderón, HR & Recruitment Administrator
at HRAdmin@sedberghschool.org or by ringing 015396 20303.

Also check the School's website regularly for details of individual posts as they arise.

Please return completed Application Forms by email to HRAdmin@sedberghschool.org, by returning them to the Bursary or by post to HR Administrator, The Bursary, Loftus Hill, Sedbergh, LA10 5RY.

We look forward to hearing from you.

NORTH WEST AIR AMBULANCE

'Working' Retirement

Dorothy Blair

When I retired earlier this year I decided that I would use all the wool and materials I had accumulated over the years from knitting and sewing projects. I mentioned this to a number of friends and typical Sedbergh I received lots of wool and materials, so I have knit scarves of all sizes and colours, aprons of many sizes and colours and handy shopping bags.

I decided that I would hold a stall at the late night opening in Sedbergh which will be 5th December and the last Artisan Market of the year which will be held on 15th December.

As most of the wool and materials have been donated to me I have decided that all proceeds of sale on both dates will be donated to the NWAA. I will myself meet any expenses as my donation to the N.W.A.A.

A number of friends have also decided to make items and contribute them the stall and to those I say a huge thank you for your encouragement. I will name them in an article in Lookaround following both events.

I hope you have time to visit my stall and you feel able to purchase something and enable me to make a reasonable donation to the N.W.A.A.



COMMUNITY OFFICER REPORT

Marion Jeffery

Here's the crimes for October along with the dates they occurred.

05/10/2018, SEDBERGH, Criminal Damage to building

08/10/2018, GARSDALE, Assault

08/10/2018, DENT, Theft of car battery

10/10/2018, SEDBERGH, Theft of metal

13/10/2018, DENT, Theft of scrap

14/10/2018, SEDBERGH, Criminal Damage to building

18/10/2018, SEDBERGH, Assault

22/10/2018, SEDBERGH, Theft of purse

26/10/2018, GARSDALE, Theft of paving slabs

29/10/2018, SEDBERGH, Theft of collection box

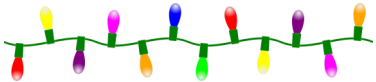
Any questions please contact me"

Marion Jeffery CSO 5383

South Lakeland, Kendal Police

Station, Busher Walk, Kendal LA9 4RJ

T: 101, option 2, ext 45383

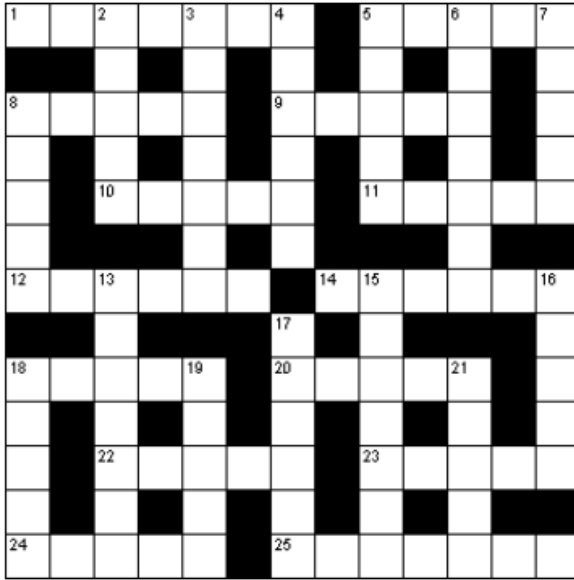


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	9					4	1	
					9			
	3	7				6	4	
				8				
	6	2					8	
3	1		6					2
			7					6



Across

- 1. Sent iced tea as a lure, essentially (7)
- 5. Loose ends (5)
- 8. Exercises authority over regulations (5)
- 9. Hang on a minute, sounds like animal feet (5)
- 10. Found in any long fabric (5)
- 11. Flown in the wind like hawks (5)
- 12. Time out corner (6)
- 14. Keep bees in Western Somoa, endless cereal grass (6)
- 18. Take a chance first off, its a stroll (5)
- 20. Sounds like a way in to worship (5)
- 22. Quick rhyming music, who's who in short (5)
- 23. Musical passage contains main trombone (5)
- 24. All involved in veto talk (5)
- 25. Provokes with sharp points (7)

Down

- 2. Essential to claw back capital only (5)
- 3. Keeps making chess move (7)
- 4. Audibly rely on part of a swimming pool (8)
- 5. Elephant part makes a strong case (5)
- 6. Inactivity in finer tiara (7)
- 7. Delivers vessels (5)
- 8. Jolly pirate emblem (5)
- 13. Show some America bar ethics (7)
- 15. Distorted cross section of peril (7)
- 16. Online search for brute in Gulliver's Travels (5)
- 17. Official battle hideaway (6)
- 18. Part of a leg currently in progress (5)
- 19. Throw out complex pelicans, essentially (5)
- 21. Find praise in next oldest (5)

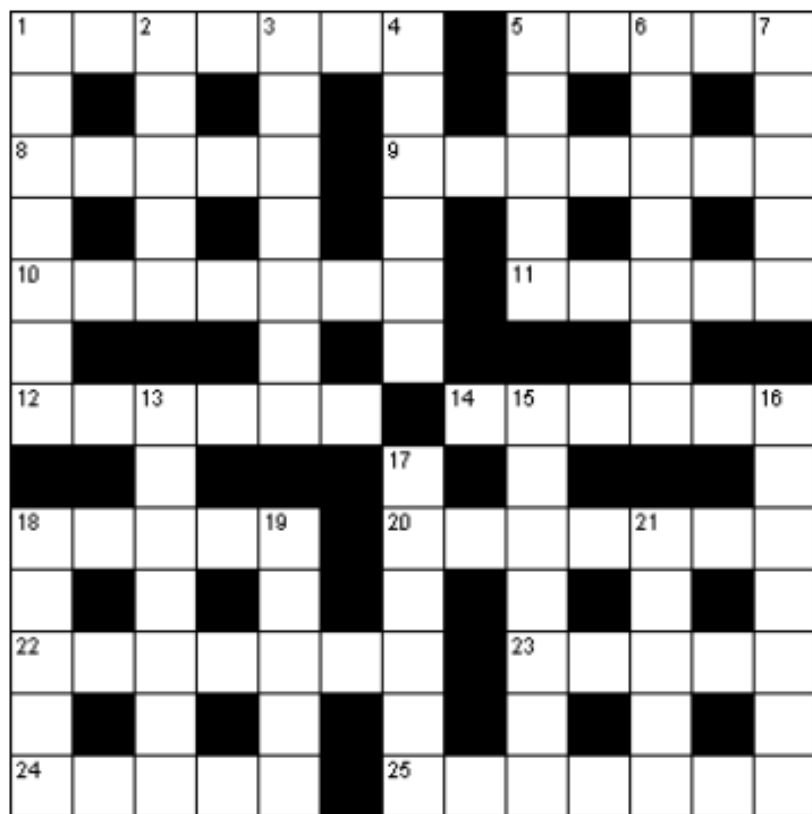


Merry Christmas

Each letter in this puzzle is represented by a number 1-26.
 Can you crack the code and solve the crossword? Every letter of the alphabet is used at least once. Three letters are already in place to get you started.

9	8	16	12	9	11		16	19	9	16	12	
8		17		15		22		9		12		6
22	21	22	2	10	6	21		5	21	16	7	26
23		21		23		12		Q		18		9
1	23	17	9	11		25	20	9	10	9	15	10
		24				1		6				7
16	24	9	8	7	1		6	10	2	10	7	3
11				2		6				4		
7	16	21	6	10	2	7		11	23	23	8	1
23		25		16		23		16		13		23
14	16	25	2	17		4	16	20	11	23	7	26
9		9		9		11		14		11		9
	13	20	2	11	11		14	16	8	17	16	11

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26



Across

1. Large house (7)
5. Pieces of information (5)
8. Profits (5)
9. Gruesome (7)
10. Retaliated (7)
11. Form of transport (5)
12. Hostility (6)
14. Stick (6)
18. Permit (5)
20. Sincere (7)
22. Creatures (7)
23. Doctrine (5)
24. Ledge (5)
25. Sweet (7)

Down

1. Tycoon (7)
2. Dissonance (5)
3. Perceptiveness (7)
4. Wanderers (6)
5. Aspect (5)
6. Vegetable (7)
7. Austere (5)
13. Discomfort (7)
15. Mocks (7)
16. Pull out (7)
17. Stopped (6)
18. Accumulate (5)
19. Dock (5)
21. Bird of prey (5)

PERSONAL & SMALL ADS £1

EDWARD HARTLEY

The family of the late Edward Hartley would like to thank family and friends for cards and flowers, their kindness and support at this sad time. We would also like to thank Sedbergh Medical Centre, T N Hodgson & son for fulfilling his wishes, Country Catering, Rev. Andy McMillan, Rev. Judith Bush and Roger Bush. Total donations received £660 divided between North West Air Ambulance and Dentdale First Responders.

=====

EDITH WOOF

Bryan Woof and family would like to say thanks to JJ Martin Funeral Directors for the service and thank you Julie and Judith, country caterers who provided refreshments in the School room. June Allen for the beautiful flower arrangements in the Chapel and anyone else who helped. To all who offered Sincere Condolences. We were overwhelmed by the Sympathy cards, support and offers of help. Also many thanks for the kind donations for The Great North Air Ambulance and Make a Wish Children's Charity.

=====

MICHELLE MIDDLETON

I would like to say a massive Thank You to everyone who gave me Cards & Presents for my **40th Birthday**. What an absolute amazing night we had. A special Thank Yiu to Steve, CJ, Sienna, Jody & Pippa for planning & puling off the surprise Party. Love you all. XXXXX

FOR SALE

Men's Giant Bike - Cypress 18 gears, Shimano Brakes, 27" wheels. Light Grey. Bought new, £349. Used only once. Offers over £100. Ladies Giant Bike GSR Trekking, 18 gears, Shimano Brakes, 27" wheels, light grey. Bought new, £349. Used only once. Offers over £100. e-mail: esgreenhalgh@sky.com

=====

FOR SALE

Suzuki Jimmy 2005 £2100 ono. Please call 07958 589743 after 5pm.

=====

Christmas Messages

=====

AIREY

Rose would like to wish friends and neighbours a happy Christmas and New Year.

=====

ALLAN FAMILY

Best wishes to everyone for a Merry Christmas & Health & Happiness for 2019. Ann & Bill.

=====

CAMPBELL

Maurice & Raymond would like to wish all their friends and relations a Happy Christmas and a Prosperous New Year.

=====

CAPSTICK

John and Sheila would like to wish family and friends a Merry Christmas and a Happy New Year.

CERVETTI

A very big "Thank You" and a very "Merry Christmas" to all my clients, to all who attend my Healthy-Steps classes at Sedbergh Methodist Hall (9 years in January) and at Barbon village hall (8 years) and to our fantastic editor Dennis Whicker for publishing all these adverts over the years! Yvonne.

=====

COWIN

Diane Would like to wish her Family & Friends a Very Merry Christmas & A Happy New Year.

=====

DAWSON

Jenny sends Christmas Greetings to family and friends. May 2019 be one of Love, Joy & Peace.

=====

DEVINE

Georgina wishes Merry Christmas to Laura Garnett & family and to all her friends in Sedbergh & Dent.

=====

DOUGLAS

Gladys would like to wish all her friends & neighbours a very Happy Christmas and healthy & Prosperous New Year. Special wishes & thanks to Helen, Kay and the PPA team.

=====

HALL

Judy and Allan would like to wish friends and neighbours a happy Christmas and New Year.

=====

MIDDLETON

Steve, Michelle, CJ, Sienna, Jody & Pippa would like to wish all their family & friends a Very Merry Christmas & A Happy New Year.

POSTLETHWAITE

Peggy would like to wish family and friends in and around Sedbergh a very Merry Christmas and a happy New Year.

=====

RAW

Edna would like to wish all friends & neighbours a Happy Christmas & best wishes for the New Year.

=====

SKILL

Zander & Elizabeth wish all friends & neighbours a Very Happy Christmas & Best Wishes for a Healthy New Year.

=====

STEADMAN

Garth & Jean wish our friends a very Merry Christmas and a Happy New Year.

=====

TATT

Patricia wishes all friends & neighbours are very Happy Christmas and good health & happiness for the New Year.

=====

TODD

Margaret would like to wish all family and friends a Merry Christmas and a happy New Year.

=====

EDITORS COMMENTS

Well here we are after almost 33 years.

Lookaround started as an idea in my head in 1984 and came to fruition in March 1986 with 4 pages and my, how it has grown into what must be one of the best community publications in the country. This is largely down to everyone that has contributed over the years with all

their Stories, Articles Events and Adverts which has made every issue a good read.

During those 33 years, I know that I have upset a few people because of the contents and from those upsets, I have learnt and they have not been repeated but I do apologise to all those that were affected. With hundreds of thousands of entries over the years, I think that there were 5 that caused upsets.

A big Thank You to everyone for their contributions over the years and for all the recent very kind words levied towards myself and Jacky. They are all very much appreciated.

The New Team, headed by Dr Myles Ripley, has been working hard behind the scenes and have produced 'Ghost Copies' of the November and December issues and I don't think that you, the reader, will be disappointed in what they produce in February. However, I made many mistakes over the years and I am sure the new Team will (inadvertently) do the same so please be patient with them and if you see anything that is incorrect, don't criticize but politely let them know so that they don't repeat it.

PHONE NUMBER

The Landline 21960 no longer exists from now so any calls to this number cannot be taken.

The Mobile Number (as on the Front Page) can be easily remembered If you type in 0 (zero) PIN GUY KICK, you will be entering the number which is 07464 895425.

MEETINGS

The next Meeting for the Team will be the AGM which will be held in the

White Hart Club from 7:30pm on Monday 7th January when everyone is invited to attend to see/meet the new Team and offer any help or suggestions for future issue.

CALLING ALL ADVERTISERS

From the new Lookaround Team.

We will shortly be contacting all regular advertisers to invite you to set up new contracts for 2019.

New advertisers are of course always welcome too.

Please see our terms and conditions, prices etc following this information

Looking forward to working with you in the New Year.

LOOKAROUND INFORMATION

The following information is current but some details may change with the new Team. Please see the February issue for any updates.

The Sedbergh & District Lookaround is/was edited, published & distributed monthly by Dennis & Jacky Whicker & is printed by Stramongate Press. The content of The Lookaround does not reflect the views of the Editors.

Whilst every effort is made to ensure that information is correct, the Editors cannot accept any responsibility for any inconvenience caused through errors or omissions. If there is an error with your article or advert, it is your turn this month in amongst hundreds of entries each month.

Current Copies are available from Sedbergh Information Centre, Sedbergh Mini Market, Post Office, Spar, Dent Stores & Barbon & by Post (please enquire). *Back Copies* are available to read at the History Society Archive at 72 Main Street.

(Continued on page 102)

All items for Lookaround must be sent to 72 Main Street, Sedbergh or deposited in the Lookaround Post Box there or sent to editor@sedberghlookaround.org.uk

ARTICLES

All articles and reports are inserted for free and photographs are included pending on space. Could text be submitted either typed out or written in BLOCK CAPITALS as sometimes, it can be difficult to establish what is written.

ADVERTISING

For the benefit of advertisers, the following information will assist you.

If you wish to place an Advert in Lookaround, please include the correct money or cheque with the details & place it in the Post Box. A receipt will be issued & left in the Lookaround Tray in the Office for collection or include a SAE.

Our distribution area is the LA10 Postal District which is Sedbergh & the surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue is in full colour. All copies have a full colour cover to indicate a new issue & photographs are requested from our readers who will be credited.

We do not have whole page adverts but will allow two half page adverts opposite each other.

The Front Page is given priority to Event Adverts relevant for the appropriate month.

You can supply the information & we can create an advert for you. You can

supply an example in hard copy & we will reproduce it (please mention if a particular Font is required). You can supply an original using Microsoft Publisher, a Word, a jpg (preferred) or as a PDF (*although the quality is reduced when importing it*).

If you order numerous adverts, the content can be the same every month or it can change if you are seasonal.

The closing date for everything is 15th of every month.

Advertising rates have been updated: December 1991, December 1995, March 1997 & August 1999 (*Over 18 years ago.*)

PERSONAL MESSAGES

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items - not on a business basis, & also make an appeal for wanted items.

Details with respect to people Passing Away are inserted for free.

Please submit legible writing as many mistakes have been made in the past due to not being able to read the text properly.

GROUPS AND ORGANISATIONS

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large

(Continued on page 103)

8	1			4				7
				9				5
	5							3
				9	2	6		
		9				7		
		3	5	6				
	2							4
1			6					
7				3				2 8

printing expense every month. We feel that the Advertising Rates are very reasonable (for the last 18 years). All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in Lookaround & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole year).

We respectfully request payment with ordering. Please make cheques payable to "Sedbergh & District Lookaround".

Payments by BACS can also be made.

CAN YOU PLEASE INCLUDE THE INVOICE NUMBER WHEN PAYING BY BACS?

This account is valid from June 2017.

Account: Lookaround
 Account Number: 90931551
 Code: 20-45-45
 Reference: Invoice Number, your name or reference.

PLEASE NOTE THAT THESE BANK DETAILS WILL CHANGE IN FEBRUARY

CHILDREN'S BIRTHDAYS

Children's Birthdays are included free on the Birthday Page until their 11th Birthday.

Every month, a randomly selected child will receive a £10 Gift Voucher to be used in Sedbergh or Dent from Lookaround who will receive it by post. For this reason, we require the postal address of each child. If we have no address, they are unable to receive it.

If anyone or any business would like to Sponsor the Birthday Voucher, please contact us. Full credit will be given.

COVER PICTURES

If you have any suitable pictures to go onto the Cover of Lookaround, please send a High Quality copy with the location and your name and you will be credited. Please remember that the picture will be split into two by the Spine so try and get a picture of two halves.

Dennis J Whicker

Organisation	Updated	Contact	Tel:	015396
Age UK South Lakeland	07/18	Helpline	030 300	30003
Aglow International	04/15	Mrs Armitstead	015242	71062
Allotments Association - Dent	02/14	Mrs Owen	Dent:	25505
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	09/14	Mr Morrison	Sed:	20209
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	04/15	Mrs Pauley	015242	51549
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Mrs Killops	Sed:	20279
Bridge Club	01/09	Mr Estensen	Sed:	21060
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Christian Aid	11/17	Mrs Thompson	Sed:	22023
Citizens Advice Bureau	12/16	Kendal	03444	111444
Community Orchard Group	06/16	Mrs Parratt	Sed:	20964
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cornerstone Community Church Rooms	01/09	Mrs Haworth	Sed:	20428
Cricket Club - Sedbergh	02/15	Mr Hoggarth	01539	583793
Cumbria Wildlife Trust	01/09	Mrs Garnett	Sed:	21138
Dementia Friendly Community	10/18	Dr Ripley	mylesripley@btinternet.com	
Dentdale Choir	04/17	Mr Feltham	Dent:	25689
Dentdale Head to Foot	04/17	Mr Steele	Dent:	25054
Dent Meditation Centre	09/14	Mrs Brooke	07582	017396
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dentdale Players	01/09	Mr Duxbury	Dent	25535
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Farfield Mill Arts & Heritage Centre	10/18	Mrs Mowbray	Sed:	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
First Responders - Dent	01/09	Mrs Pilgrim	Dent:	25589
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	11/17	Mr Todd	07979	569428
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Gala Group - Sedbergh	06/13	Mr Kernahan	Sed:	20733
Garsdale Village Hall	11/16	Mrs Labbate	Sed:	22114
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Help Tibet Northern Branch	01/09	Mrs Howarth	Sed:	20090
History Society	01/09	Mr Cann	Sed:	20771
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/17	Mrs Houghton	admin@howgillharriers.co.uk	
Howgill Toddlers	01/09	Mrs Alderson	Sed:	22050
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Kent Lune Trefoil Guild	12/13	Mrs Gilfellow	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	10/18	Dr Ripley	mylesripley@btinternet.com	
Labour Supporters Group	12/17	Mr Cross	Sed:	22566

Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Little People	12/14	Mrs Suttle	07810	833478
Lunch Club	03/18	Mrs l'Anson	Sed:	21757
Lunesdale Archaeology Society	11/18	Committee lunesdale.archaeology@gmail.com		
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Orchestra (Sedbergh)	11/11	Mrs Smith	Sed:	21196
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	04/17	Mr Thornley	Dent:	25185
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170
Parish Council - Sedbergh	08/16	Mrs Hassam	07966	134554
People's Hall	08/15	Sleepy Elephant	Sed:	21770
Pepperpot Club - Sedbergh	01/09	Mrs Smith	Sed	21196
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Pulse Gym	03/10	Mrs Gold-Wood	Sed:	21808
Red Squirrel Group - Sedbergh	04/17	Mr Hopps	07870	785322
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Rose Community Theatre	08/15	Mrs Gold-Wood	Sed:	21808
Schools				
Dent Primary	03/13	School	Dent:	25259
Dent Primary - Friends of	03/13	School	Dent:	25259
Sedbergh Primary	01/09	School	Sed:	20510
Settlebeck	01/09	School	Sed:	20383
Settlebeck PTFA	04/15	Mr Hartley	Dent:	25317
Sedbergh School	01/09	School	Sed:	20303
Scouts - Beavers	11/15	Mr Mawdsley	Sed:	20723
Scouts - Cubs	11/15	Mr Mawdsley	Sed:	20723
Scouts	01/09	Mr Mawdsley	Sed:	20723
Scouts - Explorers	11/15	Mrs Colton	07789	906421
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613
Sing Joyfully! (Casterton)	09/16	Mrs Micklethwaite	07952	601568
South Lakeland Carers Association	01/09	Mrs Woof	Dent:	25212
Spellbound Theatre	11/17	Miss Pakeman	Sed:	21279
Squash Club	10/15	Mr Bannister	Sed:	21664
Swimming Club	03/16	Mrs Thexton	kate574@btinternet.com	
Swimming Group for Over 50's	09/18	Mr Beare	Sed:	21339
Tennis Club	01/09	Mr Robinson	Sed:	21014
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group	09/14	Mrs Garnett	Sed:	21138
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
Voluntary Car Scheme	11/18	Mrs Skomp	Sed:	20305
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	01/09	Mrs Gold-Wood	Sed:	21808
Women's Institute - Dentdale	06/14	Mrs Belfield	Dent:	25775
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	12/13	Mrs Kernahan	Sed:	20733
Yoga	11/16	Mrs Henedy	Sed:	20899
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	11/15	Miss Thompson	07590	115844
Young Kidz	01/09	Mrs Baines	Sed:	21287

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect, please let us know.

BUS SERVICES

Sedbergh to Blackhall Rd, Kendal via Oxenholme					Blackhall Rd, Kendal to Sedbergh via Oxenholme				
Depart	Arrive				Depart	Arrive			
0754 (C, L)	0838	M - F	502	SCC	1030	1056 (L)	M - F	564	W
0940 (L)	1010	M - F	564	W	1300	1330 (L)	Wed	564A	W
1015 (L)	1045	Wed	564A	W	1330	1356 (L)	M - F	564	W
1240 (L)	1310	M - F	564	W	1705 (C)	1745 (L)	M - F	502	SCC
Sedbergh to Kirkby Stephen					Kirkby Stephen to Sedbergh				
1749 (L) (C)	1819	M - F	502	SCC	0728 (C)	0754 (L)	M - F	502	SCC
Sedbergh to Kirkby Lonsdale					Kirkby Lonsdale to Sedbergh				
0945 (L)	1018	Thu	567A	W	1215	1248 (L)	Thu	567A	W
Sedbergh to Dent					Dent to Sedbergh				
1330 (L)	1345	Wed	564A	W	1000	1015 (L)	Wed	564A	W
					Last Update: May 2018				
L = Library					SCC = Stagecoach				
C = College Days Only					W = Woof's of Sedbergh				
<i>Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.</i>									
For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)									

Western Dales Bus S1 Kendal Shuttle Saturdays from 23rd June 2018 ufn							
Kendal Morrisons		11.18	12.38	14.38			
Kendal Blackhall Road Bus Stn G	08.35	11.23	12.43	14.43	16.18		
Kendal K Village	..	11.28	16.25		
Oxenholme Station	..	11.33	16.30		
Killington M6 Bridge	08.50	11.43	12.58	14.58	16.40		
Sedbergh Dalesman	09.00	11.53	13.08	15.08	16.50	18.19	
Sedbergh Maryfell	..	11.55	13.10	15.10	16.52	18.21	
Dent Village	09.15		13.25		17.07	18.36	18.46R
Dent Station	09.30				17.22		19.01R
<i>Dent Station</i>							
<i>Train from Leeds</i>		09.15				18.15	19.42
<i>Train from Carlisle</i>		09.06				17.34	19.38
Dent Station		09.35				17.37	19.01R
Dent Village		09.50		13.28		17.52	19.16R
Sedbergh Maryfell	08.00	10.05	11.58	13.53	15.45	18.07	19.31R
Sedbergh Library	08.02	10.07	12.00	13.55	15.47	18.09	19.33R
Killington M6 Bridge	08.12	10.17	12.10	14.05	15.57		
Oxenholme Station	08.22	10.27	..	14.15	..		
Kendal K Village	08.27	10.32	..	14.20	..		
Kendal Blackhall Road Bus Stn	08.33	10.38	12.25	14.26	16.12		
Kendal Morrisons		10.43	12.30	14.31			
R= calls on request only The 0935 from Dent Station will wait up to 10min beyond the scheduled departure for a late running train from Leeds.							

BUS SERVICES

Western Dales Bus S4 Kirkby Stephen Connect
from Thursday 21st June 2018 ufn R = Request only

	Thurs	Fri	Fri	Fri	Fri	
Dent			10.25		14.25	
Sedbergh, Spar			10.39	12.44	14.39	
Sedbergh, Dalesman	09.00		10.40	12.45	14.40	
Sedbergh, Maryfell	09.02		10.41	12.46	14.41	
Cautley, Cross Keys	09.10		10.48	12.53	14.48	
Fat Lamb	09.18		10.54	12.59	14.54	
Kirkby Stephen Station arr	09.24		11.01	13.06	15.01	
<i>Trains from Leeds to Carlisle</i>			11.06	12.35	15.01	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep	09.24		11.07	13.08	15.03	
Kirkby Stephen Town	09.29		11.12	13.13	15.08	
Kirkby Stephen Co-op	09.30		11.13	13.14	15.09	
Brough, Clock			11.21	13.22	15.17	
		Fri	Fri	Fri	Fri	Thurs
Brough, Clock			11.26	13.27	15.21	
Kirkby Stephen Co-op			11.34	13.35	15.30	16.35
Kirkby Stephen Town			11.35	13.36	15.33	16.36
Kirkby Stephen Station arr			11.40	13.41	15.38	16.41
<i>Trains from Leeds to Carlisle</i>			-	-	-	
<i>Trains from Carlisle to Leeds</i>			11.46	-	15.46	
Kirkby Stephen Station dep			11.47	13.43	15.48	16.41
Fat Lamb			11.54	13.50	15.55	16.48
Cautley, Cross Keys			12.00	13.56	16.01	16.55
Sedbergh, Maryfell			12.07	14.03	16.08	17.03
Sedbergh, Library		10.05	12.08	14.04	16.09	17.05
Sedbergh, opp. Morphets		10.06	12.09	14.05	16.10	
Dent		10.20	-	14.19	-	

Thurs = Thursday only Fri = Friday Only

7	2	4	5	1	6	8	3	9
9	8	3	2	4	7	6	1	5
1	5	6	8	9	3	2	4	7
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8	7	9	4	6	5	3	2	1
6	3	1	9	8	2	5	7	4
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8	6	2	4	7	5	3	9	1
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6	8	4	5	9	7	1	2	3

BUS SERVICES

S4/S5 Sedbergh – Kirkby Stephen – Ravenstonedale - Kendal via M6 Killington and Castle Green
Thursday Only commencing Thursday 21st June 2018 until further notice

Dalesman	09.00		
Sedbergh, Maryfell	09.02		
Cautley, Cross Keys	09.10		
Fat Lamb	09.18		
Kirkby Stephen Station entrance	09.24		
Kirkby Stephen Market Place	09.29		
Kirkby Stephen Co-op arr	09.30		
Kirkby Stephen Co-op dep	09.35	11.45	14.35
Kirkby Stephen, Market St	09.36	11.46	14.36
Kirkby Stephen Station entrance	09.41	11.51	14.41
<i>Trains from Leeds to Carlisle</i>	<i>09.34</i>	<i>11.06</i>	<i>15.01</i>
<i>Trains from Carlisle to Leeds</i>	<i>09.20</i>	<i>11.46</i>	<i>14.55</i>
Ravenstonedale, Kings Head	09.47	11.57	14.47
Newbiggin on Lune	09.50	12.00	14.50
Tebay roundabout	09.58	12.08	14.58
Killington M6 bridge	10.08	12.18	15.08
Kendal, Castle Green	10.17	12.27	15.17
Kendal, Blackhall Road	10.22	12.32	15.22
Kendal, Morrisons	10.27	12.37	15.27
Kendal, Morrisons	10.38	13.28	15.38
Kendal, Blackhall Road	10.45	13.35	15.45
Kendal, Castle Green	10.50	13.40	15.50
Killington, M6 bridge	10.59	13.49	15.59
Tebay roundabout	11.09	13.59	16.09
Newbiggin on Lune	11.17	14.07	16.17
Ravenstonedale, Kings Head	11.20	14.10	16.20
Kirkby Stephen Station entrance	11.27	14.17	16.27
<i>Trains from Leeds to Carlisle</i>	<i>11.06</i>	<i>15.01</i>	<i>17.03</i>
<i>Trains from Carlisle to Leeds</i>	<i>11.46</i>	<i>15.55</i>	<i>16.46</i>
Kirkby Stephen, Market Place	11.33	14.23	16.33
Kirkby Stephen Co-op arr			16.34
Kirkby Stephen Co-op dep			16.35
Kirkby Stephen Market St			16.36
Kirkby Stephen Station entrance			16.41
Fat Lamb			16.48
Cautley, Cross Keys			16.55
Sedbergh, Maryfell			17.03
Sedbergh, Library			17.05

DENT RAILWAY STATION TIMETABLE

Valid until 8th December

Northbound to Carlisle For Garsdale times, add 5 minutes			Southbound to Leeds For Garsdale times, subtract 5 minutes		
M-F	Sat	Sun	M-F	Sat	Sun
06 47	07 51	10 34	07 05	09 06	10 40
09 15	09 15	11 01 *	09 38	10 41	14 05
10 48	10 48	13 55	12 10	12 10	16 18 #
12 17	12 17	15 52	16 04	16 04	18 41
14 43	14 43	17 47	17 35	17 35	19 03 *
16 45	16 45	20 19	19 38	19 38	20 27
18 15	18 15				
19 44	19 44				

* = Dales Rail Services until 9th September to/from Blackpool

= To Nottingham

Regular Events/Meetings			
1000	Every Sunday	Free Entry to Locals	FM
1600	3rd Sunday	Messy Church	CCCN
1000	Every Monday	Wild Goose Qigong	CCCM
1030	Every Monday	Sedbergh Songsters	GH
1730	Every Monday #	Brownies	CCCN
1400	1st Monday	Bridging the Gap	MC
1930	1st Monday	Dent Parish Council	DMH
1930	1st Monday	People's Hall	PH
1900	3rd Monday	Chamber of Trade	PH
1430	Last Monday	Tea & Company	CCCN
0930	Every Tuesday	Drop-in & Relax	MCD
1215	Every Tuesday	Over 50's Swimming	SS Baths
1300	Every Tuesday	Howgill Toddlers	HVH
1330	Every Tuesday	Knit & Natter	GH
1830	Every Tuesday	Cub Scouts	SHQ
1830	Every Tuesday	Swimming Club	SS
1930	Every Tuesday	Bridge Club	WHC
1400	2nd Tuesday	Killington WI	PH
1400	3rd Tuesday	Sight Advice Sth Lakes	PH
1930	3rd Tuesday	Ladies NFU	PH
0830	Every Wednesday	Sedbergh Market	JLCP
1000	Every Wednesday	Coffee Morning	CCCM
1000	Every Wednesday	Yoga for All	HVH
1315	Every Wednesday	Art Society	PH
1730	Every Wednesday	Sedbergh Juniors	PH
1730	Every Wednesday #	Beaver Scouts	SHQ
1900	Every Wednesday	Sedbergh Town Band	SSBR
1930	Every Wednesday	Sedbergh Seniors	PH
1930	1st & 3rd Wednesday	History Society (Winter)	SSAT
1915	2nd Wednesday	Dentdale WI	DMH
1930	2nd Wednesday	Sedbergh WI	PH
1830	Every Thursday	Swimming Club	SS
1800	Every Wednesday	Yoga for All	SPS
1400	1st & 3rd Thursday	Child Health/Baby Club	PH
1430	Every 2 weeks	Cameo Club	CCCN
1430	1st Thursday	Afternoon Cream Tea	Duo
1930	1st Thursday	Howgill WI	FCH
1200	2nd Thursday	Age UK Lunch Club	Dalesman
1915	2nd Thursday	Royal British Legion	WHC
1930	2nd Thursday	Sed. Parish Council	PH
1100	Every Friday	Mindfulness Course	MCD
1700	Every Friday #	Barrel of Fun	StAS
1800	Every Friday	Cub Scouts	SHQ
1930	Every Friday	Scouts & Explorers	SHQ
1330	1st Friday	Dentdale Club	DMH
1000	Every Saturday	Swimming Club	SS

= School Term Time Only
See Group Page for contact details & Diary Page for Keys

PLACES OF INTEREST TO VISIT IN THE AREA
Bowling Green, Queens Gardens
Bruce Loch Nature Area, Busk Lane
Cautley Spout, A683 towards Kirkby Stephen
Community Office, 72 Main Street
Cornerstone Community Church, Main Street
Cornerstone Community Church, New Street
Cumbria Wildlife Trust, Community Office
Dent Heritage Centre, Laning, Dent *
Farfield Mill, A684 Garsdale Road * <i>Free to LA10 Residents on Sundays</i>
Friends Quaker Meeting House, Brigflatts
George Fox's Quaker Pulpit, Firbank
Golf Club, Catholes, Sedbergh *
Information Centre, 72 Main Street
History Society, Community Office
Holme Working Farm, Middleton *
Holy Trinity Church, Howgill
Jubilee Wood Nature Area, Castlehaw Lane
Langstone Fell, A684 Garsdale Foot
Motte & Bailey Castle, Castlehaw Lane
Pepperpot Folly, Busk Lane
Picnic Site, Ghyllas, Cautley Road
Picnic Site, Settlebeck New Bridge
Play Ground, Dent Village
Play Ground, People's Hall
Play Ground, Maryfell
Queen's Gardens, Station Road
St. Andrew's Church, Dent
St. Andrew's Church, Main Street, Sedbergh
St. Gregory's Church, Vale of Lune
St. John's Church, Cowgill
St. John's Church, Firbank
St. John's Church, Garsdale
St. Mark's Church, Cautley
Sedbergh Embroidery, StAS
Tennis Courts, Guldrey Lane
Winder Fell, above Sedbergh

* = Entry Fee Applicable

Combined plans for Western Dales Mission Community - December 2018 - Also see Page 93

For Services in January, please see Church Notice Boards

	Time	2nd	9 th	16 th	23 rd	30 th
St. Andrew's, Sedbergh LA10 5BZ	8am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Gary Wemyss HC-BCP	Andy McMullon HC-BCP	Gary Wemyss HC-BCP
St. Andrew's, Sedbergh LA10 5BZ	10.30pm	United Service Andy McMullon	Gary Wemyss HC	Christine Brown HC	Andy McMullon & Judith Bush FS Carols	At Cornerstone United Service
Cornerstone Community Church, Sedbergh LA10 5AF	10.30am	United Service at St. Andrew's or People's Hall	Richard Teal & David Crouchley	David Crouchley HC 4pm- Messy Church 6.30pm- Town Carol Service	David Crouchley	Sarah Moore
People's Hall Sedbergh LA10 5DQ	10.30am	Angela Mills				
St. Mark's, Cautley LA10 5LZ		2.30pm Andy McMullon HC	9.30am Judith Bush MP-NC	At Sedbergh	2.30pm Judith Bush Carols	At Cautley Methodist Chapel
Cautley Methodist Chapel LA10 5LY	11am	Gordon Middleton	Chris Fawcett	Sarah Crouchley	June Allen	Philip Nolan United Service
St. John's, Garsdale LA10	10am	United Service Judith Bush HCx	At Garsdale Street United Service	At Garsdale Low Smithy United Service	Gary Wemyss HC	A Garsdale Low Smithy and Street
Garsdale Low Smithy Methodist Chapel LA10 5PF	2pm	At St. John's United Service	At Garsdale Street United Service	Chris Fawcett United Service	Pam Dent	Brian Park
Garsdale Street Methodist Chapel LA10	6.30pm	At St. John's United Service	Pam Dent Carols	At Low Smithy United Service	Brian Park	Philip Nolan
All Saints, Killington LA6 2HA	4.30pm	At Sedbergh	At Sedbergh	At Firbank	Andy McMullon Carols	At Sedbergh
Holy Trinity Howgill LA10 5JD	2pm	At Sedbergh	At Sedbergh	At Firbank	Andy McMullon Carols	At Sedbergh
St. John's Firbank LA10 5EF	2pm	At Sedbergh	At Sedbergh	Christine Brown Carols	At Howgill	At Sedbergh
St. Andrew's, Dent LA10 5QL	10.30am	United Service Christine Brown HC	Andy McMullon HC	Andy McMullon HC 7pm- Christine Brown Carols	Christine Brown HC	United Service Christine Brown HC
St. John's, Cowgill LA10 5RJ		At Dent	10.30am Christine Brown HC	At Dent	At Dent	At Dent
Dentdale Methodist Chapel LA10 5QJ	2pm	David Crouchley	Ann Wright Carols	At Dent Foot	William Allen	Pam Dent
Dent Foot Methodist Chapel LA10	2pm	Martin Dodds	At Dentdale	Philip Nolan Carols	Gordon Middleton	At Dentdale
	Wednesday	5 th	12 th	19 th	26 th	
St. Andrew's, Sedbergh LA10 5BZ	11.15am	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	Andy McMullon HC-BCP	
HC- Holy Communion (HCx- Extended Communion) SW- Service of the Word FS- Family Service HS- Healing service				Ecu- Ecumenical CM- Choral Matins (BCP) MP-NC- Morning Prayer- Northumbrian EP- Evening Prayer		

Religious Services in Sedbergh

CHURCH OF ENGLAND

St. Andrew's Parish Church
 Sunday 08.00, 10.30 & 18.30
 Wednesday 11.15

Rev. A. McMullon Tel: 20018

Church Wardens:

Tony Reed Screen 21081
 & Susan Sharrocks 20754

www.sedbergh.org.uk/churches/anglican

ROMAN CATHOLIC

St. Andrew's Parish Church
 Sunday 12.00
 Holy Days 19.30

Rev. Dr. Peter Campbell Tel: 20918

CORNERSTONE COMMUNITY CHURCH

New Street/Main Street
 Sunday 10.30

Rev. David Crouchley Tel: 20329

SOCIETY OF FRIENDS

QUAKERS

Brigflatts
 Sunday 10.30

Tess & Philip Satchell Tel: 20005

DENTDALE

CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
 Every 4th Sunday 1900

Sarah Woof Tel: 25212

*Enquiries for the following services,
 please ring the relevant telephone number*

CHURCH OF ENGLAND

Cautley & Garsdale

Rev. Andy McMullon Tel: 20018

Church Wardens:

Cautley: Judith Bush 20058

& Maureen Hinch 20843

Garsdale: Rosemary Lord 20993

& Bill Mawdsley 20723

Firbank: Colin Wilson 20952

& Jean Dixon 20435

Howgill: Helen Hoggarth 20805

& Pauline Marshall 21651

Killington: Jennifer Thornely 20444

& John Mather 015242 76333

Dent & Cowgill

Rev. Andy McMullon Tel: 20018

Rev. Christine Brown Tel: 25226

METHODIST CHURCH

Dent; Dent Foot;

Cautley; Garsdale Street;

Garsdale Low Smithy; Hawes Junction

Rev. David Crouchley Tel: 20329

SEDBERGH CHRISTIAN CENTRE

5.30 pm People's Hall every Sunday

Tel: 28151

www.sedberghchristiancentre.co.uk

worship@peopleshall

10:30 am 1st Sunday each month

Beth & Sandy Roy Tel: 20785

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal

Sunday 11.00

Amanda Reynolds Tel: 07545 375721

Lookaround Advertising Rates

Single Column 2.56" x 1"	=	£7.50
Single Column 2.56" x 2"	=	£10.00
Single Column 2.56" x 3"	=	£12.50
Single Column 2.56" x 4"	=	£15.00
Double Column 5.2" x 2"	=	£15.00
Double Column 5.2" x 3"	=	£20.00
Double Column 5.2" x 4"	=	£25.00
B & B and Camp-sites	=	£2.00
Personal & Small Ads	=	£1.00
Postal per month to Britain	=	£2.50
Postal per month Overseas	=	£6.00

All information to
 72 Main Street, Sedbergh LA10 5AD
 Closing Date 15th of every month.

*Can all adverts please be
 accompanied with the correct money
 at the time of submission.*

*Last Advert Update August 1999
 Last Donation Update December 2009
 Last Postal Update September 2016*



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs S Gold-Wood	Number Ten Main Street, Sedbergh LA10 5BN (2013/02) <i>1D (ES); IT/F(ES); TV; NS; CH; P; CB; VB; DFB; Free Wi-Fi</i> e-mail: sangold.kwood@virgin.net	21808
Mrs G Baines	Howgill View, 11 Bainbridge Road, Sedbergh LA10 5AU (2017/09) <i>2D; CH; L; NS; NP; VB; CW; DFB; Free WiFi</i> e-mail: gill.durie@hotmail.com	21510
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail: stay@drawellcottage.co.uk	21529
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6-8 3D (1ES), 1T (PB), TVL, CH, NS, DW, DR, VB, CB, DFB</i> e-mail: ali@interact.co.uk	20360
Miss S Thurlby	15 Back Lane, Sedbergh LA10 5AQ (2012/12) <i>1D; 1T; TVL; CH; DW; P; DR; VB</i> e-mail: wheelwright.cottage@homecall.co.uk Free Wi-Fi available	20251
Ms D Wood	Daleslea, Station Road, Sedbergh LA10 5DL (2014/06) <i>1D(ES); 2D/F(ES); TV; CH; P; NS; VB; CW</i>	21789
Mrs Lappin	The Malabar, Garths, Marthwaite, Sedbergh LA10 5ED (2017/05) <i>4D (ES); 2T (ES); TV; CH; L; P; NP; DR; VB; CW; TL</i>	20200

CAMPING, CARAVANNING & SELF-CATERING

Borrett Barn Caravan, Marthwaite, Sedbergh (2018/04) <i>Sleeps 4 people; D; T; CH; L; P; NS</i>	21175
Mrs S Capp Scrogg House Farm Cottages, Cautley Road, Sedbergh LA10 5LN Boskins: sleeps 4; D/T(S King); ES x 2; L; P; CH; DW; DR; WiFi Speight Cottage: sleeps 2; D(King); L; P; DR; CH; WiFi; Hot Tub sam@thecapps.co.uk	34032
Borrett Barn Flat, Marthwaite, Sedbergh (2018/04) <i>Sleeps 4 people; D; T; CH; L; P; NS</i>	21175
Sycamore Cottage, Lunds, Sedbergh LA10 5PX (2013/09) <i>Sleeps 2; D; CH; TVL; P; NS; DW</i>	01969 667356
Mrs Whitfield Old Station Cottage, Station Road, Sedbergh LA10 5HP (2016/12) <i>Sleeps 1-4; 2D (King); CH; TVL; P; NS; DR; WiFi; Bike Storage</i> www.oldstationcottage.co.uk	20799
Mrs A Bramall Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Self-Catering Sleeps 6-8</i>	20360

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
 CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking; DA = Disabled Access;
 NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement); DW = Dogs Welcome
 DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast; EM = Evening Meal
 CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

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A	N	I	M	A	L	S		D	O	G	M	A
S		S	R		E		E		L			C
S	H	E	L	F		D	E	S	S	E	R	T

DIARY OF EVENTS

Dates are held up to 23rd July 2019.

Dates in **BOLD** are start & finish events.

Numbers in Brackets indicate Advert/Article on a Page.

Month in Bracket relates to issue that details last appeared.

DECEMBER

1	Scout Post (12)	Sedbergh
1	1000 Christmas Coffee Morning	StAD
1	1000 Folk Carols Workshop (10)	MCD
1	1030 Exhibitions (8 & 9)	FM
1	1600 Sing Joyfully	KL
1	1930 Flicks in the Fells	PH
1	2000 Ceilidh (30)	DMH
2	1000 Folk Carols Workshop (10)	MCD
2	1330 Singing Walk (10)	DMH
2	1700 SS Advent Service (Nov)	School Chapel
2	Folk Carols Festival Ends (30)	Dent
4	Town Band Christmas Concert	StAS
4	1900 Global Warming (13)	Red Lion
4	1930 Ladies NFU - Collecting Vintage Clothes	PH
4	Sing Joyfully (text August)	TBA
5	0830 Weekly Market	JLCP
5	1530 Maryfell Car Parking (33)	Gladstone House
5	1800 Late Night Opening (1)	Sedbergh
5	1930 HS Charity, Poor Law & Workhouse (13)	SSAT
6	TBA WIH&F - Christmas Party	TBA
7	1400 DHTF Christmas Jacobs Join (73)	DMH
8	1000 Creating Flow with Qigong (25)	MCD
9	1930 NW Arts Concert (Sept)	Appleby
11	TBA WIK - Christmas Lunch	TBA
11	1930 Domino Drive & Mince Pies	FCH
11	1930 Sing Joyfully (text August)	Casterton Church
12	0830 Weekly Market	JLCP
12	WID - Christmas Meal	TBA
12	WIS - Christmas Dinner	TBA
13	1200 Age UK Lunch Club	Dalesman
13	1915 Royal British Legion (31)	WHC
13	1930 Wind in the Willows (23)	PH
14	1930 Wind in the Willows (23)	PH
14	1930 Middleton Church Domino Drive	BVH
15	Scout Post Ends (12)	Sedbergh
15	0930 Artisan Market (25)	Main Street
15	1000 Christmas Coffee Morning	DMC
15	1400 Wind in the Willows (23)	PH
15	1600 Solstice Celebration (25)	MCD
15	1930 Wind in the Willows (23)	PH
16	1500 Messy Church (26)	CCCN
19	0830 Weekly Market	JLCP
20	1930 Christmas Domino Drive	HVH
24	1800 Nativity Play	StAS
25	Christmas Day	
26	Boxing Day	
31	1030 Exhibitions end (8 & 9)	FM

2019

JANUARY

2	0830 Weekly Market	JLCP
7	1930 Lookaround AGM (6)	WHC
8	1400 WIK Meeting	PH
8	1930 Domino Drive	FCH
9	0830 Weekly Market	JLCP
9	1000 Weekly Coffee Morning	StAS
16	0830 Weekly Market	JLCP

16	1000 Weekly Coffee Morning	StAS
16	1300 Shepherds Dwelling (48)	Rhumes, Dent
16	1930 HS Must Farm Pile-Dwelling (13)	SSAT
18	1930 Domino Drive (68)	BVH
20	1600 Messy Church (70)	CCCN
23	0830 Weekly Market	JLCP
23	1000 Weekly Coffee Morning	StAS
26	1330 Holiday Club Party (76)	PH
27	1930 NW Arts Concert (Sept)	Appleby
30	0830 Weekly Market	JLCP
30	1000 Weekly Coffee Morning	StAS

FEBRUARY

6	1930 HS Cumbria Cattle Droving (13)	SSAT
12	1400 WIK Meeting	PH
12	1930 Domino Drive	FCH
13	1300 MC Closed for Training (53)	MC
14	St Valentines Day	
17	St Patrick's Day	
18	1930 FCH AGM	FCH
20	1930 HS Invasion via Garsdale (13)	SSAT

MARCH

1	St David's Day	
6	1930 HS Wide changing roles of women (13)	SSAT
10	1930 NW Arts Concert (Sept)	Appleby
12	1400 WIK Meeting	PH
12	1930 Domino Drive	FCH
14	1300 MC Closed for Training (53)	MC
16	1000 Coffee Morning	DMC
20	1930 HS How water shaped Kendal (13)	SSAT
22	1900 HS AGM & Jacobs Join (13)	SSAT
23	1930 Olde Tyme Dance - Denis Westmorland (PH)	PH
26	1930 Sing Joyfully	Casterton
28	2000 Sing Joyfully (text August)	Casterton Church
30	1300 Spring Show (text)	PH
31	Clocks March Forward	

APRIL

7	1930 NW Arts Concert (Sept)	Appleby
9	1400 WIK Meeting	PH
13	1000 Coffee Morning	DMC
19	Good Friday	
22	Easter Monday	

MAY

6	May Day	
14	1400 WIK Meeting	PH
18	1000 Coffee Morning	DMC
18	1200 Sedbergh Gala	Lupton Field
27	Late Bank Holiday	

JUNE

8	1930 Sing Joyfully (text August)	KL Church
11	1400 WIK Meeting	TBC
15	1930 Olde Tyme Dance - Roe Valley (PH)	PH
28	Hells Fells	Marthwaite
29	Hells Fells	Marthwaite
29	1000 Coffee Morning	DMC
30	Hells Fells	Marthwaite

JULY

9	1400 WIK Meeting	PH
20	1930 Olde Tyme Dance - Bill Johnson (PH)	PH
27	1000 Coffee Morning	DMC

AUGUST

5	August Bank Holiday	
13	1400 WIK Meeting	TBC

COVER PHOTO

Akay Pavilion

Bill Lewis

17	1000	Coffee Morning	DMC
26		August Bank Holiday	
SEPTEMBER			
10	1400	WIK Meeting	PH
OCTOBER			
8	1400	WIK Meeting	PH
19	1930	Olde Tyme Dance - Roe Valley (PH)	PH
26	1000	COGS Apple Day	PH
27		Clocks Fall Back	
31		Halloween	
NOVEMBER			
12	1400	WIK Meeting	PH
30		St Andrew's Day	
DECEMBER			
10	1400	WIK Meeting	TBC
25		Christmas Day	
26		Boxing Day	

All entries in the Diary are free and helps other organisations to make their own plans for events. If you have it in your Diary, please put it in ours.



A Final
Merry Christmas
and
A Happy New Year
to all
Lookaround Readers

DIARY KEY

AS	= Art Society
BF	= Brigflatts
BVH	= Barbon Village Hall
CCCM	= Cornerstone Community Church, Main St
CCCN	= Cornerstone Community Church, New St
CM	= Coffee Morning
CTiS	= Churches Together in Sedbergh
CWT	= Cumbria Wildlife Trust
DCMH	= Dales Countryside Museum, Hawes
DCP	= Dent Car Park
DCS	= Dentdale Chapel Schoolroom
DHTF	= Dentdale, Head to Foot
DMH	= Dent Memorial Hall
DMC	= Dent Methodist Chapel
FCH	= Firbank Church Hall
FM	= Farfield Mill
GH	= Gladstone House
GVH	= Garsdale Village Hall
HS	= History Society
HVH	= Howgill Village Hall
JLCP	= Joss Lane Car Park
KPH	= Killington Parish Hall
L	= Library, Main Street
LHCP	= Loftus Hill Car Park
MC	= Medical Centre
MCD	= Meditation Centre, Dent
PH	= People's Hall
QG	= Queens Gardens
RR	= Rawthey Room, 72 Main Street
SASL	= Sight Advice South Lakeland
SCC	= Sedbergh Cricket Club
StAD/S	= St Andrew's Church, Dent/Sedbergh
StJCC	= St Johns Church, Cowgill
StMC	= St Mark's Church, Cautley
SIC	= Sedbergh Information Centre, 72 Main St
SPS	= Sedbergh Primary School
SS	= Sedbergh School
SSAT	= Settlebeck School Academy Trust
WID	= Women's Institute, Dentdale
WIHF	= Women's Institute, Howgill & Firbank
WIK	= Women's Institute, Killington
WIS	= Women's Institute, Sedbergh

Joss Lane & Loftus Hill Car Parking Charges

1 hour = £1.00

4 hours = £4.00

2 hours = £2.00

5 hours = £5.00

3 hours = £3.00

One week = £10.00

Annual Resident Permit, Day = £40

Annual Resident Permit, 24h = £60

Both available from the Information Centre only,
renewable annually on 1st September.

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

When we are closed please ring
111 or 999 if appropriate

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10.00am

(No appointment necessary)

Late Morning – 10.30am -12.30pm

(By appointment only)

Afternoon – 2.30pm – 6pm

(By appointment only)

Surgery by appointment only –
Early Morning Tuesday & Thursday
Late evening Monday & Tuesday

Dent Surgery

Monday by appointment only

Practice Nurses Clinics

Monday – Friday – 8.30am -6pm

(By appointment only)

Baby Immunisations/Travel Clinic – Wednesday
afternoons

(By appointment only)

Dressings Clinic – Friday afternoons

(By appointment only)

Blood clinic

Monday – Thursday – 8.20am – 12pm

(By appointment only)

**Please telephone the surgery to make
appointments for all the above clinics.**

See our website

www.sedberghmp.nhs.uk

for further details

Bridging the Gap

First Monday - 1400 - 1600

Mrs Colpus 01228 595937

Location of Public Defibrillators

72 Main Street

People's Hall, Howgill Lane

Fire Station, Long Lane

Access Codes to the Defribs are supplied
on contacting Ambulance Control on **999**

POLICE

101 or 999

Crimestoppers 0800 555 111

DENTAL SURGERY

Main Street 20626

Ben Houghton (principal), Miss Katie McKay,
Katherine Parrott-Edwards & Sarah Boom
(Hygienist)

Monday to Friday 0900 - 1700

SEDBERGH LIBRARY Main Street 20186

Monday 1700 - 1900

Wednesday 1000 - 1230 1400 - 1700

Friday 1400 - 1700

Saturday 1000 - 1230

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open Monday to Saturday 1000 - 1600

Sunday 1200 to 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125/20504

www.sedbergh.org.uk

If you are an event organiser or accommodation
provider and you would like a listing on the
website, or if you are a local organisation and
want the website to carry information about your
activities, please email the Information and Book
Centre on office@sedbergh.org.uk."

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

Mr N. Preston & Mr J. Bramley

Dispensary Monday to Friday 0900 - 1300

1400 - 1700

Consultations Monday to Friday 0900 - 1000 *

1400 - 1500 *

Other times by appointment only *

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

MARKET DAY

WEDNESDAY

Last Page Update:

November 2018