

Sedbergh & District

LOOKAROUND

April 2023

Donation £1

Issue 419

With the clocks going forward I'm hoping that Spring will Spring in the next couple of weeks. In anticipation the Western Dales Bus is switching to it's Summer timetable, which includes the resumption of the Hawes Bus and a reorganisation of some of the other routes. See page 81 for details. And the £2 fare is also being retained until 30th June on their buses. *Ed.*



!!!Spring Concert!!!

A varied programme including popular classical works
plus spirituals and many other wonderful tunes!!!

Featuring

Operatic Tenor - Peter Van Hulle
and local *a cappella* ensemble **Grievous Bodily Harmony**

Conductor: Jen Hartley Accompanist: Roger Bush

Saturday 29th April 7:30 p.m.
St Andrew's Church, Dent

Free wine and nibbles

Tickets £7:50 - on the door (children free entry)

CLOSING DATE: 15th of every month for everything

S & D Lookaround 72 Main Street, Sedbergh LA10 5AD

Mobile: 07464 - 895425

e-mail: editor@sedberghlookaround.org.uk ~ Web Site: <http://www.sedberghlookaround.org.uk>

CONTENTS

Articles

Annual Parochial Church Meeting	----8
Calling All Writers And Poets!	----8
Caring For My Mother With Dementia	---42
Cautley Methodist Chapel	-----9
Cautley Methodist Chapel Closure	----9
Christian Aid	-----8
Community Orchard Group	-----35
Community Swifts	-----62
Community Trust	-----39
Dentdale Choir	-----7
Dentdale Christian Fellowship	----7
Dentdale Head To Foot	-----29
Dentdale Methodist Church	-----15
Error Apology	-----7
Family Musings	-----21
February Weather	-----21
Fifty Years Ago	-----47
Finding The Right Therapist?	----41
First Responder Annual Report	----36
Hardship Fund	-----11
Housing Development Sights	-----5
Ignite Youth Club	-----34
John (Jack) Robinson 1727-1802	----54
Ladies N.F.U.	-----29
Lune Valley And The Virgin Islands	--57
Make Your Verges – Living Verges	----63
My White Delight	-----20
National Park Funding	-----31
News From The Pews	-----15
Notes From Dent Station	-----43
People's Hall	-----40
Problems With Traders	-----32
Sedbergh Lookaround	-----11
Sedbergh Parish Council	-----14
Sedbergh School News	-----16
Sedbergh Songsters	-----31
Sheering Gaye Village	-----64
Slovene Evening	-----37
Some Noteable Garsdaians	-----52
The Junction Inn, Tebay	-----59

Articles (Continued)

Tim's Column	-----12
Two Local Walks	-----56
Unusual Documents In The Archives	---50
W.I. Howgill/Firbank	-----22
W.I. Killington	-----23
W.I. Sedbergh	-----25
Walking Pilgrims – April Onwards	----10
William Sawrey, Vicar Of Sedbergh	----60
Zero Waste Repair Cafe	-----7

Business Adverts

Armitstead Barnett	-----32
Audio Lookaround	-----54
Bannister Physiotherapist	----40
Black Bull	-----28
Bricks and Mix	-----53
Chris Harper Fencing	----39
Cumbria Stoves	-----37
Curtains	-----9
Dalesway Therapies	-----60
Dalton Burial Ground	-----14
Dawsons Fuels	-----10
Duncan Law Plumber	-----55
Edge of the World	-----52
First 4 Home Improvement	----19
G.J. Baines	-----16
Garsdale Design	-----49
General Handyman	-----20
Green Gardener	-----58
H&M Craftsmen Kitchens	-----17
Happy Feet	-----39
Helping Hand	-----18
Howgills Accomodation	-----33
Ian Higginbotham	-----8
J.J. Martin Funeral Director	----14
K.W. Electricals	-----6
Kay Whittle - Chiroprapist	----35
Kev Scrap	-----64
Lookaround Local Subscription	----65
Lookaround Postal Subscription	----66
Lookaround Subscription	----67
M.K. Conversions Ltd	-----57
Marquees & Teepees Killington	----23
Matthew Cook Stonemason	----40
McGarry Solicitor	-----26
Meditation Centre	-----69

COVER PHOTO

The April Frog

Helen Elizabeth

CONTENTS (continued)

Business Adverts (Continued)

Multi trade Property maintenance	---9
Oglethorpe Sturton & Gillibrand LLP	--61
Parkin And Jackson	-----13
Peoples' Hall	-----36
Powells	-----46
Ramp to rent	-----69
Red Squirrel	-----11
Robert Powell Web Design	-----31
Royal British Legion	-----21
Rycrofts	-----27
Sheila Shuttleworth Dressmaker	----51
Simon Shaw & Sons	-----47
Stephenson And Wilson Builders	----43
Stramongate Press	-----50
Temptations Craft Boutique	-----34
The Thirsty Rambler	-----56
Thomson Hayton Winkley Solicitors	---45
Tooby's Electrical	-----24
Treadwell flooring	-----59
Western Dales Bus	-----5
Westwood Books	-----41
Wools Of Cumbria	-----12

Event Adverts

Chapel Gallery (25th, 09/05, 23/05)	-25
Community Corner DDCF (Weds)	-----30
Daffodil Day (15th)	-----15

Event Adverts (Continued)

Dentdale Choir Spring Concert (29th)	1
Griefshare (Tues)	-----29
Jumble Sale - Air Ambulance (22nd)	--22
Medical Centre (20th)	-----48
Royal British Legion Dinner (12/05)	--42
Weekly Coffee Morning (Weds)	-----3

Other Information

Advertising In Lookaround	-----4
Bed & Breakfast	-----77
Bus Timetables	-----81
Car Parking Charges	-----82
Diary of Events	-----74
Eat and Drink in Sedbergh	-----75
Editorial	-----70
Groups and Organisations	-----78
Lookaround Editorial Team	-----80
Lookaround Information	-----72
People's Hall Rates	-----70
Personal Messages	-----69
Places of Interest	-----76
Public Information / Telephone Nos	---88
Puzzle	-----71
Religious Information	-----85
Train Times	-----84
Useful Telephone Numbers	-----70
Walks Around Sedbergh	-----76

Weekly Coffee Morning St Andrews Church Every Wednesday 9:30am to 11:30am

Wed 5th April - St Andrew's
Wed 12th April - St Andrew's
Wed 19th April - Missions
Wed 26th April - St Andrew's

Groups who would like to run a Coffee Morning
please call Lynda Briggs on 07904 055 259
or email lebriggs@hotmail.co.uk

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For advertisers key points to note are as follows :-

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- ◇ If you supply the advert please give it to us as a MS Publisher file, an MS Word file or a jpeg. We will print adverts supplied as pdfs but the quality may suffer.
- ◇ We accept hardcopy adverts and will try to reproduce them. Please let us know if you require a specific font.
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- ◇ If you buy a year's worth of advertising (11 adverts) we will only charge you for 10.
- ◇ New advertisers buying 3 months or more worth of adverts will get an extra one free.
- ◇ Further details for advertising and articles may be found in the Lookaround Information Section.

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Double Column 5.2" x 2"	=£15.00
Double Column 5.2" x 3"	=£20.00
Double Column 5.2" x 4"	=£25.00
B & B and Camp-sites	= £2.00
Personal & Small Ads	= £1.00

CONTACT INFORMATION

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editor@sedberghlookaround.org.uk

Phone:

07464 895425

Address:

**Lookaround,
72 Main Street,
Sedbergh,
Cumbria,
LA10 5AD**

Items can also be delivered by hand to Sedbergh & District Tourist Information Centre at the above address (72 Main Street) during open hours, and deposited in the Lookaround Post Box inside the office,

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VIEWS SOUGHT ON POTENTIAL HOUSING DEVELOPMENT SITES

Mark Sadler

Land has been suggested for 600 new homes in the Yorkshire Dales National Park, with the details being published as part of a public consultation launched today.

A 'call for housing development sites' in January 2021, prompted by a need for more permanently occupied homes in the National Park to sustain local communities, resulted in over 100 sites being put forward. Initial checks on suitability have reduced this long list to 33 sites with indicative capacities ranging from between five to 100 homes.

Most of the potential development land is in the National Park's largest

settlements of Sedbergh, Grassington/Threshfield, Hawes and Embsay, but sites have also been identified in other villages.

The Member Champion for Sustainable Development at the Yorkshire Dales National Park Authority, Carl Lis said: "During the time that we've been working up a new Local Plan it has become clear that we need more people in permanently occupied homes in the National Park. New house building is part of the approach that will help sustain local communities and it is our role as the planning authority to make sure those new homes are built in suitable locations. Action on housing - particularly affordable housing - is vital for the long term



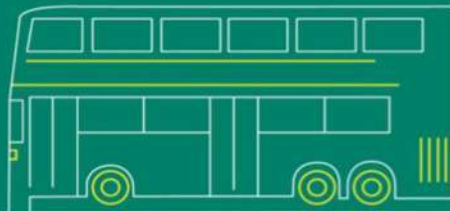
UK Government

Travel with us on the
Western Dales Bus

Help for
Households

Pay less to travel by bus this spring

Western Dales Community Bus is delighted that the BFCG has been extended until 30th June and a single bus fare will cost no more than £2.



viability of local communities in the National Park as it faces a significant population challenges that risks reducing demand for local services. Allocating a site for housing development means that planning permission for housing will be granted subject to plans meeting policies on design, affordability and such like. So this is a big moment. I want to stress that this is a consultation, not a done deal and I would urge people to share their views with us on the suitability of each of the 33 potential sites.”

Allocating housing development sites is part of the process of creating a new Local Plan for the Yorkshire Dales National Park. The new Plan will contain a set of planning policies that will shape development up to 2040.

At the moment there are already planning permissions in the National Park for around 330 new dwellings that have yet to be developed. This means that if the proposed sites are allocated, the requirement for 850 new homes in the National Park by 2040 could be met.

Additional housing will also be able to be built on smaller plots of land



within housing development boundaries. Maps showing draft development boundaries have been published today and form part of the public consultation.

People are encouraged to consider the contents of the paper titled ‘Consultation No. 6 – Land for housing development’, alongside the background evidence documents and draft maps of more 90 settlements that show where possible site allocations, development boundaries and important open spaces are proposed. The information is on the Local Plan page of the National Park Authority website.

Anyone wishing to make representations is invited to submit them by email to localplan@yorkshiredales.org.uk Alternatively, responses can be submitted by post to Planning Policy, Yorkshire Dales National Park Authority, Yoredale, Bainbridge, Leyburn, DL8 3EL The public consultation will close on Friday 12th May.

For more information, please contact the Yorkshire Dales National Park Authority's Media Officer Andrew Fagg or Communications Manager Mark Sadler.

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ERROR APOLOGY **Charles Dodgson**

Karen Bruce Lockhart

In my article about Alice and Charles Dodgson his name was spelt Dobson throughout - I apologise for not picking this up both to the readers and Dodgson himself!

ZERO WASTE REPAIR CAFE

Claire

Zero Waste Sedbergh are holding another repair café on Saturday 13th May 2023 between 10.00am and 1.00pm at Cornerstone Church on New Street, Sedbergh.

Does anyone have any bicycle brakes that need tuning, or tyres that need pumping up, clothes that need patching, soft toys that need a repair, or small electrical items that have stopped working? Our volunteer repairers can help!

Our community café will be open with refreshments.

DENTDALE CHRISTIAN FELLOWSHIP

Sarah Woof

Hopefully we had a packed house for the performance by 4Front, more about that next month. There is still time to book in for our Passover event on Holy/Easter Saturday and all ages are welcome.

The Baking Thru the Bible sessions are great fun and much enjoyed by all who join in, more about those in May Lookaround. There will be more nearer to Christmas.

For more details, prayer requests or to book for something please contact John and Sarah on 015396 25212.

THE DENTDALE CHOIR

John Feltham

The Dentdale Choir's spring concert will be on Saturday 29th April at 7.30pm in St Andrew's Church, Dent (see the advert on page 1 in this issue). The choir will be led by its new Musical Director, Jen Hartley, and will be singing a mixed programme of music spanning several centuries, including beautiful arrangements of spirituals "Deep River" and "Shenandoah", as well as more rousing renditions of gospel songs set alongside works by MacMillan, Sullivan and Lauridsen.

The timely centrepiece of the programme will be Handel's "The King Shall Rejoice". The choir is delighted to welcome back guest performers from last year's spring concert: our locally based closeharmony a cappella group, Grievous Bodily Harmony, and the acclaimed tenor, Peter Van Hulle, whose wonderful singing delighted the audience in St Andrew's last May. Accompaniment will be provided by Roger Bush. Tickets will be £7.50 on the door and, as usual, free refreshments will be provided during the interval.



Jen Hartley

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ANNUAL PAROCHIAL CHURCH MEETING

Revd Andy Burgess

Every Parish Church in the Church of England holds its Annual Parochial Church Meeting (APCM) around this time of year. Below are details of our APCMs in the Western Dales. You are very welcome to join us. If you would like a printed copy of supporting materials including the Annual Report, please email Revd Andy Burgess on andy.burgess@westerndales.org.uk or call 015396 20018.

The Parish of Sedbergh and Lune APCM - 7.30pm, Monday, 24 April 2023, at St Andrew's Church, Sedbergh

Representing St Andrew's Sedbergh, St Mark's Cautley, St John the Baptist's Garsdale, St John the Evangelist's Firbank, Holy Trinity Howgill, and All Saints' Killington.

The Parish of Dent with Cowgill APCM - 7pm, Tuesday, 9 May 2023, at St Andrew's Church, Dent

Representing St Andrew's Dent, and St John's Cowgill.



CALLING ALL WRITERS AND POETS!

Elaine Ravenhall

Dignity in Dementia and Alzheimer's Society are organising a short story and poetry competition to mark Dementia Action Week 2023.

You just need to write an uplifting true short story or poem that highlights how you still enjoy yourselves. There will be prizes!

Look out for the flyers in the local library to explain how to enter.

Closing date will be Friday 28th April.

A presentation event will be held at Windermere library on Tuesday 16th May 2pm.

CHRISTIAN AID

Anne Pitt

Many thanks to all who supported our Coffee Morning on the 8th March baking, helping on the day, donating and contributing to making it so successful. It raised the tremendous total of £323.98 which has been sent off to Christian Aid.



**CAUTLEY METHODIST CHAPEL
AND BURIAL GROUND**

Janice Rusling

Built in 1845 Cautley Methodist chapel has served the community in the Cautley area for over 170 years. Sadly, diminishing congregations and the arrival of covid made it apparent that the chapel could not continue. As well as closing the building it is also necessary to formally close the attached burial ground.

The Managing Trustees of the burial ground passed a formal resolution at the Sedbergh Circuit Meeting on 27th February 2023 authorising closure of the burial ground from 14th April 2023. The Managing Trustees will not be taking any more burials on this site, and

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intend to sell the burial ground together with the chapel building. They will ask the new owner to ensure that the family and friends of those who have been buried in the burial ground shall be able to continue to visit the graves at reasonable times.

For any enquiries of the Managing Trustees about the closure, please initially contact the Methodist district office at:
cumbriamethodistdistrict@outlook.com
or on 07727 415400.



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**CAUTLEY METHODIST CHAPEL
BURIAL GROUND CLOSURE**

The Trustees of the Methodist burial ground at Cautley, Sedbergh, Cumbria, LA10 5LY hereby give Notice of closure from 14 April 2023. Thereafter, the burial ground will be sold, with request that family or friends of those interred may still visit at reasonable times.

Any enquires regarding this Notice should be made before that date to the Methodist District Office at cumbriamethodistdistrict@outlook.com or on 07727 415400.



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WALKING PILGRIMS – APRIL ONWARDS

Anne Pitt

Last month we were planning to have a family walk on the 5th April however as there is going to be a family activity morning at St Andrew's Church, Sedbergh that morning we're no longer going to have a walk. Our programme of usual walks on the 1st and 3rd Wednesdays of the month will resume on Wednesday 19th April followed by the 3rd and 17th May continuing through to the school holidays in July when we take a summer break.

Anyone is welcome to come along – you just need to be able to cope with the terrain which really needs

sturdy footwear e.g. walking boots, walking poles/sticks if appropriate and often a waterproof. Carrying a drink is helpful in hot weather but we try to return in time for the Coffee Morning in St Andrew's Church. Meet at 09.15 outside the library.

For those who enjoy a reflective time up on the fells there is the Easter Sunday Dawn service on the top of Winder (definitely good to bring a warm drink and clothing with you for that and a torch for when you head up as people going find their own way up and down). The sun rises at 6.24am that day.....



HARDSHIP FUND

For many of us these are difficult times, particularly for those who have lost their jobs or who have been furloughed.

If you are in financial need or have a real need for an item which you do not have the wherewithal to buy, then the Sedbergh United Charities may be able to help you.

Or, if a friend or neighbour is in need of financial help, then please let them know about us.

To apply for help or if you would like to know more about the Sedbergh United Charities Hardship Fund then please contact:

Tony Reed Screen
(a865@btinternet.com or 015396 21081)

Or John Sykes
(jmsykes100@gmail.com or 07786 384917)

All applications will be treated in confidence.

Sedbergh United Charities are very grateful to Sedbergh School and the Community Trust who are both helping us with this fund.

Sedbergh United Charities and Widow's Hospital - Registered Charity No. 231058

Sedbergh Red Squirrel Group

Local conservation
for **your** red squirrels.

Report sightings of
reds or greys,
or to Join / donate at

sedberghredsquirrels100@gmail.com



LOOKAROUND

SEDBERGH LOOKAROUND

Georgina Devine

It's a book that comes out the first of every month

With a double one for December and January

People put in different articles and events that are happening

Around the area, in Dent and Barbon, Sedbergh and Garsdale

It's nice to see it once a month

You have to pick it up from local shops and it costs one pound

Which you put in a tin

A team of people put it all together with lots of hard work

There's contact numbers and list of dates of what's on

You can also look it up online

They always put a nice picture on the cover

The December cover was snow on the hills

The February one had trees by the library

The next one will be out on the first of May

If it wasn't for the team doing it, there would be no Lookaround

Someone needs to write and edit and lay it all out so it looks right

I went to their AGM and provided apple juice and jaffa cakes

I suggested some ideas about fundraising like

Coffee mornings or a stall at the Gala

It's always nice to see it once a month.



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cumbriawoolshed.co.uk

wocc.co.uk

TIM'S COLUMN

Tim Farron MP

As you read this our new council structure will have come into operation. I really wasn't the biggest fan of making such a big change to our councils as we came out of COVID, with our economy in such a weak position. But the Government ploughed on regardless, so I was incredibly proud and even a bit humbled to see the results of the council elections last May with every single councillor elected in this constituency being a Liberal Democrat (there are councillors from other parties on the council but they represent areas outside our constituency).

In electing Ian Mitchell and Hazel Hodgson as your councillors on the new council I am confident that you chose two hard working people who will do all they can to deliver the best for Sedbergh, Dent and the surrounding areas.

The council seems to be getting off to a great start as well. The other day they agreed their budget for the coming year and I was pleased to see that they continued the practice of sensible financial control that we have seen since the LibDems took control of South Lakeland District Council. But they also laid down some clear markers for their priorities over the coming years. One that stood out to me was their plan to



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double the council tax paid by second home owners.

I have written many times in Lookaround about the housing crisis we face in our part of the world, with the astronomical price of property forcing many people to move out of the area. It is an issue that comes up all the time when I am knocking on people's doors. I don't want to force second home owners out but if they are going to buy up property around here then the very least they can do

is help fund new houses for people just starting out on the housing ladder. The extra money raised by this increase in second home owner council tax will provide some of the funds the new council needs to invest for their plans to address the housing challenges we face.

They clearly have many more plans and it will be great to see them unfold over the coming years.

In parliament I have been taking as many opportunities as I can to chase ministers on the issues that matter to us. Health care has been a bit of a theme over the past month. I have pleaded with ministers to train more NHS staff to help people suffering with eating disorders in Cumbria, to invest in cancer care around here, to help hospices with their energy bills and requested a meeting to discuss the need for radiotherapy treatment in Kendal. So it was more than disappointing to sit through the budget statement the other day and hear barely a mention of health care.

That said, I can end on a positive note. I have been badgering the government about the cost of childcare in Cumbria for quite some time. So it really was great to hear the plans they have to increase the availability of free childcare. That said, I cannot see why we have to wait so long for it all to be introduced.

As ever if I can help you with any issues then please do get in touch. You can email me at tim@timfarron.co.uk or give us a call on 01539 723403.

Thanks for your support.



SEDBERGH PARISH COUNCIL

Janey Hassam - Clerk

The Council held its meeting at 7.30pm on Thursday 23rd February 2023, in the Committee Room, Sedbergh People's Hall, Howgill Lane, Sedbergh. The next meeting is scheduled on Thursday 13th April 2023 (no meeting in March), with the Parish Council Annual Meetings scheduled to commence 7.00pm on Thursday 18th May 2023.

Local Govt Reorganisation

Members continue to receive updates on the incoming Westmorland and Furness Council, including how this might impact Parish Council elections/terms of office in the future.

Future Car Parking in Sedbergh

Members continue to look at how parking might be increased/improved in the coming years, noting the extreme pressure on the town's existing car parking spaces, hoping to create a future 'parking strategy' for the community which includes the future provision of Electric Vehicle charging (ongoing current project). Members also discussed the potential future circulation of a parking survey to gather feedback on

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info@jjmartinfunerals.co.uk

current parking provision (both on street and off street).

Other Matters

Various other matters, including Finance, grant applications, ongoing projects, Queen's Garden, routine tree checks, legacy monies, and Cumbria County Council highway queries. Also, general Correspondence, including the King Charles III Coronation and Sedbergh Economic Partnership.

If you have any queries, or wish to contact Sedbergh Parish Council, please email at clerk@sedberghparishcouncil.org.uk As always, Members of the public are welcome to attend meetings of the Parish Council.

Please also note that a full reference copy of all documents relating to meetings is held at 72 Main Street in the Parish Council Office, with agendas and minutes available online at

www.sedberghparishcouncil.org.uk

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NEWS FROM THE PEWS

*Tony Reed Screen
& Susan Sharrocks*

By the time that you read this Easter will be just around the corner but as I write it is still quite early in Lent and it is snowing. As we prepare for Easter Lent is always a busy time when various study groups gather to further their understanding of their faith and focus their minds on the events leading up to Easter.

On a more practical note in St Andrew's there is a host of special events in addition to the Wednesday coffee morning such as Lent Lunches which take place every Wednesday and raise funds for St John's Hospice and Manna House. Proceeds for collections on Sunday 12th and Sunday 19th March were sent to the Turkey and Syria Disaster Fund.

The World Day of prayer on Friday 3 March was well attended when the

service was focussed on Taiwan. This was particularly appropriate as St Andrew's supports Catherine Lee, a missionary based in Taiwan, whose parents were long standing members of the church.

On Mothering Sunday there was a special family service during which all the mums received a small posy of flowers to commemorate this special day. And then after a couple of weeks it will be Palm Sunday when the choir will sing Choral Evensong as we enter Holy Week and daily services leading up to the celebrations on Easter Sunday. Details of the services are in this edition of Lookaround and are on Facebook and on notices in the lychgate and the Church porch. Do join us to celebrate Easter in your Parish Church.

DENTDALE METHODIST CHURCH

SE Woof, One of Stewards

On March 12th, the Methodist Church in the Western Dales at Dentdale celebrated its 189th Anniversary. This is how long there has been a Methodist Church in the village, not how long it is since Deepdale Chapel closed and joined Dent, or Dent Foot closed and joined Dent! Another confusing thing is the name, to most folk in Dent it is 'the chapel', but now the official name is The Methodist Church in the Western Dales at Dentdale. This is because the three remaining Methodist Churches in this area are now one Society with three buildings.

Confused? So am I. It doesn't really matter what name we use, for

Whelprigg, Barbon

Daffodil Day

NW Cancer Research

Saturday 15th April
2pm to 4pm.

Entrance £4
Tea/Coffee Scone/Cake
Various stalls

the main reason, it exists is to share the gospel, the love of God, and at Dent(dale) that has been going on, in one way or another, for a long time.

Mr Harry Hutchinson from Fell End was the Preacher at the Anniversary; we had some great hymns, a good number of folks in the congregation, and a scrumptious tea to follow. In 11 years there will be a 200th Anniversary, I well remember the 150th one, but what really matters is our sharing the gospel week in and week out. God Bless.



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SEDBERGH SCHOOL NEWS

Karen Bruce Lockhart

Sedbergh School has been ranked among the World's Top Boarding schools by Fortune Magazine. Of the 250 worldwide schools featured, Sedbergh was one of only 11 British schools to receive 5* status and 4 special recognition awards in community, music & arts, sport and value for money.

During half term work began on the two new astroturf pitches below the Hirst Centre. Steps were put in hand to safe guard dogwalkers and other pedestrians in the light of the use of heavy machinery. Trees are being planted beyond the pitches and precautions taken to safeguard wildlife.

Also during half term the Art and DM pupils enjoyed a trip to New York, visiting museums and art galleries.

Years 7 and 8 in the Prep School have had a very successful sports year so far: reaching the National IAPS Hockey Finals, IAPS Cross Country Champions, ESAA National Cross Country Finals, National ISHC Finals, County Hockey Champions, and the National IAPS Netball Finals. And the Boys are in the U13 National Hockey Finals.

The Prep admissions and enquiries have been so successful that year 2 will become two forms in the autumn term.

The Prep celebrated International Mother Language Day with a large variety of foreign food, and a play in French put on by the foreign students

Pancake Day was enjoyed by all the pupils, the Prep having their traditional House pancake race in

thick mist. It was noted that Babs cooking in Robertson had been making pancakes for the School for 37 years.

The Prep have finished building their outdoor classroom – a roofed over area

This year the summer courses will include a Design School at the Prep from 24th to 27th July aiming to inspire and develop future engineers, and designers. The Easter courses at the Prep will be The Complete Sports Camp and Pony Camp. The White Hart Sport & Social Club are selling lottery tickets for a free place at one of the courses

The scholarship assessments took place in the week beginning 20th February

The naval CCF visited HMS Explorer on 28th February

This year's Confirmation service took place on 12th March

The Lamda results included 24 distinctions and 4 merits

Year 5 had a three day trip to Edinburgh which included Dynamic Earth, the Castle, the Zoo and the National Museum of Scotland. Some pupils from the Prep visited Sky Up Academy Studios and produced a News Programme on Space Tourism (on YouTube.com)

In the Archives a Boer war sword's scabbard has been being repaired. Winston Churchill's portrait has had an argument with the library steps and is being sent for repair

Charity

On Sunday 26th February pupils yomped over the fells transporting a weighted rucksack in turns to raise money for outdoor equipment for

young people with autism at Beverley School in Teeside. They received a message of encouragement from Colin Maclachlan the former SAS soldier

Pupils have been helping plant trees on the Gaythorne Hall estate in the Eden valley

BBC Cumbria ran a news article on The Wolf and distributing pizzas in the Ukraine

Music

The House Singing Competition finals were held on 2nd March, with the overall winner being Carus, the solo Hart, the part singing Robertson and unison School.

The OS Ben Crosland Jazz Gig on 10th March had to be cancelled due to illness. However, the Jazz and



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Swing evening on 12th March was again a great success

Netball

The Prep School held an U11 netball tournament, won by Scarisbrickhall. The U13 girls won the IAPS Netball Regionals

Hannah travelled with Manchester Thunder U17 to Loughborough to beat Loughborough Lightning in a hard fought match 55-57

Equestrian

A team of three from the Prep won the Eventers Challenge during half term and have qualified for Hickstead. At the NSEA Grassroots showjumping event the team won the 40cm event with 1st, 2nd and 4th places, and 2nd and 3rd in the 60cm

and 70cm individual. The 80cm team won at Kelsall Hill on 25th February

Cricket

Tom Aspinwall OS took 3 wickets for 62 runs in the U19 second test against Australia. Harry Brook OS made 186 in a long partnership with Root against New Zealand in the second test. This gave him the record for the most runs ever in 9 innings.

Boys U15 cricketers took part in the Indoor Nation Cricket Cup

Running

The first qualifier for the Wilson Run took place on 22nd February and 120 qualified at the first opportunity (though some runners finished by bus). The second was again run in good weather but the third on 8th March was in much



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All members of the team are DBS checked, have public carers liability insurance and have completed numerous courses in connection with older adults.

colder weather – chilly wading through the becks.

The Ten Mile Inter-House relay took place on Monday 27th February and was won by School House with Evans second

The Wilson run will have taken place by the time this is published. The School entertained the farmers who make the run possible as a thank you to them

Rugby.

On 15th March the girls' rugby team set off to Bishop Burton for their first ever fixture

On the exeat weekend the rugby VII attended the Warwick Sevens and were beaten by a strong Hampton side in the semi-finals, but subsequently won the Hymers

tournament. Meantime the U16 at Sale Shark Academy Sevens won beating Millfield 19-0. The U18 Sevens at Mount St Marys on 12th March were cancelled.

Fin Baker, Isaac Keller, Jacob Oliver and Ben Redshaw were all named in the England U18 squad for 2023

There was a U14 Sevens tournament on 25th February on Buskholme which the School won. The 1st VII won at the North Sevens Tournament. The U16 tournament meant to take place on Buskholme on 11th March had to be cancelled

Skiing

Two girls, Elf and Isabelle, have been selected into the British Biathlon Development squad

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Future Events

Year 10 History and Classics trip goes to Turkey on 29th March on Buskholme

The first home 1st Eleven cricket match is on 22nd April at 11 am. There will be a mixed U17 match against Loretto on 2nd May at 1.30 pm. The girls U14 and U15 will play St Peter's York at home on 13th May at 2pm while the U18 play them away

Half term is from 24th May to 2nd June.

Casterton's weekend celebrating the School's 200th Anniversary is on 24th and 25th June

The summer term ends on 29th June, which will be Speech Day

The three Lancashire first class cricket matches taking place on the School cricket ground are on 1st July (Lancashire v Essex Eagles), 7th July (Lancashire v Southern Vipers) and 19th July (Lancashire v The Blaze)

MY WHITE DELIGHT

Suzanne Baxter

I open my eyes as I lie here awake
And wonder what treasures I'll find at
daybreak

The darkness, the stillness, there's
not even a sound;

I slide out of my bed and peek at
what's found.

The sky is as white now, as a fluffy
light cloud

My surroundings bright white, I am
dazzled and wowed

The layers and layers of snowflakes I
see

All floated and settled around you
and me

I throw on my clothes and go out to
explore,

As I turn the corner there's more and
there's more!

The snow's in a drift, the roads are all
white.

I stand there and shiver at this lovely
sight

All secretly delivered, not even a
sound

As all the snowflakes, silently,
covered the ground

Bare trees all highlighted with white
edges I see

No roads, no hedges, snow right over
my knees!

Snow cars are embedded and jhave
to sit here today,

They're going nowhere, there's no
other way!

Back inside by the fire, is where I will
stay,

Sheltered and cosy, for the rest of
the day.

FAMILY MUSINGS

Sarah Woof

As someone who once upon a time never threw much away, to the extent that my hubby even said in his speech at our Silver Anniversary that he knew he was safe however old or useless he became I now do sort things and chuck some away. So he had best be careful. But when you do get rid of stuff isn't that just when you need it? I have spent ages looking for a Sellotape dispenser we had at the shop, so that makes it at least 40 yrs old, then remembered it lost the 'cutting bit' so I chucked it! In looking for that I found all manner of things I knew I had 'somewhere' and things I had forgotten about.

Amongst the 'finds' was my mum's letter opener shaped like a sword so that is in use again, and a lovely pair of round spectacles that I can remember my brother wearing. Happy and sad memories are evoked by what we find as we sort through our belongings. And sort I must, taking photos of some of the things I will part with so I also keep a reminder. Needing to clear part of the attic a couple of years ago led to trips to charity shops, and I often say to

friends, "if you need something ask me because I probably have one in the attic!"

Photos of how our village used to look and of our family members are interesting as are newspaper cuttings of bygone days, made me think; the days we live now will be bygone days in the future and are enough of us keeping cuttings about what goes on? There's a project folks, who is doing this or willing to start?

Spring is in the air, cleaning beckons but I for one can always find something much more interesting to do.....

FEBRUARY WEATHER

B Wright

A somewhat drier month than would normally be expected for this time of the year with only 55mm (2") of precipitation. Practically all of it fell as rain. More than 3/4 of it fell on just 3 days!! Temperatures were marginally above those to be expected in February. We often get a significant snowfall and a spell of sub-zero temperatures. Winds were generally from the usual north westerly quarter and variable in force. Once again, we had very calm

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mornings around daylight for the breeze to pick as the day progressed.

It was good to see a fabulous show of snowdrops again this year. We seem to have 3 different varieties. We have the usual plain snowdrops, then we have some double ones and a rather later variety, a more delicate flower. One clump, down the lane/ in our garden, started off as a tiny clump has, over years grown somewhat. The early daffodils coloured up towards the end of the month. Our few surviving crocuses have struggled to show their presence! Some trees are showing green buds.

We have had a few calls from a tawny owl. It is still only a single bird but on one occasion what sounded like a little owl was responding! We are still not getting many visitors to the feeding station though I am filling the nuts up a bit more regularly, so something is helping itself. We have a wood pigeon that has learned if it stands on the water tray it can reach the food! Badger activity has resumed with yet more field turned over.

HOWGILL/FIRBANK W.I.

Audrey Hoggarth

We had good attendance at the March meeting. Sarah welcomed members and our speaker Val Reynolds who was ready to take us behind the scenes at the R.H.S.Chelsea flower Show. We were looking forward to hearing and seeing what goes on.

The show welcomes thousands of visitors including celebrities and royals, there are lots of people and activities, plus lots and lots of flowers and some amazing displays. Those of you who are fanatical about gardening and flowers, this is the show for you. It will be held in May and could be on your London list.

Bridget thanked Val for brightening our evening reminding us of summer days when we can plant our own flower displays.

The competition for handwriting, 1st.verse of Wordsworth daffodils was won by Ann Kendal. Bridget Postlethwaite was 2nd.

Our federation as selected the resolution to clean our rivers and the national results will be announced when they are received.

We would like to thank everyone who supported our domino drive. Two hundred and three pounds was raised for W.I.funds.

A delegate will be attending the Annual council meeting on 3rd April.

We meet again on Thursday April 6th at Firbank Hall at 7.30 p.m. when David Moreland will tell us all about his career and newfound Fame. Visitors and New members are welcome.

KILLINGTON W.I.
The Afternoon WI for the Entire District

Wendy Fraser-Urquhart

It is not always easy to know from the title of a forthcoming talk precisely what it is going to be about! Such was the case with our presentation this month. Our programme informed us that David Ratcliffe was going to talk about, "MY EXTRA MARITAL AFFAIR." Well! How about that? I know that WI Ladies are broad minded, but do we need such blatant encouragement? Dear Readers, FEAR NOT! It soon turned out that his "affair" was nothing more immoral than a long-lasting enthusiasm for running.... He had been bludgeoned into the activity

in 1979 by colleagues seeking to complete a team for a pleasure run. Two years later he had progressed to running in the newly established Bolton Marathon, a whole 26 miles, and raising money for charity, something which was to continue for many years. He has completed marathons throughout the British Isles and all over the world. Far from being an extra marital affair it has been the complete opposite. His wife and family have been his strongest supporters. Indeed, he has competed in a race in Scotland with his son and grandson in which they finished First, Second and Third. One of David's proudest achievements was being selected to carry the Olympic torch through Kendal in 2012. It was a



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really enlightening and entertaining talk. Christine Drury proffered our thanks to David.

Then it was time for tea and crack before we moved on to our business meeting which today was chaired by our Vice President, Margaret Denton. We looked forward to various activities, particularly the Sedbergh Spring Show for which both entries and refreshments were requested. Lunching Lassies have continued to enjoy their outings, the latest having been at The Cross Keys as a send-off to one of our members departing for the other side of the world. 'Knit or Not' continues each Monday morning helping to swell our charity coffers, especially support for our defibrillator at The People's Hall. A couple of us

will go to the Speaker's Afternoon in Kendal where we can hear prospective speakers for next year's meetings. Like everything else the cost of engaging a speaker means that it is important to know what we can get for our money. Call me 'Scrooge' if you like! We await a report of happenings at the National WI Annual Meeting to be held in Cardiff in May.

Closer to home, birthday greetings went to Me and Maggie l'Anson. Barbara Maunder won the competition for 'a pair of something', with a pair of delightful, fat abbots with 'steins' of ale. [I hope that's the right word. I never did study German.] Marion Wood won the raffle

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(cash) but I don't think she could get very far with the proceeds!

We look forward to our next meeting on Tuesday 11th April at 2-00pm in The People's Hall. This time I am sure that we do know what our speaker will speak about. John Mounsey who knows this area like the back of his hand will tell us about "A Walk in the Howgills", but which walk? If you are a walker, do come and have your memories re-awakened. If you are not a walker, do come and see what you have missed. You would be most welcome.

SEDBERGH W.I.

Moira Folks

As I looked out of my window after breakfast this sunny morning, March 14th, and contemplated writing this report, I saw a pair of dunnocks on the fence flicking their wings in a courtship display, and a little later I spied a blackbird singing his heart out on the topmost twigs of the fir tree at the corner of my garden for the first time this year: all signs that wildlife is now gearing up for spring, along with the mini-daffodils, mini-iris and purple winter heathers in full bloom. For the first part of this report, though, we go back to less clement weather, nearly a month ago when, on 16th February, our walkers hiked from Clapham to the Norber Erratics. 'What on earth are they?' I imagine some of you may be asking. I'll let Ellen Morrison, who organised this expedition, take up the tale: "I had planned this approximately 5-mile walk for last September but cancelled (twice) due to wet weather, so I was quite determined to get it done for the

February walk even though the fine, sunny and cold weather had turned into something a bit more showery. The Norber Erratics are huge sandstone rocks in the wrong place, having been stranded on top of limestone when glaciers melted 12,000 years ago; by the time we reached them, the mist had come down, making navigation a bit of a challenge! Fortunately, I knew the route pretty well so we finished the circuit, lacking the views of course, and we were feeling pretty chilly and wet. By the end, we were all looking forward to a long soak in a hot bath!' Ellen also organised a much more civilised outing for the lunch club on February 23rd, as she describes here: 'Six of our members met at Farfield Mill, where we had a relaxing, chatty lunch and then went to look at the current exhibitions on display. We were all much impressed by 'Once Upon a Thread' – an International Textile Exhibition which

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showed textile art inspired by stories, legends and childhood dreams. It's fascinating to see what can be created with fabric and stitching, and we spent much time trying to work out how they had been made. We had a most enjoyable and social afternoon.' Thank you, Ellen, for your contributions.

Our Annual Meeting, held on 8th March, in fact covered 16 months to catch up with the National Federation's decision to change the WI year's start date from January in 2022 to April in 2023. From now on, the annual subscription will be due in April rather than January. This meant that we have enjoyed two Christmas dinners, one at Sedbergh Golf Club and one at the Cross Keys at

Cautley, in the 16 months since our last annual meeting in November 2021. Sandra Kemp explained the financial ramifications in her Treasurer's Report, and told us all was well with our finances. In her Annual Report on the committee's behalf, our Secretary, Valerie Welti, reminded us of some of the good times we have shared: practical demonstrations of flower-arranging and rag-rugging; talks of local and historical interest; the RSPB in Cumbria; National Parks; an informative talk on the signs and symptoms of cancer and how to avoid it; an open meeting with Rachel Mercer, a singer from Morecambe singing popular songs; a summer visit to Hutton-in-the-Forest near

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Penrith with a tour of the country house and a walk in the gardens. In addition, every month smaller groups meet for Craft and Chat; the Walking Group enjoy walks locally and further afield; the Lunch Club meets most months in different cafés or pubs; the Book Club meets in members' homes, discussing books provided by Carlisle Library, and enjoying tea and cake! Winding up her report, Valerie said, 'We look forward to another year of continuing to socialise, learn new things, be inspired, enthused and even challenged, but definitely to enjoy friendship in each other's company.'

In her President's Address, Ellen thanked Valerie and Sandra for their reports and their hard work through

the year, and extended her thanks to the rest of the committee. She has now been President for over three years and feels it's time to pass the role into fresh hands, but she will continue as Programme Secretary. Those 'fresh hands' will be provided by Megan Taylor. Unfortunately, Megan was ill that evening and unable to be with us, but we look forward to seeing her in the presidential chair soon! The meeting ended with a Jacob's Join and social time.

The Book Club met at Moira's home on March 9th to discuss the winning novel of the Women's Prize for Fiction for 2019. 'An American Marriage' by Tayari Jones, is about a young black American couple, Roy

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and Celestial, and their mixed-race friend Andre. When Roy is arrested for a rape that he did not commit, and unjustly sentenced to 12 years in prison but freed after 5 years, his homecoming is fraught with difficulties. The chapters are headed with the name of the character talking or writing letters, so we are left in no doubt as to each one's feelings and point of view. It's a carefully crafted novel and we really care about what happens to these people and we would recommend it. Average score 7.5/10.

Our next meeting will be held in the People's Hall committee room on Wednesday 12th April at 7:30pm, when John Mounsey will be talking to

us about Butterflies in Cumbria. That sounds like something fit for summer! I started this report on a spring-like morning, but it didn't continue that way. We've had blizzards on and off all day, and the world has turned white in the last hour! We'll hope for more spring like weather at our next meeting. New members and guests are always welcome. For further information, please contact our new President, Megan Taylor, by email (taylor71@hotmail.co.uk) or our Secretary, Valerie Welti, on her mobile (07969 376649). We hope to see you sometime.

theWI
INSPIRING WOMEN

SEDBERGH LADIES N.F.U.

Caroline Sandys-Clarke

Our Christmas meal at Sedbergh Golf Club was attended by 19 members on 17th January when we much enjoyed delicious food and excellent service.

The meeting on 21st February was most entertaining, looking at a wonderful slide show put together by Colin Cowperthwaite, of photographs taken mostly by his father from the late 60's to the 80's. Slacks Farm, Garsdale was where Colin was brought up, and where his father farmed for over 50 years. There were photographs of Colin and his family, of many of the local people, of farming life, weddings and things going on in and around Sedbergh. It was fun trying to see whom you recognised, and we could all have enjoyed many more photographs. Colin generously donated his fee to MND.

Our March meeting on 21st is about Lake District Dialect with Jean Scott Smith, and on 18th April, Elaine Horne is coming to talk about Gardening. Our meetings start at 7.30pm and are in the committee room of the People's Hall. Visitors are most welcome.

DENTDALE, HEAD TO FOOT

Mike Steele, Chairman, DDHF

Our March meeting was very well attended and a capacity audience enjoyed two presentations by Richard Gledhill on life in the Dales in the nineteen fifties, and a DVD of Hannah Hauxwell of Low Birk Hatt Farm in Baldersdale, and her life at that time as portrayed on TV.

As a child during the fifties, Richard had spent many holidays at Redmires Farm in Littondale, belonging to his relatives, and his father took many short 16mm films of their times there. Some time ago Richard had spoken to us about his father's career as a wartime fighter pilot, and it was during the war period that his father had developed his interest in cinematography. Unfortunately, or fortunately, 16mm cellulose film degrades over time and they have now been transferred to a DVD format, which makes it much easier to show them.

The first film was taken in 1953 and showed the celebration undertaken by the whole dale, of Queen Elizabeth the Second's Coronation by staging a pageant recreating the Coronation of Queen



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Elizabeth 1. The remarkable thing was

a) the number of people taking part
b) the incredible detail of the costumes, which was considering the austerity of post WW2, absolutely amazing. The second short film showed Richard's father ice skating on a model boat pond he had built in their garden. The winter's then really were cold! You could feel the chill.

The next film was taken, probably contrary to the Official Secrets Act, at RAF Acklington in Northumberland where his father was stationed as a pilot in WW2. It showed a mock scramble, humorous in its content, planes taking off and landing, and pilots who were clay pigeon shooting, which helped them to fire at enemy aircraft because they needed to fire in front of a target in order to hit it.

Other short films were on Haymaking at Redmires Farm in a very hot summer in 1955, Kilnsey show, complete with trotting races

and very competitive horse racing, and heavy snow in the middle of Bradford. As a child at about the same time I remember walking with my parents on snow at the height of the walls from Holmebridge to Holme village under Holme Moss. Holme being the village below Holme Moss at 2,000 feet on the Pennines, finally, we had a DVD of the life endured by Hannah Hauxwell and her neighbours at Baldersdale in Upper Teesdale in the mid to late fifties. They probably had worse weather conditions than those shown earlier in Littondale, her neighbours, the Bainbridges losing 350 sheep out of 2,000 in one particularly severe winter, which meant there would be no lambs that year, and hence no income for the year from sheep.

Hannah had lived at Low Birk Hatt from the age of three and led solitary life subsistence farming in her mid-forties. She reared one cow for auction, but did not go herself to the mart, as it was not deemed a fit place for women in those days. This animal was walked two miles to a neighbour, who then took it to the mart for her. It made £125 at auction and this led onto a conversation about her living costs, which she reckoned were from £225 in a bad year to £285 in a good year. Of this coal cost £30 a year, and her diet was sparse and meagre to say the least. She also pastured cattle for other farmers in the area to make a little more income.

She once had to stay in hospital for eight weeks, and found it extremely difficult to settle back into her solitary life on return to Upper Teesdale.

At 46 she had no prospect of marriage and although she enjoyed

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the annual Christmas dinner held by Mrs Olive Field at Lartington Hall, it was painfully obvious that her spinster status made it very difficult to enjoy anything other than the meal. Mrs Field was the wife of the late Norman Field, who was a scion of the Marshall Field department store dynasty in America, so her privileged life contrasted to Hannah's was very much a polar opposite.

When asked why she stayed at Lower Birk Hatt, she thought about it and apart from being a family home, her grandfather having built the house, she thought it was the solitude and inspirational beauty of Upper Teesdale that kept her there.

All in all a wonderful journey into the past history of the Dales.

Our next meeting is on April 14th, not the 7th, as the 7th is Good Friday.

Jenny Robinson is coming to talk to us about "Rubbish - where it goes, what happens to it and why", so do come along and join us for what I am sure will be a very enlightening afternoon.

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SEDBERGH SONGSTERS

Valerie Finch

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harmony
But the camaraderie
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The caring queries
The news of this and that
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Led by a lovely lady
Who knows how to keep order
How to keep the singing going
And the good sound flowing
Long may you flourish
My beloved Sedbergh Songsters

NATIONAL PARK FUNDING

Mark Sadler YDNP

Additional National Park funding announcement welcomed

The Secretary of State for the Environment Thérèse Coffey, announced today that England's 10 National Parks are set to benefit from an additional one-off payment.

The funding award is in recognition of the vital role that National Parks play in protecting the country's precious wildlife and landscapes and the importance they have for tourism, the regional economy, and public access.

A spokesperson for the Yorkshire Dales National Park Authority said:

"The announcement of this one-off additional funding, which will amount to £440,000 for the Yorkshire Dales National Park, is welcome and will

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help address some of the short-term financial pressures we're facing.

"However, the longer-term structural problems within our finances remain because the grant we receive from Government is still less than it was 12 years ago.

"We, together with partners, are already delivering important climate, nature recovery, and access and engagement projects in the National Park, but need to go further if we're to deliver on Government targets for nature, climate and public access.

"This means having the resources needed to realise the ambitious plans we have for this special and treasured landscape".

PROBLEMS WITH TRADERS GOING OUT OF BUSINESS

Citizens Advice

I ordered a watch online with personalised engraving for my partner's upcoming 40th birthday. The company has since gone out of business. I keep phoning and emailing them but can't get through to anyone. I can't afford to buy another gift until I get my money back. Please can you help?

If the company has gone into administration, it may still be able to fulfil outstanding orders, but if it is already in liquidation, you'll need to try to get your money back. If you're unsure about what state the company

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is in, the Citizens Advice website has information on how to find out.

Is there a shop or office you can visit, to get an update on your order, or request a refund? If that isn't possible, the next steps depend on whether it's a limited company (it will have ltd or plc after its title) or if it's a sole trader (someone who runs their own business) or partnership.

If it's a limited company, you'll need to get details of the administrator or receiver - the person dealing with settling the trader's debts. The names of those administrators will usually be on the website of the company that's gone bust. You should register your claim as a creditor on the GOV.UK website. Fill

out the form with details of what you're owed and send it to the administrator.

Unfortunately, there's only a small chance you'll receive any money back because you'll be last in a long list of creditors who need to be paid.

If you paid by debit or credit card, you could also try getting your money back with a Section 75 claim or a chargeback claim to your card provider or bank. Full details about both these types of claims can be found on the Citizens Advice website.

If the seller was a sole trader or partnership and not a limited company, pursuing a Section 75 or chargeback claim is your best option.

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Every case is different when traders go under, but you can call the Citizens Advice consumer helpline to find out exactly what your rights are: 0808 223 1133 and visit <https://www.citizensadvice.org.uk/consumer/somethings-gone-wrong-with-a-purchase/if-a-company-stops-trading-or-goes-out-of-business/>

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:

- Call 015394 46464 - this is being staffed from 9:30 – 2pm
- Adviceline: 0808 2787 984
- email advice via our submission page on our website www.southlakescab.org.uk
- Help to Claim (Universal Support): 0800 144 8 444

IGNITE YOUTH CLUB

Heather Askew

The youth club is having a break until May 2nd, this is not a holiday for our leaders, quite the reverse, it's lambing time for our hard working lads and Lasses. We are so encouraged with how the club continues to grow, with new members coming along to take part in the activities.

We are hoping to take these youngsters on a nice exciting trip, just as soon as we can when we resume. Lots of ideas in the bag, Clip and Climb an activity for this age group in Preston. (maybe)! and the Bowling Alley and Curling at the Flower Bowl in Broughton near Garstang.

Also we have had an invitation from the Young Rangers based in Wharfdale, a group connected to the Yorkshire Dales National Park - this has an amazing line up of activities all attached to nature, planting of flowers, trees, bird watching, footpath clearing, bat watch, and nice woodland walks.

The Ignite group have been active in the last few months. One fine warm evening they invented a home spun water slide in the people's hall playing field (see Ignite Facebook Paige video) great fun.

The group contributed to the Christmas Tree Festival, Ted and Matt

were responsible for assembling the tree, Lucy and Catherine organised the

decorating of the baubles, Joe and Henry are always coming up with new ideas and some nice tasty

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snacks, not to mention The tuck shop, thank you to all of you.

Thank you to the Rev Becca Gilbert for her visit and the Rev Andy Burgess - ready to answer all questions asked. It is so nice to have your support.

The Ignite youth club is all free of charge, our young leaders give up their time and are happy to spend quality time with these young people. The only charge we make is when we organise a day trip by coach but this is a contribution. The rest is subsidized by the cornerstone church.

Any questions please contact Heather Askew .tel 015396 25465

COMMUNITY ORCHARD GROUP A Quick Update About The Community Orchard

Ann Parratt

We held our fifth APPLE DAY in October which after a two-year absence was well supported. As always there was no charge for entry or for the use of the press, we only asked for a donation on the day to help us meet the costs of hiring the equipment.

Many of you brought apples to press getting about 2/3 - 3/4 of a litre of juice per kg of apples. Each press takes a maximum of 40 kg of apples, so for each full pressing we expected about 25-30 litres, or about 40 wine bottles of juice, it was wonderful to see so many locals and visitors leaving with home grown juice for their fridges and freezers.

This year's Apple Day takes place on Saturday 21st October so remember to bring your apples and your sterilised bottles to juice. It'll be great to get groups and neighbours together making great use of all those apples which would otherwise lie on the ground and go to waste. Children love these days too as there is lots of juice to try.

Other activities include Identification and Apple display and an information desk where we'll have experienced fruit growers who will try and answer your questions. There will also be a cake stall, including jams and chutneys, plant sale, and a raffle. You'll also be able to join friends for a chat over a nice cup of tea or coffee and freshly baked produce.

Other news

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The trees are now producing well and we had our first crop of damsons which was a delight. Herbs are in raised beds with strawberries, blueberries, blackcurrants, rhubarb and gooseberries available in season for the community to enjoy.

There are two benches and wood stumps for people to sit and enjoy the view or have a family picnic, and it's wonderful to see people enjoying this community space.

The bad news is, that although dogs are welcome with their owners to enjoy the space, what they leave behind is NOT welcome! COGS members are visiting the orchard every two days to clear up the mess, keeping it a safe and clean environment. It isn't something that members enjoy doing.....so please, if you walk you dog in the orchard, please clear up after them. We want to keep the orchard open to everyone, but if this continues we will have to decide whether it is feasible for dogs still to be welcome.

COGS AGM is at 7pm in The Rawthey Room above the Tourist Information office , 72 Main Street on Tuesday 4th April, everyone welcome

FIRST RESPONDER ANNUAL REPORT

Myles Ripley

Thank you to all the team, especially to our retiring Chairman Andy Cobb who was one of the founding fathers of this team coordinating our beginnings.

We are delighted to welcome 4 new responders to our team in the last 12 months and the re-activation of one other. We now have coverage right up Garsdale. If any of you would like to consider volunteering as a first responder, please get in touch and we can give you more information.

We have installed a new community defib at the Health centre courtesy of the efforts by Des and our recently retired paramedic, John, funded in part by donations from two companies involved in the new housing development in Sedbergh. We were also able to support the installation of a new CPAD in Garsdale in the hall, which was followed up by some defib training to nearby residents.

Supplies of defib pads and batteries has been a problem this year due to global shipping and supply issues but we currently hold spares for both models that we use. There are ongoing developments in the system by which we are called out and we await with much anticipation the much heralded app that will be used in the future.

We have been alerted to 95 calls in the year ending Jan 31st 2023 – attended 67 and were stood down for the remaining 28. 55 were in Sedbergh and 37 in outlying locations. 41 were in “daytime” and the rest in evening/night time. Our

average call out rate is about 8 a month i.e. 2 a week but they often come in clumps rather than nicely spread out! We have not been badly affected by the much publicised long waits for ambulances, nor much affected by the industrial action. The primary reason for this is that we are only called to high urgency calls and so the ambulances are prioritised to us.

Some of us have also volunteered for the low acuity call out system but we have not had many calls from that service.

We have also provided Defib and CPR demo/familiarisations to all the pupils at Sedbergh School and are due to do similar to Year 11 at Settlebeck.

If you would like a CPR and defibrillator refresher/demonstration, do please get in touch as we are very pleased to do these sessions.

mylesripley@btinternet.com

We are in a healthy state and look forward to the next year.



SLOVENE EVENING

David Burbridge

Sedbergh is often mentioned in London.

At the British Slovene Society's celebration of Slovenia's national poet, Franc Preseren, in the middle of March various speakers talked about the heroic efforts of people in Sedbergh to maintain their links with Slovenia - not just our choir Lakeland Voices, which sings a number of Slovenian songs and recites Slovenian poetry, but also the recently relaunched Sedbergh Zrece town twinning partnership led by Dave Smith and Garth Steadman, and the very welcoming function in Sedbergh when deputy Ambassador Jakob Bruncic visited Sedbergh.

I travelled down to London in the middle of March to sing with the London Slovene choir, and Sedbergh was the topic of several speeches made by Ambassadors and former Ambassadors. The whole event was a delight, to meet so many people who are grateful for what we have been doing in Sedbergh to keep these connections alive. Along with the London Slovene choir I sang Lipa, about the lime tree, like the one now planted in Sedbergh churchyard

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- and also enjoyed a concert by Slovenia's Eurovision Song Contest entrant Lea Sirk and her band. At previous events, we've ended the evening with everyone singing Slovenian folk songs together, as many of us did this time.

In a world where the lack of connection and understanding between nations has led to war, Sedbergh's championing of international cooperation is a tonic which many people around the country greatly appreciate.

And it's all there in Slovenia's national anthem: "Long live all nations who long for that bright day when over earth's habitation, no war, no strife shall hold its sway; who long



to see, all people free, no more shall foes but neighbours be."

Photos show Kaja Pecnik and the London Slovene choir, students joining the singing after the meal, Eurovision Song Contest's Lea Sirk and her band, and the Preseren statue in the middle of Ljubljana with the poet's muse waving her inspiration above him. "And this shall be as a bond between us - that we are of one blood you and I, that we cry peace to all and claim kinship with every living thing; that we hate war and sloth and greed and love fellowship - and that we shall go singing to the fashioning of a new world." Woodcraft folk



COMMUNITY TRUST
Grants available for groups,
clubs, societies and local
organisations.

Ann Parratt

You might not be aware that Sedbergh and District Community Trust is responsible for managing Clutterbooks and Clobber community charity shop. The profits from the charity shops are redistributed to community groups via the Grants Committee.

To date over £200,000 has been distributed in this way, and we have further funds to offer for local groups. Some of the organisations to benefit so far range from Sedbergh in Bloom to Theatre groups, sports groups and

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Choirs.....and a host of other worthy causes, the list is long and varied.

The Grants Committee meets four times a year in February, May, August and November to consider applications for grants.

There are two levels of application, small grants defined as £500 or less and substantial grants of over £500. The closing dates for grant applications are the second Friday of February, May, August and November.

Application forms together with guidance notes are available from the Sedbergh Information and Book Centre at 72 Main Street or by email from office@sedbergh.org.uk. You can also download an application form by visiting Sedbergh.org.uk.

The forms are easy to complete and the next round of applications should be in to No 72 Main Street no later than 5th May 2023

STOP PRESS – During the last financial year the grants committee made awards to seventeen organisations totalling £23,695. Don't miss out

SEDBERGH PEOPLE'S HALL

Dr Gina Barney (0153896 20790)

New main hall lighting

The Community Fund has awarded the Hall £3,500 towards replacing the inefficient and aging fluorescent lighting in the Main Hall with modern dimmable LED luminaires. The remainder of the cost and the "boxing" in of the heating pipes (installed in 2022 will be covered from reserve funds. To complete our ten year plan we then hope to completely redecorate the Main Hall.

Hire Fees

In order to keep pace with inflation the Sedbergh People's Hall hire fees will rise by about 5% to accommodate increases in utility, caretaking, insurance, repairs, etc. The table below shows the changes for Rate 1 (Locals). Rate 2 (businesses) is 50% higher and Rate 3 (non-local) is 100% higher. Changing room rates unchanged.

Sedbergh People's Hall Hire

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13.00 – 17.00 - £18.00

17.00 -19.00 - £12.00

19.00 – 01.00 - £18.00

New Trustees wanted

Several of our Trustees including the Secretary and Treasurer are retiring and new Trustees are sought. Anyone interested please contact Dr Barney on 20790.



FINDING THE RIGHT THERAPIST?

Fritz Hrynyk & Yvonne Cervetti

Feeling the need to have therapy doesn't necessarily mean that you'll be bearing your soul to a person you don't know, laid on a couch or sat in an overstuffed leather chair, as there are many different modalities; acupuncture, reiki, osteopathy, chiropractic just to name a very small few from a long list; what they each have in common are two very important elements. The first is the client, that's you. The second is the therapist and if you choose CranioSacral therapy, that would be me.

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How do you know what therapy to have and which practitioner to use? You can look on websites, visit the numerous social media platforms and look at posts, you can get recommendations from others who have had the treatment or you can pick up the phone call me and make a judgment based on what you need and the impression you get from talking to a person and not reading a post. It costs you nothing to talk and be listened to.



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Want to know more about CranioSacral Therapy then visit the organisation I have trained with <https://www.upledger.co.uk/what-is-craniosacral-therapy/>

Want to know more about myself, Fritz, then visit

<https://>

www.daleswaytherapies.co.uk or call me on 07817 665662 or 015396 21303.

**CARING FOR MY MOTHER
WITH DEMENTIA**

Age UK

Teacher Michael Fassio cared for his Italian-born mother Renza through the progressive stages of dementia from 2001 until her death in 2008.

'At first I didn't face up to the fact that Mum had dementia. I thought of it as 'forgetful' and 'scatty'. I did notice she used the weekly television guide as a calendar to mark when I was going to visit, even though I went on the same day. But she went shopping as usual, and still cycled. She was 75.

'But a neighbour later told me that sometimes she got very upset with

herself for being forgetful. Then one day she got lost when cycling locally. My sister, who's a nurse, realised what was happening and tried to tell me.

Living with mum

By 2003 Renza was living with Michael, no longer able to deal with shopping or money. But the less she could do, the more restless she became. So she and Michael would go for walks. Five or six times a day. 'She loved walking, holding my hand, looking at the flowers and the river, chatting. She got so fit.'

Twelve months later, however, Michael was finding it hard to cope and still finds that time difficult to talk about. 'Mum became irrational and would hallucinate and get terribly upset. I remember saying 'Don't worry, I'll be your memory' but I also had to pacify her when she thought she saw people in the garden.'

This passed but Renza also stopped speaking English and reverted to the Italian of her childhood.

Increase in demands

Renza's physical needs were also becoming more demanding, as she

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needed increasing help with dressing, toileting and bathing. 'I don't know how I would have coped if I'd anyone else but myself to look after,' says Michael candidly. 'And I was only able to earn a quarter of my full-time income at that point. But I was truly worried that no nursing home could care for her and understand her as well as I could.'

Renza became ever more childlike. Even if given to dramatic explosions of Italian temper that Michael laughingly likens to a performance by Sophia Loren. He even managed to fulfill her dream of a visit to her sister in Italy. Not that easy because, although you can ask for assistance with travel, people with dementia hold no truck with timetables!

'Despite everything I never felt Mum was lost to me. In fact I look back and I feel I got to know her better because of the dementia. She told me all about her childhood and her family in 1930s Italy. Several times over!'

Find out how to buy Michael's book, *Dementia and Mum, who really cares?*, from his website www.michaelfassio.co.uk

NOTES FROM DENT STATION

John Carey

Well, a month comes around fairly quickly! As I write we seem to be enjoying what might be a last flurry of winter weather with a few inches of snow lying on the ground. Fortunately, our guests had arrived by train and will not be inconvenienced at all. Having said that, it is rare that the road is impassable below the station for any great length of time and is usually treated. Above the station, the Coal Road is a different matter and the warning signs are there for good reason!

Over the winter period I have tackled a long-intended project to try and write up the story of the station since the Friends acquired it in September 2020 and have now completed the history to date. This will no doubt be an ongoing project to be revisited in due course. The purpose, however, is to record events and the many local tradesmen and volunteers who have assisted before they fade from my memory. The document, including many photographs, is now available as a download for all to read on the Friends' website at www.dentstation.co.uk under the 'History' page. Any additional





information for future updates would be most welcome!

For a few weeks we have enjoyed a near normal rail service, but the spectre of industrial action remains with further strike dates planned for 16th and 18th March and again on 30th March and 1st April. Potentially more disruptive is a proposed work to rule which extends over the Easter period. Performance has generally improved with fewer cancellations and instances of late running but there are a few annoyingly repetitive infrastructure problems. We remain concerned as to the carriage allocation which is often below that promised, and whilst we can perhaps understand some of the challenges which occur elsewhere on the network we do need to shout for our own service. Whilst we might criticise our service the problems are minor when compared some other lines as we have seen on the national news.

No sooner than I had remarked that the heater in the southbound waiting room had been fixed after some years of non-operation than a maintenance team were on site also repairing damaged heritage light on the northbound platform which was in a sorry state and the rotten

pedestrian gate has now been replaced. Perhaps they will also get around to the southbound passenger information screen which has been disconnected ever since installed, lacking a cable under the track.

Meanwhile, the indicator screen on the northbound platform mysteriously gives out the information for the southbound Leeds trains on occasions. This has fooled one or two intending travellers who have been shocked to see their train pass on the opposite platform and then having to return to catch their train to Leeds some 3 hours later! Yes, believe it or not it does actually happen. Not everybody has a sense of north and south! We do our best to

intercept but usually find out after the event when it is too late. The issue has been reported to Northern. Timetable discussions continue and a significant bone of contention remains

the semi-fast trains which conveniently miss out Dent and Garsdale. I recently reported that we had achieved a couple of extra stops including Ribbleshead and Garsdale but sadly not Dent at this stage. Some minor concessions are promised also for the December timetable but the annoying 4hr gap in



the afternoon remains for the foreseeable future.

We believe that the passenger services are probably shoe-horned in between freight paths, some of which are only occasionally used. Indeed, the once familiar daily Chirk logs train has been diverted down the west coast since the Petteril Bridge incident and is unlikely to return. Incidentally, the Castle Cement train, the subject of the Petteril Bridge incident, has yet to run again but will do so in the near future. Of course, the Friends do want to see the line used to accommodate freight traffic and there is a great need to remove heavy goods vehicles from our roads. However, passenger and freight

should be able to co-exist and the line is nowhere nearly at capacity.

Horton Station may seem somewhat remote from Dent, well only a couple of stops away, but there is an important development which could have implications for the smaller intermediate stations on the line. It has long been known that the rail authorities have an aversion to 'barrow' crossings, once common at all of our stations, and would like to see these replaced with footbridges or other means. At Horton the quarry is about to be reconnected to the rail line, a positive development, but the proximity to the station has meant potential obstruction of the existing crossing and necessitating the introduction of a footbridge.

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Unfortunately, with modern disability requirements this also necessitates the provision of lifts. Yes, it might seem bizarre but Horton Station will shortly be adorned with two lift towers. The cost is an eye-watering £2.3m to be met mostly by the quarry company. It does not stretch the imagination to see that this could have implications for other stations.

We have argued the issue of the pre-0815 restriction on the Dales Railcard long and hard but this has now been firmly rejected, we suspect, by powers on high. Sadly, we must conclude that there is nowhere else to go on this one. Possibly the rationale is the intention to get passengers to use flexi-season type products which are on offer.

However, as I've mentioned before, the Dalescard remains excellent value offering one third off a standard daytime fare for journeys to any station between Leeds and Carlisle at a current cost of £10. These can be obtained via the Development Company at www.settle-carlisle.co.uk and will require proof of local residency or, alternatively, FoSCL membership. In addition, there is the usual winter offer ongoing but this will shortly come to an end.

It is also worth reminding as to the government £2 single bus fare initiative which has only recently been extended to the end of June. Most bus operators have availed themselves of the £2 scheme as has the Western Dales Bus serving our



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50 YEARS AGO
A selection of items taken from local newspapers dating from April 1973

Colin Cowperthwaite

New Appointment

Among the appointment of Rural Deans in the Diocese of Bradford announced recently is that of Canon D.A. Rogers to be Rural Dean of Ewecross, with effect from the beginning of June. The deanery is to be formed by the amalgamation of the present deaneries of Ewecross and Sedbergh and restores the position which existed until 1926, when the deanery of Sedbergh was formed. During this time, there have been only three rural deans, all of whom were Vicars of Sedbergh: the

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late Canon A.H. Walker (1926 - 1948), the Rev J.A.V. Wallace, whose death in Cambridge was announced recently (1948 - 1959), and Canon Rogers, who was appointed on becoming Vicar of Sedbergh in 1959.

Secondary School

Last Thursday, Mr D. Lord took a party of 25 fourth and fifth year pupils to the Ford Motor Company's plant at Halewood, Liverpool, where they saw Ford Escort and Capri models in production. Some pupils remarked that the factory would have held the whole of Sedbergh ! The party were the guests of the Ford Motor Company for lunch.

Former Head of Cautley School

The death has occurred of Mrs Mary Alice Jackson of Capplethwaite Hall, Sedbergh, aged 74. Born at Skelsmergh and losing her mother when six years old, Mary Alice Taylor, as she then was, was brought up by an aunt at Shap. After being educated at Shap and Penrith, she became a pupil-teacher and then an assistant teacher at Shap. When she was 26 she became head of Fell End School, Ravenstonedale, and married Mr Myles Jackson of Narthwaite. After more than 20 years

at Fell End, Mrs Jackson became head of Cautley C.E. School for the following seven years. She is survived by her husband, son, two daughters and three grandchildren. A devout Anglican throughout her life, Mrs Jackson also took a keen interest in the Methodist Church, in which her husband is a local preacher. The funeral was held at Sedbergh Methodist Church.

Garsdale Blockage

A main road from Sedbergh into the heart of Yorkshire was closed overnight on Monday after soil and rocks had fallen on to the road. North Riding County Council has removed 50,000 cu. yds. of earth from a bank near the River Ure, Garsdale, during improvements to the A684, but heavy rain throughout Monday caused the uncovered earth to slide across the road during the evening. Because of weather conditions, attempts to open the road were abandoned, and the 12in. deep layer of soil was not cleared until 9am on Tuesday.

Local Preachers

On Monday evening a meeting of the Sedbergh branch of the Methodist Local Preachers' Mutual Aid Association was held in the vestry. Mr T.K. Gorst presided and the secretary, Mr W. Armitstead, reported that more than 94 pounds had been sent to the headquarters for 1972. Mr Gorst retired, and Mr Chris Pratt of Garsdale was elected the new chairman. The secretary also retired after holding the position for 43 years. Mr W. Allen of Garsdale was appointed secretary, and arrangements were made for the



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'I'd Live Nowhere Else but Sedbergh'

The farmhouse which has been occupied by Mrs Jessie Brunskill's family for generations saw another chapter completed on Tuesday when Mrs Brunskill and her husband celebrated their Golden Wedding anniversary. Mrs Brunskill, formerly Miss Jessie Birkett, has never lived anywhere other than Archers Hall Farm near Sedbergh, now farmed by her son-in-law. Her husband, Mr Dick Brunskill, moved to Sedbergh from Tebay when he was 16 years old, and farmed until his retirement 13 years ago. Married at Sedbergh Congregational Church on April 17th, 1923, by the Rev J.W. Bowman, the couple have two children and five grandchildren. "I wouldn't live anywhere else", said Mrs Brunskill, who at 73 enjoys perfect health. "Everyone knows everyone in Sedbergh, and we can walk into our neighbours' houses and always be welcome". Since his retirement, Mr Brunskill, who is 78, has been a keen Netherfield Football Club supporter. He also enjoys fishing and attending trotting meetings. A celebration dinner party was held on Tuesday.

Churches join in Act of Witness

More than 450 people braved the uncertain weather on Good Friday to attend an open-air service and act of witness held on one of Sedbergh School's rugby football fields. Members of all the churches in the Sedbergh district met at four different assembly points on the outskirts of the town, travelling by car, minibus

and on foot from Dentdale, Garsdale, Firbank, Howgill and Cautley, as well as from Sedbergh itself. They were marshalled into processions, each led by a member carrying a simple wooden cross, all converging on the town centre. At the field they were welcomed by the Rev H.S. Hills, who conducted a simple service. Prayers were offered by the Rev G.D. Rhodes, passages of scripture were read by Miss Suzanne Woof and Dr P. Campbell, and a sermon was preached by Canon R.M.L. Westropp, Rural Dean of Kendal. Singing was accompanied by the Kendal Salvation Army Band. Although there was a heavy shower of rain in the middle of the service, no-one left.

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UNUSUAL DOCUMENTS IN THE ARCHIVES

Karen Bruce Lockhart

On 22 February the Sedbergh & District History Society had the pleasure of an illustrated talk by Susan Benson, Archivist from Barrow, which had had to be postponed from earlier in the month due to problems with Zoom. She started by explaining that there were four Archive offices in Cumbria, the two original ones in Carlisle and Kendal, and later additions in Workington and Barrow. She later told us that when Cumbria was broken up the four archives would remain one operation as anything else would be prohibitively expensive. Barrow had two Archivists. Their job was making the collections they had available, cataloguing the collections, doing outreach talks and recently Zoom talks. The collections came from several sources including solicitors, the Church, business etc and they had a large number of photographs – which until recently had been kept in a garage.

She then turned to introducing us to some of the documents in the collection:

The first was a Letter from Heaven in God's own Hand, apparently found under a stone in 1603 which set out what a Christian should do and the consequences such as excommunication for not doing so. It is an original document but is not unique – there are others around the world.

She told us that until the mid nineteenth century Barrow had been



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a very small village with the shipyards growing up on Walney Island. There was iron and steel and wood easily available there and the yards grew quickly. Thousands of workers moved in quickly and lived in terrible conditions on the island, but Barrow grew rapidly. However she had a letter in which the writer described it as an "outlandish hole". She showed an old map which showed the appalling huts where the first workers had to live and which were said to be not only horrible, but full of disease

Another document was a recipe for a cure for mad dog bites which contained such things as rue, garlic, treacle and mithridate in pewter. If you took 9 spoonfuls for seven days you should recover in 9 days. Another document told of the cake and pastry order in the war which laid down the maximum amount of sugar etc in such bakings. One baker made tarts which exceeded the laid down amount on the basis that the women munition workers needed this for their health and temper. He considered it his duty to provide these and if he was stopped he would sell the business and retire.

The local library had been offered a full grown alligator well cured and stuffed to add to their collection, which they turned down, but a moose's head had been accepted and in 1912 was over the main door. It seemed possible there was a second moose in the town.

One of the difficulties for the workers who lived in Barrow and worked on the island was having to pay a toll to cross the bridge – which

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meant four times a day, to go to work, go home for lunch, go back to work, and go home at night. When the King came to visit the yards, he was sent a letter asking him to stop these payments, and a large crowd gathered at the toll gate hoping he would do so. It had no effect and he drove straight through. It was 20 years before the tolls ceased.

Other small items such as a formal ticketed invitation to a funeral, and a lady's dance card were among the collection. Also a make believe castle which showed where such things as a ghost could be found, also an ogre, and a knight on horseback at the gate. Another document was about a raffle in which the first prize was a ton of coal, and the second half a ton, and other prizes such as a goose, tea and tobacco.

Another was a document about the Dalton Book Club which was the oldest book club in the world having commenced in 1764 (authenticated by the Guinness Book of Records). It had met in the fourth week of the month regularly ever since. There were only 30 members (men only) and if one died his son could take his



place. If not, only then could another person be invited to take his place. The Club still exists.

Another item was a tiny book of Floral Language, about the size of two one pound coins. Also volumes of seaweeds carefully collected and pressed and another book of plants found on the island – these were in Carlisle being preserved and catalogued.

Another item was a Death Penny – given to Mary Ann Tomlinson when her son was killed in a submarine in 1917

There were also documents from about 1785 about a very unsatisfactory vicar who got involved in various nefarious transactions, got heavily into debt when failing to pay his father-in-law back his daughter's dowry, and got involved in fights, finally ending being transported for eight years. It is not known what became of him in Australia.

She finished by pointing out that she hoped these examples would show that the archives contained rather more than just lists of births, deaths and marriages, tithe records and so on.

SOME NOTEABLE GARS DALIANS

Colin Cowperthwaite

The valley of Garsdale has in the past produced quite a number of eminent characters. Here are some extracts from a 1930's publication written by Frederic Riley:

James Inman D.D.

Dotted about the valley and high upon the slope of Baugh Fell are isolated cottages, and one may well wonder how in former times the residents of such out of the way places kept in touch with everyday affairs. But some of these lonely habitations are the birthplaces of noted personages, for Garsdale has given to the world several men of outstanding ability. The great naval genius James Inman D.D., whose name is familiar to all students of British naval history, was born in 1776 at Garsdale Foot, a house on the western plane of Baugh Fell. From Sedbergh School, which he attended as a youth, he passed to the University and was Senior Wrangler at the age of 24. After serving as astronomer on board H.M.S. Investigator, which was engaged in a scientific exploration off the coast of Australia, he was in 1807 appointed Principal of the Royal Naval College at Portsmouth. In 1810 he was elected Principal of the School of Naval Architecture, and to his labours was largely due the improvement in English ship-building during the first half of the 19th century.

Dr John Haygarth

The name of another Garsdale worthy is recalled in passing Swarth

Gill, a picturesque dwelling by the roadside less than five miles from Sedbergh. Here in 1740 was born Dr John Haygarth, an eminent physician who inaugurated much-needed reform in public hospitals. He was author of several medical works, and was greatly interested in the improvement of Free Schools in the North. Like Adam Sedgwick of Dent, he cherished a great affection for his native dale and its inhabitants throughout his life. He possessed several estates in Garsdale, and did much in the way of tree planting upon both sides of the valley. He died at Bath in 1827. Above the ivy-covered porch at Swarth Gill are the initials I.H.I. (John and Isabella Haygarth) and the date 1712.

John Dawson

Raygill, a farmhouse on the slope of Rise Hill, merits notice by reason of its being the birthplace of John Dawson, who lived to become one of the greatest mathematicians of his time. Born in 1734, his early life was spent in pursuing the usual farm duties, studying meanwhile the higher branches of mathematics. Such marked progress did he make in this branch of science that before he had seen any book on the subject, he invented a system of conic sections, afterwards found to be essentially correct. Much of his studying was done out of doors while tending the sheep. On the top of the fell is a block of stone known as "Dawson's Rock", where the young student was wont to repair to pursue his studies undisturbed. Following a short apprenticeship to a surgeon and apothecary at Lancaster, this

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remarkable self-taught youth, in order to qualify for a medical diploma, walked to Edinburgh to enter himself as a medical student, carrying the money he possessed stitched in the lining of his waistcoat. After practicing for some time at Sedbergh, he made his way to London in search of further professional knowledge, returning later to again take up practice and to teach mathematics. Still later he relinquished his medical practice and devoted himself entirely to teaching mathematics, his pupils coming from all parts of the country. He coached no fewer than eleven Senior Wranglers, one of whom was James Inman. Dr John Haygarth was one of Dawson's earliest pupils. Among others whom he coached might be mentioned Professor Sedgwick of Dent; Dr Thomas Garnett, first lecturer of the Royal Institution of Great Britain; and Dr George Birkbeck, the founder of Mechanics' Institutes, who was born in Settle. In Sedbergh Church is a bust to Dawson's memory by the sculptor Sievier, "erected by his grateful pupils as their last tribute of affection and esteem".

**JOHN (JACK) ROBINSON
1727-1802**

Richard Cann

This talk to the Sedbergh & District History Society was given by Andrew Connell. Andrew is an Appleby historian who has written a book on the history of Appleby Horse Fair. However, he is better known for his work in local politics, being the current, and the last, chairman of Cumbria County Council.

John Robinson was born in Appleby in 1727, the son of Charles a local tradesman. He went to Appleby Grammar School, and later trained to become a solicitor with Richard Wordsworth, the grandfather of William Wordsworth. In 1750 he became town clerk under the

patronage of the Tuftons, who had inherited Lady Anne Clifford's money. However, he changed his allegiance to their rivals the Lowthers, and became a man of business for them. This involved trips to London where he met and married Mary Crowe in 1752. In 1754 he was elected as one of the two MPs for Appleby and moved into the White House, a Lowther property which still stands in Appleby. In the early 1760s he inherited his father's and uncle's properties which made him relatively wealthy. Due to a dispute within the Lowther family he had to stand as MP for Westmorland in the 1764 election, and he retained the seat in 1768. He proved a very effective MP and, as a result, was made the

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Assistant Secretary to the Treasury in 1770, a post he kept until 1782. Around 1772 he lost the support of Lowther over the appointment of a customs officer in Whitehaven. Lowther considered it came under his patronage and wanted to appoint someone, only to find that Robinson had already got his brother, Jeremiah, appointed. As a result, Robinson had to find a new seat in the 1774 election. He was elected MP for Harwich, a post he held for the rest of his life.

He became a trusted adviser to North, the Prime Minister, and although he was not a cabinet member North became very reliant on his advice, and organizing ability. This coincided with the American War of Independence 1776-1782 which ended with the surrender of Yorktown, and the subsequent fall of North's government. North and Fox then formed a coalition government, but this was dismissed by the King in 1783 due to differences over the East India Company and, as a result, Pitt became Prime Minister with a minority government. Scheming by Robinson gradually increased the number of MPs backing Pitt and, when an election was held in 1784, Pitt won a majority of supporting MPs. In 1787 Robinson became Surveyor of Woods and Forests, and rather than regarding it as a sinecure took an active interest in the post. He was responsible for planting hundreds of trees in Windsor Park.

In 1781 his daughter, Mary, married the Hon. Henry Nevill. Robinson managed to get Henry's father appointed to the Earldom of

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Abergavenny and when he died Henry inherited the title, and so Mary became Countess of Abergavenny. One post that caused Robinson problems was as a trustee to the Smith's trust. Benjamin, who was the beneficiary and stepbrother of Mary Robinson married Charlotte, but he was a complete waster and she left him and came to Robinson for financial support for her and her children. The terms of the trust meant that Robinson could only offer her minimal support. As a result Charlotte Smith, who wrote ten novels, attacked Robinson through thinly disguised characters. He resigned as a trustee in 1799. The final years of his life were marred by sadness with his brother Jeremiah dying in 1793, and his daughter Mary in 1796. Robinson himself died in 1802.

After his talk Andrew Connell was asked if there was any connection with the saying "before you can say Jack Robinson" for something that is done quickly. He replied that there was no proof that it referred to John Robinson. He was thanked for a most interesting talk.

TWO LOCAL WALKS

Colin Cowperthwaite

Published in a local guide dated 1962, this is how two walks in our area were described more than 60 years ago. Not a lot has changed during the intervening years.

1. Cautley Valley, North Side

Leave Sedbergh by the Cautley road and turn up a lane to the left at Settlebeck just beyond the fork for Garsdale. The lane leads below the wooded height of the Castlehaw and behind Thorns Hall and Baliol School to Underbank, a farm with remarkable architectural features of Victorian date. One path leads behind the building and over the hill to Gill, another goes through the yard and a second iron gate, across the fields to Stone Hall, a fine 17th century building, whence a lane goes up to Gill, following Ashbeck. Keep straight on, however, by a gate at the barn corner, along a path which leads over a footbridge to Hollin Hill,

another old house full of oak panelling. Beyond Hollin Hill, the path curves down to Buckbank Lane and a modern whitewashed house called Ellerthwaite. This point can also be reached by following the main Cautley road and turning left along the lane before reaching Strait Bridge. Buckbank Lane is narrow and hilly between high banks and hedges, with a stream along one side, reminiscent of Devonshire. Beyond Ellerthwaite it becomes rougher and more remote, keeping above the oakwoods which drop to the Rawthey, past Thrush Gill Farm and down to Hobdale Bridge, climbing out again to a farm on the heights called Fawcett Bank. From here a narrow grass lane leads forward to a bridge over the Rawthey at Steps End, whence the main Cautley road may be regained about three miles from Sedbergh. Instead of crossing the Rawthey the walk may be prolonged by a track along the bottom of the open fell,

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leading eventually to Cautley Holme in the gorge between Brantfell and Yarlside, where Cautley Spout emerges in a series of white cascades flanked by the dark heather-covered Cautley Crag, probably the finest scene in all Yorkshire. A footbridge gives access from the common to the main road just beyond the Cross Keys Inn, some 4 1/2 miles from Sedbergh. About 7 miles by Steps End, or 10 miles by Cross Keys.

2. Hebblethwaite Hall

Take the Kirkby Stephen road and turn right after crossing Strait Bridge to go up Dowbiggin as far as Greenwood Hall, the third house on the left hand side of the lane. Go through a gateway just beyond the buildings and follow a path to an isolated building called New Barn. The path descends thence to the old farm of Sarthwaite, where there is a magnificent view of the Hobdale gorge in the Cautley Fells across the dale. A footpath from Sarthwaite leads down into the deep wooded ravine of Hebblethwaite Hall Gill, and climbs up the opposite slope to the farms of Hebblethwaite Hall, one of which has some 17th century features. From here a winding lane descends to the main Cautley road at Mackereth Hill. Where the lane turns sharp right a little short of Mackereth Hill, the path goes straight on, possibly the line of a Roman road from Brough, crosses the grounds of Ghyllas House and enters the main road about half a mile nearer Strait Bridge, whence Sedbergh may be reached either by road or riverside field path.

LUNE VALLEY AND THE VIRGIN ISLANDS

Karen Bruce Lockhart

On Wednesday 15th February the Sedbergh & District History Society had a very interesting Zoom lecture by Mike Winstanley on the surprising connection between the Lune Valley and the Virgin Islands, and in particular a very small Island called Tortola, in the second half of the eighteenth century and the beginning of the nineteenth. It lies at the top of the archipelago running east and then south from the Dominican Republic, forming the boundary of the Caribbean on the east. In that context it is a tiny island only about a mile wide, with very steep hills rising to 2,000 feet, and had little to



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recommend it. The population at best was about 300 Europeans and about 6,000 slaves.

At that time the West Indies were Britain's most important trading area – there was little trading with America, partly because of the American War of Independence. The two major ports trading with the West Indies were Liverpool and Lancaster. Lancaster is little changed since that time, but of course Liverpool has vastly increased in size and importance.

The traders from this area were merchants – they were not slave traders. The trade was with the Virgin Islands and did not involve the well know triangle taking goods to Africa, picking up slaves and bringing sugar back to Britain. The cargos, as can be seen from preserved manifests, were ordinary trading goods. They took out the necessities of life such as clothes, pottery, apothecary goods, violins, even parts for a phaeton, cheese, butter and so on. They brought back cotton, logs, indigo and sugar.

At an early stage the settlers were Quakers. Miles Birkett visited many

ports in the West Indies and America and spread the word of the Quakers. He had a nephew who lived at Hebblethwaite in Sedbergh.

The Rawlinson family was closely linked with Tortola, and Abraham and Thomas Rawlinson were the biggest merchants in Lancaster, and had business in Liverpool. They were very early traders with Tortola. Other families involved were Letsom, Thornton, Burrow, Hetherington. There were some interesting names – Mr Treasure captained one of the ships, the Abram built where Sainsburys now is in Lancaster, and a father and son both with a Christian name Abednego. They intermarried and younger sons would go out to Tortola, and one spent 60 years there. Another was born there and sent home aged 5 to go to be apprenticed to another of the families. Their houses and graves can still be found in the district, and bear witness to the trade having been profitable. The Quaker element did not last but on the whole they were against slavery.

Although they were not slave traders some of them ended up receiving compensation for the loss of slaves when slavery was abolished. In at least two cases this was a result of huge debts owed to them and for which they took the compensation in settlement. Indeed one Hetherington received such compensation although he had been dead twelve years. One incident of interest which took place at Tortola was one of the few cases where a slave owner was tried and executed for the murder of his slave.

THE JUNCTION INN, TEBAY

Karen Bruce Lockhart

In the 1990s I owned a small cottage in Tebay. Most people passing through Tebay would never have noticed its existence, although it was built right against the main road as it passed through new Tebay, as it was sunk below parapet wall of the road and only the upper windows peeked over the wall. If you did notice it you would assume that it was an outhouse attached to the old Junction Inn, the large black building at the side of the road, now converted into flats.

However, this would be very much mistaken. In the 1840s when the Midland Railway were looking for a spot to build a station – and eventually a junction – they found a farm to the south of what is now Old Tebay (New Tebay, the railway village, didn't exist) at the mouth of the Tebay Gorge. They acquired the farmhouse and the land and built the station and subsequently the junction. The farmhouse was that small cottage which had large barns attached to it. When the railway company decided that a hotel was necessary they knocked down the barns and built the hotel – so the hotel is attached to the farmhouse, not the other way around

The farmhouse and garden were about 6 feet below the level of the road, and I was told that the stones at the bottom of the garden wall were part of a wall bordering the original Roman road, above which the modern road now passes.

The farmhouse gradually deteriorated and by the 70s was little

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better than a ruin. It was finally bought by an enterprising student, the last of six siblings and whose parents were dead, who while at Lancaster University gradually restored it to a charming cottage.

The hotel meantime had fallen on hard times, and in the early 90s was bought by a pretty unsatisfactory landlord who used to irritate me, among other things, by holding loud out of hours drinking sessions in a room overlooking my garden. He had a rather charming elderly father with whom I had pleasant chats over the garden wall. One day I arrived at the cottage to find it covered in blue and white police tape. The landlord, who turned out to be one of the Kray

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twins' henchmen, had been carted away to jail. Although I don't remember the detail, I think he had sold the hotel which he did not in fact own. It was after that that it was converted to flats.

Next to the cottage was a rather broken down large empty wooden barnlike building, which had been a joiner's shop. I did hear a rumour that before being a joiner's shop it had been Tebay's Institute. but it didn't appear to be of much interest. However, I recently discovered that in fact it was Sedbergh School's original chapel, which had been sold to Tebay to form the Institute when the present School chapel was built. It is now two houses. The present proprietor of the cottage tells me that she once, when it was being converted to houses, saw inside (I never did), and it was covered in beautiful oak panelling, which the developer burnt on a bonfire.

WILLIAM SAWREY, VICAR OF SEDBERGH

Richard Cann

The lists of vicars of St Andrew's Church owe much to Miss Platt who researched in the Registry in Chester in preparation for her book, "The History of the Parish & Grammar School of Sedbergh", published in 1875. Unfortunately, she missed one of the longest serving vicars, William Sawrey, and so his name does not feature in the lists in the church.

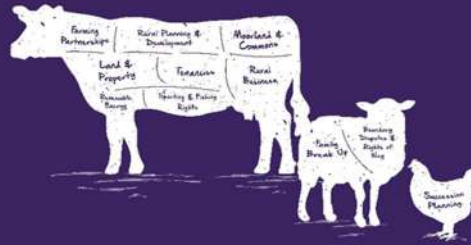
He was the third son of John and Kathryn of Graythwaite Hall, Hawkshead. John was the owner of a bloom-smithy, Force Forge, in Satterthwaite and joint owner of another at Hacket on the west side of Lake Windermere. William had at least one son, John, who in the early 17th century became a Deputy Steward of Furness.

William was instituted as Vicar of Sedbergh in 1543 and was given permission by Archbishop Cranmer in 1547 to be also instituted as Vicar of Urswick. He probably did not do many, if any, of the duties connected with the two parishes but collected the income and employed curates to do the work for him. He made enemies because in 1548 whilst living in Hawkshead a group of men surrounded his house and threatened to murder him.

When Edward VI came to the throne in 1547 legislation was passed which allowed priests to marry and William took advantage of this. However, his luck ran out in 1553 when Mary I came to the throne. She was a devout catholic and reversed many of the changes made by

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protestant Edward. Married priests had to choose whether to stay married or resign their benefice. William decided to stay married and so ceased being the vicar of Sedbergh and Urswick. As a result, Thomas Atkinson was instituted Vicar of Sedbergh in 1554.

However, in 1558 protestant Elizabeth I became queen, and she was anxious to find out to what extent Catholicism had penetrated the parishes. Therefore, a Royal Visitation was carried out in every parish in the country.

One of their tasks was to review the cases of those vicars who had been deprived of their benefices by Mary. The commissioners reached

Kendal in October 1559 and Sawrey appeared before them petitioning to have the benefices of Sedbergh and Urswick restored to him. He was successful and had them restored.

How unsuitable he was for being a vicar can be judged by an entry in 1574 from the Manor of Muchland Court rolls. "William Sawrey, vicar of Urswicke, gameth, played cards and dice in his own house upon the Sabbath day in the time of the divine service".

He eventually died in 1579 and Giles Wigginton was instituted as Vicar of Sedbergh in his place. Wigginton turned out to be a figure of national importance.

SEDBERGH COMMUNITY SWIFTS

Tanya & Edmund Hoare

Awakening

The layered hedge cuts do not bleed. The world seems dead,
But snowdrops and birdsong show the lie,

It simply sleeps.

Now Nature stirs, each day longer than the last.

With March, moist warmth, bring toads, frogs, newts to spawn,

And April sees the dead hedge stir and turn fresh emerald green.

Come May the hawthorn blooms in all its glory,

And the swifts return.

Our swifts will be preparing for their return spring migration. Several years ago a swift that was tagged by the BTO in Cambridge began its journey from Africa on 19th April, flying from the coast of Equatorial Guinea over to Liberia. We now know that all European swifts then linger for about 10 days over the skies of Liberia, feasting on termites which erupt from nests around that time. The Cambridge swift continued its migration on 4th May, and arrived back in its nest site on the 10th May – a journey of 5,500 km in just 6 days. For a bird that weighs only 40gm, the same as a Cadbury Creme Egg (or a 4-bar Kit-Kat), that is truly remarkable.

We used this migration theme when we went to Leighton Moss RSPB reserve recently to spend a morning with the young RSPB group, called the Young Explorers. We really enjoy enthusing the youngsters about swifts, about their fascinating life in the air, the threats they face, and what we can do to help. We have written a special booklet for them to take away and we have a quiz. We take a large poster with a map of Africa, showing all the countries, which has the migration routes drawn on. We give them a sheet with the flags of all the African countries on – they are very colourful. They cut out paper swifts, then colour them in the colours of the flags of the countries that swifts migrate through, then they stick them on the poster. It is actually also a great geography lesson as there are such a lot of West African countries! This is the result, which



has been put up in Lillian's hide at the reserve.

If you would like advice about putting up nest boxes, callers or integral nest bricks, don't hesitate to get in touch. We generally have a supply available.

To Contact SCS: email ta.hoare@btinternet.com or ring 01539 824043

MAKE YOUR VERGES LIVING VERGES

Victoria Benn

The last 80-90 years have seen the acceleration of a biodiversity emergency in the UK as more intensive farming – driven by farming policy – has eroded our once prevalent hay meadows. Species-rich meadows are not only more resistant to climate change and store more carbon than non-biodiverse grasslands, but they also support



hundreds of varieties of plants, myriad insect life and dozens of bird species.

The good news is that there is something we can all do to help and prevent further decline in biodiversity – we can look to protect and enhance those former strips and remnants of traditional grassland that have survived as roadside verges.

The principles of nature positive verge management are simple:

- Cut verges or other village grassland no later than April and clear cuttings away to prevent the build-up of thatch, which increases soil nitrogen levels and can encourage docks, nettles and thistles to take hold
- Do not cut the grass between May and August (inclusive) to allow plants to flower and set seed



• If cutting can't be avoided, consider mowing paths or narrow edge strips but leave some areas uncut as a wildlife refuge. This can also help to address concerns about untidiness and safety

- Remove invasive weeds (nettles, thistles, docks) by chopping down/uprooting, not spraying

- Do a second cut in September – clearing all cuttings away.

In other words, Cut Less, Cut Later, Takeaway!

We have several resources available on our website to help you get started. Visit Friends of the Dales website to access: Village Guide; Monthly Planner; Link to a campaign video by our Living Verges campaign champion, Dr Anne Readshaw and a 'No Mow' sign you can print off to let your neighbours know that you are managing verges for nature

Do let us know if we inspire a change of approach – and please send any photos of any botanically rich verges and grassland you encourage!

For all questions, comments and feedback email: victoria.benn@friendsofthedales.org.uk

SHEERING GAYE VILLAGE

Sandra Gold-Wood

Christmas had arrived in Sheering Gaye Village, and today was the day the primary school's Christmas play would be performed. Everyone who could be there was there. The children's families and extended family members were crowded into the primary school's assembly hall.

Meanwhile, Violet, acting head of Sheering Gaye Primary School, was sitting in her office thinking of Daniel, and imagining travelling with him around Europe or Asia. Pictures of famous landmarks filled her mind before being replaced by Daniel's face. These day dreams were interrupted by a tap on the door followed by a small voice, announcing that everyone was waiting for her in the assembly hall. Violet followed the child along to the hall, and then walked toward the stage. As she moved through the room she greeted the friends and neighbours gathered there. It seemed to her that she knew almost everyone, and it gave her a warm feeling. When Violet reached the stage, the chattering died down, and was replaced by a tangible air of expectancy. Even through the curtains Violet could feel the children's pent up excitement, and when Daniel waved to her from the back of the room she felt her heart miss a beat.

Admittedly, she'd had her doubts about letting student teacher, Janice Lovett, have a free rein with the Christmas play, but the fact was it had turned out to be a great deal of fun. Even veteran teacher, Mrs Day,

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had almost smiled at dress rehearsal. It was no secret that this year's play had been put together by the children themselves, with a little help from the teachers, and the whole of Sheering Gaye village had been anticipating the result.

The assembled adults cheered as the curtains opened. After a moment the children began to sing, 'Tie a Yellow Ribbon', a popular song from the hit parade. The cast ran around waving yellow ribbons while Mary and Joseph danced together in the centre of the stage. The audience laughed and clapped when Santa arrived on an office chair to which cardboard had been attached to make it resemble a sleigh. This contraption was pulled by half a

dozen children dressed as elves. Santa was played by the biggest child in the school, and on his lap he held the smallest child in the school, who was dressed in a bonnet and nappy with a cardboard halo to represent baby Jesus. The child was handed over to a delighted Mary and Joseph who were now seated on chairs made to look like thrones; behind them stood an angel holding a silver tinsel star above their heads. The Stable setting was now ankle deep in yellow ribbon, colourful crepe paper flowers and gold tinsel. The Kings arrived with gifts of clothes for the baby and a push chair, which again raised a laugh from the audience. It seemed the children had decided that these were things Mary

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and Joseph would need, rather than the traditional gold, frankincense and myrrh. Then after a few customary carols, the whole cast sung Slade's 'Merry Christmas Everybody', while enthusiastically encouraging the audience to join in. It may have been an unusual Christmas play, but the message of love and joy was certainly clear. Everyone left the school wearing a smile and calling Christmas wishes to their friends and teachers.

Daniel stayed on to help Violet and the other teachers clear up. There was a slightly awkward moment when the Christmas cheer rather overcame Lambert, and he seized Violet and holding a sprig of mistletoe over her head he planted a kiss

directly onto her lips. A surprised Violet pushed him away. While Lambert, his face as red as his Christmas tie, apologised saying it was just a bit of Christmas fun. No one agreed and, so as soon as he could, he slipped away unnoticed by the other teachers.

When all was done Violet locked up and she and Daniel walked hand in hand back to Stanley Hall. Daniel hoped that over Christmas Violet would make up her mind about travelling with him, and Violet hoped he wouldn't ask. Oh, yes she wanted to go with him, but there were so many things to consider. How could she just leave the school, all the people she had always known, and then there was her mother. Violet's

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mother, Joan, had a small circle of friends, and she hardly ever went out. Although for the last couple of years she had been going to evening classes.

In the bus shelter someone was watching as Violet and Daniel made their way to Stanley Hall. The look on his face was not one in tune with the season of good will. Inside he was burning with jealousy and his fists were clenched, and his body was tense. While he watched, he brooded over Violet's relationship with Daniel, he just couldn't understand it. What did she see in this scruffy new comer? Hiding in the shadows, Lambert took out the bottle of whiskey he'd brought earlier. Taking a large swig, he almost choked on the fiery liquid. When he recovered he

took a few more swigs. Now that he was full of Dutch courage, he began walking unsteadily toward Stanley Hall, telling himself that he had to rescue Violet.

It was 8.30pm and Lambert's lodger and drinking companion, Dave Walker, was in the Swan chatting to landlord, Roger Croft, and wondering where his pal had got to. At the window Dave peered out into the darkness, expecting to see Lambert crossing the Green. In that moment he spotted a figure moving away from the bus shelter, it didn't take him long to realise who it was. Deducing that Lambert was not fully in charge of his senses, Dave grabbed his coat and thrusting it on he stepped out in to the night.

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Lambert was already at the gate of Stanley Hall, so Dave picked up his pace and began running. By the time he got there it was too late as Lambert was already banging on the front door, and shouting for Violet. Dave caught hold of Lambert's arm trying to stop him. While they were wrestling on the door step Daniel opened the front door.

'It's alright mate, he's just had a little too much of the Christmas spirit,' explained Dave. While he was speaking his grip had loosened on his inebriated friend. Lambert took advantage of this, and shoved Dave into the bushes beside the door. With this he leaped forward, grabbing Daniel by the lapels. Daniel deftly took hold of his hands, and twisted Lambert round pushing his arms up his back, while gripping him around the throat with his other arm.

'Now, is there something you wanted Lambert?' asked Daniel holding him fast.

Lambert struggled and Daniel pushed him away telling him to go home and cool off. Dave was now back on his feet again and attempted to steer Lambert away, but it was no use as he was right back at Daniel, shouting that he had stolen Violet away from him. At this point Violet appeared at the door.

'What are you talking about, Lambert?'

'Don't say that Violet, please, please don't, I know I mean more than that to you, we're going to Birmingham together' pleaded Lambert.

Dave and Daniel looked at Violet, expectantly.

'What on earth, Lambert, that's for a teacher's union conference,' she replied utterly astonished by his behaviour.

'Dave, take him home will you before I lose my temper,' stated Daniel.

Lambert shouted that he would fight Daniel for Violet, and he wasn't going to let him take her away. By this time, half the patrons of the Black Swan had come out to see what was going on. Violet's brother, Norman, was among them and he gave Dave a hand to push, shove and, at times, drag Lambert back to his house. Once inside they put Lambert to bed, telling him it was the best place for him. Within moments Lambert was sound asleep. Both Dave and Norman breathed a sigh of relief, and went back to the Swan where the fracas was discussed with great amusement by the gathered villagers into the early hours.



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On Christmas Day, Violet popped to Denham to see her mother. However, this year there was a bit of a surprise for Violet, as her mother was not alone. In the kitchen helping with the dinner preparations was a man in his sixties, sporting a good head of iron grey hair, wearing a smile and one of her mum's aprons.

'Oh, hello Violet dear, em' this is Frank, Frank Silverman, a friend of mine, we've been seeing each other for some time now,' explained Joan Carpenter.

Violet watched her mother and saw her blush slightly. Smiling brightly Violet embraced her and greeted Frank with a heartfelt 'pleased to meet you'. The meal was good and Frank seemed to be an all-round nice chap. Violet could see her mother was happier than she had been for some years. Violet surmised they had met at the Spanish language class. As they talked over dinner more disclosures were made about Frank's back-ground. He had recently sold his of developing plastics business, and had just purchased a brand new villa in Spain business; hence, the Spanish classes.

When Frank left to spend the rest of Christmas Day with his daughter, who lived in on the outskirts of London, Violet's mother spilled the rest of the beans.

'Violet dear, in case you are wondering Frank is divorced, all quite amicable, and she lives in America;' Violet was amused seeing her mother so coy, and wondered when she was going to get to the point. 'So, I wanted you to know that, and also that, Frank and I are getting married

on Valentine's Day and then we're going to live in Spain.' All the words tumbled out very quickly then she stood looking into Violet's face, not knowing what to expect.

Well, Mum, I wasn't expecting that, I'm really glad for you, and if you're sure -you're happy, then am so I', answered Violet as she hugged her mother again.

On the drive back to Sheering Gaye Village Violet's heart was beating faster, as she realised that her mother's decision had left her free to follow her own path, and travel with Daniel. Driving through the country lanes that lead back to Sheering Gaye village, Violet was filled with joy. Pulling into her usual spot outside her house she got out, and locked the car, while quietly humming a popular Christmas song. It was then she became aware of someone standing close by, but before she could turn around, she felt a hand cover her mouth, and she was dragged backwards.

To be continued.

PERSONAL MESSAGES

WANTED

Small plot of land, woodland or rough ground wanted for livestock. Preferably as close to Sedbergh as possible. Willing to buy or rent. Please call 07989 564837 if you have anything available.

=====

FOR RENT

5ft ramp for rent – suitable for wheelchair access inside or outside, loading, unloading etc Contact Emma for more information: 07837278820

EDITORIAL

I just love frogs. I realised, as I was doing the cover that I'd used a similar picture two years ago, but this frog looked so good. When we lived in London I dug a pond in our garden. It amazed me how it quickly filled with life. After a year or so in spring it was absolutely bursting with frogs.

All part of the incredible resilience of life, how quickly it colonises environments. Everywhere we look we find it, on our planet it's been around for around 4 billion years, in every kind of extreme circumstance. The Earth nurtures and develops life.

Which makes me wonder about the slogan 'Save the Earth'. The Earth, and life on Earth will remain whatever we do. What we need to do is to stop thinking we need to save the Earth. The Earth will look after itself, when we are gone the environments will regenerate and teem with a marvellous variety of life again. We need to work to save ourselves and our fellow creatures from our own over exploitation. We are of the Earth we don't own it.

Ed Welti.

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101

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South Lakes Citizens Advice Bureau

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wdbusops@gmail.com 07541644524

Yorkshire Dales National Park

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If you would like to see any numbers listed here, please let us know.

PEOPLES' HALL HIRE RATES

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Session	7-9am	9am-1pm	1-5pm	5-7pm	7pm-1am
Local Hirers	£12.00	£22.50	£22.50	£17.50	£42.50
Other Hirers	£18.00	£33.75	£33.75	£26.25	£63.75
Commercial	£24.00	£45.00	£45.00	£35.00	£85.00

Committee Room

Local Hirers		£17.50	£17.50	£12.00	£17.50
Other Hirers		£26.25	£26.25	£18.00	£26.25
Commercial		£35.00	£35.00	£24.00	£35.00

PUZZLE (SOLUTION ON PAGE 80)

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LOOKAROUND DETAILS

LOOKAROUND INFORMATION

The Sedbergh & District 'Lookaround' is edited, published and distributed monthly by the 'Lookaround' editorial team of volunteers and printed by Stramongate Press, Kendal.

The content of 'Lookaround' does not reflect the views of the editors and whilst every effort is made to ensure that information is correct, the editors cannot accept any responsibility for inconvenience caused through errors or omissions; if there is an error in your article or advert, please contact the editor as soon as possible.

The current issue is available from Sedbergh Tourist Information Centre, Rycrofts, Sedbergh Post Office and Spar. Also from Dent Stores, the Barbon Churchmouse and by post (please address enquiries to the editor). Back copies are available to read at the History Society Archive at 72 Main Street or online at www.lookaround.org

Items for the 'Lookaround' should be emailed to: editor@sedberghlookaround.org.uk posted to 'Lookaround' c/o 72 Main Street, Sedbergh, LA10 5AD or deposited in the 'Lookaround' post box at the same address.

ARTICLES

Articles and reports are inserted for free and photographs may be included (depending on space). Articles should ideally be submitted as a word attachment to an email addressed to the editor rather than as

the text of the same email.

The font should be 'Arial', 11point and the piece should be single spaced and with as few 'hard returns' or paragraphs as possible. This is to make the job of proofing and formatting easier and also to ensure that all articles have the same impact and appearance.

Please put the title on the first line at the top of the article and the author's name on the second line. If you include images with your article please indicate where you feel they would be best placed. Conforming to these requests very much helps the proofreaders/formatters in getting your article to the compiler for printing in good time.

We are very happy to accept handwritten or typed pieces, if handwritten please use capitals to help us transcribe the article accurately and again, please place the title on the first line and the author's name on the second line.

CALLING ALL ADVERTISERS

As advert contracts expire over the course of the year we will be emailing to remind you. Please don't forget to renew as we depend on you.

New advertisers are, of course, always welcome too.

PUBLICATION DETAILS

Our distribution area is the LA10 Postal District which is Sedbergh & the surrounding villages, but it is sent all round the country & the world.

We are published on the 1st of every month (except January).

February to November is printed black ink on white. The December/January issue may be in full colour. All copies have a full colour cover by

a local photographer.

The closing date for everything is 15th of every month.

ADVERTISING

Please see page 4 for the main points on advertising in Lookaround. Further details can be found below.

PERSONAL MESSAGES

These are £1 each & are for sending Good Wishes, Thank You's, Birthday Greetings, Anniversaries & any other celebration or congratulation. You may also sell personal items but not on a business basis, & also make an appeal for wanted items.

Details with respect to people Passing Away are inserted for free.

Please ensure your submission is legible. We want to make sure we publish what you want us to publish.

GROUPS AND ORGANISATIONS

Any organisation that charges an admission, sells items or requires a donation from the public for anything at their event & wishes to include details in *The Lookaround*, are requested to place an Advert with us. This can be supported by text which cannot all be included in the advert. Any report *after* the Event is free. The request for payment for an Advert is to assist with financing *The Lookaround* which has a large printing expense every month. We feel that the Advertising Rates are very reasonable (for the last 18 years). All Adverts for Events automatically have the details entered into the Diary Page at the rear of *The Lookaround*. If organisations do not wish to Advertise with us, details of the Event will still appear on the Diary Page, but no text will be inserted.

BUSINESSES

Adverts for the Rent or Sale of property are not Personals & can only be included as a boxed Advert.

If you are a new advertiser in Lookaround & you order 3 or more adverts, you will receive one free advert & can also include some text explaining who you are, what you are, where you are, etc (which can not all go into an advert) up to about 550 words for free.

If you have more than 3 months of advertising, we will automatically send a renewal reminder should you wish to continue. If you order 10 months, we give you one free (making one whole year). See page 4 for information on how to pay.

CHILDREN'S BIRTHDAYS

Children's Birthdays are included free on the Birthday Page. Please send us the date, name and age of your child before the submission date (15th of the month) of the issue when the birthday should appear.

COVER PICTURES

If you have any pictures to go onto the cover of Lookaround, please send a high definition copy with the location and your name, and you will be credited. If the interest of the picture is in the centre it will be difficult to use as the centre is on the spine. Each half of the picture needs to work as one cover (back is the left hand side, front is the right).

LOOKAROUND BY POST

We will post Lookaround to you in the UK at a cost of £30.00 for an Annual Subscription, or anywhere in the world for £6.00 per issue.

CONTACT DETAILS

See page 4.

Lookaround Editorial Group

DIARY OF EVENTS

Dates are held up to 07/04/2024
 Dates in **BOLD** are start & finish events.
 Numbers in Brackets indicate Advert/Article on a Page.
 Month in Bracket relates to issue that details last
 appeared.

APRIL 2023

01	1900	Roger McClurg Trophy	Sun Inn De
02	1930	Concert BRADLEY CRESWICK	Appleby
03	1930	Peoples' Hall AGM (Mar)	PH
04	1900	COGS AGM (35)	RR
05	1000	Out of the Earth	FM
05	1200	Lent Lunches	StAS
05	1400	Community Corner (30)	DMC
06	1930	WIHF - David Moreland (22)	FCH
08	1800	Passover Meal (Mar)	DMC
09	625	Easter Dawn Service	Winder Sum
09	1700	Jon Dawes	TR
11	1400	WIK - A Walk in the Howgills (23)	PH
12	1400	Community Corner (30)	DMC
12	1915	Dentdale WI	DMH
12	1930	WIS - Butterflies in Cumbria (25)	PH
13	1415	A Feeling for Poetry (3) (Mar)	RR
13	1930	Sedbergh Parish Council (14)	PH
14		Cautley Burial Ground Closes (9)	TBA
14	1400	DHTF - A Talk on Rubbish (29)	DMH
15	1400	Daffodil Day (15)	Whelprigg,
15	1930	Queenesque	PH
16		School Term Begins	SS
16	1600	Messy Church	CCCN
18	1400	Sight Advice	PH
18	1930	Sedbergh Ladies NFU - Gardening (29)	PH
19	915	Walking Pilgrims (10)	Sedbergh L
19	1400	Community Corner (30)	DMC
20	1300	Medical centre training afternoon	MC
22	1400	Jumble Sale for GNAA (22)	PH
24	1930	Annual Parochial Church Meeting (8)	StAS
25	1000	Crochet Granny Square (25)	Chapel Gal
26	1400	Community Corner (30)	DMC
27	1415	A Feeling for Poetry (4) (Mar)	RR
28		Dementia Writing Competition Closes (8)TBA	
29	1930	Dentdale Choir Spring Concert (7,1)	StAD

MAY 2023

03	915	Walking Pilgrims (10)	Sedbergh I
03	1400	Community Corner (30)	DMC
05	1400	Dentdale Head to Foot	DMH
08	1600	Coronation Celebration (Jacobs Join)	GVH
09	1400	Killington WI	PH
09	1000	Hand Weaving (25)	Chapel Gal
09	1900	Annual Parochial church meeting (8)	StAD
10	1400	Community Corner (30)	DMC
10	1915	Dentdale WI products, packaging...	DMH
10	1930	Sedbergh WI fashion show	PH
12		Consultation on YDNP Plan Closes	TBA
12	1900	British Legion annual dinner (42)	GC
13	1000	Zero Waste repair café (7)	CCCN
14	1600	Messy Church	CCCN

14	1930	Barrie McDermott/Pete Emmett	WHC
15	1930	Killington WI group meeting	PH
16	1400	Sight Advice	PH
17	915	Walking Pilgrims (10)	Sedbergh L
17	930	Coffee morning Christian Aid	StAS
17	1300	Medical Centre training afternoon	MC
17	1400	Community Corner (30)	DMC
18	1900	Sedbergh Parish Council AGM (14)	PH
23	1000	Needle Felted Mouse (25)	Chapel Gal
24	1400	Community Corner (30)	DMC
27	900	Artisan Market	main stree
29	1900	Howgill Duck Race & coffee evening	HVH
30	1700	Evie Plumb	TR
31	1300	Garsdale Sports	GVH
31	1400	Community Corner (30)	DMC

JUNE 2023

02		Dentdale Head to Foot outing	TBA
07	1400	Community Corner (30)	DMC
11	1600	Messy Church	CCCN
13		Killington WI outing	tbc
14		Dentdale WI outing	tbc
14	1400	Community Corner (30)	DMC
14	1930	Sedbergh WI Ukraine	PH
15	1300	Medical Centre training afternoon	MC
21	1400	Community Corner (30)	DMC
24		C2C Cycle Ride	TBA
24	900	Artisan Market	main st
28	1400	Community Corner (30)	DMC
01		Lancashire Country Cricket match	SS

JULY 2023

02		Out of the Earth	FM
05	1000	5757 Aske to Kyoto	FM
05	1000	New Landscapes - Peter Bolton	FM
05	1000	Thinking in Colour and Form	FM
05	1400	Community Corner (30)	DMC
07		Lancashire County Cricket	SS
07		Lancashire vs Southern Vipers	SS
07	1400	Dentdale Head to Foot outing	TBA
12		Sedbergh WI Summer outing	TBA
12	1300	Medical centre training afternoon	MC
12	1400	Community Corner (30)	DMC
12	1915	Dentdale WI St Johns Hospice	DMH
19		Lancashire County Cricket	SS
19		Lancashire vs The Blaze	SS
19	1400	Community Corner (30)	DMC
22	1000	St Andrews Summer Fair	StAS
26	1400	Community Corner (30)	DMC
29	900	Artisan Market	main st

AUGUST 2023

02	1400	Community Corner (30)	DMC
04		DDCF Festival (Dec)	Rhumes, De

All entries in the Diary are free and helps other organisations to make their own plans for events. If you have it in your Diary, please put it in ours.

DIARY KEY	
AS	Art Society
BC	Sedbergh Bowling Club
BF	Brigflatts
BVH	Barbon Village Hall
CCCN	Cornerstone Community Church, New St
CM	Coffee Morning
CWT	Cumbria Wildlife Trust
DCMH	Dales Countryside Museum, Hawes
DCP	Dent Car Park
DCS	Dentdale Chapel Schoolroom
DHTF	Dentdale, Head to Foot
DMH	Dent Memorial Hall
DMC	Dent Methodist Chapel
FCH	Firbank Church Hall
FM	Farfield Mill
GC	Golf Club
GH	Gladstone House
GVH	Garsdale Village Hall
HS	History Society
HVH	Howgill Village Hall
HTH	Holy Trinity Howgill
JLCP	Joss Lane Car Park
KL	Kirkby Lonsdale
KPH	Killington Parish Hall
L	Library, Main Street
LHCP	Loftus Hill Car Park
MC	Medical Centre
MCD	Meditation Centre, Dent
PH	People's Hall
QG	Queens Gardens
RFC	Rugby Football Club
RR	Rawthey Room, 72 Main Street
SASL	Sight Advice South Lakeland
SCC	Sedbergh Cricket Club
StAS	St Andrew's Church, Sedbergh
StAD	St Andrew's Church, Dent
StJCC	St Johns Church, Cowgill
StJCG	St Johns Church, Garsdale
StMC	St Mark's Church, Cautley
SIC	Sedbergh Information Centre, 72 Main St
SPS	Sedbergh Primary School
SS	Sedbergh School
SSAT	Settlebeck School Academy Trust
SSL	Sedbergh School Library
STC	Sedbergh Tennis Courts
TBA	To Be Announced
TR	Thirsty Rambler
WHC	White Hart Club
WID	Women's Institute, Dentdale
WIHF	Women's Institute, Howgill & Firbank
WIK	Women's Institute, Killington
WIS	Women's Institute, Sedbergh

EAT AND DRINK IN SEDBERGH

AL FORNO ITALIAN KITCHEN

MAIN STREET - 015396 34040

Delicious oven baked pizza and pasta for eating in or takeaway. Open for café food at lunchtimes (12-2) Sat, Sun Mon and Tuesday.

BLACK BULL HOTEL.

MAIN STREET - 015396 20264

Nationally recognised and award winning restaurant. Also has 'The Meadow' outdoor bar and kitchen in the garden for sunny days and evenings.

DALESMAN COUNTRY INN

MAIN STREET - 015396 21183

The restaurant serves modern 'traditional' cuisine using local producers. There's a welcoming fire and plenty of real ales, lagers and gins in the bar.

HADDOCK PADDOCK

MAIN STREET - 015396 20468

Excellent Fish and Chips, if you're visiting have some before you leave.

NUMBER 46

MAIN STREET

Great sandwiches, rolls etc, perfect for taking with you when walking in the Fells (I speak from experience). Or pop in for a cup of excellent coffee!

THE RED LION

FINKLE STREET - 015396 20433

A lovely traditional pub serving local ales and wholesome food. Just what you need when you've come down from the fells.

SEDBERGH GOLF CLUB

CATHOLES, DENT ROAD - 015396 21551

Open to all for well cooked classic food.

SMATTS DUO

MAIN STREET - 015396 20552

If you fancy a full English breakfast, lunch or afternoon tea this is the place for you.

THIRSTY RAMBLER

MAIN STREET - 07874 838816

Thirsty after rambling? This micro bar is the place for a relaxing drink.

WAFFLE CONE

MAIN STREET

Ice creams, waffles and drinks. Eat them inside in the seating area, or take them away for home or al fresco consumption.

THE TEA ROOM AT FARFIELD MILL

HAWES RD - 015396 21958

catering@farfieldmill.org

Walk to the Mill and have lunch or tea in the café. Sit outside by the river on a fine day.

PLACES OF INTEREST TO VISIT IN THE AREA

Bowling Green, Queens Gardens
 Bruce Loch Nature Area, Busk Lane
 Cautley Spout, A683 towards Kirkby Stephen
 Community Office, 72 Main Street
 Cornerstone Community Church, New Street
 Cumbria Wildlife Trust, Community Office
 Dent Heritage Centre, Laning, Dent *
 Farfield Mill, A684 Garsdale Road
 Friends Quaker Meeting House, Brigflatts
 George Fox's Quaker Pulpit, Firbank
 Golf Club, Catholes, Sedbergh *
 Information Centre, 72 Main Street
 History Society, Community Office
 Holy Trinity Church, Howgill
 Jubilee Wood Nature Area, Castlehaw Lane
 Langstone Fell, A684 Garsdale Foot
 Motte & Bailey Castle, Castlehaw Lane
 Pepperpot Folly, Busk Lane
 Picnic Site, Ghyllas, Cautley Road
 Picnic Site, Settlebeck New Bridge
 Play Ground, Dent Village
 Play Ground, People's Hall
 Play Ground, Maryfell
 Queen's Gardens, Station Road
 St. Andrew's Church, Dent
 St. Andrew's Church, Main Street, Sedbergh
 St. Gregory's Church, Vale of Lune
 St. John's Church, Cowgill
 St. John's Church, Firbank
 St. John's Church, Garsdale
 St. Mark's Church, Cautley
 Sedbergh Embroidery, StAS
 Tennis Courts, Guldrey Lane *
 Winder Fell, above Sedbergh

* = Entry Fee Applicable

SOME WALKS AROUND SEDBERGH

WINDER 3.4 miles, 1150 ft, 1.5-2.5 hrs
 Sedbergh's own little Matterhorn with great views of the surrounding fells and dales. *(Walk 1)*

THE CALF 8 miles 2600ft 4-5 hrs
 A bracing ridge walk over Arant Haw and Calder to the highest point in the Howgills, . *(Walk 1)*

FARFIELD MILL 3.7-4.4 miles, 2-3 hrs
 Fairly flat walk partly by the riverside, with the added advantage of the Farfield Café half way around. *(Walk 2)*

AKAY WOODS 2.3 miles 1 - 1.5 hrs
 Lovely riverside stretches, past the restored Pepperpot, then through woods above the river, with vestigial remains of Akay House. *(Walk 3)*

SEDBERGH SCHOOL 45 mins
 A stroll to see the sights of Sedbergh School *(Walk 4).*

FELL WALL 2.2 miles 1 - 1.3 hrs
 Elevated promenade above Sedbergh Town, not as energetic as going to Winder top, but still out onto the edge of the open country. *(Walk 6)*

BRIGGFLATTS 4.2 miles 2- 3 hrs.
 Along the Rawthey to the peaceful and historic Quaker Meeting House, then back through the fields. *(Walk 7)*

DENT AND BACK 11.5 miles 1500 ft 4-5 hrs
 Across the wild (and possibly wet) Long Moor to Dent then back by Dentdale and the River Dee. *(Walk 8)*

CAUTLEY SPOUT FROM CROSS KEYS 2.5 miles 1 - 1.5 hrs
 A stroll across open country to the bottom of Cautley Spout. Some would say this is the second highest waterfall in Britain. *(Walk 9)*

CAUTLEY SPOUT AND BACK 10 miles 3150 feet 4.5 - 6.5 hours
 Gorgeous walk up the dale to the Spout, with a return over the tops for the adventurous. *(Walk 9)*

MILLTHROP AND ABBOT HOLME 5.1 miles 920ft 2.5 - 3 hours. Up over Frostraw, down into Dentdale, to follow the Dee past the golf course, and back to Sedbergh. *(Walk 10)*

DALES WAY AND CRAGGSTONES. 7.5 miles 1165 ft 3 - 4 hrs. Follow the Dales Way beside the Rawthey and the Lune, then ascend past the waterfalls in Craggstons Wood, before a final stroll across the base of Winder. *(Walk 11)*

For further details of these numbered walks see the Sedbergh Town website. Leaflets describing the walks can also be obtained from Sedbergh Tourist Information Centre for a small donation to cover printing costs.



BED & BREAKFAST

Proprietor	Address	Phone (015396)
Mrs J Postlethwaite	Bramaskew Farm, Howgill, Sedbergh LA10 5HX (2013/09) <i>1D(ES); 1T(ES); CH; TV; P; NP; Di; VB; EM; CW</i> e-mail:- stay@drawellcottage.co.uk	21529
Mrs A Bramall	Summerhill, 7 Highfield Road, Sedbergh LA10 5DH (2013/11) <i>Sleeps 6 3D (1ES), 1T (PB), CH, NS, NP*, DR, VB, CB, DFB</i> e-mail: alibramall@protonmail.com	20360
Mr and Mrs McCririe	Daleslea, Station Road, Sedbergh, LA10 5DL (2019/11) <i>Sleeps 6 3D (ES), CH, NS, TV, P, NP, VB</i> e-mail: Daleslea@outlook.com	21789
Mrs C Clowes	The Cross Keys, Cautley, Sedbergh LA10 5NE (2022/08) <i>1T(ES), 1D(ES) NS, CH, L</i> e-mail: crosskeyscautley@outlook.com	20284

CAMPING, CARAVANNING & SELF-CATERING

Mrs S Capp	Scrogg House Farm Cottages, Cautley Road, Sedbergh LA10 5LN Boskins: <i>Sleeps 4; D/T(S King); ES x 2; L; P; CH; DW; DR; WiFi</i> Speight Cottage: <i>Sleeps 2; D(King); L; P; DR; CH; WiFi; Hot Tub</i> e-mail: sam@thecapps.co.uk website: www.scrogghouse.farm	34032
Mr E Welti	8, Guldrey Terrace, Sedbergh, Cumbria, LA10 5DT <i>Sleeps 1-5; 1D; 1T; 1S; CH; TVL; P; NS</i> e-mail: ed_welti@btinternet.com	20770
Borrett Barn Caravan, Marthwaite, Sedbergh (2018/04)	<i>Sleeps 4 people; D; T; CH; L; P; NS</i>	21175
Borrett Barn Flat, Marthwaite, Sedbergh (2018/04)	<i>Sleeps 4 people; D; T; CH; L; P; NS</i>	21175
Ann Newbold	The Pele Tower, Killington Hall, Killington, LA6 2HA (2019/11) <i>Luxury Self Catering Sleeps 2-4 people 2D ES /1D 1T ES; CH; L; TV; NP; NC</i> e-mail: hello@killingtontower.co.uk website: www.killingtontower.co.uk	45845
The Roost at Bowersyke, Killington, LA10 5EW	<i>Sleeps 2 people 1D CH L TV P NS NP NC</i> e-mail: booking@theroostcottage.co.uk website: www.theroostcottage.co.uk	07927 295262

KEY

F = Family Rm; D = Double Rm; S = Single Rm; T = Twin Rm; ES = En Suite; PB = Private Bathroom
CH = Central Heating; L = Lounge; TV = TV in all Rooms; TVL = TV Lounge; P = Parking;
DA = Disabled Access; NS(B) = No Smoking (Bedrooms); NP(*) = No Pets (* by arrangement);
DW = Dogs Welcome; DR = Drying Room; Di = Dinners; VB = Vegetarian Breakfast; CB = Celiac Breakfast;
EM = Evening Meal;; NC = No Children; CW = Children Welcome; TL = Table Licence; DFB = Dairy Free Breakfast

Organisation	Updated	Contact	Tel:	015396
Age UK South Lakeland	07/18	Helpline	030 300	30003
Allotments Association - Dent	02/14	Mrs Comerie	Dent:	25770
Allotments Association - Sedbergh	02/09	Mr Atkins	Sed:	20031
Angling Association	01/09	Mr Wright	Dent:	25533
Art Society - Sedbergh	04/19	Mrs Alison	jen.alison10@gmail.com	
Audio Lookaround	10/20	Mrs Handley	Sed	20540
Badminton - Sedbergh	10/08	Mr Wheatley	07816	437500
Beekeepers Association	10/22	Rosemary Hartley	07596	117035
Bell Ringers (StAS)	02/14	Mrs Sharrocks	Sed:	20754
Book Group	01/09	Mrs Dodds	Sed:	20308
Bowling Club - Sedbergh	09/14	Phil Johns	07807	909860
Bridge Club	11/19	Mr Alison	015398	24666
Bridging the Gap	05/14	Mr Richardson	01772	561323
British Legion	12/15	Mr Parratt	Sed:	20964
Canoe Club - Sedbergh	01/09	Mr Hinson	Sed:	20118
Carer Support South Lakes Main Office	11/22	Kendal Office	01539	815970
Caving Club - Kendal	01/09	Mr Teal	Sed:	20721
Chamber of Trade	12/12	Mrs Sayner	Sed:	20935
Christian Aid	11/17	Mrs Thompson	Sed:	22023
Citizens Advice Bureau	12/16	Kendal	03444	111444
Community Orchard Group	06/16	Mrs Parratt	Sed:	20964
Cobweb Orchestra	04/19	Mrs Blackwell	Sed:	20056
Community Swifts (Sedbergh)	03/16	Mrs Hoare	01539	824043
Conservative Association - Sedbergh	01/09	Mr Beck	Sed:	20336
Cricket Club - Sedbergh	04/22	Kris Baldock	07730659413	
Dentdale Choir	04/17	Mr Feltham	Dent:	25689
Dentdale Head to Foot	04/17	Mr Steele	Dent:	25054
Dent Meditation Centre	06/22	Bel Charlesworth	07775920079	
Dent Memorial Hall	01/09	Mrs McClurg	Dent	25446
Dignity in Dementia *	02/21	Diane Smillie	07771	682378
Dog Training - Sedbergh	01/09	Mrs Robertshaw	Sed:	20316
Sedbergh Environmental Group	02/19	Mr Chapple	07891	908025
Farfield Mill – Art Craft Heritage	03/23	reception@farfieldmill.org	015396	21958
Firbank Church Hall	09/11	Mr Woof	Sed:	21343
First Responders - Dent	04/23	Wendy Pontefract	Dent:	25253
First Responders - Sedbergh	02/15	Mr Cobb	Sed:	22541
Football Club - Dent	01/09	Mrs Mitchell	Dent:	25432
Football Club Junior - Sedbergh	11/17	Mr Todd	07979	569428
Football Club Senior - Sedbergh	07/14	Mr Parkin	Sed:	20585
Friends of Farfield Mill	04/22	Anne Mackinnon	friends@farfieldmill.org	
Friends of Settle and Carlisle Line	08/22	John Carey	john.carey@settle-carlisle.com	
Garsdale Village Hall	11/16	Mrs Labbate	Sed:	22114
Golf Club	12/08	Mr Gardner	Sed:	21551
Good Companions - Dent	04/16	Mrs Woof	Dent:	25212
Grief Share	02/19	Duty Team Member	07498	870267
History Society	01/09	Karen Bruce Lockhart	Sed:	34603
Howgill's Harmony	01/09	Mr Burbidge	Sed:	21166
Howgill Harriers	03/17	Mrs Houghton	admin@howgillharriers.co.uk	
Howgill Village Hall	01/09	Mrs Stainton	Sed:	20665
Ignite Youth Club	08/20	Mrs Askew	Sed:	25465
Kent Lune Trefoil Guild	12/13	Mrs Gilfellon	01524	781907
Killington Parish Hall	08/13	Mr Mather	015242	76333
Killington Sailing Association	10/18	Dr Ripley	mylesripley@btinternet.com	

Labour Supporters Group	12/17	Mr Cross	Sed:	22566
Ladies National Farmers Union	12/11	Mrs Sandys-Clarke	Sed:	21246
Liberal Democrats	12/08	Mrs Minnitt	015242	72520
Little People	04/22	TBA		
Lunch Club	03/18	Mrs l'Anson	Sed:	21757
Lunesdale Archaeology Society	11/18	Committee lunesdale.archaeology@gmail.com		
Meals On Wheels	04/19	Mr Cowperthwaite	07961	925003
Messy Church	09/14	Mrs Raw	Sed:	20542
Methodist Church Hall	04/14	Mr Allen	Sed:	20194
Orchestra (Sedbergh)	11/11	Mrs Smith	Sed:	21196
Parent Support Group	01/09	Mrs Goad	Sed:	20402
Parish Council - Dent	04/17	Mr Thornley	Dent:	25185
Parish Council - Garsdale	12/14	Mr Johns	Sed:	22170
Parish Council - Sedbergh	08/16	Miss Hassam	07966	134554
People's Gym	12/19	membership@sedberghgym.club		
People's Hall	07/22	Dr Gina Barney	Sed:	20790
Pepperpot Club - Sedbergh	04/22	Nicola Cann—rdnicolacann@outlook.com		
Pistol and Rifle Club	01/09	Mr Middlemiss	Sed:	20662
Playground - Sedbergh	04/14	Mrs Hassam	Sed:	20125
Playgroup - Sedbergh	09/14	Mrs Kitchen	Sed:	20826
Playing Field - Sedbergh	10/09	Mr Longlands	Sed:	20885
Red Squirrel Group - Sedbergh	09/19	Mr Hopps sedberghredsquirrels100@gmail.com		
Residents Association - Sedbergh	01/09	Mrs Capstick	Sed:	20816
Rose Community Theatre	10/20	Mrs Gold-Wood	Sed:	20147
Schools				
Dent Primary	03/13	School	Dent:	25259
Dent Primary - Friends of	03/13	School	Dent:	25259
Sedbergh Primary	01/09	School	Sed:	20510
Settlebeck	01/09	School	Sed:	20383
Settlebeck PTFA	04/15	Mr Hartley	Dent:	25317
Sedbergh School	01/09	School	Sed:	20303
Scouts - Beavers	03/23	Mr Mawdsley	07989	201481
Scouts - Cubs	03/23	Mr Mawdsley	07989	201481
Scouts	03/23	Mr Mawdsley	07989	201481
Scouts - Explorers	11/15	Mrs Colton	07789	906421
Sedbergh United Charities	09/19	Mr Sykes	07786	384917
Senior Golfers	01/20	Mr Braddon	0330	1138850
Sight Advice South Lakeland	04/15	Miss Harper	Sed:	20613
Sing Joyfully! (Casterton)	09/16	Mrs Micklethwaite	07952	601568
Spellbound Theatre	11/17	Miss Pakeman	Sed:	21279
Squash Club	10/15	Mr Bannister	Sed:	21664
Swimming Club	03/22	Sedberghswimmingclub@gmail.com		
Swimming Group for Over 50's	12/21	Linda Greensmith	07919	152526
Tennis Club	04/19	Mr Lewes	Sed:	20052
Town Band	01/09	Mrs Waters	Sed:	20457
Town Twinning Group	04/22	Garth Steadman	07796164066	
Voluntary Car Scheme	06/22	Laura	07779	415644
Walking & Cycling Group	08/14	Miss Nelson	Sed:	21770
Westmorland Gazette Correspondent	07/19	Mr Welti	Sed:	20770
White Hart Sports and Social Club	01/09	The Committee	Sed:	20773
Women's Institute - Dentdale	06/14	Mrs Smith	Dent:	25607
Women's Institute - Howgill	04/13	Mrs Hoggarth	01539	824663
Women's Institute - Killington	01/09	Mrs Sharrocks	Sed:	20754
Women's Institute - Sedbergh	04/23	Megan Taylor taylor71@hotmail.co.uk		
Young Cumbria	01/09	Mrs Hartley	01524	781177
Young Farmers Club	11/15	Miss Thompson	07590	115844
Young Kidz	01/09	Mrs Baines	Sed:	21287

* = Latest Amendments

If there are any Groups missing and/or contact details are incorrect, please let us know.

PUZZLE SOLUTION

10	Q	20	U	26	I	18	C	9	K		19	J	11	A	16	V	1	E	14	L	26	I	17	N	
				4	M			1	E		13	O			26	I			14	L			1	E	
1	E	4	M	23	P	11	A	21	T	25	H	6	Y		15	S	21	T	11	A	4	M	23	P	
11	A			5	R			18	C			7	F		26	I			4	M			25	H	
15	S	8	W	26	I	15	S	25	H			20	U	4	M	2	B	5	R	11	A	12	G	1	E
6	Y			17	N							14	L			14	L							8	W
		15	S	21	T	26	I	17	N	12	G			7	F	1	E	26	I	12	G	17	N		
3	D							13	O			2	B							1	E			1	E
1	E	4	M	23	P	13	O	8	W	1	E	R			11	A	17	N	17	N	1	E	24	X	
23	P			14	L			25	H			13	O		15	S			1	E			1	E	
11	A	4	M	11	A	22	Z	1	E			17	N	13	O	15	S	21	T	5	R	20	U	4	M
5	R			22	Z			5	R			22	Z			1	E			26	I			23	P
21	T	5	R	11	A	23	P	1	E	22	Z	E			21	T	11	A	18	C	26	I	21	T	

1	E	2	B	3	D	4	M	5	R	6	Y	7	F	8	W	9	K	10	Q	11	A	12	G	13	O
14	L	15	S	16	V	17	N	18	C	19	J	20	U	21	T	22	Z	23	P	24	X	25	H	26	I

LOOKAROUND EDITORIAL TEAM

Myles Ripley (T)	Team Leader and Chairman	Jane Fisher (T)	Proofreading
Frances Haigh (T)	Treasurer	Katie Wood	Proofreading
Philip Johns (T)	Secretary	Ed Welti (T)	Compilation and Vice Chairman
Elsbeth Griffiths	Proofreading	Valerie Welti (T)	Advertising Administration
Karen Bruce Lockhart	Proofreading		

Editorial Team members annotated with (T) are also Trustees.
Dennis and Jackie Whicker are Life Time Presidents but are no longer involved in compilation

BUS SERVICES

Woofs

From November 2021

Sedbergh Library to Blackhall Rd, Kendal via Oxenholme				Blackhall Rd, Kendal to Sedbergh Library via Oxenholme			
Depart	Arrive	Day	Service	Depart	Arrive	Day	Service
0940	1010	M - F	W1	1030	1056	M - F	W1
1240	1310	M - F	W1	1330	1356	M - F	W1

Whilst every effort has been made to ensure that the times shown are up to date, they can change at short notice.

For Comprehensive up-to-date information ring Traveline 0871 200 22 33 (Open : 7am - 8pm Daily)

Western Dales Bus

S1 Saturdays - Kendal Shuttle

Dent Station - Dent - Sedbergh - Oxenholme - Kendal

*From 1st April 2023 * Runs from 01/04/23 to 30/09/23 only*

Trains to Carlisle	..	1048	1815	1944*
Trains to Leeds	..	1041	1732	1938*
Dent Station	..	1053	1737	1947*
Dent Village	..	1108	..	1505	1752	2002*
Sedbergh Maryfell	0835	1123	1315	1520	1807	2017*
Sedbergh Library	0837	1125	1317	1522	1809	2019*
Sedbergh opp. Morphets	0839	1127	1319	1524
Killington M6 Bridge	0847	1135	1327	1532
Oxenholme Station	0857	1145	1337	1542
Kendal K Village	0902	1150	1342	1547
Kendal Bus Station	0908	1156	1348	1553
Kendal Morrisons	0913	1201	1353	1558
Kendal Morrisons	0923	1223	1403	1608
Kendal Bus Station	0928	1228	1408	1613
Kendal K Village	0933	1233	1413	1618
Oxenholme Station	0938	1238	1418	1623
Killington M6 Bridge	0948	1248	1428	1633
Sedbergh Spar	0956	1256	1436	1641
Sedbergh Post Office	0958	1258	1438	1643	1855	..
Sedbergh Maryfell	1000	1300	1440	1645	1857	..
Dent Village	1015	..	1455	1700	1912	..
Dent Station	1030	1715	1927	..
Trains to Carlisle	1048	1815	1944	..
Trains to Leeds	1041	1732	1938	..

BUS SERVICES

Western Dales Bus S3 Fridays - Hawes Hopper Dent - Sedbergh - Garsdale - Hawes

From 1st April 2023 to 30th September 2023 only

Dent Village	..	0942	1146	1425
Sedbergh Spar	..	0958	1202	1441
Sedbergh Post Office	..	0959	1203	1442
Sedbergh Maryfell	..	1001	1205	1444
Farfield Mill entrance	..	1003	1207	1446
Garsdale Street	..	1013	1217	1456
Coal Road (Garsdale Station turning)	..	1019	1223	1502
Trains to Carlisle	..	1054	1222	1448
Trains to Leeds	1208	..
Moorcock Inn	..	1020	1224	1503
Hawes Creamery	..	1030	1234	1513
Hawes Market Place	..	1032	1236	1515
Hawes Dales Countryside Museum	..	1034	1238	1517
Hawes Dales Countryside Museum	..	1044	1323	1527
Hawes Market Place	..	1046	1325	1529
Hawes Creamery	..	1048	1327	1531
Moorcock Inn	..	1058	1337	1541
Coal Road (Garsdale Station turning)	..	1059	1338	1542
Trains to Carlisle	..	1054
Trains to Leeds	1559
Garsdale Street	..	1105	1344	1548
Farfield Mill entrance	..	1115	1354	1558
Sedbergh Maryfell	..	1117	1356	1600
Sedbergh Library	0915	1119	1358	1602
Sedbergh opp. Morphets	0916	1120	1359	..
Dent Village	0932	1136	1415	..

JOSS LANE & LOFTUS HILL CAR PARKING CHARGES

30 minutes = £0.50	3 hours = £3.20
1 hour = £1.20	5 hours = £5.00
2 hours = £2.20	All day (9 hours) = £6.00
Maximum stay = 24 hours	Annual Resident Permit = £60

Both available from the Information Centre only,
renewable annually on 1st September.

BUS SERVICES

Western Dales Bus

**S5 Wednesdays - Kirkby Stephen Shopper
Sedbergh - Kirkby Stephen - Ravenstonedale -
Newbiggin - Kendal Bus Station - Kendal Morrisons**

Sedbergh Dalesman	0900
Cautley Cross Keys	0909
Kirkby Stephen Station entrance	0923
Kirkby Stephen, Market Square	0928
Kirkby Stephen Co-op	0935	1139	1428
Kirkby Stephen Social Club	0936	1140	1429
Kirkby Stephen Station entrance	0941	1145	1434
<i>Trains to Carlisle</i>	<i>0934</i>	<i>1106</i>	<i>1501</i>
<i>Trains to Leeds</i>	<i>0920</i>	<i>1146</i>	<i>1455</i>
Ravenstonedale Kings Head	0947	1151	1440
Newbiggin on Lune	0950	1254	1443
Tebay Roundabout	0958	1202	1451
Killington M6 bridge	1008	1212	1501
Kendal Castle Green	1017	1221	1510
Kendal Bus Station	1022	1226	1515
Kendal Morrisons	1027	1231	1520
Kendal Morrisons	1037	1326	1530
Kendal Blackhall Road	1042	1331	1535
Kendal Castle Green	1047	1336	1540
Killington M6 Bridge	1056	1345	1549
Tebay Roundabout	1106	1355	1659
Newbiggin on Lune	1114	1403	1607
Ravenstonedale Kings Head	1117	1406	1610
Kirkby Stephen Station entrance	1123	1412	1616
<i>Trains to Carlisle</i>	<i>1106</i>	<i>1501</i>	<i>1703</i>
<i>Trains to Leeds</i>	<i>1146</i>	<i>1455</i>	<i>1717</i>
Kirkby Stephen Pennine Hotel	1128	1417	1621
Kirkby Stephen Co-op	1129	1418	1623
Kirkby Stephen Market Street	1624
Kirkby Stephen Station entrance	1629
Cautley Cross Keys	1643
Sedbergh, Library	1652

BUS SERVICES

Western Dales Bus

**S6 Tuesdays and Thursdays - Kirkby Stephen—Penrith
Sedbergh - Kirkby Stephen - Brough - Appleby - Penrith**

Sedbergh Post Office	0914
Cautley Cross Keys	0923
Kirkby Stephen Station Entrance on A685	0937
Kirkby Stephen Pennine Hotel	0945	1148	1426
Kirkby Stephen Co-op	0946	1149	1427
Brough Clock	0954	1157	1435
Warcop Bus Shelter	1001	1204	1442
Appleby The Sands (drop off only)	1012	1215	1453
A66 Bridge End Inn (drop off only)	1020	1223	1501
A66 Whinfell (drop off only)	1025	1228	1506
Penrith Bus Station Stand 2	1035	1238	1516
Penrith Bus Station Stand 2	1045	1323	1526
A66 Whinfell (pick up only)	1055	1333	1536
A66 Bridge End Inn(pick up only)	1100	1338	1541
Appleby, The Sands (pick up only)	1108	1346	1549
Warcop Bus Shelter	1119	1357	1600
Brough Clock	1126	1404	1607
Kirkby Stephen Co-Op	1134	1412	1615
Kirkby Stephen Pennine Hotel	1138	1416	..
Kirkby Stephen Social Club	1616
Kirkby Stephen Station Entrance on A685	1621
Cautley, Cross Keys	1625
Sedbergh Town	1644

DENT RAILWAY STATION TIMETABLE

Valid from January 2022

**(N) Through train to Leeds, Sheffield and Nottingham
(B) To Blackpool**

Because of difficulties caused by Covid, cancellations are possible, so please check before travelling: National Rail Enquiries (03457 484950), or Northern (0800 200 60 60)

Northbound to Carlisle For Garsdale times, add 5 minutes			Southbound to Leeds For Garsdale times, subtract 5 minutes		
Mon-Fri	Sat	Sun	Mon-Fri	Sat	Sun
06.49	07.54	10.34	07.03	09.08	10.40
09.16	09.16	11.04	09.38	10.41	13.38
10.48	10.48	14.01	12.13	12.13	16.33 (N)
12.17	12.17	15.53	16.04	16.04	18.03 (B)
14.43	14.43	17.48	17.32	17.32	18.41
16.46	16.46	20.20	19.38	19.38	20.26
18.15	18.15
19.44	19.44

Religious Services in Sedbergh

CHURCH OF ENGLAND

Sedbergh and Dent
St. Andrew's Parish Church
Vicar of Sedbergh and Dent

Rev. Andy Burgess Tel: 20018
andy.burgess@westerndales.org.uk

Church Wardens:

Sedbergh: Tony Reed Screen 21081
& Susan Sharrocks 20754
www.sedbergh.org.uk/churches/anglican

Cautley: Judith Bush 20058
& Maureen Hinch 20843
Garsdale: Rosemary Lord 20993
& Bill Mawdsley 20723

Firbank: Heidi Holmes
Howgill: Helen Hoggarth 20805
& Pauline Marshall 21651
Killington: Inquiries - Tony Reed Screen
21081

Dent & Cowgill

Rev. Christine Brown Tel: 25418
Email: christinelucy2014@gmail.com

Church Wardens:

Dent: Janet Skublics 25296
Cowgill: Janice Moorby 07815438662
and Heather Fraser 25727

**SEE SERVICE TIMES ON
THE FOLLOWING PAGE**

ROMAN CATHOLIC

St. Andrew's Parish Church
Sunday 12.00

Parish Priest Kendal
Tel: 015397 20063

CORNERSTONE COMMUNITY CHURCH

New Street
Sunday 10.30
Rev. David Crouchley Tel: 20329

SOCIETY OF FRIENDS - QUAKERS

Brigflatts
Sunday 10.30

Janet Chetwood (Comms Clerk)
Tel: 21715

Sally Ingham (Business Clerk)
Tel: 07939 569559

DENTDALE CHRISTIAN FELLOWSHIP

Rhumes, Dent LA10 5QJ
Every 4th Sunday 1900
Sarah Woof Tel: 25212

METHODIST CHURCH

Dent; Dent Foot;
Cautley; Garsdale Street;
Garsdale Low Smithy; Hawes Junction
Rev. David Crouchley Tel: 20329

PIONEER MINISTER TO THE WESTERN DALES COMMUNITY

Becca Gilbert
Email: becgilb@gmail.com

UNITARIAN & FREE CHRISTIAN CHAPEL

Market Place, Kendal
Sunday 11.00
Amanda Reynolds Tel: 07545 375721

Anglican Service Times

ST ANDREW'S CHURCH, SEDBERGH

Every Sunday	8am, BCP Holy Communion
	9.30am, Holy Communion
4th Sunday	9.30am, All-Age Service
Mondays	9.30am, Morning Prayer
Wednesdays	11.30am, BCP Holy Communion

ST ANDREW'S CHURCH, DENT

Every Sunday	11.15am, Holy Communion
4th Sunday	11.15am, All-Age Service
Tuesdays	9.30am, Morning Prayer

ST MARK'S CHURCH, CAUTLEY

1st Sunday	2.30pm, Holy Communion
3rd Sunday	9.30am, Morning Prayer
5th Sunday	2.30pm, Taizé Service

ST JOHN THE BAPTIST'S CHURCH, GARSDALE

1st Sunday	11.15am, Holy Communion
3rd Sunday	11.15am, Morning Prayer
5th Sunday	11.15am, Morning Prayer

ST JOHN THE EVANGELIST'S CHURCH, COWGILL

1st Sunday	2.30pm, Evening Prayer
3rd Sunday	2.30pm, Holy Communion

HOLY TRINITY CHURCH, HOWGILL

2nd Sunday	9.30am, Holy Communion
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ST JOHN THE EVANGELIST'S CHURCH, FIRBANK

2nd Sunday	2.30pm, Holy Communion
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ALL SAINTS' CHURCH, KILLINGTON

4th Sunday	2.30pm, Afternoon Service
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Timetable valid from September 2022 onwards

*Combined plans for Western Dales Mission Community
April 2023*

	Time	2 nd	9 th	16 th	23 rd	30 th
St. Andrew's, Sedbergh LA10 5BZ	8am	HC-BCP			HC-BCP	HC-BCP
	9.30am	Joint Service at Cornerstone	10.30am Easter Day HC	HC	All-Age Service	HC
St. Andrew's, Sedbergh LA10 5BZ	9.30am	6- Choral Evensong	10.30am Easter Day HC	HC	All-Age Service	HC
Cornerstone Community Church, Sedbergh LA10 5AF	10.30am	Palm Sunday Joint Service	HC	Service 4pm Messy Church	Service	HC
St. Mark's, Cautley LA10 5LZ		Joint Service at Cornerstone	9.30am Easter Day HC		2.30pm Patronal Festival	2.30pm Taize Service
St. John's, Garsdale LA10	11.15am	Joint Service at Cornerstone	10am Easter Day HC	MP		MP
Garsdale Low Smithy Methodist Chapel LA10 5PF	2.00pm	Joint Service @ Cornerstone	2.30pm Chapel Anniversary @ Hawes Junction		Service	Service
All Saints, Killington LA6 2HA	2.30pm	Joint Service at Cornerstone			All-Age Service	
Holy Trinity Howgill LA10 5JD	9.30am	Joint Service at Cornerstone	9.30am Easter Day HC			
St. John's Firbank LA10 5EF	2.30pm	HC				
St. Andrew's, Dent LA10 5QL	11.15am	Joint Service at Cornerstone	10.30am Easter Day HC	HC	All-Age Service	HC
St. John's, Cowgill LA10 5RJ	2.30pm	Joint Service at Cornerstone	9am Easter Day HC	EP		
Dentdale Methodist Chapel LA10 5QJ	2pm	Joint Service @ Cornerstone	HC	Service	Service	Service
Quakers, Friends Meeting House, Brigflatts Lane, LA10 5HN	10.30am	Meeting for Worship	Meeting for Worship OR Area Meeting Zoom Worship.	Meeting for Worship	Meeting for Worship	Meeting for Worship
Roman Catholics, St. Andrew's, Sedbergh LA10 5BZ	12 noon	Service	Service	Service	Service	Service
	Wednesday	5th	12th	19th	26th	
St. Andrew's, Sedbergh LA10 5BZ	11.30am	HC-BCP	HC-BCP	HC-BCP	HC-BCP	
Quakers	19.30	Zoom meeting for Worship – contact below.	Zoom meeting for Worship– contact below.	Zoom meeting for Worship – contact below.	Zoom meeting for Worship – contact below.	
Roman Catholics	21.00				Compline Night Prayer	
HC- Holy Communion (HCx- Extended Communion) MP- Morning Prayer			BCP- Book of Common Prayer EP- Evening Prayer			

Contacts– Quakers please contact Janet Chetwood 015396 21715
Sedbergh Roman Catholics contact Father Hugh Pollock 015397 20063

PUBLIC INFORMATION

Sedbergh Medical Practice

01539 718191

When we are closed please ring
111 or 999 if appropriate

Option 1 - 24hr Prescription line

Surgery and Dispensary Opening Hours

Monday – Friday 8am – 6.30pm
(Doors open at 8.15am)

Doctors Clinics

Monday – Friday

Open Surgery – 8.30am – 10am
**(Face to face appointments – please phone on
the day to book an appointment)**
Telephone Triage – 10.30am – 12pm
(please phone or book online)
Late Morning Appointments 10.30am – 12pm &
Afternoon appointments 2.30pm-6pm
(please phone or book online)

**Please do not attend if you have any
symptoms of Covid-19 (or if you have had a
recent positive test)**

Dent Surgery

Currently cancelled due to Covid-19

Practice Nurse/Health Care Assistant clinics

Available to book online or call reception to book

Saturday morning clinics

Are now available, see our website for details and
call reception to book

For more information on all clinic times please see
our website

www.sedberghmp.nhs.uk
for further details.

Bridging the Gap

First Monday - 1400 - 1600
Mrs Colpus 01228 595937

Location of Public Defibrillators

72 Main Street
People's Hall, Howgill Lane
Fire Station, Long Lane
Health Centre, Station Road
*Access Codes to the Defribrs are supplied
on contacting Ambulance Control on 999*

POLICE

101 or 999
Crimestoppers 0800 555 111
Community Officer
Kathryn Taylor
Telephone: 101
Email: 101@cumbria.police.uk

DENTAL SURGERY

Main Street 20626

Ben Houghton (principal), Miss Katie McKay,
and Anna Kayani

Monday to Friday 0900 - 1700

SEDBERGH LIBRARY Main Street 20186

[https://www.cumbria.gov.uk/libraries/locations/
sed_lib.asp](https://www.cumbria.gov.uk/libraries/locations/sed_lib.asp)

Wednesday 1000 - 1230 1400 - 1700

Friday 1300 - 1700

Saturday 1000 - 1400

DENT LIBRARY Main Street 01539 713520

Tuesday 0900 - 1900

Saturday 0900 - 1400

SEDBERGH & DISTRICT INFORMATION CENTRE

for resident & visitor information

72 Main Street, Sedbergh

Open seven days a week 1000 - 1600

e-mail: tic@sedbergh.org.uk

Tel: 015396 20125

www.sedbergh.org.uk

If you are an event organiser or accommodation
provider and you would like a listing on the
website, or if you are a local organisation and
want the website to carry information about your
activities, please email the Information and Book
Centre on office@sedbergh.org.uk."

VETERINARY SURGERY

14 Long Lane

015396 20335 (including emergencies)

FarmGate Vets

Office Hours Monday-Friday 0830 - 1700

Companion Animal Consultations 0900 - 1000 *

Monday-Friday Appointment Only 1400 - 1500 *

PUBLIC TOILETS

Main Street, Sedbergh

Main Street, Dent

POST OFFICE

Main Street - Phone 20406

MARKET DAY

Wednesday

Last Page Update:

February 2023